



Check our
Winter 2024 Art Gallery
Exhibitions.

See page 6 for more information.

Programs & Services

Winter 2024



Look for our **FREE**
“Fun for All” programs!
See inside for details.



President's Message

On November 2, 2023 Vancouver City Council voted unanimously to support advancing the Britannia Renewal. This motion was put forward by Pete Fry and Adriane Carr. Thank you to all the residents who spoke in support of rebuilding Britannia—this is such great news for our community. The City has shown great leadership and commitment to recreation and wellness. We look forward to continue our work with City staff and elected officials to bring much needed facilities across the City!

As a Board, we met for a full day of planning to set goals for 2024. Our main priority is to have more room for programs; this means keeping our facilities in good repair and also looking for new spaces in the neighbourhood to use. As a community centre, we do not have use of a gym until after 5:30pm on school days. This limits the programs we're able to offer for aging adults and preschool age children.

The provincial and federal government introduced \$10/day child care and in 2024 we will be advocating for more child care in our neighbourhoods, as well as developing a long term plan for child care here at Britannia.

We've also heard from centre users, volunteers, and committee members about how valuable our staff are and how much they do for the community; we really want to make sure staff are appropriately supported by having sufficient staffing levels and providing good training. Staff have also asked for better communication tools to help them with their work. This means redesigning our website and allocating more resources to social media and promotion of programs.

Our staff are also really excited to start a youth leadership and empowerment program that provides career opportunities through training and mentorship at Britannia. Staff are committed to the Society's objectives and values, and understand the role Britannia can play in nurturing rewarding futures for youth. We've had many graduates from Britannia Secondary who have trained and started their working careers at the pool as life guards—some have even stayed on for decades.

In 2023 we increased free programs by at least 20%, and introduced new programs such as FitNation, Explore Latin Culture Day Camp, and Swim to Survive. In 2024 we will continue to focus on programming that is accessible, inclusive, and diverse. We hope to build individual skills, community resilience, and strong neighbourhoods through programming that brings people together.

On behalf of the Board of Management we wish everyone a wonderful New Year.

How'aa,

Annie Danilko, Haida Nation
President, Britannia Board of Management

Britannia's Board

Britannia Board meetings are held on the 2nd Wednesday of the month. For more information or if you are interested in running for our Board of Management, call Cynthia Low, Executive Director, at 604.718.5815.

President	Annie Danilko
Vice President	Pamela Dudas
Treasurer	John Flipse
Directors	Susanne Dahlin Ariela Friedmann Farren Gillaspie Pat Hogan Vera Jones Craig Ollenberger Nicki Simpson Terumi Squibb Oliver Tennant Naina Varshney
Youth Directors	Ama Birch Sam Quastel
Staff Rep	TBD
Partners	
VSB	Rose MacKenzie
VPB	Peter Odynsky
VPL	Randy Gatley
Community Ed	Maddie Lafleur
Executive Director	Cynthia Low
Manager of Administrative Services	Jeremy Shier
Manager of Child Care Services	Jacky Hughes
Manager of Organizational Change	Suzette Amaya

Committee Meetings

For more information about Britannia's committees, call us at 604.718.5800 (1), email the contact person, or visit:
britanniacentre.org/about-us/board-of-management

Board Meeting

2nd Wed/mo 6:00pm
Jan 10, Feb 14, Mar 13
Cynthia Low cynthia.low@vancouver.ca

Anti-Racism & Anti-Oppression Committee

3rd Thu/mo 6:00pm
Jan 18, Feb 15, Mar 21
Cyn Williams cyn.williams@vancouver.ca

Arena Committee

1st Tue/bi-monthly 6:30pm
Call of the chair.
Susy Bando susy.bando@vancouver.ca

Arts & Culture Committee

1st Thu/mo 6:00pm
Jan 4, Feb 1, Mar 7
Amanda Lye amanda.lye@vancouver.ca

Board Development Committee

3rd Fri/mo 6:00pm
Jan 19, Feb 16, Mar 15
Cynthia Low cynthia.low@vancouver.ca

Child Care Committee

Call of the chair.
Jacky Hughes jacky.hughes@vancouver.ca

Grandview Woodland Food Connection

1st Wed/mo 6:00pm
Jan 3, Feb 7, Mar 6
Ruth Elizabeth gwfcnetwork@gmail.com

Planning & Development Committee

3rd Tue/mo 6:30pm
Jan 16, Feb 20, Mar 19
Cynthia Low cynthia.low@vancouver.ca

Pool & Fitness Committee

Last Tue/bi-monthly 6:00pm
Jan 30, Mar 26
britannia.pool@vancouver.ca

Reconciliation in Action (RIA) Committee

Last Tue/mo 6:45pm
Jan 30, Feb 27, Mar 26
Suzette Amaya suzette.amaya@vancouver.ca

Seniors, Elders & Advocates (SEA) Committee

3rd Wed/mo 3:30pm
Jan 17, Feb 21, Mar 20
Anne Cowan anne.cowan@vancouver.ca

Skateboard Committee

3rd Mon/mo 6:30pm
Jan 15, Feb 19, Mar 18
Cynthia Low cynthia.low@vancouver.ca
britanniaskateboardcommittee.com

Youth Committee

3rd Thu/mo
Jan 18, Feb 15, Mar 21
Tom Higashio tom.higashio@vancouver.ca

Volunteer Committee

3rd Fri/mo 5:00pm
Jan 19, Feb 16, Mar 15
Yao Zhang yao.zhang@vancouver.ca

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Unceded Coast Salish Territories

Britannia is located on the traditional and unceded Coast Salish territories of the xʷməθkʷəy̓əm (Musqueam), Skwxwú7mesh (Squamish) and səliłwətał (Tsleil-Waututh) Nations, and we hold the heritage of these lands close in our everyday work.

Facility Rentals

At Britannia our mission is to foster active community building, collaboration, and grass roots education and involvement so that we can contribute to the quality of life of individuals in our catchment neighbourhoods. We recognize that our programs do not always meet all community needs—sometimes people just need space to host their own events. From space for sporting events to birthday parties, we have a great selection.

Gym/Room Rentals

For rates and availability contact the Facility Support Clerks at 604.718.5812 or britanniafacilitiesupport@vancouver.ca.

Pool Rentals

Contact the Pool Programmer at 604.718.5831 or britannia.pool@vancouver.ca.

Rink Rentals

Go to vancouver.ca/parks-recreation-culture/rink-rentals or contact the Rink at 604.718.5836 or email britanniarink@vancouver.ca.

Facility Rental Fee Policy

We collect full rental fees at the time of booking. We cannot hold a space until payment is received in full. Once you've rented space from us a minimum of 3 times within a 6 month period and are in good standing, you can apply to become a regular user at which time rental fees can be collected on the day of your event/program. For cancellations, a full refund will be given with at least 48hrs notice. No refunds given with less than 48hrs. For more information, visit: britanniacentre.org/facilities/rentals

Holiday Hours

Info Centre

Dec 24	Christmas Eve	10:00am-4:00pm
Dec 25	Christmas Day	CLOSED
Dec 26	Boxing Day	CLOSED
Dec 31	New Year's Eve	10:00am-4:00pm
Jan 1	New Year's Day	CLOSED
Feb 19	Family Day	CLOSED

Pool & Fitness Centre

Dec 24	Christmas Eve	8:00am-4:00pm
Dec 25	Christmas Day	CLOSED
Dec 26	Boxing Day	1:00-5:00pm
Dec 31	New Year's Eve	8:00am-4:00pm
Jan 1	New Year's Day	1:00-5:00pm
Feb 19	Family Day	1:00-5:00pm

Rink

To view our current schedule, visit:
britanniacentre.org/ice_rink

Cover Photo

The new "From Hate to Hope" mural on the Britannia Rink. A project initiated by the B.C. Human Rights Commission, the mural was co-designed with youth from Britannia Secondary School and local artists Paige Jung and Malena Mokhovikova. The mural project calls on all people and communities in B.C. to work to understand and confront hate.

Registration & Rentals

Registration Dates

Registration for **general programs** opens December 12, 2023 at 7:00pm in-person and online, and at 9:00am by phone on December 13, 2023.

Registration for **swim lessons** opens December 19, 2023 at 7:00pm in-person and online, and at 9:00am by phone on December 20, 2023.

Registration for **Set 1 fall** skating lessons begins on December 21, 2023 at 7:00pm in-person and online. Registration for **Set 2 fall** skating lessons begins on February 15, 2023 at 7:00pm in-person and online. Phone registration opens the following day at 9:00am.

Micro Footie registration opens January 16, 2023 at 9:00am online and in-person, and at 1:00pm by phone.

How to Register

1) Register online at vanrec.ca

Set Britannia Community Centre, Pool or Rink as the location.

2) Register in person

You can register for programs at the **Info Centre** and the **Pool Cashier**. Registration closes an hour before closing at the pool and half an hour before closing at the Info Centre.

Info Centre Hours:

Mon-Fri 8:30am-7:00pm

Sat 9:00am-5:00pm

Sun 10:00am-4:00pm

Pool Cashier Hours:

Mon-Fri 6:30am-9:00pm*

Sat/Sun 8:00am-7:00pm*

*Hours are subject to change.

3) Register by phone at 604.718.5800 ext. 1

Refund Policy

- A full refund will be granted if requested up to 48hrs prior to the second class. No refunds after this time.
- For workshops and outings, a full refund will be granted if the refund is requested one week (seven days) prior to the start of the program. No refunds after this time.
- For daycamps, a \$5 administration fee will be charged for each camp a refund is requested for. Refund requests must be made one week (seven days) prior to the start of the program. No refunds after this time.

Swim/Skate Refunds

- Full refund will be granted five days or more prior to the start of the program. Partial refunds granted within four days of program start or before the second class. Exceptions: No refunds on single session programs.
- Transfers possible prior to second class. No refunds after second class.

Cancellation Policy

- Courses are cancelled when too many people wait until the last minute to register. A minimum number must enrol before a class will run.
- Programs may be cancelled due to unforeseen circumstances and instructors may change during the program season.

Contact

1661 Napier Street, Vancouver BC V5L 4X4
britanniacc@vancouver.ca britanniacentre.org

Info Centre:
604.718.5800 (1)

Pool Cashier:
604.718.5831

Britannia Memberships

Britannia memberships are free! Memberships are valid for 1 year from January 1-December 31. A membership can be obtained when you register for a program (your membership will be automatically added to your online purchases) or any time during the year at the Pool Cashier, the Info Centre, or online at:

britanniacentre.org/memberships

Membership Benefits

- Free members access to the Fitness Centre on Wednesdays from 9:00-10:00am, and Sundays from 10:00-11:00am.
- Free family-friendly swims every Tuesday, and every other Friday (see page 31 for more information).
- Voting privileges at the society Annual General Meeting.
- Eligibility to run for the Board of Management.
- Mail-outs/e-mails about Centre events and programs.

Subsidy Policy

Britannia provides assistance to those who are not able to afford the advertised cost of certain programs and activities. Please note: Maximum of two subsidies per person per season. Some programs do not qualify for subsidy. Our subsidy policy does not apply to Britannia Child Care programs or products that are resalable.

Non-residents of Vancouver are not eligible for subsidies.

Leisure Access Program

The Leisure Access Program (LAP) provides low-income City of Vancouver residents with reduced cost programs and services at Britannia and Park Board facilities. LAP card holders may receive up to 50% off certain programs. To learn more and to apply, visit:

vancouver.ca/leisureaccess

Grandview-Woodland & Strathcona Subsidy

Program participants living in the Grandview Woodland and Strathcona areas who are in need of financial assistance may request a subsidy of up to 25% off course costs for certain programs by completing an application.

FREE 'Fun For All' Recreation

Britannia operates a wide range of free and pay-what-you-can recreation programs. The Britannia Board of Management is committed to ensuring that people have access to programs and that fees are not a barrier to members of the Grandview Woodland and Strathcona Communities.



Look for the "Fun for All" stamp in the Brochure to find our free and pay-what-you-can programs.

Leisure Access Program & Volunteering

Leisure Access Program

The Leisure Access Program (LAP) provides City of Vancouver residents facing financial barriers access to Park Board programs and services at its pools, rinks, participating fitness centres and community centres at a reduced cost.

Eligibility

You must be a resident of the City of Vancouver and meet one of the criteria below:

- You have a red compass card (BC bus pass) or Guaranteed Income Supplement (GIS) confirmation letter.
- You received income assistance from the Ministry of Social Development and Poverty Reduction or social service assistance from a recognized Vancouver agency or organization.
- Your family income is at or below the Low-Income Measures Threshold.
- You have a child with a disability (17 & under) and received the child disability benefit (CDB).
- You, your spouse, or dependent, age 18 and older, qualify for the Disability Tax Credit.
- You are receiving Employment Insurance benefits in 2023-2024.
- You are an asylum seeker.

Low-Income Measures Threshold For Self-Referrals

You and your family are eligible and can self-refer if your net family income is less than or equal to the following amount based on your family size:

Family Size	Net Family Income
1 person	\$36,481
2 people	\$51,592
3 people	\$63,198
4 people	\$72,961
5 people	\$81,574
6 people	\$89,359
7 people	\$96,518
For each additional person, add \$7,125.	

Leisure Access is not available to individuals or families with a combined:

- Interest and Investment Income (Line 12100) over \$1,000.
- Net Rental Income (Line 12600) over \$2,000.
- Capital Gains (Line 12700) over \$2,000.

For more information about how to apply, please visit:

vancouver.ca/leisureaccess

LAP Benefits

- Free public swims and public skates (and skate rentals), and 50% subsidy to group swim and skate lessons.
- 50% subsidy for fitness centre drop-in (age restrictions vary by facility).
- 50% subsidy for Flexipasses.
- 50% subsidy to community centre programs (at participating centres, including Britannia).
- One free visit to the Vancouver Aquarium and unlimited 50% admission discount.
- Unlimited 50% admission discount to Playland and PNE.

A complete list of subsidized recreation programs and services can be found at:

vancouver.ca/leisureaccess

Low Barrier 2STGD Referrals

The Queer Inclusion Team at the Vancouver Board of Parks and Recreation offers low barrier, 3rd party referrals for Two-Spirit, trans, or gender diverse (2STGD) Vancouver residents who face financial barriers to recreation.

E-mail 2STGD@vancouver.ca to apply.

For more information about 2STGD programs and inclusion, see page 7.



Check out our weekly programs and activities for 2STGD and 2SLGBTQIA+ folks of all ages.

vancouver.ca/park-board-pride



Get involved – Volunteer!

Britannia Community Centre is distinctive in the Lower Mainland. Our unique approach integrates education, recreation, library, and social services, and caters to the diverse mix of cultures, ages, and incomes in the Grandview Woodland and Strathcona neighbourhoods. We offer a broad range of volunteer roles—spanning from cultural, educational, entertainment, to sporting activities—with varied levels of commitment. The true reward? The personal satisfaction derived from actively shaping your local community.

Throughout the year, we recognize the essential contributions of our volunteers with special social events, appreciation gatherings, educational outings, and training sessions.

Interested in joining our volunteer team? Complete an application and explore the roles at:

britanniacentre.org/volunteer

Tax clinic Volunteers Needed

Britannia is holding tax clinics in March and April 2024 to help low-income individuals fill out their tax returns. Our clients include families, seniors, and new immigrants to Canada. We are looking for volunteers to prepare tax returns online. Volunteers will need to register with CRA's CVITP program, complete required training, and a Police Information Check. Apply before Jan 11, 2024 by submitting an application at:

britanniacentre.org/volunteer

Micro Footie Volunteer Coaches Needed

Are you passionate about soccer and interested in coaching children and youth? Join 200 other amazing volunteer coaches to inspire the next generation of athletes. Previous coaching experience is not required; training provided. The season is from April to June. For more details and to sign up, please visit:

britanniasoccer.org/volunteer

Special Events

Art Gallery Exhibitions

Join us for gallery openings on the first Wednesday of each month from 6:00-7:00pm.

Dec 6 – Jan 31

Community Carving

Drawing, carving and photography from Britannia's community carving programs.



Feb 7 – 29

Dusk

Acrylic and plaster paintings by Shay Carr.



March 6 – 28

Influx

Abstract acrylic paintings inspired by pop art, surrealism and expressionism by Christina Jackson.



The Britannia Coffee House Series (All ages)

A favourite seasonal event celebrating the turn of each season. Each event is warm and inviting, creating an opportunity for community to gather and connect, and enjoy music and poetry by local performers in person or over Zoom. The series is as dynamic and diverse as our community itself. If you haven't checked out the Coffee House Series, you're in for a treat!

britanniacentre.org/coffeehouse

Winter Coffee House (All ages)

An evening of solstice celebration, featuring local musicians and poets who will light up the night.

Sun 6:30-9:00pm
55+ Centre/Zoom Dec 17 Free

Winter Decor Pop-Up (All ages)

Drop by to make some arts and crafts, sip some hot cocoa and enjoy the company of community as you create some memories to hang on a tree or gift to a special someone. Two artists will share a variety of projects. Materials will be provided or bring some of your own. All ages welcome, but children must be accompanied by an adult.

Sun 2:00-4:00pm
55+ Centre Dec 17 Free

Zine Making (All ages)

NEW

In this workshop, we invite you to dive into the world of zine making using your own interests—an idea, show, movie, book, person, song, etc. Create your own fanzine to take with you and share with the world. Materials provided, but you are encouraged to bring some of your own too (ex. if I'm fan of a song, I might bring some of the lyrics printed, a picture of the artist, or images that connect to the lyrics). Children under 12 must be accompanied by an adult.

Sun 1:30-4:00pm
55+ Centre Jan 14 \$5.25/1 sess
484742 Emilia



Black History Month Event (12yrs+)

Britannia's Anti-Racism and Anti-Oppression Committee in conjunction with the Arts Committee present an evening of learning about Black History in Canada and in our neighbourhood.

Thu 6:00-9:00pm
55+ Centre Feb 15 Free

Fish Leather Basics and Crafting (12yrs+)

In this hands-on workshop, each participant will learn the basic steps of making fish leather (de-scaling, tanning and softening) and will craft fish leather to take home. Fish leather is re-emerging as an alternative textile on the West Coast and globally; with heightened awareness about waste diversion, sustainable fashion has accelerated this curiosity.

Discover the fascinating craft of making fish leather, learn about its versatility and the importance of salmon to the cultures on the coast, and gain some understanding about the lifecycle of salmon and salmon ecology. Some experience working with fish or food products, knot tying, weaving and sewing by hand will be an asset. This program is subsidized by the Britannia Arts & Culture Committee.

Sun 1:30-4:00pm
55+ Centre Feb 4 \$10.50/1sess
479068 JP



Free Income Tax Clinics

Looking for assistance with your income tax filing? Britannia provides a complimentary tax clinic for individuals with modest incomes and straightforward tax circumstances.

Our volunteer tax preparers, trained under the Canada Revenue Agency's 'Community Volunteer Income Tax Program', ensure the confidentiality and security of your information. To schedule an appointment, reach out to the Info Centre at 604.718.5800 (1). Appointments begin in late February.

2SLGBTQIA+ people belong in our pools, fitness centres, and community programs!

Our activities include:

Social, creative, and sport programs for 2STGD & 2SLGBTQIA+ adults and seniors. Arts & Crafts, Book Clubs, and special events for 2SLGBTQIA+ children and youth Exclusive Swims and Fitness Classes for Two Spirit, Trans, and Gender Diverse folks.

Our Queer Inclusion staff are 2SLGBTQIA+ community members themselves, who focus on removing barriers to safe and enjoyable recreation.

Email us for program details and to subscribe to our bi-weekly newsletters.

2STGD@vancouver.ca
queerinclusion@vancouver.ca
vancouver.ca/park-board-pride



Licensed Child Care



Britannia Child Care Hub

For up-to-date information on space availability, waitlists, and registration, please contact each child care centre directly.

Child Care Mission Statement

To provide a range of safe, stimulating and nurturing child care programs that respect and embrace each child and family.

About our Child Care Programs

Each one of our programs is a unique reflection of its history, the community it serves, its staff members and its families, past and present. We believe that children learn about themselves, others and the world around them through play and creative expression. This allows children to learn naturally and practice important skills in the following areas:

Social:	Communication, friendship skills, conflict resolution, sharing and cooperation.
Intellectual:	Language and self-expression, problem solving, critical thinking, kindergarten readiness.
Physical:	Large muscle and fine motor skills, safety and self-care skills (health, hygiene, large and fine motor development).
Creative:	Self expression and concept development.
Emotional:	Development of healthy self-esteem, self-confidence, self-awareness and ability to deal appropriately with emotions.

About our Staff

All of our staff are qualified as Early Childhood Educators, Special Needs Educators, Child and Youth Care Counsellors, or are Responsible Adult certified. The number of additional staff for each program is dependent upon the type of program and is always in accordance with child/staff ratios set by child care licensing regulations.

All staff, substitutes, students and volunteers are required to have a clear Police Information Check in accordance with child care licensing regulations. For more information, visit:

britanniacentre.org/services/licensed_childcare

Affordable Child Care Benefit & \$10/day Child Care

For more information about the provincial tax benefit, the fee reduction initiative, and \$10/day child care, call 1.888.338.6622 or visit:

www2.gov.bc.ca/gov/content/family-social-supports/caring-for-young-children/child-care-funding

Toddler Program (18mo-3yrs)

Mount Pleasant Child Care has a licensed toddler program with 12 spaces for children 18mos-3yrs. Children will develop socially, physically and emotionally at their own pace in a caring and safe environment with time to explore new relationships with friends and interact with adults. Age-appropriate materials and snacks provided.

Mount Pleasant Child Care

960 East 7th Avenue 604.718.5844
Mount Pleasant is not currently taking waitlist applications

Hours:	Mon-Fri	7:30am-5:30pm
Fees:		\$573/mo
Lunch Program:		\$90/mo



Preschool Program (3-5yrs)

Our Preschool program provides a rich and meaningful child-centered environment in which children learn and grow in all areas of development. Children practice creativity and freedom of artistic expression in a play-based learning environment as we highlight multiculturalism, diversity, arts and dance from around the world.

Britannia Preschool

1661 Napier Street
Lorraine Evans 604.718.5843

September 2023 – June 2024

Morning Classes		
M/W/F	8:30am-11:00am	\$84/mo
Tue/Thu	8:30am-12:00pm	\$56/mo

Afternoon Classes		
M/W/F	11:45am-3:15pm	\$84/mo
Tue/Thu	12:45pm-3:15pm	\$56/mo

5 days/week (am or pm) \$140/mo

Daycare Programs (3-5yrs)

Eaglets Daycare, Grandview Terrace and Mount Pleasant Child Care offer full day daycare programs for children 3-5yrs. The programs offer a caring, safe and nurturing environment that provides children the freedom and support to develop their full potential. We offer multicultural programs that respect a variety of traditions, lifestyles, languages and cultural heritages. In our inclusive play-based programs, staff provide activities based on children's interests and developmental needs, offering opportunities for children to explore their environment through music, movement, blocks, construction toys, cooperative games, stories and outdoor play. Through play, children are able to develop social skills and learn more about their world.

Eaglets Daycare

485 Semlin Drive
Suzy Liguori 604.718.5856
We are accepting waitlist applications for 2025.

Hours: Mon-Fri 7:30am-5:45pm

Fees: \$10/day \$200/mo

Snacks provided.

Grandview Terrace Child Care (2.5-5yrs)

2075 Woodland Drive
Alejandra Uribe 604.718.5846
grandviewcc@shawbiz.ca
grandviewterracechildcare.com

Hours: Mon-Fri 7:30am-5:45pm

Fees: \$200/mo
Lunch Program: \$90/mo

Snacks provided.



Mount Pleasant Child Care

960 East 7th Avenue
Mirae Pinpin 604.718.5844

Mount Pleasant is not currently taking waitlist applications.

Hours: Mon-Fri 7:30am-5:30pm

Fees: \$584/mo
Lunch Program: \$90/mo

Snacks provided.

Out-of-School Care (5-12yrs)

Britannia, Eagles in the Sky, and Grandview Terrace Out-of-School Care (OSC) are licensed programs, which offer the opportunity to create, explore and socialize in a fun, safe and nurturing environment. Our play-based programs are designed to foster independence and confidence in a family-centred setting.

We strive to provide an integrated and comprehensive continuum of services for children and families that reflect the communities we serve. All of the centres are culturally sensitive and celebrate the uniqueness of our families. Qualified educators offer a value-based program that focuses on children's interests, ages and developmental needs.

Britannia OSC

1661 Napier Street
Lorraine Evans 604.718.5843

Pick up: Britannia Elementary

Sep-Jun Hours:
Mon-Fri 7:30-9:00am
3:00-5:45pm

Pro-D Day, Spring/Summer Break Hours:
Mon-Fri 7:30am-5:45pm

Fees: Full Time \$200/mo
Part Time \$10/day

Fees include before and after school care.

Breakfast & pm food program provided.

Grandview Terrace OSC Program II & III

2075 Woodland Drive
Alejandra Uribe 604.718.5846

Pick up: Grandview Elementary
Queen Alexandra Elementary
Queen Victoria Annex
École Anne-Hébert

Sep-Jun Hours:
Mon-Fri 7:30-9:00am*
3:00-6:00pm

*No AM care for Queen Alexandra Elementary and École Anne-Hébert.

Fees: OSC II \$200/mo
OSC III \$200/mo

Breakfast & pm snack provided.



Eagles In The Sky OSC

103B-1950 E. Hastings
Cassandra Gordon 604.348.9706

For waitlist info, email: eagles.osc@gmail.com

Pick up: xpey Elementary
Hastings Elementary
Lord Nelson Elementary,
École Anne-Hébert

Sep-Jun Hours:
Mon-Fri 7:30-9:00am
3:00-5:45pm

Pro-D Day, Spring/Summer Break Hours:
Mon-Fri 7:30am-5:45pm

Fees: \$10/day \$200/mo
Breakfast & pm snack provided.

Community Action Program for Children (CAPC)

CAPC is a community-based children's program that promotes the healthy development of young children. For more information and to register, please call 604.718.5821 or 778.245.2428.

Winter programs:

- Food Security Program (fruit and veggie hampers)
- Parents Circle Time (1st/2nd Fri/mo)
- Parents Conference and Health Fair (TBA)
- Online Cooking Class (Wed, 10:00-11:00am, Jan 17-Mar 13)

Spanish Mother Goose / Mama Ganso (0-2yrs)

Enjoy one hour of rhymes, songs, games and stories in Spanish with your child. No session Feb 19. Registration is required. Please call 604.215.8289.

Disfrute de una hora de rimas, canciones, juegos y cuentos en Española consus pequeños.

Mon Jan 15-Mar 11 Free*
1-2yrs 10:30-11:30am 0-12mo 12:30-1:30pm

*Call 604.215.8289 to register.



Preschool

Toddler Art (18m-3yrs)

Art is a wonderful sensory experience through which you and your child can collaborate. Emphasis is placed on the creative process and exploration of materials. Be on time for an inspirational story. Dress for mess! No class Feb 19. Two class times available.

Mon	Jan 22-Mar 11	RAR	Helen	\$92/7 sess
478154	9:45-10:30am			
478155	10:45-11:30am			

Language

Baby Sign Language (0-2yrs)

Babies understand and can communicate long before they're able to speak. Research shows that babies who are offered Sign Language learn more quickly and talk earlier. With songs and games, learn how to teach your baby basic American Sign Language (ASL) so they can better convey their wants and needs and relieve unnecessary frustration. The instructor will teach you the signs and songs so you can practice at home. Babies can sleep during class or you can bring toys. Please bring your own blanket or mat to sit on. No drop-ins.

Wed	9:45-10:30am	Jan 17-Feb 14
Mat Room		\$77/5 sess
478859	Into Yoga	

Music

Music Together® (0-5yrs)

Experience the joys of music-making and the powerful benefits of having music in your young child's life! Find out how important and how much fun your role can be! Our 9 award-winning music collections and research-based curriculum supports parents at home and keeps the music making alive all week. In our mixed age class, each child participates at their own level and their natural musicality is nurtured through singing, dancing, listening and exploring musical instruments. The whole family is welcome—parents, grandparents, and caregivers. Parent participation is required. Siblings attend at a reduced rate and children 6mos and under attend free with a registered sibling. The \$58 Music Together licensing fee is non-refundable after the first class. No class Feb 17.

Tue	Jan 16-Mar 12	Rink Mezz
Noa		\$193/9 sess
478864	10:30-11:15am	
478865	11:30am-12:15pm	
Wed	Jan 17-Mar 13	Rink Mezz
Karina		\$193/9 sess
478866	10:00-10:45am	
478868	11:00-11:45am	
Sat	Jan 13-Mar 16	Rink Mezz
Karina		\$193/9 sess
478862	10:30-11:15am	
478863	11:30am-12:15pm	

Dance Camps

To view our Spring Break Dance Camps, see page 11.

Dance

Ballet/Jazz Dance (2-6yrs)

Jump, skip and twirl! Children will learn a variety of ballet exercises as well as the basic fundamentals of jazz dance while developing their own creative expression.

Parent participation required for 2-4yrs classes. 4-6yrs classes are closed; however, in the final week of the session we invite parents to stay for a presentation of what we have been learning.

Sat	Jan 13-Mar 16	CFEC
Endorphin Rush Dance		\$125/10 sess
478169	9:20-10:00am	2-4yrs
478171	10:15-10:55am	2-4yrs
478173	11:10-11:50am	3-4yrs
478172	1:00-1:40pm	4-6yrs

Hip Hop/Jazz Dance (3-6yrs)

Combine the style of hip-hop with the technical skills of jazz! Learn steps, jumps, turns, stretches and fun choreography to your favourite music. Please wear comfortable stretchy clothing and non-marking shoes. Children must be able to participate without a parent. No drop-ins. For more info, visit kirbysnelldance.com.

Sat	Jan 13-Mar 16	CFEC
Endorphin Rush Dance		\$125/10 sess
478179	12:05-12:45pm	3-4yrs
478181	1:55-2:40pm	4-6yrs

Physical Activity

Kindergym (1-5yrs)

Run, jump and roll in a gym full of mats and playground equipment. Parent supervision required. Pay \$3/drop-in fee at the pool and bring receipt to Stephanie or give them a pre-purchased strip ticket (\$25/10tx). Parents, please assist Stephanie at the end of the program by helping put the large equipment away. No class Jan 27 & Feb 18.

Sat	8:45-10:15am	Jan 13-Mar 9
Gym D		\$3/drop-in
Sun	4:15-5:45pm	Jan 14-Mar 10
Gym D		\$3/drop-in
Stephanie		

Axe Capoeira Beginner Mini Kids (3-6yrs)

All levels welcome. Classes cover all aspects of Capoeira: Martial arts, dance, music, acrobatics, culture, language and more. Classes focus on developing rhythm, reflexes, balance, coordination, strength and flexibility. Classes do not pro-rate; monthly rate only. No class Mar 15.

Tue/Fri	5:00-5:45pm	Cafeteria
Marcus		\$85/mo
478915	Jan 9-30	
478914	Feb 2-27	
478913	Mar 1-26	

Sportball Parent/Child Multisport (2-3yrs)

Multisport classes teach children introductory physical skills and help them develop confidence through 8 different ball sports. Parent participation required. No class Feb 18.

Sun	11:30am-12:15pm	Jan 14-Mar 24
Gym D		\$180/10 sess
478970	Sportball	

Sportball Multisport (3.5-5yrs)

Multisport classes teach children methods to practice and refine gross motor skills through 8 core ball sports. This program reinforces the benefits of teamwork and skill development, and enables children to gain confidence and develop social skills to succeed in sport and life. No class Feb 18.

Sun	12:15-1:15pm	Jan 14-Mar 24
Gym D		\$180/10 sess
478969	Sportball	

Baby and Me Yoga (16yrs+)

These classes are designed with the birthing parent and new baby in mind. Connect with your young one with playful asana (exercises) as you stretch, breathe and relax your body back into shape, while your baby is stimulated physically, emotionally and socially. This class is best suited for those who have healed after delivery, and for babes who are not yet very mobile. Previous yoga experience is not necessary. Bringing a blanket for baby and your own mat is recommended. Class located in CFEC, near Grandview Park. \$18/drop-in. No class Mar 20.

Set 1

Wed	10:30-11:30am	Jan 17-Feb 14
CFEC		\$80/5 sess
478923	Into Yoga	

Set 2

Wed	10:30-11:30am	Feb 21-Mar 27
CFEC		\$80/5 sess
478922	Into Yoga	

Camps

Funseekers Daycamp (6-12yrs)

There are many activities and out-trips planned for the Funseekers program! Come learn new skills, meet new friends, or simply have fun. Learn arts and crafts, play group games, and more. Register early to avoid disappointment. Please provide lunch, snack, and water daily. Parents are required to complete consent forms.

Funseekers Cancellation Policy: A \$5 administration fee will be charged for each camp a refund is requested for. Refund requests must be made a minimum of one week (seven days) prior to the start of the program. No refunds after this time.

Summer Funseekers registration begins April 6 at 10:00am in person and online and at 11:00am by phone.

Winter Break

Tue-Fri	9:00am-3:00pm	Gym D
463453	Dec 26-29	\$84/4 sess
463454	Jan 2-5	\$84/4 sess

Spring Break

Mon-Fri	9:00am-3:00pm	Gym D
483346	Mar 18-22	\$105/5 sess
483347	Mar 25-28 (Mon-Thu)	\$84/4 sess

Explore Latin American Culture (6-13yrs)

Britannia is excited to offer a Latin American inspired spring break camp in partnership with Vancouver Latin American Cultural Centre (VLACC). Children will explore music, arts and crafts, dance, language, and food. There will be time for outdoor fun, guest artists, and making friends. Please pack a lunch, nut free snacks, and a water bottle. Dress for the weather. Art supplies included. Thank you to VLACC (vlacc.ca).

Mon-Fri	9:30am-3:30pm	Mar 18-22
RAR		\$240/5 sess
477422	VLACC	

Puppetry and Art Making (7-13yrs)

This 4-day camp will inspire young minds to create puppets, scenes, and props using a variety of materials. Camp participants will use their imagination to create stories, characters and learn to perform with them; led by multidisciplinary artist and puppeteer J Peachy. Please pack a snack, lunch, water bottle, and weather appropriate gear as there will be outdoor time as well.

Mon-Thu	9:30am-3:30pm	Mar 25-28
RAR		\$172/4 sess
474973	JP	

Dance Camps

Frosted Ballet Dance Camp (3-5yrs)

100% Frozen soundtrack music is played in this creative ballet class designed to ignite your dancer's imagination. No experience required as dancers learn the basics of ballet and expression through movement. Children must be able to participate without parents in the room. Costumes are welcome, but not required.

Mon-Fri	Mar 18-22	CFEC
Endorphin Rush Dance		\$109/5 sess
486480	9:15-10:30am	
486483	2:00-3:15pm	



Fairies, Pirates and Dragons (4-6yrs)

NEW

Fairies, pirates, and fire-breathing dragons! Dancers are encouraged to let their imaginations run wild in this playful and expressive dance camp. In a warm and welcoming environment, children will make new friends while improving their dance technique and exploring creative expression. Beginner friendly. Bring your cameras! Presentation for parents on the last day.

Mon-Fri	10:45am-12:00pm	Mar 18-22
CFEC		\$109/5 sess
486499	Endorphin Rush Dance	

Mini Hip Hop Dance Camp (3-5yrs)

This non-stop action-packed class includes hip hop and dance games that will have your dancer moving to the beats. Throughout the week we will work on a choreographed dance. Get ready to cheer with gusto, as there is a presentation for family on the last day! Please bring a filled water bottle each day. For more info visit: www.kirbysnelldance.com

Mon-Fri	12:30-1:45pm	Mar 18-22
CFEC		\$109/5 sess
486482	Endorphin Rush Dance	

Art

Clay for Children (6-12yrs)

Discover the sculptural properties of clay while learning a multitude of building methods, including pinch pot, slab, coil, and wheel. Artist quality, food safe materials included.

Thu	4:00-5:15pm	Jan 25-Mar 14
Rm 208		\$138/8 sess
477746	Helen	

Clay for Two (6-12yrs)

Discover the sculptural properties of clay while learning a multitude of building methods, including pinch pot, slab, coil, and wheel with a significant adult as a collaborator. Enrolment is for parent/caregiver and child together. Artist quality, food safe materials included.

Wed	4:00-5:15pm	Jan 24-Mar 20
Rm 208		\$264/9 sess
477747	Helen	

Explore Art and Book Making (12yrs+)

NEW

For this hands-on workshop we invite you to explore different materials in a creative way (fabric, paper, felt, EVA rubber), combining them with paint, embroidery, drawing and/or collage. Each week you can explore different materials or themes, and use this exploration for bookbinding. Each participant will make their own book; no experience needed. More advanced bookbinders are also welcome to join.

Thu	7:30-9:00pm	Jan 18-Feb 8
FAR		\$94.50/4 sess
484747	Emilia	

Zine Making (All ages)

NEW

In this workshop, we invite you to dive into the world of zine making using our own interests or anything you are a fan of—an idea, show, movie, book, person, song, etc. Create your own fanzine to take with you and share with the world. Materials will be provided. You are encouraged to bring some of your own materials to work with. For example, if I am fan of a song, I might bring some of the lyrics printed, or a picture of the artist, or images that connect to the lyrics. Children under 12 must be accompanied by an adult.

Sun	1:30-4:00pm	Jan 14
55+ Centre		\$5.25/1 sess
484742	Emilia	

Fish Leather Crafting (12yrs+)

See page 6 for more information.

Sun	1:30-4:00pm	Feb 4
55+ Centre		\$10.50/1 sess
479068	JP	

Leisure Access Program (LAP)

The Leisure Access Program (LAP) provides City of Vancouver residents facing financial barriers access to Park Board programs and services office at pools, rinks, participating fitness centres and community centres (including Britannia) at a reduced cost. With the aim of reducing barriers to the LAP program, the Vancouver Board of Parks and Recreation has increased the Net Family Income threshold amount for those who self-refer to the program. To see if you and your family are eligible and can self-refer, see page 5. For more information about how to apply, please visit:

vancouver.ca/leisureaccess



Music

Piano (6yrs+) & Clarinet (10yrs+)

Continue your music studies or begin an instrument and enjoy a lifetime of making music! These lessons consider student's development and goals. Conservatory exam preparation is available. An on-going program from September-June, students are ensured placement for the duration of their studies. Payment is made in advance of each set. Lesson costs shown below are for 30 minutes, but 45 and 60 minutes per week are available to more advanced students at the discretion of the instructor. Private lessons are for beginner to senior levels. New students may start anytime during the season. Clarinet students must provide their own instruments. **Please contact instructor before registering for lesson times at janine.oye@gmail.com. Phone-in or in-person registration only, no online. Please call 604.718.5800 ext 1. No class Feb 16 & 17.**

Fri	6:15-9:00pm	Jan 12-Mar 15
479456		\$252/9 sess
Sat	9:00am-4:00pm	Jan 13-Mar 16
479454		\$252/9 sess
Janine	Preteen Centre	

Greenhorn Community Music Project (12-17yrs)

The Greenhorn Community Music Project aspires to join the creative forces of youth, professional musicians, and community members to compose, practice, and perform a variety of musical styles in service of orchestrating social change you can dance to. Free program and free Britannia Membership required. For more information, please email brenda.koch@openairorchestra.com.

Sat	12:00-1:30pm	Jan 20-Mar 9
Carving Pavillion		Free
481120	Brenda and Tim	

Dance

Children's Fancy and Jingle Powwow Dance (5-12yrs)

NEW

Learn the foundations of traditional Powwow dance and culture with Nih-Tanis Rayne Dustyhorn. Each session will start with a warm-up followed by learning basic steps and simple movement combinations. There will be space at the end of the class to improvise and integrate the learning experience.

This workshop is geared towards children and open to all levels and abilities; no previous experience necessary. \$6/drop-in.

Set 1

Sun	4:15-5:00pm	Jan 14-Feb 18
CFEC		\$24/6 sess
479722	Nih-Tanis	

Set 2

Sun	4:15-5:00pm	Feb 25-Mar 31
CFEC		\$24/6 sess
479732	Nih-Tanis	

Language

Hola Spanish for Kids (4-9yrs)

Hola Spanish for kids is a unique opportunity to hear the Spanish Language in a joyful, safe and fun environment. Join us in experiencing Latin culture. Children will experience the Spanish language in a meaningful, real-life context, from a variety of sources. Supervised and instructed by highly qualified native Spanish-speaking teachers.

Tue	3:30-4:30pm	Jan 23-Mar 12
Rink Mezz		\$112/8 sess
479354	Words in Motion	

Physical Activity

Free Members Swim

Free family-friendly swims every Tuesday, and every other Friday for Brit members. See page 4 for more information about Britannia's free memberships.

Tue	2:00-4:00pm	Ongoing
Fri	6:00-8:00pm	Jan 12 & 26
Free		Feb 9 & 23
		Mar 8 & 22

Traditional Kung Fu (6yrs+)

This Northern Shaolin Style class will teach you traditional forms, weapon forms, sparring and self-defense. It will help you gain physical and mental strength, and develop self-confidence and discipline. Students must be able to attend Monday and Friday classes regularly. Fees do not pro-rate. No class Feb 9 & 19.

Beginner

Mon/Fri	4:30-5:45pm	Jan 8-Mar 15
CFEC		\$252/18 sess
478977	Marquis	

Intermediate

Mon/Fri	4:30-6:30pm	Jan 8-Mar 15
CFEC		\$270.90/18 sess
478978	Marquis	

Advanced

Mon/Fri	4:30-6:30pm	Jan 8-Mar 15
CFEC		\$289.80/18 sess
478976	Marquis	

Mindfulness & Movement for Kids (6-10yrs)

Join the Yoga Buggy for a fun class that incorporates music, yoga poses, games, mindfulness activities, breath, storytelling, dance, and so much more! Yoga is a wonderful tool for children to learn about and manage their developing physical, social, and emotional lives. Our classes provide a safe and inclusive space where children can socialize in positive ways, learn skills for self-regulation and have a ton of fun while doing it. We take a child-centered approach to yoga and celebrate the diversity and uniqueness of all participants. Everyone is welcome. We are excited to play yoga with you!

Set 1

Fri	3:15-4:15pm	Jan 12-Feb 9
CFEC		\$45/5 sess
478963	Yoga Buggy	

Set 2

Fri	3:15-4:15pm	Feb 16-Mar 15
CFEC		\$45/5 sess
478962	Yoga Buggy	



Sports

Tennis Academy Mini (6-8yrs)

This class is an introduction to tennis for children. Learn basic forehand and backhand skills and develop hand-eye coordination through a variety of fun games and activities. Bring your own racquet and runners. No class Jan 27 & Feb 17.

Sat	2:00-3:30pm	Jan 13-Mar 9
Gym D		\$172/7 sess
478975	Juan Carlos	

Tennis Academy Junior (9-14yrs)

This class continues to develop tennis skills for those students who have already learned basic tennis. Students will participate in a variety of fun drills and games to enhance their skills and will be given the opportunity for game play. Bring your own racquet and runners. No class Jan 27 & Feb 17.

Sat	3:30-5:00pm	Jan 13-Mar 9
Gym D		\$172/7 sess
478974	Juan Carlos	

Britannia Boxing (13yrs+)

Britannia's own fun, inclusive, and informative boxing program where anyone can come and learn proper techniques, hit the bags, and workout with our coaches. New bags, gloves, portable ring, and more await you in our boxing gym! Come and visit our wonderful and experienced coaches, learn new skills, and break a sweat while working at your own pace. You can stay as long, or short, as you would like—classes are unlimited. The Boxing Room is located in Gym C. First time participants, pay \$15 drop-in. After this, participants will be expected to pay the monthly fee. Fees cannot be prorated. No class Feb 19 & Mar 29.

Mon-Fri	5:00-7:00pm	Boxing Rm
Sat	2:00-4:00pm	Jay \$94.50/mo
478948	Jan 4-31	
478947	Feb 1-29	
478946	Mar 1-30	

Britannia Boxing – Family NEW (6-12yrs)

Family Boxing sessions are for younger athletes ages 6-12 years old. Athletes under 8yrs must be accompanied by a parent or guardian. Our "regular" boxing sessions do still run on this day, so there might be adult athletes in the gym. The Boxing Room is located in Gym C.

Sat	2:00-4:00pm	Boxing Rm
Jay		\$45/mo
480252	Jan 6, 13, 20, 27	
480253	Feb 3, 10, 17, 24	
480254	Mar 2, 9, 16, 23, 30	



Boxing for Gender Diverse, Two-Spirit and Trans Youth (12-18yrs)

This class teaches the basics of punching and footwork of boxing, which is not only fun but also fosters confidence and body awareness. Boxing is also an excellent practice for coordination and overall movement literacy. Some youth learn to discover their strength, some to regulate their strength. This is a non-contact class. Equipment is provided. River is now a professional boxer who has fought for over 10 years, bringing home medals from the Canadian National Championship twice. She has been running Queer Box Camp Vancouver since 2011. Tsvi (they/he) is a neurodivergent trans boxer at Quinit Boxing. They moved to Vancouver in 2021 and started boxing at QB in December of the same year. Boxing Room is located in Gym C.

Wed	4:00-5:00pm	Jan 17-Mar 27
Boxing Room		\$121/11 sess
478933	River	

Axe Capoeira

Students enrolled in these classes must have a minimum of 1 year consistent Capoeira experience, or permission from the school. We offer ongoing classes for children and youth. Classes cover all aspects of Capoeira: Martial arts, dance, music, acrobatics, culture, language and more. Classes focus on developing rhythm, reflexes, balance, coordination, strength and flexibility. Uniform is required to join class. Fees do not pro-rate; monthly rate only. See page 10 for beginner classes. See page 23 for 16yrs+ classes.

Intermediate Mini Kids (5-7yrs)

This is an intermediate program; students should have a full knowledge of basic movements and this class will focus on more advanced movements in Capoeira, which will prepare students for the youth program. No class Mar 15.

Tue/Fri	6:00-6:45pm	Cafeteria
Marcus		\$85/mo
478918	Jan 9-30	
478917	Feb 2-27	
478916	Mar 1-26	

Youth (7-15yrs)

Please note: This is not an introductory class. Students are expected to execute all basic movements of Capoeira. Mon/Fri classes in Cafeteria. Weds classes in CFEC. No class Feb 19, and Mar 15 & 18.

Mon/Wed	5:00-6:00pm	Fri 6:45-7:30pm
Marcus	Caf/CFEC	\$105/mo
478921	Jan 8-31	
478920	Feb 2-28	
478919	Mar 1-27	



Children



Britannia Gymnastics Club

This popular community recreation program will help your child develop their self-esteem, strength, flexibility, agility and coordination through the fundamentals of gymnastics. Children can wear a bodysuit, or shorts and t-shirts.

Our fantastic, enthusiastic team of coaches—Henry, Lailah, Ramin, Julia, Nasi and Hamid—are looking forward to another great gymnastics season! For more information, visit: britanniagymnastics.com

Winter 2024 Schedule

Sat	Jan 6-Mar 23*	*No Jan 13 & Feb 17.	Gym B
478944	Tiny Tumblers	3-4yrs	1:00-1:45pm \$160/10 sess
478940	Junior Jumpers A	4-5yrs	2:00-2:45pm \$160/10 sess
478941	Junior Jumpers B	4-5yrs	3:00-3:45pm \$160/10 sess
478937	Future Flyers A	6-9yrs	4:00-5:00pm \$180/10 sess
Sun	Jan 7-Mar 24*	*No class Jan 14 & Feb 18.	Gym A/B
478935	Dynamic Duo A	18mo-3yrs	10:00-10:45am \$150/10 sess
478936	Dynamic Duo B	18mo-3yrs	11:00-11:45am \$150/10 sess
478938	Future Flyers B	6-9yrs	11:30am-12:30pm \$180/10 sess
478945	Tiny Tumblers	3-4yrs	12:00-12:45pm \$160/10 sess
478942	Komet Kids	5-6yrs	12:45-1:45pm \$170/10 sess
478934	Demo Team	9-15yrs	2:00-3:30pm \$240/10 sess
478939	Future Flyers C	6-9yrs	2:15-3:15pm \$180/10 sess
478943	Performance Plus	9-15yrs	3:45-5:15pm \$240/10 sess

All programs take place in Britannia Secondary School, 1001 Cotton Drive, Gym A/B.



Dynamic Duo (18mo-3yrs)

Your child will be introduced to gymnastics through tumbling, song, and games. Grow with your child through parent participation.

Tiny Tumblers (3-4yrs)

This popular community program will promote your child's self-esteem and develop strength, flexibility, agility and coordination through the fundamentals of gymnastics.

Junior Jumpers (4-5yrs) / Komet Kids (5-6yrs)

Develop your child's self-concept and self-esteem in a highly energetic and positive environment. Innovative coaching styles and progressive training will teach basic to advanced skills in all gymnastic events. Beginners and those who have already taken gymnastics are welcome.

Future Flyers (6-9yrs)

This program provides training in beam, floor, vault and bars. Gymnasts are encouraged to create routines, perform to the best of their ability and are given positive feedback on each event.

Performance Plus (9-15yrs)*

For recreational, advanced recreational and competitive athletes. Athletes will have the opportunity to participate in two gymnastics meets to showcase their personal ability (Delta and Bowen Island). They perform routines and are scored on beam, floor, vault and bars. Last year's athletes have priority registration.

Demo Team (9-15yrs)*

Athletes will learn tumbling, stunting, dancing and circus arts. Previous gymnastics or dance experience required. Participation in BC Gymnaestrada event. Additional costs for gymnastics competitions and/or body suits.

***These teams are currently full. Please contact fraser.mcelroy@vancouver.ca to be added to the waitlist. Please note: A skills-based assessment needs to be completed before joining this program.**



Volunteer With Us

Do you have prior experience in gymnastics? The Britannia Gymnastics Club is looking for a few passionate volunteer assistant coaches. If you are interested, please send your resume to yao.zhang@vancouver.ca.



Micro Footie Development (4-9yrs)

Not to be mistaken with our highly popular Spring League, Micro Footie Development is a unique training experience for youth players on Sundays in Gym C. Players in Micro Footie Development learn Celtic turns, combination play, taking players on one-on-one, skills, out the box activities, and movement. The Micro Footie Development sessions are specifically for players who want to raise their game.

Taught by Jason Kyle (FIFA B License, MF Founder, 2018 & 2016 BC Summer Games Coach, and Micro Footie mentor to coaches), and Micro Footie coaches Talisen and Devito. No class Feb 18.

Sun	Jan 14-Mar 17	Gym C	Jason	\$144/9 sess
478959	4-5yrs	9:00-10:00am		
478960	6-7yrs	10:00-11:00am		
478961	8-9yrs	11:00am-12:00pm		



2024 Micro Footie Spring League (April 8 - June 15)

Welcome to Britannia World Cup Micro Footie. The mission of Micro Footie is to provide a top class community sporting experience for players ages 4 and up (we even do a Micro Footie Women's program) using a small sided game format, which encourages player involvement and participation. Equally fun and exciting, every week players team up and play for World Cup countries (Brazil vs Argentina, Italy vs England) with country flags from all over the world in the background. Our program values play, development, involvement, sportsmanship, creativity, mentorship, and team camaraderie. These values go hand in hand with being part of the East Vancouver community, where players make new friends as easily as creating goal scoring opportunities.

This year will be our 31st year offering World Cup Micro Footie to the East Van community! We will continue Saturday game days at Vancouver's Empire Bowl with practices at our local fields. Registration includes playing soccer outside twice a week from April - June (with practice during the week and World Cup games on the weekend), a World Cup country kit to keep (shirt, shorts, and socks), a team photo, and a season finale tournament that includes surprises. Fingers crossed for wonderful weather! For more information visit britanniasoccer.org or email britmicrofootie@gmail.com.



Program Dates: April 8-June 15. No session May 18 & 20.

Fees: \$189/player. Refunds will be issued up to Feb 18, 2024. No refunds issued after this date.

Registration: Registration opens Tuesday, January 16 at 9:00am online at vanrec.ca and in-person at the Info Centre.

2024 Spring Schedule

#	DIVISION	SAT GAME TIME	GAME LOCATION	WEEKDAY PRACTICE TIME/LOCATION	
484004	Girls & Gender Diverse 4-5yrs	8:15-9:15am	Empire North	Mon 5:45-6:45pm	Brit Oval
484005	Boys & Gender Diverse 4-5yrs	8:15-9:15am	Empire South	Tue 5:45-6:45pm	Brit Oval
484006	Girls & Gender Diverse 6-7yrs	9:30-10:30am	Empire North	Wed 5:45-6:45pm	Brit Oval
484007	Boys & Gender Diverse 6-7yrs	9:30-10:30am	Empire South	Thu 5:45-6:45pm	Brit Oval
484008	Girls & Gender Diverse 7-8yrs	10:45-11:45am	Empire North	Wed 5:45-6:45pm	Robson Park
484009	Boys & Gender Diverse 7-8yrs	10:45-11:45am	Empire South	Mon 5:45-6:45pm	Robson Park
484010	Girls & Gender Diverse 8-9yrs	12:00-1:00pm	Empire North	Mon 7:00-8:00pm	Brit Oval
484011	Boys & Gender Diverse 8-9yrs	12:00-1:00pm	Empire South	Tue 7:00-8:00pm	Brit Oval
484012	Girls & Gender Diverse 10-11yrs	1:15-2:15pm	Empire North	Wed 7:00-8:00pm	Brit Oval
484013	Boys & Gender Diverse 10-11yrs	1:15-2:15pm	Empire South	Mon 7:00-8:00pm	Robson Park
484014	All Genders 12-13yrs	2:30-3:30pm	Empire South	Wed 7:00-8:00pm	Robson Park
484015	Women & Gender Diverse 18yrs+	2:30-4:00pm	Empire North	Thu 7:00-8:00pm	Brit Oval

Please note: Gender will not be policed; all divisions are open to all genders. Parents and caregivers are welcome to sign children up for whichever division they feel best suits the child's needs.

Micro Footie Volunteer Coaches Needed

Are you passionate about soccer and interested in coaching children and youth? Join 200 other amazing volunteer coaches to inspire the next generation of athletes. Previous coaching experience is not required; training provided. The season is from April to June. For more details and to sign up, or please email britmicrofootie@gmail.com or visit:

britanniasoccer.org/volunteer

Art

See page 11 for art programs and workshops.

Social

Girls+ Club (10-13yrs)

Girls+ get together to explore your creativity, discover your talents, and share your stories with your friends and meet new friends. A self directed program with a mixture of laughter and leadership. Please pre-register.

Thu	6:15-8:20pm	Jan 11-Mar 14
Preteen Centre		Free
483381	Tiana	

After School Programs

Hip Hop Dance (8-13yrs)

Learn this popular style of street dance evolving from hip hop culture and music. Develop individual techniques and a group routine in this fun and energetic class!

Tue	3:30-4:45pm	Jan 16-Mar 12
CFEC		\$45/9 sess
483349	Marnie	

Music Makers (8-12yrs)

Using a practical approach to learning music production, this program will be a highly effective and engaging way for beginners to learn and create their own music. Through the use of an app and using the concepts of rhythm and melody, bring your songs and ideas to life.

8-10yrs

Thu	3:30-4:45pm	Jan 18-Mar 14
CFEC		\$36/9 sess
483370	Will	

10-12yrs

Wed	3:30-4:45pm	Jan 17-Mar 13
CFEC		\$36/9 sess
483359	Will	

Youth Fitness (8-13yrs)

Improve running form, change of direction, and agility. In addition to drills, we'll do a variety of workouts outdoors. This program combines a disciplined focus on fitness and improving athletic skills—like speed and change of direction—with competitive fun games, drills and relays. Please bring a water bottle and towel.

Thu	3:15-4:45pm	Jan 18-Mar 14
Gym C		\$72/9 sess
483388	Game Ready	

Red Fox Active Play (5-12yrs)

Red Fox's flagship Active Play program gives children the chance to be healthy, have fun and get inspired by positive youth role models from their own communities. Red Fox Youth Leaders guide children through energetic group games, circus arts, and other physical activities that cultivate self-confidence, social connections, and new skills. This free program is open to children of all abilities. To register, please call 604.343.6536 or email info@redfoxsociety.org.

Fri	3:15-4:45pm	Jan 12-Mar 15
Gym D		Free*
Red Fox *Registration required.		

Sports

Basketball

Focus on the fundamentals! The primary emphasis will be age- and ability-appropriate skill development. This reflects the recommendations of the National Coaching Certification Program Long-Term Athlete Development Model. Increasing skill competency increases likelihood that children will gain the confidence to continue to play and enjoy playing basketball. Please bring a water bottle and towel. No session Jan 27 & Feb 17.

Please note: Intermediate players must know rules of the game, have experience with game play, and have fundamental development of skills.

Beginner (8-12yrs)

Sat	11:00am-12:15pm	Jan 13-Mar 9
Gym D		\$35/7 sess
483325	Coach T	

Intermediate (10-13yrs)

Sat	12:30-1:45pm	Jan 13-Mar 9
Gym D		\$35/7 sess
483334	Coach T	

Youth Basketball Drop-in (8-13yrs)

Drop-in preteen youth basketball for all levels. Please note: This is a non-instructional session. Please bring your own basketball.

Fri	5:00-6:45pm	Jan 5-Mar 22
Gym C		Free

Special Events

Free Youth Swim (11-18yrs)

Britannia's youth-only swim time, every other Friday. Contests, prizes, games and fun staff! Swim lessons are available to interested youth for the first 30 minutes; work on skills or improve your swimming abilities.

Fri	6:00-8:00pm	Jan 5 & 19
Britannia Pool		Feb 2 & 16
Free		Mar 1, 15, & 29

Preteen Dance (10-13yrs)

DJ 2 Scoops plays the music. You and your friends will have a blast. Concession will be open for sale of glow sticks, glow necklaces, snacks and pizza. Grade 6-7 only. Parental consent forms must be completed and are available 1 week before the dance. Pay \$2 at the door.

Fri	6:30-9:00pm	Feb 9
Gym D		\$2/drop-in

Camps

Funseekers Daycamp (6-12yrs)

There are many activities and out-trips planned for the Funseekers program! Come learn new skills, meet new friends, or simply have fun! Learn arts and crafts, play group games, and more. Register early to avoid disappointment. Please provide lunch, snack, and water daily. Parents are required to complete consent forms.

Funseekers Cancellation Policy: A \$5 administration fee will be charged for each camp a refund is requested for. Refund requests must be made a minimum of one week (seven days) prior to the start of the program. No refunds after this time.

Summer Funseekers registration will commence on April 6 at 10:00am in person and online and at 11:00am by phone.

Winter Break

Tue-Fri	9:00am-3:00pm	Gym D
463453	Dec 26-29	\$84/4 sess
463454	Jan 2-5	\$84/4 sess

Spring Break

Mon-Fri	9:00am-3:00pm	Gym D
483346	Mar 18-22	\$105/5 sess
483347	Mar 25-28 (Mon-Thu)	\$84/4 sess



Welcome to the Teen Centre

A place in the community dedicated to youth. All youth 13-18yrs are welcome. Come play pool, foosball, ping pong, video games, or use the public access computer.

The Teen Centre is a place to:

- Meet people
- Get information or support
- Share your ideas and interests
- Have fun

Youth, volunteers and youth workers work together to plan and run programs and activities for the Teen Centre. Join our Youth Committee to set direction for programs.

Pick up your copy of our monthly activities calendar at the Teen Centre. If you do not see what you are looking for then get involved and make it happen!

Drop-in Hours

Mon-Fri 3:00-9:00pm

Registration

Register for all Teen Centre programs at the Teen Centre. **Please note:** A signed parent consent form is required for many of our programs. For more information, call 604.718.5828.

Staff

Youth Programmer:
Tom Higashio 604.718.5826
tom.higashio@vancouver.ca

Latin American Youth Programmer:
Manuel Gamas 604.718.5829

Teen Centre Staff:
Barry, Chiho, Kristin, Manuel, Ricky, Tiana, Tom

Leadership

Britannia Youth Committee

We are looking for youth who want to be involved! Give back to the community, and initiate and follow through on community programs and projects. Meetings are held on the third Thursday of the month. Contact Tom at 604.718.5826 for more info.

Blue Eagle Indigenous Youth Cadets (12-15yrs)

Youth have an opportunity to develop leadership skills while learning about Indigenous culture and policing through the Metro Vancouver Transit Police (MVTP) Blue Eagle Community Cadets program. Led by Indigenous Liaison Officer Constable Kirk Rattray, the program gives young people the opportunity to:

- Work in a team environment
- Help their community
- Explore career options
- Take part in a variety of activities
- Strengthen physical and mental health
- Meet strong Indigenous role models
- Increases physical fitness and confidence

For for info and to register, visit: transitpolice.ca/about-us/specialty-units/community-engagement-team/blueeagle

Wed 5:30-7:30pm Gym D
MVTP Free

Social

Friends First Program / Grupo de Amigos (13-18yrs)

Make new friends and learn new skills! This program provides social, recreational, and educational activities. We meet every Saturday. To register and for more details, contact the Latin American Worker at 604.718.5829 or 604.787.9251. Consent forms are required to participate in the outings. Subsidies are available for all activities.

Sat 1:00-5:00pm Jan 6-Mar 30
Teen Centre Free*
*Registration required.

Queer Youth Drop-in (13-18yrs)

A safe and inclusive space for 2SLGBTQIA+, questioning or unlabelled youth to authentically be themselves. Together, we'll co-create a space to share our experiences, learn from each other and have fun! Drop in any time. Snacks will be provided. Khai is a queer, cisgender, 2nd-generation Vietnamese young man who works as a Program Assistant II at Britannia. He is also the Project Assistant for UBC CampOUT! Khai is passionate about creating safe, affirming spaces for queer youth. He loves watching queer media and would be happy to chat about Heartstopper any day!

Please contact khai.truong@vancouver.ca for meeting times, location, more info or to discuss any access needs.

Free

Young Adult Social Club (18-22yrs)

Our goal is to provide a safe, healthy, and inclusive space where young adults can ask questions; connect and share; try new things; and even explore the city's resources, local attractions, and recreational activities. Topics may include:

- Self-identity, communication and self-advocacy, and healthy relationships;
- Budgeting, bank accounts, and financial literacy;
- Finding your passion, setting goals and taking action;
- Community resources (counselling, cultural, and recreational programs);
- Self-care and life skills;
- Housing rights, landlords, and roommates;
- Creative arts (painting, writing, digital media);
- Out trips (local attractions, hiking, beaches, biking, cultural exhibits, etc.);
- Employment training; and more!

Wed 5:00-8:00pm Jan 10-Mar 13
FAR Free

Free Youth Swim (11-18yrs)

Britannia's youth-only swim time, every other Friday. Contests, prizes, games and fun staff! Swim lessons are available to interested youth for the first 30 minutes; work on skills or improve your swimming abilities.

Fri 6:00-8:00pm Jan 5 & 19
Britannia Pool Feb 2 & 16
Free Mar 1, 15, & 29

Cooking

Latin Cooking (13-18yrs)

Do you want to learn how to cook food from different Latin American countries? Come share your favorite dishes and learn new recipes! You will also learn how to choose foods that are more nutritious and shop on budget.

Thu 4:30-8:00pm Jan 11-Mar 28
55+ Centre Free*
*Registration required.

Feast of Flavours (13-18yrs)

This is a hands on cooking program. Learn to create healthy, cheap, and easy to cook meals. Youth are involved in planning, cooking, and preparing the meals.

Tue 4:00-6:30pm Jan 9-Mar 12
55+ Centre Free

Outdoor Programs

The Great Escape Outdoors – GEO (13-18yrs)

GEO is a great way to explore our incredible surroundings, learn new things, and meet lots of great people. We offer a variety of outdoor activities suitable for almost any level of fitness. We'll have a variety of activities. Pick up a monthly calendar to get a complete listing. We provide all necessary equipment, food, transportation, and guides/instructors, unless otherwise stated. Any overnight trip has co-ed leaders and at least one trained staff in Wilderness First Aid. The cost of the outings should not prevent any youth from participating, so let staff know. If you have any questions or would like to register please call 604.718.5828. All registration done at the Teen Centre.

Physical Activity

Youth Basketball Drop-in (10-18yrs)

Drop-in basketball for all levels. Please note: This is a non-instructional session. Please bring your own basketball.

Wed 7:15-9:00pm Jan 10-Mar 27
Gym C Free

Indoor Soccer (13-18yrs)

Free drop-in soccer for youth (with high school ID). New players welcome!

Tue 5:00-7:00pm Jan 9-Mar 26
Gym D Free

Boxing for Gender Diverse, Two-Spirit and Trans Youth (12-18yrs)

Britannia is very excited to add Tsvi as a second coach. This class teaches the basics of punching and footwork of boxing, which is not only fun but also fosters confidence and body awareness. Boxing is also an excellent practice for coordination and overall movement literacy. Some youth learn to discover their strength, some to regulate their strength. This is a non-contact class. Equipment is provided. River is now a professional boxer who has fought for over 10 years, bringing home medals from the Canadian National Championship twice. She has been running Queer Box Camp Vancouver since 2011. Tsvi (they/he) is a neurodivergent trans boxer at Quinit Boxing as well as a writer, artist, and educator. The Boxing Room is located in Gym C.

Wed 4:00-5:00pm Jan 17-Mar 27
Boxing Room \$121/11 sess
478933 River

Night Hoops (12-15yrs)



Open to all, including Two-Spirit and LGBTQ2SIA+ youth ages 12-16yrs. Night Hoops Winter returns! Join us on Friday and Saturday nights to work on your game with warm-ups, skills development, life lessons, and an inter-squad game! Night Hoops strives to be a fun place to work on the fundamentals of basketball and grow with friends. Each session will include a team bonding game and an opportunity to review some of the everyday challenges/opportunities of our youth. Then, our Night Hoops coaches break athletes into teams and play 3v3 or 5v5. Teams are reset each week to provide opportunities to play with all athletes. We end with a shooting cool-down. The focus will be on beginner and developmental-level players. Snacks and food are provided after each session. To register, fill out this online form:

<https://bit.ly/night-hoops-registration>

Junior Girls+

Fri/Sat 5:30-7:15pm Jan 5-Mar 23
Gym C Free

Junior Boys+

Fri/Sat 7:30-9:00pm Jan 5-Mar 23
Gym C Free

Youth Fitness (13-18yrs)

A base level of fitness and movement is developed as athletes learn to appreciate exercise as a lifestyle. Basic movements, balance and coordination are honed through games, relays and drills with a focus on high energy and fun. This program is a must for developing young athletes as they become physically literate and competent with fundamental movements. As the comfort level increases they will work on strength and speed while maintaining a high level of conditioning. Coaches will teach and challenge so youth will increase confidence in their abilities. Please bring a water bottle and towel.

Thu 5:00-6:15pm Jan 18-Mar 14
Gym C \$63/9 sess
483389 Game Ready

Ki Aikido – Women, Trans, and Non-binary Intro Class (14yrs+)

This class is queer positive and open to self-identified women, trans folk, Two Spirit and gender diverse individuals. Come give the Art of Peace a try in a supportive learning environment! Ki Aikido is a non-competitive practice that helps develop calmness, stability and confidence. Suitable for all ages and physical abilities. Try one free session anytime. \$8/drop-in.

Wed 5:45-7:00pm Jan 17-Feb 21
Mat Room \$37.80/6 sess
478957 Emily

Adapted Fitness Boxing (13-18yrs)

This non-contact class for neurodiverse youth will teach the basics of punching and footwork of boxing, which is not only fun but fosters confidence and body awareness. Boxing is an excellent practice for coordination and overall movement literacy. Some kids learn to discover their strength, some to regulate their strength. One-to-one support is not provided; the ratio is 1 instructor for up to 10 youth. Equipment provided. Please bring a water bottle and towel. The Boxing Room is located in the Gym C building.

Thu 7:15-8:15pm Jan 18-Mar 14
Boxing Rm \$90/9 sess
483310 Jay

Archery – Beginner (12-18yrs)

Intro to archery, including history and trying a variety of different bows. Emphasis is on individual skill development. Please bring a water bottle and towel, and avoid bringing any other personal items. No session Feb 17 & 24.

Sat 2:00-3:30pm Jan 20-Mar 9
Gym C \$30/6 sess
483320 Bernice

Archery – Intermediate (12-18yrs)

Must have completed the Beginner session to register for Intermediate. The archery instructor will provide approval to move on to Intermediate. A continuation of the intro class, including history and trying a variety of different bows. Emphasis is on individual skill development. Please bring a water bottle and towel. No session Feb 17 & 24.

Sat 3:45-5:00pm Jan 20-Mar 9
Gym C \$30/6 sess
483321 Bernice

Axe Capoeira Youth (7-15yrs)

Classes cover all aspects of Capoeira: Martial arts, dance, music, acrobatics, culture, language and more. Classes focus on developing rhythm, reflexes, balance, coordination, strength and flexibility. Uniform is required to join class. Fees do not pro-rate; monthly rate only.

Please note: This is not an introductory class. Students are expected to execute all basic movements of Capoeira. Mon/Fri classes in Cafeteria. Weds classes in CFEC. No class Feb 19, and Mar 15 & 18.

Mon/Wed 5:00-6:00pm Fri 6:45-7:30pm
Marcus Caf/CFEC \$105/mo
478921 Jan 8-31
478920 Feb 2-28
478919 Mar 1-27



Latin American Youth Program / Programa Juvenil Latinoamericano

The Latin American Youth Program (LAYP) offers cultural and recreational activities for Latinx youth ages 13-18yrs. These activities range from organized recreational programs to advocacy and referral services. For more information and to register, please contact the Latin American Youth Worker at 604.718.5829 or 604.787.9251.

El Programa de Jóvenes Latinoamericanos ofrece actividades culturales y recreativas para jóvenes de 13 a 18 años. Estas actividades incluyen programas recreativos, servicios de abogacía y referencia. Para obtener más información llama al 604.718.5829 o 604.787.9251.

Grupo de Amigos / Friends First Program (13-18yrs) ☀️

¡Conoce a jóvenes de tu edad y aprende al mismo tiempo! Este programa brinda actividades sociales, recreativas y educativas. Nos reunimos los días sábados. Para registrarse y obtener más detalles, llama al 604.787.9251. Se requieren formularios de consentimiento para participar en las salidas. Subsidios disponibles para todas las actividades. Los espacios son limitados, y el registro es necesario.

Make new friends and learn new skills! This program provides social, recreational, and educational activities. We meet every Saturday. To register and for more details, call 604.787.9251. Consent forms are required to participate in the outings. Subsidies are available for all activities. Spaces are limited; registration is required.

Sat/Sáb 1:00-5:00pm
Free/Gratis*

Jan 6-Mar 30 Teen Centre
*Registration required.

Comité de Juventud Latinoamericana / Latin American Youth Committee (13-18yrs) ☀️

Buscamos jóvenes que estén interesados en iniciar nuevos programas y actividades para nuestra comunidad. Si desea apoyar a nuestra comunidad, iniciar nuevos proyectos y eventos, llama al 604.787.9251. Nos reunimos el primer miércoles de cada mes de 4:00-5:00pm.

We are looking for young people who are interested in starting new programs and activities for our community. If you want to support our community, start new projects and events, please contact 604.787.9251. We meet on the first Wednesday of each month from 4:00-5:00 pm.

Fútbol Sala Mixto / Co-ed Indoor Soccer (13-18yrs) ☀️

Fútbol para jóvenes (con identificación escolar). ¡Nuevos jugadores son Bienvenidos!

Free drop-in soccer for youth (with high school ID). New players welcome!

Tue/Mar 5:30-7:00pm
Free/Gratis*

Jan 9-Mar 26 Gym D/Gim D
*Registration required.



Cocina Latinoamericana / Latin Cooking (13-18yrs) ☀️

¿Quieres aprender a cocinar comida de diferentes países de América Latina? ¡Ven, comparte tus platos favoritos y aprende nuevas recetas! También aprenderás a elegir alimentos más nutritivos y económicos.

Do you want to learn how to cook food from different Latin American countries? Come share your favorite dishes and learn new recipes! You will also learn how to choose foods that are more nutritious and shop on budget.

Thu/Jue 4:30-8:00pm
Free/Gratis*

Jan 11-Mar 28 55+ Centre

Clubes de Español / Spanish Clubs ☀️

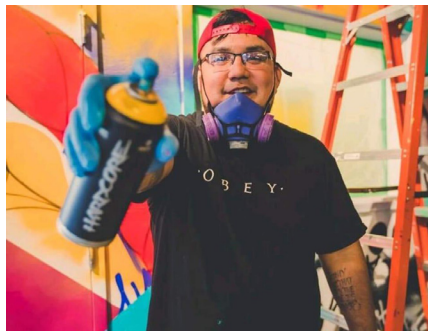
¿Qué son los clubes de español? Un lugar para reunirse con los estudiantes latinos de tu escuela, divertirse, aprender más sobre la cultura latinoamericana y saber qué actividades y programas se llevan a cabo en tu comunidad. Brindamos juegos, música, y talleres. Si estás interesado en tener un club de español en tu escuela llama al 604.787.9251.

What are Spanish Clubs? A place to meet the Latinx students in your school, have fun, learn more about Latin American culture, and know what activities and programs are going on in your community. We provide games, music, and workshops. If you are interested in having a Spanish Club at your school contact 604.787.9251.

Weaving Community Together

Indigenous-led Programs

No one turned away for lack of funds. Full subsidies available for Leisure Access Program participants. See page 5 for more information or contact Suzette Amaya at suzette.amaya@vancouver.ca or 604.718.5873.



Westcoast Indigenous Drawing and Painting with K.C. Hall (15yrs+)

NEW

Join K.C. Hall of the Heiltsuk Nation in learning form line, drawing, teachings and painting. Graffiti artist, muralist and visionary, K.C. Hall will work with participants to create their own unique artwork. Supplies will be provided. Please register in advance. 30 participants max.

Tue 6:30-9:30pm Jan 9-16
Rink Mezz Free
485784 K.C.



Westcoast Indigenous Drawing and Painting with Roger Edward Smith (15yrs+)

NEW

Join Roger Edward Smith of the Haida Nation in learning Form line, Drawing, Teachings and Painting. Roger will work with participants to create their own unique artwork. Supplies will be provided. Please register in advance. 30 participants max.

Tue 6:30-9:00pm Jan 23-30
Rink Mezz Free
485783 Roger

Women's Fancy & Jingle Powwow Dance (12yrs+)

NEW

Two Spirit welcome. Learn the foundations of traditional Powwow dance, ceremony and culture with Nih-Tanis Rayne Dustyhorn. Each session will start with a warm-up followed by basic steps and simple movement combinations. There will be space at the end of the class to improvise and integrate the learning experience. This workshop is open to all levels and abilities; no previous experience is necessary. \$6/drop-in.

Set 1

Sun 5:00-6:15pm Jan 14-Feb 18
CFEC \$37.80/6 sess
479724 Nih-Tanis

Set 2

Sun 5:00-6:15pm Feb 25-Mar 31
CFEC \$37.80/6 sess
479734 Nih-Tanis

Children's Fancy and Jingle Powwow Dance (5-12yrs)

NEW

Learn the foundations of traditional Powwow dance and culture with Nih-Tanis Rayne Dustyhorn. Each session will start with a warm-up followed by learning basic steps and simple movement combinations. There will be space at the end of the class to improvise and integrate the learning experience. This workshop is geared towards children and open to all levels and abilities; no previous experience necessary. \$6/drop-in.

Set 1

Sun 4:15-5:00pm Jan 14-Feb 18
CFEC \$24/6 sess
479722 Nih-Tanis

Set 2

Sun 4:15-5:00pm Feb 25-Mar 31
CFEC \$24/6 sess
479732 Nih-Tanis

Scrunchies with Suzie (12yrs+)

NEW

Join Suzie Sette in sewing scrunchies with Indigenous patterned fabrics. Supplies provided. No sewing experience necessary. Please register in advance. 20 participants max.

Tue 6:30-9:00pm Rink Mezz
Suzie \$5/1 sess
485780 Feb 20
485781 Feb 27

Beaded Red Dress Pins with Myra Pierre (All ages)



Join Myra Pierre in making beaded Red Dress Pins in remembrance and to raise awareness of Murdered and Missing Indigenous Women, Girls and Two Spirit Peoples (MMIWG2S). February 14 is the Women's Memorial March Honouring Missing and Murdered Indigenous Women, Girls, and Two-Spirit Peoples in the Downtown Eastside.

Thu 1:00-4:00pm Feb 1-8
55+ Centre Free

Elders Thursday Gathering (All ages)



The 55+ Centre hosts gatherings every Thursday, beginning with a lunch. We'll be joined by Indigenous cultural Knowledge Keepers and everyone is welcome. It's a time for cultural crafts, sharing circles, monthly movie matinées, and bingo on the last Thursday of the month. Everyone welcome. See page 27 for the weekly schedule of events.

Thu 12:00-4:00pm Jan 11-Mar 28
55+ Centre Free*
482129 *Registration required



FitNation (55yrs+)



FitNation is an eight-week Indigenous aquatic fitness program that takes place at Britannia Pool. It is a free, registered program for Elders in the community who are interested in improving their mobility, agility, balance and general fitness. Snacks provided.

Tue 10:15-11:15am Jan 9-Feb 27
Britannia Pool Free*
482830 Brenlee
*Registration required

Arts

Art Therapy – Connecting to Self (18yrs+)

This strength-based and person-centered art therapy group is designed to connect people to their creativity and inner resources and raise self-awareness. Jillian is a registered art therapist and believes in the creative process as a way to heal, grow and connect to our inner selves. She strives to create a culturally safe environment for all participants. Basic materials provided, but you are welcome to bring additional materials. No class Feb 19.

Mon 6:30-9:00pm Jan 15-Feb 26
FAR \$191.63/6 sess
466876 Jillian & Andrea

Fish Leather Crafting (12yrs+)

Learn the basic steps of making fish leather (de-scaling, tanning and softening) and craft fish leather to take home. Some experience working with fish, knot tying, weaving and sewing by hand will be an asset.

Sun 1:30-4:00pm Feb 4
55+ Centre \$10.50/1sess
479068 JP

Explore Watercolour Painting (6yrs+)

Join local artist Sylvia Oates in this 101 on watercolor painting. Explore different techniques and supplies used for creating with watercolours. Materials are supplied but you are welcome to bring your own. Children under 12 must be accompanied by an adult. No class Feb 18.

Sun 10:00am-1:00pm Feb 4-Mar 3
Rink Mezz \$65.25/4 sess
481099 Sylvia

Working With Cement (16yrs+)

Cement is a beautiful medium to use to make useful homeware. Learn some techniques and handy tricks to make your own cement bowl to take home. From choosing a mold, mixing and pouring concrete, curing and sealing, Karine Zamor will show you a window to her passion.

Sat 2:00-4:00pm Feb 17-24
Rink Mezz \$84/2 sess
482539 Karine

Paper Screen Printing (18yrs+)

Join Yaimel Lopez for this exciting introductory screen printing program. Students will learn to make stencils and use them to create compositions and typography. Develop skills to create posters, and prints. Materials included.

Sun 2:00-4:30pm Feb 18-Mar 10
Rink Mezz \$131.25/4 sess
478203 Yaimel

Zine Making (All ages)

NEW

Dive into the world of zine making using our own interests or anything you are a fan of—an idea, show, movie, book, person, song, etc. Create your own fanzine to take with you and share with the world. Materials provided, but you are encouraged to bring some of your own. For example, if I am fan of a song, I might bring some of the lyrics printed, or a picture of the artist, or images that connect to the lyrics. Children under 12 must be accompanied by an adult.

Sun 1:30-4:00pm Jan 14
55+ Centre \$5.25/1 sess
484742 Emilia

Explore Art and Book Making (12yrs+)

NEW

Books are little treasures that take us on journeys. For this hands-on workshop we would like to invite you to explore different materials in a creative way (fabric, paper, felt, EVA rubber), combining them with paint, embroidery, drawing and/or collage.

Each week you can explore different materials or themes, and use this exploration for bookbinding. Each participant will make their own book; no experience needed. If you are a more advanced bookbinder you are also welcome to join.

Thu 7:30-9:00pm Jan 18-Feb 8
FAR \$94.50/4 sess
484747 Emilia

Pottery – Introduction (16yrs+)

Experience the joy of creating your own dishes from a lump of clay! This course is a survey of basic methods of hand-building, using the wheel, surface decoration, and an introduction to the Britannia studio and glazes. No experience necessary! Clay and glazes are included. *Last class for both sessions is Tuesday, Mar 12.

Tue 7:00-9:00pm Jan 23-Mar 12
477741 \$260.82/8 sess

Fri* 7:00-9:00pm Jan 26-Mar 12
477742 \$260.82/8 sess
Rm 208 Helen

Pottery – Continuing (16yrs+)

Further develop your pottery skills in hand-building and on the wheel. Attention is given to the sculptural as well as the functional aspects of pottery; students are self-directed with more one-on-one instruction. Pre-req: Intro to Pottery or contact the instructor at 604.257.3087. Clay and glazes are included. *Last class is Tuesday, Mar 12.

Wed* 6:30-9:00pm Jan 24-Mar 12
Rm 208 \$288.75/8 sess
477738 Helen

Salsa Cubana & Rueda De Casino

Singles and couples welcome. The basics of Merengue, Bachata and other Latin steps are taught during warm-up. Upon completion of each program, the instructor will assess the student's level and determine if they can move up to the next level.

Beginner (18yrs+)

No experience necessary. This is your introduction to Cuban Salsa! We will start with the basic steps, at first in a line but soon you will be using what you have learned in the circle-formation known as a Rueda. We will quickly progress to passing followers from one leader to the next, to turns and moves such as Vacilala, Casate, Sombrero, etc.

Wed 7:45-9:15pm Jan 17-Mar 6
CFEC \$172.20/8 sess
479323 Karlos

Beginner/Intermediate (18yrs+)

We will continue where we left off in the Beginner class and will add more moves, such as La Ye Simple, La Ye, Sombrero Complicado, Tornillo, Pelota, Setenta, etc.

Tue 7:30-9:00pm Jan 16-Mar 5
Gym C \$172.20/8 sess
479324 Karlos

Intermediate (18yrs+)

We will review the moves learnt in the Beginner/Intermediate class and learn new moves such as La Ye Simple, La Ye, Sombrero Complicado, Tornillo, Pelota, Setenta, etc. No class Feb 19.

Mon 7:30-9:00pm Jan 15-Mar 11
Gym C \$172.20/8 sess
479325 Karlos

Advanced (18yrs+)

In this class, you will learn some complex variations of moves, such as Caramelo, Malanga, Camina, A lo Cubano, Setenta y Virate, Despeinala, El Salao, Bombero, etc. as well as moves involving two couples. Pre-requisite: Previous experience, successfully completed Intermediate Salsa Cubana Rueda class, and consultation with the instructor before beginning the course.

Thu 7:30-9:00pm Jan 18-Mar 7
CFEC \$172.20/8 sess
479322 Karlos

Dance

Women's Fancy & Jingle Powwow Dance (12yrs+)

Two Spirit welcome. Learn the foundations of traditional Powwow dance, ceremony and culture with Nih-Tanis Rayne Dustyhorn. Each session will start with a warm-up followed by basic steps and simple movement combinations. There will be space at the end of the class to improvise and integrate the learning experience. This workshop is open to all levels and abilities; no previous experience is necessary. \$6/drop-in.

Set 1

Sun 5:00-6:15pm Jan 14-Feb 18
CFEC \$37.80/6 sess
479724 Nih-Tanis

Set 2

Sun 5:00-6:15pm Feb 25-Mar 31
CFEC \$37.80/6 sess
479734 Nih-Tanis

Dance and Embrace Your Body – Connecting Through Movement (19yrs+)

This movement workshop invites us to connect with our inner selves and the world around us. Mexican dancer Carla Alcántara will guide us in awakening our senses from the inside out, warming up our bodies, and welcoming an environment for self-discovery. Get ready to explore playful exercises that support human connection. We'll be using rhythm to explore endless possibilities of expression within our bodies. This workshop is open to all levels of abilities; no previous experience is necessary. This program is supported by VLACC. Carla Alcántara is a dancer, visual artist, and the director of TEMPO Dance & Visual Art. Now a resident of Vancouver, Carla was born in Mexico City; she has trained with teachers around the world. No class Feb 17.

Sat 3:15-5:15pm Feb 3-Mar 16
CFEC \$94.50/6 sess
475188 Carla

Language

Baby Sign Language (0-2yrs)

With songs and games, learn how to teach your baby basic American Sign Language (ASL) so they can better convey their wants and needs and relieve unnecessary frustration. No drop-ins. www.intoyoga.ca

Wed 9:45-10:30am Jan 17-Feb 14
Mat Room \$77/5 sess
478859 Into Yoga

VLACC Reading Group (16yrs+)



This book club focuses on Latin American short stories. The stories are English translations and the discussions are lead in English. Co-presented with the Latin American Studies department of UBC, these sessions generate community dialogues. Open to everyone. No background in Latin American literature or culture required. Register at vlacc.ca.

Tue 6:30-8:00pm Jan 9, Feb 13
Conference Room Mar 12
VLACC Free

Spanish – Beginners (19yrs+)

Learn about Latin culture and its language through dynamic and interactive sessions led by highly experienced native speakers. Everyday topics will be taught.

Tue 2:20-3:20pm Jan 23-Mar 12
Rink Mezz \$126/8 sess
479355 Words in Motion

Spanish – Intermediate (19yrs+)

This is for students who have taken beginner Spanish and can converse in Spanish. Learn about Latin culture and its language through dynamic and interactive sessions led by highly experienced native speakers.

Tue 4:45-5:45pm Jan 23-Mar 12
Rink Mezz \$126/8 sess
479357 Words in Motion

Music

VLACC Choir – Canto Vivo (7yrs+)

Canto Vivo creates community around a love for Latin American music. Current and past members are from over 15 different countries in Latin America and beyond! Our choirmaster and music director, Dr. Sérgio Pires, holds degrees in choral conducting and music education. Our repertoire includes popular and traditional songs in Spanish and Portuguese from all over Latin America, most of them arranged by Sérgio. To inquire about participating, please email danais@vlacc.ca.

Wed 7:00-9:00pm Jan 10-Mar 13
55+ Centre \$70/term
Register through VLACC Sergio

Solidarity Notes Labour Choir (16yrs+)

Solidarity Notes Labour Choir is a group of social justice, environmental and labour activists who know that music is more than pleasurable sound; it's a powerful language to educate, connect us and remind us of our strength and history. We are a non-auditioned choir and welcome everyone. We suggest a fee of \$35/month, but if you can't afford that, pay what you can. If you can't afford anything, that's ok too. Check solidaritynotes.ca for our practice schedule; no session Jan 28, Feb 25, & Mar 31. Free Britannia membership required.

Sun 10:30am-12:30pm Jan 7-Mar 24 55+ Centre \$35/mo Earle

African Drumming (16yrs+)

Learn how to play traditional West African rhythms on hand drums (djembés) and base drums (dununs). Learn foundational rhythms and playing techniques. Level 1 lays the foundation for higher-level courses. Completion of Level 1 required to move onto Level 2, and completion of Level 2 required to move onto Level 3 (or permission from the instructor). He can be contacted through his website: drumming.ca. Levels 2 & 3 can be repeated several times as new djembé and dunun rhythms are taught every course. Drums are supplied in class or BYOD.

Level 1

Sat 2:30-3:45pm Jan 20-Mar 9
Cafeteria \$151.20/8 sess
477750 Russell

Level 2

Wed 8:00-9:15pm Jan 17-Mar 6
Cafeteria \$151.20/8 sess
477751 Russell

Level 3

Sat 12:30-1:45pm Jan 20-Mar 9
Cafeteria \$151.20/8 sess
477752 Russell

Level 3

Wed 6:30-7:45pm Jan 17-Mar 6
Cafeteria \$151.20/8 sess
477753 Russell

Sat 11:00am-12:15pm Jan 20-Mar 9
Cafeteria \$151.20/8 sess
477754 Russell

Carnival Band (All ages)



Looking for an excuse to dust off that horn (clarinet, glockenspiel...) in the back of your closet? Looking for a way to bring a little music and colour to your community? The Open Air Orchestra Society invites you to our street band workshops, led by the incomparable Ross Barrett, Tim Sars, and various guest instructors. All levels/ages welcome. Suggested donation is one hour's wage or \$5 pay-what-you-can. Free Britannia membership required. For more info, email bookings@thecarnivalband.com. No session Feb 19.

Mon 7:00-9:30pm Jan 8-Mar 25
55+ Centre By donation
Tim/Ross

Food



The Grandview Woodland Food Connection (GWFC) at Britannia is a

Neighbourhood Food Network that supports food security by providing a broad spectrum of programs that connect and strengthen our community. We work towards an accessible, just, decolonized, and sustainable food system. For more information, see page 34. If you'd like to get involved, email Ruth Elizabeth at gwfcnetwork@gmail.com or visit:

gwfoodconnection.com

Seed Saving & Exploration Workshop (12yrs+)

Join Master Gardener, Pablo Vimos, in exploring how seeds work and how to treat them right. In this hands-on workshop, we will look at seeds under the microscope to explore how they disperse. How they disperse will tell us how to collect them. We will learn how to clean and process seeds so that they will grow into strong plants when planted. The pros & cons of seeding methods will be discussed. This workshop welcomes gardeners of all experience levels and physical abilities. You will leave with printed information and some seeds to start indoors at home! Sliding scale / pay what you can options available (\$5/\$10/\$15).

Sat 2:00-4:00pm Feb 3
Rink Mezz Pablo
487772 \$5 sliding scale option
487774 \$10 sliding scale option
487775 \$15 sliding scale option

Seed Starting & Garden Planning Workshop (12yrs+)

Join Master Gardener, Pablo Vimos, in exploring four different methods for starting seeds indoors and find out when to transplant to your garden in the spring! In this hands-on workshop, we'll start some veggies like tomatoes, peppers, brassicas, and lettuce. The pros & cons of each seeding method will be discussed. This workshop welcomes gardeners of all experience levels and physical abilities. You'll be able to try each method and leave with printed information, some started seeds, and some seeds to start indoors at home! Sign up to gain hands-on experience... and get ready to get dirty! Sliding scale / pay what you can options available (\$5/\$10/\$15).

Sat 2:00-4:00pm Mar 2
Rink Mezz Pablo
487776 \$5 sliding scale option
487777 \$10 sliding scale option
487778 \$15 sliding scale option

Soil is Life! Volunteer Garden Work Party (12yrs+)



We are prepping the Nexways wa lh7aynexw (Transformed Life) Garden beds by aerating them and adding some fresh soil. Bring a friend and contribute to a local sustainable food system together! Our school and community gardens provide fresh organic veggies to the school, community, and food security programs. The garden is located between StreetFront and the Courts skate park.

Sun 10:00am-1:00pm Mar 17
Transformed Life Garden Free
Victoria

Decolonizing the Garden! Volunteer Garden Work Party (12yrs+)



This is a great opportunity to get to know native plants and contribute towards the stewardship of our Indigenous garden. All the plants in this garden are native and have cultural uses... except for the invasive species that we'll be removing! The šxwq'weləwən ct (One heart, one mind) Garden is outside of the Carving Centre.

Sun 10:00am-1:00pm Mar 24
šxwq'weləwən ct Garden Free
Victoria

Britannia Bulk Buy Food Club

Interested in fresh and healthy food at wholesale prices? See page 34 for more information.

Martial Arts

Ki Aikido (14yrs+)

In Ki Aikido, we emphasize the awareness and use of Ki (mind energy, intention). We start a typical class by practicing Ki development to learn coordination of mind and body for relaxed, efficient, and powerful movement. Then we practice Ki Aikido exercises using a controlled and choreographed attack from a partner, so we can learn to sense our partner's Ki, and redirect it. Learn how to transform potential conflict into a peaceful resolution. Suitable for all levels of physical ability. Beginners may try one free class. The High Grade class is for 1st Kyu or more advanced students. No class Feb 14 & 19.

General

Wed 7:30-9:30pm Jan 10-Mar 27
Mat Room \$69.30/11 sess
478955 Louis \$10/drop-in

High Grade

Mon 7:30-9:30pm Jan 8-Mar 25
Mat Room \$57.75/11 sess
478956 Emily \$6/drop-in

Traditional Kung Fu (6yrs+)

This class will teach you traditional forms, weapon forms, sparring and self-defense. Gain physical and mental strength, and develop self-confidence and discipline. Students must be able to attend Monday and Friday classes regularly. Fees do not pro-rate. No class Feb 9 & 19.

Beginner

Mon/Fri 4:30-5:45pm Jan 8-Mar 15
CFEC \$252/18 sess
478977 Marquis

Intermediate

Mon/Fri 4:30-6:30pm Jan 8-Mar 15
CFEC \$270.90/18 sess
478978 Marquis

Advanced

Mon/Fri 4:30-6:30pm Jan 8-Mar 15
CFEC \$289.80/18 sess
478976 Marquis

Ki Aikido – Women, Trans, and Non-binary Intro Class (14yrs+)

This class is queer positive and open to self-identified women, trans folk, Two Spirit and gender diverse individuals. Looking for an embodied practice that helps you deal with the stress of daily life? Give the Art of Peace a try in a supportive learning environment! Ki Aikido is a non-competitive practice that helps develop calmness, stability and confidence. Improve your mind-body connection, stay centered under pressure, and work with energy to flow in dynamic movements with partners. Suitable for all ages and physical abilities. Try one free session anytime. \$8/drop-in.

Wed 5:45-7:00pm Jan 17-Feb 21
Mat Room \$37.80/6 sess
478957 Emily

Axe Capoeira (16yrs+)

This class is a mixed level class and is open to all levels. Beginner, intermediate and advanced students are welcome to join the class. Classes cover all aspects of Capoeira: martial arts, dance, music, acrobatics, culture, language. Classes focus on developing rhythm, reflexes, balance, coordination, strength, flexibility. Uniform is required after 1 month. Fees do not pro-rate; monthly rate only. Mon/Fri classes are in Cafeteria. Weds classes are in CFEC. No class Feb 19, and Mar 15 & 18.

Mon/Wed 6:15-7:30pm Fri 7:30-8:30pm
Marcus CFEC/Caf \$131.25/mo
478912 Jan 8-26
478911 Feb 2-28
478910 Mar 1-27

Adults

Drop-in Fitness

HIIT Fitness (18yrs+)

A High Intensity Interval Training (HIIT) workout to shape your abs, legs and arms! Purchase drop-in tickets at the pool office. \$6.30/drop-in or \$47.50/10 tickets.

Tue 6:00-7:00pm Jan 9-Feb 27 Gym C \$6.30/drop-in Allyson

Zumbash (18yrs+)

Formerly Dance Aerobics. Get your groove on with hot Carib and Latin moves (think Zumba!). Classes are designed to increase in intensity over the session. Guaranteed to increase your fitness level while having fun! Purchase drop-in tickets at pool office. \$6.30/drop-in or \$47.50/10 tickets.

Thu 6:15-7:15 pm Jan 11-Feb 29 Gym C \$6.30/drop-in Allyson

Salsa Fit (18yrs+)

Invigorating and energizing cardio combining high/low impact aerobics with a salsa flare. Great music and lots of fun. Includes a muscular strengthening component and stretching. The last step is to have a ton of fun working out with us! We have 35 drop-in spots for this program. Purchase drop-in tickets at pool office and bring the receipt to the instructor (or if you have a strip ticket, give it to Denise at the class). \$6.30/drop-in or \$47.50/10 tickets.

Sat 9:30-10:30am Jan 6-Mar 23 Gym C \$6.30/drop-in Denise



Health & Fitness

Iyengar Yoga (18yrs+)

Physically energizing, deeply relaxing and emotionally uplifting, this program offers instruction in classical yoga with an emphasis on development of strength, stamina, flexibility, balance, body awareness, and postural alignment. The class is taught with clarity, creativity, and sensitivity to individual needs, in an atmosphere of respect, compassion and humour. Safety, back and joint care will be addressed. Your own mat and equipment is optional but recommended; we have mats and equipment you can use. The instructor will email you before the class to check in. You must have Iyengar experience to do Level 2 & 3. \$21/drop-in. For more info, contact claudiamacyoga@gmail.com. *No class Mar 19.

Level 1 & 2

Tue	Jan 9-Mar 26	CFEC
Claudia		
478952	9:30-11:00am	\$231/11 sess*
478953	7:00-8:30pm	\$252/12 sess

Level 2 & 3

Thu	5:30-7:00pm	Jan 11-Mar 28
CFEC		\$252/12 sess
478954	Claudia	

Stretch Therapy (18yrs+)

Learn the contract and relax technique of PNF stretching plus other partner assisted techniques to release fascia, tight muscles and unlock your joints so you can move with ease. Release your hamstrings, hips, back and shoulders to improve posture, mobility and range of motion. \$31.50/drop-in. No class Feb 19.

Mon	6:45-7:55pm	Jan 29-Mar 11	CFEC	\$157.50/6 sess
478973	Rob			

Zumba® Fitness (18yrs+)

Zumba® fuses Latin rhythms with easy to follow moves to create a dynamic workout system designed for everyone at any fitness level. We use the fitness principles of interval and resistance training to maximize total body toning.

We combine a variety of styles including Salsa, Cumbia, Merengue, and more giving you a feel-happy workout that is great for both the body and the mind. \$14/drop-in.

Set 1

Mon	6:00-7:00pm	Gym C	
478984	Jan 8	Free Trial	
478986	Jan 15-Feb 12	\$66.15/5 sess	☀
Eric			

Wed	6:00-7:00pm	Gym C	
478987	Jan 10	Free Trial	☀
478989	Jan 17-Feb 14	\$66.15/5 sess	
Denise			

Set 2

Mon	6:00-7:00pm	Feb 26-Mar 25
Gym C		\$66.15/5 sess
478985	Eric	

Wed	6:00-7:00pm	Feb 21-Mar 27
Gym C		\$78.75/6 sess
478988	Denise	

Yogaflex (18yrs+)

Focus on core strength and how to get connected with it. The core work will be incorporated into yoga postures. The class ends with deep stretching and relaxation. You will leave feeling supple and strong. Please bring your own mat. \$14/drop-in.

Sun	10:15-11:15am	Feb 25-Mar 24
CFEC	\$52.50/5 sess	
478964	Alex	

Core Connect (16yrs+)

Join Meghan Goodman for an hour of pilates and yoga inspired movements to help you connect with your core, stabilize your pelvis, and find more ease and mobility in your limbs. Drawing from training in dance, pilates and yoga, Meghan will lead you through a fun and challenging class to get you moving, breathing, and feeling good. \$17/drop-in.

Thu	11:15am-12:15pm	CFEC	
478950	Jan 11	Free Trial	☀
478949	Jan 18-Mar 14	\$141.75/9 sess	
Meghan			

Baby and Me Yoga (16yrs+)

For more information, see page 11.

Set 1

Wed	10:30-11:30am	Jan 17-Feb 14
CFEC		\$80/5 sess
478923	Into Yoga	

Set 2

Wed	10:30-11:30am	Feb 21-Mar 27
CFEC		\$80/5sess
478922	Into Yoga	

Leisure Access Program

The Leisure Access Program (LAP) provides City of Vancouver residents facing financial barriers access to Park Board programs and services office at its pools, rinks, participating fitness centres and community centres (including Britannia) at a reduced cost. To review eligibility requirements, see page 5. For more info about how to apply, please visit:

vancouver.ca/leisureaccess

Sports

Drop-in Rules

Join the drop-in list at the Pool Office at the start time of the program. Registered players have 15 minutes to claim their spot, after which time players on the drop-in list will be allowed to purchase a spot, space permitting. Drop-in players must pay and sign in at the Pool Cashier's office and submit the receipt to the instructor in the gym.

Badminton (18yrs+)

Come play some badminton with us! Singles if it's slow, otherwise doubles. Rotate after your game to get a short break, then more action! There are 30 pre-registered and drop-in spaces available. No class Feb 11 & 18.

Fri	7:00-9:45pm	Jan 5-Mar 15
Gym C		\$80.85/11 sess
478924	Allen	\$7/drop-in

Sun	1:30-3:30pm	Jan 7-Mar 24
Gym D		\$63/10 sess
478925	Erica	\$6/drop-in

Ball Hockey – Men (40yrs+)

This is a no-contact, recreational hockey program. Rough play will not be tolerated. No league players. No drop-ins. No class Feb 18.

Sun	6:45-8:45pm	Jan 7-Mar 24
Gym D		\$69.30/11 sess
478930	Edwin	

Ball Hockey – Coed (18yrs+)

Fun, recreational ball hockey. No body-checking. All skill levels welcome. Protective gear recommended. Plastic sticks provided. No wooden sticks allowed. Great practice for goalies! \$6/drop-in, space permitting. Register early as this class will fill up!

Wed	7:45-9:15pm	Jan 10-Mar 27
Gym D		\$75.60/12 sess
478929	Trey	

Basketball (18yrs+)

Come get your sweat on with our 5 on 5 full court basketball game. First to 15 points, then rotate. 15 players max. No drop-ins.

Sun	2:00-4:00pm	Jan 7-Mar 31
Gym C		\$81.90/13 sess
478931	Simon	

Sun	4:00-6:00pm	Jan 7-Mar 31
Gym C		\$81.90/13 sess
478932	David	

Britannia Boxing (13yrs+)

Britannia's own fun, inclusive, and informative boxing program where anyone can come and learn proper techniques, hit the bags, and workout with our coaches. New bags, gloves, portable ring, and more await you in our boxing gym! Come and visit our wonderful and experienced coaches, learn new skills, and break a sweat while working at your own pace. You can stay as long, or short, as you would like—classes are unlimited. The Boxing Room is located in Gym C. First time participants, pay \$15/drop-in. After this, participants will be expected to pay the monthly fee. Fees cannot be prorated. No class Feb 19 & Mar 29.

Mon-Fri	5:00-7:00pm	Boxing Rm
Sat	2:00-4:00pm	Jay \$94.50/mo
478948	Jan 4-31	
478947	Feb 1-29	
478946	Mar 1-30	

Pickleball – Intermediate (18yrs+)

Pickleball is a sport in which two to four players use solid paddles to hit a perforated polymer ball over a net. It is a combination of ping-pong, tennis, and badminton. This popular, easy-to-learn and exciting game will get you moving in new and interesting ways. This is an intermediate, non-instructional program and players are expected to know the basics of play and rules of the game. Bring your own paddles and ball if you have them and bring all your friends! \$8/drop-in.

Sun	6:15-9:15pm	Jan 14-Mar 24
Gym C		\$92.40/11 sess
478965	John	

Soccer – Women's Indoor (18yrs+)

A recreational program for all types of fitness and skill levels. Expect low-key, limited body contact, clean fun play. Registered players arrive by 6:15pm to hold your spot. 15 spaces are allotted per night. \$6/drop-in, space permitting.

Thu	6:00-7:30pm	Jan 11-Mar 28
Gym D		\$69.30/11 sess
478967	Tracy	

Volleyball

Intermediate (18yrs+)

Two courts and 5-6 players per team. Skill level is intermediate, purely recreational with score keeping. Efforts towards making fair balanced teams to have fun continuous rallies rather than quick side outs. Please join if you have most of the basics. Register for this program to guarantee a spot to play every week. There is 28 spots on Tuesday and 29 spots on Thursday. Drop-in available, space permitting. *No class Jan 11.

Tue	8:00-10:00pm	Jan 9-Mar 26
Gym A/B		\$75.60/12 sess
478981	Minaz	\$6/drop-in

Thu	7:00-10:00pm	Jan 4-Mar 28*
Gym A/B		\$100.80/12 sess
478980	John	\$8/drop-in

Advanced (18yrs+)

Friday Advanced Volleyball with 5-1, 6-2 format system play is geared towards intermediate and advanced players as this program is based on a higher level of play. The instructor reserves the right to ensure a player's skill level meets the needs of the program or suggest a different program for them. Please join if you have knowledge of the system format. Efforts are made towards creating fair and balanced teams to have fun rallies rather than quick side outs. Register for this program to guarantee a spot to play every week. There are a total of 25 registered spots and 4 drop-in only spots.

Fri	7:00-10:00pm	Jan 19-Mar 22
Gym A/B		\$84/10 sess
478979	Millin	\$8/drop-in



55+ Older Active Adults

Welcome to the 55+ Centre

Whether you want to register for an in person or online class, drop-in for coffee, or just rest your feet awhile—we have something for you. We look forward to welcoming you to our programs or our drop-in hours. For more information, call us at 604.718.5837 or visit: britanniacentre.org/55plus

Staff

Anne Cowan anne.cowan@vancouver.ca
Kya Prince kya.prince@vancouver.ca
604.718.5837

Vietnamese Program

Luong Ho luong.ho@vancouver.ca
604.718.5818

Registration for 55+ Programs

Registration opens on Tuesday, December 12 at 7:00pm (online and in-person only), and by phone on December 13 at 9:00am.

604.718.5800 (1)

vanrec.ca

Seniors, Elders & Advocates (SEA) Committee

We meet to discuss what matters to seniors and older adults in our community. Inclusion, representation and participation of seniors and Elders is of the utmost importance as we discuss programs and services to offer the community that are relevant, needed and valued. New members are welcome and encouraged.

Wed 3:30-5:00pm Jan 17, Feb 21
Conference Room Mar 20
479760

Free Income Tax Clinics

Looking for assistance with your income tax filing? Britannia provides a complimentary tax clinic for individuals with modest incomes and straightforward tax circumstances. Our volunteer tax preparers, trained under the Canada Revenue Agency's 'Community Volunteer Income Tax Program', ensure the confidentiality and security of your information. To schedule an appointment, reach out to the Info Centre at 604.718.5800 (1). Appointments begin in late February.

Drop-in Hours

	Mon	Tue	Wed	Thu	Fri
9:00am		Vietnamese Seniors 9:00am-2:00pm			
10:00am	Drop-in 10:00am-5:00pm		Drop-in 1:30-5:00pm	Drop-in 10:00am-4:00pm	Drop-in 10:00am-5:00pm
11:00am					
12:00pm					
1:00pm					
2:00pm		Drop-in 2:00-5:00pm			
3:00pm					
4:00pm					
5:00pm					

Vietnamese Program / Chương Trình Cao Niên Việt Nam

This program provides settlement services, and educational and informative workshops about federal and provincial programs for Vietnamese seniors. It also raises awareness of issues impacting seniors as well as providing advocacy, information about legal issues, safety, and support resources. If you have any questions, please contact Luong Ho at 604.718.5818 or luong.ho@vancouver.ca.

Cung cấp miễn phí tất cả các dịch vụ hỗ trợ cho cao niên Việt Nam về những chương trình trợ cấp của chính phủ liên bang và tỉnh bang. Bao gồm tiền già (OAS) tiền phụ cấp (GIS), nhà cửa (BC Housing), phụ cấp tiền nhà cho cao niên (SAFER), thẻ xe bus (Bus Pass), thẻ bơi (OneCard). Chương trình cao niên Việt Nam họp mặt vào mỗi ngày thứ ba hằng tuần từ 9:00 sáng đến 3:00 giờ chiều tại Nhà Cao Niên của Trung Tâm Britannia. Chương trình tạo điều kiện cho các cao niên Việt Nam gặp gỡ chia sẻ và hỗ trợ tinh thần, tham dự những buổi nói chuyện phổ biến những thông tin mới về quyền lợi và sức khỏe dành cho cao niên; tổ chức các chương trình vui chơi, du ngoạn... Để biết thêm chi tiết, xin gọi Luong Ho 604.718.5818.

Tue 9:00am-2:00pm Jan 30-Mar 26 55+ Centre Free drop-in

Vietnamese Line Dancing (55yrs+)

Lớp Line Dancing được tổ chức với cơ quan REACH. Dành cho quý vị tuổi từ 55+ tham dự. Lớp hướng dẫn các điệu nhảy nhẹ nhàng và vui nhộn. Tạo điều kiện tập luyện sự thăng bằng và dẻo dai cho cơ thể. Yêu cầu ghi danh tham dự.

Fri 10:00am-12:00pm Jan 5-Mar 22 CFEC Free

Vietnamese Ballroom Dance (55yrs+)

Hướng dẫn các điệu nhảy ballroom phổ biến. Giáo viên chú trọng đến các bước nhảy cùng dáng điệu căn bản cho từng nhịp điệu. Khiêu vũ là cách giúp bạn quên đi mọi âu lo và cùng hòa mình vào từng điệu nhạc. Lớp học được tổ chức chung với cơ quan REACH. Yêu cầu ghi danh tham dự.

Fri 12:00-2:00pm Jan 5-Mar 22 CFEC Free

55+ Older Active Adults

Friday Wellness

Chair Yoga (55yrs+)

Chair yoga is an accessible gentle seated practice designed to help you feel more energized and calm. We'll explore simple and easy movements to mobilize your whole body, breath work to calm the nervous system, and other brain and mood stimulating techniques to help you feel more connected with ease. Please come in comfortable clothes, socks, and shoes.

Set 1

Fri 12:15am-1:15pm Jan 5-Feb 9
55+ Centre \$12/6 sess
480803 Bryony

Set 2

Fri 12:15am-1:15pm Feb 16-Mar 22
55+ Centre \$12/6 sess
480825 Bryony

Wellness Friday Café (55yrs+)

Drop-in for a cup of tea or coffee, crafting, speakers and an afternoon social.

Fri 2:00-4:00pm Jan 5-Mar 22
55+ Centre Free

Syrian Women's Group

NEW

A time to gather and share Syrian culture with others. Stories, crafts, snacks and getting to know one another. Drop-in.

Wed 11:00am-1:00pm Jan 3, 17, & 31
55+ Centre Feb 14 & 28
Free Drop-in Mar 13 & 27

Cultural Corner – Indigenous Early Years

A warm and welcoming place for Indigenous Elders and parents to come together to share. Share a meal, community resources, and even a laugh or two.

This program is supported by Vancouver Aboriginal Health Society. To register, please contact Tracy Mclean at 604.363.9627.

Wed 11:00am-2:00pm Jan 10, 17 & 31
55+ Centre Feb 14 & 28
Free* Mar 6 & 20

*Registration required.



Vancouver Aboriginal Health Society



Quirk-e 2SLGBTQIA+ Seniors Group

Quirk-e is the Queer Imaging and Riting Kollektive for Elders experimenting with language, printed text, graphics, digital imagery, spoken word, and performance. The group meets every Wednesday online. If you're interested in joining or for more information, please call Anne or Kya at the 55+ Centre at 604.718.5837.

Wed 11:00am-1:00pm Ongoing
Online Free

Social

Monday Soup (55yrs+)

Join us every Monday for a warm homemade soup lunch graciously supported by local eatery liquids + solids. Vegetarian options available. A place to rest your feet a while, meet a friend, and enjoy a quiet space for a quick lunch. The staff and volunteers look forward to serving you. \$3.50/drop-in. Pay at the Pool or Info Centre and bring your receipt to the 55+ Centre. No session Feb 19.

Mon 12:00-1:00pm Jan 8-Mar 25
55+ Centre \$3.50/drop-in

Drop-in Crafts (55yrs+)

If you're a crafter, please join us every other Monday in the 55+ Centre. Everyone is welcome. We love to share our passion for craft and look forward to sharing with others. The Craft Collective members will be inviting guest artists to join us for new projects. No session Feb 19.

Mon 1:30-3:30pm Jan 8-Mar 25
55+ Centre Free
482043

Craft Collective (55yrs+)

This group of Elder and senior crafters raises funds to support Indigenous and other crafting programs at the 55+ Centre and in the community. We welcome new members to this working committee. Meets on the 3rd Monday of each month. Please note: February meeting will take place on Feb 12 due to the stat holiday on Feb 19.

Mon 3:30-4:30pm Jan 15, Feb 12
55+ Centre Mar 18
482048 Free

Techi Tuesdays (55yrs+)

Join us for an hour each week to brush up on simple device knowledge and improve your digital skills to navigate your phone, tablet or computer better. 55+ Centre staff are also available during this time to assist with basic troubleshooting.

Tue 1:00-2:00pm Jan 9-Mar 26
55+ Centre Free*
482121 *Registration required

Crafting & Knitting Social Drop-in (All ages)

All ages, from beginner to advanced. We welcome you to join others for an afternoon of knitting, crafting and sharing in the cozy 55+ Centre. Tea and coffee will be served.

Thu 1:00-3:00pm Jan 4-Mar 28
55+ Centre Free

WCT with Elders & Seniors

For more Weaving Community Together (WCT) programs, see page 20.

Elders Thursday Gathering (All ages)

The 55+ Centre hosts gatherings every Thursday, beginning with a lunch. We'll be joined by Indigenous cultural Knowledge Keepers and everyone is welcome. It's a time for cultural crafts, sharing circles, monthly movie matinées, and bingo! Everyone welcome.

Thu 12:00-4:00pm Jan 11-Mar 28
55+ Centre Free*
482129 *Registration required

Date	WCT Session
Jan 11	Métis Finger Weaving
Jan 18	Felt Moccasin Patterns/Stitching (George Albert Cuyler IV)
Jan 25	Lunch & Bingo
Feb 1	Red Dress Pins (Myra Pierre)
Feb 8	Red Dress Pins - Part 2
Feb 15	Self Care Day
Feb 22	Movie: Reservation Dogs
Feb 29	Lunch & Bingo
March 7	Hyde Moccasin Making (George Alber Cuyler IV)
March 14	Hyde Moccasin Making - Part 2
March 21	Movie: Smoke Signals
March 28	Lunch and Bingo

55+ Older Active Adults

Check out our weekly programs and special events for 2STGD and 2SLGBTQIA+ children, youth, adults, and seniors offered by our Queer Inclusion team in various community centres across the city.



2STGD@vancouver.ca
queer@inclusion@vancouver.ca
vancouver.ca/park-board-pride



Health & Fitness

Badminton (55yrs+)

Fun and easy badminton for older adults. No drop-ins. No class Jan 13, and Feb 17 & 19.

Mon/Wed 11:20am-12:35pm Jan 8-Mar 27
Gym C \$14.70/23 sess
478926 Tho

Tue/Thu 11:20am-12:35pm Jan 9-Mar 28
Gym C \$14.70/24 sess
478928 Tho

Sat 3:00-5:00pm Jan 6-Mar 30
Gym A \$14.70/11 sess
478927 Angela

FitNation (55yrs+)

FitNation is an eight-week Indigenous aquatic fitness program that takes place at Britannia Pool. It is a free, registered program for Elders in the community who are interested in improving their mobility, agility, balance and general fitness. Snacks provided.

Tue 10:15-11:15am Jan 9-Feb 27
Britannia Pool Free*
482830 Brenlee

*Registration required



Boxfit for Seniors (55yrs+)

Want to learn something new and improve your physical fitness and mental alertness? This introduction to boxing class is designed specifically to enhance your strength, balance, coordination, endurance and overall well-being. All fitness levels welcome. Equipment provided.

Set 1

Tue/Fri 3:30-4:30pm Jan 2-Feb 16
Boxing Rm \$70/7 weeks
482014 Jay

Set 2

Tue/Fri 3:30-4:30pm Feb 23-Mar 26
Boxing Rm \$60/6 weeks
482016 Jay

Osteofit (55yrs+)

A gentle strength, balance and coordination program designed to improve fitness and promote healthy bones. This program focuses on improving individual functional ability and quality of life, and reducing the risk of falls and fractures. The program is taught by a trained Osteofit fitness instructor. \$13/drop-in. No class Feb 19 & Mar 18.

Set 1

Mon 11:00am-12:00pm Jan 8-Feb 5
CFEC \$50/5 sess
482033 Berdjis

Set 2

Mon 11:00am-12:00pm Feb 12-Mar 25
CFEC \$50/5 sess
482022 Berdjis

Yoga for Aging Well (50yrs+)

As we move through time, we need to keep moving our bodies. Whether you're brand new to yoga or a seasoned practitioner, if you're 50 or over then this all-levels yoga class is ideal for you. Safety and a pain-free practice is a priority. Yoga can improve your flexibility, mobility, balance, bone density, and strength. Yoga also has a calming effect on the mind and nervous system. Joan has been teaching yoga for 12yrs+, practicing yoga for 20yrs+, and moving through time for 60yrs+. \$17/drop-in. No class Feb 19 & Mar 18.

Set 1

Mon 2:15-3:15pm Jan 8-Feb 5
CFEC \$73.50/5 sess
478983 Joan

Set 2

Mon 2:15-3:15pm Feb 12-Mar 25
CFEC \$73.50/5 sess
478982 Joan

Dance

Vietnamese Ballroom Dance (55yrs+)

Hướng dẫn các điệu nhảy ballroom phổ biến. Giáo viên chú trọng đến các bước nhảy cùng dáng điệu căn bản cho từng nhịp điệu. Khiêu vũ là cách giúp bạn quên đi mọi âu lo và cùng hòa mình vào từng điệu nhạc. Lớp học được tổ chức chung với cơ quan REACH. Yêu cầu ghi danh tham dự.

Fri 2:00-4:00pm Jan 5-Mar 22
CFEC Free*

*Registration required

Vietnamese Line Dancing (55yrs+)

Lớp Line Dancing được tổ chức với cơ quan REACH. Dành cho quý vị tuổi từ 55+ tham dự. Lớp hướng dẫn các điệu nhảy nhẹ nhàng và vui nhộn. Tạo điều kiện tập luyện sự thăng bằng và dẻo dai cho cơ thể. Yêu cầu ghi danh tham dự.

Fri 10:00am-12:00pm Jan 5-Mar 22
CFEC Free*

*Registration required

Line Dancing (55yrs+)

This class is filled with fun, light musical movements, lots of laughs and is a great way to exercise and socialize. No class Mar 19.

Tue 1:00-3:00pm Jan 2-Mar 26
CFEC \$10/12 sess
Anita 481866

Chinese Folk Dance (55yrs+)

Traditional Chinese folk dancing lessons. Everyone is welcome! Program is free but you must register. This class is taught in English and Chinese. No drop-ins. No class Mar 21.

Thu 9:00-11:00am Jan 4-Mar 28
CFEC \$10/12 sess
481901 Volunteer

Classical Chinese Dance (55yrs+)

Classical Chinese dance uses body language to express graceful movements to music. This is a great way to enjoy music, exercise, and learn about Chinese culture!

Sun 2:00-4:00pm Jan 7-Mar 31
CFEC \$10/13 sess
481905 Volunteer

55+ Older Active Adults

Special Events

Christmas Luncheon (55yrs+)

Gather with us in the 55+ Centre to enjoy a warm turkey lunch, listen and sing with our musical guests, and welcome the season with friends new and old.

Fri 1:00-3:00pm Dec 8
55+ Centre \$6/1 sess
473179

Valentines Day Party (55yrs+)

The theme is love! We invite you to join us for an afternoon social with lunch and a special guest to serenade.

Fri 1:00-3:00pm Feb 16
55+ Centre Free
488325

Spring Fling (55yrs+)

Time to get ourselves out of winter hibernation and get ready for spring. This seniors' dance party will have a blast from the past musical line-up. Light refreshments served and loads of fun. Everyone welcome.

Thu 1:00-3:00pm Mar 28
55+ Centre Free
488326

Sunday Movie Night Series (All ages)

Everyone is welcome to attend our movie series every Sunday evening. Doors open at 5:45pm. No session Feb 18. Check out the movie schedule online at:

britanniacentre.org/community/events_calendar

Sun 6:00-9:00pm Jan 7-Mar 31
55+ Centre Free*
482159 Ken
 *Registration required.

Music

Ukulele Jam Circle (All Ages)

Calling all ukulele players to join a friendly jam session in the 55+ Centre. We welcome voices to join in the community sing-a-long too. Takes place on the first Friday of each month.

Fri 1:30-3:00pm Jan 12, Feb 9
55+ Centre Mar 8
482133 Free

Weekly Ukulele Jam

Non-instructional drop-in program for folks to gather every Tuesday afternoon to learn and play together. No registration required just an easygoing afternoon with other Ukulele Senior players.

Tue 2:00-3:45pm Jan 8-Mar 26
55+ Centre Free

Ukulele Absolute Beginners – Level A (55yrs+)

If music is something you love but have never tried, this is the class for you. A welcoming fun, informative Ukulele for beginner's class. No class Feb 19.

Mon 9:45-11:15am Jan 8-Mar 25
55+ Centre \$10
482139

Ukulele Beginners – Level B (55yrs+)

Time to move to the next level. This class is for those ready to move on from absolute beginner and expand your Ukulele repertoire. Loads of fun and a warm friendly group. No class Feb 19.

Mon 1:15-2:30pm Jan 8-Mar 25
55+ Centre \$10
482141

55+ Program Calendar

Mon	Tue	Wed	Thu	Fri	Sat	Sun
Ukulele - Level A 9:45-11:15am Osteofit* 11:00am-12:00pm Badminton* 11:20am-12:35pm Monday Soup 12:00-1:00pm Ukulele - Level B 1:15-2:30pm Drop-in Crafts 1:30-3:30pm Yoga For Aging Well* 2:15-3:15pm Craft Collective 3:30-4:30pm Jan 15, Feb 12 Mar 18	Vietnamese Drop-in 9:00am-2:00pm FitNation* 10:15-11:15am Badminton* 11:20am-12:35pm Techi Tuesdays 1:00-2:00pm Line Dancing* 1:00-3:00pm Weekly Ukulele Jam 2:00-3:45 Boxfit* 3:30-4:30pm	Quirk-e (Hybrid)* 11:00am-1:00pm Indigenous Early Years 11:00am-1:00pm Syrian Women's Group 11:00am-2:00pm Badminton* 11:20am-12:35pm SEA Committee 3:30-5:30pm Jan 17 Feb 21 Mar 20	Chinese Folk Dance* 9:00-11:00am Badminton* 11:20am-12:35pm WCT Elders Thursday Gathering* 12:00-4:00pm Crafting & Knitting Social Drop-in 1:00-3:00pm	Vietnamese Line Dancing 10:00am-12:00pm Vietnamese Ballroom Dance 12:00-2:00pm FRIDAY WELLNESS Chair Yoga* 12:15-1:15pm Wellness Friday Café 2:00-4:00pm Boxfit* 3:30-4:30pm	No programs on stat holidays. *Registration required. Registration opens on Tuesday, Dec 12 at 7:00pm (online and in-person only), and by phone on Dec 13 at 9:00am. Badminton* Sat 2:00-4:00pm Classical Chinese Dance* Sun 2:00-4:00pm Sunday Movie Night Series* 6:00-9:00pm	

Fitness Centre

Welcome to the Fitness Centre

Hours

Mon-Fri	6:30am-9:00pm
Sat/Sun	8:00am-7:00pm
Wed (Free Members)	9:00-10:00am
Sat (Women Only*)	8:00-10:00am
Sun (55+ Only)	8:00-10:00am
Sun (Free Members)	10:00-11:00am
*Trans inclusive.	

Hours are subject to change. For up-to-date information, visit:

britanniacentre.org/fitness_centre

Free Members Drop-in



NEW

Britannia members can drop-in to the Fitness Centre for free during the times listed below.

For more information about Britannia's free memberships, please see page 4. The free drop-in does not apply to those with Flexipasses only.

Wed	9:00-10:00am
Sun	10:00-11:00am

Facility Orientations



Let us help you reach your fitness goals. Whether you need instruction, motivation, or support, our highly trained staff are here to help you succeed. Enlist one of our staff to get you started in the Fitness Centre with an orientation on our fitness equipment and a starter fitness program. Please call ahead to make an appointment for a fitness orientation 604.718.5842.

Flexipass

Enjoy flexible and affordable recreation with our no-contract all-access pass. Purchase a monthly Flexipass at any Park Board fitness centre and receive unlimited access to our 15 fitness centres, 9 indoor pools, 4 outdoor pools and 8 ice rinks. For more information and locations visit vancouverparks.ca.

Outside Trainers

This type of special admission is for personal trainers, occupational and recreational therapists, and physiotherapists. Outside trainers will need to be registered with either the Park Board or Britannia. Both trainer and client must pay for admission to the Fitness Centre. A training fee of \$7.34 per client also applies (fees are subject to change).



Supporting a participant? Attendants get free access

The Fitness Centre and Pool give free access to attendants required to assist persons with disabilities needing support to swim or exercise. Support is defined as assistance of a physical, psychological, emotional, intellectual, or sensory nature to ensure the patron with the disability can participate.

2023 Pool and Fitness Centre Fees* *2024 rates not available at time of publication.

	Drop-in	10 Visit Pass	1 Month Flexipass	3 Month Flexipass	12 Month Flexipass	Britannia Membership
Adult (19-54)	\$7.34	\$64.59	\$56.52	\$152.61	\$488.34	Free
Youth (13-18)	\$5.13	\$46.59	\$39.56	\$106.83	\$341.84	Free
Child (6-12)	\$3.68	\$32.30	\$28.27	\$76.30	\$244.18	Free
Senior (65+)	\$5.13	\$46.59	\$39.56	\$106.83	\$341.84	Free
Britannia-Only Senior (55+)	\$5.13	\$46.59	\$39.56	\$106.83	\$341.84	Free

Please note: Prices include tax. Fees subject to change without notice.

Family Drop-in Rate = 1 to 2 adults of the same household and their children under 19yrs. Minimum \$7.34 admission.

Leisure Access Fitness Centre Admission rate is 50% off adult admission and Flexipass.

Britannia Holiday Hours

Info Centre

Dec 24	Christmas Eve	10:00am-4:00pm
Dec 25	Christmas Day	CLOSED
Dec 26	Boxing Day	CLOSED
Dec 31	New Year's Eve	10:00am-4:00pm
Jan 1	New Year's Day	CLOSED
Feb 19	Family Day	CLOSED

Pool & Fitness Centre

Dec 24	Christmas Eve	8:00am-4:00pm
Dec 25	Christmas Day	CLOSED
Dec 26	Boxing Day	1:00-5:00pm
Dec 31	New Year's Eve	8:00am-4:00pm
Jan 1	New Year's Day	1:00-5:00pm
Feb 19	Family Day	1:00-5:00pm

Rink

To view our current schedule, visit:
britanniacentre.org/ice_rink

Welcome to Britannia Pool

The 25m main pool features a 1m diving board, slide and rope swing. Relax in the on-deck whirlpool, steam room, or in the saunas in the change rooms. For those with young children, we have a warm, shallow leisure pool equipped with a variety of spray features.

Hours

Mon-Fri 6:30am-9:00pm
Sat-Sun 11:00am-7:00pm

Hours are subject to change.

Contact

Pool Cashier 604.718.5831

Pool Schedule

Our current pool drop-in schedule is available at the Pool Cashier, the Info Centre and online at:

britanniacentre.org/pool



Admission Policy for Children

Children under 8yrs must be accompanied in the water by a responsible person who is 16yrs or older and always within arm's reach.

Pool and Fitness Committee

Join the Pool and Fitness Centre Committee. New members are welcome! This advisory committee provides recommendations to the Britannia Board. Meetings take place on the last Tuesday every other month. For more info please call 604.718.5830.

Tue 6:00pm Jan 30, Mar 26

Swim Sessions

View our current pool schedule online at:
britanniacentre.org/pool

Free Members Swim

Free family-friendly swims every Tuesday, and every other Friday for Brit members.

Tue	2:00-4:00pm	Ongoing
Fri	6:00-8:00pm	Jan 12 & 26
Free		Feb 9 & 23
		Mar 8 & 22

Free Youth Swim (11-18yrs)

Britannia's youth-only swim time, every other Friday. Contests, prizes, games and fun staff! Swim lessons are available to interested youth for the first 30 minutes; work on skills or improve your swimming abilities.

Fri	6:00-8:00pm	Jan 5 & 19
Britannia Pool		Feb 2 & 16
Free		Mar 1, 15, & 29

FitNation (55yrs+)

FitNation is an eight-week Indigenous aquatic fitness program that takes place at Britannia Pool. It is a free, registered program for Elders in the community who are interested in improving their mobility, agility, balance and general fitness. Snacks provided.

Tue	10:15-11:15am	Jan 9-Feb 27
Britannia Pool		Free*

482830 Brenlee

*Registration required

Public Swim

Swim, dive, splash, have fun! One lane is set aside for continuous length swimming. The leisure pool is usually open during this time for families with young children—please check our online schedule to confirm. Regular admission rates apply. Please note: During some public swim sessions, the pool may be shared with Aquafit, lessons, school groups or clubs.

Aquafit

Classes are designed to build strength, flexibility and cardio fitness. Work to your own ability. Led by certified instructors. The majority of Aquafit spaces are by registration only, with some spaces held for drop-in. Register in advance online or by phone. Registration opens 3 days before program date at 12:00pm.

Lengths

The pool is divided into 25m lanes (slow, medium and fast). Enjoy the whirlpool, steam room or sauna as well. Anyone 16yrs+ who is capable of swimming the length of the pool is welcome. Please Note: Patrons under 16yrs must speak a lifeguards prior to attending these sessions.

Parent and Tot Pool

The leisure pool is open during most public swims for families with young children. The parent and tot pool is not open to the public during lessons or lengths. Our schedule:

britanniacentre.org/pool

Swim Lessons

Transition to Swim For Life Lessons

In 2023, the Vancouver Board of Parks and Recreation transitioned to the Lifesaving Society's Swim for Life program. To see how the Red Cross Lessons transfer to the Swim for Life lessons, check out the transition chart on our website. Scan the QR code or visit.

britanniacentre.org/pool



Registration

Online and in-person registration for winter swim lessons and programs at all pools, for all age groups starts Tuesday December 19, 2023 at 7:00pm.

If you are already participating in a class, you are encouraged to wait until you receive a report card on the last day of class to register for the next set. It's important to register in the correct level. Children registered in an inappropriate level will be moved to the proper level if space is available, or refunded from the lesson. Please bring the most recent report card to the first day of lessons. All lessons must meet minimum space requirements to run. For more information, please visit:

vancouver.ca/parks-recreation-culture/child-and-youth-swim-lessons

Swim Assessments

If you are unsure of which level to register, we offer swim assessments during our public swims. If your child is under 8yrs, we require a parent/guardian to assist in the water during the assessment.

Refunds & Cancellations

Full refunds given five or more working days prior to the start of the program. If the request is received within four working days of the start of the program or after the first lesson, we'll refund registration fee minus the cost of one class or transfer to a future session. No refunds issued after the second date of the program. Fees for one or two-day programs are non-refundable.

Private/Semi-Private Lessons

One-on-one or one-on-two with a swimming instructor for a set of lessons to improve specific swimming skills. Instructors may vary from week to week.

Private: \$34.32 / Semi Private: \$11.82
(plus applicable taxes)

Ice Rink



Public Skates

To view our current public skating schedule, visit:

britanniacentre.org/ice_rink

Holiday Hours

Check out the winter holiday schedule online at britanniacentre.org in the first week of December to find out about holiday public skating sessions and events.

Join the Arena Committee!

The Arena Committee meets at the call of the chair on the 1st Tue of the month at 6:00pm in the Rink Mezzanine Room. For more information email britanniarink@vancouver.ca.

Adult Stick, Puck and Ring (19yrs+)

Come out during the noon hour and practice your hockey skills. Sign-up for the program is available weekly, 3 days before the session date starting at 9:00am. Helmets are mandatory. Full hockey equipment is recommended. Sorry, no scrimmage.

Wed 3:15-4:30pm Jan 10-Mar 27
Fri 12:00-1:30pm Jan 12-Mar 29
Regular admission rates apply.

Parent & Preschooler Skate

Introduce your child to skating in a fun and non-intimidating environment. Some ice cleats are available for adults who are not comfortable wearing skates. Take your preschooler for a spin on the popular on-ice scooters. No hockey allowed during this session.

Thu 11:00-11:45am Jan 11-Mar 28
Free

Women + Gender Diverse Hockey (19yrs+)

This pick up hockey program is perfect for women and gender diverse individuals who want to play hockey in a safe and inclusive environment. Encourage and be encouraged while continuing with your own hockey development. Full hockey equipment is mandatory. Sign-up for the program is available weekly, 3 days before the session date starting at 9:00am. No session Mar 17.

Sun 10:45am-12:00pm Jan 7-Mar 31
Regular admission rates apply.

Family Fun Hockey (3-12yrs with Adults)

This program is perfect for families who want to play casual hockey together. Whether you want to just pass around the puck or get involved in a friendly shinny, this family activity is sure to be a hit with the kids. Helmets are mandatory for all participants and available free of charge at the ice rink. No session Mar 17.

Sun 12:15-1:30pm Jan 7-Mar 31
Regular admission rates apply.

Upcoming

Women + Gender Diverse Learn to Play Hockey (19yrs+)

Britannia's popular Women + Gender Diverse Hockey league will play from May-July. Games are on Tuesday evenings. The games are non-contact, non-aggressive and fun! Full hockey equipment is mandatory. Look for more information online in mid-February.

Britannia Co-ed Hockey League (19yrs+)

This program is aimed towards novice to intermediate hockey players looking to play in a non-contact recreational hockey league in the "off-season". Full equipment is mandatory and all players must wear at least a half shield on their helmet. The league plays on Saturday afternoons/evenings from May-August. All players will be assessed and placed onto teams by the league coordinators. Look for more information online by mid-February.

2023 Rink Admission Fees* *2024 rates not available at time of publication.

Adult (19-54yrs)	Youth (13-18yrs)	Senior (55yrs+)	Child (6-12yrs)	Family	Skate Rentals	Skate Sharpening
\$7.34/Drop-in \$64.59/10 visits	\$5.13/Drop-in \$46.59/10 visits	\$5.13/Drop-in \$46.59/10 visits	\$3.68/Drop-in \$32.30/10 visits	*at Child rate (Family minimum \$7.34)	\$3.70	\$7.14

- Prices include tax. Prices are subject to change without notice.
- Britannia Ice Rink 10 visit cards are valid at all Vancouver Park Board operated rinks.
- A 20% discount on admission is given to groups of 10 or more.
- Adult Stick & Puck sessions are at the Adult rate.
- Flexipasses may be used for public skating, Adult Stick & Puck, Adult Hockey, and Women + Gender Diverse Hockey sessions. For 2023 Flexipass rates, see page 30.
- *Family rate is 1-2 adults from the same household and their children under 19yrs, all present at time of admission.
- Children under 8yrs MUST be accompanied on ice by an individual 16yrs+.
- Helmets are strongly recommended for all public sessions and are mandatory for all participants of Family Fun Hockey and skating lessons.
- Adult hockey programs require full equipment. Participants must sign a waiver at the beginning of each session.

Skating Lessons

Registration for **Set 1** winter skating lessons begins on December 21 at 7:00pm in-person and online. Registration for **Set 2** winter skating lessons begins on February 15 at 7:00pm in-person and online. **Please note: Skating lessons are very popular and fill up quickly, so register early.**

To help you register online for the correct level, please refer to your most recent Skating Report Card and/or refer to the specific level descriptions to determine which class best matches the skater's ability. If you are unsure of the level, have an on-ice evaluation completed at any Vancouver Park Board Rink during a public skate. Students will not be transferred if they are not registered in the appropriate level; a prorated refund will be issued after the first class. If the lessons you want to register for are full, please put your name on the waitlist. We schedule additional classes whenever possible. Please register in one set of lessons only.

For Britannia lessons, skate rentals are included in the cost of lessons. All skating lesson participants must wear a CSA-certified hockey helmet. A limited number of hockey helmets are available to use free of charge.



Learn to Skate Lessons (3yrs+)

These popular lessons focus on skill acquisition through activities and games. Our energetic instructors teach you to skate with safety in mind. All lessons are 30 minutes and are led by qualified instructors. No session Mar 16 & 17.

Set 1

Tue	6:00-8:00pm	Jan 9-Feb 13
Sat	10:00am-1:15pm	Jan 6-Feb 10
\$42.96/6 sess		

Set 2

Tue	6:00-8:00pm	Feb 20-Mar 26
Sat	9:30am-1:15pm	Feb 17-Mar 30
\$42.96/6 sess		

Preschool Levels (3-5yrs)*

Level 1: This is an entry level skating class; no previous skating experience required.

Level 2: Can stand up on ice in skates unassisted; can walk on the ice in skates.

Level 3: Can skate across the ice and glide on two feet.

Level 4: Can scull forwards and stop without assistance.

Level 5+: Can glide on one foot forwards and skate backwards.

Children/Youth/Adult Levels*

Level 1: This is an entry level skating class; no previous skating experience required.

Level 2: Can skate across the width of the rink without assistance.

Level 3: Can glide on one foot, forward scull with both feet, and snowplow stop with both feet.

Level 4: Can skate backwards, scull backwards with both feet, and scull forwards with one foot.

Level 5: Can glide backwards on both feet, do a hockey stop, and forward circle thrust.

Level 6: Can do forward crossovers, backward circle thrusts, backward stops, can use outside edges.

***For a full description of skate lessons see individual class descriptions online at vanrec.ca.**

Power Skating (8yrs+)

Improve your hockey skating skills through power skating lessons. Learn proper skating posture and the importance making the most out of your edges. Work on skating skills that will strengthen your game. This is a chance to improve your speed, power, technique and control. Skaters must have passed Level 5 in the Learn to Skate program or have equivalent skills. No session Mar 17.

Set 1

Sun	Jan 7-Feb 11	\$57/6 sess
8-14yrs	3:30-4:15pm	
15yrs+	4:30-5:15pm	

Set 2

Sun	Feb 18-Mar 31	\$57/6 sess
8-14yrs	3:30-4:15pm	
15yrs+	4:30-5:15pm	

Figure Skating Lessons

Vancouver's only recreational figure skating lessons are offered to both children and adults. To enroll in this unique recreational program, you must be able to balance comfortably on one foot while skating both forwards and backwards, perform one and two foot turns and/or have completed level 6 in the Vancouver Learn to Skate program.



Join the Arena Committee!

The Arena Committee meets at the call of the chair on the 1st Tue of the month at 6:00pm in the Rink Mezzanine Room. For more information email britanniarink@vancouver.ca.

Partners



GWFC

The Grandview Woodland Food Connection (GWFC) at Britannia is a Neighbourhood Food Network dedicated to supporting the health and well-being of all residents, especially our vulnerable, under-served, and low-income neighbours. We address food security by providing a broad spectrum of programs that connect and strengthen our community and work towards an accessible, just, decolonized, and sustainable food system. We build the capacity of our neighbourhood's food system through education, information sharing, and the creation of grassroots initiatives to address food security and justice issues.

For a list of our Winter 2024 workshops, see page 23. If you'd like to participate in a program or get involved, email gwfcnetwork@gmail.com. For more information, visit: gwfoodconnection.com

GWFC Committee Meetings

The GWFC is seeking Advisory Board Members to represent the many faces of our community! Please contact Ruth Elizabeth and join us for our monthly meetings if you're passionate about:

- Supporting the health and well-being of local residents;
- Promoting an accessible, just and sustainable food system; and
- Building the capacity of the neighbourhood through education, information sharing, and the creation of grassroots initiatives to address food security and justice issues.

Wed 6:00-8:00pm Jan 3, Feb 7
Zoom/Board Room Mar 6

Britannia Bulk Buy Food Club

Interested in fresh, healthy, and affordable food at wholesale prices? Once a month, you can purchase a \$15 bag of assorted produce at Britannia Community Centre. Buying together with your neighbours can help you save up to 40% on your food bill. You get 10-14 varieties of fruits and vegetables, plus access to supplemental donations. For low income folks in the Grandview Woodland and Strathcona neighbourhoods. No proof of income needed. Email bbbfoodclub@gmail.com or call 604-718-5895 for more info or to be added to the waitlist.



CFEC

The Canucks Family Education Centre (CFEC) provides quality family literacy and early learning programs for children, youth and adults. All programs are free of charge and offer our Get Ready 2 Read (GR2R) Early Learning Program for the preschool age children of participants.

Registration is required for all programs. To register contact Lina Arias at lina.cfec@gmail.com. For all other enquires please contact Jean Rasmussen, Executive Director, at 778.321.3487 or jean.cfec@gmail.com.

Britannia Partners in Education (PIE)

Britannia Secondary School, CFEC Rm 109A

English Foundations 1-3

Tue/Wed 9:30-11:45am

English Foundations 4-6

Tue/Wed 12:15-2:30pm

English for Speakers of Other Languages (ESOL)

Fri 10:00am-12:30pm

GR2R Family Resource Program

Thu 10:00am-12:00pm

Edmonds PIE Plus

English Foundations 1-4

Mon/Wed/Fri 12:45-2:45pm
Edmonds Community School, Rm 115

Maywood PIE Plus 2

English Foundations 5-7, English Composition 11/12, & English Studies 12

Tue/Wed/Thu 12:40-2:40pm
Maywood Community School, Adult Room (North Wing)

ECEA Plus Program

Wed 6:45-9:45pm
Sat 10:00am-3:00pm
CFEC-ECE Sapperton Centre, Burnaby



Vancouver Latin American Cultural Centre (VLACC)

Established in 2012, VLACC is a non-profit organization that celebrates cultural diversity by sharing Latin American culture with all! VLACC offers the opportunity to learn more about Latin American arts and culture, make new friends, contribute to your community, and have a wonderful time doing it! Most of their programs are in English and admission is often free. Many programs are offered at Britannia.

Activities encompass concerts, visual art, author readings and discussions, youth activities, choral singing and more. VLACC is working on establishing a physical hub for Latin American artists and audiences to celebrate the importance of the Latin American community in Canada. For more information, visit: vlacc.ca

VLACC Reading Group

Envisioned in the model of book clubs, this reading group focuses on Latin American short stories. The stories are English translations and the discussions are lead in English. Co-presented with the Latin American Studies department of UBC, these sessions will generate community dialogues. This event is open to anyone interested in short stories written by Latin American authors. No background in Latin American literature or culture is required. To register, please visit www.vlacc.ca.

Tue 6:30-8:00pm Jan 9, Feb 13
Conference Room Mar 12
VLACC Free

Dance and Embrace Your Body – Connecting Through Movement (19yrs+)

Mexican dancer Carla Alcántara will guide us in awakening our senses from the inside out, warming up our bodies, and welcoming an environment for self-discovery. Get ready to explore playful exercises and use rhythm to explore endless possibilities of expression. This workshop is open to all levels of abilities; no previous experience is necessary. Carla Alcántara is a dancer, visual artist, and the director of TEMPO Dance & Visual Art. No class Feb 17.

Sat 3:15-5:15pm Feb 3-Mar 16
CFEC \$94.50/6 sess
475188 Carla



Eastside Family Place

Eastside Family Place is a community support and resource centre for parents/ caregivers and their young children up to age 6yrs. We offer many programs, along with support and referral services. Contact us for more details. **Annual membership fee is required. Subsidies available upon request.**

Contact

1655 William St. 604.255.9841
info@eastsidefamilyplace.org
www.eastsidefamilyplace.org

Family Playtime

Adults can visit with each other while engaging with their children in a warm, educational environment. Children have opportunities to socialize and learn through playing developmentally stimulating activities. Both Indoor Playtime and Backyard Playtime are available throughout the week.

M/T/T/F	9:00am-12:00pm	Families
Wed	9:00am-12:00pm	Caregivers
Wed	1:00am-2:30pm	Baby & Me
Tue/Thu	1:00am-2:30pm	Families & Caregivers

Parenting Education & Support

ESFP regularly offers a wide variety of excellent free programs, workshops, and groups, such as:

- **Nobody's Perfect** (a parenting empowerment group)
- **Circle of Security** (understand attachment needs and its relation to children's behaviour)
- **Family Rhythm, Rhyme + Movement** (early language and music program)
- **Cooking Skills**
- **Mama Ganso/Spanish Mother Goose**
- **Parents of Babies: A Weekly Baby Group**

Check our website for dates and times.

Licensed Occasional Childcare

For ages 18mos to early 6yrs. Advance booking required. Call 604.251.1018.



VANCOUVER PUBLIC LIBRARY

Britannia Branch

604.665.2222

vpl.ca

Hours

Mon-Wed	9:30am-8:00pm
Thu-Fri	9:30am-6:00pm
Sat-Sun	9:30am-5:00pm

For a full list of programs and events, visit vpl.ca.

Children's & Teen's Programs

Babytime (0-18mo)

Tue	10:00am & 11:00am	Jan 9-Mar 12
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Family Storytime (18mo-5yrs)

Thu	10:00am & 11:00am	Jan 11-Mar 14
Sat	11:00am	Jan 13-Mar 9

Teen Advisory Group (T.A.G.)

Share ideas about library programs, services, and collections. Every other Tuesday or Thursday on Zoom. Email teens@vpl.ca to register.

Tue/Thu 4:00-5:00pm

Adult Programs

Connection to Kith and Kin: Indigenous Ancestry Search

For more information and dates, visit: vpl.ca/program/kith-kin

Tue 2:30-4:30pm

Tech Help

Drop-in.

Fri 2:00-3:00pm Jan 12-Mar 15

ESL Conversation Practice

Drop-in.

Wed 3:00-4:00pm Jan 10-Mar 13

Let's Talk About Online Privacy

Registration required.

Mon 10:00am Mar 18

How to Use Google Maps

Registration required.

Mon 10:00am Mar 25



Community Action Program for Children (CAPC)

CAPC is a community-based children's program that promotes the healthy development of young children (0-6yrs). For more information and to register, please call 604.718.5821 or 778.245.2428.

Winter 2024 Programs

- Food Security Program (fruit and veggie hampers)
- Parents Circle Time (1st/2nd Fri/mo)
- Parents Conference and Health Fair (TBA)

Online Cooking Class

With Andrea Potter, chef and registered holistic nutritionist.

Wed 10:00-11:00am Jan 17-Mar 13

Spanish Mother Goose / Mama Ganso (0-2yrs)

Enjoy one hour of rhymes, songs, games and stories in Spanish with your child. No session Feb 19. Registration is required. Please call 604.215.8289.

Disfrute de una hora de rimas, canciones, juegos y cuentos en Español con sus pequeños.

Mon Jan 15-Mar 11 Free*
1-2yrs 10:30-11:30am
0-12mo 12:30-1:30pm

*Call 604.215.8289 to register.

Community Education

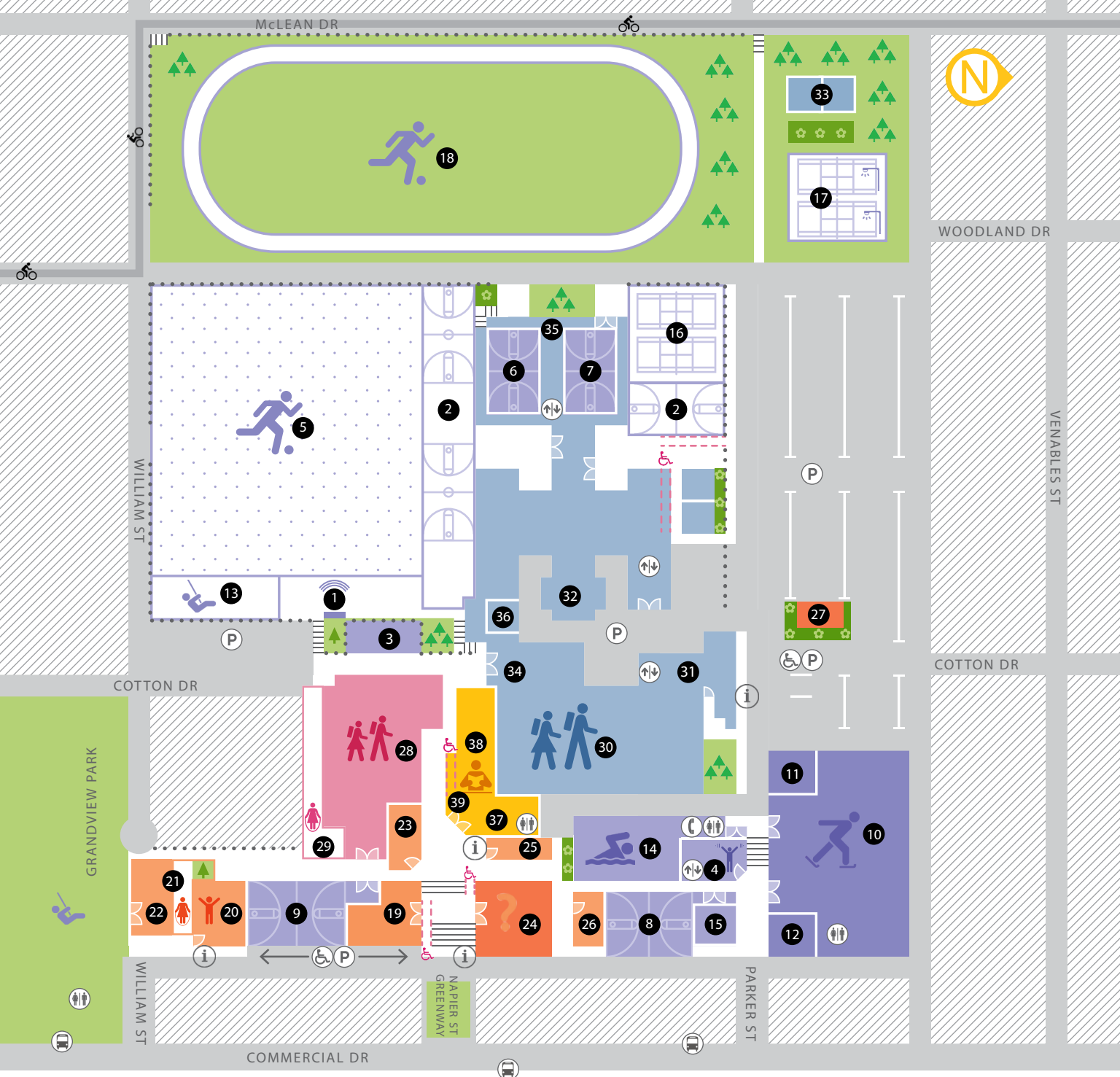
The Britannia Community Schools Team (CST) works out of the Community Education Office at Britannia Secondary. The mandate of the CST is to provide academic, social, and emotional support as well as connections to community resources for students in the Britannia Hub of schools. This work is often done through student leadership opportunities, noon hour and after school programming. For inquiries please call 604.713.8273.

Community Schools Coordinator

Maddie LaFleur

Office Support

Mitra Tshan



recreation

- 1 Amphitheatre
- 2 Basketball Courts
- 3 Covered Play Area
- 4 Fitness Centre
- 5 Gravel Sports Field
- 6 Gym A
- 7 Gym B
- 8 Gym C
- 9 Gym D
- 10 Ice Rink
- 11 Ice Rink Activity Room (top flr)
- 12 Ice Rink Mezzanine (top flr)
- 13 Playground
- 14 Pool
- 15 Mat Room & Boxing Gym
- 16 Tennis Courts
- 17 Britannia Courts Skate Park
- 18 Track + Sports Field

resources + services

- 19 Al Mattison 55+ Centre
- 20 Child Care Centre
- 21 Eastside Family Place (ground flr)
- 22 Canucks Family Education Centre (top flr)
- 23 Family Activity Room
- 24 Info Centre
- 25 Pre-Teen Centre
- 26 Teen Centre
- 27 ʁxwq'eləwən ct Carving Centre
- 28 Britannia Elementary
- 29 Outdoor Play Area

elementary school

secondary school

- 30 Britannia Secondary
- 31 Main Office
- 32 Auditorium
- 33 Portable
- 34 Main Entrance
- 35 Cafeteria
- 36 Canucks Family Education Centre (room 110)

library + learning

- 37 VPL Britannia Branch (main flr)
- 38 Learning Resource Centre (basement)
- 39 Art Gallery



T 604 718 5800 F 604 718 5858
1661 Napier Street Vancouver BC V5L 4X4
britanniacentre.org

.... Fence

Streets + Vehicle Access

Bicycle Route

Wayfinding

Wheelchair Access

Stairs

Elevator

Entrance

Fields + Green Space

Residential + Commercial

Gravel

School Garden