

Check out p.8 for
camp programs
available this summer.

Programs & Services

Summer 2025



Look for our **FREE**
“Fun for All” programs!
See inside for details.



Registration

Registration Dates

Registration for **general programs** opens June 10, 2025 at 7:00pm in-person and online, and at 9:00am by phone on June 11, 2025.

Registration for **swim lessons** opens June 24, 2025 at 7:00pm in-person and online, and at 7:30pm by phone.

Due to rink maintenance closure there will be no skating lessons this season.

How to Register

1) Register online at vanrec.ca

Set Britannia Community Centre, Pool or Rink as the location.

2) Register in person

You can register for programs at the **Info Centre** and the **Pool Cashier**. Registration closes an hour before closing at the pool and half an hour before closing at the Info Centre.

Info Centre Hours:

Mon-Fri 8:30am-7:00pm
Sat 9:00am-5:00pm
Sun 10:00am-4:00pm

Pool Cashier Hours:

Mon-Fri 6:30am-9:00pm*
Sat/Sun 8:00am-7:00pm*
*Hours are subject to change.

3) Register by phone at 604 718 5800 ext. 1

Subsidy Policy

Britannia provides assistance to those who are not able to afford the advertised cost of certain programs and activities. Please note: Maximum of two subsidies per person per season. Some programs do not qualify for subsidy. Our subsidy policy does not apply to Britannia Child Care programs or products that are resalable.

Only residents of Vancouver are eligible for subsidies.

Leisure Access Program

The Leisure Access Program (LAP) provides low-income City of Vancouver residents with reduced cost programs and services at Britannia and Park Board facilities. LAP card holders may receive up to 50% off certain programs. To learn more and to apply, visit:

vancouver.ca/leisureaccess

Grandview-Woodland & Strathcona Subsidy

Program participants living in the Grandview Woodland and Strathcona areas who are in need of financial assistance may request a subsidy of up to 25% off course costs for certain programs by completing an application.

FREE 'Fun For All' Recreation

Britannia operates a wide range of free and pay-what-you-can recreation programs. The Britannia Board of Management is committed to ensuring that people have access to programs and that fees are not a barrier to members of the Grandview Woodland and Strathcona Communities.



Look for the "Fun for All" stamp in the Brochure to find our free and pay-what-you-can programs.

Contact

1661 Napier Street, Vancouver BC V5L 4X4
britanniacc@vancouver.ca britanniacentre.org

Info Centre:
604 718 5800 (1)

Pool Cashier:
604 718 5831

Britannia Memberships

Britannia memberships are free! Memberships are valid for 1 year from January 1-December 31. A membership can be obtained when you register for a program (your membership will be automatically added to your online purchases) or any time during the year at the Pool Cashier, the Info Centre, or online at:

britanniacentre.org/memberships

Membership Benefits

- Free members access to the Fitness Centre on Wednesdays from 9:00-10:00am, and Sundays from 10:00-11:00am.
- Free family-friendly swims every Tuesday, and every other Friday (see page 22 for more information).
- Voting privileges at the society Annual General Meeting.
- Eligibility to run for the Board of Management.
- Mail-outs/e-mails about Centre events and programs.

Facility Rentals

For rates and availability contact the Facility Support Clerks at 604 718 5812 or britanniafacilitysupport@vancouver.ca.

Pool Rentals Contact the Pool Programmer at 604 718 5830 or britanniapool@vancouver.ca.

Rink Rentals Due to maintenance closure, no rink rentals at this time.

For more information, visit: britanniacentre.org/facilities/rentals

Refund Policy

- A full refund will be granted if requested up to 48hrs prior to the second class. No refunds after this time.
- For workshops and outings, a full refund will be granted if the refund is requested one week (seven days) prior to the start of the program. No refunds after this time.
- For day camps, a \$10 administration fee will be charged for each camp a refund is requested prior to the start of the program. No refunds after this time.

Swim Refunds

- See p.22 for full details on swim lesson refunds.

Cancellation Policy

- Courses are cancelled when too many people wait until the last minute to register. A minimum number must enrol before a class will run.
- Programs may be cancelled due to unforeseen circumstances and instructors may change during the program season.

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Are You Our Next Board Member?

In January 2025 the Board passed a motion to change the AGM to September to better involve students and maximize enthusiasm of new volunteer Board members.

Britannia Board of Management **Annual General Meeting** **September 17, 2025** **Gym D at 6:00pm**

For community members who would like to run for the Board, or vote for Board members at the AGM, you must be a member in good standing 14 days prior to the meeting.

Membership is free and includes voting privileges as well as other benefits such as free drop-in times for the pool & fitness centre, and free programs & events.

If you are interested in being a part of our community Board of Management, and sharing your time & experience to benefit our Britannia community, please contact Cynthia Low at cynthia.low@vancouver.ca.

Holiday Hours

Info Centre, 55+ Centre, & Teen Centre

Jul 1	Canada Day	CLOSED
Aug 4	BC Day	CLOSED
Sep 1	Labour Day	CLOSED

Pool & Fitness Centre

Jul 1	Canada Day	10:00am-5:00pm
Aug 4	BC Day	10:00am-5:00pm
Sep 1	Labour Day	10:00am-5:00pm

Rink

The Rink remains closed for maintenance until the fall. For more information visit:

britanniacentre.org/ice_rink

Unceded Coast Salish Territories

Britannia is located on the traditional and unceded Coast Salish territories of the xʷməθkʷəy̓əm (Musqueam), Skwxwú7mesh (Squamish) and səilwətaʔ (Tsleil-Waututh) Nations, and we hold the heritage of these lands close in our everyday work.

Cover Photo

Busy pollinators in the garden.

Photo credit: Ruth Elizabeth Briggs

Special Events

Art Gallery

Temporary closure of the gallery:

The Britannia Art Gallery is currently going to go on a "pause" starting in June until September 2025, under recommendations from the Art & Culture Committee and the Board of Management at Britannia, as we need some time to reflect on some internal missteps, and harm caused. Unfortunately, this means rescheduling the Summer 2025 shows until such time as we can move ahead in a good way with community artists, and we can be clear about our objectives and what we should host in public space.

We will be working with a consulting agency over the next few months to gain a better understanding of curating with community in a public setting, and what our limitations and capacity to support looks like. We understand that artists are a voice in our community, and we want to work to encourage a positive experience, and that care is taken with each artist that we work with and develop the relationships that we hope to build.

For more information please contact:
Peter Odynsky
Community Recreation Coordinator

peter.odynsky@vancouver.ca
604.718.5820



Workshops

Free workshops to enjoy on select Britannia Plaza Market days!

These workshops are subsidized by the Britannia Arts & Culture Committee. All supplies are included. Outside in the Plaza or inside the 55+ Centre if raining.

Glass Painting

Ukrainian artist Tanya Znak will introduce the community to traditional style of painting on glass. Similar to the traditional icon paintings technique, we will explore this by painting flowers on a glass frame.

Fri 2:00-4:00pm Jul 11
Britannia Plaza Free/1 sess
567559 Tanya

Zine and Collage Making

Artist Paddi McGrath with the Magpie's Nest Community Art Workshop will be working with community to create their own Zine using found poetry and collage.

Fri 2:00-4:00pm Aug 8
Britannia Plaza Free/1 sess
567562 Paddi

Special Events

Honk!BC 2025

5th annual festival of local street bands in an international Honk! movement that aims to create and collaborate in order to make our world a better place to be--to truly fill the streets with joy!

The goal of Honk!BC is to provide free, organic music to the residents of Vancouver, and to showcase local community-based arts and culture organizations. Honk! BC hosts 10-15 local and international bands who have an activist bent, with special features for our two musical projects.

Commercial Drive sidewalk parades will begin at 11:15am from Grandview Hwy.

From noon-4pm, July 13, we will enliven the stage at Grandview Park where we will host a rotation of mostly unamplified local bands for the general public.

Sun 11:00am-4:00pm Jul 13
559763 Grandview Park
Open Air Orchestra Society/Britannia Arts & Culture Committee collaboration



Britannia Plaza Markets

Britannia Art & Culture Programs are hosting a monthly Market in the Napier Greenway. The market will feature the works of hyper-local artisans, delectable food, community tables, local performers and drop-in art activities. More information and artist/vendor applications are available from Helen and Amanda at artsbritannia@gmail.com

Fri 2:00-7:00pm Jul 11, Aug 8, Sep 12
Napier Greenway/Britannia Plaza

Indigenous Plaza Markets

Weaving Our Community Together Programs are hosting a monthly Market, in the Napier Greenway. The market will feature the works of local indigenous artisans, delectable food, local performers and drop-in art activities. More information and artist/vendor applications are available from Helen and Denise at artsbritannia@gmail.com

Fri 2:00-7:00pm
Jun 20, Jul 25, Aug 22, Sep 26
NapierGreenway/Britannia Plaza

Britannia Market Vendor Invitation

Britannia Community Centre hosts several markets during the year including the SHINE Intercultural Spring Market, Plaza Art Markets, Indigenous-only markets and the Winter Craft Market. More information and artist/vendor applications are available from artsbritannia@gmail.com.

Fall Equinox Coffee House

Save the date for the next Coffee House! Each event is warm and inviting, creating an opportunity for community to gather and connect, and enjoy music and poetry by local performers. The series is as dynamic and diverse as our community itself. If you haven't checked out the Coffee House Series, you're in for a treat!

Sun 6:00-9:00pm Sep 21



Weaving Community Together

Indigenous-led Programs

No one turned away for lack of funds. Full subsidies available for Leisure Access Program participants. See page 2 for more information or contact Denise Johnson at denise.johnson@vancouver.ca or 604 257 3091.

Tuesday workshops take place in the Rink Mezzanine room in the Ice Rink. Wednesday workshops take place in the beautiful ʁwqʷeləwən ct Carving Centre.

Reconciliation in Action Circle

Come join our Circle and share your ideas! Contact Suzette for more details. Upcoming meeting dates:

Tue 11:00am-12:00pm
Jul 8 CFEC
Aug 12 Conference room

National Indigenous Peoples Day

June 21st marks National Indigenous Peoples day. Please come by and celebrate with Britannia as we showcase local artists, in a special performance, while we highlight our Indigenous staff at Britannia as well.

Sat 12:00-4:00pm **Jun 21**
Grandview Park

Indigenous Concert Series

In partnership with Park Board Activations team and Britannia we are bringing back the Indigenous Concert series at Grandview Park.

Stay tuned for more information as we uplift our local community of Indigenous Musicians and Artists to host another round of events, curated by Suzette Amaya.

Sun 2:00- 4:30pm **Jun 1, Jul 6, Aug 9**
Grandview Park

Note: times subject to change for rain delays. Check social media @BritanniaCentre for full event details..



Carving Paddles with Arthur Bolton

Indigenous artist and carver Arthur Bolton will be sharing teachings on carving this Summer in the Carving Pavilion. This will include learnings on the tools and techniques to create designs and then transfer to a carving. Open to Indigenous and non-Indigenous participants every Sunday from 12pm-4pm and every Tuesday from 1pm - 5pm this summer. Together the group will create their own paddle and a community carving with Arthur, that will be displayed on site. No sess Jul 1, Aug 3.

Sun 12:00-4:00pm **Jul 6-Aug 31**
565248

Tue 1:00-5:00pm **Jul 8-Aug 26**
565249
Carving Pavillion **Free/8 sess**



Victor Thompson - Friday Lahal

Friday Lahal/ Culture Nights

Let's welcome Haida Knowledge Keeper Victor Thompson. Victor has been practicing his culture for well over 20 years and accredits his culture to a healthy lifestyle that he brings to his family as well as to the community. Victor is excited to bring a safe cultural space at Britannia every Friday for July and August in our ʁwqʷeləwən building. Free Family swim nights fall on July 11th & 25 and August 8th & 22nd, families are welcome to attend those from 6pm - 8pm as well..

Fri 4:00-8:00pm **Jul & Aug**
Carving Pavillion

No one turned away for lack of funds. Full subsidies available for Leisure Access Program participants. See p.13 for more information on Leisure Access or contact Suzette Amaya at 604.718.5873 or suzette.amaya@vancouver.ca.

WCT Weaving Community Together - 55yrs+ Thursday

The 55+ Centre hosts gatherings every Thursday beginning with a lunch. We will be joined by local knowledge keepers at 1:00pm. Everyone is welcome. It's a time for cultural crafts, sharing circles, and learning from one another.

Check out the weekly events on p.19.

Thurs 1:00-4:00pm **Jul 3- Aug 28**
55+ Centre



Emile Mahseredjian - Pizza Party

FitNation

FitNation is a free eight-week Indigenous aquatic fitness program for Elders and adults in the community who are interested in improving their mobility, agility, balance and general fitness. FitNation is part of I-SPARC (Indigenous Sport, Physical Activity & Recreation Council). I-SPARC is committed to inspiring Indigenous people in BC to move, play and compete. Snacks provided. Registration required.

55yrs+

Wed 10:15-11:15am **Jul 2-Aug 20**
Britannia Pool **Free**
564408 Brenlee

19yrs+

Wed 8:00-9:00pm **Jul 2-Aug 20**
Britannia Pool **Free**
564409 Brenlee

End of Summer BBQ

The Weaving Community Together team wants to thank all who participated in the program this summer and end our summer programming off with some great food in the beautiful carving pavilion.

We will have music, food and fun for everyone! Knowledge Keepers and all participants are welcome to attend. Come Prepared for the weather!

Wed 1:00-4:00pm **Aug 27**

Licensed Child Care



Preschool and Daycare Programs

For more information about the Britannia Child Care Hub, please visit: britanniacentre.org/services/licensed_childcare

Britannia Preschool (3-5yrs)

1661 Napier Street 604 718 5843

September 2025 – June 2026

Morning Classes

M/W/F 8:30am-11:00am \$84/mo
Tue/Thu 8:30am-12:00pm \$56/mo

Afternoon Classes

M/W/F 11:45am-3:15pm \$84/mo
Tue/Thu 12:45pm-3:15pm \$56/mo

5 days/week (am or pm) \$140/mo

Britannia on East 7th Daycare (3-5yrs)

960 East 7th Avenue Mirae Pinpin
Not accepting waitlist applications at this time.

Hours: Mon-Fri 7:30am-5:30pm

Fees: \$10/day \$200/mo

Snacks provided.

Eaglets Daycare (2.5-5yrs)

485 Semlin Drive Suzy Liguori
Accepting applications for the 2026 waitlist and beyond.

Hours: Mon-Fri 7:30am-5:45pm

Fees: \$10/day \$200/mo

Snacks provided.

Grandview Terrace Child Care (3-5yrs)

2075 Woodland Drive Kal Kular
grandviewcc@shawbiz.ca
grandviewterracechildcare.com

Hours: Mon-Fri 7:30am-5:45pm

Fees: \$10/day \$200/mo

Snacks provided.

Out of School Care

Britannia OSC

1661 Napier Street 604 718 5843

Sep-Jun Hours Mon-Fri 7:30-9:00am / 3:00-5:45pm
Pro-D, Holiday Break Hours Mon-Fri 7:30am-5:45pm

Fees: Full Time \$200/mo
Part Time \$10/day

Breakfast & pm food program provided.

Grandview Terrace OSC Program II & III

2075 Woodland Drive grandviewcc@shawbiz.ca

Sep-Jun Hours Mon-Fri 7:30-9:00am / 3:00-6:00pm

Fees: OSC II \$200/mo
OSC III \$200/mo

Breakfast & pm snack provided.

Eagles In The Sky OSC

103B-1950 E. Hastings 604 253 0122
For waitlist info, email: eagles.osc@gmail.com

Sep-Jun Hours Mon-Fri 7:30-9:00am / 3:00-5:45pm
Pro-D, Holiday Break Hours Mon-Fri 7:30am-5:45pm

Fees: \$10/day \$200/mo

Breakfast & pm snack provided.



Summer Camp (5-12yrs)

Britannia Summer Fun Program: O.R.C.A (Outdoor Recreation & Creative Arts)

Each week children will experience exciting and enriching activities at parks, outdoor trails, beaches, pools, and other City attractions. Children will be hiking, biking, running, jumping, dancing, and playing while also creating fun art projects, doing fascinating science projects, exploring world culinary arts, and performing theatre arts. Special guests will visit and showcase inspiring activities. We will provide breakfast and afternoon snack. Children bring their own nut-free lunches.

1661 Napier Street 604 718 5843
Mon-Fri 7:30am-5:45pm Fees: \$10/day, \$50/wk, \$200/mo

Dance

Ballet/Jazz Dance (2-6yrs)

Jump, skip and twirl! In this class children will learn a variety of ballet exercises as well as the basic fundamentals of jazz dance while developing their own creative expression. This is a closed class; however, in the final week of the session we invite parents to stay for a presentation of what we have been learning. Parent participation required for 2-4 year old classes. www.kirbysnelldance.com.

Sat	Jul 5-Aug 23	\$104/8 sess
560348	9:20-10:00am 2-4yrs	
560349	10:15-10:55am 2-4yrs	
560350	11:10-11:50am 3-4yrs	
560351	1:00-1:40pm 4-6yrs	
CFEC	Endorphin Rush Dance	

Hip Hop/Jazz Dance (3-6yrs)

Combine the style of hip-hop with the technical dance skills of jazz! Learn steps, jumps, turns, stretches and fun choreography to your favourite music. Please bring clean running shoes and wear comfortable stretchy clothing and non-marking shoes. No drop ins.

Sat	Jul 5-Aug 23	\$104/8 sess
560357	12:05-12:45pm	
560358	1:55-2:40pm	
CFEC	Endorphin Rush Dance	

Summer Dance Camps (3-6yrs)

Endorphin Dance Rush is back with another week of dance camps this summer! More info: www.KirbySnellDance.com

Mon-Fri	Aug 25- 29	CFEC
Endorphin Rush Dance		\$109/5 sess

Fairies, Frogs & Dragons Camp (4-6yrs)

Dancers are encouraged to let their imaginations run wild in this playful and expressive dance camp.

549788	9:15-10:30am
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Frozen Ballet Dance Camp (3-5yrs)

100% Frozen Soundtrack Music is played in this creative ballet class designed to ignite your dancer's imagination.

549789	10:45am-12:00pm
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Mini Hip Hop Dance Camp (3-5yrs)

This non-stop action-packed camp includes hip-hop, basic breakdancing, and dance games that will have your dancer moving to the beats.

549795	12:30-1:45pm
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Music

Music Together (0-5yrs)

Summer music in the sun! Music Together® offers a fun-filled, family music making class with a new songbook and award winning music each semester to continue the learning at home. Discover new ways to play with music and rhythm and help your child become a confident musicmaker. In our mixed age class, each child participates at his or her own level and their natural musicality is nurtured through singing, dancing, listening, watching, and exploring the musical instruments. 45 minutes of pure fun each week! Parent participation required. Siblings attend at a reduced tuition rate and children 6 months and under attend free with a registered sibling. \$60 Music Together Licensing fee is non-refundable after first class. All refund requests must be made 48 hours before the second class. No class Aug 2

Sat	Jul 12-Aug 16	\$140/5 sess
560372	9:30-10:15am	
560373	10:30-11:15am	
Rink Mezz	Roya	

Physical Activity

Axe Capoeira Beginner Mini Kids (3-6yrs)

Anyone can join! Classes cover all aspects of Capoeira: martial arts, dance, music, acrobatics, culture, language and more. Focus on developing rhythm, reflexes, balance, coordination and increasing strength and flexibility. Class does not prorate, monthly rate only. \$20/drop in.

Tue	5:00-5:45pm	Sun	11:00-11:45am
CFEC		Marcus	
560294	Jul 6-29	\$85/8 sess	
560293	Aug 5-17	\$55/5 sess	

Check out the summer camps at Britannia on p.8 for more Preschool programs available this season.

Sportball Parent & Child Multisport (2-3yrs)

Multi-sport classes teach children introductory physical skills and help them develop confidence through 8 different ball sports. Parent participation required. No class Aug 3

Sun	11:30am-12:15pm	Jul 6-Aug 24
Gym D		\$119/7 sess
560319	Sportball	

Sportball Multisport (3.5-5yrs)

Multi-sport classes teach children methods to practice and refine gross motor skills through 8 core ball sports. This program reinforces benefits of teamwork and skill development, enabling children to gain confidence and develop social skills to succeed in sport and life. No class Aug 3

Sun	12:15-1:15pm	Jul 6-Aug 24
Gym D		\$119/7 sess
560315	Sportball	

Sportball Outdoor Parent & Child Soccer (2-3yrs)

Get a kick out of Sportball Parent & Child Outdoor Soccer programs! Participants are introduced to fundamental concepts of soccer and are provided the basic skills required to score with confidence in fun, exciting, skills-focused games. With the guidance and support of their Sportball Coach, parents and children zero in on soccer skills including: throw-ins, dribbling, trapping, passing, goalie skills and more. Children are challenged according to their individual skill level and Coaches help grownups understand proven teaching techniques that can be applied outside of Sportball classes. This program is Rain or Shine.

Tue	5:15-6:00pm	Jul 8-Aug 26
Oval		\$136/8 sess
560316	Sportball	

Sportball Outdoor Soccer (3.5-5yrs)

Kickstart your day! Sportball Outdoor Soccer programs introduce fundamental concepts of gameplay and teach the basic skills required to bend it like Beckham in a supportive, non-competitive environment. Coaches zero in on skills like throw-ins, dribbling, trapping and passing in fun, exciting, skill-focused games. Classes take place outdoors; parents are required to remain by the field for children's safety. This program is Rain or shine. Program location: Britannia Oval/Running Track - South part of field

Tue	6:00-7:00pm	Jul 8-Aug 26
Oval		\$136/8 sess
560317	Sportball	

Summer Camps

Visit britanniacentre.org/camps-at-britannia
for full details on all of the camps at Britannia!

Summer Dance Camps (3-9yrs)

Endorphin Dance Rush is back with another week of dance camps! More info p.7.

Mon-Fri Aug 25- 29 CFEC
Endorphin Rush Dance \$109/5 sess

Fairies, Frogs & Dragons Camp (4-6yrs)

549788 9:15-10:30am

Frozen Ballet Dance Camp (3-5yrs)

549789 10:45am-12:00pm

Mini Hip Hop Dance Camp (3-5yrs)

549795 12:30-1:45pm

Swiftie Dance Party Camp (6-9yrs)

Taylor Swift Fans Unite! An upbeat and empowering dance camp set to 100% Taylor Swift tunes. Improve jazz technique, play interactive dance games.

549794 2:00-3:15pm

Preschoolers' Sensory Art (3.5-5yrs)

Nihan will be engaging with young artists to explore creation on a journey with their imaginations. Exploring colours, incorporating nature, textures, and repetition to create their own expressions of art making.

Tue-Fri 10:00-11:00am Aug 5-9
RAR \$60/4 sess
557661 Nihan

Explore Sensory Art (6-10yrs)

Nihan will be engaging with young artists to explore creation on a journey with their imaginations. Exploring colours, incorporating nature, textures, and repetition to create their own expressions of art making.

Tue-Fri 12:30-3:30pm Aug 5-9
RAR \$112/4 sess
557663 Nihan

Clay for Children - wheel intensive (10-14yrs)

Continue your exploration of the wheel in this weeklong program with glazing and pick up the following week. Please see online and receipt for details. Limited class size. Artist quality, food-safe materials included. You are welcome to email the instructor at [helenspaxman\(at\)yahoo.ca](mailto:helenspaxman(at)yahoo.ca) for more information.

Mon-Fri 4:00-5:30pm Jul 7-Jul 18
Rm 208 \$175/7 sess
557339 Helen

Art Detectives: Mystery in the Gallery (7-10yrs)

Grab your sketchbook and magnifying glass — it's time to solve some artful mysteries! In this 5-day art camp, young artists become detectives, exploring famous artworks, mysterious styles, and hidden stories behind the canvas.

Each day, we'll "investigate" a different artist, era, or technique —from mysterious cave paintings and ancient Egyptian symbols to the bold moves of Picasso — and then create our own imaginative artworks inspired by the clues we uncover.

Each day includes creative art projects, outdoor time, and games to keep things fun and engaging. All materials included. Please pack a nut free lunch and snack, and a water bottle. On the last day we will have an art show for families.

Mon-Fri 9:30am-3:30pm Aug 18-22
FAR \$200/5 sess
564895 Jennifer



Explore Latin American Culture (6-10yrs)

Britannia is excited to include a Latin American inspired camp in partnership with Vancouver Latin American Cultural Centre and Words in Motion Spanish Language. Explore in music, language, arts & crafts, dance, and food. We will have a few guest artists. There will be time for outdoor fun and making friends. Please pack a lunch, nut free snacks, and water.

Mon-Fri 9:30am-3:30pm Jul 21-25
Rink Mezz \$250/5 sess
551275 Words in motion

Tennis & Art Summer Camp (5-10yrs)

Registration is open and ongoing. A camp filled with the essentials of creative arts and self-motivating tennis activities. The program involves physical activity in the morning with tennis skills and drills, and continues with creative arts and games in the afternoon. Please bring a hat, water bottle, lunch, snacks and your own racquet. Meet and pick up at Garden Park Tennis Court (1851 Garden Drive).

Rain Out Policy: This program runs light rain or shine, so please show up each day. If there is inclement weather, we might need to cancel the day and the Art of Tennis staff will call you ASAP.

No sess Aug 4.

Mon-Fri 9:00am-3:30pm
\$375/5 sess \$300/4 sess*

543333 Jul 7-11
543334 Jul 14-18
543335 Jul 21-25
543336 Jul 28-Aug 1
543337 Aug 5-8*
543338 Aug 11-15
543339 Aug 18-22
543340 Aug 25-29

Offsite-Garden Park

Juan Carlos

Micro Footie Summer Camp (6-10yrs)

Registration is open and ongoing. World Cup Micro Footie is delighted to offer youth players ages 6-10 a summer soccer camp focusing on play, skills and small sided games. Set within a positive coaching environment, the Micro Footie camp will leave players feeling rejuvenated with a real sense of accomplishment with their new found skills. Camp takes place at Empire Fields, 2901 E Hastings.

The last day of the week finishes with a World Cup tournament.

Coaches: Jason Kyle, Brolin Masuhara, Talisen Kyle.

Mon-Fri 9:00am-12:00pm Jul 14-18
Offsite- Empire Field South \$195/5 sess
565988 Jason

Refund Policy for Britannia Camps:

A \$10 admin fee will be charged for each camp a refund is requested for.

Refund requests must be made a minimum of one week (seven days) prior to the start of the program. No refunds after this time.

Summer Daycamp Volunteers

Funseekers is looking for motivated youth 16yrs+ to volunteer with children 6-12yrs in a fun and supported setting. Spend the weeks swimming, doing arts & crafts, playing games, learning about children's rights, going on out-trips, and many other fun activities! Minimum 3 week commitment required. Must complete a police record check. Reference available upon completion.

Please email resume and availability to yao.zhang@vancouver.ca.

Funseekers Daycamp (6-12yrs)

Please note: All weeks are currently full. Please add yourself to the waitlist as we will offer spots as soon as they become available.

There are many activities and out-trips planned for the Summer Funseekers program! Come have fun, meet new friends, swim, learn arts and crafts, play group games, go on out-trips, and more!! Special emphasis will be placed on the introduction of the Equitas program, "Play it Fair," which is designed to promote human rights, inclusion, anti-discrimination, respect for diversity, and the peaceful conflict resolution among children.

Mon-Fri 9:00am-3:00pm \$110/5 sess
*** Mon,Wed-Fri and **Tue-Fri \$88/4 sess**

557241* Jun 30-Jul 4 (No sess Jul 1)
 557242 Jul 1-Jul 11
 557243 Jul 14-Jul 18
 557244 Jul 21-Jul 25
 557245 Jul 28-Aug 1
 557246** Aug 5-Aug 8 (No sess Aug 4)
 557247 Aug 11-Aug 15
 557248 Aug 18-Aug 22
 557249 Aug 25-Aug 29

Greenhorn Community Music Project Summer Camp (12-17yrs)

The Greenhorn Community Music Project aspires to join the creative forces of youth, professional musicians, and community members, to compose, practice, and perform a variety of musical styles in service of orchestrating social change you can dance to. Greenhorn provides this one week summer workshop series in preparation to perform at Honk! BC on Sun Jul 13 (Grandview Park) plus other dates and locations (Jul 12 and Jul 26). Free Britannia Membership required, please email brenda.koch@openairorchestra.com for more information and to register.

Mon-Fri 10:00am-2:00pm Jul 7-Jul 11
Cafeteria Free/8 sess
Brenda/Tim



Music

Piano (6yrs+) & Clarinet (10yrs+)

Continue your music studies or begin an instrument and enjoy a lifetime of making music! These lessons consider each student's development and goals. Conservatory exam preparation is available. An on-going program for Sept-June, students are ensured placement for the duration of their studies. Payment is made in advance of each set. Lesson costs shown below are for 30 min classes. 45 and 60 minutes per week are also available at the discretion of the instructor. New students may start anytime during the session. Please contact instructor before registering for lesson times, etc., at janine.oye@gmail.com. Clarinet students must be 10yrs+ and provide their own instruments. **Registration in person or by phone only, none online.**

Fri 6:15-9:00pm Jul 4-Aug 1
560364 \$140/5 sess
Sat 9:00am-4:00pm Jul 5-Aug 2
560365 \$140/5 sess
Preteen Centre Janine

Sport & Fitness

Sportball Outdoor Soccer (5-7yrs)

Kickstart your day! Sportball Outdoor Soccer programs introduce fundamental concepts of gameplay and teach the basic skills required to bend it like Beckham in a supportive, non-competitive environment. Coaches zero in on skills like throw-ins, dribbling, trapping and passing in fun, exciting, skill-focused games. Classes take place outdoors; parents are required to remain by the field for children's safety. This program is Rain or shine. Program location: Britannia Oval/Running Track - South part of field

Tue 7:00-8:00 pm Jul 8-Aug 26
Oval \$136/8 sess
560318 Sportball

Axe Capoeira - Intermediate Mini kids (5-7yrs)

Must have a minimum of 1 year consistent Capoeira experience, or permission from the school. This is an intermediate program: students should have a full knowledge of basic movements and this class will focus on more advanced movements in Capoeira, which will prepare students for the youth program.. Focus on developing rhythm, reflexes, balance, coordination and increasing strength and flexibility. *Uniform is required. \$20/drop in

Tue 6:00-6:45 pm Sun 12:00-12:45pm
560296 Jul 6-29 \$85/8 sess
560295 Aug 5-17 \$55/5 sess
CFEC Marcus

Intro to Capoeira (8yrs+)

This program is an introduction to Axe Capoeira! No previous experience needed. Classes cover all aspects of Capoeira: martial arts, dance, music, acrobatics, culture, language and more. Focus on developing the students rhythm, reflexes, balance, coordination and increasing strength and flexibility as they learn. Class does not pro-rate, monthly rate only

Mon 4:00-5:00pm Jul 2-30
Gym D \$90/5 sess
567578 Marcus



Britannia Boxing FAMILY (5yrs+)

Family Boxing sessions are for younger athletes ages 6-12 years old. Athletes under 8 must have a parent/guardian present. If parents want to participate as well, they need to register for the "regular" boxing session. Our coaches rotate around the gym, working with athletes individually to help learn the basics of boxing, including footwork, fitness, core work, flexibility and more. There might be adult boxers in the gym. We continue to have fun, inclusive, and informative boxing programs where anyone can come and learn proper techniques, hit the bags, and workout with our coaches. Boxing room is located beside Gym C.

Sat 2:00-4:00pm \$45/mo
560308 Jul 5, 12, 19, 26
560306 Aug 2, 9, 16, 23, 30
Boxing Room Jay

Preteen Camps

Preteen Adventure Camp (10-14yrs)

Spend the week out and about, discovering what Vancouver and the surrounding area has to offer. Be prepared for an action packed week of out trips, activities, and FUN.

Lunch and snack, and water must be brought daily. A hat and sunscreen are recommended for each day. Parents are required to complete weekly consent forms.

Mon, Tues, Thurs, Fri 11:00am-5:00pm
Wed 9:00am-3:00 pm
Teen Centre
\$140/5 sess *\$116/4 sessions

557251 *Jun 30-Jul 4 (No sess Jul 1)
 557252 Jul 1-Jul 11
 557253 Jul 14-Jul 18
 557254 Jul 21-Jul 25
 557255 Jul 28-Aug 1
 557256 *Aug 5-Aug 8 (No sess Aug 4)
 557257 Aug 11-Aug 15
 557258 Aug 18-Aug 22

Night Hoops Basketball Camp-Girls (11-18yrs)

Join coaches from our Night Hoops program to help improve shooting form, ball-handling skills, defensive intensity, and court awareness this summer in a fun filled, fast paced environment. Camp will include skill work, mobility training and games. Please bring a water bottle and towel, and avoid bringing any other personal items. Limited spots available. Must pre-register.

Mon-Fri 3:30-6:00pm **Aug 11-15**
Gym D **Free/5 sess**
 567640 **Night Hoops Coaches**

Preteen Volleyball Camp (Gr 8-10)

Develop and improve skills, and learn game play. Camp is designed for both beginner and players with experience.

Tue-Fri 3:30-5:30pm **Jul 22-25**
Gym C **\$40/4 sess**
 567636 **Moresports**

Greenhorn Community Music Project Summer Camp (12-17yrs)

Full details page 8.

Mon-Fri 10:00am-2:00pm **Jul 7-Jul 11**
Cafeteria **Free/8 sess**

See p.8 for Britannia Camp Refund Policy, and to check out more summer camp programs.



Youth Basketball (8-13yrs)

Drop in preteen youth basketball for all levels. Please note this is a non instructional session. Please bring your own basketball.

Fri 5:00pm-6:45pm **Jul 4-Aug 29**
Gym C **Free/9 sess**
 564152 **Coach T**

Basketball Fundamentals (8-13yrs)

Focus on Fundamentals: the primary emphasis will be age and ability appropriate skill development. This will reflect the recommendations of the National Coaching Certification Program Long-Term Athlete Development Model. Increasing skill competency increases likelihood that children will gain the confidence to continue to play and enjoy playing basketball.

Please bring a water bottle and towel, and avoid bringing any other personal items.

*No session Aug 2

Beginner (8-12yrs)
Sat 11:00am-12:15pm **Jul 5-Aug 23**
Gym D **\$49/7 sess**
 564146 **Sentheepan**

Intermediate (10-13yrs)
Sat 12:30-1:45pm **Jul 5-Aug 23**
Gym D **\$49/7 sess**
 564147 **Sentheepan**

Volleyball Fundamentals (10-13yrs)

Focus on Fundamentals: the primary emphasis will be age and ability appropriate skill development. This will reflect the recommendations of the National Coaching Certification Program Long-Term Athlete Development Model. Increasing skill competency increases likelihood that children will gain the confidence to continue to play and enjoy playing.

Please bring a water bottle and towel, and avoid bringing any other personal items.

No session Aug 4

Mon 3:30-5:30pm **Jul 7-Aug 11**
Gym C **\$45/5 sess**
 564303

3v3 Basketball (9-13yrs)

Join the 3 on 3 Basketball League at Britannia Community Centre! We are excited to launch this league to provide a fun and engaging basketball experience and a love for the game.

Benefits of Playing 3 on 3 Basketball:

1. More Touches: Each player gets more opportunities to handle the ball, shoot, and make decisions with fewer players on the court.
2. Increased Skill Development: 3 on 3 basketball enhances individual skills in shooting, dribbling, passing, and decision-making in a fast-paced and competitive environment.
3. Teamwork and Communication: Players learn the importance of communication, cooperation, and teamwork as they strategize and execute plays together.
4. Enhanced Basketball IQ: The small-sided format of 3 on 3 basketball encourages players to read the game, make quick decisions, and understand game situations.
5. Fun and Competitive: 3 on 3 basketball offers fast-paced and exciting gameplay that keeps players engaged and motivated. Registration is now open, and spaces are limited.

No session: Jul 25, Aug 4.

M/W/F 7:00-9:00pm **Jul 4-Aug 22**
Gym D **\$200/20 sess or \$12/drop-in**
 564153 **Coach Meng**

Special Events

Free Youth Swim (10-18yrs)

Contests, prizes, games and crazy stuff!!
 Every Second Friday. Be ready to go in the water by 6pm.

No swimsuit required...it's not what you're thinking...swimsuits, or clean, recently washed clothing can be worn. No shoes allowed.

Every other Friday **6:00-8:00pm**
July 4, 18, Aug 1, 15, 29
Britannia Pool **Free!**





Welcome to the Teen Centre

A place in the community dedicated to youth. All youth 13-18yrs are welcome.

Youth, volunteers and youth workers work together to plan and run programs and activities for the Teen Centre. Join our youth committee to set direction for programs.

Feel free to pick up your copy of our summer activities calendar at the Teen Centre. If you do not see what you are looking for then get involved and make it happen!

The Teen Centre is a place to:

- Meet people
- Get information or support
- Share your ideas and interests
- Have fun
- Experience new things

Find us on Facebook:

@BritanniaTeenCentre

Summer Drop-in Hours

Tue-Fri 5:00-9:00pm

Registration

Register for all Teen Centre programs at the Teen Centre. Please note: A signed parent consent form is required for many of our programs. For more information, call 604 718 5828.

Staff

Youth Programmer:

Tom Higashio 604 718 5826
tom.higashio@vancouver.ca

Latin American Youth Worker:

Manuel Gamas 604 787 9251

Teen Centre Staff:

Anna, Barry, Kristin, Ricky, Tiana, Jas, Marni, Trevor, Advienne and Jenny..

Social Development

Britannia Youth Committee

We are looking for youth who want to be involved! Give back to the community, initiate and follow through on community programs and projects. Contact Tom at 604.718.5826 for more info.

Queer Youth Drop-in (11-16yrs)

A safe and inclusive space for 2SLGBTQIA+, questioning or unlabelled youth ages 11-16 to authentically be themselves.

Together, we'll co-create a space to share our experiences, learn from each other and have fun! Drop in any time – snacks will be provided!

Contact Khai at khai.truong@vancouver.ca for location information, more info or to discuss any access needs.

Sat 2:00-4:00pm Free

First Friends

For youth new to Canada and youth that are interested in helping others settle into Vancouver. The program will provide social and recreational opportunities as well as deal with current issues, provide job skill training, and certifications. There may be some minor fees for out trips and special workshops. To register and for more details, call 604 787 9251.

Sat 1:30-5:30pm Free



Latin Cooking (11-18yrs)

Learn to cook food from various Latin American countries. Quieres aprender a cocinar comida de varios países Latinos. Participants will also learn how to make healthier food choices and to shop on a low budget. Ven y aprende como escoger productos que sean saludables y aprende a gastar menos.

Thu 4:30-8:00pm Jul 3-Aug 28
Al Mattison Lounge Free

Sports

Indoor Soccer (11-16yrs)

Free soccer for youth (with high school ID). New players welcome! Come have fun and practice your soccer skills. Please bring your own water bottle.

Fútbol de salón Martes de 5:00 a 7:30 pm.
Fechas: Jul 8- Aug 26.

Tue 5:00-7:30pm Jul 8-Aug 26
Gym D Free
564148 Manny



Archery - Beginner (12-18yrs)

Introduction to archery, including history and trying a variety of different bows. Emphasis will be on individual skill development. Coaches and participants will maintain social distancing, and promote hand washing or hand sanitization before, during and after the program. After the session, staff will disinfect the sporting equipment. Please bring a water bottle and towel, and avoid bringing any other personal items.

*No session Aug 2

Sat 2:00-3:30pm Jul 5-Aug 23
Gym C \$42/6 sess
564144 Bernice

Archery - Intermediate (12-18yrs)

Must have completed the Beginner session and received approval from Coach Bernice to register for Intermediate

Continuation of the Introduction to archery class, including history and trying a variety of different bows. Emphasis will be on individual skill development. Coaches and participants will maintain social distancing, and promote hand washing or hand sanitization before, during and after the program. After the session, staff will disinfect the sporting equipment. Please bring a water bottle and towel, and avoid bringing any other personal items.

*No session Aug 2

Sat 3:45-5:00pm Jul 5-Aug 23
Gym C \$42/6 sess
564145 Bernice

Youth Fitness Bootcamp (13-18yrs)

This fitness program provides a progression of athletic and fitness development that coincides with maturity and physical literacy. A base level of fitness and fundamental movement is developed as the athletes appreciate exercise as a lifestyle. Basic movements, balance and coordination are developed as coaches use games, relays and drills with a focus on high energy and fun. As the comfort level increases they will work on strength and speed while maintaining a high level of conditioning. Coaches will teach and challenge in order to make each child/youth develop more confidence in their abilities. Please bring a water bottle and towel, and avoid bringing any other personal items.

Mon-Fri 4:00-6:00pm **Aug 18-22**
Gym C \$50/5 sess
567572 Game Ready

Adapted Fitness Boxing (13-18yrs)

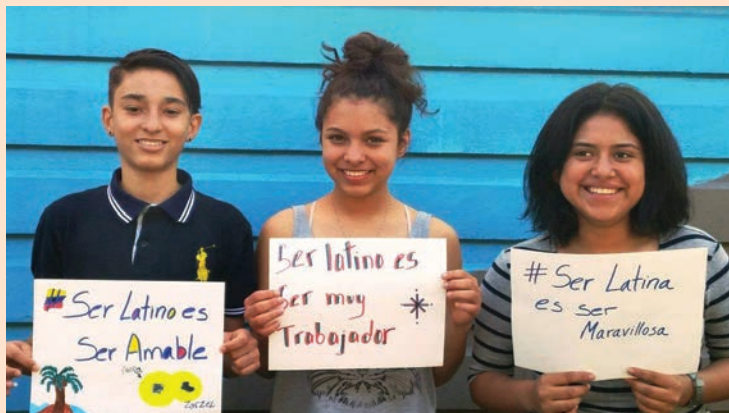
This class for neurodiverse youth will teach the basics of punching and footwork of boxing, which is fun and fosters confidence and body awareness. Boxing is excellent practice for coordination and overall movement literacy. Some kids learn to discover their strength, some to regulate their strength. One to one support is not provided in this class and the ratio is 1 instructor for up to 5 youth. This is a non-contact class. Equipment is provided. Please bring your own towel and water bottle. Boxing room is located beside Gym C.

Thurs 7:15-8:15pm **Jul 3-Aug 21**
Boxing Room \$80/8 sess
564304 Jay

Axe Capoeira - Youth (7-15yrs)

Students enrolled in this class must have a minimum of 1 year consistent Capoeira experience, or permission from the school! Please note, this is not an introductory class, students are expected to execute all basic movements of Capoeira. Classes cover all aspects of Capoeira: martial arts, dance, music, acrobatics, culture, language. Classes focus on developing rhythm, reflexes, balance, coordination, strength, flexibility. Unlimited participation in training, dance and music classes. *Uniform is required to join class. Class does not pro-rate, monthly rate only, \$20/drop in

Mon Wed 5:00-6:00pm
560298 Jul 2-30 \$105/9 sess
560297 Aug 6-18 \$65/6 sess
Gym D/CFEC Marcus



Latin American Youth Program / Programa Juvenil Latinoamericano

The Latin American Youth Program (LAYP) offers cultural and recreational activities for Latinx youth ages 13-18yrs. These activities range from organized recreational programs to advocacy and referral services. For more information and to register, please contact the Latin American Youth Worker at 604 787 9251.

El Programa de Jóvenes Latinoamericanos ofrece actividades culturales y recreativas para jóvenes de 13 a 18 años. Estas actividades incluyen programas recreativos, servicios de abogacía y referencia. Para obtener más información llama al 604 787 9251.

Grupo de Amigos / Friends First Program (13-18yrs)

¡Conoce a jóvenes de tu edad y aprende al mismo tiempo! Este programa brinda actividades sociales, recreativas y educativas. Nos reunimos los días sábados. Para registrarse y obtener más detalles, llama al 604 787 9251. Se requieren formularios de consentimiento para participar en las salidas. Subsidios disponibles para todas las actividades. Los espacios son limitados, y el registro es necesario.

Make new friends and learn new skills! This program provides social, recreational, and educational activities. We meet every Saturday. To register and for more details, call 604 787 9251. Consent forms are required to participate in the outings. Subsidies are available for all activities. Spaces are limited; registration is required.

Sat/Sáb 1:00-5:00pm **Jul 12-Aug 30**
Teen Centre Free/Gratis

Fútbol Sala Mixto / Co-ed Indoor Soccer (13-18yrs)

Fútbol para jóvenes (con identificación escolar). ¡Nuevos jugadores son Bienvenidos!
 Free soccer for youth (with high school ID). New players welcome!

Tue/Mar 6:00-8:00pm **Jul 2-Aug 27**
Gym D/Gim D Free/Gratis
564148

Cocina Latinoamericana / Latin Cooking (13-18yrs)

¿Quieres aprender a cocinar comida de diferentes países de América Latina? ¡Ven, comparte tus platos favoritos y aprende nuevas recetas! También aprenderás a elegir alimentos más nutritivos y económicos.

Do you want to learn how to cook food from different Latin American countries? Come share your favorite dishes and learn new recipes! You will also learn how to choose foods that are more nutritious and shop on budget.

Thu/Jue 5:00-7:00pm **Jul 17-Aug 28**
55+ Centre Free/Gratis

Comité de Juventud Latinoamericana / Latin American Youth Committee (13-18yrs)

Buscamos jóvenes que estén interesados en iniciar nuevos programas y actividades para nuestra comunidad. Si desea apoyar a nuestra comunidad, iniciar nuevos proyectos y eventos, llama al 604 787 9251. Nos reunimos el primer miércoles de cada mes de 4:00-5:00pm.

We are looking for young people who are interested in starting new programs and activities for our community. If you want to support our community, start new projects and events, please contact 604 787 9251. We meet on the first Wednesday of each month from 4:00-5:00pm.

Leisure Access Program

Leisure Access Program (LAP)

The Leisure Access Program provides City of Vancouver residents with low-income access to programs and services, at a reduced cost. These services are available at pools, rinks, and participating fitness centres and community centres.

For full program details and more information about how to apply, please visit: vancouver.ca/leisureaccess

Get a Leisure Access Pass at a Park Board community centre if you qualify:

1. You receive income assistance or specific provincial or federal subsidies, such as:
 - you have a red compass card (BC bus pass) or Guaranteed Income Supplement (GIS) confirmation letter;
 - you received income assistance from the Ministry of Social Development and Poverty Reduction or social service assistance from a recognized Vancouver agency or organization; or
2. You are a client of a non-profit or government agency that can refer you. Ensure you have a signed and dated Third Party Referral prior to going to a Park Board community centre. Includes asylum seekers and temporary foreign workers.

Submit a Leisure Access Pass application if you qualify for one of the following options:

3. Self-Refer

You are a resident with low-income, but do not receive income assistance or support from a non-profit or government agency. To be eligible, **family combined net income on line 23600 of your "Proof of Income Statement" (not Notice of Assessment) is at or below eligibility threshold below.

Family size	1	2	3	4	5	6	7
Net income	\$37,871	\$53,557	\$65,594	\$75,742	\$84,682	\$92,764	\$100,196

4. Child Disability Benefit (CDB)

You are a family with a child, up to 17 years old, with a disability and qualify for the Child Disability Benefit.

5. Disability Tax Credit (DTC)

If you, your spouse, or dependant, age 18 and older, qualify for the Disability Tax Credit and your family

6. Employment Insurance (EI)

You are receiving Employment Insurance benefits in 2024-2025

LAP Benefits

- Free public swims and public skates (and skate rentals), and 50% subsidy to group swim and skate lessons.
- 50% subsidy for fitness centre drop-in (age restrictions vary by facility).
- 50% subsidy for Flexipasses.
- 50% subsidy to community centre programs (at participating centres, including Britannia).
- One free visit to the Vancouver Aquarium and unlimited 50% admission discount.
- Unlimited 50% admission discount to Playland and PNE.

A complete list of subsidized recreation programs and other services can be found at:

vancouver.ca/leisureaccess

Low Barrier 2STGD Referrals

The Queer Inclusion Team at the Vancouver Board of Parks and Recreation offers low barrier, 3rd party referrals for Two-Spirit, trans, or gender diverse (2STGD) Vancouver residents who face financial barriers to recreation.

E-mail 2STGD@vancouver.ca to apply.

For more information about 2STGD programs and inclusion, see page 7.



Check out our weekly programs and activities for 2STGD and 2SLGBTQIA+ folks of all ages.

vancouver.ca/park-board-pride



FREE Swims at Britannia Pool

Alternating FREE Members & FREE Youth Swims on Friday nights from 6:00-8:00pm. Check out more Britannia Pool info on p.20.

Free Members Swim

Free family-friendly swims every Tuesday, and every other Friday for Britannia members.

Tue	2:00-4:00pm	Ongoing
Fri	6:00-8:00pm	Jun 13, 27, Jul 11, 25 Aug 8, 22, Sep 5

Free Youth Swim (10-18yrs)

Britannia's youth-only swim time, every other Friday. Contests, prizes, games and fun staff! Swim lessons are available to interested youth for the first 30 minutes; work on skills or improve your swimming abilities.

Fri	6:00-8:00pm	Jun 6, 20, Jul 4, 18
Britannia Pool		Aug 1, 15, 29

Food Security & Volunteer

GWFC Programs



GRANDVIEW WOODLAND
FOOD CONNECTION

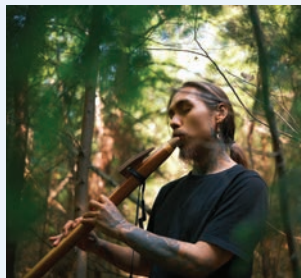
The Grandview Woodland Food Connection provides a broad spectrum of food security programs that connect and strengthen the community. We work towards a community-based, accessible, just, decolonized, and sustainable local food system. To get involved, email gwfcnetwork@gmail.com or visit:

gwfoodconnection.com



Britannia Bulk Buy Food Club

Interested in fresh and healthy food at wholesale prices? Once a month, you can purchase a \$15 bag of assorted produce at Britannia. Buying with your neighbours can help you save up to 40% on your food bill. You get 10-14 varieties of fruits and vegetables, plus access to supplemental donations. For low income folks in the Grandview Woodland and Strathcona neighbourhoods. No proof of income needed. Email bbbfclub@gmail.com or call 604 718 5895 for more info or to be added to the waitlist.



Welcome Dominic!

Hi! My name is Dominic and I am excited to be Britannia's šxwq'eləwən gardener!

I am part of the Haisla & Kitaso Xai'xais nations of the Great Bear Rainforest of BC. I was raised in Klemtu and Vancouver, always having a deep connection with the land.

I have a profound respect for the land, its teachings, and the ways in which it nourishes both the body and spirit.

My creative outlets are music, photography, and videography.

I live an organic, vegan lifestyle, which deepens my connection to the land and my understanding of food as medicine.

I can't wait to meet everyone!

Nature's Helpers: Join Our Volunteer Garden Crew (12yrs+)



Did you know that the Community Centre gardens are 65% volunteer run? Let's cultivate community in the garden. Join our Work Parties every bloomin' Sunday with Dominic. We meet in the Nexwáys wa lh7áynexw (Transformed Life Garden) or šxwq'eləwən ct (One Heart One Mind Garden) This is experiential hands-on learning; planting, watering, weeding, and harvesting as we care for the gardens. You will also be first to hear of our upcoming Sunday Skill Sharing Parties where we learn and work. These are free and open to all, so bring your friends! Enjoy the fruits of your labor as we learn together.

All are welcome, rain or shine! No registration required—simply show up with enthusiasm and a green thumb.

For more information, please email Ruth Elizabeth at gwfcnetwork@gmail.com or call 604-718-5895. No sess on Aug 3, 31.

Sun 10:00am-1:00pm Jul 6-Aug 24

Transformed Life Garden Free

Community Kitchen

Tired of cooking alone? Come and cook with us!! On Friday, we will meet at the 55+ Centre, and then walk down to the Mary Jo Garden and harvest veggies from the garden. Marni will then guide us through a few light summer recipes that are inspired by our harvest. Once we have finished cooking, you can either eat with us or bring your food home. Registration required. Please BYO reusable containers if you can – or borrow some to return later!

Fri 3:00-6:00pm Aug 1
55+ Centre \$5/1sess
567819 Marni

Get involved – Volunteer!

Did you know that there are over 300 active volunteers at Britannia? Many of our programs are run by volunteers or enhanced with volunteer support.

Volunteers play an important role in our community. You see them in our 15 active committees (such as the Planning and Development committee that is working hard to reshape the future of Britannia). You see them on soccer fields teaching kids about active lifestyles. You see them in the kitchen cooking heart-warming food, in our awesome child care programs, and all over the site.

Do you see yourself here? Complete an application and explore our volunteer roles at:

britanniacentre.org/volunteer



Fun Bike Rides (19yrs+)



Join other Britannia volunteers and community members for a fun bike ride around Vancouver. We will leave from Britannia and explore local favourite bike trails at a leisurely pace. Participants should be confident riding approximately 30 kilometers. Waivers and release forms need to be signed prior to the rides.

To receive the updated list of our upcoming rides and sign up, please email to britanniavolunteer+rides@gmail.com along with your contact information.

Special Event Volunteers Needed

We are looking for special event volunteers to help us with community events. Special Event Volunteers assist on the event day for set-up, guest assistance, greeting, the zero waste station, and event take-down.

If you have any questions, please contact yao.zhang@vancouver.ca or call 604 718 5860. If you are interested in signing up, please fill out an application at:

britanniacentre.org/volunteer

Arts

Working With Cement - Cement Bowl (16yrs+)

Cement is both an easy and challenging medium to use to make useful homeware to beautify your home or garden. This course will teach some techniques and handy tricks to make your own cement bowl. From choosing your mold, mixing and pouring your concrete, curing and sealing, Karine Zamor (The Cement Lady) will show you a window to her passion. And each student will have a lovely bowl they made to take home.

Sat 2:00-4:00pm Jul 12-Jul 19
Rink Mezz \$94.50/2 sess
560371 Karine

Pottery - Wheel Intensive (16yrs+)

Further develop your wheel-throwing skills with Helen Spaxman in this class of 4 evenings of throwing and manipulating objects from the potter's wheel. Come back twice, as scheduled, the following week to glaze and to pick up your work. You are welcome to email the instructor at [helenspaxman\(at\)yahoo.ca](mailto:helenspaxman(at)yahoo.ca) for more information.

Tue-Fri 6:30-9:00pm Jul 8-Jul 18
Rm 208 \$264/6 sess
557326 Helen



Workshops

Free workshops to enjoy on select Britannia Plaza Market days!

These workshops are subsidized by the Britannia Arts & Culture Committee. All supplies are included. Outside in the Plaza or inside the 55+ Centre if raining.

See full workshop details on p.4.

Glass Painting

Fri 2:00-4:00pm Jul 11
567559 Tanya



Zine and Collage Making

Fri 2:00-4:00pm Aug 8
567562 Paddi



Dance

Salsa Cubana & Rueda De Casino

Singles and couples welcome. Upon completion of each program, the instructor will assess the student's level and determine if they can move up to the next level.

Beginner (19yrs+)

No experience necessary. This is your introduction to Cuban Salsa! We will start with the basic steps, at first in a line and then in a circle-formation known as a Rueda. We will progress from passing followers from one leader to the next, to turns and moves such as Vacilala, Casate, Sombrero, etc.

Wed 7:45-9:15pm Jul 2-Aug 20
CFEC \$173/8 sess
560368 Carlos

Beginner/Intermediate (19yrs+)

We will continue where we left off in the Beginner class and will add more moves, such as La Ye Simple, La Ye, Sombrero Complicado, Tornillo, Pelota, Setenta, etc.

Tue 7:30-9:00pm Jul 8-Aug 26
Gym C \$173/8 sess
560369 Carlos

Intermediate (19yrs+)

We will review the moves learnt in the Beginner/Intermediate class and learn new moves! No class Aug 4.

Mon 7:30-9:00pm Jul 7-Aug 25
Gym C \$150/7 sess
560370 Carlos

Advanced (19yrs+)

In this class, you will learn complex variations of Caramelo, Malanga, Camina, A lo Cubano, Setenta y Virate, etc. as well as moves involving two couples. Pre-requisite: Previous experience, successfully completed Intermediate Salsa Cubana Rueda class, and consultation with the instructor before beginning the course.

Thu 7:30-9:00pm Jul 3-Aug 21
CFEC \$173/8 sess
560367 Carlos

Music

Carnival Band (all ages)



Looking for an excuse to dust off that horn (clarinet, glockenspiel...) in the back of your closet, dress up and play in the street? Looking for a way to bring a little music and colour to your community? The Open Air Orchestra Society invites you to our street band workshops, led by the incomparable Ross Barrett, Tim Sars, and various guest instructors. All levels/ages welcome; stop by just to listen and dance if you like! Suggested donation is one hour's wage per month or \$5 pay-what-you-can. Britannia Membership required. For more information and to book the band: bookings@thecarnivalband.com. No workshop Aug 5.

Mon 7:00-9:30pm Jul 7-Aug 25
Carving Pavillion by donation/8 sess
560352 Tim/Ross

Aerobics

Salsa Fit (18yrs+)

Drop-in program only, no registration. We have 50 drop in spots for this program. An energizing cardio combining Hi/Lo impact aerobics with a fun salsa flare! Includes muscular strength component and stretching. Purchase drop in tickets at pool office, \$7 drop-in or \$50/10 tickets. Drop In Procedure: Sign up at the Britannia Pool at 8:30am on the day of the program. Then you either pay the drop in rate or if you have a strip ticket, give it to Denise at the class. Then have a ton of fun working out with us!

Sa 9:30-10:30am Jul 5-Jul 26
Gym C \$7/sess
560314 Denise



Zumba (18yrs+)

ZUMBA® fuses Latin rhythms and easy to follow moves to create a dynamic workout system designed for everyone at any fitness level. Using fitness principles of interval and resistance training to maximize total body toning. It combines Salsa, Cumbia, Merengue, and more, giving you a feel-good workout that is great for both the body and the mind. www.zumbavancouver.ca. \$14/drop-in. No class Aug 4.

Mon 6:00-7:00pm Jul 7-Aug 11
Gym C \$65.63/5 sess
560325 Eric

Adults

Physical Activity Circuit Training (18yrs+)

This program is designed for individuals seeking a dynamic and effective workout experience through circuit training. This type of training involves moving through a series of exercises in stations and repeat them for a specific number of times, with brief periods of rest in between. It's an excellent way to improve overall fitness, strength and endurance. \$7 drop/in

Sat 7:15-8:15am Jul 5-Aug 23
Gym C \$50.40/8 sess
560309 Miguel

Iyengar Yoga - Level 1 and 2 (18yrs+)

Our regular instructor Claudia MacDonald has invited colleagues Bridget Donald and Brian Hogenkamp to teach our summer Iyengar Yoga program/ class. Both are experienced, knowledgeable and also teach regular community centre Iyengar Yoga classes. Physically energizing, deeply relaxing and emotionally uplifting, this program offers instruction in classical yoga with an emphasis on self-awareness and development of strength, stamina, flexibility, balance, body awareness, postural alignment and relaxation. It accommodates all levels of fitness and ability and is taught with clarity, creativity, attention to detail and sensitivity to individual needs, in an atmosphere of respect, compassion and humour. Safety, back and joint care will be addressed. \$25/drop in. Your own mat and equipment is optional; we have mats and equipment you can use. For information or questions, contact claudiamacyoga@gmail.com

Thu 5:30-7:00pm Jul 3-Aug 7
CFEC \$132.60/6 sess
560310 Bridget or Brian

Yogaflex (18yrs+)

This flowing yogaflex class will focus on core strength and how to get connected with it. The core work will be incorporated into yoga postures. This class ends with deep stretching and relaxation. You will leave feeling supple and strong. Please visit www.yogawithalex.ca for more information. Please bring your own mat to this class. \$15/drop-in. No class Aug 3

Sun 10:15-11:15am Jul 20-Aug 17
CFEC \$54.60/4 sess
562754 Alex

Leisure Access Program (LAP)

The Leisure Access Program (LAP) provides City of Vancouver residents facing financial barriers access to Park Board programs and services office at its pools, rinks, participating fitness centres and community centres (including Britannia) at a reduced cost. For more information on qualifications for the program please see p.13, or to learn full LAP details, please visit: vancouver.ca/leisureaccess

Axe Capoeira - Adult (16yrs+)

This class is a mixed level class and is open to all levels. Beginner, intermediate and advanced students are welcome to join the class. Classes cover all aspects of Capoeira: martial arts, dance, music, acrobatics, culture, language. Classes focus on developing rhythm, reflexes, balance, coordination, strength, flexibility. Unlimited participation in training, dance and music classes. *Uniform is required after 1 month to join class. Class does not pro-rate, monthly rate only. \$20/drop in

Mon Wed Fri 6:15-7:30pm
560292 Jul 2-30 \$131.25/month
560291 Aug 6-18 \$78.75/month
Gym D/CFEC Marcus



Ki Aikido (18yrs+)

Aikido is "The Art of Peace", originally from Japan. In Ki Aikido, we emphasize the awareness and use of Ki (mind energy, intention). We start a typical class by practicing Ki Development exercises to learn the feeling of Coordination of Mind and Body, for relaxed, efficient, yet powerful movement, in aikido or in daily life. By practicing Coordination, we begin to understand what Ki feels like. Then we practice Ki Aikido exercises using a controlled and choreographed attack from a partner, so we can learn to sense our partner's Ki, blend with it and redirect it so that their movement follows. The exercises teach us how to apply the principle of non-dissention to transform potential conflict into a peaceful resolution. Suitable for adults for all ages and levels of physical ability. Beginners may try a free General class anytime. The High Grade class is for 1st Kyu or more advanced students. \$10/drop-in

Wed 7:30-9:30pm Jul 9-Aug 6
Mat Room \$31.5/5 sess
560311 Louis

Ki Aikido - High Grade (18yrs+)

1st Kyu or more advanced students. Aikido is "The Art of Peace", originally from Japan. In Ki Aikido, we emphasize the awareness and use of Ki (mind energy, intention). We start a typical class by practicing Ki Development exercises to learn the feeling of Coordination of Mind and Body, for relaxed, efficient, yet powerful movement, in aikido or in daily life. By practicing Coordination, we begin to understand what Ki feels like. Then we practice Ki Aikido exercises using a controlled and choreographed attack from a partner, so we can learn to sense our partner's Ki, blend with it and redirect it so that their movement follows. The exercises teach us how to apply the principle of non-dissention to transform potential conflict into a peaceful resolution. Suitable for adults for all ages and levels of physical ability. Beginners may try a free General class anytime. The High Grade class is for 1st Kyu or more advanced students. \$6/drop-in.

Mon 5:45-7:45 pm Jul 7-21
Mat Room \$15.75/3 sess
560312 Emily

Ki Aikido - Women, Trans and/or Non-Binary - Intro Class (14yrs+)

This class is queer positive and open to self-identified women, trans folk, Two Spirit and/or gender diverse individuals. Come give the Art of Peace a try in a supportive learning environment! Looking for an embodied practice that helps you deal with the stresses of your daily life? Try Ki Aikido, a non-competitive practice that promotes positive well-being and helps develop calmness, stability and confidence. Improve your mind-body connection, stay relaxed and centered under pressure, and work with connection and energy to flow in dynamic movements with partners. Suitable for all ages and levels of physical ability. Try one free session anytime. www.canadiankifederation.org. \$8/Drop in. No class Jul 30, Aug 6.

Wed 5:45 pm-7:00 pm Jul 2-Aug 20
Mat Room \$37.80/6 sess
560313 Emily





Traditional Kung Fu

This Northern Shaolin Style class will teach you traditional forms, weapon forms, sparring and self-defense. It will help you gain physical and mental strength, develop self-confidence and discipline. Membership fee of \$4 per month for the Northern Shaolin Lung chi Cheung Association is included in the fee. Classes run Monday and Fridays. Students must be able to attend Monday and Friday classes regularly. No class Aug 4.

Beginner (6yrs+)

Mon Fri 4:30-5:45pm **Jul 4-Aug 8**
CFEC **\$148/10 sess**
560321 Marquis

Intermediate (6yrs+)

Mon Fri 4:30-6:15 pm **Jul 4-Aug 8**
CFEC **\$158/10 sess**
560322 Marquis

Advanced (6yrs+)

Mon Fri 4:30-6:30 pm **Jul 4-Aug 8**
CFEC **\$168/10 sess**
564900 Marquis

Taijiquan (Tai Chi) (18yrs+)

Discover the art of Chen Style Taijiquan in this dynamic and meditative class. Rooted in traditional martial arts, Chen Taijiquan emphasizes fluid movements, internal energy cultivation, and balance. Participants will also explore Yiquan (mind-intent training), Zhan Zhuang (standing meditation for inner strength and focus), and Tui Shou (partner work to improve sensitivity and responsiveness), providing a well-rounded experience of Tai Chi principles. \$35/Drop In

Tue 6:00-9:00pm **Jul 8-Aug 26**
Mat Room **\$210/8 sess**
562761 Alex

Sports

Britannia Boxing (13yrs+)

The Britannia Boxing Club is ready for all of your recreational boxing needs! New bags, gloves, portable ring, and more, await you in our boxing gym! Come and visit our wonderful and experienced coaches and learn new skills; I bet you will break a sweat, but you would be working at your own pace. You can stay as long, or short, as you would like. We continue to have fun, inclusive, and informative boxing programs where anyone can come and learn proper techniques, hit the bags, and workout with our coaches. Classes unlimited. Come train as many times as you like! Boxing room is located beside Gym C. NOTE: First time participants, pay \$15 drop-in. After this, participants will be expected to pay the month fee. Fees do not pro-rate.

Mon-Fri 5:00-7:00pm **Sat 2:00-4:00pm**
560307 Jul 2-31 **\$99.75/month**
560305 Aug 1-30 **\$99.75/month**
Boxing Room Jay

Badminton (18yrs+)

Come play some badminton with us. Singles if it is slow, otherwise doubles. Rotate after your game to get a short break, then more action! Total 30 spaces available (registered and drop in). \$8 drop-in if space is available.

Fri 7:00-9:45 pm **Jul 4-Aug 22**
Gym C **\$58.80/8 sess**
560299 Allen



Basketball (18yrs+)

Come get your sweat on with our 5 on 5 full court basketball game. First to 15 points, then rotate. 15 players maximum. No drop ins. No class Aug 3.

Sun 2:00-4:00pm **Jul 6-Aug 31**
Gym C **\$58.80/8 sess**
560304 Edmond

Ball Hockey - Men (40yrs+)

This is a no-body contact, recreational hockey program. Rough play will not be tolerated. No league players. No drop-ins.

Sun 6:45-8:45pm **Jul 6-Aug 31**
Gym D **\$66.15/9 sess**
560303 Edwin

Thu 8:30-10:00pm **Jul 3-Aug 28**
Gym D **\$66.15/9 sess**
564901 Edwin



Volleyball - Advanced (18yrs+)

Friday Advanced Volleyball with 5-1, 6-2 format system play is geared towards intermediate and advanced players as this program is based on a higher level of play. The instructor reserves the right to ensure a player's skill level meets the needs of the program or suggest a different program for them. Efforts towards making fair balanced teams to have fun, experienced system rallies rather than quick side outs. Please join if you absolutely have knowledge of the system format. Register for this program to guarantee a spot to play every week. A total of 25 registered spots and 4 spots weekly are drop in only. \$9/drop-in. Registered players cannot give their spot away. Teams are allowed to stay together ONLY if there are sufficient players in the program. The final decision is up to the organizer. No class Aug 1.

Fri 7:00-10:00pm **Jul 4-Aug 15**
Gym A/B **\$56.7/6 sess**
560323 Millin

Sports Drop in Rules

NEW

Lottery system

30 minutes before the program starts, at the Pool Office, players can put their name into a randomized draw for the possible drop in spot.

Add your name to the draw with the cashier. One name per person, per day, in person only

15 minutes AFTER the program starts, the lottery draw begins, drawing names to fill the number of drop-in spots that day. Drop-ins must be in person for the draw.

55+ Older Active Adults

Welcome to the 55+ Centre

Folks are welcome for drop-in for social programs, events and classes. For more information, drop in for a visit, or check out our programs online at britanniacentre.org/55plus

Registration for 55+ Programs

Registration opens on Tuesday, June 10 at 7:00pm (online and in-person only), and by phone on June 11 at 9:00am.

604 718 5800 (1)

vanrec.ca



Drop-in Hours

Mon 10:00am-5:00pm
Wed 1:00-5:00pm
Thu 10:00am-4:00pm
Fri 1:30-5:00pm

* Drop-in times may change with special programming

Staff

Anne Cowan anne.cowan@vancouver.ca
Kya Prince kya.prince@vancouver.ca
604 718 5837

Vietnamese Seniors Program

Luong Ho luong.ho@vancouver.ca
604 718 5818

Vietnamese Program / Chương Trình Cao Niên Việt Nam

This program provides settlement services, and educational and informative workshops about federal and provincial programs for Vietnamese seniors. It also raises awareness of issues impacting seniors as well as providing advocacy, information about legal issues, safety, and support resources. If you have any questions, please contact Luong Ho at 604.718.5818 or luong.ho@vancouver.ca.

Cung cấp miễn phí tất cả các dịch vụ hỗ trợ cho cao niên Việt Nam về những chương trình trợ cấp của chính phủ liên bang và tỉnh bang. Bao gồm tiền già (OAS) tiền phụ cấp (GIS), nhà cửa (BC Housing), phụ cấp tiền nhà cho cao niên (SAFER), thẻ xe bus (Bus Pass), thẻ bơi (OneCard). Chương trình cao niên Việt Nam họp mặt vào mỗi ngày thứ ba hằng tuần từ 9:00 sáng đến 3:00 giờ chiều tại Nhà Cao Niên của Trung Tâm Britannia. Chương trình tạo điều kiện cho các cao niên Việt Nam gặp gỡ chia sẻ và hỗ trợ tinh thần, tham dự những buổi nói chuyện phổ biến những thông tin mới về quyền lợi và sức khỏe dành cho cao niên; tổ chức các chương trình vui chơi, du ngoạn... Để biết thêm chi tiết, xin gọi Luong Ho 604.718.5818.

Tue 9:00am-2:00pm Ongoing 55+ Centre Free drop-in

Vietnamese Line Dancing (55yrs+)

Lớp Line Dancing được tổ chức với cơ quan REACH. Dành cho quý vị tuổi từ 55+ tham dự. Lớp hướng dẫn các điệu nhảy nhẹ nhàng và vui nhộn. Tạo điều kiện tập luyện sự thăng bằng và dẻo dai cho cơ thể. Yêu cầu ghi danh tham dự.

Fri 9:00am-12:00pm Jul 5-Aug 30 CFEC Free

Seniors, Elders and Advocates (SEA) Committee

Note: New day & time! What's relevant to Seniors and Elders in our Britannia Community. Programs, events and needs of Older Adults at Britannia are guided by the SEA Committee (Seniors, Elders and Advocates). Staff work with the Committee to ensure the 55+ programs and resources are relevant and what the community wants and needs. If you're interested please join us, we welcome new members!

Thu 11:00am-12:00pm
Next meeting will be Sep 11
55+ Centre



Extreme Heat Preparedness Support

Britannia Community Centre works with the City of Vancouver and local community partners to support heat-vulnerable community members. This summer, workshops will include Heat Safety and Wildfire Smoke Information. We'll be giving out free Cool Kits, and sharing resources for extreme heat emergency planning. Stay tuned—dates to be announced at britanniacentre.org, on social media @BritanniaCentre, or call 55+ Centre staff at 604 718 5837.



Partnership Programs

ESL Social

Adults and Seniors welcome to join the VPL English Conversation Social every Tuesday afternoon in the 55+ Centre. Drop-In, no registration required

Tue 2:30-4:00pm Jul 8-Aug 12
55+ Centre Free

Book Club VPL 55+ Partnership

Drop-in for a cup of tea or coffee, crafting, speakers and an afternoon social. First session, "Bring a Book"

Wed 2:00-4:00pm Jul 2, Aug 6
55+ Centre Free
Drop-in/Ongoing

55+ Older Active Adults

SOCIAL

Indigenous Elders Corner



Indigenous Elders meeting together the first and third Monday in the 55+ Centre. A time and place to connect with your Indigenous peers in the 55+ Centre. A place to share a cup of tea, maybe laughter. A place to support and celebrate one another. Please register or drop-in if that's easier.

Mon 2:00-4:00pm **Jul 7, 21 Aug 4, 18**
55+ Centre **Free**
564123

Weaving Community Together Thursdays



The 55+ Centre hosts gatherings every Thursday beginning with a lunch. We will be joined by local knowledge keepers at 1:00pm. Everyone is welcome. It's a time for cultural crafts, sharing circles, and learning from one another.

Thurs 1:00-4:00pm **Jul 3- Aug 28**
55+ Centre



Ruby Harry

Date	Session
Jul 3	Beaded Wind Chimes with Jessica Wismer
Jul 10	War Bonnets with Ruby Harry
Jul 17	Hand Sewn Drum Bags with Jessica Wismer
Jul 24	Mini Drum Sticks with Ruby Harry
Jul 31	BINGO!
Aug 7	Arts & Culture with Josiah Amaya
Aug 14	Arts & Culture with Josiah Amaya
Aug 21	Pizza Party with Emile Mahseredjian
Aug 28	BINGO!

Summer Lunches (55yrs +)

Join us for light summer lunches at 12noon in the 55+ Centre. Enjoy lunch and dessert with endless tea, coffee and ice-water. Drop-in, no registration necessary.

Mon 12:00-1:00pm **Jul 7-Aug 25**
55+ Centre **\$3.50/drop-in**
564082

Craft Collective (55yrs+)



If you love crafting, please bring your own craft and ideas to share on 2nd and 4th Monday in the 55+ Centre. Everyone is welcome.

Included on the second Monday of the month, this committee may conduct a formal meeting.

Mon 1:30-4:30pm **Jul 14, 28 Aug 11, 25**
55+ Centre **Free**
564075



Bingo



By popular demand Wednesday BINGO in the 55+ Centre. We play for fun and some prizes. Everyone welcome, refreshments available.

Wed 2:00-4:00pm **Jul 9, Aug 13**
55+ Centre **Free**
564070

Quirk-e



Quirk-e is the Queer Imaging and Riting Kollektive for Elders experimenting with language, printed text, graphics, digital imagery, spoken word, and performance. We meet every Wednesday online. If you're interested in becoming part of our group please call Anne or Kya at the 55+ Centre 604.718.5837 for more information.

Wed 1:00-3:30pm **Ongoing/ Online**
55+ Centre **In-person Jul 23, Aug 26**
535728



DANCE

Line Dancing

This class is filled with fun, light musical movements, lots of laughs and is a great way to exercise and socialize.

Tue 1:00-3:00pm **Jul 8-Aug 19**
CFEC **\$20/Season**
564080 **Volunteer**

Chinese Folk Dance

Traditional Chinese Folk Dancing lessons. Everyone is welcome! No drop-in. This class is taught in English and Chinese.

Thur 9:00am-11:00pm **Jul 3-Aug 21**
CFEC **\$20/Season**
564073 **Volunteer**

Classical Chinese Dance

Classical Chinese dance uses body language to express many graceful movements to music. This is a great way to enjoy music, exercise and learn Chinese culture!

Sun 2:00-4:00pm **Jul 6- Aug 31**
CFEC **\$20/Season**
564074 **Volunteer**

Music

Ukulele Beginners - Lev B Pt 2

A continuation of the Level B Spring Class. Must have taken Level B in the past to register for this class. No class Aug 4.

Mon 10:50am-12:00pm **Jul 7-Aug 18**
55+ Centre **\$10.00**
564210 **Jane**

Ukulele Absolute Beginner

If music is something you love but have never tried, then this is the class for you! For absolute beginners join this welcoming, fun and informative Ukulele class. No class Aug 4.

Mon 9:30-10:40am **Jul 7-Aug 18**
55+ Centre **\$10.00**
564214 **Laurie**

Ukulele Jam Circle (All Ages)



Calling all Ukulele players to join a friendly jam session in the 55+ Centre with Jane and the 55+ Ukulele players. Takes place once a month. We welcome voices to join in the community sing-a-long too. Please register in advance.

Fri 1:30-3:00pm **Jul 11, Aug 8**
55+ Centre/Outdoors **Free**
564122 **Jane**

55+ Older Active Adults

HEALTH & WELLNESS

Osteofit

A gentle strength, balance and coordination program designed to improve fitness and promote healthy bones. This program focuses on improving individual functional ability and quality of life and reducing the risk of falls and fractures. This program is taught by a trained Osteofit fitness instructor. No class Aug 4.

Mon 11:00am-12:00pm Jul 14-Aug 18
CFEC \$50/5 sess
564084 Berdjis



Yoga for Aging Well (50+)

As we move through time, we need to keep moving our bodies. Whether you're brand new to yoga or a seasoned practitioner, if you're 50 or over then this all-levels yoga class is ideal for you. Your safety and a pain-free practice are of highest priority. Yoga can improve your flexibility, mobility, balance, bone density, and strength. In addition to physical health benefits, yoga has a calming effect on the mind and nervous system. About the instructor: Joan has been teaching yoga for 12+ years, practicing yoga for 20+ years, and moving through time for 60+. \$17/drop-in. No class Jul 30.

Wed 1:30-2:30pm Jul 2-Aug 20
CFEC \$102.9/7 sess
560324 Joan

Badminton (55yrs+)

Fun and easy badminton for older adults. Summer session is in Gym A in the high school. No drop ins. No class Aug 2

Sa 3:00 pm-5:00 pm Jul 5-Aug 30
Gym A \$16.8/8 sess
560300 Angela

Wed 10:00am-12:30pm Jul 2-Aug 27
Gym C \$14.7/9 sess
560302 Tho

Chair Yoga

Chair yoga is an accessible gentle seated practice designed to help you feel energized and calm. We will explore simple and easy movements to mobilize your whole body, breath work to calm the nervous system, and other brain and mood stimulating techniques to help you feel more connected with ease. Please come in comfortable clothes, socks and shoes.

Fri 12:15-1:15pm Jul 4-Aug 29
55+ Centre \$20/6 sess
564072 Bryony

Boxfit

Want to learn something new and improve your physical fitness and mental alertness? This introduction to boxing class is designed specifically to enhance your strength, balance, coordination, muscular endurance, and overall well-being. All fitness levels welcome and all equipment will be provided.

Tue/Fri 3:30-4:30pm Jul 8-Aug 29
Boxing Rm \$60/12 sess
564071 Jay



FitNation (55yrs+)

FitNation is a free eight-week Indigenous aquatic fitness program for Elders and adults in the community who are interested in improving their mobility, agility, balance and general fitness.

FitNation is part of I-SPARC (Indigenous Sport, Physical Activity & Recreation Council). I-SPARC is committed to inspiring Indigenous people in BC to move, play and compete. Snacks provided. Registration required.

Wed 10:15-11:15am Jul 2-Aug 20
Britannia Pool Free
564408 Brenlee

EDUCATIONAL

Techi Tuesdays (55yrs+)



Join us for an hour each week to brush up on simple device knowledge and improve your digital skills to navigate your phone, tablet or computer better. 55+ Centre staff are also available during this time to assist with basic troubleshooting. *Registration required.

Tue 1:00-2:00pm Jul 8-Aug 26
55+ Centre Free*
564121

Jul 8 Computer Basics
Jul 15 Internet Basics
Jul 22 Apple Basics
Jul 29 Other Smartphones & Tablets
Aug 5 Digital Skills & Tips
Aug 12 Using the Cloud
Aug 19 Online Safety
Aug 26 Digital Media Literacy

SPECIAL EVENTS

Karaoke Night



55+ Karaoke Summer Sunday Nights. On those light summer nights join us in the 55+ Centre with your party favourite songs and voices for a fun night with friends. Light snacks and refreshments served.

Sun 3:00 – 6:00pm Jul 20, Aug 17
564092 Free
55+ Centre

Community Kitchen

Tired of cooking alone? Come and cook with us!! On Fri Aug 1, we will meet at the 55+ Centre, and then walk down to the Mary Jo Garden and harvest veggies from the garden. Marni will then guide us through a few light summer recipes that are inspired by our harvest. Once we have finished cooking, you can either eat with us or bring your food home. Registration required. Please BYO reusable containers if you can – or borrow some to return later!

Fri 3:00-6:00pm Aug 1
55+ Centre \$5/1sess
567819 Marni

Glass Painting



Ukrainian artist Tanya Zhak will introduce the community to traditional style of painting on glass. Similar to the traditional icon paintings technique, we will explore this by painting flowers on a glass frame.

Fri 2:00-4:00pm Jul 11
Britannia Plaza Free/1 sess
567559 Tanya

See p.4 for more events this summer!.

Welcome to the Fitness Centre

Hours

Mon-Fri	6:30am-9:00pm
Wed (Free Members)	9:00-10:00am
Sat/Sun	8:00am-7:00pm
Sat (Women Only*)	8:00-10:00am
Sun (55+ Only)	8:00-10:00am
Sun (Free Members)	10:00-11:00am
*Trans inclusive.	

Hours are subject to change. For up-to-date information, visit:

britanniacentre.org/fitness_centre

Britannia Holiday Hours

Pool & Fitness Centre

Jul 1	Canada Day	10:00am-5:00pm
Aug 5	BC Day	10:00am-5:00pm
Sep 2	Labour Day	10:00am-5:00pm

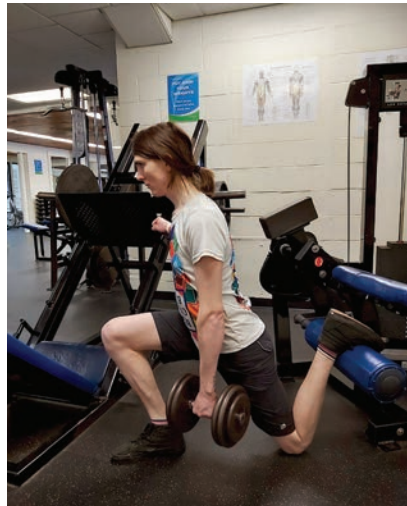
Info Centre, 55+ Centre, & Teen Centre

Jul 1	Canada Day	CLOSED
Aug 4	BC Day	CLOSED
Sep 1	Labour Day	CLOSED

Leisure Access Program

The Leisure Access Program (LAP) provides low-income City of Vancouver residents with reduced cost programs and services (up to 50% off certain programs) at Britannia and Park Board facilities.

vancouver.ca/leisureaccess



Free Members Drop-in

Britannia members can drop-in to the Fitness Centre for free during the times listed below. For more information about Britannia's free memberships, please see page 2. The free drop-in does not apply to those with Flexipasses only.

Wed	9:00-10:00am
Sun	10:00-11:00am

Supporting a participant? Attendants get Free Access

The Fitness Centre and Pool give free access to attendants required to assist persons with disabilities needing support to swim or exercise. Support is defined as assistance of a physical, psychological, emotional, intellectual, or sensory nature to ensure the patron with the disability can participate.

Weight Room Consultation for Youth

Risks and benefits of weight training, proper techniques, general safety and weight room etiquette will be covered. Parental consent form required. Required for youth 13yrs+.

Note: Fitness Centre is not available for children under 13yrs.

Facility Orientations

Let us help you reach your fitness goals. Whether you need instruction, motivation, or support, our highly trained staff are here to help you succeed. Enlist one of our staff to get you started in the Fitness Centre with an orientation on our fitness equipment and a starter fitness program. Please call ahead to make an appointment for a fitness orientation 604 718 5842.

Outside Trainers

This type of special admission is for personal trainers, occupational and recreational therapists, and physiotherapists. Outside trainers need to be registered with the Park Board or Britannia. Both trainer and client must pay for admission to the Fitness Centre. A training fee of \$8.33 per client also applies (fees are subject to change).



2025 Pool and Fitness Centre Fees

	Drop-in	10 Visit Pass	1 Month Flexipass	3 Month Flexipass	12 Month Flexipass	Britannia Membership
Adult (19-54)	\$8.33	\$74.94	\$67.36	\$181.87	\$581.97	Free
Youth (13-18)	\$5.83	\$52.45	\$47.16	\$127.31	\$407.38	Free
Child (6-12)	\$4.17	\$37.47	\$33.68	\$90.94	\$290.99	Free
Senior (65+)	\$5.83	\$52.45	\$47.16	\$127.31	\$407.38	Free
Britannia-Only Senior (55+)	\$5.83	\$52.45	\$47.16	\$127.31	\$407.38	Free

Please note: Prices include tax. Fees subject to change without notice.

Family Drop-in Rate = 1 to 2 adults of the same household and their children under 19yrs. Minimum \$8.13 admission.

Leisure Access Fitness Centre Admission rate is 50% off adult admission and Flexipass.

Aquatics

Welcome to Britannia Pool

The 25m main pool features a 1m diving board, slide and rope swing. Relax in the on-deck whirlpool, steam room, or in the saunas in the change rooms. For those with young children, we have a warm, shallow leisure pool equipped with spray features.

Hours

Mon-Fri 6:30am-9:00pm
Sat-Sun 11:00am-7:00pm

Hours are subject to change.

Contact

Pool Cashier 604 718 5831

Pool Schedule

Our current pool schedule is available at the Pool Cashier, the Info Centre and online at:

britanniacentre.org/pool

Parent & Tot Pool

The leisure pool is open during most public swims for families with young children. The parent and tot pool is not open to the public during lessons or lengths.

Admission Policy for Children

Children under 8yrs must be accompanied in the water by a responsible person who is 16yrs or older and always within arm's reach.

FitNation

FitNation is a free eight-week Indigenous aquatic fitness program for Elders and adults in the community who are interested in improving their mobility, agility, balance and general fitness. FitNation is part of I-SPARC (Indigenous Sport, Physical Activity & Recreation Council). I-SPARC is committed to inspiring Indigenous people in BC to move, play and compete. Snacks provided. Registration required.

55yrs+

Wed 10:15-11:15am **Jul 2-Aug 20**
Britannia Pool **Free**
564408 Brenlee

19yrs+

Wed 8:00-9:00pm **Jul 2-Aug 20**
Britannia Pool **Free**
564409 Brenlee

Swim Sessions

View our current pool schedule online at:
britanniacentre.org/pool

Free Members Swim

Free family-friendly swims every Tuesday, and every other Friday for Brit members.

Tue 2:00-4:00pm **Ongoing**
Fri 6:00-8:00pm **Jun 27, Jul 11, 25**
Free **Aug 8, 22, Sep 5**

Free Youth Swim (11-18yrs)

Britannia's youth-only swim time, every other Friday. Contests, prizes, games and fun staff! Swim lessons are available to interested youth for the first 30 minutes; work on skills or improve your swimming abilities.

Fri 6:00-8:00pm **Jun 20, Jul 4, 18**
Britannia Pool **Aug 1, 15, 29**
Free

Public Swim

Swim, dive, splash, have fun! One lane is set aside for continuous length swimming. The leisure pool is usually open during this time for families with young children—please check our online schedule to confirm. Regular admission rates apply. Please note: During some public swim sessions, the pool may be shared with Aquafit, lessons, school groups or clubs.

Lengths

The pool is divided into 25m lanes (slow, medium and fast). Enjoy the whirlpool, steam room or sauna as well. Anyone 16yrs+ who is capable of swimming the length of the pool is welcome. Please Note: Patrons under 16yrs must speak a lifeguards prior to attending these sessions.

Aquafit

Led by certified instructors and designed to build strength, flexibility and cardio fitness. Work to your own ability. The majority of Aquafit spaces are by registration only, with some spaces held for drop-in. Registration opens 3 days before at 12:00pm and closes 1 day before program date at 12:00am.

Range of Motion

A gentle, no impact water workout to enhance joint mobility. Participants will receive instruction to move the joint through flexion, extension and rotation in a controlled manner. Designed for participants who are rehabilitating and/or have minor mobility challenges. Participants must be independent in the water to participate in the class.

Swim Lessons

Registration

Online and in-person registration for summer swim lessons and programs at all pools, for all age groups starts **Tuesday June 24, 2024 at 7:00pm**. If you are already participating in a class, you are encouraged to wait until you receive a report card on the last day of class to register for the next set. It's important to register in the correct level. Children registered in an inappropriate level will be moved to the proper level if space is available, or refunded from the lesson. Please bring the most recent report card to the first day of lessons. All lessons must meet minimum space requirements to run. For more information, please visit:

vancouver.ca/parks-recreation-culture/child-and-youth-swim-lessons

Swim Assessments

If you are unsure of which level to register, we offer swim assessments during our public swims. If your child is under 8yrs, we require a parent/guardian to assist in the water during the assessment.

Refunds & Cancellations

Full refunds given five or more days prior to the start of the program. If the request is received within four working days of the start of the program or after the first lesson, we'll refund registration fees minus the cost of one class or transfer to a future session. No refunds issued after the second date of the program. Fees for one or two-day programs are non-refundable.

Private/Semi-Private Lessons

One-on-one or one-on-two with a swimming instructor for a set of lessons to improve specific swimming skills. Instructors may vary from week to week.

Private: \$37.90 / Semi-private: \$15.16
(plus applicable taxes)

Britannia Swim Club (8-16yrs)

A community recreational swim club for children/youth that is dedicated to swim development while building positive interactions and having fun. We'll work on stroke development, endurance, water safety, and social development.

Prerequisite: Must be at Swimmers 4 or higher, or able to continuously swim on their front unassisted for at least 25m. Must be evaluated before joining.

Tue 6:45-7:45pm **Jul 8-Aug 19**
564410 **\$35/7 sess**

Sun 10:00-11:00am **Jul 6-Aug 24**
564411 **\$40/8 sess**

Playgrounds & Ice Rink

Summer Playground Program ☀️

Enjoy free family-friendly programs and events at Vancouver's neighbourhood parks and playgrounds this summer. Take advantage of both supervised and unsupervised activities at a range of locations and times. Programs will be running on Jul 1 and Aug 4.

These are the Grandview Woodlands parks and to see what's happening at other neighbourhood parks visit:

vancouver.ca/parks-recreation-culture/summer-playground-programs.aspx

Please check signage at each site for specific operating hours.

Garden Park

1851 Garden Drive

Spray park

Playground Program

Tue & Thu

Jul 1-Aug 21



Grandview Park

1657 Charles Street

Spray park

Playground Program:

Tue-Thu

Jul 1-Aug 21



Woodland Park

705 Woodland Drive

Wading pool

Playground Program:

Tue-Sun

Jun 28-Aug 29



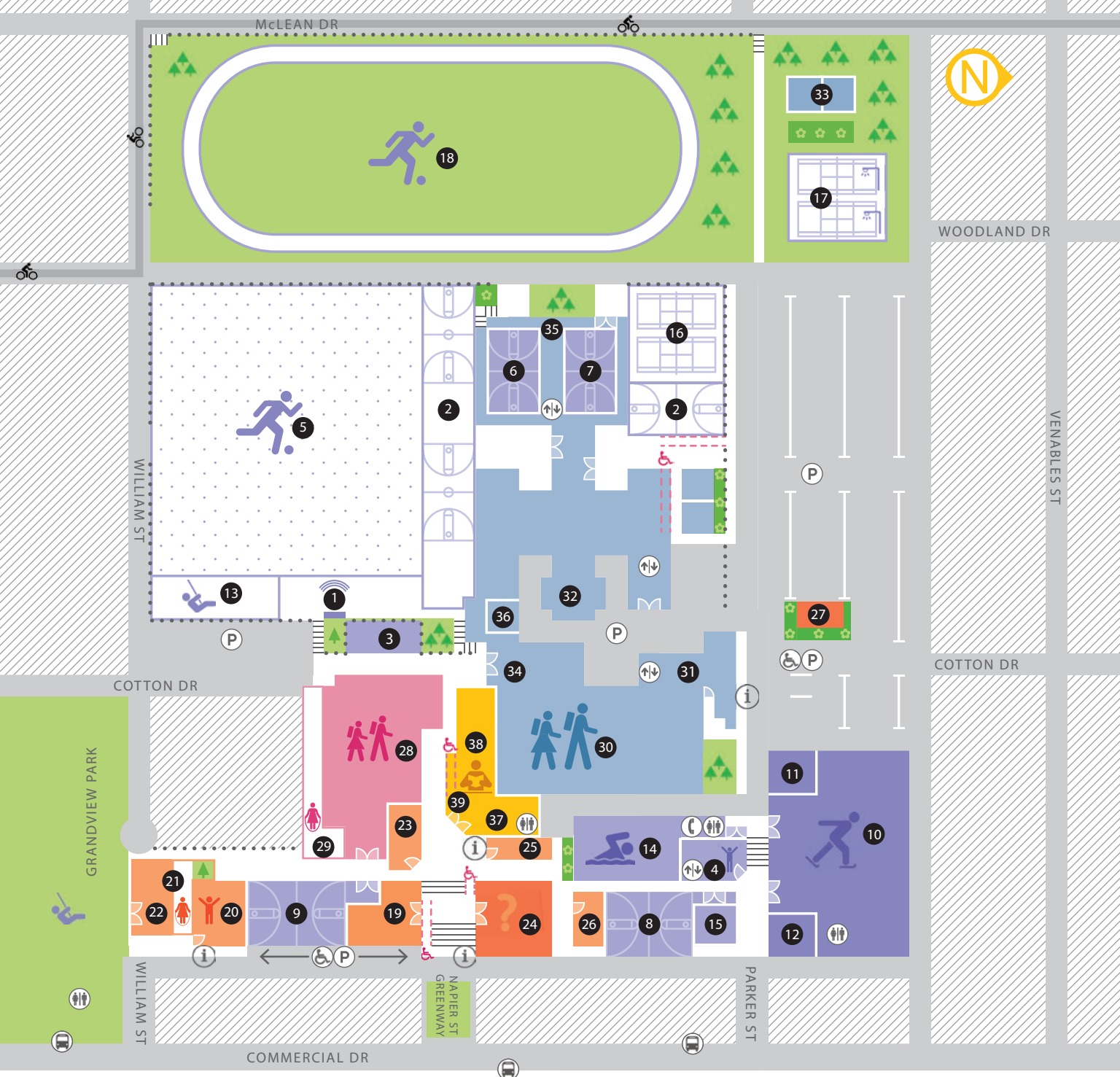
NOTICE FOR RINK USERS:

The Britannia ice rink will be closing for maintenance and construction work from mid-March into the fall of 2025. More details, including dates of the closure will be shared when the information is available

Find updates on during the closure at britanniacentre.org/ice_rink

Visit vanrec.ca to view drop-in schedules for Vancouver arenas that are open at this time.

For further details on public rinks in the city visit vancouver.ca/parks-recreation-culture/ice-rinks.aspx.



recreation

- 1 Amphitheatre
- 2 Basketball Courts
- 3 Covered Play Area
- 4 Fitness Centre
- 5 Gravel Sports Field
- 6 Gym A
- 7 Gym B
- 8 Gym C
- 9 Gym D
- 10 Ice Rink
- 11 Ice Rink Activity Room (top flr)
- 12 Ice Rink Mezzanine (top flr)
- 13 Playground
- 14 Pool
- 15 Mat Room & Boxing Gym
- 16 Tennis Courts
- 17 Britannia Courts Skate Park
- 18 Track + Sports Field

resources + services

- 19 Al Mattison 55+ Centre
- 20 Child Care Centre
- 21 Eastside Family Place (ground flr)
- 22 Canucks Family Education Centre (top flr)
- 23 Family Activity Room
- 24 Info Centre
- 25 Pre-Teen Centre
- 26 Teen Centre
- 27 ʁxwq'eləwən ct Carving Centre

elementary school

- 28 Britannia Elementary
- 29 Outdoor Play Area

secondary school

- 30 Britannia Secondary
- 31 Main Office
- 32 Auditorium
- 33 Portable
- 34 Main Entrance
- 35 Cafeteria
- 36 Canucks Family Education Centre (room 110)

library + learning

- 37 VPL Britannia Branch (main flr)
- 38 Learning Resource Centre (basement)
- 39 Art Gallery

- | | | | |
|--------------------------|-------------------|----------------------|--------------------------|
| • • • • Fence | Wayfinding | Elevator | Residential + Commercial |
| Streets + Vehicle Access | Wheelchair Access | Entrance | Gravel |
| Bicycle Route | Stairs | Fields + Green Space | School Garden |



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