



This online brochure has active links to connect you with the programs you want to register for online. Simply click on any program activity number of interest and you will be taken to the Vancouver Recreation page you need to start signing up.

Programs & Services Summer 2024



Look for our **FREE**
“Fun for All” programs!
See inside for details.



Registration

Registration Dates

Registration for **general programs** opens June 11, 2024 at 7:00pm in-person and online, and at 9:00am by phone on June 12, 2024.

Registration for **swim lessons** opens June 25, 2024 at 7:00pm in-person and online, and at 9:00am by phone on June 28, 2024.

Registration for **skating lessons** begins on June 27, 2024 at 7:00pm in-person and online. Phone registration opens the following day at 9:00am.

How to Register

1) Register online at vanrec.ca

Set Britannia Community Centre, Pool or Rink as the location.

2) Register in person

You can register for programs at the **Info Centre** and the **Pool Cashier**. Registration closes an hour before closing at the pool and half an hour before closing at the Info Centre.

Info Centre Hours:

Mon-Fri 8:30am-7:00pm

Sat 9:00am-5:00pm

Sun 10:00am-4:00pm

Pool Cashier Hours:

Mon-Fri 6:30am-9:00pm*

Sat/Sun 8:00am-7:00pm*

*Hours are subject to change.

3) Register by phone at 604 718 5800 ext. 1

Refund Policy

- A full refund will be granted if requested up to 48hrs prior to the second class. No refunds after this time.
- For workshops and outings, a full refund will be granted if the refund is requested one week (seven days) prior to the start of the program. No refunds after this time.
- For day camps, a \$10 administration fee will be charged for each camp a refund is requested for. Refund requests must be made one week (seven days) prior to the start of the program. No refunds after this time.

Swim/Skate Refunds

- Full refund will be granted five days or more prior to the start of the program. Partial refunds granted within four days of program start or before the second class. Exceptions: No refunds on single session programs.
- Transfers possible prior to second class. No refunds after second class.

Cancellation Policy

- Courses are cancelled when too many people wait until the last minute to register. A minimum number must enrol before a class will run.
- Programs may be cancelled due to unforeseen circumstances and instructors may change during the program season.

Contact

1661 Napier Street, Vancouver BC V5L 4X4
britanniacc@vancouver.ca britanniacentre.org

Info Centre:
604 718 5800 (1)

Pool Cashier:
604 718 5831

Britannia Memberships

Britannia memberships are free! Memberships are valid for 1 year from January 1-December 31. A membership can be obtained when you register for a program (your membership will be automatically added to your online purchases) or any time during the year at the Pool Cashier, the Info Centre, or online at:

britanniacentre.org/memberships

Membership Benefits

- Free members access to the Fitness Centre on Wednesdays from 9:00-10:00am, and Sundays from 10:00-11:00am.
- Free family-friendly swims every Tuesday, and every other Friday (see page 22 for more information).
- Voting privileges at the society Annual General Meeting.
- Eligibility to run for the Board of Management.
- Mail-outs/e-mails about Centre events and programs.

Subsidy Policy

Britannia provides assistance to those who are not able to afford the advertised cost of certain programs and activities. Please note: Maximum of two subsidies per person per season. Some programs do not qualify for subsidy. Our subsidy policy does not apply to Britannia Child Care programs or products that are resalable.

Non-residents of Vancouver are not eligible for subsidies.

Leisure Access Program

The Leisure Access Program (LAP) provides low-income City of Vancouver residents with reduced cost programs and services at Britannia and Park Board facilities. LAP card holders may receive up to 50% off certain programs. To learn more and to apply, visit: vancouver.ca/leisureaccess

Grandview-Woodland & Strathcona Subsidy

Program participants living in the Grandview Woodland and Strathcona areas who are in need of financial assistance may request a subsidy of up to 25% off course costs for certain programs by completing an application.

FREE 'Fun For All' Recreation

Britannia operates a wide range of free and pay-what-you-can recreation programs. The Britannia Board of Management is committed to ensuring that people have access to programs and that fees are not a barrier to members of the Grandview Woodland and Strathcona Communities.



Look for the "Fun for All" stamp in the Brochure to find our free and pay-what-you-can programs.

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Facility Rentals

At Britannia our mission is to foster active community building, collaboration, and grassroots education and involvement so that we can contribute to the quality of life of individuals in our catchment neighbourhoods. We recognize that our programs do not always meet all community needs—sometimes people just need space to host their own events. From space for sporting events to birthday parties, we have a great selection.

Gym/Room Rentals

For rates and availability contact the Facility Support Clerks at 604 718 5812 or britanniafacilitysupport@vancouver.ca.

Pool Rentals

Contact the Pool Programmer at 604 718 5831 or britannia.pool@vancouver.ca.

Rink Rentals

Go to vancouver.ca/parks-recreation-culture/rink-rentals or contact the Rink at 604 718 5836 or email britanniarink@vancouver.ca.

Facility Rental Fee Policy

We collect full rental fees at the time of booking. We cannot hold a space until payment is received in full. Once you've rented space from us a minimum of 3 times within a 6 month period and are in good standing, you can apply to become a regular user at which time rental fees can be collected on the day of your event/program. For cancellations, a full refund will be given with at least 48 hours notice. No refunds given with less than 48 hours. For more information, visit:

britanniacentre.org/facilities/rentals

Cover Photo

Clara Ritchotte, a participant in Ruby Harry's Dreamcatchers workshops in the summer of 2023. Photo credit: Suzette Amaya.

Holiday Hours

Info Centre, 55+ Centre, & Teen Centre

Jul 1	Canada Day	CLOSED
Aug 5	BC Day	CLOSED
Sep 2	Labour Day	CLOSED

Pool & Fitness Centre

Jul 1	Canada Day	1:00-5:00pm
Aug 5	BC Day	1:00-5:00pm
Sep 2	Labour Day	1:00-5:00pm

Rink

While there is no public programming on statutory holidays, we are open for rentals. To view our current schedule, visit:

britanniacentre.org/ice_rink

Unceded Coast Salish Territories

Britannia is located on the traditional and unceded Coast Salish territories of the xʷməθkʷəy̓əm (Musqueam), Skwxwú7mesh (Squamish) and səliłwətat (Tsleil-Waututh) Nations, and we hold the heritage of these lands close in our everyday work.

Special Events

Art Gallery Exhibitions

Join us for gallery openings, which often take place on the first Wednesday of each month at 6:00pm. Check out our event calendar for more info:

britanniacentre.org/community/events_calendar

June 5 – 30

Still Here

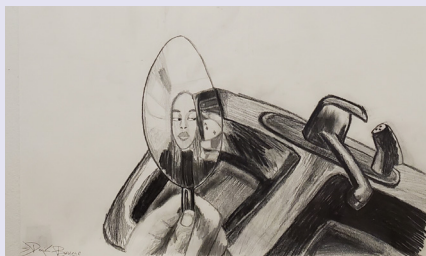
Recent works by Nora Stakaya Pape.



July 3 – 33

A Figment of My Idle Mind

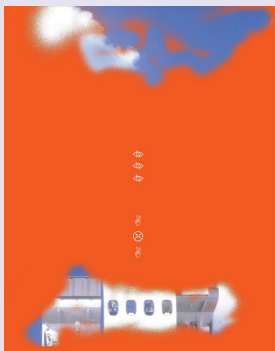
Visual art by DANI YOUR DARLING.



Aug 7 – 31

Tohid

Visual art by Lydia Pourmand.



Britannia Plaza Markets

Join us for art and produce markets outdoors throughout the summer in the Napier Greenway. The market features the works of local artisans, delectable food, community tables, and drop-in art activities. For more information and artist/vendor applications, please email artsbritannia@gmail.com.

Wed	2:00-7:00pm	Jul 3 & 24
Brit Plaza/Napier Greenway		Aug 7 & 21
Free		Sep 11 & 25

Looking for Market Vendors

Britannia hosts several markets throughout the year including Shine: Intercultural Spring Market, the Plaza Markets, and the Winter Craft Market. For more information and artist/vendor applications, please email artsbritannia@gmail.com.

National Indigenous Peoples Day (All ages)

Join us at Grandview Park as we recognize and celebrate Indigenous cultures, resilience, and the diversity of First Nations, Inuit and Métis peoples across Turtle Island. Enjoy the Indigenous Market and performances by Indigenous artists of various musical genres.

Fri	12:00-4:00pm	Jun 21
Grandview Park		Free

National Indigenous Peoples Day Swim (All ages)

Swim, dive, splash, and have fun! The leisure pool is open to all families to celebrate National Indigenous Peoples Day. Bring your family and have some popcorn, fruit, and drinks before splashing around in the pool. The hot tub will be available as well. During public swim sessions, the pool may share a lane for length swimming.

Fri	6:00-8:00pm	Jun 21
Britannia Pool		Free

Children's Concert in Grandview Park with Monica Lee & Greenhorn

Please join us as we celebrate the summer with a special performance by the Greenhorn Community Music Project, followed by the celebrated East Vancouver singer and song writer Monica Lee. Free event for all ages. Thank you to the Vancouver Park Board - Parks Activations Team for partnering with Britannia.

Tue	11:00am-12:30pm	Jul 16
Grandview Park		Free

World Elder Abuse Awareness Day (All ages)

Be sure to wear purple for WEAAD! Our event will be held a few days early on June 13 this year, in collaboration with GWPC and WCT to show support and help spread awareness. We'll provide a free lunch, swag-bags, and resources for seniors and Elders. Elder abuse is a global human rights issue, which affects the health of millions of older persons around the world. In 2012, The United Nations General Assembly designated June 15 as World Elder Abuse Awareness Day. It represents a day for the world to come together and voice opposition to the abuse and suffering inflicted on some of our older generations.

Thu	1:00-4:00pm	Jun 13
55+ Centre		Free

Honk!BC 2023 (All ages)

Britannia is partnering with the Open Air Orchestra Society in hosting this year's Honk!BC Festival in Grandview Park, by organizing a market featuring a variety of local artists (with a musical theme!). An annual festival for unamplified street bands and brass bands, the goal of HONK!BC is to provide free, organic music to the residents of Vancouver, and to showcase local community-based arts and culture organizations. Expect to be entertained by 8-10 local and international bands who have an activist bent. Free and open to all, this festival showcases local community groups and artists who endeavor to make our world a better place and fill the streets with joy.

Sun	11:00am-4:00pm	Jul 21
Grandview Park		Free

Sunday Movie Night Series (All ages)

Everyone is welcome to attend our movie series on Sunday evenings. Please visit britanniacentre.org for the movie schedule. Doors open 5:45pm. No session Jul 21 & Aug 4.

Sun	6:00-9:00pm	Jul 7, 14 & 28
55+ Centre		Aug 11, 18, 25
509333 Ken		Free

Extreme Heat Preparedness

This summer, workshops will include Heat Safety and Wildfire Smoke Information. We'll be giving out free Cool Kits, and sharing resources for extreme heat emergency planning. Stay tuned—dates to be announced at britanniacentre.org, on social media (@BritanniaCentre), or call 55+ Centre staff at 604 718 5837.

Toddler, Preschool, and Daycare Programs

For more information about the Britannia Child Care Hub, please visit: britanniacentre.org/services/licensed_childcare

Mount Pleasant Child Care

960 East 7th Avenue Mirae Pinpin 604 718 5844
Not accepting waitlist applications at this time.

Toddler Program (18mo-3yrs)

Hours: Mon-Fri 7:30am-5:30pm
Fees: \$200/mo

Daycare (3-5yrs)

Hours: Mon-Fri 7:30am-5:30pm
Fees: \$200/mo
Snack provided.

Britannia Preschool (3-5yrs)

1661 Napier Street Lorraine Evans 604 718 5843

September 2024 – June 2025

Morning Classes

M/W/F 8:30am-11:00am \$84/mo
Tue/Thu 8:30am-12:00pm \$56/mo

Afternoon Classes

M/W/F 11:45am-3:15pm \$84/mo
Tue/Thu 12:45pm-3:15pm \$56/mo

5 days/week (am or pm) \$140/mo

Eaglets Daycare (2.5-5yrs)

485 Semlin Drive Suzy Liguori 604 718 5856
Accepting applications for the 2026 waitlist and beyond.

Hours: Mon-Fri 7:30am-5:45pm

Fees: \$10/day \$200/mo

Snacks provided.

Grandview Terrace Child Care (3-5yrs)

2075 Woodland Drive Kal Kular 604 718 5846
grandviewwcc@shawbiz.ca
grandviewterracechildcare.com

Hours: Mon-Fri 7:30am-5:45pm

Fees: \$10/day \$200/mo

Snacks provided.



Summer Camp (5-12yrs)

Britannia Summer Fun Program: O.R.C.A (Outdoor Recreation & Creative Arts)

Each week children will experience exciting and enriching activities at parks, outdoor trails, beaches, pools, and other City attractions. Children will be hiking, biking, running, jumping, dancing, and playing while also creating fun art projects, doing fascinating science projects, exploring world culinary arts, and performing theatre arts. Special guests will visit and showcase inspiring activities. We will provide breakfast and afternoon snack. Children bring their own nut-free lunches.

1661 Napier Street Lorraine Evans 604 718 5843
Mon-Fri 7:30am-5:45pm Fees: \$10/day, \$50/wk, \$200/mo

Out of School Care

Britannia OSC

1661 Napier Street Lorraine Evans 604 718 5843

Sep-Jun Hours Mon-Fri 7:30-9:00am / 3:00-5:45pm
Pro-D, Holiday Break Hours Mon-Fri 7:30am-5:45pm

Fees: Full Time \$200/mo
Part Time \$10/day
Breakfast & pm food program provided.

Grandview Terrace OSC Program II & III

2075 Woodland Drive Kal Kular 604 718 5846

Sep-Jun Hours Mon-Fri 7:30-9:00am / 3:00-6:00pm

Fees: OSC II \$200/mo
OSC III \$200/mo
Breakfast & pm snack provided.

Eagles In The Sky OSC

103B-1950 E. Hastings Cassandra Gordon 604 253 0122
For waitlist info, email: eagles.osc@gmail.com

Sep-Jun Hours Mon-Fri 7:30-9:00am / 3:00-5:45pm
Pro-D, Holiday Break Hours Mon-Fri 7:30am-5:45pm

Fees: \$10/day \$200/mo
Breakfast & pm snack provided.

Music



Music Together® (0-5yrs)

Music Together® offers a fun-filled, family music making class with a new songbook and award winning music each semester to continue the learning at home. Discover new ways to play with music and rhythm and help your child become a confident music-maker. In our mixed age class, each child participates at his or her own level and their natural musicality is nurtured through singing, dancing, listening and exploring musical instruments. Parent participation is required. Siblings attend at a reduced rate and children 6mos and under attend free with a registered sibling. \$58 Music Together licensing fee is non-refundable after the first class.

Tue	Jul 2-30	Rink Mezz
Karina		\$133/5 sess
508768	10:30-11:15am	
508769	11:30am-12:15pm	

Dance

Ballet/Jazz Dance (2-6yrs)

Jump, skip and twirl! Children will learn a variety of ballet exercises as well as the basic fundamentals of jazz dance while developing their own creative expression. This is a closed class. However, in the final week of the session we invite parents to stay for a presentation. *Parent participation required for 2-4yrs classes.

Sat	Jul 6-Aug 24	CFEC
Endorphin Rush Dance		\$104/8 sess
508891	9:20-10:00am	2-4yrs*
508893	10:15-10:55am	2-4yrs*
508896	11:10-11:50am	3-4yrs
508898	1:00-1:40pm	4-6yrs

Hip Hop/Jazz Dance (3-6yrs)

Combine the style of hip-hop with the technical skills of jazz! Learn steps, jumps, turns, stretches and fun choreography to your favourite music. Please wear comfortable stretchy clothing and non-marking shoes. No drop-ins.

Sat	Jul 6-Aug 24	CFEC
Endorphin Rush Dance		\$104/8 sess
508900	12:05-12:45pm	3-4yrs
508902	1:55-2:40pm	4-6yrs

Dance Camps

Frozen Ballet Dance Camp (3-6yrs)

100% Frozen soundtrack music is played in this creative ballet camp designed to ignite your dancer's imagination. No experience required, as dancers learn the basics of ballet and expression through movement. Costumes are welcome, but not required. Beginner friendly. Presentation for parents on the last day; bring your cameras!

Mon-Fri	Aug 26-30	CFEC
Endorphin Rush Dance		\$109/5 sess
491901	9:15-10:30am	
491902	2:00-3:15pm	

Fairies, Pirates, & Dragons Dance Camp (4-6yrs)

Dancers are encouraged to let their imaginations run wild in this playful and expressive dance camp. In a warm and welcoming environment; children will make new friends while improving their dance technique and exploring creative expression. Beginner friendly. Presentation for parents on the last day; bring your cameras!

Mon-Fri	10:45am-12:00pm	Aug 26-30
CFEC		\$109/5 sess
491903	Endorphin Rush Dance	

Mini Hip Hop Dance Camp (3-5yrs)

This non-stop action-packed class includes hip hop and dance games that will have your dancer moving to the beats. Throughout the week we will work on a choreographed dance. Get ready to cheer with gusto as there is a presentation for family on the last day! Please bring a filled water bottle each day.

Mon-Fri	12:30-1:45pm	Aug 26-30
CFEC		\$109/5 sess
491904	Endorphin Rush Dance	

Physical Activity

Axe Capoeira Beginner Mini Kids (3-6yrs)

All levels welcome. Classes cover all aspects of Capoeira: Martial arts, dance, music, acrobatics, culture, language and more. Classes focus on developing rhythm, reflexes, balance, coordination, strength and flexibility. Classes do not pro-rate; monthly rate only.

Tue	5:00-5:45pm	Sun	11-11:45am
Cafeteria		Marcus	
507975	Jul 2-23	\$85/7 sess	
507974	Jul 30-Aug 13	\$70/5 sess	

Sportball Parent & Child Multisport (2-3yrs)

Multisport classes teach children introductory physical skills and help them develop confidence through 8 different ball sports. Parent participation required. No class Aug 4.

Sun	11:30am-12:15pm	Jul 7-Aug 25
Gym D		\$119/7 sess
511048	Sportball	

Sportball Multisport (3.5-5yrs)

Multisport classes teach children methods to practice and refine gross motor skills through 8 core ball sports. This program reinforces the benefits of teamwork and skill development, enabling children to gain confidence and develop social skills to succeed in sport and life. No class Aug 4.

Sun	12:15-1:15pm	Jul 7-Aug 25
Gym D		\$119/7 sess
511047	Sportball	



Sportball Outdoor Parent & Child Soccer

Get a kick out of Sportball Parent & Child Outdoor Soccer! Participants are introduced to fundamental concepts of soccer and are provided the basic skills required to score with confidence in fun, exciting, and skills-focused games. With the guidance and support of Sportball Coaches, parents and children will zero in on soccer skills including: throw-ins, dribbling, trapping, passing, goalie skills and more. Children are challenged according to their individual skill level and Coaches help grown-ups understand proven teaching techniques that can be applied outside of class. The program takes place rain or shine on the South part of the Britannia Oval running track.

(2-3yrs)

Tue	5:15-6:00pm	Jul 9-Aug 20
Brit Oval		\$119/7 sess
507996	Sportball	

(3.5-5yrs)

Tue	6:00-7:00pm	Jul 9-Aug 20
Brit Oval		\$119/7 sess
507997	Sportball	

Funseekers Daycamp (6-12yrs)

Please note: Registration is currently ongoing and all weeks are currently full. Please add yourself to the waitlist as we will offer spots as soon as they become available. Add your child to the waitlist at vanrec.ca, by calling 604 718 5800 (1), or in-person at the Info Centre or Pool Cashier.

There are many activities and out-trips planned for the Summer Funseekers program! Come learn new skills, meet new friends, or simply have fun! Swim, skate, learn arts and crafts, play group games, go on out-trips, and more! Special emphasis will be placed on the introduction of the Equitas program, "Play it Fair," which is designed to promote human rights, inclusion, anti-discrimination, respect for diversity, and the peaceful conflict resolution among children.

Funseekers Cancellation Policy: A \$10 administration fee will be charged for each camp a refund is requested for. Refund requests must be made a minimum of one week (seven days) prior to the start of the program. No refunds after this time.

Mon-Fri 9:00am-3:00pm \$105/5 sess Gym D
***Tue-Fri 9:00am-3:00pm \$84/4 sess Gym D**

Waitlist registration only:

506481 Jul 2-5*	506486 Aug 6-9*
506482 Jul 8-12	506487 Aug 12-16
506483 Jul 15-19	506488 Aug 19-23
506484 Jul 22-26	506489 Aug 26-30
506485 Jul 29-Aug 2	



Summer Daycamp Volunteers

Funseekers is looking for motivated youth 16yrs+ to get involved in volunteering with children 6-12yrs in a fun and supported setting. It's a great leadership opportunity and a way to give back to the community. Spend the weeks swimming, doing arts and crafts, playing games, learning about children's rights, going on out trips, and many other fun activities! Minimum 3 week commitment required. Must complete a police record check. Reference available upon completion.

Explore Latin American Culture (6-13yrs)

Please note: Waitlist registration only. This camp is currently full.

Britannia is excited to offer a Latin American inspired summer camp in partnership with Vancouver Latin American Cultural Centre and Words in Motion.

Children will explore music, arts and crafts, dance, language, and food. There will be time for outdoor fun, guest artists, and making friends. Please pack a lunch, nut free snacks, and a water bottle. Dress for the weather. Join us on the last day for a showcase of what they created.

Waitlist registration only:

Mon-Fri 9:30am-3:30pm Jul 22-26
Rink Mezz \$240/5 sess
496750 VLACC/Words in Motion



Summer Camps

See page 9 for preteen camps.

Tennis & Art Summer Camp (5-10yrs)

Join Britannia and the Art of Tennis for a children's camp filled with the essentials of creative arts and self-motivating tennis activities. The day is broken down into morning and afternoon events which allows your child to be part of an all-day outdoor program. The program involves physical activity in the morning with tennis skills and drills, and continues with creative arts and games in the afternoon. Please bring a hat, water bottle, lunch, snacks and your own racquet. Meet and pick up at Garden Park Tennis Court (1851 Garden Drive). The tennis court we are using is in the South East corner of the park.

Rain Out Policy: This program runs light rain or shine, so please show up each day. If there is inclement weather, we might need to cancel the day and the Art of Tennis staff will call you ASAP.

Cancellation Policy: A \$10 administration fee will be charged for each camp a refund is requested for. Refund requests must be made a minimum of one week (seven days) prior to the start of the program. No refunds after this time.

Mon-Fri 9:00am-3:30pm \$375/5 sess	Art of Tennis	Garden Park
*Tue-Fri 9:00am-3:30pm \$300/4 sess		
495864 Jul 2-5*	495860 Aug 6-9*	
495865 Jul 8-12	495861 Aug 12-16	
495866 Jul 15-19	495862 Aug 19-23	
495868 Jul 22-26	495867 Aug 26-30	
495863 Jul 29-Aug 2		

The Greenhorn Community Music Project – Summer Workshop Series (12-17yrs)

The Greenhorn Community Music Project aspires to join the creative forces of youth, professional musicians, and community members to compose, practice, and perform a variety of musical styles in service of orchestrating social change you can dance to.

Greenhorn provides this one week summer workshop series in preparation to perform at Honk! BC on July 21 (Grandview Park) and other possible dates and locations (TBA). Free Britannia membership required. Instruments available. For more information and to sign up your child, please email brenda.koch@openairorchestra.com.

Mon-Fri 10:00am-2:00pm Jul 15-19
Carving Pavillion Free
Brenda & Tim



Children's Concert in Grandview Park with Monica Lee & Greenhorn

Please join us as we celebrate the summer with a special performance by the Greenhorn Community Music Project, followed by the celebrated East Vancouver singer and song writer Monica Lee. Free event for all ages. Thank you to the Vancouver Park Board - Parks Activations Team for partnering with Britannia.

Tue 11:00am-12:30pm Jul 16
Grandview Park Free

Music

Piano (6yrs+) & Clarinet (10yrs+)

Continue your music studies or begin an instrument and enjoy a lifetime of making music! These lessons consider each student's development and goals. Conservatory exam preparation is available. New students may start anytime during the session. Payment is made in advance of each set. Lesson costs shown below are for 30 min classes, but 45 and 60 minutes per week are available to more advanced students at the discretion of the instructor. Private lessons are for beginner to senior levels.

Before registering for lesson times, please contact the instructor at janine.oye@gmail.com. Clarinet students must provide their own instruments. Register in person or by phone at 604.718.5800 (1) only, no online.

There is no formal recital for the summer term, but the instructor will host a "Music Mash" on Friday, August 2 from 6:30-7:30pm. This informal get-together will give you the opportunity to play the music that you've been working on and have some fun!

Fri 6:15-7:30pm Jul 5-Aug 2
Preteen Centre \$140/5 sess
508608 Janine

Sat 9:00am-7:30pm Jul 6-Aug 2
Preteen Centre \$140/5 sess
508609 Janine

Art

Clay for Children – Wheel Intensive (9-13yrs)

Continue your exploration of the wheel in this weeklong program. During the second week, glazing will take place on Tuesday and pick up your fired pieces at the Thursday tea party! Please visit vanrec.ca or view your receipt for the schedule. Limited class size. Artist quality, food safe materials included.

Mon-Fri 4:00-5:30pm Jul 8-12, 16 & 18
Room 208 \$161/7 sess
508179 Helen

Physical Activity

Sportball Outdoor Soccer (5-7yrs)

Kickstart your day! Sportball Outdoor Soccer programs introduce fundamental concepts of gameplay and teach the basic skills required to bend it like Beckham in a supportive, non-competitive environment. Coaches zero in on skills like throw-ins, dribbling, trapping, and passing in fun, exciting, and skill-focused games. Classes take place outdoors; parents are required to remain by the field for children's safety. The program takes place rain or shine on the South part of the Britannia Oval running track.

Tue 7:00-8:00pm Jul 9-Aug 20
Brit Oval \$119/7 sess
507998 Sportball

Traditional Kung Fu (6yrs+)

This Northern Shaolin style class will teach you traditional forms, weapon forms, sparring and self-defense. It will help you gain physical and mental strength, and develop self-confidence and discipline. Students must be able to attend Monday and Friday classes regularly. Fees do not pro-rate. No class Aug 5.

Beginner

Mon/Fri 4:30-5:45pm Jul 5-Aug 9
CFEC \$134/10 sess
508000 Marquis

Intermediate

Mon/Fri 4:30-6:15pm Jul 5-Aug 9
CFEC \$144/10 sess
508001 Marquis

Advanced

Mon/Fri 4:30-6:30pm Jul 5-Aug 9
CFEC \$154/10 sess
507999 Marquis

Britannia Boxing – Family (6-12yrs)

Family Boxing sessions on Saturdays are for younger athletes ages 6-12yrs. Athletes under 8yrs must be accompanied by a parent or guardian. Our "regular" boxing sessions do still run on this day, so there might be adult athletes in the gym.

Britannia's own fun, inclusive, and informative boxing program where anyone can come and learn proper techniques, hit the bags, and workout with our coaches. New bags, gloves, portable ring, and more await you in our boxing gym! Come and visit our coaches, learn new skills, and break a sweat while working at your own pace. The Boxing Room is located in the Gym C building.

Sat 2:00-4:00pm Boxing Rm
511050 Jul 6-27 \$45/mo
511051 Aug 3-17 \$30/3 sess
Jay

Axe Capoeira

Students enrolled in these classes must have a minimum of 1 year consistent Capoeira experience, or permission from the school. We offer ongoing classes for children and youth. Classes cover all aspects of Capoeira: Martial arts, dance, music, acrobatics, culture, language and more. Classes focus on developing rhythm, reflexes, balance, coordination, strength and flexibility. Uniform is required to join class. Fees do not pro-rate; monthly rate only. See page 6 for beginner classes. See page 17 for 16yrs+ classes.

Intermediate Mini Kids (5-7yrs)

This is an intermediate program; students should have a full knowledge of basic movements and this class will focus on more advanced movements in Capoeira, which will prepare students for the youth program.

Tue 6:00-6:45pm Sun 12:12:45pm
Marcus Cafeteria
507977 Jul 2-23 \$85/7 sess
507976 Jul 30-Aug 13 \$70/5 sess

Youth (7-15yrs)

Please note: This is not an introductory class. Students are expected to execute all basic movements of Capoeira. No class Aug 5. Monday/Friday classes take place in the Cafeteria. Wednesday classes take place in CFEC.

Mon/Wed 5:00-6:00pm Fri 6:45-7:30pm
Marcus Cafeteria/CFEC
507979 Jul 3-26 \$105/11 sess
507978 Jul 31-Aug 16 \$95/7 sess

Art

Clay for Children – Wheel Intensive (9-13yrs)

Continue your exploration of the wheel in this weeklong program. During the second week, glazing will take place on Tuesday and pick up your fired pieces at the Thursday tea party! Please visit vanrec.ca or view your receipt for the schedule. Limited class size. Artist quality, food safe materials included.

Mon-Fri 4:00-5:30pm **Jul 8-12, 16 & 18**
Room 208 **\$161/7 sess**
508179 Helen



Camps

Preteen Adventure Camp (10-14yrs)

Please note: Registration is ongoing.

Spend the week out and about, discovering what Vancouver and the surrounding area has to offer. Be prepared for an action packed week of out trips, activities, and fun! Special emphasis will be placed on the introduction of the Equitas program "Play it Fair," which is designed to promote human rights, inclusion, anti-discrimination, respect for diversity, and the peaceful conflict resolution among children. Please provide lunch, snack, and water daily. A hat and sunscreen are recommended for each day. Parents are required to complete weekly consent forms every Monday.

Cancellation Policy: A \$10 administration fee will be charged for each camp a refund is requested for. Refund requests must be made a minimum of one week (seven days) prior to the start of the program. No refunds after this time.

Mon/Tue/Thu/Fri **11:00am-5:00pm**
Wed **9:00am-3:00pm**
Mon-Fri \$140/5 sess **Teen Centre**
***Tue-Fri \$112/4 sess**

506491 Jul 2-5*
506492 Jul 8-12
506493 Jul 15-19
506494 Jul 22-26
506495 Jul 29-Aug 2
506496 Aug 6-9*
506497 Aug 12-16
506498 Aug 19-23
506499 Aug 26-30

Night Hoops Basketball Camp (10-13yrs)



Open to all youth, including Two-Spirit and LGBTQQIA+ youth ages 10-13yrs. Night Hoops Summer Camp returns! Join us for our two week camp to work on your skills and battle it out in 3v3 and 5v5. We start with fun and proper warm-ups, skills development, then life lessons. We finish with an inter-squad game!

Night Hoops strives to be a fun place to work on the fundamentals of basketball and grow with Night Hoops friends. Each session will include a team bonding game and an opportunity to review some of the everyday challenges/opportunities of our youth. Then, our Night Hoops coaches break athletes into teams and play 3v3 and/or 5v5. Teams are reset each week to provide opportunities to play with all Night Hoops athletes. We always end with a shooting cool-down. The focus will be on beginner and developmental-level players. Snacks and food are provided after each session. Please bring a water bottle.

Mon-Fri 4:00-6:00pm **Jul 8-19**
Gym D **Free**
511657 Night Hoops

Volleyball Fundamentals Camp (10-13yrs)

Focus on Fundamentals! The primary emphasis will be age- and ability-appropriate skill development. This reflects the recommendations of the National Coaching Certification Program Long-Term Athlete Development Model. Increasing skill competency increases the likelihood that children will gain the confidence to continue to play and enjoy playing. Emphasis will be on individual skill development, with scrimmages and games. Please bring a water bottle and towel, and avoid bringing any other personal items.

Tue-Fri 3:30-5:30pm **Jul 23-26**
Gym C **\$40/4 sess**
510757

Sports

Britannia Boxing – Family (6-12yrs)

For more information, see page 8.

Youth Basketball Drop-in (8-13yrs)



Drop-in preteen youth basketball for all levels. Please note, this is a non-instructional session. Please bring your own basketball.

Fri 5:00-6:45pm **Jul 5-Aug 16**
Gym C **Free**

Basketball

Focus on the fundamentals! The primary emphasis will be age- and ability-appropriate skill development. This reflects the recommendations of the National Coaching Certification Program Long-Term Athlete Development Model. Increasing skill competency increases the likelihood that children will gain the confidence to continue to play and enjoy playing basketball. Emphasis will be on individual skill development, with games and scrimmages worked in. Please bring a water bottle and towel, and avoid bringing any other personal items. No session Aug 3.

Beginner (8-12yrs)

Sat 11:00am-12:15pm **Jul 6-Aug 24**
Gym D **\$35/7 sess**
509183 Coach T

Intermediate (10-13yrs)

Sat 12:30-1:45pm **Jul 6-Aug 24**
Gym D **\$35/7 sess**
509184 Coach T

Volleyball Fundamentals – Preteen Girls+ (10-13yrs)

Focus on the fundamentals! The primary emphasis will be age- and ability-appropriate skill development. Children will gain the confidence to continue to play and enjoy playing volleyball. Emphasis will be on individual skill development, with games and scrimmages worked in. Please bring a water bottle and towel, and avoid bringing any other personal items.

Mon 3:30-5:30pm **Jul 8-29**
Gym C **\$20/4 sess**
509748 Kim

Axe Capoeira (7yrs+)

See page 8 for 5-15yrs classes.

Traditional Kung Fu (6yrs+)

For more information, see page 8.

Social

Free Youth Swim (11-18yrs)



Britannia's youth-only swim time, every other Friday. Contests, prizes, games and crazy stuff! Swim lessons are available to interested youth for the first 30 minutes; work on skills or improve your swimming abilities.

Fri 6:00-8:00pm **Jul 5 & 19**
Britannia Pool **Aug 2, 16, & 30**
Free



Welcome to the Teen Centre

A place in the community dedicated to youth. All youth 13-18yrs are welcome.

Youth, volunteers and youth workers work together to plan and run programs and activities for the Teen Centre. Join our youth committee to set direction for programs.

Feel free to pick up your copy of our summer activities calendar at the Teen Centre. If you do not see what you are looking for then get involved and make it happen!

The Teen Centre is a place to:

- Meet people
- Get information or support
- Share your ideas and interests
- Have fun
- Experience new things

Find us on Facebook:

@BritanniaTeenCentre

Summer Drop-in Hours

Wed-Fri 5:00-9:00pm

Registration

Register for all Teen Centre programs at the Teen Centre. Please note: A signed parent consent form is required for many of our programs. For more information, call 604 718 5828.

Staff

Youth Programmer:
Tom Higashio 604 718 5826
tom.higashio@vancouver.ca

Latin American Youth Worker:
Manuel Gamas 604 718 5829

Teen Centre Staff:
Anna, Barry, Chiho, Hali, Joel, Kristin, Manny, Ricky, Tiana, Tom.

Leadership

Britannia Youth Committee

We are looking for youth who want to be involved! Give back to the community, and initiate and follow through on community programs and projects. Contact Tom at 604 718 5826 for more info.

Summer Daycamp Volunteers Needed (16yrs+)

Britannia Funseekers are looking for motivated youth 16yrs+ to get involved in volunteering with children 6-12yrs of age in a fun and supported setting. It's a great leadership opportunity, and a way to give back to the community. Spend the weeks swimming, doing arts and crafts, playing games, learning about children's rights, going on out trips, and many other fun activities! Minimum 3 week commitment required and must complete a police record check. Reference available upon completion.

Social



Friends First Program / Grupo de Amigos (13-18yrs)

Make new friends and learn new skills! This program provides social, recreational, and educational activities for youth new to Canada, and youth who are interested in helping others settle into Vancouver. We meet every Saturday. To register and for more details, contact 604 718 5829. Consent forms are required to participate in the outings. Subsidies are available for all activities.

¿Conoce a jóvenes de tu edad y aprende al mismo tiempo! Este programa brinda actividades sociales, recreativas y educativas. Nos reunimos los días sábados. Para registrarse y obtener más detalles, comuníquese al 604 718 5829. Se requieren formularios de consentimiento para participar en las salidas. Subsidios disponibles para todas las actividades.

Sat 1:00-5:30pm
Teen Centre Jul 6-Aug 31
Free

Movie Night (13-19yrs)

Nothing on TV? Head over to the Teen Centre and watch movies with your friends while having some snacks.

Thu 7:00-9:00pm
Teen Centre Ongoing
Free

Queer Youth Drop-in (11-16yrs)

A safe and inclusive space for 2SLGBTQIA+, questioning or unlabeled youth ages 11-16 to authentically be themselves. Together, we'll co-create a space to share our experiences, learn from each other and have fun! Drop in any time. Snacks will be provided! Contact Khai at khai.truong@vancouver.ca for location information, more info or to discuss any access needs.

Sat 2:00-4:00pm
Khai Ongoing
Free

Free Youth Swim (11-18yrs)

Britannia's youth-only swim time, every other Friday. Contests, prizes, games and crazy stuff! Swim lessons are available to interested youth for the first 30 minutes; work on skills or improve your swimming abilities.

Fri 6:00-8:00pm
Britannia Pool Jul 5 & 19
Free Aug 2, 16, & 30

Cooking

Latin Cooking (13-18yrs)

Do you want to learn how to cook food from different Latin American countries? Come share your favorite dishes and learn new recipes! You will also learn how to choose foods that are more nutritious and shop on budget. To register, please contact the Latin American Youth Worker at 604 718 5829.

Thu 4:30-8:00pm
55+ Centre Jul 4-Aug 29
Free



Outdoors



The Great Escape Outdoors – GEO (13-18yrs)

GEO is a great way to explore our incredible surroundings, learn new things, and meet lots of great people. We offer a variety of outdoor activities suitable for almost any level of fitness, which may include indoor rock climbing, snowshoeing, and tubing. Pick up a monthly calendar to get a complete listing.

We provide all necessary equipment, food, transportation, and guides/instructors, unless otherwise stated. Any overnight trip has co-ed leaders and at least one trained staff in Wilderness First Aid. The cost of the outings should not prevent any youth from participating, so let staff know. If you have any questions or would like to register please call 604 718 5828. All registration done at the Teen Centre.

Summer Out Trips

The Britannia Youth Program will be running a series of out trips in July and August. We have way too many activities to put them all in here! Some activities include Playland, canoeing, picnics at the beach, swimming, movies and much more. Don't miss out on these great activities. Pick up our more detailed summer pamphlet at the Teen Centre now.

Pre-registration for these trips is necessary and parents must sign consent forms. Space is limited and youth will be accepted on a first-come first-served basis.

Participants are encouraged to plan ahead and bring any things that they think they might need for the trip they're going on. Some examples would be a hat, sunscreen, water, food, or money for food, etc. All registration is done through the Teen Centre. The cost of the outings should not prevent any youth from participating, so let staff know.

Camps

Camp Sasamat (13-18yrs)

In collaboration with other Vancouver youth programs, spend two nights and three days participating in workshops and activities, including a high ropes course challenge, kayaking or canoeing, and rock climbing. We will be staying in cabins at Camp Sasamat, on the waterfront in Port Moody. Youth will be challenged to participate, discuss and share in all activities. We will be using activities from the "Play it Fair" and "Speaking Rights" toolkit which promotes the values of children's rights, followed by a discussion of what they felt, thought and learned. Every child has the right to know their rights. To register, please contact the Teen Centre at 604 718 5828.

Tue-Thu 9:00am-5:00pm **Aug 27-29**
Camp Sasamat **\$175/trip**

The Greenhorn Community Music Project – Summer Workshop Series (12-17yrs)

The Greenhorn Community Music Project aspires to join the creative forces of youth, professional musicians, and community members to compose, practice, and perform a variety of musical styles in service of orchestrating social change you can dance to.

Greenhorn provides this one week summer workshop series in preparation to perform at Honk! BC on July 21 (Grandview Park) and other possible dates and locations (TBA). Free Britannia membership required. Instruments available. For more information and to sign up your child, please email brenda.koch@openairorchestra.com.

Mon-Fri 10:00am-2:00pm **Jul 15-19**
Carving Pavillion **Free**
Brenda & Tim

Physical Activity

Axe Capoeira (7yrs+)

See page 8 for 5-15yrs classes.

Britannia Boxing (13yrs+)

For more information, see page 17.

Indoor Soccer (11-18yrs)

Free soccer for youth (with high school ID). New players welcome! Come have fun and practice your soccer skills. Please bring a water bottle.

Tue 6:00-8:00pm **Jul 2-Aug 27**
Gym D **Free**
509193

Archery – Beginner (12-18yrs)

Introduction to archery, including history and trying a variety of different bows. Emphasis will be on individual skill development. Please bring a water bottle and towel, and avoid bringing any other personal items. No session Aug 3.

Sat Jul 6-27 **Gym C**
Bernice 509179 2:00-3:30pm
509180 3:45-5:00pm **\$20/4 sess**



Adapted Fitness Boxing (13-18yrs)

This non-contact class for neurodiverse youth will teach the basics of punching and footwork of boxing, which is not only fun but fosters confidence and body awareness. Boxing is an excellent practice for coordination and overall movement literacy. Some kids learn to discover their strength, some to regulate their strength. One-to-one support is not provided; the ratio is 1 instructor for up to 5 youth. Equipment provided. Please bring a water bottle and towel. The Boxing Room is located in the Gym C building.

Thu 7:15-8:15pm **Jul 4-Aug 15**
Boxing Rm **\$70/7 sess**
509377 Jay

Youth Fitness Bootcamp (13-18yrs)

This program is for developing young athletes as they become physically literate and competent with fundamental movements. Basic movements, balance and coordination are honed through games, relays and drills with a focus on high energy and fun. As the comfort level increases they will work on strength and speed while maintaining a high level of conditioning. Coaches will teach and challenge so youth will increase confidence in their abilities. Please bring a water bottle and towel, and avoid bringing any other personal items.

Mon-Fri 4:00-6:00pm **Aug 19-23**
Gym D **\$50/5 sess**
509747 Game Ready



Latin American Youth Program / Programa Juvenil Latinoamericano

The Latin American Youth Program (LAYP) offers cultural and recreational activities for Latinx youth ages 13-18yrs. These activities range from organized recreational programs to advocacy and referral services. For more information and to register, please contact the Latin American Youth Worker at 604 787 9251.

El Programa de Jóvenes Latinoamericanos ofrece actividades culturales y recreativas para jóvenes de 13 a 18 años. Estas actividades incluyen programas recreativos, servicios de abogacía y referencia. Para obtener más información llama al 604 787 9251.

Grupo de Amigos / Friends First Program (13-18yrs) ☀️

¿Conoce a jóvenes de tu edad y aprende al mismo tiempo! Este programa brinda actividades sociales, recreativas y educativas. Nos reunimos los días sábados. Para registrarse y obtener más detalles, llama al 604 787 9251. Se requieren formularios de consentimiento para participar en las salidas. Subsidios disponibles para todas las actividades. Los espacios son limitados, y el registro es necesario.

Make new friends and learn new skills! This program provides social, recreational, and educational activities. We meet every Saturday. To register and for more details, call 604 787 9251. Consent forms are required to participate in the outings. Subsidies are available for all activities. Spaces are limited; registration is required.

Sat/Sáb 1:00-5:00pm Jul 6-Aug 31
Teen Centre Free/Gratis

Fútbol Sala Mixto / Co-ed Indoor Soccer (13-18yrs) ☀️

Fútbol para jóvenes (con identificación escolar). ¡Nuevos jugadores son Bienvenidos!

Free soccer for youth (with high school ID). New players welcome!

Tue/Mar 6:00-8:00pm Jul 2-Aug 27
Gym D/Gim D Free/Gratis
509193

Cocina Latinoamericana / Latin Cooking (13-18yrs) ☀️

¿Quieres aprender a cocinar comida de diferentes países de América Latina? ¡Ven, comparte tus platos favoritos y aprende nuevas recetas! También aprenderás a elegir alimentos más nutritivos y económicos.

Do you want to learn how to cook food from different Latin American countries? Come share your favorite dishes and learn new recipes! You will also learn how to choose foods that are more nutritious and shop on budget.

Thu/Jue 5:00-7:00pm Jul 4-Aug 29
55+ Centre Free/Gratis

Comité de Juventud Latinoamericana / Latin American Youth Committee (13-18yrs) ☀️

Buscamos jóvenes que estén interesados en iniciar nuevos programas y actividades para nuestra comunidad. Si desea apoyar a nuestra comunidad, iniciar nuevos proyectos y eventos, llama al 604 787 9251. Nos reunimos el primer miércoles de cada mes de 4:00-5:00pm.

We are looking for young people who are interested in starting new programs and activities for our community. If you want to support our community, start new projects and events, please contact 604 787 9251. We meet on the first Wednesday of each month from 4:00-5:00pm.

Subsidies

Britannia provides assistance to those who are not able to afford the advertised cost of certain programs and activities. Please note: Maximum of two subsidies per person per season.

Some programs do not qualify for subsidy. Our subsidy policy does not apply to Britannia Child Care programs or products that are resalable.

Non-residents of Vancouver are not eligible for subsidies.

Leisure Access Program

The Leisure Access Program (LAP) provides low-income City of Vancouver residents with reduced cost programs and services at Britannia and Park Board facilities.

LAP card holders may receive up to 50% off certain programs. To learn more and to apply, visit:

vancouver.ca/leisureaccess



Grandview-Woodland & Strathcona Subsidy

Program participants living in the Grandview Woodland and Strathcona areas who are in need of financial assistance may request a subsidy of up to 25% off course costs for certain programs by completing an application.

FREE 'Fun For All' Recreation

Britannia operates a wide range of free and pay-what-you-can recreation programs. The Britannia Board of Management is committed to ensuring that people have access to programs and that fees are not a barrier to members of the Grandview-Woodland and Strathcona Communities.



Look for the "Fun for All" stamp in the Brochure to find our free and pay-what-you-can programs.

Weaving Community Together



Indigenous-led Programs

No one turned away for lack of funds. Full subsidies available for Leisure Access Program participants. See page 2 for more information or contact Denise Johnson at denise.johnson@vancouver.ca or 604 257 3091.

Tuesday workshops take place in the Rink Mezzanine room in the Ice Rink. Wednesday workshops take place in the beautiful ʔxʷqʷeləwən ct Carving Centre.

WCT Thursdays in the 55+ Centre (All ages)

The 55+ Centre hosts gatherings every Thursday, beginning with a lunch. We'll be joined by Indigenous cultural Knowledge Keepers at 1:00pm. Everyone is welcome. It's a time for cultural crafts, sharing circles, monthly movie matinées, and bingo! Drop-in.

Please note: Most sessions are free drop-ins, except the sessions on Jul 4 & Aug 22, which are \$5 to cover materials. Please see the following listing for registration info for the Aug 22 session.

Thu 12:00-4:00pm Jul 4-Aug 29
55+ Centre Free or \$5/1 sess

Date	Session
Jul 4	Indigenous/Métis Candle Making with Christina Fortin (\$5 Drop-in)
Jul 11	Indigenous/Métis Bath Bombs with Christina Fortin
Jul 18	Tote Bags with Melissa Angus
Jul 25	West Coast Button Wall Hangings with JB the First Lady
Aug 1	Regalia Family Photo Shoot
Aug 8	TBD
Aug 15	Orange Shirt Pins with Wagella Hunt
Aug 22	Orange T-shirt Press with Melissa Angus (\$5 - Please pre-register)
Aug 29	Hair Braiding with Ashley Jack

WCT Thursdays in the 55+ Centre – Orange T-Shirt Press (All ages)

Melissa Angus is back—this time, helping the community get ready for Orange Shirt Day. The Indian Residential School Survivors Society will be on-site for those needing more information and a safe space to talk. Please register in advance and add your t-shirt size to the registration information.

Thu 12:00-4:00pm Aug 22
55+ Centre \$5/1 sess
513195 Melissa

FitNation

FitNation is a free eight-week Indigenous aquatic fitness program for Elders and adults in the community who are interested in improving their mobility, agility, balance and general fitness.

FitNation is part of I-SPARC (Indigenous Sport, Physical Activity & Recreation Council). I-SPARC is committed to inspiring Indigenous people in BC to move, play and compete. Snacks provided. Registration required.

55yrs+

Tue 10:15-11:15am Jul 9-Aug 27
Britannia Pool Free
511219 Brenlee

19yrs+

Wed 8:00-9:00pm Jul 10-Aug 28
Britannia Pool Free
512822 Brenlee



Indigenous Elders Tea & Bannock Drop-in (55yrs+)

Mid-morning tea and bannock for Indigenous Elders. Join us for fun, weekly socializing, board games, cards, and other activities, including arts and crafts! The bannock is made fresh every Friday by local chef, Paul Fortin.

Fri 9:30-11:30am Ongoing
55+ Centre Free

Carving Sessions in ʔxʷqʷeləwən ct (15yrs+)

Please join us for carving classes with local West Coast artists in ʔxʷqʷeləwən ct on Sundays! Your knowledge keepers will teach you how to use the tools, as well as the importance of cedar carving in Indigenous history. Please register in advance to reserve your spot. Drops-ins accepted, space permitting.

Sun 1:00-4:00pm Jul 7-28
ʔxʷqʷeləwən ct Free
513469 West Coast Knowledge Keepers

Special Events

National Indigenous Peoples Day Celebration (All ages)

Join us at Grandview Park as we recognize and celebrate Indigenous cultures, resilience, and the diversity of First Nations, Inuit and Métis peoples across Turtle Island. Enjoy the Indigenous Market and performances by Indigenous artists of various musical genres.

Fri 12:00-4:00pm Jun 21
Grandview Park Free

National Indigenous Peoples Day Swim (All ages)

Swim, dive, splash, and have fun! The leisure pool is open to all families to celebrate National Indigenous Peoples Day. Bring your family and have some popcorn, fruit, and drinks before splashing around in the pool. The hot tub will be available as well. During public swim sessions, the pool may share a lane for length swimming.

Fri 6:00-8:00pm Jun 21
Britannia Pool Free

End of Summer BBQ (15yrs+)

The Weaving Community Together team wants to thank all who participated in the program this summer, and end our summer programming off with some great food in the beautiful ʔxʷqʷeləwən ct Carving Centre. Knowledge Keepers and all WCT participants are welcome to attend. Come prepared for the weather!

Wed 1:00-4:00pm Aug 28
ʔxʷqʷeləwən ct Free
509965

Weaving Community Together

Workshops in Grandview Park

In partnership with the Vancouver Park Board - Park Activations team.

Drum Circle in Grandview Park (55yrs+)

Seisloom invites you to join our Indigenous led drum circle, open to all peoples. Share medicine through drumming, singing, and listening. Everyone welcome. Please register in advance.

Mon 5:00-6:00pm Jul 8-Aug 26
Grandview Park Free
508328 Seisloom

Weaving in Community – Outdoors (15yrs+)

Learn how to weave small introductory level cedar weaving projects with Haida artist, Todd DeVries. Listen to the protocols followed when harvesting and preparing cedar. Enjoy cultural crafting, peer support, and sharing with Indigenous and non-Indigenous Elders and others. Drop-in or register for every week.

Tue 2:00-6:00pm Jul 2-Aug 27
Grandview Park Free
508329 Todd

Workshops

Tote Bag Heat Press with Melissa Angus (15yrs+)

Come join Melissa-Rae Angus from the Gitxaala, Nisgaa, Cree and Métis Nations. Participants will learn the art of heat press with her beautiful Wilder Wolf Creations medicine bags. Registration for this session is open and ongoing. Please register in advance to reserve your spot. \$5/drop-in, space permitting.

Tue 6:00-9:00pm Jun 11
Rink Mezz \$5/1 sess
509936 Melissa



Poetry Slam & Bannock with Shauntelle Dick-Charleson – Drop-in (15yrs+)

Come join Lekwugen and Nuuchahnulth (Heshquiaht First Nation) artist Shauntelle speak on her powerful poems and enjoy some tea and bannock as well. Shauntelle speaks on powerful topics to raise awareness about Indigenous cultures on Turtle Island. No registration required.

Tue 6:00-9:00pm Jul 2
Rink Mezz Free
Shauntelle



Candle Making with Christina Fortin (15yrs+)

Learn the candle making process with Métis artist Christina Fortin. Participants will create a beautiful candle with Indigenous scents such as cedar and sweet grass. Christina will also show you how to create fun candles for the kids. Please register in advance to reserve your spot. \$5/drop-in, space permitting.

Wed 1:00-4:00pm Jul 3
Šxwq'wələwən ct \$5/1 sess
509942 Christina

Paint Your Friend with Amber Katzel (15yrs+)

Join Amber for a fun Tik-Tok inspired event and paint your friend! Amber will show you how to get started on your masterpiece in this fun workshop. No experience is necessary, just have fun and bring your sense of humor! Please register in advance. \$5/drop-in, space permitting.

Tue 6:00-9:00pm Jul 9
Rink Mezz \$5/1 sess
509945 Amber

Open Sewing Circle with Chantel Dustyhorn (15yrs+)

Back my popular demand! Come drop-in and bring in any of your unfinished projects, such as your ribbon skirts, moccasins, shawls, etc. If you have a project, but need motivation to complete it, bring it to Britannia and come hang with a great group of crafters and sewers!

Tue 6:00-9:00pm Jul 16
Rink Mezz Free
Chantel

Bath Bombs with Christina Fortin (15yrs+)

Christina is back, this time teaching participants the art of bath bomb making! Participants will leave with beautifully scented cedar, sweetgrass and sage (to name a few) bath bombs, infused with medicine.

Participants will learn how Christina culturally harvests for each of her creations. Please register in advance to reserve your spot. \$5/drop-in, space permitting.

Wed 1:00-4:00pm Jul 10
Šxwq'wələwən ct \$5/1 sess
509954 Christina

Cedar Baskets with Tiger Leonard Williams (15yrs+)

Learn traditional cedar weaving methods with Tiger Leonard Williams of the Kwakwaka'wakw Nation, and make a cedar basket. No experience necessary. Please register in advance. 20 participants max.

Wed 1:00-4:00pm Jul 24 & 31
Šxwq'wələwən ct \$20/2 sess
509957 Tiger

Indigenous Wellness Spa Night with Kim Kerrigan (15yrs+)

Join Haida knowledge keeper, Kim Kerrigan, for a relaxing spa night of facials and nail painting. Kim will have you leaving all relaxed and ready for your night! Please register in advance to reserve your spot. \$5/drop-in, space permitting. 15 participants max.

Tue 6:00-9:00pm Aug 6
Rink Mezz \$5/1 sess
509961 Kim

Wed 1:00-4:00pm Aug 7
Šxwq'wələwən ct \$5/1 sess
509963 Kim

Hair braiding with Ashley Jack (15yrs+)

Come get your hair braided with Ashley Jack from the Ulkatcho and Tsilhqotin Nations. This is a perfect time to get your kids' hair ready for back to school. Ashley has extensions and jewels to add into her wonderful braids. She will smudge (for those that request) and put good thoughts out while braiding your hair! Please register in advance to reserve your spot. \$5/drop-in, space permitting.

Tue 6:00-9:00pm Aug 27
Rink Mezz \$5/1 sess
513196 Ashley

Vancouver Aboriginal Health Society – Indigenous Early Years Co-Location at Britannia

Tracy Joseph, Family Support Worker, offers parenting programs such as Nobody's Perfect Parenting, Bringing Traditions Home, and Cultural Corner. Programs are provided to Indigenous Early Years families. For more information, please contact Tracy.

T: 604 718 5891
tracy.iej@vahs.life

C: 604 363 9627

Arts

Working With Cement – Cement Bowl (16yrs+)

Learn how to use cement to make beautiful and useful homeware. This course will teach some techniques and handy tricks to make your own cement bowl. From choosing your mold, mixing and pouring your concrete, curing and sealing, Karine Zamor (The Cement Lady) will show you a window to her passion. Each student will make a lovely bowl to take home.

Sat 2:00-4:00pm Jul 13 & 20
Rink Mezz \$94.50/2 sess
507094 Karine

Pottery – Wheel Intensive (16yrs+)

Further develop your wheel-throwing skills with Helen Spaxman in this class of four evenings of throwing and manipulating objects from the potter's wheel. Come back twice the following week to glaze and to pick up your work. Glaze your pieces on July 16 and pick up your finished work on July 18. Email helenspaxman@yahoo.ca for more information.

Tue-Fri 6:30-9:00pm Jul 9-12, 16 & 18
Rm 208 \$250.95/6 sess
505664 Helen



Wood Carving Monthly Meetup (19yrs+)

For those who have taken one course with the Vancouver Tool Library and would like to continue with a monthly gathering with other carvers. Located in the carving pavilion. \$20 spoon blanks are available.

Thu 6:30-9:00pm Jun 27, Jul 18
Carving Pavilion Aug 22, Sep 19
496144 Free
Vancouver Tool Library

Music

Carnival Band (All ages)



Looking for an excuse to dust off that instrument in the back of your closet or a way to bring a little music and colour to your community? The Open Air Orchestra Society invites you to our street band workshops. All levels and ages welcome! Suggested donation is ¼ of your hourly wage or \$5 pay-what-you-can. Britannia membership required. For more information or bookings, email vancouvercarnivalband@gmail.com. Sessions take place in the šxwqwelewən ct Carving Centre in the Britannia parking lot. No session Aug 5.

Mon 7:00-9:30pm Jul 8-Aug 26 šxwqwelewən ct By donation Tim/Ross

Solidarity Notes Labour Choir (16yrs+)

Solidarity Notes Labour Choir is a group of social justice, environmental and labour activists who know that music is more than pleasurable sound; it's a powerful language to educate, connect us and remind us of our strength and history. We are a non-auditioned choir and welcome everyone. Suggested fee of \$35/month, or pay what you can. Check solidaritynotes.ca for the practice schedule. Free Britannia membership required. Summer sessions take place outdoors at the covered area outside Britannia Elementary.

Will return in the fall.

African Drumming (16yrs+)

Learn how to play traditional West African rhythms on hand drums (djembés) and base drums (dununs). These introductory lessons are fun and concentrated. Learn foundational rhythms and playing techniques. Completion of Level 1 required to move onto Level 2, and completion of Level 2 required to move onto Level 3 (or permission from the instructor). He can be contacted through his website drumming.ca. Levels 2 & 3 can be repeated several times as new rhythms are taught every course. Drums are supplied during class times or BYOD.

Level 1

Sat 2:30-3:45pm Jul 6-Aug 10
Cafeteria \$113.40/6 sess
508602 Russell

Level 2

Wed 8:00-9:15pm Jul 3-Aug 7
508606 \$113.40/6 sess

Sat 12:30-1:45pm Jul 6-Aug 10
508603 \$113.40/6 sess
Cafeteria Russell

Level 3

Wed 6:30-7:45pm Jul 3-Aug 7
508607 \$113.40/6 sess

Sat 11:00am-12:15pm Jul 6-Aug 10
508605 \$113.40/6 sess
Cafeteria Russell

Salsa Cubana & Rueda De Casino

Singles and couples welcome. Upon completion of each program, the instructor will assess the student's level and determine if they can move up to the next level.

Beginner (18yrs+)

No experience necessary. This is your introduction to Cuban Salsa! We will start with the basic steps, at first in a line and then in a circle-formation known as a Rueda. We will progress from passing followers from one leader to the next, to turns and moves such as Vacilala, Casate, Sombrero, etc.

Wed 7:45-9:15pm Jul 3-Aug 14
CFEC \$150.68/7 sess
508643 Karlos

Beginner/Intermediate (18yrs+)

We will continue where we left off in the Beginner class and will add more moves, such as La Ye Simple, La Ye, Sombrero Complicado, Tornillo, Pelota, Setenta, etc.

Tue 7:30-9:00pm Jul 2-Aug 13
Gym C \$150.68/7 sess
508642 Karlos

Intermediate (18yrs+)

We will review the moves learnt in the Beginner/Intermediate class and learn new moves! No class Aug 5.

Mon 7:30-9:00pm Jul 8-Aug 12
Gym C \$107.63/5 sess
508641 Karlos

Advanced (18yrs+)

In this class, you will learn complex variations of Caramelo, Malanga, Camina, Alo Cubano, Setenta y Virate, etc. as well as moves involving two couples. Pre-requisite: Previous experience, successfully completed Intermediate Salsa Cubana Rueda class, and consultation with the instructor before beginning the course.

Thu 7:30-9:00pm Jul 4-Aug 15
CFEC \$150.68/7 sess
508644 Karlos

GWFC Programs



The Grandview Woodland Food Connection provides a broad spectrum

of food security programs that connect and strengthen the community. We work towards a community-based, accessible, just, decolonized, and sustainable local food system. To get involved, email gwfcnetwork@gmail.com or visit:

gwfoodconnection.com

Britannia Bulk Buy Food Club

Interested in fresh and healthy food at wholesale prices? Once a month, you can purchase a \$15 bag of assorted produce at Britannia. Buying with your neighbours can help you save up to 40% on your food bill. You get 10-14 varieties of fruits and vegetables, plus access to supplemental donations. For low income folks in the Grandview Woodland and Strathcona neighbourhoods. No proof of income needed. Email bbbfoodclub@gmail.com or call 604 718 5895 for more info or to be added to the waitlist.

Pollinator Meadows (12yrs+)

What is pollination? Who are pollinators? And how might we support their habitats in the city and in the spaces where we grow food and medicine? Learn about pollinator-friendly plants and how to care for our local pollinators. You will leave with printed information and the gift of pollinator seeds. Garden gloves will be provided; please wear closed-toed shoes. Sliding scale/pay what you can options available.

Tue 4:30-6:30pm Jul 9
Transformed Life Garden Sarah
510708 \$5 sliding scale option
513069 \$10 sliding scale option
513070 \$15 sliding scale option

Honey Bee Behaviour: Apiary Tour (12yrs+)

Meet the bees with us! Who are the honey bees and how do we interact with them? Learn about eating honey, beeswax candles, making medicinal salves, tending to honey bee health, and communicating with them through sensory connection. Observe the honey bee hive and see where the honey is made. You will leave with printed information and some pollinator seeds. Veils for observing the honey bees will be provided; please wear closed-toed shoes. Sliding scale/pay what you can options available.

Fri 4:30-6:30pm Jul 26
Transformed Life Garden Sarah
513071 \$5 sliding scale option
513072 \$10 sliding scale option
513073 \$15 sliding scale option

Honey Bee Tending Workshop: Apiary Tour (12yrs+)

How do we manage healthy honey bees? How do we tend abundant gardens, while reducing the harm that honey bees may have on local native bees? Learn while observing the honey bee hive and see where the honey is made. You will leave with printed information and some pollinator seeds. Veils for observing the honey bees will be provided; please wear closed-toed shoes. Join us for a summer celebration of flowers and pollinators! Sliding scale/pay what you can options available.

Tue 4:30-6:30pm Aug 6
Transformed Life Garden Sarah
513074 \$5 sliding scale option
513075 \$10 sliding scale option
513076 \$15 sliding scale option

Hydrosol Workshop: Distilling Cedar (12yrs+)

Led by Indigenous farm owner Melissa Meyer from Rose Island Farm, experience the tradition of copper distilling with cedar. This hands-on workshop honours the cedar tree, known as the tree of life, a vital Indigenous medicine. Learn how to create cedar hydrosol and essential oils using copper distillation techniques. Bring your own spray bottle to take home your own sample. Connect with nature and discover the many uses of cedar at this unique event! This workshop is designed for individuals interested in traditional distillation methods and those who appreciate the connection between nature and culture. Sliding scale options available.

Fri 4:00-7:00pm Aug 2
Transformed Life Garden Melissa
513078 \$5 sliding scale option
513079 \$10 sliding scale option
513080 \$15 sliding scale option

Nature's Helpers: Join Our Volunteer Garden Crew (12yrs+)

Let's cultivate community in the garden. Join our Work Parties every bloomin' Sunday with Victoria. We meet in the Nexwáys wa lh7áyñexw (Transformed Life Garden) or šxwq'weləwən ct (One Heart One Mind Garden). This is experiential hands-on learning includes planting, watering, weeding, and harvesting. Free and open to all, so bring your friends! No registration required—simply show up with enthusiasm and a green thumb, rain or shine. For more information, please email Ruth Elizabeth at gwfcnetwork@gmail.com or call 604 718 5895. No session Jul 28 & Aug 4.

Sun 10:00am-1:00pm Jul 7-Aug 25
Transformed Life Garden Free
Victoria

Volunteer Program

Fun Bike Rides (19yrs+)

Join other Britannia volunteers and community members for a fun bike ride around Vancouver. We will leave from Britannia and explore local favourite bike trails at a leisurely pace. Participants should be confident riding approximately 30-60 kilometers. Waivers and release forms need to be signed prior to the rides. To receive the updated list of upcoming rides and sign up, please email britanniavolunteer+rides@gmail.com.

Volunteers Needed (16yrs+)

Britannia Funseekers are looking for motivated youth 16yrs+ to get involved in volunteering with children 6-12yrs of age in a fun and supported setting. It's a great leadership opportunity, and a way to give back to the community. Spend the weeks swimming, doing arts and crafts, playing games, learning about children's rights, going on out trips and many other fun activities! Minimum 3 week commitment required and must complete a police record check. Reference available upon completion. Please contact Yao at 604 718 5860 or yao.zhang@vancouver.ca.

Britannia Wellness Check-In Program (B-Well CIP)

With more heat waves happening every year, it's important to check in on seniors who stay at home by themselves or live alone. This initiative is a lifeline that reinforces community ties and instills a sense of belonging among seniors in the Grandview and Woodland community.

The B-Well CIP Program creates a bridge of care and safety for seniors, allowing family, friends, and caregivers to connect their loved ones with a community-driven and volunteer-based phone support network at Britannia. This proactive approach ensures no one is overlooked during extreme weather conditions.

Please call 604 718 5800 (1) to refer seniors who might benefit from regular wellness checks; seniors can also self-refer.

We are also looking for volunteers to join our dedicated team. A simple phone call through the B-Well CIP Program can offer solace, security, and essential information. Together, we can foster a sense of community, combating isolation and mitigating the risks posed by the summer heat. Please note: A police record check is required for all volunteers participating in this program. If you're interested in volunteering for the B-Well CIP program, please email yao.zhang@vancouver.ca.

Physical Activity

Axe Capoeira (16yrs+)

Must have a minimum of 6 months Capoeira experience or permission from the school. Students are expected to execute all basic movements. Classes cover all aspects of Capoeira: Martial arts, dance, music, acrobatics, culture, language. Classes focus on developing rhythm, reflexes, balance, coordination, strength, flexibility. Uniform required. Fees do not pro-rate; monthly rate only. Mon/Fri classes are in the Cafeteria. Weds classes are in CFEC. No class Aug 5.

Mon/Wed 6:15-7:30pm	Fri 7:30-8:30pm
Cafeteria	Marcus
507973 Jul 3-26	\$131.25/11 sess
507972 Jul 29-Aug 16	\$115.50/8 sess

Ball Hockey – Men (40yrs+)

This is a no-body contact, recreational hockey program. Rough play will not be tolerated. No league players. No drop-ins.

Sun 6:45-8:45pm	Jul 7-Aug 25
Gym D	\$50.40/8 sess
507984 Edwin	

Badminton (18yrs+)

Come play some badminton with us! Singles if it's slow, otherwise doubles. Rotate after your game to get a short break, then more action! There are 30 pre-registered and drop-in spaces available. \$7/drop-in, space permitting. No class Aug 9.

Drop-in Rules: Join the drop-in list at the Pool Cashier at the start time. Registered players have 15 minutes to claim their spot; after that drop-ins list can purchase a spot, space permitting. Pay at the Pool Cashier and submit the receipt to the instructor.

Fri 7:00-9:45pm	Jul 5-Aug 16
Gym C	\$44.10/6 sess
507980 Allen	

Iyengar Yoga – Level 1 & 2 (18yrs+)

Physically energizing, deeply relaxing and emotionally uplifting. Learn classical yoga with an emphasis on self-awareness and development of strength, stamina, flexibility, balance, body awareness, postural alignment and relaxation. The class is taught with clarity, creativity, and sensitivity to individual needs, in an atmosphere of compassion and humour. Your own mat and equipment is optional but recommended; we have mats and equipment you can use. Claudia has invited longtime colleague, Bridget Donald, to instruct this class. For information or questions, contact claudiamacyoga@gmail.com. \$25/drop-in.

Tue 7:00-8:30pm	Jul 2-30
CFEC	\$110.25/5 sess
507989 Bridget	

Britannia Boxing (13yrs+)

Britannia's own fun, inclusive, and informative boxing program where anyone can come and learn proper techniques, hit the bags, and work out with our coaches. Bags, gloves, portable ring, and more await you in our boxing gym! Come learn new skills, and break a sweat while working at your own pace. Stay as long as you would like—classes are unlimited. The Boxing Room is located in Gym C. First time participants, pay \$15 drop-in. After this, pay the monthly fee. Fees cannot be prorated. No class Aug 5.

Mon-Fri 5:00-7:00pm	Sat 2:00-4:00pm
Boxing Rm	Jay
507987 Jul 2-31	\$94.50/mo
507986 Aug 1-21	\$94.50/mo

Basketball (18yrs+)

Come get your sweat on with our 5 on 5 full court basketball game. First to 15 points, then rotate. 15 players maximum. No drop-ins. No class Aug 4.

Sun 2:00-4:00pm	Jul 7-Aug 18
Gym C	\$37.80/6 sess
507985 Simon	

Zumba® (18yrs+)

ZUMBA® fuses Latin rhythms and easy to follow moves to create a dynamic workout system for everyone at any fitness level. It combines Salsa, Cumbia, Merengue, and more giving you a feel-happy workout that is great for both the body and the mind. \$14/drop-in. No class Aug 5.

Mon 6:00-7:00pm	Jul 8-Aug 12
Gym C	\$65.63/5 sess
508003 Eric	
Wed 6:00-7:00 pm	Jul 3-Aug 21
Gym C	\$105/8 sess
508004 Denise	

Ki Aikido – Women, Trans, and Non-binary Intro Class (14yrs+)

This class is queer positive and open to women, trans folk, Two Spirit and gender diverse individuals. Looking for an embodied practice that helps you deal with the stress of daily life? Give the Art of Peace a try in a supportive environment! Ki Aikido is a non-competitive practice that helps develop calmness, stability and confidence. Improve your mind-body connection, and learn how to stay relaxed and centered under pressure. Suitable for all ages and physical abilities. Try one free session anytime. \$8/drop-in. No class Jul 24 & 31, and Aug 14.

Wed 5:45-7:00pm	Jul 3-Aug 21
Mat Room	\$31.50/5 sess
510551 Emily	

Ki Aikido (18yrs+)

In Ki Aikido, we emphasize the awareness and use of Ki (mind energy, intention). We practice Ki Aikido exercises to learn how to sense our partner's Ki and redirect it, transforming potential conflict into a peaceful resolution. Suitable for all physical abilities. Beginners may try one free general class. The High Grade class is for 1st Kyu or more advanced students. No class Jul 29 and Aug 5, 7, 12 & 14.

General

Wed 7:30-9:30pm	Jul 10-Aug 21
Mat Room	\$31.5/5 sess
507991 Louis	\$10/drop-in

High Grade

Mon 7:30-9:30pm	Jul 8-Aug 19
Mat Room	\$21/4 sess
507992 Emily	\$6/drop-in

Salsa Fit – Drop-in (18yrs+)

Inigorating and energizing cardio combining high/low impact aerobics with a salsa flare. Great music and lots of fun. Includes a muscular strengthening component and stretching. Purchase drop-in tickets at pool office. \$6.30/drop-in or \$47.25/10 tickets.

Drop-in Rules: A class sign up list will be available at the Britannia Pool at 8:30am on the day of the program. Go to the pool office to sign up for that day's program. We are unable to accept any sign-ups over the phone. Pay the drop-in rate or if you have a strip ticket, give it to Denise at the class.

Sat 9:30-10:30am	Jul 6-27
Gym C	\$6.30/drop-in
Denise	

Traditional Kung Fu (6yrs+)

This Northern Shaolin style class will teach you traditional forms, weapon forms, sparring and self-defense. It will help you gain physical and mental strength, and develop self-confidence and discipline. Students must be able to attend regularly. Fees do not pro-rate. No class Aug 5.

Beginner

Mon/Fri 4:30-5:45pm	Jul 5-Aug 9
CFEC	\$134/10 sess
508000 Marquis	

Intermediate

Mon/Fri 4:30-6:15pm	Jul 5-Aug 9
CFEC	\$144/10 sess
508001 Marquis	

Advanced

Mon/Fri 4:30-6:30pm	Jul 5-Aug 9
CFEC	\$154/10 sess
507999 Marquis	

55+ Older Active Adults

Welcome to the 55+ Centre

Whether you want to register for an in person or online class, drop-in for coffee, or just rest your feet awhile—we have something for you. We look forward to welcoming you to our programs or our drop-in hours. For more information, call us at 604 718 5837 or visit:

britanniacentre.org/55plus



Staff

Anne Cowan
Kya Prince
604 718 5837

anne.cowan@vancouver.ca
kya.prince@vancouver.ca

Vietnamese Program

Luong Ho
604 718 5818

luong.ho@vancouver.ca

Registration for 55+ Programs

Registration opens on Tuesday, June 11 at 7:00pm (online and in-person only), and by phone on June 12 at 9:00am.

604 718 5800 (1)

vanrec.ca

Seniors, Elders and Advocates (SEA) Committee

We meet on the 3rd Wednesday of every month to discuss what matters to seniors and older adults in our community. Inclusion, representation and participation of seniors and Elders is of the utmost importance as we discuss programs and services to offer the community that are relevant, needed and valued. New members are welcome and encouraged. Meeting in person and online by request; for the meeting link please contact us at 604 718 5837.

Wed 3:30-5:00pm
Conference Room

Jul 17, Aug 21
509320

Drop-in Hours

Mon	10:00am-5:00pm
Tue	9:00am-2:00pm (Vietnamese Seniors) 2:00-5:00pm
Wed	10:00am-5:00pm
Thu	10:00am-4:00pm
Fri	10:00am-5:00pm

Extreme Heat Preparedness Support

Britannia Community Centre works with the City of Vancouver and local community partners to support heat-vulnerable community members. This summer, workshops will include Heat Safety and Wildfire Smoke Information. We'll be giving out free Cool Kits, and sharing resources for extreme heat emergency planning. Stay tuned—dates to be announced at britanniacentre.org, on social media (@BritanniaCentre), or call 55+ Centre staff at 604 718 5837.

Vietnamese Program / Chương Trình Cao Niên Việt Nam

This program provides settlement services, and educational and informative workshops about federal and provincial programs for Vietnamese seniors. It also raises awareness of issues impacting seniors as well as providing advocacy, information about legal issues, safety, and support resources. If you have any questions, please contact Luong Ho at 604.718.5818 or luong.ho@vancouver.ca.

Cung cấp miễn phí tất cả các dịch vụ hỗ trợ cho cao niên Việt Nam về những chương trình trợ cấp của chính phủ liên bang và tỉnh bang. Bao gồm tiền già (OAS) tiền phụ cấp (GIS), nhà cửa (BC Housing), phụ cấp tiền nhà cho cao niên (SAFER), thẻ xe bus (Bus Pass), thẻ bơi (OneCard). Chương trình cao niên Việt Nam họp mặt vào mỗi ngày thứ ba hằng tuần từ 9:00 sáng đến 3:00 giờ chiều tại Nhà Cao Niên của Trung Tâm Britannia. Chương trình tạo điều kiện cho các cao niên Việt Nam gặp gỡ chia sẻ và hỗ trợ tinh thần, tham dự những buổi nói chuyện phổ biến những thông tin mới về quyền lợi và sức khỏe dành cho cao niên; tổ chức các chương trình vui chơi, du ngoạn... Để biết thêm chi tiết, xin gọi Luong Ho 604.718.5818.

Tue	9:00am-2:00pm	Ongoing	55+ Centre	Free drop-in
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Vietnamese Line Dancing (55yrs+)

Lớp Line Dancing được tổ chức với cơ quan REACH. Dành cho quý vị tuổi từ 55+ tham dự. Lớp hướng dẫn các điệu nhảy nhẹ nhàng và vui nhộn. Tạo điều kiện tập luyện sự thăng bằng và dẻo dai cho cơ thể. Yêu cầu ghi danh tham dự.

Fri	10:00am-12:00pm	Jul 5-Aug 30	CFEC	Free
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Vietnamese Ballroom Dance (55yrs+)

Hướng dẫn các điệu nhảy ballroom phổ biến. Giáo viên chú trọng đến các bước nhảy cùng dáng điệu căn bản cho từng nhịp điệu. Khiêu vũ là cách giúp bạn quên đi mọi âu lo và cùng hòa mình vào từng điệu nhạc. Lớp học được tổ chức chung với cơ quan REACH. Yêu cầu ghi danh tham dự.

Fri	12:00-2:00pm	Jul 5-Aug 30	CFEC	Free
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Britannia Wellness Check-In Program (B-Well CIP) NEW

With more heat waves happening every year, it's important to check in on seniors who stay at home by themselves or live alone. This initiative is a lifeline that reinforces community ties and instills a sense of belonging among seniors in Grandview Woodland and Strathcona.

The B-Well CIP Program creates a bridge of care and safety for seniors, allowing family, friends, and caregivers to connect their loved ones with a community-driven and volunteer-based phone support network at Britannia. This proactive approach ensures no one is overlooked during extreme weather conditions.

Please call 604 718 5800 (1) to refer seniors who might benefit from regular wellness checks; seniors can also self-refer.

Drop-in Crafts (55yrs+)

If you're a crafter, please join us every other Monday in the 55+ Centre. Everyone is welcome. We love to share our passion for craft and look forward to sharing with others. The Craft Collective members will be inviting guest artists to join us for new projects. No session Jul 1 & Aug 5.

Mon 1:30-3:30pm Jul 8-Aug 26
55+ Centre Free

Craft Collective (55yrs+)

This group of Elder and senior crafters raises funds to support Indigenous and other crafting programs at the 55+ Centre and in the community. We welcome new members to this working committee. Meets on the 3rd Monday of each month.

Mon 3:30-4:30pm Jul 15 & Aug 19
55+ Centre Free
509346

Weaving in Community – Outdoors (15yrs+)

Learn how to weave small introductory level cedar weaving projects with Haida artist, Todd DeVries. Listen to the protocols followed when harvesting and preparing cedar. Enjoy cultural crafting, peer support, and sharing with Indigenous and non-Indigenous Elders and others. Drop-in and stay awhile or register for every week. This program is free thanks to the Vancouver Park Board - Park Activations team.

Tue 2:00-6:00pm Jul 2-Aug 27
Grandview Park Free
508329 Todd

Crafting & Knitting Social Drop-in (All ages)

All ages, from beginner to advanced. We welcome you to join others for an afternoon of knitting, crafting and sharing in the cozy 55+ Centre. Tea and coffee will be served.

Thu 1:00-3:00pm Jul 4-Aug 29
55+ Centre Free

WCT Thursdays in the 55+ Centre (All ages)

The 55+ Centre hosts gatherings every Thursday, beginning with a lunch. We'll be joined by Indigenous cultural Knowledge Keepers at 1:00pm. Everyone is welcome. It's a time for cultural crafts, sharing circles, monthly movie matinées, and bingo! Drop-in. Most sessions are free except the sessions on Jul 4 & Aug 22, which are \$5 to cover materials. Please see the following listing for registration info for the Aug 22 session.

Thu 12:00-4:00pm Jul 4-Aug 29
55+ Centre Free or \$5/1 sess

Date	Session
Jul 4	Indigenous/Métis Candle Making with Christina Fortin (\$5 Drop-in)
Jul 11	Indigenous/Métis Bath Bombs with Christina Fortin
Jul 18	Tote Bags with Melissa Angus
Jul 25	West Coast Button Wall Hangings with JB the First Lady
Aug 1	Regalia Family Photo Shoot
Aug 8	TBD
Aug 15	Orange Shirt Pins with Wagella Hunt
Aug 22	Orange T-shirt Press with Melissa Angus (\$5 - Please pre-register)
Aug 29	Hair braiding with Ashley Jack

WCT Thursdays in the 55+ Centre – Orange T-Shirt Press (All ages)

Melissa Angus is back—this time, helping the community get ready for Orange Shirt Day. The Indian Residential School Survivors Society will be on-site for those needing more information and a safe space to talk. **Please register in advance and add your t-shirt size to the registration information.**

Thu 12:00-4:00pm Aug 22
55+ Centre \$5/1 sess
513195 Melissa

Friday Wellness

WCT Indigenous Elders Tea & Bannock Drop-in (55yrs+)

Mid-morning tea and bannock for Indigenous Elders. Join us for fun, weekly socializing, board games, cards, and other activities, including arts and crafts! The bannock is made fresh every Friday by local chef, Paul Fortin.

Fri 9:30-11:30am Ongoing
55+ Centre Free

Chair Yoga (55yrs+)

Chair yoga is an accessible gentle seated practice designed to help you feel more energized and calm. We'll explore simple and easy movements to mobilize your whole body, breath work to calm the nervous system, and other brain and mood stimulating techniques to help you feel more connected with ease. Please come in comfortable clothes, socks and shoes.

Fri 12:15-1:15pm Jul 5-Aug 30
55+ Centre \$18/9 sess
509325 Bryony

Wellness Friday Café (55yrs+)

Drop-in for a cup of tea or coffee, crafting, speakers and an afternoon social.

Fri 2:00-4:00pm Ongoing
55+ Centre Free

Groups

Syrian Women's Group

A time to gather and share Syrian culture with others. Stories, crafts, snacks and getting to know one another. Drop-in.

Wed 11:00am-1:00pm Jul 3, 17, & 31
55+ Centre Aug 14 & 28
Free

Quirk-e 2SLGBTQIA+ Seniors Group

Quirk-e is the Queer Imaging and Riting Kollektive for Elders experimenting with language, printed text, graphics, digital imagery, spoken word, and performance. The group meets every Wednesday online. If you're interested in joining or for more information, please call Anne or Kya at the 55+ Centre at 604 718 5837.

Wed 11:00am-1:00pm Ongoing
Online Free

55+ Older Active Adults

Music

Drum Circle in Grandview Park (55yrs+)

Seislom invites you to join our Indigenous led drum circle, open to all peoples. Share medicine through drumming, singing, and listening. Everyone welcome. Please register in advance.

Mon 5:00-6:00pm Jul 8-Aug 26
Grandview Park Free
508328 Seislom

Ukulele Absolute Beginners – Level A (55yrs+)

If music is something you love but have never tried, this is the class for you! A welcoming, fun, and informative ukulele class for beginners. No class Aug 5.

Mon 9:45-11:25am Jul 8-Aug 19
55+ Centre \$10/6 sess
509340 Jane

Ukulele Jam Circle (All Ages)

Calling all ukulele players to join a friendly jam session with the 55+ ukulele players in beautiful the ʁwqʷeləwən ct Carving Centre. We welcome all voices to join in the community sing-a-long.

Fri 1:30-3:00pm Jul 12 & Aug 9
ʁwqʷeləwən ct Sep 13
509335 Jane Free*

*Registration required.

Health & Fitness

Osteofit (55yrs+)

A gentle strength, balance and coordination program designed to improve fitness and promote healthy bones. This program focuses on improving individual functional ability and quality of life, and reducing the risk of falls and fractures. The program is taught by a trained Osteofit fitness instructor. No drop-ins. No class Aug 5.

Mon 11:00am-12:00pm Jul 8-Aug 19
CFEC \$60/6 sess
509331 Berdjis

Badminton (55yrs+)

Fun and easy badminton for older adults. No drop-ins. Summer sessions take place in Gym A in the high school.

Wed 10:00am-12:30pm Jul 3-Aug 28
Gym C \$14.70/12 sess
507981 Tho

Sat 3:00-5:00pm Jul 6-Aug 24
Gym A \$14.70/8 sess
507982 Angela

FitNation (55yrs+)

FitNation is a free eight-week Indigenous aquatic fitness program for Elders and adults in the community who are interested in improving their mobility, agility, balance and general fitness.

FitNation is part of I-SPARC (Indigenous Sport, Physical Activity & Recreation Council). I-SPARC is committed to inspiring Indigenous people in BC to move, play and compete. Snacks provided. Registration required.

Tue 10:15-11:15am Jul 9-Aug 27
Britannia Pool Free
511219 Brenlee

Strength Training for Adults 55yrs+ – Intermediate

This four week course will build on the *Strength Training for Adults 55+ - Beginner* program and is also appropriate for individuals who have been training for a number of years. We will explore ways to intensify your cardio training and expand on your repertoire of exercises.

Sun 9:00-10:00am Jun 2-23
Fitness Centre \$30/4 sess
510432 Jane

Boxfit for Seniors (55yrs+)

Want to learn something new and improve your physical fitness and mental alertness? This introduction to boxing class is designed specifically to enhance your strength, balance, coordination, muscular endurance and overall well-being. All fitness levels welcome and all equipment will be provided.

Tue/Fri 3:30-4:30pm Jul 2-Aug 2
Boxing Rm \$50/5 weeks
509329 Jay

Tue/Fri 3:30-4:30pm Aug 6-Aug 30
Boxing Rm \$40/4 weeks
509330 Jay

Yoga for Aging Well (50yrs+)

As we move through time, we need to keep moving our bodies. Whether you're brand new to yoga or a seasoned practitioner, if you're 50 or over then this all-levels yoga class is ideal for you. Safety and a pain-free practice is a priority.

Yoga can improve your flexibility, mobility, balance, bone density, and strength. Yoga also has a calming effect on the mind and nervous system. Joan has been teaching yoga for 12yrs+, practicing yoga for 20yrs+, and moving through time for 60yrs+. \$17/drop-in.

Mon 2:15-3:15pm Jul 8-29
CFEC \$56/4 sess
508002 Joan

Dance

Line Dancing (55yrs+)

This class is filled with fun, light musical movements, lots of laughs and is a great way to exercise and socialize.

Tue 1:00-3:00pm Jul 2-Aug 20
CFEC \$10/8 sess
509317 Anita

Chinese Folk Dance (55yrs+)

Traditional Chinese folk dancing lessons. Everyone is welcome! This class is taught in English and Chinese. No drop-ins.

Thu 9:00-11:00am Jul 4-Aug 22
CFEC \$10/8 sess
509321 Volunteer

Classical Chinese Dance (55yrs+)

Classical Chinese dance uses body language to express graceful movements to music. This is a great way to enjoy music, exercise and learn about Chinese culture!

Sun 2:00-4:00pm Jul 7-Aug 25
CFEC \$10/8 sess
509324 Helen

Special Events

World Elder Abuse Awareness Day (All ages)

Be sure to wear purple for WEAAD! Our event will be held a few days early on June 13 this year, in collaboration with GWPC and WCT to show support and help spread awareness. We'll provide a free lunch, swag-bags, and resources for seniors and Elders. Elder abuse is a global human rights issue, which affects the health of millions of older persons around the world. In 2012, The United Nations General Assembly designated June 15 as World Elder Abuse Awareness Day. It represents a day for the world to come together and voice opposition to the abuse and suffering inflicted on some of our older generations.

Thu 1:00-4:00pm Jun 13
55+ Centre Free

Sunday Movie Night Series (All ages)

Everyone is welcome to our movie series on Sunday evenings. Please visit britanniacentre.org for the movie schedule. Doors at 5:45pm.

Sun 6:00-9:00pm
55+ Centre
Ken
Free
Sunday Movies will return in the fall.



Welcome to the Fitness Centre

Hours

Mon-Fri	6:30am-9:00pm
Wed (Free Members)	9:00-10:00am
Sat/Sun	8:00am-7:00pm
Sat (Women Only*)	8:00-10:00am
Sun (55+ Only)	8:00-10:00am
Sun (Free Members)	10:00-11:00am
*Trans inclusive.	

Hours are subject to change. For up-to-date information, visit:

britanniacentre.org/fitness_centre

Free Members Drop-in

Britannia members can drop-in to the Fitness Centre for free during the times listed below. For more information about Britannia's free memberships, please see page 2. The free drop-in does not apply to those with Flexipasses only.

Wed	9:00-10:00am
Sun	10:00-11:00am

Facility Orientations

Let us help you reach your fitness goals. Whether you need instruction, motivation, or support, our highly trained staff are here to help you succeed. Enlist one of our staff to get you started in the Fitness Centre with an orientation on our fitness equipment and a starter fitness program. Please call ahead to make an appointment for a fitness orientation 604 718 5842.

Outside Trainers

This type of special admission is for personal trainers, occupational and recreational therapists, and physiotherapists. Outside trainers need to be registered with the Park Board or Britannia. Both trainer and client must pay for admission to the Fitness Centre. A training fee of \$7.34 per client also applies (fees are subject to change).

Strength Training for Adults 55yrs+ – Intermediate

This four week course will build on the *Strength Training for Adults 55+ - Beginner* program and is also appropriate for individuals who have been training for a number of years. We will explore ways to intensify your cardio training and expand on your repertoire of exercises.

Sun	9:00-10:00am	Jun 2-23
Fitness Centre		\$30/4 sess
510432	Jane	

Supporting a participant? Attendants Get Free Access

The Fitness Centre and Pool give free access to attendants required to assist persons with disabilities needing support to swim or exercise. Support is defined as assistance of a physical, psychological, emotional, intellectual, or sensory nature to ensure the patron with the disability can participate.

Leisure Access Program

The Leisure Access Program (LAP) provides low-income City of Vancouver residents with reduced cost programs and services (up to 50% off certain programs) at Britannia and Park Board facilities.

vancouver.ca/leisureaccess

2024 Pool & Fitness Centre Fees

	Drop-in	10 Visit Pass	1 Month Flexipass	3 Month Flexipass	12 Month Flexipass	Britannia Membership	Flexipasses
Adult (19-54)	\$7.78	\$70.02	\$62.95	\$169.96	\$543.87	Free	Enjoy flexible and affordable recreation with our no-contract all-access pass. Purchase a monthly Flexipass at any Park Board fitness centre and receive unlimited access to our 15 fitness centres, 9 indoor pools, 4 outdoor pools and 8 ice rinks. For more information and locations visit vancouverparks.ca .
Youth (13-18)	\$5.45	\$49.05	\$44.06	\$118.98	\$380.71	Free	
Child (6-12)	\$3.90	\$35.06	\$31.48	\$84.99	\$271.94	Free	
Senior (65+)	\$5.45	\$49.05	\$44.06	\$118.98	\$380.71	Free	
Brit-Only Senior (55+)	\$5.45	\$49.05	\$44.06	\$118.98	\$380.71	Free	
Please note: Prices include tax. Fees subject to change without notice.							
Family Drop-in Rate = 1 to 2 adults of the same household and their children under 19yrs. Minimum \$7.34 admission.							
Leisure Access Fitness Centre Admission rate is 50% off adult admission and Flexipass.							

Britannia Holiday Hours

Info Centre, 55+ Centre, & Teen Centre

Jul 1	Canada Day	CLOSED
Aug 5	BC Day	CLOSED
Sep 2	Labour Day	CLOSED

Pool & Fitness Centre

Jul 1	Canada Day	1:00-5:00pm
Aug 5	BC Day	1:00-5:00pm
Sep 2	Labour Day	1:00-5:00pm

Rink

To view our current schedule, visit:

britanniacentre.org/ice_rink

Welcome to Britannia Pool

The 25m main pool features a 1m diving board, slide and rope swing. Relax in the on-deck whirlpool, steam room, or in the saunas in the change rooms. For those with young children, we have a warm, shallow leisure pool equipped with spray features.

Hours

Mon-Fri 6:30am-9:00pm
Sat-Sun 11:00am-7:00pm

Hours are subject to change.

Contact

Pool Cashier 604 718 5831

Pool Schedule

Our current pool schedule is available at the Pool Cashier, the Info Centre and online at:

britanniacentre.org/pool

Parent & Tot Pool

The leisure pool is open during most public swims for families with young children. The parent and tot pool is not open to the public during lessons or lengths.

Admission Policy for Children

Children under 8yrs must be accompanied in the water by a responsible person who is 16yrs or older and always within arm's reach.

Pool & Fitness Committee

Join the Pool & Fitness Committee. New members are welcome! This advisory committee provides recommendations to the Britannia Board. Meetings take place on the last Tuesday every other month. For more info please call 604 718 5830.

Tue 6:00pm **Jul 26**

Swim Sessions

View our current pool schedule online at:
britanniacentre.org/pool

Free Members Swim

Free family-friendly swims every Tuesday, and every other Friday for Brit members.

Tue 2:00-4:00pm **Ongoing**
Fri 6:00-8:00pm **Jul 12 & 26**
Free **Aug 9 & 23**

Free Youth Swim (11-18yrs)

Britannia's youth-only swim time, every other Friday. Contests, prizes, games and fun staff! Swim lessons are available to interested youth for the first 30 minutes; work on skills or improve your swimming abilities.

Fri 6:00-8:00pm **Jul 5 & 19**
Britannia Pool **Aug 2, 16, & 30**
Free

FitNation

FitNation is a free eight-week Indigenous aquatic fitness program for Elders and adults in the community who are interested in improving their mobility, agility, balance and general fitness. FitNation is part of I-SPARC (Indigenous Sport, Physical Activity & Recreation Council). I-SPARC is committed to inspiring Indigenous people in BC to move, play and compete. Snacks provided. Registration required.

55yrs+

Tue 10:15-11:15am **Jul 9-Aug 27**
Britannia Pool **Free**
511219 Brenlee

19yrs+

Wed 8:00-9:00pm **Jul 10-Aug 28**
Britannia Pool **Free**
512822 Brenlee

Public Swim

Swim, dive, splash, have fun! One lane is set aside for continuous length swimming. The leisure pool is usually open during this time for families with young children—please check our online schedule to confirm. Regular admission rates apply. Please note: During some public swim sessions, the pool may be shared with Aquafit, lessons, school groups or clubs.

Aquafit

Classes are designed to build strength, flexibility and cardio fitness. Work to your own ability. Led by certified instructors. The majority of Aquafit spaces are by registration only, with some spaces held for drop-in. Register in advance online or by phone. Registration opens 3 days before at 12:00pm and closes 1 day program date at 12:00am.

Lengths

The pool is divided into 25m lanes (slow, medium and fast). Enjoy the whirlpool, steam room or sauna as well. Anyone 16yrs+ who is capable of swimming the length of the pool is welcome. Please Note: Patrons under 16yrs must speak a lifeguards prior to attending these sessions.

Britannia Swim Club (8-16yrs)

A community recreational swim club for children/youth that is dedicated to swim development while building positive interactions and having fun. We'll work on stroke development, endurance, water safety, and social development.

Prerequisite: Must be at Swimmers 4 or higher, or able to continuously swim on their front unassisted for at least 25m. Must be evaluated before joining.

Tue 6:30-7:30pm **Jul 2-Aug 20**
510833 **\$50/10 sess**

Sun 10:00-11:00am **Jul 7-Aug 25**
510832 **\$50/10 sess**

Swim Lessons

Registration

Online and in-person registration for summer swim lessons and programs at all pools, for all age groups starts Tuesday June 25, 2024 at 7:00pm. If you are already participating in a class, you are encouraged to wait until you receive a report card on the last day of class to register for the next set. It's important to register in the correct level. Children registered in an inappropriate level will be moved to the proper level if space is available, or refunded from the lesson. Please bring the most recent report card to the first day of lessons. All lessons must meet minimum space requirements to run. For more information, please visit:

vancouver.ca/parks-recreation-culture/child-and-youth-swim-lessons

Swim Assessments

If you are unsure of which level to register, we offer swim assessments during our public swims. If your child is under 8yrs, we require a parent/guardian to assist in the water during the assessment.

Refunds & Cancellations

Full refunds given five or more working days prior to the start of the program. If the request is received within four working days of the start of the program or after the first lesson, we'll refund registration fees minus the cost of one class or transfer to a future session. No refunds issued after the second date of the program. Fees for one or two-day programs are non-refundable.

Private/Semi-Private Lessons

One-on-one or one-on-two with a swimming instructor for a set of lessons to improve specific swimming skills. Instructors may vary from week to week.

Private: \$37.90 / Semi-private: \$15.16
(plus applicable taxes)



Welcome to the Britannia Ice Rink

Public Skates

To view our current schedule, visit:
britanniacentre.org/ice_rink

Fees

See p.21 for admission rates.

Skate Rentals	\$3.93
Skate Sharpening	\$8.08

Rink Rentals

You can rent the Britannia Ice Rink for your team, group, or school. View ice availability and request an ice booking online at:
vancouver.ca/rinkrentals

Join the Arena Committee!

The Arena Committee meets the 1st Tue of the month at 6:30pm at the call of the chair. For more information contact the Arena Programmer, Susy Bando, at susy.bando@vancouver.ca.

VACHL

The Vancouver Adult Co-ed Hockey League begins in mid-September. Registration has begun for the 2024-2025 season. To find out more and how to register, visit:
vachl.ca

Adult Hockey Programs

Adult Hockey (19yrs+)

Recreational hockey game for those 19yrs+. Full gear is required; no rental equipment is provided. Sign-up is available three days prior to the session date. Drop-ins are accepted, space permitting.

Wed 3:45-5:15pm Jul 3-Aug 28
Regular admission rates apply.

Skate Lesson Registration

Registration for summer skating lessons will begin online and in-person at the Information Centre on Thursday, June 27 at 7:00pm. **Please note: Skating lessons are very popular and fill up quickly, so register early.**

To help you register for the correct level, please refer to your most recent Skating Report Card or refer to the level descriptions to determine which class best matches the skater's ability. If you are registering in a level other than Level 1, the skater must have accomplished all the skills for the previous level. If you are unsure, have an on-ice evaluation completed at any Vancouver Park Board Rink during a public skate. Please bring your report card on the first day of class. Students will not be transferred if they are not registered in the appropriate level; a prorated refund will be issued after the first class.

If the lessons you want to register for are full, please put your name on the waitlist. We schedule additional classes whenever possible.

All participants must wear a CSA-certified hockey helmet or a snowboarding helmet. A limited number of hockey helmets are available to use free of charge.

Learn to Skate Lessons (3yrs+)

These popular lessons focus on skating skill acquisition through activities and games. Our energetic instructors will teach you to skate with safety in mind. All lessons are 30 minutes and are led by qualified instructors. Skate rental is included in your lesson fee, as well as practice time before or after the lesson.

Sat 9:45am-12:45pm Jul 6-Aug 17
\$50.12/7 sess

Adult Stick, Puck and Ring (19yrs+)

Come out during the noon hour and practice your hockey skills. Sign-up for the program is available weekly online starting at noon, three days before the session date. Helmets are mandatory. Full hockey equipment is recommended. Sorry, no scrimmage.

Fri 12:15-1:30pm Jul 5-Aug 30 Regular admission rates apply.

Women + Gender Diverse Hockey (19yrs+)

This pick up hockey program is perfect for women and gender diverse individuals who want to play hockey in a safe and inclusive environment. Encourage and be encouraged while continuing with your own hockey development. Full hockey equipment is mandatory. Sign-up for the program is available online starting at noon each Thursday. No session Aug 18 & 25.

Sun 4:45-6:00pm Jul 7-Aug 11 Regular admission rates apply.

Level Descriptions

Preschool Levels (3-5yrs)*

Level 1: This is an entry level skating class for students 3-5 years old.

Level 2: Can stand up on ice in skates unassisted; can walk on the ice in skates.

Level 3: Can skate across the ice and glide on two feet.

Level 4: Can scull forwards and stop without assistance.

Level 5+: Can glide on one foot forwards and skate backwards.

Children/Youth/Adult Levels*

Level 1: This is an entry level skating class.

Level 2: Can skate across the rink without assistance.

Level 3: Can glide on one foot, forward scull with both feet, and snow plow stop with both feet.

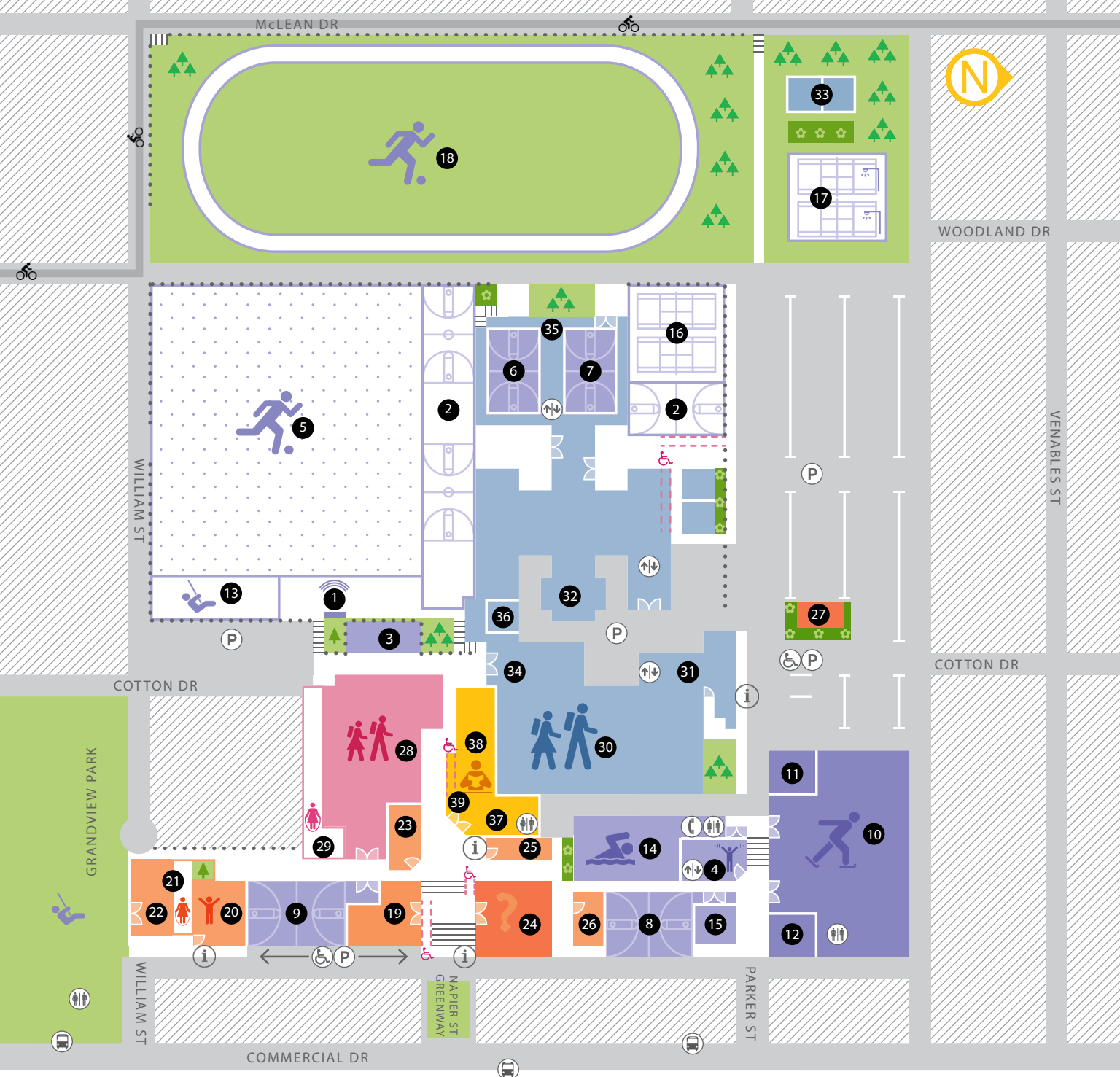
Level 4: Can skate backwards, scull backwards with both feet, and scull forwards with one foot.

Level 5: Can glide backwards on both feet, do a hockey stop, and forward circle thrust.

Level 6: Can do forward crossovers, backward circle thrusts, backward stops, can use outside edges.

*View full lesson descriptions at vanrec.ca.





recreation

- 1 Amphitheatre
- 2 Basketball Courts
- 3 Covered Play Area
- 4 Fitness Centre
- 5 Gravel Sports Field
- 6 Gym A
- 7 Gym B
- 8 Gym C
- 9 Gym D
- 10 Ice Rink
- 11 Ice Rink Activity Room (top flr)
- 12 Ice Rink Mezzanine (top flr)
- 13 Playground
- 14 Pool
- 15 Mat Room & Boxing Gym
- 16 Tennis Courts
- 17 Britannia Courts Skate Park
- 18 Track + Sports Field

resources + services

- 19 Al Mattison 55+ Centre
- 20 Child Care Centre
- 21 Eastside Family Place (ground flr)
- 22 Canucks Family Education Centre (top flr)
- 23 Family Activity Room
- 24 Info Centre
- 25 Pre-Teen Centre
- 26 Teen Centre
- 27 šx"q"eləwən ct Carving Centre

elementary school

- 28 Britannia Elementary
- 29 Outdoor Play Area

secondary school

- 30 Britannia Secondary
- 31 Main Office
- 32 Auditorium
- 33 Portable
- 34 Main Entrance
- 35 Cafeteria
- 36 Canucks Family Education Centre (room 110)

library + learning

- 37 VPL Britannia Branch (main flr)
- 38 Learning Resource Centre (basement)
- 39 Art Gallery

.... Fence

Streets + Vehicle Access

Bicycle Route

Wayfinding

Wheelchair Access

Stairs

Elevator

Entrance

Fields + Green Space

Residential + Commercial

Gravel

School Garden



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