



This online brochure copy has active links to connect you with the programs you want to register for online. Simply click on any program activity number of interest and you will be taken to the Vancouver Recreation page you need to start signing up.

# Programs & Services Summer 2023



Look for our **FREE**  
“Fun for All” programs!  
See inside for details.





# Registration & Rentals

## Registration Dates

Registration for **general programs** opens June 6, 2023 at 7:00pm in-person and online, and by phone on June 7 at 9:00am.

Registration for **swim lessons** opens on June 27, 2023 at 7:00pm in-person and online, and by phone on June 28 at 9:00am.

Registration for **skate lessons** opens June 29, 2023 at 7:00pm in-person and online, and by phone on June 30 at 9:00am.

## How to Register

### 1) Register online at [vanrec.ca](http://vanrec.ca)

Set Britannia Community Centre, Pool or Rink as the location. Membership fees will automatically be added to your purchase.

### 2) Register in person

You can register for programs at the Info Centre and the Pool Cashier. Pay by Cheque, Visa, Mastercard, Debit or Cash. Registration closes an hour before closing at the pool and half an hour before closing at the Info Centre.

#### Info Centre Hours:

Mon-Fri 8:30am-7:00pm

Sat 9:00am-5:00pm

Sun 10:00am-4:00pm

#### Pool Cashier Hours:

Mon-Fri 6:30am-9:00pm\*

Sat/Sun 8:00am-7:00pm\*

\*Hours are subject to change.

### 3) Register by phone at 604.718.5800 ext. 1

## Refund Policy

- A full refund will be granted if requested up to 48hrs prior to the second class. No refunds after this time.
- For workshops and outings, a full refund will be granted if the refund is requested one week (seven days) prior to the start of the program. No refunds after this time.
- Britannia Society Memberships are non-refundable.
- For daycamps, a \$5 administration fee will be charged for each camp a refund is requested for. Refund requests must be made one week (seven days) prior to the start of the program. No refunds after this time.

## Swim/Skate Refunds

- Full refund will be granted five days or more prior to the start of the program. Partial refunds granted within four days of program start or before the second class. Exceptions: No refunds on single session programs.
- Transfers possible prior to second class. No refunds after second class.

## Cancellation Policy

- Courses are cancelled when too many people wait until the last minute to register. A minimum number must enrol before a class will run.
- Programs may be cancelled due to unforeseen circumstances and instructors may change during the program season.

## Subsidy Policy

Britannia provides assistance to those who are not able to afford the advertised cost of certain programs and activities. Please note: Maximum of two subsidies per person per season.

Some programs do not qualify for subsidy. Our subsidy policy does not apply to Britannia Child Care programs or products that are resalable.

**Non-residents of Vancouver are not eligible for subsidies.**

## Leisure Access Program

The Leisure Access Program (LAP) provides low-income City of Vancouver residents with reduced cost programs and services at Britannia and Park Board facilities.

LAP card holders may receive up to 50% off certain programs. To learn more and to apply, visit:

[vancouver.ca/parks-recreation-culture/leisure-access-card](http://vancouver.ca/parks-recreation-culture/leisure-access-card)

## Grandview-Woodland & Strathcona Subsidy

Program participants living in the Grandview Woodland and Strathcona areas who are in need of financial assistance may request a subsidy of up to 25% off course costs for certain programs by completing an application.

## FREE 'Fun For All' Recreation

Britannia operates a wide range of free and pay-what-you-can recreation programs. The Britannia Board of Management is committed to ensuring that people have access to programs and that fees are not a barrier to members of the Grandview-Woodland and Strathcona Communities.



**Look for the "Fun for All" stamp in the Brochure to find our free and pay-what-you-can programs.**

## Britannia Memberships

In order to participate in recreation programs at Britannia, you must be a member. Memberships are valid from January 1 - December 31 every year.

A membership may be obtained when you register for a program (membership fees will be automatically added to your online purchases) or any time during the year at the Pool Cashier, the Info Centre, or online at:

[britanniacentre.org/memberships](http://britanniacentre.org/memberships)

## Membership Benefits

- Voting privileges at the society Annual General Meeting.
- You must have a current Britannia membership to register for programs.
- Eligibility to run for the Board of Management.
- Mail-outs/e-mails about Centre events.

## Price

Family	\$5
Adult	\$3
Child, Youth, Senior	\$1

## Contact

1661 Napier Street, Vancouver BC V5L 4X4

[britanniacc@vancouver.ca](mailto:britanniacc@vancouver.ca)

[britanniacentre.org](http://britanniacentre.org)

Britannia Info Centre:  
604.718.5800 (1)

Pool Reception:  
604.718.5831

# Index

Registration, Subsidy & Refund Policies, Memberships.....	2
Index, Facility Rentals, Holiday Hours.....	3
Art Gallery Exhibitions, Special Events, Indigenous Programs.....	4-5
Licensed Child Care.....	6
Preschool Programs: Dance Camps, Dance, Music, Physical Activity.....	7
Children's Programs: Camps, Music, Physical Activity.....	8-10
Preteen, Youth Programs: Leadership, Social, Cooking, Physical Activity, Outdoor, Camps, LAYP.....	11-14
Adult Programs: Music, Arts, Volunteer, Food, Dance, Sports & Martial Arts, Health & Fitness.....	15-17
55+ Programs: Vietnamese Program, Indigenous Programs, Social, Friday Wellness, Fitness, Arts, Dance....	18-20
Fitness Centre: Rates & Programs.....	21
Aquatics: Registration, Lessons, Swim Sessions.....	22
Ice Rink.....	23
Britannia Site Map.....	24

## Facility Rentals

At Britannia our mission is to foster active community building, collaboration, and grass roots education and involvement so that we can contribute to the quality of life of individuals in our catchment neighbourhoods. We recognize that our programs do not always meet all community needs—sometimes people just need space to host their own events. From space for sporting events to birthday parties, we have a great selection.

### Gym/Room Rentals

For rates and availability contact the Facility Support Clerks at 604.718.5812 or [britanniafacilitysupport@vancouver.ca](mailto:britanniafacilitysupport@vancouver.ca).

### Pool Rentals

Contact the Pool Programmer at 604.718.5830 or [britannia.pool@vancouver.ca](mailto:britannia.pool@vancouver.ca).

### Rink Rentals

Go to [vancouver.ca/parks-recreation-culture/rink-rentals](http://vancouver.ca/parks-recreation-culture/rink-rentals) or contact the Rink Programmer, Susy, at 604.718.5836 or email [susy.bando@vancouver.ca](mailto:susy.bando@vancouver.ca).

### Facility Rental Fee Policy

We collect full rental fees at the time of booking. We cannot hold a space until payment is received in full. Once you've rented space from us a minimum of 3 times within a 6 month period and are in good standing, you can apply to become a regular user at which time rental fees can be collected on the day of your event/program. For cancellations, a full refund will be given with at least 48hrs notice. No refunds given with less than 48hrs.

For more information, visit: [britanniacentre.org/facilities/rentals](http://britanniacentre.org/facilities/rentals)

## Cover Photo

Community Food Security Coordinator, Ruth Elizabeth Briggs and volunteer, Amelia Gubana in the Nexwaʔs wa lh7áynexw (Transformed Life) Garden. Photo by Cyn Williams.

## Holiday Hours

### Info Centre

Jul 1	Canada Day	9:00am-5:00pm
Jul 3	Stat Observed	CLOSED
Aug 7	BC Day	CLOSED
Sep 4	Labour Day	CLOSED

### Pool & Fitness Centre

Jul 1	Canada Day	8:00am-7:00pm
Jul 3	Stat Observed	1:00-5:00pm
Aug 7	BC Day	1:00-5:00pm
Sep 4	Labour Day	1:00-5:00pm

### Rink

While there is no public programming on statutory holidays, we are open for rentals. To view our current schedule, visit:

[britanniacentre.org/ice\\_rink](http://britanniacentre.org/ice_rink)

## Unceded Coast Salish Territories

Britannia is located on the traditional and unceded Coast Salish territories of the xʷməθkʷəy̓əm (Musqueam), Skwxwú7mesh (Squamish) and səliłwətat (Tsleil-Waututh) Nations, and we hold the heritage of these lands close in our everyday work. We aim to embrace Indigenous values and practices and are committed to reflecting Indigenous protocols and beliefs in our work.

# Special Events

## Art Gallery Exhibitions

**June 7 – 30**

### Celebrating Elder's Artworks

Mixed media by Elders and Indigenous artists.

#### Opening Reception

Wed 6:30-8:00pm Jun 7



**July 5 – 30**

### ROLL WITH US

Photography by Nations Skate Youth.

#### Opening Reception

Wed 6:30-8:30pm Jul 5



**Aug 2 – 30**

### HEPH

Paintings by Shawn Hefe.

#### Opening Reception

Wed 6:30-8:30pm Aug 2



## International Yarn Balm Day (All ages)

Yarn bombing is a form of craftivism (crafting as activism). However, as we see increased military bombing in the lives of our extended families, we have chosen to rename this project Yarn *Balming*. Please join us in our efforts to spread a balm of love on our community. Drop in and make a pompom for the tree and one (or several) to take with you. Donations of yarn scraps gratefully accepted.

Sat 1:00-4:00pm Jun 3  
Napier Greenway Free

## East Vancouver Garden Tour (12yrs+)

This Father's Day visit a dozen or so delightful East Vancouver private gardens. This year's self-guided tour is near Main Street in a relatively small area, to keep the tour walkable. Tickets go on sale on May 1 at Britannia, Figaro's Garden (cash only!), or online at [eventbrite.ca](http://eventbrite.ca). On tour day, pick up a tour map with locations and descriptions of all the gardens.

Please note: Most gardens cannot accommodate wheelchairs or strollers. Children must be 12yrs+ or babes in arms. No pets. The tour is jointly sponsored by Britannia Neighbours, Britannia Community Centre, and Figaro's Garden. For the latest info about the tour, including where to check in and pick up your tour map, please visit:

[eastsidegardentour.blogspot.com](http://eastsidegardentour.blogspot.com)

Sun 10:00am-4:00pm Jun 18  
East Vancouver \$20/1 sess  
459146

## Britannia Plaza Market

Britannia Community Centre is hosting outdoor Plaza Markets on Wednesdays from 3-7pm alongside the Brave Child Community Supported Agriculture (CSA) weekly pick up and farmer's market, featuring fresh local vegetables. The market also features the work of a variety of local artists each week and sometimes includes live music and/or artist workshops.

Wed 3:00-7:00pm Jun 28-Oct 4  
Britannia Plaza Free

## Looking for Market Vendors

Britannia hosts several markets throughout the year including Shine: Intercultural Spring Market, the Plaza Markets on Wednesdays from July-October, and the Winter Craft Market. The vendor fee is \$20.00. For more information and artist/vendor applications, please email [artsbritannia@gmail.com](mailto:artsbritannia@gmail.com).

## Honk!BC 2023 (All ages)

Britannia is partnering with the Open Air Orchestra Society (OAOS) to host this year's Honk!BC, an international festival of activist street bands, in Grandview Park and Napier Greenway. An annual festival for unamplified street bands and brass bands, the goal of HONK!BC is to provide free, organic music to the residents of Vancouver, and to showcase local community-based arts and culture organizations. Expect a mix of local talent on two stages, Grandview Park and the nearby Napier Greenway. Completely free and open to all, this festival showcases local community groups and artists who endeavor to make our world a better place and fill the streets with joy. If you would like to get involved, contact [board@openairorchestra.com](mailto:board@openairorchestra.com).

Sun 11:00am-4:00pm Jul 16  
Grandview Park Free

## Banner Painting Workshop – 2 days (12yrs+)

*"With each step the earth heals us, and with each step we heal the earth."*

– Thich Nhat Hanh

Theme: Walking. Use high quality water based fabric paints to help create the next set of large colourful banners to hang in pairs outdoors on-site and in the Library. This is a great workshop for friends and family. Wear old clothes and bring a lunch and a colour sketch of your idea. All materials will be provided. Banners can be purchased after exhibition for \$20/set. Artists get first chance to buy their own banners. Children under 12 must be accompanied by an adult. Please register each painter; caregivers and support workers can register for free—email Helen at [helen.spaxman@vancouver.ca](mailto:helen.spaxman@vancouver.ca). This program is subsidized by the Arts & Culture Committee.

Sat-Sun 10:00am-4:00pm Jun 17-18  
Cafeteria \$20/2 sess  
430045 Helen

## Children's Summer Concert in Grandview Park (All ages)

Enjoy a fun morning of singing, dancing and cultural sharing in Grandview Park with the Greenhorn Community Music Project, Kwákwayel Simia, and Monica Lee from the Jump Into Music program.

This event is free, thanks to the Vancouver Park Board - Park Activations Team and Britannia Community Centre Society.

Tue 11:00am-12:30pm Jul 11  
Grandview Park Free



# Indigenous Programs

## Šxwq̓eləwən ct

### Coast Salish Wool Weaving (12yrs+)

Knowledge Keeper Deanna Lewis (Káلكaliłh) of the Škw̓xwú7mesh Úxwumixw (Squamish Nation) will share Coast Salish teachings, songs and share traditional Coast Salish finger weaving. In these workshops participants will complete a traditional Coast Salish wool headband or wristbands, as well as learn legends of the Squamish peoples, including protocols and songs. Open to all.

Thu 12:00-3:00pm Deanna  
Šxwq̓eləwən ct \$5/1 sess

### Wristbands

460311 Jun 1  
460312 Jun 8  
460313 Jun 15

### Headbands

460310 Jun 29  
460307 Jul 6



### Coast Salish Songs, Protocols and History (12yrs+)

Spend an afternoon with Knowledge Keeper Deanna Lewis (Káلكaliłh) of the Škw̓xwú7mesh Úxwumixw (Squamish Nation) who will share Coast Salish teachings, songs, traditional protocols, and history. This engaging workshop will leave you with more knowledge about the unceded territories of the x̓w̓məθk̓w̓əy̓əm (Musqueam), Škw̓xwú7mesh (Squamish) and səliłwətał (Tsleil-Waututh) Nations, while celebrating the Squamish People.

Thu 12:00-3:00pm Deanna  
Šxwq̓eləwən ct  
460309 Jun 22  
460314 Jul 13

### Dreamcatchers (12yrs+)

Join Ruby Harry on a fun and interactive journey to make a dreamcatcher. Ruby will share stories, meanings, and various designs—from beginner to advanced/ intricate designs. Prepare to laugh and excite your mind! Open to all.

Sun 1:00-4:00pm Ruby  
Šxwq̓eləwən ct \$5/1 sess  
460199 May 28  
460202 Jun 25



Ruby Harry of the Tšilhqot'in Nation is deeply rooted in the East Vancouver community as a Knowledge Keeper with many years of experience in supporting cultural teaching and healing ceremonies. Ruby is fluent in Tšilhqot'in and will share her lived experiences and cultural teachings through her workshops! Learn the beauty of Indigenous stories and protocols.

### Mini Moccasins (12yrs+)

Join Ruby Harry for a fun and interactive workshop to learn how to make tiny moccasins from leather and beads. These sweet traditional moccasins will fit in your hand and can be hung on your car rear-view mirror or on the wall for décor! Ruby will share stories and teach participants to appreciate the traditional footwear of many Indigenous Nations. Embrace laughter as medicine and make new friends!

Sun 1:00-4:00pm Ruby  
Šxwq̓eləwən ct \$5/1 sess  
460207 Jul 16  
460209 Jul 23

### Indigenous Cultural Sharing (All ages)

Join Ruby Harry as she shares stories, songs, ceremonies and protocol learned from lived experience and knowledge passed down from her Elders. Learn about Indigenous ways of living and practices. All ages are welcome to participate; drum on a traditional drum and learn a song or two!

Sun 1:00-4:00pm Ruby  
Šxwq̓eləwən ct  
460205 Jun 11  
460211 Jul 30

### Medicine Pouches (12yrs+)

Learn about the meaning, value and contents of a medicine pouch. Ruby will share teachings around cultural medicine, Indigenous Regalia making, and Indigenous well-being through traditional medicine and protocols. Open to all.

Sun 1:00-4:00pm Ruby  
Šxwq̓eləwən ct \$5/1 sess  
460203 Jun 4  
460212 Jul 9

### Weaving in Community – Outdoors (15yrs+)

Learn how to weave small introductory level cedar weaving projects with Haida artist, Todd DeVries. Listen to the protocols followed when harvesting and preparing cedar. Enjoy cultural crafting, peer support and sharing with Indigenous and non-Indigenous Elders and others. Drop-in and stay awhile or register for every week. This program is free thanks to the Vancouver Park Board - Park Activations Team.

Tue 2:00-6:00pm Jul 11-Aug 29  
Grandview Park Free  
459481 Todd

### FitNation (55yrs+)

FitNation is an eight-week Indigenous aquatic fitness program that takes place at Britannia Pool. It is a free, registered program for Elders in the community who are interested in improving their mobility, agility, balance and general fitness. Snacks provided.

Tue 10:15-11:15am Jul 4-Aug 22  
Britannia Pool Free\*  
Brenlee 462279 \*Registration required



**Vancouver Aboriginal Health Society**

### Early Years – Parent and Elder Drop-in

Together with the Early Years program at the Vancouver Aboriginal Health Society we hold space to gather at Britannia's 55+ Centre, bringing together Indigenous families—Elders, parents, and children are all welcome! Come join us for a meal.

Wed 12:00-2:00pm July 12 & 26  
55+ Centre Aug 9 & 23  
460907

### Woodland Wacipi (All ages)

We are honoured to be holding the Woodland Wacipi on the traditional Territory of the x̓w̓məθk̓w̓əy̓əm (Musqueam), Škw̓xwú7mesh (Squamish), and unceded Tšilhqot'in Nations.

**Woodland Wacipi**  
Summer Nights in the Park

EVERYONE IS WELCOME Woodland Park  
705 Woodland Dr, Vancouver, BC

June 20 - August 29  
Every Tuesday  
5:30pm - 9:00pm

- Bring your own chairs
- Elders seating provided
- No vendors fee!
- Food vending allowed, but must have FOODSAFE
- No parking on grass

Want to volunteer, host a dinner or special?  
Contact the Facebook Group

THIS IS A DRUG AND ALCOHOL FREE EVENT

For more information, contact  
familypowwownight@proton.me.

Tue 5:30-9:00pm Ongoing  
Woodland Park Free

# Licensed Child Care

## Toddler, Preschool, and Daycare Programs

For more information about the Britannia Child Care Hub, please visit: [britanniacentre.org/services/licensed\\_childcare](http://britanniacentre.org/services/licensed_childcare)

### Mount Pleasant Child Care

960 East 7th Avenue      Mirae Pinpin      604.718.5844  
Not accepting waitlist applications at this time.

#### Toddler Program (18mo-3yrs)

Hours: Mon-Fri      7:30am-5:30pm

Fees: \$573/mo with fee reduction initiative.  
Lunch Program: \$90/mo

#### Daycare (3-5yrs)

Hours: Mon-Fri      7:30am-5:30pm

Fees: \$584/mo with fee reduction initiative.  
Lunch Program: \$90/mo  
Snack provided.

### Britannia Preschool (3-5yrs)

1661 Napier Street      Lorraine Evans      604.718.5843

#### September 2022 – June 2023

##### Morning Classes

M/W/F 8:30am-11:00am (2.5hr)      \$84/mo  
Tue/Thu 8:30am-12:00pm (3.5hr)      \$56/mo

##### Afternoon Classes

M/W/F 11:45am-3:15pm (2.5hr)      \$84/mo  
Tue/Thu 12:45pm-3:15pm (3.5hr)      \$56/mo

5 days/week AM or PM      \$140/mo

### Eaglets Daycare (2.5-5yrs)

485 Semlin Drive      Suzy Liguori      604.718.5856  
Accepting applications for the 2025 waitlist and beyond.

Hours: Mon-Fri      7:30am-5:45pm

Fees: \$10/day      \$200/mo  
Snacks provided.

### Grandview Terrace Child Care (3-5yrs)

2075 Woodland Drive      Alejandra Uribe      604.718.5846  
[grandviewcc@shawbiz.ca](mailto:grandviewcc@shawbiz.ca)  
[grandviewterracechildcare.com](http://grandviewterracechildcare.com)

Hours: Mon-Fri      7:30am-5:45pm

Fees: \$10/day      \$200/mo  
Snacks provided.

## \$10/Day Child Care at Britannia

The Britannia Child Care Hub is pleased to announce that we have been approved for 236 \$10/day child care spaces across the Hub, including:

- 77 spaces at Britannia Child Care, including 20 at Britannia Preschool and 57 at Britannia Out of School Care (OSC);
- 65 spaces at Eagles in the Sky, including 25 at Eaglets Daycare and 40 at Eagles OSC; and
- 94 spaces at Grandview Terrace Childcare OSC.

## Summer Camps (5-12yrs)

### Britannia Child Care Summer Fun Program: O.R.C.A (Outdoor Recreation and Creative Arts)

Each week children will experience exciting and enriching activities at parks, outdoor trails, beaches, pools, and other City attractions. Children will be hiking, biking, running, jumping, dancing, and playing while also creating fun art projects, doing fascinating science projects, exploring world culinary arts, and performing theatre arts. Special guests will visit and showcase inspiring activities. We will provide breakfast and afternoon snack. Children bring their own nut-free lunches.

1661 Napier Street      Lorraine Evans      604.718.5843  
Mon-Fri 7:30am-5:45pm      Fees: \$10/day, \$50/wk, \$200/mo

### Eagles In The Sky Summer Daycamp

103B-1950 E. Hastings      Cassandra Gordon      604.348.9706  
Mon-Fri 7:30am-5:45pm      Fees: \$50/wk, \$200/mo

Jul 4-7	Let's Get Messy
Jul 10-14	Across the Universe
Jul 17-21	Animal Appreciation
Jul 24-28	Around the World
Jul 31-Aug 4	Water Fun
Aug 8-11	Musical Magic Week
Aug 14-18	Surf's Up
Aug 21-25	Superheroes
Aug 28-Sep 1	Unicorns, Unicorns, Unicorns!

### Grandview Terrace III Summer Program

2075 Woodland Drive      Alejandra Uribe      604.718.5846  
Mon-Fri 7:30am-6:00pm      Fees: \$50/wk, \$200/mo

Jul 4-7	Nature and Outdoors
Jul 10-14	The World of Science
Jul 17-21	Magic Week
Jul 24-28	Outer Space
Jul 31-Aug 4	The Wide World of Sports
Aug 8-11	Under the Sea
Aug 14-18	Woodwork and Play
Aug 21-25	Animal Kingdom
Aug 28-Sep 1	Artistic Wonders

## Community Action Program for Children (CAPC)

CAPC is a community-based children's program that promotes the healthy development of young children (0-6yrs). The project offers a food security program, parents' training and workshops, cooking classes, and Indigenous/English/Spanish Mother Goose. For more information, please call 604.718.5821 or 778.245.2428.

## Dance Camps

### Frozen Ballet Extravaganza (3-6yrs)

100% Frozen soundtrack music is played in this creative ballet camp designed to ignite your dancer's imagination. No experience required, as dancers learn the basics of ballet and expression through movement. Children must be able to participate without a guardian being present. Costumes are welcome, but not required.

Mon-Fri 9:15-10:30am Aug 28-Sep 1  
CFEC \$99/5 sess  
458370 Endorphin Rush Dance

### Jazz/Ballet Fusion Dance Camp (4-6yrs)

Jump, skip and twirl! In this class children will learn a variety of ballet exercises as well as the basic fundamentals of jazz dance, while developing their own creative expression. On the last day, we invite parents to stay for a presentation of what we've been learning.

Mon-Fri 10:35-11:50am Aug 28-Sep 1  
CFEC \$99/5 sess  
458371 Endorphin Rush Dance

### Encanto – Mini Movers Dance Camp (3-8yrs)

Kids will salsa their way through this Encanto-themed camp, including: playing dance games, learning choreography, and learning about cultural references and a few words in Spanish along the way! Kids will perform an upbeat dance for family and friends on the last day of camp. No experience required; all dancers welcome.

Mon-Fri 11:55am-1:10pm Aug 28-Sep 1  
CFEC \$99/5 sess  
458372 Endorphin Rush Dance

### Little Ballerinas Dance Camp (3-5yrs)

Young ballerinas and dancers explore the fun and beauty of ballet while learning the basic techniques. They will love exploring their creative expression in this fun and welcoming camp. Children must be able to participate without parents in the room. There will be a presentation on the last day.

Mon-Fri 1:15-2:30pm Aug 28-Sep 1  
CFEC \$99/5 sess  
458373 Endorphin Rush Dance

### Mini Hip Hop Breakers Dance Camp (3-5yrs)

We will dance to big beats, play dance games, learn hip-hop moves and grooves, and have loads of fun in this dance camp. Dancers will perform for parents on the last day.

Mon-Fri 2:35-3:50pm Aug 28-Sep 1  
CFEC \$99/5 sess  
458374 Endorphin Rush Dance

## Dance & Music

### Ballet/Jazz Dance (2-6yrs)

Jump, skip and twirl! Children will learn a variety of ballet exercises as well as the basic fundamentals of jazz dance while developing their own creative expression. This is a closed class. However, in the final week of the session we invite parents to stay for a presentation. \*Parent participation required for 2-4yrs classes.

Sat	Jul 8-Aug 26	CFEC
Endorphin Rush Dance		\$100/8 sess
458351	9:20-10:00am	2-4yrs*
458353	10:15-10:55am	2-4yrs*
458366	11:10-11:50am	3-4yrs
458367	1:00-1:40pm	4-6yrs

### Hip Hop/Jazz Dance (3-6yrs)

Combine the style of hip-hop with the technical skills of jazz! Learn steps, jumps, turns, stretches and fun choreography to your favourite music. Please wear comfortable stretchy clothing and non-marking shoes. No drop-ins.

Sat	Jul 8-Aug 26	CFEC
Endorphin Rush Dance		\$100/8 sess
458368	12:05-12:45pm	3-5yrs
458369	1:55-2:40pm	4-6yrs

### Music Together® (0-5yrs)

Summer music in the sun! Music Together® offers a fun-filled, family music making class with a new songbook and award winning music each semester to continue the learning at home. Discover new ways to play with music and rhythm and help your child become a confident music-maker. Each child's natural musicality is nurtured through singing, dancing, listening and exploring musical instruments. Parent participation is required. Siblings attend at a reduced rate and children 6mos and under attend free with a registered sibling. \$50 Music Together licensing fee is non-refundable after the first class.

Tue	Jul 25-Aug 22	CFEC
Roya		\$127.50/5 sess
459664	9:30-10:15am	
459665	10:30-11:15am	
459666	11:30am-12:15pm	

## Physical Activity

### Axe Capoeira Beginner Mini Kids (3-6yrs)

All levels welcome. Classes cover all aspects of Capoeira: Martial arts, dance, music, acrobatics, culture, language and more. Classes focus on developing rhythm, reflexes, balance, coordination, strength and flexibility. Classes do not pro-rate; monthly rate only. July 11 class is in Gym C. July 14 class is in Gym D.

Tue/Fri	5:00-5:45pm	Cafeteria
Marcus		
457901	Jul 4-28	\$89.25/mo
457903	Aug 1-18	\$73.50/mo

### Sportball Outdoor Parent & Child Soccer (2-3yrs)

Get a kick out of Sportball Parent & Child Outdoor Soccer! Participants are introduced to fundamental concepts of soccer and are provided the basic skills required to score with confidence in fun, exciting, and skills-focused games.

With the guidance and support of Sportball coaches, parents and children will zero in on soccer skills including: throw-ins, dribbling, trapping, passing, goalie skills and more.

Children are challenged according to their individual skill level and Coaches help grown-ups understand proven teaching techniques that can be applied outside of classes. The program takes place on the South part of the Britannia Oval running track.

Tue	5:15-6:00pm	Jul 11-Aug 22
Brit Oval		\$124.95/7 sess
460933	Sportball	

### Sportball Outdoor Soccer (3.5-5yrs)

Kickstart your day! Sportball Outdoor Soccer programs introduce fundamental concepts of gameplay and teach the basic skills required to bend it like Beckham in a supportive, non-competitive environment.

Coaches zero in on skills like throw-ins, dribbling, trapping and passing in fun, exciting, skill-focused games. Classes take place outdoors; parents are required to remain by the field for children's safety. The program takes place on the South part of the Britannia Oval running track.

Tue	6:00-7:00pm	Jul 11-Aug 22
Brit Oval		\$124.95/7 sess
460934	Sportball	



# Children's Daycamps

## Funseekers Daycamp (6-12yrs)

**Please note:** Our Funseekers Daycamps are currently full, but we are hoping to create additional spots based on the waitlist. You can add your child to the waitlist at [vanrec.ca](http://vanrec.ca), by calling 604.718.5800 (1), or in-person. Waitlist registration is ongoing.

There are many activities and out-trips planned for the Summer Funseekers program! Come learn new skills, meet new friends, or simply have fun! Swim, skate, learn arts and crafts, play group games, go on out-trips, and more! Special emphasis will be placed on the introduction of the Equitas program, "Play it Fair," which is designed to promote human rights, inclusion, anti-discrimination, respect for diversity, and the peaceful conflict resolution among children.

**Funseekers Cancellation Policy:** A \$5 administration fee will be charged for each camp a refund is requested for. Refund requests must be made a minimum of one week (seven days) prior to the start of the program. No refunds after this time.

<b>Mon-Fri</b>	<b>9:00am-3:00pm</b>	<b>\$105/5 sess</b>	<b>Gym D</b>
<b>*Tue-Fri</b>	<b>9:00am-3:00pm</b>	<b>\$84/4 sess</b>	<b>Gym D</b>

Waitlist registration only:

451851 Jul 3-7	451856 Aug 8-11*
451852 Jul 10-4	451857 Aug 14-18
451853 Jul 17-21	451858 Aug 21-25
451854 Jul 24-28	451859 Aug 28-Sep 1
451855 Jul 31-Aug 4	

## Specialty Camps

### Explore Latin American Culture (6-9yrs)

Britannia is excited to introduce a Latin American inspired summer camp, in partnership with Words in Motion. Children will explore music, arts and crafts, dance, language, and food. There will be time for outdoor fun, guest artists, and making friends. Please pack a lunch and free snacks, and a water bottle. Dress for the weather with hat and sunscreen. All supplies included.

<b>458969</b>	<b>Mon-Fri</b>	<b>9:30am-3:30pm</b>	<b>Jul 10-14</b>	<b>RAR</b>
<b>\$240/5 sess</b>		<b>Words in Motion</b>		

### Tennis & Art Summer Camp (5-10yrs)

Join Britannia Community Centre and the Art of Tennis for a children's camp filled with the essentials of creative art and self motivating tennis activities. The day is broken down into morning and afternoon events which allow your child to be part of an all-day outdoor program. The program involves physical activity in the morning with tennis skills and drills, and then continues with a creative arts and games program in the afternoon.

Please ensure each child brings: hat, water bottle, lunch, snacks and your own racquet. Meet at Garden Park Tennis Court in the South East corner of the park and pick up at Garden Park (1851 Garden Drive). Rain Out Policy: If rain is in the forecast, Art of Tennis staff will call you to let you know if the program the next day is cancelled. We hope for a sunny summer!

<b>Mon-Fri</b>	<b>9:00am-3:00pm</b>	<b>Juan Carlos</b>	<b>Garden Park</b>
		<b>*\$260/4 sess</b>	

456269 Jul 4-7*	
456270 Jul 10-14	456274 Aug 8-11*
456271 Jul 17-21	456275 Aug 14-18
456272 Jul 24-28	456276 Aug 21-25
456273 Jul 31-Aug 4	456277 Aug 28-Sep 1

## Greenhorn Community Music Project (12-17yrs)



The Greenhorn Community Music Project aspires to join the creative forces of youth, professional musicians, and community members to compose, practice, and perform a variety of musical styles in service of orchestrating social change you can dance to. Greenhorn provides this one week summer workshop series in preparation to perform at Honk!BC on Sunday, July 16 (Grandview Park) and other possible events. For more information, email [brenda.koch@openairorchestra.com](mailto:brenda.koch@openairorchestra.com).

<b>Mon-Fri</b>	<b>10:00am-2:00pm</b>	<b>Jul 10-14</b>	<b>Outdoors</b>
<b>Free</b>	<b>Brenda</b>		

## Drawing and Cartooning Camp with Christache (7-14yrs)

Get ready to draw! This summer join professional illustrator Christache as we learn cartoon drawing skills using quality materials. No gimmicks, just solid fundamental concepts like how to draw confident lines, nearly-perfect circles, 3D shapes, emotional faces, bodies in motion and more! We'll use examples from cartoon characters the students are familiar with and our imaginations to bring our own ideas to life.

Most importantly, we'll learn the best mindset for learning to draw anything at all, while gaining confidence in our drawing skills. Bring a water bottle. All drawing materials will be provided.

<b>Mon-Fri</b>	<b>9:00am-12:00pm</b>	<b>\$185/5 sess</b>	<b>Christache</b>	<b>RAR</b>
<b>459268</b>	<b>Jul 24-28</b>			
<b>459269</b>	<b>Aug 14-18</b>			

## Improv and Drama Camp with Christache (7-14yrs)

A fun and foundational acting camp where we will play theatre games, and create and perform skits and improv scenes. We will focus on fostering a love of acting and build confidence in performing in front of others by creating a fun and safe environment that allows students to flourish. A typical day will include warm up games, theatre exercises in small groups and performance practice in front of each other. The week will conclude with a short performance of some of the things we've learnt over the week.

Christache is an actor, improviser, clown, playwright and theater director. Bring a water bottle and clothes that are comfortable to move around in.

<b>Mon-Fri</b>	<b>1:00-4:00pm</b>	<b>\$175/5 sess</b>	<b>Christache</b>	<b>RAR</b>
<b>459270</b>	<b>Jul 24-28</b>			
<b>459271</b>	<b>Aug 14-18</b>			

## Puppetry and Art Making (7-13yrs)

This week long camp will inspire young minds to use their natural surroundings to create a variety of puppets, and use your imagination to create stories and character building with artist J Peachy. Please pack a snack, lunch, water bottle, hat and sunscreen. We'll be exploring the gardens on-site and the Carving Centre as well.

<b>459433</b>	<b>Tue-Fri</b>	<b>9:30am-3:30pm</b>	<b>Aug 8-11</b>	<b>RAR</b>
<b>\$184/4 sess</b>		<b>J Peachy</b>		



# Children

## Gymnastics Summer Camp (6-12yrs)

Children aged 6-12 will be jumping for joy after a week of jammed packed gymnastics fun. Activities include gymnastics, boxing, visiting the Woodland Wading Pool and Grandview Park playground, water balloon fun, and more! Children should bring a snack, lunch, water, sunscreen, bathing suit, towel, and a hat every day. Drop your children off at Gym B at 9:30am and pick up at 3:30pm sharp. We look forward to seeing your gymnast this summer. If children are under 6 years old, they must be going into Grade 1 in September. A weekly schedule and waiver form will be emailed to families before the camp starts. **Refund Policy:** A \$5 administration fee will be charged for each camp for which a refund is requested. Refund requests must be made one week (seven days) prior to the start of the program. No refunds after this time.

Mon-Fri	9:30am-3:30pm	Gymnastics Coaches	Gym B	\$325/5 sess	*\$260/4 sess
462193	Jul 31-Aug 4	462190	Aug 14-18		
462192	Aug 8-11*	462191	Aug 21-25		



### Britannia Gymnastics Camp Early Drop-off/Late Pick-up (Separate Registrations)

This year we will be offering early drop-off and late pick-up options. No gymnastics will be taught during this time, children will engage in light activities. Children must be enrolled in the day camp to register for the early drop-off and late pick-up options.

Mon-Fri	Gymnastics Coaches	Gym B	\$50/5 sess	*\$40/4 sess
---------	--------------------	-------	-------------	--------------

#### Early Drop-off

462732	8:15-9:30am	Jul 31-Aug 4
462731	8:15-9:30am	Aug 8-11*
462729	8:15-9:30am	Aug 14-18
462730	8:15-9:30am	Aug 21-25

#### Late Pick-up

462728	3:30-5:30pm	Jul 31-Aug 4
462727	3:30-5:30pm	Aug 8-11*
462725	3:30-5:30pm	Aug 14-18
462726	3:30-5:30pm	Aug 21-25

## Music

### Piano (6yrs+) & Clarinet (10yrs+)

Get ahead and continue your music studies this summer or begin an instrument and enjoy and lifetime of making music! These lessons consider each student's development and goals. Conservatory exam preparation is available.

Payment is made in advance of each set. Lesson costs shown below are for 30 min classes, but 45 and 60 minutes per week are available to more advanced students at the discretion of the instructor. Private lessons are for beginner to senior levels.

**Before registering for lesson times, please contact the instructor at [janine.oye@gmail.com](mailto:janine.oye@gmail.com). Clarinet students must provide their own instruments.** Register in person or by phone at 604.718.5800 (1) only, no online.

459503	Fri	6:15-9:00pm	Jul 7-Aug 4
459504	Sat	9:00am-4:00pm	Jul 8-Aug 5
Preteen Centre	Janine		\$140/5 sess



### Guitar Lessons (6-18yrs)

Guitar classes will include technique, reading notes, constructing melodies and bass lines, as well as learning a variety of different chords (complexity depends on level of enrollment and students' previous experience). We will learn pop songs, rock songs, blues, jazz and world music. The group can choose the songs and style, and Diego can help you achieve your music goals. [www.diegokohl.com](http://www.diegokohl.com)

#### Beginner - Group Lessons

458682	Wed	5:15-6:15pm	Jul 12-Aug 16	55+ Centre
\$168/6 sess		Diego		

#### Intermediate - Group Lessons

458683	Wed	6:30-7:30pm	Jul 12-Aug 16	55+ Centre
\$168/6 sess		Diego		

#### Private Lessons

Wed	Jul 12-Aug 16	55+ Centre	\$168/6 sess	Diego
458684	7:30-8:00pm			
458684	8:00-8:30pm			



## Physical Activity

### Sportball Outdoor Soccer (5-7yrs)

Kickstart your day! Sportball Outdoor Soccer programs introduce fundamental concepts of gameplay and teach the basic skills required to bend it like Beckham in a supportive, non-competitive environment. Coaches zero in on skills like throw-ins, dribbling, trapping, and passing in fun, exciting, and skill-focused games. Classes take place outdoors; parents are required to remain by the field for children's safety. The program takes place on the South part of the Britannia Oval running track.

**Tue 7:00-8:00pm Jul 11-Aug 22**  
**Brit Oval \$124.95/7 sess**  
**460935 Sportball**

### Spikeball (5-12yrs)

Spikeball is a new and exciting sport that's easy to learn, yet hard to perfect. You might've seen it at Vancouver's beaches or parks. Spikeball is similar to volleyball but instead of hitting the ball over a net, a ball is hit onto a circular net. Two teams of two have 3 hits to hit the ball onto the net. Once play starts, players can move around freely, so the game is played in 360°. The class takes place at the South end of the Britannia Oval. No class Aug 7.

#### 5-8yrs

**Mon 4:15-5:15pm Brit Oval**  
**Jul 10-Aug 28 \$88.20/10 sess**  
**457937 Zach**

#### 9-12yrs

**Mon 5:30-6:30pm Brit Oval**  
**Jul 10-Aug 28 \$88.20/10 sess**  
**457939 Zach**

### Britannia Boxing (6yrs+)

Britannia's own fun, inclusive, and informative boxing program where anyone can come and learn proper techniques, hit the bags, and workout with our coaches. New bags, gloves, portable ring, and more await you in our boxing gym! Come and visit our coaches, learn new skills, and break a sweat while working at your own pace. Stay as long as you would like—classes are unlimited. The Boxing Room is located in Gym C. First time participants, pay \$15 drop-in. After this, participants must pay monthly fee. Fees cannot be prorated. No class Jul 3 & Aug 7.

**Mon-Fri 5:00-7:00pm Sat 2:00-4:00pm**  
**Boxing Rm Jay**  
**457920 Jul 1-31 \$94.50/mo**  
**457921 Aug 1-31 \$94.50/mo**

### Traditional Kung Fu (6yrs+)

This Northern Shaolin style class will teach you traditional forms, weapon forms, sparring and self-defense. It will help you gain physical and mental strength, and develop self-confidence and discipline. Membership fee of \$2 per month for the Northern Shaolin Lung Chi Cheung Association is included in the fee. Students must be able to attend Monday and Friday classes regularly. Fees do not pro-rate. No class Aug 7.

#### Beginner

**Mon/Fri 4:30-5:45pm Jul 7-Aug 11**  
**CFEC \$130.20/10 sess**  
**457947 Marquis**

#### Intermediate

**Mon/Fri 4:30-6:30pm Jul 7-Aug 11**  
**CFEC \$140.70/10 sess**  
**457948 Marquis**

#### Advanced

**Mon/Fri 4:30-6:30pm Jul 7-Aug 11**  
**CFEC \$151.2/10 sess**  
**457946 Marquis & Louis**



## Axe Capoeira

Students enrolled in these classes must have a minimum of 1 year consistent Capoeira experience, or permission from the school. We offer ongoing classes for children and youth. Classes cover all aspects of Capoeira: Martial arts, dance, music, acrobatics, culture, language and more. Classes focus on developing rhythm, reflexes, balance, coordination, strength and flexibility. Uniform is required to join class. Fees do not pro-rate; monthly rate only. See page 7 for beginner classes. See page 17 for 16yrs+ classes.

### Intermediate Mini Kids (5-7yrs)

This is an intermediate program; students should have a full knowledge of basic movements and this class will focus on more advanced movements in Capoeira, which will prepare students for the youth program. July 11 class is in Gym C. July 14 class is in Gym D.

**Tue/Fri 6:00-6:45pm Marcus Cafeteria**  
**457904 Jul 4-28 \$89.25/mo**  
**457906 Aug 1-18 \$73.50/mo**

### Youth (7-15yrs)

Please note: This is not an introductory class. Students are expected to execute all basic movements of Capoeira. Mon/Fri classes are in Cafeteria. Weds classes are in CFEC. No class Aug 7. July 11 class is in Gym C. July 14 class is in Gym D.

**Mon/Wed 5:00-6:00pm Fri 6:45-7:30pm Marcus Cafeteria/CFEC**  
**457907 Jul 3-28 \$110.25/mo**  
**457908 Aug 2-18 \$99.75/mo**



## Camps

For more camps, see page 8.

### Basketball Camp (10-13yrs)

Improve shooting form, ball-handling skills, defensive intensity, and court awareness in a fun-filled, fast-paced environment. Camp will include skill work, mobility training, and games.

**Mon-Fri 4:00-6:00pm** **Gym D**  
**\$100/5 sess** **Coach T**  
**458381 Aug 14-18**  
**458382 Aug 21-25**

## Basketball

### Youth Basketball Drop-in (8-13yrs)

Supervised, but non-instructional drop-in basketball for preteens every Friday. Practice ball handling or shooting, or get in on a game.

**Fri 5:00-6:45pm** **Jul 7-Sep 1**  
**Gym C** **Free**

### Basketball – Beginner (8-12yrs)

Focus on the fundamentals! The primary emphasis will be age- and ability-appropriate skill development. This reflects the recommendations of the National Coaching Certification Program Long-Term Athlete Development Model. Increasing skill competency increases the likelihood that children will gain the confidence to continue to play and enjoy playing basketball. Emphasis will be on individual skill development, with games and scrimmages worked in. Please bring a water bottle and towel, and avoid bringing any other personal items. No session Aug 5.

**Sat 11:00am-12:15pm** **Jul 8-Aug 19**  
**Gym D** **\$24/6 sess**  
**458385 T**



### Basketball – Intermediate (9-13yrs)

Focus on the fundamentals! A step up from beginner basketball for players with some experience who want to improve on fundamentals. Please bring a water bottle and towel, and avoid bringing any other personal items. No session Aug 5.

**Sat 12:30-1:45pm** **Jul 8-Aug 19**  
**Gym D** **\$24/6 sess**  
**458386 Coach T**

## Social

### Free Youth Swim (11-18yrs)

Britannia's youth-only swim time, every other Friday. Contests, prizes, games and crazy staff! Swim lessons are available to interested youth for the first 30 minutes; work on skills or improve your swimming abilities.

**Fri 6:00-8:00pm** **Jul 14 & 28**  
**Britannia Pool** **Aug 11 & 25**  
**Free**



### Queer Youth Drop-in (11-16yrs)

A safe and inclusive space for 2SLGBTQIA+, questioning or unlabeled youth ages 11-16 to authentically be themselves. Together, we'll co-create a space to share our experiences, learn from each other and have fun! Drop in any time. Snacks will be provided! Contact Khai at [khai.truong@vancouver.ca](mailto:khai.truong@vancouver.ca) for location information, more info or to discuss any access needs.

**Sat 2:00-4:00pm** **Ongoing**  
**Khai** **Free**

## Physical Activity

### Axe Capoeira (7yrs+)

See page 10 for 5-15yrs classes.

### Britannia Boxing (6yrs+)

For more information, see page 10.

### Spikeball (5-12yrs)

For more information, see page 10.

### Traditional Kung Fu (6yrs+)

For more information, see page 10.

## Subsidies

Britannia provides assistance to those who are not able to afford the advertised cost of certain programs and activities. Please note: Maximum of two subsidies per person per season.

Some programs do not qualify for subsidy. Our subsidy policy does not apply to Britannia Child Care programs or products that are resalable.

**Non-residents of Vancouver are not eligible for subsidies.**

### Leisure Access Program

The Leisure Access Program (LAP) provides low-income City of Vancouver residents with reduced cost programs and services at Britannia and Park Board facilities.

LAP card holders may receive up to 50% off certain programs. To learn more and to apply, visit:

[vancouver.ca/parks-recreation-culture/leisure-access-card](http://vancouver.ca/parks-recreation-culture/leisure-access-card)

### Grandview-Woodland & Strathcona Subsidy

Program participants living in the Grandview Woodland and Strathcona areas who are in need of financial assistance may request a subsidy of up to 25% off course costs for certain programs by completing an application.

### FREE 'Fun For All' Recreation

Britannia operates a wide range of free and pay-what-you-can recreation programs. The Britannia Board of Management is committed to ensuring that people have access to programs and that fees are not a barrier to members of the Grandview-Woodland and Strathcona Communities.



Look for the "Fun for All" stamp in the Brochure to find our free and pay-what-you-can programs.



## Welcome to the Teen Centre

A place in the community dedicated to youth. All youth 13-18yrs are welcome.

Youth, volunteers and youth workers work together to plan and run programs and activities for the Teen Centre. Join our youth committee to set direction for programs.

Feel free to pick up your copy of our summer activities calendar at the Teen Centre. If you do not see what you are looking for then get involved and make it happen!

The Teen Centre is a place to:

- Meet people
- Get information or support
- Share your ideas and interests
- Have fun
- Experience new things

Find us on Facebook:

@BritanniaTeenCentre

## Summer Drop-in Hours

Wed-Fri 4:00-9:00pm

## Registration

Register for all Teen Centre programs at the Teen Centre. Please note: A signed parent consent form is required for many of our programs. For more information, call 604.718.5828.

## Staff

Youth Programmer:

Tom Higashio  
tom.higashio@vancouver.ca

604.718.5826

Latin American Youth Worker:

604.718.5829

Teen Centre Staff:

Barry, Jericho, Joel, Lauren, Manuel, Tiana, Tom.

## Leadership

### Britannia Youth Committee

We are looking for youth who want to be involved! Give back to the community, and initiate and follow through on community programs and projects. Contact Tom at 604.718.5826 for more info.

### Summer Daycamp Volunteers Needed (16yrs+)

Britannia Funseekers are looking for motivated youth 16yrs+ to get involved in volunteering with children 6-12yrs of age in a fun and supported setting. It's a great leadership opportunity, and a way to give back to the community. Spend the weeks swimming, doing arts and crafts, playing games, learning about children's rights, going on out trips and many other fun activities!

Minimum 1 week commitment required and must complete a police record check. Reference available upon completion. Please contact Yao at yao.zhang@vancouver.ca or 604.718.5860.

### Friends First Program / Grupo de Amigos (13-18yrs)

Make new friends and learn new skills! This program provides social, recreational, and educational activities for youth new to Canada, and youth who are interested in helping others settle into Vancouver. We meet every Saturday. To register and for more details, contact 604.718.5829. Consent forms are required to participate in the outings. Subsidies are available for all activities.

¿Conoce a jóvenes de tu edad y aprende al mismo tiempo! Este programa brinda actividades sociales, recreativas y educativas. Nos reunimos los días sábados. Para registrarse y obtener más detalles, comuníquese al 604.718.5829. Se requieren formularios de consentimiento para participar en las salidas. Subsidios disponibles para todas las actividades.

Sat 1:00-5:00pm Jul 8, 15, 22, 29  
Teen Centre Aug 12, 19, 26  
Free \*Registration required.

## Social

### Movie Night (13-19yrs)

Nothing on TV? Head over to the Teen Centre and watch movies with your friends while having some snacks.

Thu 7:00-9:00pm Ongoing  
Teen Centre Free

### Free Youth Swim (11-18yrs)

Britannia's youth-only swim time, every other Friday. Contests, prizes, games and crazy stuff! Swim lessons are available to interested youth for the first 30 minutes; work on skills or improve your swimming abilities.

Fri 6:00-8:00pm Jul 14 & 28  
Britannia Pool Aug 11 & 25  
Free

### Queer Youth Drop-in (11-16yrs)

A safe and inclusive space for 2SLGBTQIA+, questioning or unlabeled youth ages 11-16 to authentically be themselves. Together, we'll co-create a space to share our experiences, learn from each other and have fun! Drop in any time. Snacks will be provided! Contact Khai at khai.truong@vancouver.ca for location information, more info or to discuss any access needs.

Sat 2:00-4:00pm Ongoing  
Khai Free

### Young Adult Social Club (13-18yrs)

Our goal is to provide a safe, healthy, and inclusive space where young adults can ask questions; connect and share; try new things; and even explore the city's resources, local attractions, and recreational activities. Topics may include:

- Self-identity, communication and self-advocacy, and healthy relationships;
- Finding your passion, setting goals and taking action;
- Community resources (counselling, cultural, and recreational programs);
- Self-care and life skills;
- Creative arts (painting, writing, digital media);
- Employment rights and training; and more!

Mon 5:00-8:00pm Jul 10-Aug 21  
RAR Free  
456655 Rebecca

## Cooking Latin Cooking (13-18yrs)

Do you want to learn how to cook food from different Latin American countries? Come share your favorite dishes and learn new recipes! You will also learn how to choose foods that are more nutritious and shop on budget. To register, please contact the Latin American Youth Worker at 604.718.5829.

Thu 5:00-7:00pm Jul 6-Aug 31  
55+ Centre Free\*  
\*Registration required.



## Summer Out Trips

The Britannia Youth Program will be running a series of out trips in July and August. We have way too many activities to put them all in here! Some activities include Playland, canoeing, picnics at the beach, swimming, movies and much more. Don't miss out on these great activities. Pick up our more detailed summer pamphlet at the Teen Centre now.

Pre-registration for these trips is necessary and parents must sign consent forms. Space is limited and youth will be accepted on a first-come first-served basis.

Participants are encouraged to plan ahead and bring any things that they think they might need for the trip they're going on. Some examples would be a hat, sunscreen, water, food, or money for food, etc. All registration is done through Teen Centre. The cost of the outings should not prevent any youth from participating, so let staff know.

## Camps

### Salt Spring Island Camp Trip (13-18yrs)

Get out of the city and spend a three days on the beautiful Gulf Island of Salt Spring. We'll tent camp at Ruckle Provincial Park, explore its tidal shoreline, hike to the very scenic lookout at Mt. Erskine, and if it's as hot as it normally is—cool off at the local pool. Spots are limited so register and return the parental consent form to Teen Centre staff quickly! Cost includes ferries, transportation, meals and camping equipment. To register, please contact the Britannia Teen Centre at 604.718.5828.

**Tue-Thu 9:00am-5:00pm** **Aug 22-24**  
**Ruckle Park** **\$60/trip**

### Camp Sasamat (13-18yrs)

Partnering with a group of other City of Vancouver youth programs, spend two nights and three days participating in workshops and activities, including a high ropes course challenge, kayaking or canoeing, and rock climbing. We will be staying in cabins at Camp Sasamat, on the waterfront in Port Moody. Youth will be challenged to participate, discuss and share in all activities. We will be using activities from the "Play it Fair" and "Speaking Rights" toolkit which promotes the values of children's rights, followed by a discussion of what they felt, thought and learned. Every child has the right to know their rights. To register, please contact Tom at 604.718.5826.

**Tue-Thu 9:00am-5:00pm** **Aug 29-31**  
**Camp Sasamat** **\$175/trip**



## Latin American Youth Program / Programa Juvenil Latinoamericano

The Latin American Youth Program (LAYP) offers cultural and recreational activities for Latinx youth ages 13-18yrs. These activities range from organized recreational programs to advocacy and referral services. For more information and to register, please contact the Latin American Youth Worker at 604.718.5829.

El Programa de Jóvenes Latinoamericanos ofrece actividades culturales y recreativas para jóvenes de 13 a 18 años. Estas actividades incluyen programas recreativos, servicios de abogacía y referencia. Para obtener más información, comuníquese con la trabajadora juvenil latinoamericana al 604.718.5829.

### Grupo de Amigos / Friends First Program (13-18yrs)

¡Conoce a jóvenes de tu edad y aprende al mismo tiempo! Este programa brinda actividades sociales, recreativas y educativas. Nos reunimos los días sábados. Para registrarse y obtener más detalles, comuníquese al 604.718.5829. Se requieren formularios de consentimiento para participar en las salidas. Subsidios disponibles para todas las actividades.

Make new friends and learn new skills! This program provides social, recreational, and educational activities. We meet every Saturday. To register and for more details, contact 604.718.5829. Consent forms are required to participate in the outings. Subsidies are available for all activities.

**Sat/Sáb 1:00-5:00pm** **Jul 1, 15 & 19**  
**Teen Centre** **Aug 12 & 16**  
**Free/Gratis** \*Registration required.

### Fútbol Sala Mixto / Co-ed Indoor Soccer (11-18yrs)

Fútbol para jóvenes (con identificación escolar). ¡Nuevos jugadores son Bienvenidos! Los espacios son limitados, y el registro es necesario.

Free drop-in soccer for youth (with high school ID). New players welcome! Spaces are limited; registration is required.

**Tue/Mar 5:30-7:00pm** **Jul 4-Aug 29**  
**Gym D/Gimnasio D** **Free/Gratis\***  
**456653** \*Registration required.

### Cocina Latinoamericana / Latin Cooking (13-18yrs)

¿Quieres aprender a cocinar comida de diferentes países de América Latina? ¡Ven, comparte tus platos favoritos y aprende nuevas recetas! También aprenderás a elegir alimentos más nutritivos y económicos.

Do you want to learn how to cook food from different Latin American countries? Come share your favourite dishes and learn new recipes! You will also learn how to choose foods that are more nutritious and shop on budget.

**Thu/Jue 5:00-7:00pm** **Jul 6-Aug 31**  
**55+ Centre** **Free/Gratis\***  
**\*Registration required.**



## Physical Activity

### Volleyball Fundamentals (13-16yrs)

Focus on the fundamentals; the primary emphasis will be age- and ability-appropriate skill development. This reflects the recommendations of the National Coaching Certification Program Long-Term Athlete Development Model. Increasing skill competency increases likelihood that youth will gain the confidence to continue to play and enjoy playing volleyball. Please bring a water bottle and towel, and avoid bringing any other personal items. No session Aug 7.

**Mon 4:00-5:45pm Jul 10-Aug 14**  
**Gym C \$25/5 sess**  
**459163 Kim & Paige**

### Indoor Soccer (11-18yrs)

Free drop-in soccer for youth (with high school ID). New players welcome! Come have fun and practice your soccer skills. We will be focusing on fitness, dribbling, turning, receiving, passing and fun skill challenge games. Please bring a water bottle.

**456653 Tue 5:00-7:30pm Jul 4-Aug 29 Gym D Free**

### Youth Fitness Bootcamp (13-18yrs)

A must for young athletes as they increase physical literacy, this program provides a progression of fitness acuity. Basic movements, balance and coordination are honed through games, relays and drills with a focus on high energy and fun. A base level of fitness and movement is developed as athletes learn to appreciate exercise as a lifestyle.

As comfort levels increase, we'll work on strength and speed while maintaining a high level of conditioning. Coaches will teach and challenge so each youth will increase confidence in their abilities. Please bring a water bottle and towel, and avoid bringing any other personal items.

**458383 Mon-Fri 4:00-6:00pm Aug 21-25 Gym C \$50/5 sess**  
**Game Ready Fitness**

### Archery – Beginner (12-18yrs)

Introduction to archery, including history and trying a variety of different bows. Emphasis will be on individual skill development. Please bring a water bottle and towel, and avoid bringing any other personal items. No session Aug 5.

**456649 Sat 2:00-3:30pm Jul 8-Aug 19 Gym C \$30/6 sess**  
**Bernice**

### Archery- Intermediate (12-18yrs)

Must have completed the Beginner session to register for Intermediate and receive approval from the instructor. A continuation of the beginner class, including history and trying a variety of different bows. Emphasis will be on individual skill development. Please bring a water bottle and towel, and avoid bringing any other personal items. No session Aug 5.

**456650 Sat 3:45-5:00pm Jul 8-Aug 19 Gym C \$30/6 sess**  
**Bernice**

### Adapted Fitness Boxing (13-18yrs)

This class for neurodiverse youth will teach the basics of punching and footwork of boxing, which is not only fun and fosters confidence and body awareness. Boxing is excellent practice for coordination and overall movement literacy. Some kids learn to discover their strength, some to regulate their strength.

One to one support is not provided in this class; the ratio is 1 instructor for up to 10 youth. This is a non-contact class. Equipment is provided. Please bring your own towel and water bottle. The boxing room is located in the Gym C building.

**Thu 7:15-8:15pm Jul 6-Aug 24**  
**Boxing Rm \$80/8 sess**  
**458384 Jay**

## Outdoors



### The Great Escape Outdoors – GEO (13-18yrs)

We offer a variety of outdoor activities for youth 13-18yrs and suitable for almost any level of fitness. Pick up a monthly calendar to get a complete listing. It is a great way to explore our incredible surroundings, learn new things, and meet lots of great people.

The Centre provides all necessary equipment, food, transportation, and guides/instructors, unless otherwise stated. Any overnight trip has co-ed leaders and at least one trained staff in Wilderness First Aid. The cost of the outings should not prevent any youth from participating, so let staff know. If you have any questions or would like to register please call 604.718.5828. All registration done at the Teen Centre.

## Music

### Greenhorn Community Music Project (12-17yrs)

The Greenhorn Community Music Project aspires to join the creative forces of youth, professional musicians, and community members to compose, practice, and perform a variety of musical styles in service of orchestrating social change you can dance to. Greenhorn provides this one week summer workshop series in preparation to perform at Honk!BC on Sunday, July 16 (Grandview Park) and other possible events. For more information, email [brenda.koch@openairorchestra.com](mailto:brenda.koch@openairorchestra.com).

**Mon-Fri 10:00am-2:00pm Jul 10-14**  
**Outdoors Free**  
**Brenda/Tim**

## Leisure Access Program

The Leisure Access Program (LAP) provides low-income City of Vancouver residents with reduced cost programs and services at Britannia and Park Board facilities.

LAP card holders may receive up to 50% off certain programs. To learn more and to apply, visit:

[vancouver.ca/parks-recreation-culture/leisure-access-card](http://vancouver.ca/parks-recreation-culture/leisure-access-card)



## Music

### African Drumming (16yrs+)

Learn how to play traditional West African rhythms on hand drums (djembés) and base drums (dununs). These lessons are fun and concentrated. Learn foundational rhythms and playing techniques.

Level 1 lays the foundation for higher-level courses. Completion of Level 1 required to move onto Level 2, and completion of Level 2 required to move onto Level 3 (or permission from the instructor). He can be contacted through his website: [drumming.ca](http://drumming.ca). Levels 2 & 3 can be repeated several times as new djembé and dunun rhythms are taught every course. Drums are supplied in class or BYOD. No class July 12.

#### Level 1

**Sat 2:30-3:45pm** **Jul 8-Aug 12**  
459293 **\$110.25/6 sess**  
Cafeteria **Russell**

#### Level 2

**Wed 8:00-9:15pm** **Jul 5-Aug 9**  
459295 **\$91.88/5 sess**

**Sat 12:30-1:45pm** **Jul 8-Aug 12**  
459294 **\$110.25/6 sess**  
Cafeteria **Russell**

#### Level 3

**Wed 6:30-7:45pm** **Jul 5-Aug 9**  
459297 **\$91.88/5 sess**

**Sat 11:00am-12:15pm** **Jul 8-Aug 12**  
459296 **\$110.25/6 sess**  
Cafeteria **Russell**

### Carnival Band (All ages)

Looking for an excuse to dust off that horn (clarinet, glockenspiel) in the back of your closet? Looking for a way to bring a little music and colour to your community? The Open Air Orchestra Society invites you to our street band workshops, led by the incomparable Ross Barrett, Tim Sars, and various guest instructors.

All levels and ages welcome; stop by just to listen and dance at our summer location in the Carving Centre! Suggested donation is ¼ of your hourly wage or \$5 pay-what-you-can. Britannia membership required. For more information or bookings, email [vancouvercarnivalband@gmail.com](mailto:vancouvercarnivalband@gmail.com). Sessions take place in the 5xwqewelawen ct Carving Centre in the Britannia parking lot. No session Jul 2 & Aug 7.

**Mon 7:00-9:30pm** **Jul 7-Aug 28**  
5xwqewelawen ct **By donation**  
Tim/Ross



## Arts

### Screen Printing – Paper Printmaking (12yrs+)

**NEW**

Join artist Yaimel Lopez for this exciting introductory screen printing program. Students will learn to make stencils and use them to create compositions and typography. They will continue to hone their skills over the weeks to create posters and prints. Yaimel also likes to show how these illustrations can be made into animations; he'll share these teachings throughout the weeks. Thanks to VLACC for the support. Materials provided.

**Sat 10:00am-12:00pm** **Jul 8-Aug 26**  
Rink Mezz **\$231/8 sess**  
452044 **Yaimel**

### Working With Cement – Cement Bowl (16yrs+)

Cement is both an easy and challenging medium to use to make beautiful and useful homeware and beautify your home or garden. This course will teach some techniques and handy tricks to make your own cement bowl.

From choosing your mold, mixing and pouring your concrete, curing and sealing, Karine Zamor (The Cement Lady) will show you a window to her passion. Each student will make a lovely bowl to take home.

**Thu 7:00-9:00pm** **Jul 11 & 18**  
Rink Mezz **\$84/2 sess**  
458983 **Karine**

### Weaving in Community – Outdoors (15yrs+)

Learn how to weave small introductory level cedar weaving projects with Haida artist, Todd DeVries. Listen to the protocols followed when harvesting and preparing cedar. Enjoy cultural crafting, peer support, and sharing with Indigenous and non-Indigenous Elders and others. Drop-in and stay awhile or register for every week. This program is free thanks to the Vancouver Park Board - Park Activations team.

**Tue 2:00-6:00pm** **Jul 11-Aug 29**  
Grandview Park **Free**  
459481 **Todd**

### Explore Watercolour Painting (12yrs+)

Meet us on Sundays in July to explore the beauty and versatility of watercolour paints with local artist Sylvia Oates. We will start off with some basic techniques and exercises, then use our skills to produce finished paintings. We will have some supplies but you are welcome to bring your own as well. Children under 12 must be accompanied by an adult.

**Sun 10:00am-1:00pm** **Jul 9-30**  
Rink Mezz **\$65/4 sess**  
460721 **Sylvia**

### Pottery – Handbuilding Weekend Intensive (15yrs+)

In this 2 day intensive program of pottery hand-building, we will explore the methods pinch pot, slab, press mold and coil processes. This survey of methods is suitable for any level of experience and prepares you for the Pottery - Continuing Program at Britannia. Glaze your pieces on Thursday July 13, from 5:00-9:00pm. The pick-up party will take place on Thursday July 20 from 7:00-9:00pm. Artist quality, food safe materials included. Join Britannia Community Arts in this extraordinary opportunity. Spaxman has 30yrs+ experience facilitating pottery programs.

**Sat/Sun 10:00am-2:00pm** **Jul 8-9**  
**Thu 5:00-9:00pm** **Jul 13**  
**Thu 7:00-9:00pm** **Jul 20**  
**Rm 208** **\$212.10/4 sess**  
452070 **Helen**

### Pottery – Potter's Wheel Weekday Intensive (15yrs+)

In this 4 day intensive program of pottery on the wheel, we will explore forms such as cup, bowl, vase, plate as well as additions such as handles, lids and spouts. Glaze your pieces on Wednesday July 12, and pick up your finished work on Thursday July 20. Artist quality, food safe materials included. Six students max. This program is better suited to previous Britannia Pottery - Continuing students.

**Tue-Fri 10:00am-2:00pm** **Jul 4-7**  
**Wed 5:00-9:00pm** **Jul 12**  
**Thu 7:00-9:00pm** **Jul 20**  
**Rm 208** **\$383.25/6 sess**  
452047 **Helen**



## Volunteer Program

### Fun Bike Rides (19yrs+)

Join other Britannia volunteers and community members for a fun bike ride around Vancouver. We will leave from Britannia and explore local favourite bike trails at a leisurely pace. Participants should be confident riding approximately 30-60 kilometers. Waivers and release forms need to be signed prior to the rides. To receive the updated list of the rides and sign up, please email [britanniavolunteer+rides@gmail.com](mailto:britanniavolunteer+rides@gmail.com).

### Summer Daycamp Volunteers Needed (16yrs+)

Britannia Funseekers are looking for motivated youth 16yrs+ to get involved in volunteering with children 6-12yrs of age in a fun and supported setting. It's a great leadership opportunity, and a way to give back to the community. Spend the weeks swimming, doing arts and crafts, playing games, learning about children's rights, going on out trips and many other fun activities! Minimum 1 week commitment required and must complete a police record check. Reference available upon completion. Please contact Yao at 604.718.5860 or [yao.zhang@vancouver.ca](mailto:yao.zhang@vancouver.ca).

## GWFC Food Programs



Grandview Woodland Food Connection (GWFC) is dedicated to supporting healthy food access for all. In partnership with Britannia Community Centre, the GWFC is pleased to offer a range of community food programs. For more information or to get involved, email Ruth Elizabeth at [gwfcnetwork@gmail.com](mailto:gwfcnetwork@gmail.com) or visit:

[gwfoodconnection.com](http://gwfoodconnection.com)

The GWFC is seeking Advisory Board Members to represent the many faces of our Community! Please contact Ruth Elizabeth and join us for our monthly meetings. If you're passionate about:

- Supporting the health and well-being of local residents;
- Promoting an accessible, just and sustainable food system; and
- Building the capacity of the neighborhood through education, information sharing, and the creation of grassroots initiatives to address food security and justice issues.

Wed 6:00-8:00pm  
Zoom/Board Room

Jul 5, Aug 2,  
Sep 6

### Looking for Garden Enthusiasts & Ambassadors



Come volunteers with us and help us care for our gardens! During these weekly garden work parties and skill sharing sessions, you will have the opportunity to gain hands on experience and learn from experienced gardeners. We'll work together to care for the gardens by planting, watering, weeding, and harvesting together (and yes, you will enjoy the harvest as well). All are welcome. Rain or shine. No registration needed, just drop by the garden! We will either be in the Transformed Life Garden by the Courts Skate Park or our Indigenous plant garden around the Carving Pavilion in the parking lot. For more information, email Ruth Elizabeth at [gwfcnetwork@gmail.com](mailto:gwfcnetwork@gmail.com). No session Aug 7.

Mon 10:00am-1:00pm  
Transformed Life Garden

Jul 10-Aug 28  
Victoria

### Meet the Honey Bees! (12yrs+)



Join us as we open the Britannia honey bee hives with Hives for Humanity. Beginners welcome as we observe how the honey bees at work together. Veils provided. We will meet the bees and Sarah will share her knowledge and experience of the fascinating world of pollinators—both managed and wild species—and the plants and habitat they need to thrive.

Mon 3:00-5:00pm  
Transformed Life Garden

Jul 17  
Sarah

462289 \$5 sliding scale option  
462290 \$10 sliding scale option  
462291 \$15 sliding scale option



### Britannia Bulk Buy Food Club

Interested in fresh, healthy, and affordable food at wholesale prices? Once a month, you can purchase a \$15 box of assorted produce at Britannia Community Centre.

Buying together with your neighbours can help you save over 40% on your food bill. You get 10-14 varieties of fruits and veggies plus access to supplemental donations. Email [bbbfoodclub@gmail.com](mailto:bbbfoodclub@gmail.com) or call 604.718.5895 for more info or to be added to the waitlist.

## Salsa Cubana & Rueda De Casino

Singles and couples welcome. The basics of Merengue, Bachata and other Latin steps are taught during warm-up. Upon completion of each program, the instructor will assess the student's level and determine if they can move up to the next level.

### Beginner (18yrs+)

No experience necessary. This is your introduction to Cuban Salsa! We will start with the basic steps, at first in a line but soon you will be using what you have learned in the circle-formation known as a Rueda. We will quickly progress to passing followers from one leader to the next, to turns and moves such as Vacilala, Casate, Sombrero, etc.

Wed 7:45-9:15pm  
CFEC

Jul 5-Aug 23  
\$168/8 sess

459071 Karlos

### Beginner/Intermediate (18yrs+)

We will continue where we left off in the Beginner class and will add more moves, such as La Ye Simple, La Ye, Sombrero Complicado, Tornillo, Pelota, Setenta, etc.

Tue 7:30-9:00pm  
Gym C

Jul 4-Aug 22  
\$168/8 sess

459072 Karlos

### Intermediate (18yrs+)

We will review the moves learnt in the Beginner/Intermediate class and learn new moves such as La Ye Simple, La Ye, Sombrero Complicado, Tornillo, Pelota, Setenta, etc. No class Aug 7.

Mon 7:30-9:00pm  
Gym C

Jul 10-Aug 28  
\$147/7 sess

459073 Karlos

### Advanced (18yrs+)

In this class, you will learn some complex variations of moves, such as Caramelo, Malanga, Camina, A lo Cubano, Setenta y Virate, Despeñala, El Salao, Bombero, etc. as well as moves involving two couples. Pre-requisite: Previous experience, successfully completed Intermediate Salsa Cubana Rueda class, and consultation with the instructor before beginning the course.

Thu 7:30-9:00pm  
CFEC

Jul 6-Aug 24  
\$168/8 sess

459074 Karlos



## Sports & Martial Arts

### Ball Hockey – Men (40yrs+)

This is a no-body contact, recreational hockey program. Rough play will not be tolerated. No league players. No drop-ins. No class Aug 6.

Sun	6:45-8:45pm	Jul 9-Aug 27
Gym D		\$44.10/7 sess
457917	Edwin	

### Badminton (18yrs+)

Come play some badminton with us! Singles if it's slow, otherwise doubles. Rotate after your game to get a short break, then more action! There are 30 pre-registered and drop-in spaces available. \$7/drop-in, space permitting.

**Drop-in Rules:** Join the drop-in list at the Pool Cashier at the start time of the program. Registered players have 15 minutes to claim their spot, after which time players on the drop-in list will be allowed to purchase a spot, space permitting. If you are a drop-in, you must pay and sign in at the Pool Cashier and submit the receipt to the instructor in the gym.

Fri	7:00-9:45pm	Jul 7-Aug 25
Gym C		\$50.40/8 sess
457912	Allen	

### Basketball (18yrs+)

Come get your sweat on with our 5 on 5 full court basketball game. First to 15 points, then rotate. 15 players maximum. No drop-ins. No class Aug 6.

Sun	2:00-4:00pm	Jul 9-Aug 27
Gym C		\$44.10/7 sess
457918	Simon	

### Britannia Boxing (6yrs+)

Britannia's own fun, inclusive, and informative boxing program where anyone can come and learn proper techniques, hit the bags, and workout with our coaches. New bags, gloves, portable ring, and more await you in our boxing gym! Come and visit our wonderful and experienced coaches, learn new skills, and break a sweat while working at your own pace. You can stay as long, or short, as you would like—classes are unlimited.

The Boxing Room is located in Gym C. First time participants, pay \$15 drop-in. After this, participants will be expected to pay monthly fee. Fees cannot be prorated. No class Jul 3 & Aug 7.

Mon-Fri	5:00-7:00pm	Sat 2:00-4:00pm
Boxing Rm		Jay
457920	Jul 1-31	\$94.50/mo
457921	Aug 1-31	\$94.50/mo

### Traditional Kung Fu (6yrs+)

This Northern Shaolin style class will teach you traditional forms, weapon forms, sparring and self-defense. It will help you gain physical and mental strength, and develop self-confidence and discipline. Students must be able to attend Monday and Friday classes regularly. Fees do not pro-rate. No class Aug 7.

#### Beginner

Mon/Fri	4:30-5:45pm	Jul 7-Aug 11
CFEC		\$130.20/10 sess
457947	Marquis	

#### Intermediate

Mon/Fri	4:30-6:30pm	Jul 7-Aug 11
CFEC		\$140.70/10 sess
457948	Marquis	

#### Advanced

Mon/Fri	4:30-6:30pm	Jul 7-Aug 11
CFEC		\$151.2/10 sess
457946	Marquis	

### Ki Aikido (18yrs+)

Looking for an embodied practice that helps you deal with the stresses of daily life? Try Ki Aikido, a non-competitive practice that develops calmness, stability and confidence. Improve your mind-body connection, stay relaxed and centered under pressure, and work with energy flow in dynamic movements. Beginners can take one free session before deciding to register. High Grade classes are for 1st Kyu or more advanced students. No class Aug 7, 9 & 14.

Wed	7:30-9:30pm	Jul 12-Aug 30
Mat Rm		\$44.10/7 sess
457929	Louis	\$10/drop-in

#### High Grade

Mon	7:30-9:30pm	Jul 24-Aug 28
Mat Rm		\$21/4 sess
457930	Emily	

### Axe Capoeira (16yrs+)

Must have a minimum of 6 months consistent Capoeira experience or permission from the school. Students are expected to execute all basic movements. Classes cover all aspects of Capoeira: martial arts, dance, music, acrobatics, culture, language. Classes focus on developing rhythm, reflexes, balance, coordination, strength, flexibility. Uniform required. Fees do not pro-rate; monthly rate only. Mon/Fri classes are in Cafeteria. Weds classes are in CFEC. July 14 class is in Gym D.

Mon/Wed	6:15-7:30pm	Fri 7:30-8:30pm
CFEC/Cafeteria		Marcus
457898	Jul 5-28	\$131.25/mo
457899	Aug 2-18	\$115.50/mo

## Health & Fitness

### Salsa Fit – Drop-in (18yrs+)

Invigorating and energizing cardio combining high/low impact aerobics with a salsa flare. Great music and lots of fun. Includes a muscular strengthening component and stretching. Purchase drop-in tickets at pool office. \$6.30/drop-in or \$47.25/10 tickets.

**Drop-in Rules:** A class sign up list will be available at the Britannia Pool at 8:30am on the day of the program. Go to the pool office to sign up for that day's program. We are unable to accept any sign-ups over the phone. Pay the drop-in rate or if you have a strip ticket, give it to Denise at the class.

Sat	9:30-10:30am	Jul 8-29
Gym C		\$6.30/drop-in
Denise		

### Zumba® Fitness (18yrs+)

This fitness class fuses Latin rhythms with easy to follow moves to create a dynamic workout system designed for everyone at any fitness level. Zumba® is a feel happy workout that is great for anyone at any fitness level. We use a variety of styles like Cumbia, Soca, Merengue, Salsa, Samba, Reggaeton, and Flamenco. \$14/drop-in.

Mon	6:00-7:00pm	Jul 10-31
Gym C		\$52.50/4 sess
457952	Eric	

Wed	6:00-7:00pm	Jul 5-26
Gym C		\$52.50/4 sess
462741	Denise	

### Iyengar Yoga – Level 1 & 2 (18yrs+)

Physically energizing, deeply relaxing and emotionally uplifting. Learn classical yoga with an emphasis on self-awareness and development of strength, stamina, flexibility, balance, body awareness, postural alignment and relaxation. The class is taught with clarity, creativity, attention to detail and sensitivity to individual needs, in an atmosphere of compassion and humour.

Your own mat and equipment is optional but recommended; we have mats and equipment you can use. \$21/drop-in. For more info, email [claudiamacyoga@gmail.com](mailto:claudiamacyoga@gmail.com).

Tue	7:00-8:30pm	Jul 4-Aug 1
CFEC		\$89.25/6 sess
457927	Claudia	

# 55+ Older Active Adults

## Welcome to the 55+ Centre

Whether you want to learn something new, dance or swim—we welcome you to register for a class, or drop-in to the 55+ Centre for coffee, say hello, and just rest your feet awhile. We are open for drop-in, social programs and events, and classes. For more information, call us at 604.718.5837 or visit:

[britanniacentre.org/55plus](http://britanniacentre.org/55plus)

### Staff

Anne Cowan [anne.cowan@vancouver.ca](mailto:anne.cowan@vancouver.ca)  
Kya Prince [kya.prince@vancouver.ca](mailto:kya.prince@vancouver.ca)  
604.718.5837

### Vietnamese Program

Luong Ho [luong.ho@vancouver.ca](mailto:luong.ho@vancouver.ca)  
604.718.5818

### Registration for 55+ Programs

Registration opens on Tuesday, June 6 at 7:00pm (online and in-person only), and by phone on June 7 at 9:00am.

604.718.5800 (1)

[vanrec.ca](http://vanrec.ca)

### Seniors, Elders and Advocates (SEA) Committee – Hybrid

We meet to discuss what matters to seniors and older adults in our community. Inclusion, representation and participation of seniors and Elders is of the utmost importance as we discuss programs and services to offer the community that are relevant, needed and valued. New members are welcome and encouraged. Zoom link available upon request.

Wed 3:30-5:00pm  
55+ Centre/Zoom

Jul 19, Aug 16  
459311



### Drop-in Hours

	Mon	Tue	Wed	Thu	Fri
9:00am					
10:00am	Drop-in 10:00am-5:00pm	Vietnamese Seniors 9:00am-2:00pm	Parent & Elder Drop-in 12:00pm-2:00pm* *Jul 12 & 26, Aug 9 & 23	Drop-in 10:00am-4:00pm	Resosanté 10:00am-12:00pm* *Jul 21, Aug 18
11:00am					
12:00pm					
1:00pm		Drop-in 2:00-5:00pm	Drop-in 10:00am-5:00pm		Drop-in 10:00am-5:00pm
2:00pm					
3:00pm					
4:00pm					
5:00pm					

## Vietnamese Program / Chương Trình Cao Niên Việt Nam

This program provides settlement services, and educational and informative workshops about federal and provincial programs for Vietnamese seniors. It also raises awareness of issues impacting seniors as well as providing advocacy, information about legal issues, safety, and support resources. If you have any questions, please contact Luong Ho at 604.718.5818 or [luong.ho@vancouver.ca](mailto:luong.ho@vancouver.ca).

Cung cấp miễn phí tất cả các dịch vụ hỗ trợ cho cao niên Việt Nam về những chương trình trợ cấp của chính phủ liên bang và tỉnh bang. Bao gồm tiền giả (OAS) tiền phụ cấp (GIS), nhà cửa (BC Housing), phụ cấp tiền nhà cho cao niên (SAFER), thẻ xe bus (Bus Pass), thẻ bơi (OneCard). Chương trình cao niên Việt Nam họp mặt vào mỗi ngày thứ ba hằng tuần từ 9:00 sáng đến 3:00 giờ chiều tại Nhà Cao Niên của Trung Tâm Britannia. Chương trình tạo điều kiện cho các cao niên Việt Nam gặp gỡ chia sẻ và hỗ trợ tinh thần, tham dự những buổi nói chuyện phổ biến những thông tin mới về quyền lợi và sức khỏe dành cho cao niên; tổ chức các chương trình vui chơi, du ngoạn... Để biết thêm chi tiết, xin gọi Luong Ho 604.718.5818.

Tue 9:00am-2:00pm Ongoing 55+ Centre Free drop-in

### Vietnamese Line Dancing (55yrs+)

Lớp Line Dancing được tổ chức với cơ quan REACH. Dành cho quý vị tuổi từ 55+ tham dự. Lớp hướng dẫn các điệu nhảy nhẹ nhàng và vui nhộn. Tạo điều kiện tập luyện sự thăng bằng và dẻo dai cho cơ thể. Yêu cầu ghi danh tham dự.

Fri 10:00am-12:00pm Jul 7-Sep 29 CFEC Free

### Vietnamese Ballroom Dance (55yrs+)

Hướng dẫn các điệu nhảy ballroom phổ biến. Giáo viên chú trọng đến các bước nhảy cùng dáng điệu căn bản cho từng nhịp điệu. Khiêu vũ là cách giúp bạn quên đi mọi âu lo và cùng hòa mình vào từng điệu nhạc. Lớp học được tổ chức chung với cơ quan REACH. Yêu cầu ghi danh tham dự.

Fri 12:00-2:00pm Jul 7-Sep 29 CFEC Free



## Indigenous Programs

### Weaving in Community – Outdoors (15yrs+)



Learn how to weave small introductory level cedar weaving projects with Haida artist, Todd DeVries. Listen to the protocols followed when harvesting and preparing cedar. Enjoy cultural crafting, peer support and sharing with Indigenous and non-Indigenous Elders and others. Drop-in and stay awhile or register for every week. This program is free thanks to the Vancouver Park Board - Parks Activation team.

Tue 2:00-6:00pm July 11-Aug 29  
Grandview Park Free  
459481 Todd



**Vancouver Aboriginal Health Society**

### Early Years – Parent and Elder Drop-in



Together with the Early Years program at the Vancouver Aboriginal Health Society we hold space to gather at Britannia's 55+ Centre, bringing together Indigenous families—Elders, parents, and children are all welcome! Come join us for a meal.

Wed 12:00-2:00pm July 12 & 26  
55+ Centre Aug 9 & 23  
460907

### FitNation (55yrs+)



FitNation is an eight-week Indigenous aquatic fitness program that takes place at Britannia Pool. It is a free, registered program for Elders in the community who are interested in improving their mobility, agility, balance and general fitness. Snacks provided. No class Aug 1.

Tue 10:15-11:15am Jul 4-Aug 22  
Britannia Pool Free\*  
Brenlee 462279 \*Registration required.



## Social

### Crafting & Knitting Social Drop-in (All ages)



All ages, from beginner to advanced, we welcome you to join others for an afternoon of knitting, crafting and sharing in the cozy 55+ Centre. Tea and coffee will be served.

Thu 1:00-3:00pm Jul 6-Aug 31  
55+ Centre Free

### Potluck Thursdays and Bingo (55yrs+)



Join us at noon on the last Thursday of each month for a potluck lunch. Bring a little something to share and join us for a fun game of Bingo afterwards. Everyone welcome.

Thu 12:00-4:00pm Jul 27, Aug 31  
55+ Centre Free\*  
459517 \*Registration required

### Garden Tea Parties (55yrs+)



We are new ambassadors to a garden plot in the Nexways wa lh7áynexw Garden (Transformed Life Garden) here at Britannia. If you're a garden enthusiast or would enjoy a weekly tea with those who are, please join us. We'll meet in the 55+ Centre, head down to the garden together, and then finish up with some tea! We look forward to growing some food and some friendships. We hope you'll join us!

Mon 10:30am-12:00pm Jul 10-Aug 28  
55+ Centre Free\*  
459591 \*Registration required.



## Friday Wellness

### Chair Yoga (55yrs+)

Chair yoga is an accessible gentle seated practice designed to help you feel more energized and calm. We'll explore simple and easy movements to mobilize your whole body, breath work to calm the nervous system, and other brain and mood stimulating techniques to help you feel more connected with ease. Please come in comfortable clothes, socks and shoes.

Fri 12:15am-1:15pm Jul 7-Aug 25  
55+ Centre \$13/8 sess  
459487 Bryony

### Wellness Friday Café (55yrs+)



Drop-in for a cup of tea or coffee, crafting, speakers and an afternoon social. Watch for speakers and special afternoons as well.

Fri 2:00-4:00pm Ongoing  
55+ Centre Free

### Resosanté Social (50yrs+)



On July 21 and August 18, we invite all Francophones and Francophile 50yrs+ to a welcoming party for the Amicale 50+ Vancouver at the 55+ Centre.

This is a great opportunity for everyone to get together, meet one another, and hear about upcoming programs and activities. Drop-in, mingle, and get acquainted with other French-speaking seniors in the community.

Fri 10:00am-12:00pm Jul 21, Aug 18  
55+ Centre Free



### Leisure Access Program



The Leisure Access Program (LAP) provides low-income City of Vancouver residents with reduced cost programs and services at Britannia and Park Board facilities. LAP card holders may receive up to 50% off certain programs. To learn more, give us a call at 604.718.5800 (1) or visit:

[vancouver.ca/parks-recreation-culture/leisure-access-card](http://vancouver.ca/parks-recreation-culture/leisure-access-card)

# 55+ Older Active Adults

## Arts & Culture

### Ukulele Beginners – Level B (55yrs+)

Level B is for those who have already participated in a beginners class and are now ready to learn more.

Mon 10:00-11:30am Jul 10-Aug 28  
55+ Centre Free\*  
460884 Jane

\*Registration required.

### Ukulele – Level C (55yrs+)

Only open for those who have taken Jane's Level A and B class.

Tue 2:00-3:30pm Jul 4-Aug 29

### Ukulele Jam Circle (All Ages)

Calling all ukulele players to join a friendly jam session with Jane and the 55+ ukulele players in beautiful the 5xwq'eləwən ct Carving Centre. We welcome all voices to join in the community sing-a-long.

Fri 1:30-3:00pm Jul 7, Aug 4  
5xwq'eləwən ct Free\*  
459516 Jane

\*Registration required.

### Quirk-e

Quirk-e is the Queer Imaging and Riting Collective for Elders experimenting with language, printed text, graphics, digital imagery, spoken word, and performance. We meet weekly online, with our in-person/online hybrid session on the 1<sup>st</sup> Wednesday of each month. Call 604.718.5837 for more information.

Wed 11:00am-1:00pm Ongoing  
55+Centre/Online Free

## Health & Fitness

### Boxfit for Seniors (55yrs+)

Want to learn something new and improve your physical fitness and mental alertness? This introduction to boxing class is designed specifically to enhance your strength, balance, coordination, muscular endurance and overall well-being. All fitness levels welcome and all equipment will be provided.

Tue/Fri 3:30-4:30pm Jul 4-Aug 29  
Boxing Rm \$70/15 sess  
459309 Jay

### Badminton (55yrs+)

Fun and easy badminton for older adults. No drop-ins. No class July 12, 13, 24-27, and Aug 7.

Mon/Wed 9:00-10:30am Jul 5-Aug 23  
Gym A \$14.70/15 sess  
457914 Tho

Tue/Thu 9:00-10:30am Jul 4-Aug 24  
Gym A \$14.70/24 sess  
457916 Tho

Sat 2:00-4:00pm Jul 8-Aug 26  
Gym A \$14.70/9 sess  
457915 Wally



### Osteofit (55yrs+)

A gentle strength, balance and coordination program designed to improve fitness and promote healthy bones. This program focuses on improving individual functional ability and quality of life, and reducing the risk of falls and fractures. The program is taught by a trained Osteofit fitness instructor. No drop-ins. No class Aug 7.

Mon 11:00am-12:00pm Jul 10-Aug 21  
CFEC \$60/6 sess  
459502 Berdjis

### Yoga for Aging Well (50yrs+)

As we move through time, we need to keep moving our bodies. Whether you're brand new to yoga or a seasoned practitioner, if you're 50 or over then this all-levels yoga class is ideal for you. Safety and a pain-free practice is a priority. Yoga can improve your flexibility, mobility, balance, bone density, and strength. Yoga also has a calming effect on the mind and nervous system. Joan has been teaching yoga for 12yrs+, practicing yoga for 20yrs+, and moving through time for 60yrs+. \$17/drop-in. No class Aug 7.

Mon 2:00-3:15pm Jul 10-Aug 21  
CFEC \$88.20/6 sess  
457949 Joan

### \*Registration required for free programs.

Registration opens on June 6, 2023 at 7:00pm in-person and online, and by phone on June 7 at 9:00am.

## Dance

### Line Dancing (55yrs+)

This class is filled with fun, light musical movements, lots of laughs and is a great way to exercise and socialize.

Tue 1:00-3:00pm Jul 4-Aug 22  
CFEC \$10/8 sess  
459312 Anita

### Chinese Folk Dance (55yrs+)

Traditional Chinese folk dancing lessons. Everyone is welcome! Program is free but you must register. This class is taught in English and Chinese. No drop-ins.

Thu 9:00-11:00am Jul 6-Aug 24  
CFEC \$10/7 sess  
459313 Volunteer

### Classical Chinese Dance (55yrs+)

Classical Chinese dance uses body language to express graceful movements to music. This is a great way to enjoy music, exercise and learn about Chinese culture! No class Aug 6.

Sun 2:00-4:00pm Jul 2-Aug 20  
CFEC \$10/8 sess  
459314 Volunteer

### Vietnamese Ballroom Dance (55yrs+)

Hướng dẫn các điệu nhảy ballroom phổ biến. Giáo viên chủ trọng đến các bước nhảy cùng dáng điệu căn bản cho từng nhịp điệu. Khiêu vũ là cách giúp bạn quên đi mọi âu lo và cùng hòa mình vào từng điệu nhạc. Lớp học được tổ chức chung với cơ quan REACH. Yêu cầu ghi danh tham dự.

Fri 12:00-2:00pm Jul 7-Sep 29  
CFEC Free

### Vietnamese Line Dancing (55yrs+)

Lớp Line Dancing được tổ chức với cơ quan REACH. Dành cho quý vị tuổi từ 55+ tham dự. Lớp hướng dẫn các điệu nhảy nhẹ nhàng và vui nhộn. Tạo điều kiện tập luyện sự thăng bằng và dẻo dai cho cơ thể. Yêu cầu ghi danh tham dự.

Fri 10:00am-12:00pm Jul 7-Sep 29  
CFEC Free



## Welcome to the Fitness Centre

### Hours

Mon-Fri	6:30am-9:00pm
Sat (Women Only*)	8:00am-10:00am
Sat	10:00am-7:00pm
Sun (55+ Only)	8:00am-10:00am
Sun	10:00am-7:00pm

\*Trans inclusive.

Hours are subject to change. For up-to-date information, visit:

[britanniacentre.org/fitness\\_centre](http://britanniacentre.org/fitness_centre)



### Facility Orientations

Let us help you reach your fitness goals. Whether you need instruction, motivation, or support, our highly trained staff are here to help you succeed. Enlist one of our staff to get you started in the Fitness Centre with an orientation on our fitness equipment and a starter fitness program.

Please call ahead to make an appointment for a fitness orientation 604.718.5842.

### Flexipass Membership

Enjoy flexible and affordable recreation with our no-contract all-access pass. Purchase a monthly Flexipass at any Park Board fitness centre and receive unlimited access to our 15 fitness centres, 9 indoor pools, 4 outdoor pools and 8 ice rinks. For more information and locations visit [vancouverparks.ca](http://vancouverparks.ca).

### Outside Trainers

This type of special admission is for personal trainers, occupational and recreational therapists, and physiotherapists. Outside trainers will need to be registered with either the Park Board or Britannia. Both trainer and client must pay for admission to the Fitness Centre. A training fee of \$6.99 per client also applies (fees are subject to change).

### Supporting a participant? Attendants get free access

The Fitness Centre and Pool give free access to attendants required to assist persons with disabilities needing support to swim or exercise. Support is defined as assistance of a physical, psychological, emotional, intellectual, or sensory nature to ensure the patron with the disability can participate.



## 2023 Pool, Fitness Centre, and Rink Fees

	Drop-in	10 Visit Pass	1 Month Flexipass	3 Month Flexipass	12 Month Flexipass	Britannia Membership
Adult (19-54)	\$7.34	\$64.59	\$56.52	\$152.61	\$488.34	\$3.00
Youth (13-18)	\$5.13	\$45.21	\$39.58	\$106.83	\$341.84	\$1.00
Child (6-12)	\$3.68	\$32.30	\$28.27	\$76.30	\$244.18	\$1.00
Senior (65+)	\$5.13	\$45.21	\$39.58	\$106.83	\$341.84	\$1.00
Britannia-Only Senior (55+)	\$5.13	\$45.21	\$39.58	\$106.83	\$341.84	\$1.00

Please note: Prices do not include tax. Fees subject to change without notice.

Family Drop-in Rate = 1 to 2 adults of the same household and their children under 19yrs. Minimum \$6.34 admission.

Leisure Access Fitness Centre Admission rate is 50% off adult admission and Flexipass.

## Britannia Holiday Hours

### Info Centre

Jul 1	Canada Day	9:00am-5:00pm
Jul 3	Stat Observed	CLOSED
Aug 7	BC Day	CLOSED
Sep 4	Labour Day	CLOSED

### Pool & Fitness Centre

Jul 1	Canada Day	8:00am-7:00pm
Jul 3	Stat Observed	1:00-5:00pm
Aug 7	BC Day	1:00-5:00pm
Sep 4	Labour Day	1:00-5:00pm

### Rink

While there is no public programming on statutory holidays, we are open for rentals. To view our current schedule, visit:

[britanniacentre.org/ice\\_rink](http://britanniacentre.org/ice_rink)

## Welcome to the Britannia Pool

The 25m main pool features a 1m diving board, slide and rope swing. Relax in the on-deck whirlpool, steam room, or in the saunas in the change rooms. For those with young children, we have a warm, shallow leisure pool equipped with a variety of spray features.

### Hours

**Mon-Fri** 6:30am-9:00pm  
**Sat-Sun** 11:00am-7:00pm

Hours are subject to change.

### Pool Schedule

Our current pool drop-in schedule is available at the Pool Cashier, the Info Centre and online at:

[britanniacentre.org/pool](http://britanniacentre.org/pool)

### Contact

**Pool Cashier** 604.718.5831  
[britannia.pool@vancouver.ca](mailto:britannia.pool@vancouver.ca)

### Admission Policy for Children

Children under 8yrs must be accompanied in the water by a responsible person who is 16yrs or older and always within arm's reach.

### Parent and Tot Pool

The leisure pool is open during most public swims for families with young children five years and under. The parent and tot pool is not open to the public during lessons or lengths. Please check our website for our up-to-date schedule:

[britanniacentre.org/pool](http://britanniacentre.org/pool)

### Pool and Fitness Centre Committee

Join the Pool and Fitness Centre Committee. New members are always welcome! This is an advisory committee which provides recommendations to the Britannia Board of Management in the area of Pool and Fitness Centre programming and facilities. Meetings take place on the last Tuesday every other month. For more info please call 604.718.5830.

**Tue** 6:00pm **Sep 26**

## Swim Lesson Registration

Online and in-person registration for summer swim lessons and programs at all pools and for all age groups starts Tuesday June 27, 2023 at 7:00pm.

If you are already participating in a class, you are encouraged to wait until you receive a report card on the last day of class to register for the next set. Please bring the most recent report card to the first day of lessons.

It's important to register in the correct level. Children registered in an inappropriate level will be moved to the proper level if space is available, or refunded from the lesson.

If you are unsure of which level to register, we offer swim assessments during our public swims. If your child is under 8yrs, we require a parent/guardian to assist in the water during the assessment.

For more information, please visit:

[vancouver.ca/parks-recreation-culture/child-and-youth-swim-lessons](http://vancouver.ca/parks-recreation-culture/child-and-youth-swim-lessons)

## Swim Sessions

View our current pool schedule online at:

[britanniacentre.org/pool](http://britanniacentre.org/pool)

### Free Swim (All ages)

Free family-friendly swims for children and youth and their chaperones.

**Fri** 6:00-8:00pm **Jul 7 & 21**  
**Britannia Pool** **Aug 4 & 18**  
**Free** **Sep 1**

### Free Youth Swim (11-18yrs)

Britannia's youth-only swim time, every other Friday. Contests, prizes, games and crazy staff! Swim lessons are available to interested youth for the first 30 minutes; work on skills or improve your swimming abilities.

**Fri** 6:00-8:00pm **Jul 14 & 28**  
**Britannia Pool** **Aug 11 & 25**  
**Free**

### FitNation (55yrs+)

FitNation is an eight-week Indigenous aquatic fitness program that takes place at Britannia Pool. It is a free, registered program for Elders in the community who are interested in improving their mobility, agility, balance and general fitness. Snacks provided. No class Aug 1.

**Tue** 10:15-11:15am **Jul 4-Aug 22**  
**Britannia Pool** **Free\***  
**Brenlee 462279 \*Registration required.**

### Public Swim

Swim, dive, splash, have fun! All are invited to join in the activities. One lane is set aside for continuous length swimming. The leisure pool is usually open during this time for families with young children—please check our online schedule to confirm. Regular admission rates apply.

**Please note:** During some public swim sessions only part of the pool is available. The pool may be shared with Aquafit, lessons, school groups or swim club.

### Aquafit

Drop-in water exercises to music. Work to your own ability. Classes are designed to build strength, flexibility and cardio fitness. Mild, moderate, shallow and deep water classes are offered. Led by certified instructors. The majority of Aquafit spaces are by registration only, with some spaces held for drop-in. To avoid disappointment we encourage participants to register in advance online or by phone. Registration opens 3 days before program date at 12:00pm.

### Lengths

The pool is divided into 25m lanes (slow, medium and fast). Enjoy the whirlpool, steam room or sauna as well. Anyone 16yrs+ who is capable of swimming the length of the pool is welcome. **Please Note:** Patrons under 16yrs must speak to one of the lifeguards prior to attending these sessions.

## Transition to Swim For Life Lessons

In 2023, the Vancouver Board of Parks and Recreation transitioned to the Lifesaving Society's Swim for Life program. To see how the Red Cross Lessons transfer to the Swim for Life lessons, check out the transition chart on our website:

[britanniacentre.org/pool](http://britanniacentre.org/pool)

## Refunds & Cancellations

Full refunds given five or more working days prior to the start of the program. If request received within four working days of the start of the program or after the first program date (class/lesson), we refund registration fee minus the cost of one class or transfer to a future session. No refunds issued after the second date of the program. Fees for one or two-day programs are non-refundable.

## Birthday Parties

Book the parent and tot pool for your birthday party! Maximum of 30 people per party. To book, contact 604.718.5831 or [britannia.pool@vancouver.ca](mailto:britannia.pool@vancouver.ca).

You may also arrange to rent a party room through the Community Centre's Facility Support Clerk at 604.718.5812 or [britanniafacilitysupport@vancouver.ca](mailto:britanniafacilitysupport@vancouver.ca).

**Sun** 10:00-11:00am **\$75\***

\*Includes lifeguard fee.



## Welcome to the Britannia Ice Rink

### Public Skates

To view our current schedule, visit:  
[britanniacentre.org/ice\\_rink](http://britanniacentre.org/ice_rink)

### Fees

See p.21 for admission rates.

Skate Rentals	\$3.71
Skate Sharpening	\$7.62

### Rink Rentals

You can rent Ice Rink for your team, group, or school. View Britannia ice availability and request an ice booking online at:  
[vancouver.ca/rinkrentals](http://vancouver.ca/rinkrentals)

### Join the Arena Committee!

The Arena Committee meets the 1st Tue of the month at 6:30pm at the call of the chair. For more information contact the Arena Programmer, Susy Bando, at [susy.bando@vancouver.ca](mailto:susy.bando@vancouver.ca).

## VACHL

The Vancouver Adult Co-ed Hockey League will begin in September. To find out more and how to register, visit:  
[vachl.ca](http://vachl.ca)

## Adult Hockey Programs

### Adult Hockey (19yrs+)

Recreational hockey game for those 19yrs+. Full gear is required; no rental equipment is provided. Sign-up is available three days prior to the session date. Drop-ins are accepted, space permitting.

Wed 3:15-5:15pm Jul 5-Aug 30  
Regular admission rates apply.

## Skate Lesson Registration

Registration for summer skating lessons will begin online and in-person at the Information Centre on Thursday, June 29 at 7:00pm. **Please note: Skating lessons are very popular and fill up quickly, so register early.**

To help you register online for the correct level, please refer to your most recent Skating Report Card and/or refer to the specific level descriptions to determine which class best matches the skater's ability. If you are unsure of the level, have an on-ice evaluation completed at any Vancouver Park Board Rink during a public skate. Students will not be transferred if they are not registered in the appropriate level; a prorated refund will be issued after the first class.

If the lessons you want to register for are full, please put your name on the waitlist. We schedule additional classes whenever possible. Please register in one set of lessons only.

For Britannia lessons, skate rentals are included in the cost of lessons. All skating lesson participants must wear a CSA-certified hockey helmet or a snowboarding helmet. A limited number of hockey helmets are available to use free of charge.

## Learn to Skate Lessons (3yrs+)

The Vancouver Park Board Learn to Skate program focuses on skill acquisition through activities and games. Our energetic instructors teach you to skate with safety in mind. All lessons are 30 minutes and are led by qualified instructors. For a full description of skate lessons levels, visit [vanrec.ca](http://vanrec.ca).

Sat 10:00am-1:15pm Jul 8-Aug 12  
\$48/6 sess

## Level Descriptions

### Preschool Levels (3-5yrs)\*

**Level 1:** This is an entry level skating class for students 3-5 years old.

**Level 2:** Can stand up on ice in skates unassisted; can walk on the ice in skates.

**Level 3:** Can skate across the ice and glide on two feet.

**Level 4:** Can scull forwards and stop without assistance.

**Level 5+:** Can glide on one foot forwards and skate backwards.

### Children/Youth/Adult Levels\*

**Level 1:** This is an entry level skating class.

**Level 2:** Can skate across the rink without assistance.

**Level 3:** Can glide on one foot, forward scull with both feet, and snow plow stop with both feet.

**Level 4:** Can skate backwards, scull backwards with both feet, and scull forwards with one foot.

**Level 5:** Can glide backwards on both feet, do a hockey stop, and forward circle thrust.

**Level 6:** Can do forward crossovers, backward circle thrusts, backward stops, can use outside edges.



### Adult Stick, Puck and Ring (19yrs+)

Come out during the noon hour and practice your hockey skills. Sign-up for the program is available weekly online starting at noon, three days before the session date. Helmets are mandatory. Full hockey equipment is recommended. Sorry, no scrimmage.

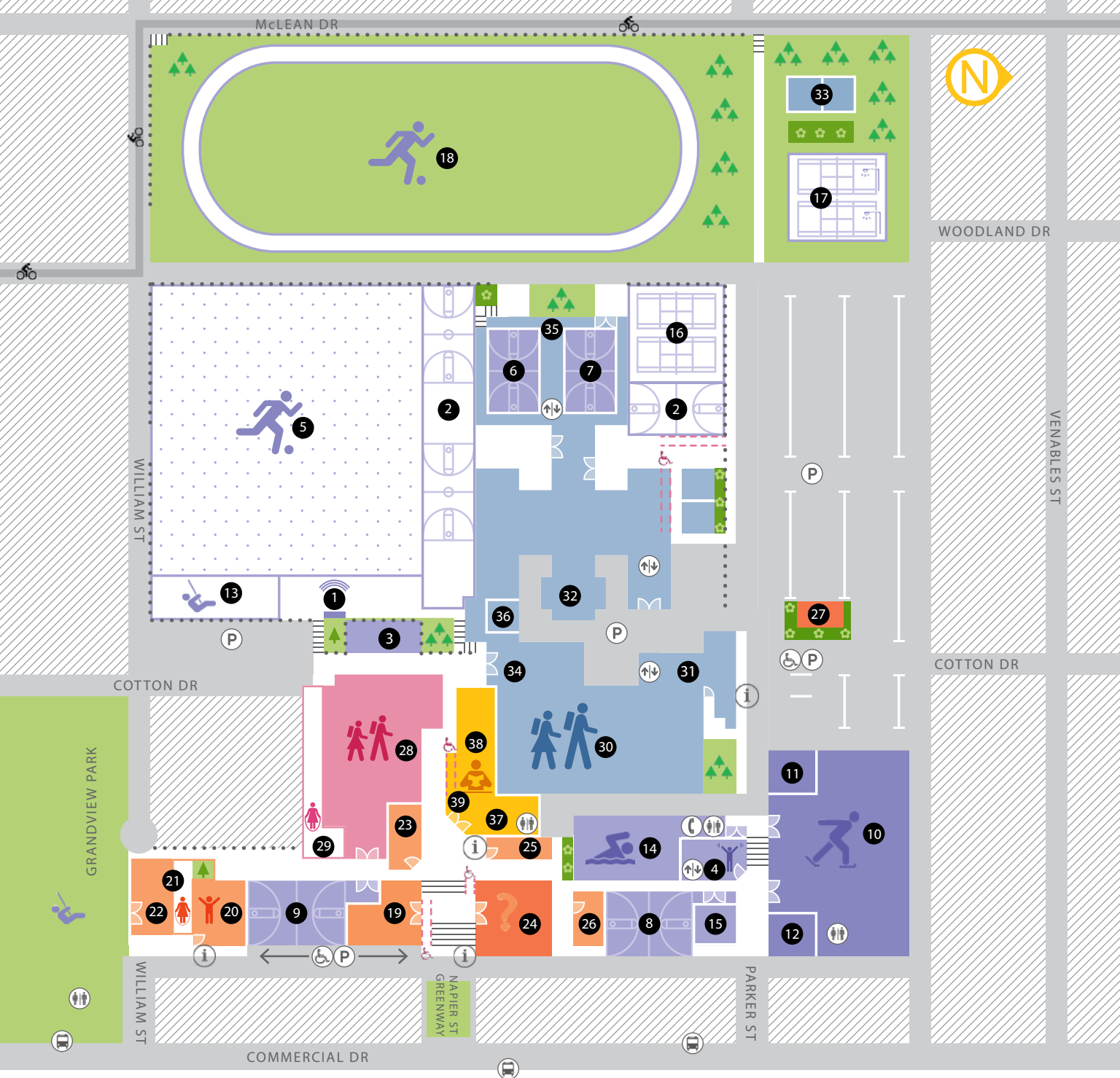
Fri 12:15-1:30pm Jul 7-Aug 25 Regular admission rates apply.

### Women + Gender Diverse Hockey (19yrs+)

This pick up hockey program is perfect for women and gender diverse individuals who want to play hockey in a safe and inclusive environment. Encourage and be encouraged while continuing with your own hockey development. Full hockey equipment is mandatory. Sign-up for the program is available online starting at noon each Thursday. No session Aug 20 & 27, and Sep 3.

Sun 4:45-6:00pm Jul 2-Aug 13 Regular admission rates apply.





## recreation

- 1 Amphitheatre
- 2 Basketball Courts
- 3 Covered Play Area
- 4 Fitness Centre
- 5 Gravel Sports Field
- 6 Gym A
- 7 Gym B
- 8 Gym C
- 9 Gym D
- 10 Ice Rink
- 11 Ice Rink Activity Room (top flr)
- 12 Ice Rink Mezzanine (top flr)
- 13 Playground
- 14 Pool
- 15 Mat Room & Boxing Gym
- 16 Tennis Courts
- 17 Britannia Courts Skate Park
- 18 Track + Sports Field

## resources + services

- 19 Al Mattison 55+ Centre
- 20 Child Care Centre
- 21 Eastside Family Place (ground flr)
- 22 Canucks Family Education Centre (top flr)
- 23 Family Activity Room
- 24 Info Centre
- 25 Pre-Teen Centre
- 26 Teen Centre
- 27 ʁx"q"eləwən ct Carving Centre

## elementary school

- 28 Britannia Elementary
- 29 Outdoor Play Area

## secondary school

- 30 Britannia Secondary
- 31 Main Office
- 32 Auditorium
- 33 Portable
- 34 Main Entrance
- 35 Cafeteria
- 36 Canucks Family Education Centre (room 110)

## library + learning

- 37 VPL Britannia Branch (main flr)
- 38 Learning Resource Centre (basement)
- 39 Art Gallery

- |                          |                   |                      |                          |
|--------------------------|-------------------|----------------------|--------------------------|
| • • • • Fence            | Wayfinding        | Elevator             | Residential + Commercial |
| Streets + Vehicle Access | Wheelchair Access | Entrance             | Gravel                   |
| Bicycle Route            | Stairs            | Fields + Green Space | School Garden            |



T 604 718 5800 F 604 718 5858  
1661 Napier Street Vancouver BC V5L 4X4  
[britanniacentre.org](http://britanniacentre.org)