

All listed program
prices now include tax.

Programs & Services Spring 2023



Look for our **FREE**
“Fun for All” programs!
See inside for details.



President's Message

In 2023 we're putting our money where our mouth is and taking action.

In November 2022, the Board of Management met to set out our goals for the upcoming year. One of our major priorities is to become leaders in inclusion, equity and diversity; and make meaningful steps towards reconciliation and decolonization. To accomplish this, we're doing something we've never done before and planning for a deficit in our budget. For 2023 only, we're dipping into our accrued surpluses (7%) to carve a new path.

We've hired Suzette Amaya, the new Manager of Organizational Change, to lead us on a stronger path to reconciliation and decolonization. Suzette is Kwakwaka'wakw, Cree, Coast Salish and Nisga'a. Born and raised in the Hastings Sunrise and Commercial Drive communities, she is passionate about community engagement, reconciliation, music, arts and culture. With over 20 years working in the DTES in women's and children's shelters, Suzette is passionate about helping others and supporting Indigenous people to share their voices and stories.

We welcome Suzette with open arms, and are ready to take charge of this opportunity to deepen our learning, strengthen our community connections, examine our existing structures, and make lasting changes so that we can better reflect and support the communities in our catchment areas.

As we're heading into spring, we welcome this season of change. We still have lots of great events planned for the community—from the Shine: Intercultural Spring Market on April 30, to the Indigenous Concert Series in Grandview Park, we invite you to join us (see page 6!).

We are also more focused than ever on food security. We know that community members are feeling the impacts of inflation. We've doubled the capacity of our food program to help out more families with the rising cost of food.

We are looking for other ways to support community members through the challenging times now and ahead. If you have big ideas about the ways we can leverage our resources to better support the community, we want to hear from you. We are always looking for more committee members and board members; with our AGM coming up on May 24, this is a great time to get involved.

Last, but certainly not least, I want to thank our staff and volunteers for their hard work, dedication, and trust as we embark on some exciting changes.

How'aa,

Annie Danilko, Haida Nation
President, Britannia Board of Management

Britannia's Board

Britannia Board meetings are held on the 2nd Wednesday of the month. For more information or if you are interested in running for our Board of Management, call Cynthia Low, Executive Director, at 604.718.5815.

President	Annie Danilko
Vice President	Pamela Dudas
Treasurer	John Flipse
Directors	Susanne Dahlin Ariela Friedmann Farren Gillaspie Pat Hogan Vera Jones Craig Ollenberger Ashki Shkur Oliver Tennant Naina Varshney
Youth Directors	Stephanie Slen Emma Xu
Staff Rep	TBD
Partners	
VSB	Rose Mackenzie
VPB	Peter Odynsky
VPL	Randy Gatley
Community Ed	Maddie Lafleur
Executive Director	Cynthia Low
Manager of Administrative Services	Jeremy Shier
Manager of Child Care Services	Jacky Hughes
Manager of Organizational Change	Suzette Amaya

Committee Meetings

For more info about Britannia committees, call us at 604.718.5800 (1), email the contact person listed below, or visit:

britanniacentre.org/about-us/board-of-management

Board Meeting

2nd Wed/mo 6:00pm
Apr 12, May 10, Jun 14
Cynthia Low cynthia.low@vancouver.ca

Anti-Racism & Anti-Oppression Committee

2nd Thu/mo 6:00pm
Apr 13, May 11, Jun 8
Cyn Williams cyn.williams@vancouver.ca

Arena Committee

1st Tue/mo 6:30pm
Apr 4, May 2, Jun 6
Susy Bando susy.bando@vancouver.ca

Arts & Culture Committee

1st Thu/mo 6:00pm
Apr 6, May 4, Jun 1
Amanda Lye amanda.lye@vancouver.ca

Board Development Committee

3rd Fri/mo 6:00pm
Apr 21, May 19, Jun 16
Cynthia Low cynthia.low@vancouver.ca

Child Care Committee

Call of the chair
Jacky Hughes jacky.hughes@vancouver.ca

Grandview Woodland Food Connection

1st Wed/mo 6:00pm
Apr 5, May 3, Jun 7
Ruth-Elizabeth gwfcnetwork@gmail.com

Planning & Development Committee

3rd Tue/mo 6:30pm
Apr 18, May 16, Jun 20
Cynthia Low cynthia.low@vancouver.ca

Pool & Fitness Committee

Last Tue/bi-monthly 6:00pm
Mar 28, May 30
604 718 5831

Reconciliation in Action (RIA) Committee

2nd Mon/mo 3:00pm
Apr 10, May 8, Jun 12
Suzette Amaya suzette.amaya@vancouver.ca

Seniors, Elders & Advocates (SEA) Committee

3rd Wed/mo 3:30pm
Apr 19, May 17, Jun 21
Anne Cowan anne.cowan@vancouver.ca

Skateboard Committee

1st Mon/mo 6:30pm
Apr 3, May 1, Jun 5
Cynthia Low cynthia.low@vancouver.ca
britanniaskateboardcommittee.com

Sports & Fitness Committee

2nd Tue/mo quarterly 5:30pm
Jun 13
Fraser McElroy fraser.mcelroy@vancouver.ca

Youth Committee

3rd Thu/mo
Apr 20, May 18, Jun 15
Tom Higashio tom.higashio@vancouver.ca

Volunteer Committee

3rd Fri/mo 5:00pm
Apr 21, May 19, Jun 16
Yao Zhang yao.zhang@vancouver.ca

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Facility Rentals

At Britannia our mission is to foster active community building, collaboration, and grass roots education and involvement so that we can contribute to the quality of life of individuals in our catchment neighbourhoods. We recognize that our programs do not always meet all community needs—sometimes people just need space to host their own events. From space for sporting events to birthday parties, we have a great selection.

Gym/Room Rentals

For rates and availability contact the Facility Support Clerks at 604.718.5812 or britanniafacilitiesupport@vancouver.ca.

Pool Rentals

Contact the Pool Programmer at 604.718.5830.

Rink Rentals

Go to vancouver.ca/parks-recreation-culture/rink-rentals or contact the Rink Programmer, Susy, at 604.718.5836 or email susy.bando@vancouver.ca.

Facility Rental Fee Policy

We collect full rental fees at the time of booking. We cannot hold a space until payment is received in full. Once you've rented space from us a minimum of 3 times within a 6 month period and are in good standing, you can apply to become a regular user at which time rental fees can be collected on the day of your event/program. For cancellations, a full refund will be given with at least 48hrs notice. No refunds given with less than 48hrs. For more information, visit: britanniacentre.org/facilities/rentals

Britannia offers rental sponsorships for community partners. If you would like to explore becoming a community partner, please contact Cynthia Low at cynthia.low@vancouver.ca or 604.718.5815, or visit: britanniacentre.org/about_us/partners

Cover Photo

Youth in the garden with Master Gardener, Pablo Vimos.

Holiday Hours

Info Centre, 55+ Centre & Teen Centre

Apr 7	Good Friday	CLOSED
Apr 10	Easter Monday	CLOSED
May 22	Victoria Day	CLOSED

Pool & Fitness Centre

Apr 7	Good Friday	1:00-5:00pm
Apr 10	Easter Monday	1:00-5:00pm
May 22	Victoria Day	1:00-5:00pm

Rink

Apr 7	Good Friday	6:00-12:00am
Apr 10	Easter Monday	6:00-12:00am*
May 22	Victoria Day	6:00-12:00am*

*No public programming. For our current schedule, visit: britanniacentre.org/ice_rink

Unceded Coast Salish Territories

Britannia is located on the traditional and unceded Coast Salish territories of the xʷməθkʷəy̓əm (Musqueam), Skwxwú7mesh (Squamish) and səliłwətat (Tsleil-Waututh) Nations, and we hold the heritage of these lands close in our everyday work. We aim to embrace Indigenous values and practices and are committed to reflecting Indigenous protocols and beliefs in our work.

Registration

Registration Dates

Registration for **general programs** opens on Tuesday March 7, 2023 at 7:00pm (online and in-person), and by phone on March 8 at 9:00am.

Registration for **swim lessons** opens on Tuesday March 14, 2023 at 7:00pm in person and online.

Registration for **Set 1 skating** lessons begins on Wednesday March 29, 2023 at 9:00am in-person and online, and at 1:00pm by phone. Registration for **Set 2 skating** lessons begins on May 17.

Registration for **Summer 2023 Funseekers** begins on Saturday April 1, 2023 at 10:00am online and in-person at the Info Centre.

How to Register

1) Register online at vanrec.ca

Set Britannia Community Centre, Pool or Rink as the location.

2) Register in person

You can register for programs at the **Info Centre** and the **Pool Cashier**. Registration closes an hour before closing at the pool and half an hour before closing at the Info Centre.

Info Centre Hours:

Mon-Fri 8:30am-7:00pm

Sat 9:00am-5:00pm

Sun 10:00am-4:00pm

Pool Cashier Hours:

Mon-Fri 6:30am-9:00pm*

Sat/Sun 8:00am-7:00pm*

*Hours are subject to change.

3) Register by phone at 604.718.5800 ext. 1

Subsidy Policy

Britannia provides assistance to those who are not able to afford the advertised cost of certain programs and activities. Please note: Maximum of two subsidies per person per season. Some programs do not qualify for subsidy. Our subsidy policy does not apply to Britannia Child Care programs or products that are resalable. **Non-residents of Vancouver are not eligible for subsidies.**

Leisure Access Program

The Leisure Access Program (LAP) provides low-income City of Vancouver residents with reduced cost programs and services at Britannia and Park Board facilities. LAP card holders may receive up to 50% off certain programs. To learn more and to apply, visit: vancouver.ca/parks-recreation-culture/leisure-access-card

Grandview-Woodland & Strathcona Subsidy

Program participants living in the Grandview-Woodland and Strathcona areas who are in need of financial assistance may request a subsidy of up to 25% of course costs for certain programs by completing an application.

FREE 'Fun For All' Recreation

Britannia operates a wide range of FREE and pay-what-you-can recreation programs. The Britannia Board of Management is committed to ensuring that people have access to programs and that fees are not a barrier to members of the Grandview-Woodland and Strathcona Communities.



Look for the "Fun for All" stamp in the program guide to find our free and pay-what-you-can programs.

Refund Policy

- A full refund will be granted if requested up to 48hrs prior to the second class. No refunds after this time.
- For workshops and outings, a full refund will be granted if the refund is requested one week (seven days) prior to the start of the program. No refunds after this time.
- Britannia Society Memberships are non-refundable.
- For day camps, a \$5 administration fee will be charged for each camp a refund is requested for. Refund requests must be made one week (seven days) prior to the start of the program. No refunds after this time.

Swim/Skate Refunds

- Full refund will be granted five days or more prior to the start of the program.
- Partial refunds granted within four days of program start or before second class. Exceptions: No refunds on single session programs.
- Transfers possible prior to second class. No refunds after second class.

Cancellation Policy

- Courses are cancelled when too many people wait until the last minute to register. A minimum number must enrol before a class will run.
- Programs may be cancelled due to unforeseen circumstances and instructors may change during the program season.

Britannia Memberships

In order to participate in recreation programs at Britannia, you must be a member. Memberships are valid from January 1 - December 31 every year.

A membership may be obtained when you register for a program (membership fees will be automatically added to your online purchases) or any time during the year at the Pool Cashier, the Info Centre, or online at:

britanniacentre.org/about_us/membership

Membership Benefits

- Voting privileges at the society Annual General Meeting.
- You must have a current Britannia membership to register for programs.
- Eligibility to run for the Board of Management.
- Mail-outs/e-mails about Centre events.

Price

Family	\$5
Adult	\$3
Child, Youth, Senior	\$1

Contact

1661 Napier Street, Vancouver BC V5L 4X4

britanniacc@vancouver.ca

britanniacentre.org

Britannia Info Centre:
604.718.5800 (1)

Pool Reception:
604.718.5831

Britannia's 2023 Priorities

On November 27, 2022 the Board of Management gathered to plan the direction for the Society.

The areas of focus for 2023 are:

1. Community Partnerships and Engagement

- Identify opportunities for relationship building, particularly with the Vancouver School Board, City of Vancouver, and Parks Board.
- Deepen collaborative approaches with community partners.

2. Staff & Volunteer Wellbeing and Support

- Strengthen internal communication structures to improve cross-organization knowledge transfer across staff teams.
- Assess staff and volunteer needs and capacity, to build a safe and caring work environment and manageable workloads for team members.

3. Renewal & Organizational Capacity

- Advocate to the site partners and other key stakeholders to push for action on the Renewal.
- Establish a fundraising plan for 2023, which will identify a plan for new funding sources.
- Identify the Society's direction on childcare for 2023 informed by recommendations from the incoming consultant.

4. Reconciliation

- Establish the Elder in Residence program in 2023 through meaningful collaboration with Indigenous host nations, xʷməθkʷəy̓əm (Musqueam), sḵw̓xwú7mesh (Squamish) and sel̓ilwítulh (Tseil-Waututh).
- Enhance education offerings for board, staff, and volunteers on colonialism, decolonization, and reconciliation.

5. Inclusive Programming

- Establish accessible programming to serve specific, marginalized populations in the Britannia community, including low-income residents and elders.
- Build out youth program offerings that support and uplift young people as leaders in our community.
- Utilize programming surplus to contribute to underserved programs.
- Advocate for \$10/a day child care and elder care.

Based on these areas of focus, 29 action items were determined. The management team requested that the Board approve a planned deficit of \$145,000 to achieve the 2023 priority actions.

The request for deficit spending is a one-time occurrence to spend 7% of the Society net assets to:

- Achieve the objectives of the Board;
- Position the Society as a leader in inclusion, equity and diversity;
- and to move forward on reconciliation and decolonization.

You can review the actions items and the 2023 budget at:

britanniacentre.org/2023-priorities



Get involved – Volunteer!

Did you know that there are over 300 active volunteers at Britannia? Many of our programs are run by volunteers or enhanced with volunteer support. Volunteers play an important role in our community.

Volunteers are the heart of our 15 active committees (such as the Planning and Development committee that is working hard to shape the future of Britannia). You'll also find Britannia volunteers on soccer fields teaching kids about active lifestyles, in the kitchen cooking heart-warming food, and in our awesome daycare. Volunteer power keeps Britannia going!

Do you see yourself here? You can complete an application and view volunteer opportunities on our website:

britanniacentre.org/volunteer

Fun Bike Rides (19yrs+)

Join other Britannia volunteers and community members for a fun bike ride around Vancouver. We'll leave from Britannia and explore local favourite bike trails at a leisurely pace. Participants should be confident riding approximately 30 kilometers. Waivers and release forms need to be signed prior to the rides. To receive an updated list of the rides and sign up, please email britanniavolunteer+rides@gmail.com (including your contact information).

Shoreline Cleanup at New Brighton Park (19yrs+)

During World Oceans Week (June 2-11) we invite you to participate in our Great Canadian Shoreline Cleanup at New Brighton Park. Help reduce litter along the coastline and protect our oceans! This will be an interactive, team-building event. Transportation and equipment will be provided. Please meet at the Info Centre at 9:45am. Registration required.

452561 Sun 9:45am-2:00pm Jun 4 Free

Special Event Volunteers Needed

We are looking for special event volunteers to help us deliver community events. Special event volunteers assist on the event day for set-up, guest assistance, greeting, managing the zero waste station, and event take down. If you have any questions, please email yao.zhang@vancouver.ca or call 604.718.5860. If you're interested in volunteering, please fill in an application at:

britanniacentre.org/volunteer

Special Events

Britannia Art Gallery Exhibitions

March 8 – 29

Exploring Perceptions: Perceptions of Dual Identities / Percepciones de Identidad Dual

Mixed media artwork by Latin American-Canadian Youth.

Opening Reception

Wed 6:00-8:00pm Mar 8



April 5 – 29

Stars Shimmering in the Dark

Mixed media artwork by PosAbilities group.

Opening Reception

Wed 6:30-8:30pm Apr 5



Shine: Intercultural Spring Market (All ages)

Hosted in the parking lot adjacent to the ʔxw̓q̓w̓eləwən ct carving pavilion, Shine Market features the work of local artisans, live music, artist workshops, delectable food and community tables. The spring is a returning of light; celebrate the shift from winter to spring with us as we share stories with each other through music, art, dance, food and togetherness—it's our time to shine again. For more information and artist/vendor applications, please email arts.britannia@gmail.com.

Sun 12:00-4:00pm Apr 30
ʔxw̓q̓w̓eləwən ct / Parking Lot Free

International Yarn Balming Day (All ages)

Yarn bombing is a form of craftivism (crafting as activism). This term is meant to put a positive to the negative term bombing. But as we see increased military bombing in the lives of our extended families, we have chosen to rename this project Yarn Balming. Please join us in our efforts to spread a balm of love on our community. Make a pompom for the tree and one or several to take with you.

Sat 1:00-4:00pm Jun 3 Napier Greenway Free

May 3 – 27

Playing with Numbers

Artwork by Division 2, Gr. 5/6, Britannia Elementary.

Opening Reception

Wed 3:30-5:00pm May 3



June 7 – 30

Celebrating Elder's Artworks

Mixed media by Elders and seniors.

Opening Reception

Wed 6:30-8:00pm Jun 7



Indigenous Concert Series in Grandview Park

In partnership with the Vancouver Park Board Park Activations Team, please join us for the Indigenous Concert series in Grandview Park, a free all ages event series open to everyone. Distro Disco will be at each event doing a contribution drive for supplies for our unhoused neighbours; they are asking for outdoor gear, socks and sleeping mats. Coffee sponsored by Moja on Commercial Drive.

March Headliner: Michelle Heyóka

April Headliner: Zofia Rose

Sun 1:30-3:00pm Mar 26, Apr 23
Grandview Park Free drop-in



Spring Coffee House (All ages)

An evening of sweet spring vibes as we celebrate the turn

of the season. Local musicians and poets will warm our hearts. Returning to in-person performances with a online option to watch from home.

The Britannia Coffee House Series is a favourite seasonal event celebrating the turn of each season. Each event is warm and inviting, creating an opportunity for community to gather and connect, and enjoy music and poetry by local performers. britanniacentre.org/coffeehouse

Sun 6:30-9:00pm
55+ Centre/Zoom

Apr 2
Free

Banner Painting Workshop – 2 days (12yrs+)

"With each step the earth heals us, and with each step we heal the earth."

– Thich Nhat Hanh

Theme: Walking. Use high quality water based fabric paints to help create the next set of large colourful banners to hang in pairs outdoors on-site and in the Library. This is a great workshop for friends and family. Wear old clothes and bring a lunch and a colour sketch of your idea. All materials will be provided. Children under 12 must be accompanied by an adult. Please register each painter; caregivers and support workers can register for free—email Helen at helen.spaxman@vancouver.ca. Banners can be purchased after exhibition for \$20/set. Artists get first chance to buy their own banners. This program is subsidized by the Arts & Culture Committee.

Sat-Sun 10:00am-4:00pm
Cafeteria
430045 Helen

Jun 17-18
\$20/2 sess

Free Tax Clinic

Need help filing your income taxes? Britannia offers a free income tax clinic in the Library for people with moderate incomes and simple tax situations. Volunteer tax preparers are trained by the CRA's 'Community Volunteer Income Tax Program' and will keep your information secure and confidential. To book an appointment (starting late Feb), please call the Info Centre at 604.718.5800 ext 1.

Looking for Vendors for Future Markets

Britannia hosts several markets throughout the year including Shine: Intercultural Spring Market, the Plaza Markets on Wednesdays from July-October, and the Winter Craft Market. For more information and artist/vendor applications, please email artsbritannia@gmail.com.

For up-to-date information on space availability, waitlists, and registration, please contact each child care centre directly.

To provide a range of safe, stimulating and nurturing child care programs that respect and embrace each child and family.

Each one of our programs is a unique reflection of its history, the community it serves, its staff members and its families, past and present. We believe that children learn about themselves, others and the world around them through play and creative expression. This allows children to learn naturally and practice important skills in the following areas:

Social:	Communication, friendship skills, conflict resolution, sharing and cooperation.
Intellectual:	Language and self-expression, problem solving, critical thinking, kindergarten readiness.
Physical:	Large muscle and fine motor skills, safety and self-care skills (health, hygiene, large and fine motor development).
Creative:	Self expression and concept development.
Emotional:	Development of healthy self-esteem, self-confidence, self-awareness and ability to deal appropriately with emotions.

All of our staff are qualified as Early Childhood Educators, Special Needs Educators, Child and Youth Care Counsellors, or are Responsible Adult certified. The number of additional staff for each program is dependent upon the type of program and is always in accordance with child/staff ratios set by child care licensing regulations.

All staff, substitutes, students and volunteers are required to have a clear Criminal Record Search in accordance with child care licensing regulations.

Affordable Child Care Benefit & \$10/day Child Care

For more information about the provincial tax benefit, the fee reduction initiative, and \$10/day child care, call 1.888.338.6622 or visit:

www2.gov.bc.ca/gov/content/family-social-supports/caring-for-young-children/child-care-funding

Mount Pleasant Child Care has a licensed toddler program with 12 spaces for children 18mos-3yrs. Children will develop socially, physically and emotionally at their own pace in a caring and safe environment with time to explore new relationships with friends and interact with adults. Age-appropriate materials and snacks provided.

960 East 7th Avenue 604.718.5844

960 East 7th Avenue **604.718.5844**

For waitlist info, email:

mountpleasantchildcare@shawbiz.ca

Hours: Mon-Fri 7:30am-5:30pm

Fees: \$531/mo

Lunch Program: \$70/mo



Our Preschool program provides a rich and meaningful child-centered environment in which children learn and grow in all areas of development. Children practice creativity and freedom of artistic expression in a play-based learning environment as we highlight multiculturalism, diversity, arts and dance from around the world.

1661 Napier Street
Lorraine Evans **604.718.5843**

September 2023 – June 2024

Morning Classes		
M/W/F	8:30am-11:00am	\$84/mo
Tue/Thu	8:30am-12:00pm	\$56/mo

Afternoon Classes

M/W/F	11:45am-3:15pm	\$84/mo
Tue/Thu	12:45pm-3:15pm	\$56/mo

5 days/week (am or pm) \$140/mo

Licensed Child Care

Daycare Programs (3-5yrs)

Eaglets Daycare, Grandview Terrace and Mount Pleasant Child Care offer full day daycare programs for children 3-5yrs. The programs offer a caring, safe and nurturing environment that provides children the freedom and support to develop their full potential. We offer multicultural programs that respect a variety of traditions, lifestyles, languages and cultural heritages. In our inclusive play-based programs, staff provide activities based on children's interests and developmental needs, offering opportunities for children to explore their environment through music, movement, blocks, construction toys, cooperative games, stories and outdoor play. Through play, children are able to develop social skills and learn more about their world.

Eaglets Daycare

485 Semlin Drive
Suzy Liguori 604.718.5856
We are accepting waitlist applications for 2025.

Hours: Mon-Fri 7:30am-5:45pm

Fees: \$10/day \$200/mo

Snacks provided.

Grandview Terrace Child Care (2.5-5yrs)

2075 Woodland Drive
Alejandra Uribe 604.718.5846
grandviewcc@shawbiz.ca
grandviewterracechildcare.com

Hours: Mon-Fri 7:30am-5:45pm

Fees: \$995/mo
Lunch Program: \$80/mo

Snacks provided.



Mount Pleasant Child Care

960 East 7th Avenue
Mirae Pinpin 604.718.5844
For waitlist info, email: mountpleasantchildcare@shawbiz.ca

Hours: Mon-Fri 7:30am-5:30pm

Fees: \$552/mo
Lunch Program: \$70/mo

Snacks provided.

Out-of-School Care (5-12yrs)

Britannia, Eagles in the Sky, and Grandview Terrace Out-of-School Care (OSC) are licensed programs, which offer the opportunity to create, explore and socialize in a fun, safe and nurturing environment. Our play-based programs are designed to foster independence and confidence in a family-centred setting.

We strive to provide an integrated and comprehensive continuum of services for children and families that reflect the communities we serve. All of the centres are culturally sensitive and celebrate the uniqueness of our families. Qualified educators offer a value-based program that focuses on children's interests, ages and developmental needs.

Britannia OSC

1661 Napier Street
Lorraine Evans 604.718.5843

Pick up: Britannia Elementary

Sep-Jun Hours:
Mon-Fri 7:30-9:00am
3:00-5:45pm

Pro-D Day, Spring/Summer Break Hours:
Mon-Fri 7:30am-5:45pm

Fees: Full Time \$200/mo
Part Time \$10/day

Fees include before and after school care.

Breakfast & pm food program provided.

Grandview Terrace OSC Program II & III

2075 Woodland Drive
Alejandra Uribe 604.718.5846

Pick up: Grandview Elementary
Queen Alexandra Elementary
Queen Victoria Annex
École Anne-Hébert

Sep-Jun Hours:
Mon-Fri 7:30-9:00am*
3:00-6:00pm

*No AM care for Queen Alexandra Elementary and École Anne-Hébert.

Fees: OSC II \$200/mo
OSC III \$425/mo

Breakfast & pm snack provided.

Eagles In The Sky OSC

103B-1950 E. Hastings
Cassandra Gordon 604.348.9706

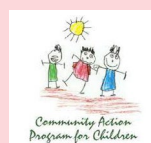
For waitlist info, email: eagles.osc@gmail.com

Pick up: xpey Elementary
Hastings Elementary
Lord Nelson Elementary,
École Anne-Hébert

Sep-Jun Hours:
Mon-Fri 7:30-9:00am
3:00-5:45pm

Pro-D Day, Spring/Summer Break Hours:
Mon-Fri 7:30am-5:45pm

Fees: \$10/day \$200/mo
Breakfast & pm snack provided.



Community Action Program for Children (CAPC)

CAPC is a community-based children's program that promotes the healthy development of young children.

All programs are free and for parents with children aged 0-6. For more information and to register, please call 604.718.5821 or 778.245.2428.

Spanish Mother Goose / Mama Ganso (0-3yrs)

Enjoy one hour of rhymes, songs, games and stories in Spanish with your child. No class May 22.

Disfrute de una hora de rimas, canciones, juegos y cuentos en Española con sus pequeños.

Mon 1-2yrs 10:30-11:30am
Apr 17-Jun 12 12:30-1:30pm

Rink Mezz

Rita

Free*

*Call 604.215.8289 to register.

Toddler Art (18m-3yrs)

Art is a wonderful sensory experience through which you and your child can collaborate. Emphasis is placed on the creative process and exploration of materials. Be on time for an inspirational story. Dress for mess! No class May 22.

Mon	Apr 17-Jun 5	RAR
Helen		\$87.50/8 sess
438639	9:45-10:30am	
438640	10:45-11:30am	

Music

Music Together® (0-5yrs)

Learn how to share the joys of music-making and the powerful benefits of having music in your child's life! Our 9 award-winning music collections and research-based curriculum supports parents at home and keeps the music making alive all week.

In our mixed age class, children participate at their own level and their natural musicality is nurtured through singing, dancing, and exploring instruments. Parent participation is required. Siblings attend at a reduced rate and children 6mos and under attend free with a registered sibling. \$55 Music Together licensing fee is non-refundable after the first class.

Tue	Apr 4-Jun 6	Rink Mezz
Noa		\$200/10 sess
442421	10:30-11:15am	
442422	11:30am-12:15pm	

Wed	Apr 5-Jun 7	Rink Mezz
Katherine		\$200/10 sess
442423	9:30-10:15am	
442424	10:30am-11:15am	

Sat	Apr 15-Jun 17	Rink Mezz
Lissy		\$200/10 sess
442426	10:30-11:15am	
442427	11:30am-12:15pm	

Language

Baby Sign Language (0-2yrs)

Babies understand and can communicate long before they are able to speak. Research shows that babies who are offered sign language learn more quickly and talk earlier. With songs and games, learn how to teach your baby basic American Sign Language (ASL) so they can better convey their wants and needs and relieve frustration. The instructor will teach you the signs and songs so you can practice at home. Babies can sleep during class or you can bring toys. Please bring a blanket or mat to sit on. No drop-ins.

Wed	9:45-10:30am	Apr 12-May 10
Mat Rm		\$77/5 sess
441571	Sheri	

Spanish Mother Goose / Mama Ganso (0-3yrs)



Enjoy one hour of rhymes, songs, games and stories in Spanish with your child. No class May 22.

Mon	Apr 17-Jun 12	Rink Mezz
Rita		Free*
1-2yrs	10:30-11:30am	
0-12mo	12:30-1:30pm	

*Call 604.215.8289 to register.

Dance

Ballet/Jazz Dance (2-6yrs)

Jump, skip and twirl! Children will learn a variety of ballet exercises as well as the basic fundamentals of jazz dance while developing their own creative expression.

***Parent participation required for 2-4yrs classes.** 4-6yrs classes are closed; however, in the final week of the session we invite parents to stay for a presentation of what we have been learning. For more information, visit: kirbysnelldance.com.

Sat	Apr 15-Jun 17	CFEC
Endorphin Dance Rush		\$125/10 sess
442410	9:20-10:00am	2-4yrs*
442414	10:15-10:55am	2-4yrs*
442417	11:10-11:50am	3-4yrs
442416	1:00-1:40pm	4-6yrs

Hip Hop/Jazz Dance (3-6yrs)

Combine the style of hip-hop with the technical skills of jazz! Learn steps, jumps, turns, stretches and fun choreography to your favourite music. Please bring clean running shoes and wear comfortable stretchy clothing and non-marking shoes. No drop-ins. For more information, visit: kirbysnelldance.com.

Sat	Apr 15-Jun 17	CFEC
Endorphin Dance Rush		\$125/10 sess
442418	12:05-12:45pm	3-4yrs
442419	1:55-2:40pm	4-6yrs

Physical Activity

Axe Capoeira Beginner Mini Kids (3-6yrs)

All levels welcome. Classes cover all aspects of Capoeira: Martial arts, dance, music, acrobatics, culture, language and more. Classes focus on developing rhythm, reflexes, balance, coordination, strength and flexibility. Classes do not pro-rate; monthly rate only. No class April 7 & May 19.

Tue/Fri	5:00-5:45pm	Cafeteria
Marcus		\$85/mo
440203	Apr 4-28	
440202	May 2-30	
440204	Jun 2-30	

Sportball Parent/Child Multisport (2-3yrs)

Multisport classes teach children introductory physical skills and help them develop confidence through 8 different ball sports. Parent participation required. No class April 9 & June 18.

Set 1

Sun	11:30am-12:15pm	Apr 2-May 14
Gym D		\$102/6 sess
440256	Sportball	

Set 2

Sun	11:30am-12:15pm	May 28-Jun 25
Gym D		\$68/4 sess
440255	Sportball	

Sportball Multisport (3.5-5yrs)

Multisport classes teach children methods to practice and refine gross motor skills through 8 core ball sports. This program reinforces benefits of teamwork and skill development enabling children to gain confidence and develop social skills to succeed in sport and life. No class April 9 & June 18.

Set 1

Sun	12:15-1:15pm	Apr 2-May 14
Gym D		\$102/6 sess
440254	Sportball	

Set 2

Sun	12:15-1:15pm	May 28-Jun 25
Gym D		\$68/4 sess
440253	Sportball	

Baby and Me Yoga (16yrs+)

Baby and Me Yoga classes are designed with the birthing parent and new baby in mind. Connect with your young one with playful asana (exercises) as you stretch, breathe and relax your body back into shape, while your baby is stimulated physically, emotionally and socially.

This class is best suited for those who have healed after delivery, and for babes who are not yet very mobile. Previous yoga experience is not necessary. Bringing a blanket for baby and your own mat is recommended. \$18/drop-in.

Set 1

Wed	10:30-11:30am	Apr 12-May 17
CFEC		\$92/6 sess
440212	Into Yoga	

Set 2

Wed	10:30-11:30am	May 24-Jun 28
CFEC		\$92/6 sess
440211	Into Yoga	

Camps

Explore Latin American Culture (6-10yrs)

NEW

Britannia is excited to introduce a Latin American inspired spring break camp, in partnership with Vancouver Latin American Cultural Centre (VLACC). Children will explore music, arts and crafts, dance, language, and food. There will be time for outdoor fun, guest artists, and making friends.

Please pack a lunch, nut free snacks, and a water bottle. Dress for the weather with hat and sunscreen. All supplies included. Thank you to VLACC (vlacc.ca).

Mon-Fri 10:00am-4:00pm Mar 13-17
RAR \$160/5 sess
432449 VLACC

Funseekers Spring Break Daycamp (6-12yrs)

There are many activities and out-trips planned for the Spring Break Funseekers program! Come learn new skills, meet new friends, or simply have fun! Learn arts and crafts, play group games, and more. Register early to avoid disappointment. Please provide lunch, snack, and water daily. Parents are required to complete consent forms.

Funseekers Cancellation Policy: A \$5 administration fee will be charged for each camp a refund is requested for. Refund requests must be made a minimum of one week (seven days) prior to the start of the program. No refunds after this time.

Mon-Fri 9:00am-3:00pm Gym D
429321 Mar 13-17 \$99/5 sess
429322 Mar 20-24 \$99/5 sess

Summer 2023 Funseekers Registration (6-12yrs)

Registration for Summer 2023 Funseekers will begin at 10:00am on Saturday April 1, 2023 at the Info Centre. A brochure will be delivered to local schools approximately one week before registration. Join us for a summer of excitement and adventure. Our fun and enthusiastic leaders have planned an enjoyable schedule filled with out trips, games, crafts, sports, cooking, music, drama and special events.

Special emphasis in our camps will be placed on the use of the Equitas program "Play it Fair," which is designed to promote human rights, inclusion, anti-discrimination, respect for diversity, and the peaceful conflict resolution among children. The toolkit contains interactive age appropriate activities and games that reinforce the positive values and fundamental principles of human dignity and equality.

Hip Hop Breakers (6-9yrs)

This non-stop action-packed class includes hip hop, basic breakdancing, and dance games that will have your dancer moving to the beats! Children must be able to participate without a parent in the room. There will be a performance on the last day of class for friends and family. For more info, visit kirbysnellldance.com.

Mon-Fri 2:00-3:15pm Mar 13-17
CFEC \$99/5 sess
434068 Endorphan Rush Dance

Art

Clay for Children (6-12yrs)

Discover the sculptural properties of clay while learning different building methods, including pinch pot, slab, coil, and wheel. Artist quality, food safe materials included.

Thu 4:00-5:15pm Apr 20-Jun 8
Rm 208 \$130/8 sess
438632 Helen

Plein Air Outdoor Sketching (6yrs+)

Do you like drawing, or think you might like to try? Do you enjoy being outside in nature? Join us in the Nexways wa lh7áynexw (Transformed Life) Garden at Britannia to try Plein Air sketching! We will meet in front of the Info Centre and walk to the garden together.

Register and receive a sketch book, pencil, and eraser to use. Instructor will have a few other materials you can try. \$15/ drop-in if space available (but bring your own sketchbook). Dress for the weather. Children under 12 must be accompanied by an adult. No class June 18.

Sun 10:00am-1:00pm May 28-Jun 25
Transformed Life Garden \$60/4 sess
449287 Sylvia

Languages

Hola Spanish for Kids (4-9yrs)

Hola Spanish for kids is a unique opportunity to hear the Spanish Language in a joyful, safe and fun environment. Children will experience the Spanish language in a meaningful, real-life context, from a variety of sources. Supervised and instructed by highly qualified native Spanish speaking teachers.

Tue 3:30-4:30pm Apr 18-Jun 6
Rink Mezz \$96/8 sess
442458 Words in Motion

Music

Greenhorn Community Music Project (12-17yrs)



The Greenhorn Community Music Project aspires to join the creative forces of youth, professional musicians, and community members to compose, practice, and perform a variety of musical styles to orchestrate social change you can dance to. Come parade with us! Free, but Britannia membership required (child/youth \$1). Spring schedule is TBD; please contact brenda.koch@openairorchestra.com for more information.

Piano (6yrs+) & Clarinet (10yrs+)

Continue your music studies or begin an instrument and enjoy a lifetime of making music! These lessons consider student's development and goals. Conservatory exam preparation is available. An on-going program from September-June, students are ensured placement for the duration of their studies. Payment is made in advance of each set. Lesson costs shown below are for 30 min classes, but 45 and 60 mins are available to more advanced students at the discretion of the instructor. Private lessons are for beginner to senior levels. New students may start anytime during the season. Clarinet students must provide their own instruments. Recital at Killarney Community Centre on June 25 from 6:30-8:30pm in Room 205 Dance Studio (*additional \$28.00 incl in Set 2 fees). **Before registering, please contact the instructor at janine.oye@gmail.com. Phone-in or in-person registration only, no online. Please call 604.718.5800 ext 1. No class Apr 7, Jun 9, 10.**

Fri 6:15-9:00pm \$196/6 sess*
433459 Set 1 - Mar 24-May 5
455284 Set 2 - May 12-Jun 23

Sat 9:00am-4:00pm \$196/6 sess*
433458 Set 1 - Mar 25-May 6
455282 Set 2 - May 13-Jun 24

Preteen Centre

Janine



Physical Activity

Spectrum Skateboard Lessons (6-17yrs)

Spectrum Skateboard Society provides skateboard lessons to neurodivergent children and youth. Skaters practice positive communication and social skills while learning the basic fundamentals of skateboarding in a controlled and safe environment. We will teach proper stance, pushing, basic maneuvers, and skatepark etiquette. No experience is necessary. Proof of diagnosis is not required. Helmets are mandatory (bike helmets are ok) and other protective gear (knee and elbow pads, wrist guards and a mouthguard) is highly recommended. Parents/guardians must complete a waiver form on the first day. There are 8 spaces in each program.

Set 1

Fri	Apr 14-May 5	Gym D
442688	5:15-6:45pm	\$200/4 sess
442690	7:00-8:30pm	\$200/4 sess

Set 2

Fri	May 12-Jun 9	Gym D
442689	5:15-6:45pm	\$200/4 sess
442691	7:00-8:30pm	\$200/4 sess

All Bodies Boxing – A Trans Positive Space For Kids (6-10yrs)

This gender diverse and trans positive program teaches the basics of punching and the footwork of boxing—it's not only fun but fosters confidence and body awareness. Boxing is an excellent practice for coordination and movement literacy. This is a non-contact class. Equipment is provided. River is a competitive elite boxer who has fought for the last 10 years, bringing home medals from the Canadian National Championship twice. She's run Queer Box Camp Vancouver for over 11 years. River is an openly queer, gender non-conforming, butch identified boxer who is passionate about bringing the science of boxing to those who don't feel comfortable at a traditional boxing gym. The Boxing Room is located in the Gym C building.
No class Apr 12.

Wed	3:30-4:30pm	Apr 5-Jun 28
Boxing Rm		\$143/12 sess
440198	River	

Tennis Academy Mini (6-8yrs)

Introduction to tennis. Learn basic forehand and backhand skills and develop hand-eye coordination through a variety of fun games and activities. Bring your own tennis racquet and runners. No class May 20 & June 17.

Sat	2:00-3:30pm	Apr 15-Jun 24
Gym D		\$221/9 sess
440259	Juan Carlos	

Tennis Academy Junior (9-14yrs)

This class continues to develop tennis skills for those students who have already learned basic tennis. Students will participate in a variety of fun drills and games to enhance their skills and will be given the opportunity for game play. Bring your own racquet and runners. No class May 20 & June 17.

Sat	3:30-5:00pm	Apr 15-Jun 24
Gym D		\$221/9 sess
440258	Juan Carlos	

Britannia Boxing (6yrs+)

For more information, see page 23.

Traditional Kung Fu (6yrs+)

This Northern Shaolin Style class will teach you traditional forms, weapon forms, sparring and self-defense. It will help you gain physical and mental strength, and develop self-confidence and discipline. Membership fee of \$2 per month for the Northern Shaolin Lung Chi Cheung Association is included in the fee. Students must be able to attend Monday and Friday classes regularly. Fees do not pro-rate. No class April 28, May 22 & June 9.

Beginner

Mon	4:30-5:45pm	Fri 7:00-8:15pm
440261	Apr 14-Jun 30	\$207.90/20 sess

Intermediate

Mon	4:30-6:30pm	Fri 7:00-9:00pm
440262	Apr 14-Jun 30	\$224.70/20 sess

Advanced

Mon	4:30-6:30pm	Fri 7:00-9:00pm
440260	Apr 14-Jun 30	\$241.50/20 sess
Marquis & Louis		CFEC

Spikeball (5-12yrs)

Spikeball is a new and exciting sport that's easy to learn, yet hard to perfect. You might've seen it at Vancouver's beaches or parks. Spikeball is similar to volleyball but instead of hitting the ball over a net, a ball is hit onto a circular net. Two teams of two have 3 hits to hit the ball onto the net. Once play starts, players can move around freely, so the game is played in 360 degrees.

5-8yrs

Tue	3:15-4:15pm	Mat Rm
440250	Apr 4	Free Trial ☀
440249	Apr 11-Jun 27	\$96/12 sess
Zach		

9-12yrs

Tue	4:30-5:30pm	Mat Rm
440252	Apr 4	Free Trial ☀
440251	Apr 11-Jun 27	\$96/12 sess
Zach		

Mindfulness & Movement for Kids (5-9yrs)

Join the Yoga Buggy for a fun class that incorporates music, yoga poses, games, mindfulness activities, breath, storytelling, dance, and more! Yoga is a wonderful tool for children to learn about and manage their developing physical, social, and emotional lives. Our classes provide a safe and inclusive space where children can socialize, learn skills for self-regulation and have a ton of fun. We take a child-centered approach and celebrate the uniqueness of all participants. We are excited to play yoga with you! No class June 9.

Set 1

Fri	3:15-4:15pm	Apr 14-May 12
CFEC		\$45/5 sess
440266	Yoga Buggy	

Set 2

Fri	3:15-4:15pm	May 19-Jun 23
CFEC		\$45/5 sess
440267	Yoga Buggy	

Axe Capoeira

Students enrolled in these classes must have a minimum of 1 year consistent Capoeira experience, or permission from the school. Classes cover all aspects of Capoeira: Martial arts, dance, music, acrobatics, culture, language and more. Classes focus on developing rhythm, reflexes, balance, coordination, strength and flexibility. Uniform is required. Fees do not pro-rate; monthly rate only.

Intermediate Mini Kids (5-7yrs)

This is an intermediate program; students should have a knowledge of basic movements as this class will focus on more advanced movements, which will prepare students for the youth program. No class April 7 & May 19.

Tue/Fri	6:00-6:45pm	\$85/mo
Marcus		Cafeteria
440206	Apr 4-28	
440205	May 2-30	
440207	Jun 2-30	

Youth (7-15yrs)

Please note: This is not an introductory class. Students are expected to execute all basic movements of Capoeira. Mon/Fri classes in Cafeteria. Weds classes in CFEC. No class April 7 & 10, and May 19 & 22.

Mon/Wed	5:00-6:00pm	Fri 6:45-7:30pm
Marcus	Caf/CFEC	\$110.25/mo
440209	Apr 3-28	
440208	May 1-31	
440210	Jun 2-30	

Children



2023 Micro Footie Spring League (April 15 – June 17)

Welcome to Britannia World Cup Micro Footie. The mission of Micro Footie is to provide a top class community experience for players ages 4 and up (we even do a Micro Footie Women's program!) using a small sided game format, where players team up as World Cup countries. Our program values development, sportsmanship, fun, creative play, player involvement, laughter, and mentorship. Make new friends and score lots of goals in quality training sessions led by youthful staff and volunteer coaches.

We will continue Saturday game days at Vancouver's Empire Bowl with practices at our local fields. Registration includes playing soccer outside twice a week, a World Cup country kit, and a team photo. **For more information visit britanniasoccer.org or email britmicrofootie@gmail.com.**

Program Dates: April 15 - June 17, 2023. No session May 20 & 22.
Meet and Greet/kit pick-up one week prior to start date: April 11, 12, or 13 (depending on your scheduled practice day).

Fees: \$179/player. Refunds will be issued up to Feb 17, 2023. No refunds will be issued after this date.

Registration: Registration is open and ongoing. Register to secure your spot.



2023 Spring Schedule (Schedule subject to change)

#	DIVISION	SAT GAME TIME	GAME LOCATION	WEEKDAY PRACTICE TIME/LOCATION	
438657	Girls & Gender Diverse 4-5yrs	8:30-9:30am	Empire North	Mon 5:45-6:45pm	Brit Oval
438658	Boys & Gender Diverse 4-5yrs	8:30-9:30am	Empire South	Tue 5:45-6:45pm	Brit Oval
438659	Girls & Gender Diverse 6-7yrs	9:45-10:45am	Empire North	Wed 5:45-6:45pm	Robson
438660	Boys & Gender Diverse 6-7yrs	9:45-10:45am	Empire South	Thu 5:45-6:45pm	Brit Oval
438661	Girls & Gender Diverse 8-9yrs	11:00am-12:00pm	Empire North	Wed 5:45-6:45pm	Brit Oval
438662	Boys & Gender Diverse 8-9yrs	11:00am-12:00pm	Empire South	Wed 7:00-8:00pm	Robson
438663	Girls & Gender Diverse 10-11yrs	12:15-1:15pm	Empire North	Tue 7:00-8:00pm	Brit Oval
438664	Boys & Gender Diverse 10-11yrs	12:15-1:15pm	Empire South	Wed 7:00-8:00pm	Brit Oval
438665	Girls & Gender Diverse 12-13yrs	1:30-2:45pm	Empire North	Mon 7:00-8:00pm	Brit Oval
438666	Boys & Gender Diverse 12-13yrs	1:30-2:45pm	Empire North	Mon 7:00-8:00pm	Brit Oval
438667	Boys & Gender Diverse 6-7yrs	1:30-2:30pm	Empire South	Mon 5:45-6:45pm	Robson
438668	Boys & Gender Diverse 8-10yrs	1:30-2:30pm	Empire South	Mon 7:00-8:00pm	Robson
438669	Women & Gender Diverse 18yrs+*	3:00-4:15pm	Empire South	Thu 7:00-8:00pm	Brit Oval

*\$199/player (includes 3 extra practice days)

2023 Sponsors





Britannia Gymnastics Club

This popular community recreation program will promote your child's self-esteem and develop strength, flexibility, agility and coordination through the fundamentals of gymnastics. Children can wear a bodysuit, or shorts and t-shirts.

Our fantastic, enthusiastic team of coaches—Aaron, Audra, Elaya, Henry, Lailah, Shadan, and Sarah—are looking forward to another great gymnastics season! For more information, visit: britanniagymnastics.com

Winter 2023 Schedule

Sat	Apr 15-Jun 24*	*No class April 29, and May 20 & 27.	Gym B
440232	Tiny Tumblers	3-4yrs	1:00-1:45pm \$112/8 sess
440228	Junior Jumpers A	4-5yrs	2:00-2:45pm \$112/8 sess
440229	Junior Jumpers B	4-5yrs	3:00-3:45pm \$112/8 sess
440225	Future Flyers A	6-9yrs	4:00-5:00pm \$128/8 sess
Sun	Apr 16-Jun 25*	*No class April 30, and May 21 & 28.	Gym A/B
440223	Dynamic Duo A	18mo-3yrs	10:00-10:45am \$104/8 sess
440224	Dynamic Duo B	18mo-3yrs	11:00-11:45am \$104/8 sess
440226	Future Flyers B	6-9yrs	11:30am-12:30pm \$128/8 sess
440233	Tiny Tumblers	3-4yrs	12:00-12:45pm \$112/8 sess
440230	Komet Kids	5-6yrs	12:45-1:45pm \$120/8 sess
440222	Demo Team	9-15yrs	2:00-3:30pm \$176/8 sess
440227	Future Flyers C	6-9yrs	2:15-3:15pm \$128/8 sess
440231	Performance Plus	9-15yrs	3:45-5:15pm \$176/8 sess

All programs take place in Britannia Secondary School, 1001 Cotton Drive, Gym A/B.

For program descriptions please visit

https://www.britanniacentre.org/programs/children/program_overview/articles/712.php



Tennis and Art Summer Camp (6-13 yrs)

NEW

Join Britannia Centre and the Art of Tennis for a children's camp filled with the essentials of creative art and self motivating tennis activities. The day is broken down into morning and afternoon events which allow your child to be part of an all-day outdoor program. The program is based upon physical activity in the morning with tennis skills and drills and continues with a creative art and games program in the afternoon.

Please ensure each child brings: hat, water bottle, lunch, snacks and your own racquet.

Meet at Garden Park Tennis Court and pick up at Garden Park.

Location: Garden Park - 1851 Garden Drive. Vancouver, BC, V5N 4W6

The tennis court we are using is in the South East corner of the park.

Rain Out Policy: This program is rain or shine, so please show up each day. If there is inclement weather, we might need to cancel the day and the Art of Tennis staff will call you ASAP.

Mon-Fri	9:00am-3:30pm	Garden Park
456269	Jul 4-7	\$260/4 sess
456270	Jul 10-14	\$325/5 sess
456271	Jul 17-21	\$325/5 sess
456272	Jul 24-28	\$325/5 sess
456273	Jul 31-Aug 4	\$325/5 sess
456274	Aug 8-11	\$260/4 sess
456275	Aug 14-18	\$325/5 sess
456276	Aug 21-25	\$325/5 sess
456277	Aug 28-Sep 1	\$325/5 sess



Volunteer With Us

Do you have prior experience in gymnastics? The Britannia Gymnastics Club is looking for a few passionate volunteer assistant coaches. If you are interested, please send your resume to yao.zhang@vancouver.ca.

Social

Girls+ Club (10-13yrs)

Girls+ get together to explore your creativity, discover your talents, and share your stories with your friends and meet new friends. A self directed program with a mixture of laughter and leadership. Please pre-register.

Thu 6:15-8:00pm Apr 6-Jun 22
Preteen Centre Free
442682 Tiana

After School Programs

Red Fox Active Play (5-12yrs)

Red Fox's flagship Active Play program gives children the chance to be healthy, have fun and get inspired by positive youth role models from their own communities. Red Fox Youth Leaders guide children through energetic group games, circus arts, and other physical activities that cultivate self-confidence, social connections, and new skills.

This free program is open to children of all ages and abilities. To register, please call 604.343.6536 or email info@redfoxsociety.org.

Fri 3:15-4:45pm Apr 14-Jun 16
Gym D Free*
Red Fox *Registration required.

Youth Fitness (8-13yrs)

Improve running form, change of direction, and agility. In addition to drills, we'll do a variety of workouts outdoors. This program combines a disciplined focus on fitness and improving athletic skills—like speed and change of direction—with competitive fun games, drills and relays. Please bring a water bottle and towel.

Thu 3:15-4:45pm Apr 6-Jun 22
Gym C \$96/12 sess
442694 Game Ready

Hip Hop Dance (8-13yrs)

Learn this popular style of street dance evolving from hip hop culture and hip hop music. Develop individual techniques and a group routine in the fun and energetic class!

Tue 3:30-4:45pm Apr 11-Jun 13
CFEC \$50/10 sess
442686 Marnie

Music Makers (8-12yrs)

Using a practical approach to learning music production, this program will be a highly effective and engaging way for beginners to learn and create their own music. Through the use of an app and using the concepts of rhythm and melody, bring your songs and ideas to life.

Wed 3:30-4:45pm Apr 19-Jun 7
CFEC \$40/8 sess
442685 Will

Sports

Basketball – Beginner (8-12yrs)

Focus on the fundamentals! The primary emphasis will be age- and ability-appropriate skill development. This reflects the recommendations of the National Coaching Certification Program Long-Term Athlete Development Model. Increasing skill competency increases likelihood that children will gain the confidence to continue to play and enjoy playing basketball. Please bring a water bottle and towel. No session May 20.

Sat 11:00am-12:15pm Apr 15-Jun 10
Gym D \$32/8 sess
442673 Sentheepan

Basketball – Intermediate (9-13yrs)

A step up from beginner basketball. Players must know rules of the game, have experience with game play, and have fundamental development of skills. Focus on the fundamentals! The primary emphasis will be age- and ability-appropriate skill development.

Increasing skill competency increases likelihood that children will gain the confidence to continue to play and enjoy playing basketball. Please bring a water bottle and towel. No session May 20.

Sat 12:30-1:45pm Apr 15-Jun 10
Gym D \$32/8 sess
442674 Sentheepan

Youth Basketball Drop-in (8-13yrs)

Drop-in preteen youth basketball for all levels. Please note: This is a non instructional session. Please bring your own basketball.

Fri 5:30-6:45pm Apr 14-Jun 16
Gym C Free

Special Events

Preteen Dance (Grade 5-7)

DJ 2 Scoops plays the music. You and your friends will have a blast. Concession will be open for sale of glow sticks, glow necklaces, snacks and pizza. Grade 5-7 only. Parental consent form must be completed and are available 1 week before the dance. Pay \$2 at the door.

Fri 6:30-9:00pm Apr 28, Jun 9
CFEC \$2/1 sess

Free Youth Swim (11-18yrs)

Britannia's youth-only swim time, every other Friday. Contests, prizes, games and crazy stuff! Swim lessons are available to interested youth for the first 30 minutes; work on skills or improve your swimming abilities. *No session April 7.

Fri 6:00-8:00pm Mar 10 & 24
Britannia Pool Apr 21*
Free May 5 & 19
Jun 2, 16, & 30

Camps

Funseekers Spring Break Daycamp (6-12yrs)

There are many activities and out-trips planned for the Spring Break Funseekers program! Come learn new skills, meet new friends, or simply have fun! Learn arts and crafts, play group games, and more. Register early to avoid disappointment. Please provide lunch, snack, and water daily. Parents are required to complete consent forms.

Funseekers Cancellation Policy: A \$5 administration fee will be charged for each camp a refund is requested for. Refund requests must be made a minimum of one week (seven days) prior to the start of the program. No refunds after this time.

Mon-Fri 9:00am-3:00pm Gym D
429321 Mar 13-17 \$99/5 sess
429322 Mar 20-24 \$99/5 sess

Summer 2023 Funseekers Registration (6-12yrs)

Registration for Summer 2023 Funseekers will begin at 10:00am on Saturday April 1, 2023 at the Info Centre. A brochure will be delivered to local schools approximately one week before registration. Join us for a summer of excitement and adventure. Our fun and enthusiastic leaders have planned an enjoyable schedule filled with out trips, games, crafts, sports, cooking, music, drama and special events.



Welcome to the Teen Centre

A place in the community dedicated to youth. All youth 13-18yrs are welcome. Come play pool, foosball, ping pong, video games, or use the public access computer.

Youth, volunteers and youth workers work together to plan and run programs and activities for the Teen Centre. Join our youth committee to set direction for programs.

Pick up your copy of our monthly activities calendar at the Teen Centre. If you do not see what you are looking for then get involved and make it happen!

The Teen Centre is a place to:

- Meet people
- Get information or support
- Share your ideas and interests
- Have fun

Drop-in Hours

Mon-Fri 3:00-9:00pm

Registration

Register for all Teen Centre programs at the Teen Centre. **Please note:** A signed parent consent form is required for many of our programs. For more information, call 604.718.5828.

Staff

Youth Programmer:
Tom Higashio 604.718.5826
tom.higashio@vancouver.ca

Latin American Youth Programmer:
TBA 604.718.5829

Teen Centre Staff:
Barry, Jadon, Jericho, Joel, Manuel, Tiana, Tom

Leadership

Britannia Youth Committee

We are looking for youth who want to be involved! Give back to the community, and initiate and follow through on community programs and projects. Meetings are held on the third Thursday of the month. Contact Tom at 604.718.5826 for more info.

Indigenous Youth Cadets (12-15yrs)

Youth have an opportunity to develop leadership skills while learning about Indigenous culture and policing through the Metro Vancouver Transit Police Blue Eagle Community Cadets program. Led by Indigenous Liaison Officer Constable Kirk Rattray, in partnership with Vancouver Police Department's Diversity, Inclusion, and Indigenous Relations Section and the Aboriginal Policing Centre. The program gives young people the opportunity to:

- Work in a team environment
- Help their community
- Explore various career options
- Take part in a variety of activities
- Strengthen physical and mental health
- Meet strong Indigenous role models
- Increases physical fitness and confidence

For for info and to register, visit:
transitpolice.ca/about-us/specialty-units/
community-engagement-team/blueeagle

Wed 5:00-7:30pm Apr 5-Jun 28
Gym D Free

City Wide Daycamp "Play it Fair" Training (16yrs+)

Staff will learn the games of the toolkit, the theory behind them and how they can be used to promote values. Feedback specific to Vancouver's use of Play it Fair indicates that children enjoy the activities and are integrating the values of respect, cooperation, respect for diversity, fairness, inclusion, responsibility and acceptance into their daily attitudes and behaviours. The toolkit helps reinforce children's self esteem, leadership skills, and capacity to solve their own conflicts. Play is used as a vehicle for dialogue.

We recommend daycamp coordinators and leaders who are not familiar with Play it Fair (or want to brush up on their skills) to attend this 4 hour training.

Sat 10:00am-2:00pm Jun 17
Gym C \$30/1 sess
441375 Britannia Play It Fair Team

Thu 6:00-10:00pm Jun 22
Gym C \$30/1 sess
441374 Britannia Play It Fair Team

Friends First Program / Grupo de Amigos (13-18yrs)

Make new friends and learn new skills! This program provides social, recreational, and educational activities. We meet every Saturday. To register and for more details, contact the Latin American Worker at 604.718.5829 or 604.787.9251. Consent forms are required to participate in the outings. Subsidies available for activities.

Sat 1:00-5:00pm Apr 15-Jun 24
Teen Centre Free*
*Registration required.

Social

Queer Youth Drop-in (11-16yrs) NEW

A safe and inclusive space for 2SLGBTQIA+, questioning or unlabelled youth ages 11-16 to authentically be themselves. Together, we'll co-create a space to share our experiences, learn from each other and have fun! Drop in any time. Snacks will be provided! Feel free to email Khai at khai.truong@vancouver.ca for more info or to discuss any access needs.

Sat 2:15-4:00pm Apr 1-Jun 24
55+ Centre Free

Young Adult Social Club (19-22yrs) NEW

Our goal is to provide a safe, healthy, and inclusive space where young adults can ask questions; connect and share; try new things; and even explore the city's resources, local attractions, and recreational activities. Topics explored may include:

- Self-identity, communication and self-advocacy, and healthy relationships;
- Finding your passion, setting goals and taking action;
- Community resources (counselling, cultural, and recreational programs);
- Self-care and life skills;
- Creative arts (painting, writing, digital media);
- Employment rights and training.

Sat 1:00-5:00pm Apr 1-Jun 24
Teen Centre Free

Free Youth Swim (11-18yrs)

Britannia's youth-only swim time, every other Friday. Contests, prizes, games and crazy stuff! Swim lessons are available to interested youth for the first 30 minutes; work on skills or improve your swimming abilities. *No session April 7.

Fri 6:00-8:00pm Mar 10 & 24
Britannia Pool Apr 21*
Free May 5 & 19
Jun 2, 16, & 30

Language

Secwepemc in the City (13yrs+)



Interested in attending a language sharing gathering? No experience necessary, just a time to come together, practice, learn and share.

Thu 5:30-7:30pm Apr 6-Jun 29
FAR Free

Cooking

Feast of Flavours (13-18yrs)



This is a hands-on cooking program. Learn to create healthy, cheap and easy to cook meals. Youth are involved in planning, cooking and preparing the meals.

Tue 4:00-6:30pm Apr 4-Jun 27
55+ Centre Free

Latin Cooking / Cocina Latinoamericana (13-18yrs)



Do you want to learn how to cook food from different Latin American countries? Come share your favorite dishes and learn new recipes! You will also learn how to choose foods that are more nutritious and shop on budget. To register, please contact the Latin American Youth Worker at 604.718.5829.

Thu 5:00-7:00pm Apr 6-Jun 22
55+ Centre Free*

*Registration required.

Outdoor Programs

The Great Escape Outdoors – GEO (13-18yrs)

We offer a variety of outdoor activities suitable for almost any level of fitness. It is a great way to explore our incredible surroundings, learn new things, and meet lots of great people. We'll have variety of activities. Pick up a monthly calendar to get a complete listing.

We provide all necessary equipment, food, transportation, and guides/instructors, unless otherwise stated. Any overnight trip has co-ed leaders and at least one trained staff in Wilderness First Aid. The cost of the outings should not prevent any youth from participating, so let staff know. If you have any questions or would like to register please call 604.718.5828. All registration done at the Teen Centre.

Physical Activity

Adapted Fitness Boxing (13-18yrs)

This non-contact class for neurodiverse youth will teach the basics of punching and footwork of boxing, which is not only fun but fosters confidence and body awareness. Boxing is an excellent practice for coordination and overall movement literacy. Some kids learn to discover their strength, some to regulate their strength.

One-to-one support is not provided; the ratio is 1 instructor for up to 10 youth. Equipment provided. Please bring a water bottle and towel. The Boxing Room is located in the Gym C building.

Thu 7:15-8:15pm Apr 13-Jun 1
Boxing Rm \$90/8 sess
442669 Jay

Archery – Beginner (12-18yrs)

Introduction to archery, including history and trying a variety of different bows. Emphasis will be on individual skill development. Please bring a water bottle and towel, and avoid bringing any other personal items. No session May 20.

Sat 2:00-3:30pm Apr 15-May 27
Gym C \$30/6 sess
442671 Bernice

Archery – Intermediate (12-18yrs)

Must have completed the Beginner session to register for Intermediate. The archery instructor will provide approval to move on to Intermediate. A continuation of the intro class, including history and trying a variety of different bows. Emphasis will be on individual skill development. Please bring a water bottle and towel. No session May 20.

Sat 3:45-5:00pm Apr 15-May 27
Gym C \$30/6 sess
442672 Bernice



Co-ed Indoor Soccer (11-18yrs)

Free drop-in soccer for youth (with high school ID). New players welcome!

Tue 5:00-7:00pm Apr 4-Jun 27
Gym D Free

Spectrum Skateboard Lessons (6-17yrs)

Spectrum Skateboard Society provides skateboard lessons to neurodivergent children and youth. Skaters practice positive communication and social skills while learning the basic fundamentals of skateboarding in a controlled and safe environment. We will teach proper stance, pushing, basic maneuvers, and skatepark etiquette. No experience is necessary. Proof of diagnosis is not required. Helmets are mandatory (bike helmets are ok) and other protective gear (knee and elbow pads, wrist guards and a mouthguard) is highly recommended. Parents/guardians must complete a waiver form on the first day. There are 8 spaces in each program.

Set 1

Fri	Apr 14-May 5	Gym D
442688	5:15-6:45pm	\$200/4 sess
442690	7:00-8:30pm	\$200/4 sess

Set 2

Fri	May 12-Jun 9	Gym D
442689	5:15-6:45pm	\$200/4 sess
442691	7:00-8:30pm	\$200/4 sess

Youth Fitness (13-16yrs)

A base level of fitness and movement is developed as athletes learn to appreciate exercise as a lifestyle. Basic movements, balance and coordination are honed through games, relays and drills with a focus on high energy and fun. Coaches will teach and challenge so each youth will increase confidence in their abilities. Please bring a water bottle and towel.

Thu 5:00-6:15pm Apr 6-Jun 22
Gym C \$84/12 sess
442695 Game Ready

Martial Arts

Axe Capoeira – Youth (7-15yrs)

Students enrolled in these classes must have a minimum of 1 year consistent Capoeira experience, or permission from the school. Classes cover all aspects of Capoeira: martial arts, dance, music, acrobatics, culture, language and more. Classes focus on developing rhythm, reflexes, balance, coordination, strength and flexibility. Uniform is required. Fees do not pro-rate; monthly rate only.

Please note: This is not an introductory class. Students are expected to execute all basic movements of Capoeira. Mon/ Fri classes in Cafeteria. Weds classes in CFEC. No class April 7 & 10, and May 19 & 22.

Mon/Wed 5:00-6:00pm	Fri 6:45-7:30pm
Marcus Caf/CFEC	\$110.25/mo
440209 Apr 3-28	
440208 May 1-31	
440210 Jun 2-30	

Ki Aikido – Women, Trans and Non-Binary Intro Class (14yrs+)

This class is queer positive and open to self-identified women, trans, Two Spirit and/or gender diverse individuals. Come give the Art of Peace a try in a supportive learning environment! Looking for an embodied practice that helps you deal with the stresses of your daily life? Try Ki Aikido, a non-competitive practice that promotes positive well-being and helps develop calmness, stability and confidence. Improve your mind-body connection, stay relaxed and centered under pressure, and work with connection and energy to flow in dynamic movements with partners. Suitable for all ages and levels of physical ability. Try one free session anytime. \$8/drop-in.

Tue 6:00-7:15pm	Apr 25-May 16
Mat Rm	\$25.20/4 sess
440245 Emily	

Britannia Boxing (6yrs+)

Britannia's own fun, inclusive, and informative boxing program where anyone can come and learn proper techniques, hit the bags, and workout with our coaches. Come break a sweat while working at your own pace. You can stay as long or short as you would like—classes are unlimited. The Boxing Room is located in Gym C. First time participants, pay \$15 drop-in. After this, participants will be expected to pay the monthly fee. Fees cannot be prorated. No class April 7 & 10, and May 22.

Mon-Fri 5:00-7:00pm	Sat 2:00-4:00pm
Jay Boxing Rm	
440235 Apr 1-29	\$94.50/mo
440234 May 1-31	\$94.50/mo
440236 Jun 1-30	\$94.50/mo

Traditional Kung Fu (6yrs+)

This Northern Shaolin Style class will teach you traditional forms, weapon forms, sparring and self-defense. It will help you gain physical and mental strength, and develop self-confidence and discipline. Students must be able to attend Monday and Friday classes regularly. Fees do not pro-rate. No class April 28, May 22 & June 9.

Beginner

Mon 4:30-5:45pm	Fri 7:00-8:15pm
440261 Apr 14-Jun 30	\$207.90/20 sess

Intermediate

Mon 4:30-6:30pm	Fri 7:00-9:00pm
440262 Apr 14-Jun 30	\$224.70/20 sess

Advanced

Mon 4:30-6:30pm	Fri 7:00-9:00pm
440260 Apr 14-Jun 30	\$241.50/20 sess
Marquis & Louis	CFEC

Music

Greenhorn Community Music Project (12-17yrs)

The Greenhorn Community Music Project aspires to join the creative forces of youth, professional musicians, and community members to compose, practice, and perform a variety of musical styles to orchestrate social change you can dance to. Come parade with us! Free, but Britannia membership required (child/youth \$1). Spring schedule is TBD; please contact brenda.koch@openairorchestra.com for more information.

Art

Plein Air Outdoor Sketching (6yrs+)

Do you like drawing, or think you might like to try? Do you enjoy being outside in nature? Join us in the Nexways wa lh7áy nexw (Transformed Life) Garden at Britannia to try Plein Air sketching! We will meet in front of the Info Centre and walk to the garden together.

Register and receive a sketch book, pencil, and eraser to use. Instructor will have a few other materials you can try. \$15/drop-in if space available (but bring your own sketchbook). Dress for the weather. Children under 12 must be accompanied by an adult. No class June 18.

Sun 10:00am-1:00pm	May 28-Jun 25
Transformed Life Garden	\$60/4 sess
449287 Sylvia	

VYW VANCOUVER YOUTH WEEK 2023



Photo by Emily Cooper.

Youth Week is an internationally celebrated event to promote awareness of youth, increase a positive public profile of youth, and build stronger connections between youth and the community.

During Youth Week, young people around the world organize and participate in events, performances, forums and community projects.

Youth Skate (13-18yrs)

May the fourth be with you! Join DJ 2Scoops and do laps around the ice during this youth only time. Snacks provided. Lots of prizes. Come out and join the fun! Brought to you by the Britannia Youth Committee.

Thu 3:15-4:15pm	May 4
Britannia Rink	Free

Youth Swim (11-18yrs)

Contests, games, activities, loud music and lots of prizes! Snacks provided after the swim.

Fri 6:00-8:00pm	May 5
Britannia Pool	Free

Basketball (TBD)

3 on 3 Basketball tournament and a youth basketball clinic will be offered. More details to follow. Lots of prizes and snacks! Hosted by the Boys Who DARE. Please pre-register. More info to come.

Fri 3:15-10:00pm	May 5
Gym C	Free

Community Small Grants

Community Small Grants are available for you to get creative with celebrating Youth Week. Write a grant, and then plan and promote your event or activity. Contact Tom at tom.higashio@vancouver.ca to see how you can get involved. Deadline for application is March 1, 2023.



Latin American Youth Program / Programa Juvenil Latinoamericano

The Latin American Youth Program (LAYP) offers cultural and recreational activities for Latinx youth ages 13-18yrs. These activities range from organized recreational programs to advocacy and referral services. For more information and to register, please contact the Latin American Youth Worker at 604.718.5829.

El Programa de Jóvenes Latinoamericanos ofrece actividades culturales y recreativas para jóvenes de 13 a 18 años. Estas actividades incluyen programas recreativos, servicios de abogacía y referencia. Para obtener más información, comuníquese con la trabajadora juvenil latinoamericana al 604.718.5829.

Comité de Juventud Latinoamericana / Latin American Youth Committee (13-18yrs)

¿Estás interesado en ayudar a organizar actividades y eventos para nuestra comunidad? Únete a nuestro comité de jóvenes y ayúdanos a iniciar nuevos proyectos y eventos. Para obtener más detalles, llama al 604.718.5829. Nos reunimos el primer miércoles de cada mes de 4:00-5:00pm.

Are you interested in helping organize activities and events for our community? Join our youth committee and help us start new projects and events. For more details, please call 604.718.5829. We meet on the first Wednesday of each month from 4:00-5:00pm.



Fútbol Sala Mixto / Co-ed Indoor Soccer (11-18yrs)

Fútbol para jóvenes (con identificación escolar). ¡Nuevos jugadores son Bienvenidos!

Free drop-in soccer for youth (with high school ID). New players welcome!

Tue/Mar 5:30-7:00pm
Gym D/Gim D

Apr 4-Jun 27
Free/Gratis*

*Registration required.

Grupo de Amigos / Friends First Program (13-18yrs)

¡Conoce a jóvenes de tu edad y aprende al mismo tiempo! Este programa brinda actividades sociales, recreativas y educativas. Nos reunimos los días sábados. Para registrarse y obtener más detalles, comuníquese al 604.718.5829. Se requieren formularios de consentimiento para participar en las salidas. Subsidios disponibles para todas las actividades.

Make new friends and learn new skills! This program provides social, recreational, and educational activities. We meet every Saturday. To register and for more details, contact 604.718.5829. Consent forms are required to participate in the outings. Subsidies are available for all activities.

Sat/Sáb 1:00-5:00pm

Apr 15-Jun 24

Teen Centre

Free/Gratis*

*Registration required.



Cocina Latinoamericana / Latin Cooking (13-18yrs)

¿Quieres aprender a cocinar comida de diferentes países de América Latina? ¡Ven, comparte tus platos favoritos y aprende nuevas recetas! También aprenderás a elegir alimentos más nutritivos y económicos.

Do you want to learn how to cook food from different Latin American countries? Come share your favorite dishes and learn new recipes! You will also learn how to choose foods that are more nutritious and shop on budget.

Thu/Jue 5:00-7:00pm

Apr 4-Jun 20

55+ Centro

Free/Gratis*

*Registration required.

Spanish Clubs / Clubes de Español

¿Qué son los clubes de español? Un lugar para reunirse con los estudiantes latinos de tu escuela, divertirse, y conocer a otros chicos y chicas en tu escuela. Estos programas se están llevando a cabo en tu comunidad. Brindamos juegos, música, y talleres. Si estás interesado en tener un club de español en tu escuela llama al 604.718.5829.

What are Spanish Clubs? A place to meet the Latin students in your school, have fun, learn more about Latin American culture, and know what activities and programs are going on in your community. We provide games, music, and workshops. If you are interested in having a Spanish Club at your school contact the Latin American Youth Worker at 604.718.5829.

*Se requiere registro previo. Para registrarse, comuníquese con la trabajadora juvenil latinoamericana al 604.718.5829.

*Pre-registration is required. To register, please contact the Latin American Youth Worker at 604.718.5829.

Music

Solidarity Notes Labour Choir (16yrs+)

Solidarity Notes Labour Choir is a group of social justice, environmental and labour activists who know that music is more than pleasurable sound; it's a powerful language to educate, connect us and remind us of our strength and history.

We are a non-auditioned choir and welcome everyone. We suggest a fee of \$35/month, but if you can't afford that, pay what you can. If you can't afford anything, that's ok too. For more info please contact Carol at 604.526.4959. Check solidaritynotes.ca for our practice schedule; No session April 9, May 21, & June 25. Britannia membership required.

Sun 10:30am-12:30pm Apr 2-Jun 18
Outside Brit Elem \$35/mo
Earle

African Drumming (16yrs+)

Learn how to play traditional West African rhythms on hand drums (djembés) and base drums (dununs). These lessons are fun and concentrated. Learn foundational rhythms and playing techniques.

Level 1 lays the foundation for higher-level courses. Completion of Level 1 required to move onto Level 2, and completion of Level 2 required to move onto Level 3 (or permission from the instructor). He can be contacted through his website: drumming.ca. Levels 2 & 3 can be repeated several times as new djembé and dunun rhythms are taught every course. Drums are supplied in class or BYOD.

Level 1

Sat 2:30-3:45pm Apr 22-Jun 10
Cafeteria \$147/8 sess
441564 Russell

Level 2

Wed 8:00-9:15pm Apr 19-Jun 7
Cafeteria \$147/8 sess
447080 Russell

Sat 12:30-1:45pm Apr 22-Jun 10
Cafeteria \$147/8 sess
441565 Russell

Level 3

Wed 6:30-7:45pm Apr 19-Jun 7
Cafeteria \$147/8 sess
441567 Russell

Sat 11:00am-12:15pm Apr 22-Jun 10
Cafeteria \$147/8 sess
441566 Russell

African Drum Circle

Sat 12:00-1:30pm Mar 25-Apr 8
Cafeteria \$30/3 sess
456188 Russell

Vancouver Latin American Cultural Centre Choir (7yrs+)

Come sing with *Canto Vivo!*, the Vancouver Latin American Cultural Centre Choir! Our choir meets once a week to learn and practice songs that reflect the immense diversity of musical genres from all over Latin America. Songs are sung in Spanish and Portuguese. Everybody is welcome to participate. Join this fun community activity, sing, and make friends! To register email info@vlacc.ca. Please purchase a VLACC and a Britannia membership.

Wed 7:00-9:00pm Apr 5-Jun 28
55+ Centre \$70/term
Register through VLACC Sergio

Carnival Band (All ages)



Looking for an excuse to dust off that instrument in the back of your closet? Looking for a way to bring a little music and colour to your community? The Open Air Orchestra Society invites you to our street band workshops, led by the incomparable Ross Barrett, Tim Sars, and various guest instructors. All levels and ages welcome. Suggested donation is one hour's wage or \$5 pay-what-you-can. Britannia membership required. For more info email vancouvercarnivalband@gmail.com.

Mon 7:00-9:30pm Apr 3-Jun 26
55+ Centre By donation
Tim/Ross

Arts

Art Therapy – Connecting to Self (18yrs+)

This person-centred art therapy group is designed to connect people to their creativity and inner resources and raise self-awareness. Embling is a registered art therapist in BC and believes in the creative process as a way to heal, grow and connect to our inner selves and others. She strives to create a culturally safe environment for all participants. Basic materials provided.

Mon 6:30-9:00pm FAR
Caro \$120.75/4 sess
441569 Apr 24-May 15 Set 1
441570 May 29-Jun 19 Set 2

Working With Cement (16yrs+)

Cement is both an easy and challenging medium to use to make useful homeware. Learn some techniques and handy tricks to make your own cement bowl to take home. From choosing your mold, mixing and pouring your concrete, curing and sealing, Karine Zamor (the Cement Lady) will show you a window to her passion. Each student will take home a lovely bowl that they made.

Tue 7:00-9:00pm Apr 25 & May 2
Rink Mezz \$84/2 sess
443560 Karine

Pottery – Introduction (16yrs+)

Experience the joy of creating your own dishes from a lump of clay! This course is a survey of the basic methods of hand-building, using the wheel, and surface decoration, and an introduction to the Britannia studio. No experience necessary! Clay and glazes are included. *Last class for both sessions is Tuesday, June 6.

Tue 7:00-9:00pm Apr 18-Jun 6
438636 \$244.65/8 sess

Fri* 7:00-9:00pm Apr 21-Jun 6
438637 \$244.65/8 sess
Rm 208 Helen

Pottery – Continuing (16yrs+)

Further develop your pottery skills in hand-building and on the wheel. Attention is given to the sculptural as well as the functional aspects of pottery. Students are self-directed with more one-on-one instruction. Pre-req: Intro to Pottery or permission of the instructor (contact 604.257.3087). Clay and glazes are included. More classes will be offered based on waitlist. *Last class is Tuesday, June 6.

Wed* 6:30-9:00pm Apr 19-Jun 6
Rm 208 \$270.90/8 sess
438634 Helen

Banner Painting Workshop – 2 days (12yrs+)

Theme: Walking. Use high quality water based fabric paints to help create the next set of large colourful banners to hang in pairs outdoors on site and in the Library. Wear old clothes and bring a lunch and a colour sketch of your idea. All materials provided. Children under 12 must be accompanied by an adult. Please register each painter; caregivers and support workers can register for free by emailing Helen at helen.spaxman@vancouver.ca.

Sat-Sun 10:00am-4:00pm Jun 17-18
Cafeteria \$20/2 sess
430045 Helen

Plein Air Outdoor Sketching (6yrs+)

Do you like drawing, or think you might like to try? Do you enjoy being outside in nature? Try Plein Air sketching! We will meet in front of the Info Centre and walk to the Transformed Life Garden together. Register and receive a sketch book, pencil, and eraser to use. Instructor will have a few other materials you can try. \$15/ drop-in if space available (but bring your own sketchbook). Dress for the weather. Children under 12 must be accompanied by an adult. No class June 18.

Sun 10:00am-1:00pm May 28-Jun 25
Transformed Life Garden \$60/4 sess
449287 Sylvia



Food

Grandview Woodland Food Connection (GWFC) is dedicated

to supporting healthy food access for all. In partnership with Britannia Community Centre, the GWFC is pleased to offer a range of community food programs. For more information, see page 34. If you'd like to get involved, email Ruth Elizabeth at gwfcnetwork@gmail.com or visit: www.gwfoodconnection.com

Garden Enthusiasts / Garden Ambassadors

Come volunteers with us and help us care for our gardens! During these weekly garden work parties and skill sharing sessions, you will have the opportunity to gain hands on experience and learn from experienced gardeners. We'll work together to care for the gardens by planting, watering, weeding, and harvesting together (and yes, you will enjoy the harvest as well). All are welcome. Rain or shine. Please send an email to Ruth Elizabeth at gwfcnetwork@gmail.com if you are interested. No session April 9, May 21, and June 4.

Sun 10:00am-1:00pm Apr 2-Jun 18
Transformed Life Garden Victoria

Garden Godsai with Weeds (12yrs+)

Helen will guide the group into using sticks pruned from and vines weeded from the Nexwáys wa lh7áynexw (Transformed Life) Garden, plus some colour from their stash, to make some décor for the garden and some to take home. Children under 12 must be accompanied by an adult. Please register each participant; caregivers and support workers can register for free by emailing Ruth Elizabeth at ruth.briggs@vancouver.ca. All skill levels welcome! Sliding scale / pay what you can options available (\$5/\$10/\$15).

Sun 1:30-4:00pm Apr 23
Transformed Life Garden Helen
447893 \$5 sliding scale option
447894 \$10 sliding scale option
447895 \$15 sliding scale option



Wild Plant Self Care Workshop (All ages)

Join Victoria Buffalo Robe, a Nehiyaw Iskwew (Cree woman) from Saskatchewan for a workshop on natural self care. Victoria's aunt and mother taught her how to pick plants for traditional medicine and ceremony, and she wants to share some of that knowledge with us. Together, we will be making salt bath soaks, exfoliating scrubs, and facial cleansers with herbal flare. You will take home a detox bath and sugar scrub and learn how to use your local health food store as a resource for your self care routines. The workshop will include tips on making the cleanest and most efficient skin care treatments right from your cupboards and how to use your grocery list as a beauty asset. Let's fight dirt and oil with dirt and oil! For more information about Victoria check out www.holisticbuffalo.com. All skill levels welcome. Sliding scale / pay what you can options available (\$5/\$10/\$15).

Sat 2:00-4:00pm May 27
Rink Mezz Victoria
453372 \$5 sliding scale option
453373 \$10 sliding scale option
453374 \$15 sliding scale option

Canning 101 Workshop (12yrs+)

Discover the basic principles of food preservation with Chef Charles Paul Whitmore in this introductory canning class. Do your part in reducing food waste and increasing food security by learning how to can! In this hands-on workshop we'll learn about safe canning techniques while preparing seasonal food for water bath canning. All skill levels welcome! Children under 12 must be accompanied by an adult. Please register each participant; caregivers and support workers register for free (email ruth.briggs@vancouver.ca). Sliding scale / pay what you can options available (\$5/\$10/\$15).

Sun 5:00-7:00pm Jun 18
Preteen Centre Paul
452647 \$5 sliding scale option
452648 \$10 sliding scale option
452649 \$15 sliding scale option

Britannia Bulk Buy Food Club

Interested in fresh, healthy, and affordable food at wholesale prices? Once a month, you can purchase a \$15 box of assorted produce at Britannia Community Centre. Buying together with your neighbours can help you save over 40% on your food bill. You get 10-14 varieties of fruits and veggies plus access to supplemental donations. Email bbbfoodclub@gmail.com or call Ruth Elizabeth at 604.718.5895 for more info or to be added to the waitlist.

Language

Baby Sign Language (0-2yrs)

For more information, see page 9.

Spanish – Beginners (19yrs+)

Learn about Latin culture and its language through dynamic and interactive sessions led by highly experienced native speakers. Everyday topics will be taught.

Tue 2:20-3:20pm Apr 18-Jun 6
Rink Mezz \$100.80/8 sess
442459 Words in Motion

Spanish – Intermediate (19yrs+)

This is for students who have taken beginner Spanish and can converse in Spanish. Learn about Latin culture and its language through dynamic and interactive sessions led by highly experienced native speakers.

Tue 4:45-5:45pm Apr 18-Jun 6
Rink Mezz \$100.80/8 sess
442460 Words in Motion

VLACC Reading Group (16yrs+)

Envisioned in the model of book clubs, this reading group focuses on Latin American short stories. The stories are English translations and the discussions are lead in English. Co-presented with the Latin American Studies department of UBC, a long-time ally, these sessions will generate community dialogues. This event is open to anyone interested in short stories written by Latin American authors. No background in Latin American literature or culture is required. Meetings take place on the 2nd Tuesday of the month. To register, please visit www.vlacc.ca.

Tue 6:00-9:00pm Apr 11, May 9
Conference Room Jun 13, Jul 11
Free VLACC

Dance

Sabor Cubano Movement Workshop (19yrs+)

Learn the foundations of traditional Cuban dances—Mambo, Cha-cha-cha, and Conga—in this first series of six workshops. Afro-Cuban dancer and instructor Yula Vostretsova will provide an inclusive and relaxing environment to explore movement while having fun. Each session will start with a warm-up followed by basic steps and simple movement combinations. Open to all levels of abilities; no previous experience is necessary.

Sat 3:15-5:15pm Apr 22-May 27
CFEC \$94.50/6 sess
443389 Yula

Salsa Cubana & Rueda De Casino

Singles and couples welcome. The basics of Merengue, Bachata and other Latin steps are taught during warm-up. Upon completion of each program, the instructor will assess the student's level and determine if they can move up to the next level.

Beginner (18yrs+)

No experience necessary. This will be your introduction to Cuban Salsa. We will start with the basic steps, at first in a line but soon you will be using what you have learned in the circle-formation known as Rueda.

We will quickly progress to passing followers from one leader to the next, to turns and moves such as Vacilala, Casate, Sombrero, etc.

Wed	7:45-9:15pm	Apr 19-Jun 7
CFEC		\$168/8 sess
442364	Karlos	

Beginner/Intermediate (18yrs+)

We will continue where we left off in the Beginner class and will add more moves, such as La Ye Simple, La Ye, Sombrero Complicado, Tornillo, Pelota, Setenta, etc.

Tue	7:30-9:00pm	Apr 18-Jun 6
Gym C		\$168/8 sess
442363	Karlos	

Intermediate (18yrs+)

We will review the moves learnt in the Beginner/Intermediate class and learn new moves such as La Ye Simple, La Ye, Sombrero Complicado, Tornillo, Pelota, Setenta, etc. No class May 22.

Mon	7:30-9:00pm	Apr 17-Jun 5
Gym C		\$147/7 sess
442362	Karlos	

Advanced (18yrs+)

In this class, you will learn some complex variations of moves, such as Caramelo, Malanga, Camina, A lo Cubano, Setenta y Virate, Despeinala, El Salao, Bombero, etc. as well as moves involving two couples.

Prerequisite: Previous experience, successfully completed Intermediate class, and consultation with the instructor before beginning the course.

Thu	7:30-9:00pm	Apr 20-Jun 8
CFEC		\$168/8 sess
442365	Karlos	

Health & Fitness

Iyengar Yoga (18yrs+)

Physically energizing, deeply relaxing and emotionally uplifting, this program offers instruction in classical yoga with an emphasis on self-awareness and development of strength, stamina, flexibility, balance, body awareness, postural alignment and relaxation. The class is taught with clarity, creativity, attention to detail and sensitivity to individual needs, in an atmosphere of respect, compassion and humour. Safety, back and joint care will be addressed.

Your own mat and equipment is optional but recommended; we have mats and equipment you can use. The instructor will email you before the class to check in. You must have Iyengar experience to do Level 2 & 3. \$21/drop-in. For more info, contact claudiamacyoga@gmail.com.

Level 1 & 2

Tue	Apr 11-Jun 27	CFEC
Claudia		\$214.20/12 sess
440240	9:30-11:00am	
440241	7:00-8:30pm	

Level 2 & 3

Thu	5:30-7:00pm	Apr 13-Jun 22
CFEC		\$196.35/11 sess
440242	Claudia	

Zumba® Fitness (18yrs+)

Zumba® fuses Latin rhythms with easy to follow moves to create a dynamic workout system designed for everyone at any fitness level. We use the fitness principles of interval and resistance training to maximize total body toning.

We combine a variety of styles including Salsa, Cumbia, Merengue, and more giving you a feel-happy workout that is great for both the body and the mind. \$14/drop-in. zumbavancouver.ca

Set 1

Mon	6:00-7:00pm	Apr 17-May 15
Gym C		\$66.15/5 sess
440273	Eric	

Wed	6:00-7:00pm	Gym C
440275	Apr 12	Free Trial ☀️
440276	Apr 19-May 17	\$66.15/5 sess
Denise		

Set 2

Mon	6:00-7:00pm	May 29-Jun 26
Gym C		\$66.15/5 sess
440271	Eric	

Wed	6:00-7:00pm	May 24-Jun 28
Gym C		\$78.75/6 sess
440274	Denise	

Baby and Me Yoga (16yrs+)

See page 9 for more information.

Set 1

Wed	10:30-11:30am	Apr 12-May 17
CFEC		\$92/6 sess
440212	Into Yoga	

Set 2

Wed	10:30-11:30am	May 24-Jun 28
CFEC		\$92/6 sess
440211	Into Yoga	

Stretch Therapy (18yrs+)

Learn the contract and relax technique of PNF stretching plus other partner assisted techniques to release fascia, tight muscles and unlock your joints so you can move with ease. These techniques are so effective, only one or two classes a week are recommended. Release your hamstrings, hips, back and shoulders to improve posture, mobility and range of motion.

For more information, please visit stretchtherapyvancouver.com/community-centres. \$30/drop-in. No class April 10 & 24, and May 22.

Mon	6:45-7:55pm	Apr 3-Jun 5
CFEC		\$183.75/7 sess
440257	Rob	

Core Connect (18yrs+)

Join Meghan Goodman for an hour of pilates and yoga inspired movements to help you connect with your core, stabilize your pelvis, and find more ease and mobility in your limbs. Drawing from training in dance, Pilates and yoga, Meghan will lead you through a fun and challenging class to get you moving, breathing, and feeling good. \$17/drop-in.

Set 1

Thu	11:45am-12:45pm	Apr 6-27
CFEC		\$63/4 sess
440238	Meghan	

Set 2

Thu	11:45am-12:45pm	May 25-Jun 29
CFEC		\$94.50/6 sess
440237	Meghan	

Yogaflex (18yrs+)

Focus on core strength and how to get connected with it. The core work will be incorporated into yoga postures. The class ends with deep stretching and relaxation. You will leave feeling supple and strong. Please bring your own mat. \$14/drop-in. No class April 9 & May 21.

Sun	10:15-11:15am	Apr 2-Jun 18
CFEC		\$105/10 sess
440270	Alex	

Adults

Drop-in Fitness

Zumbash (18yrs+)

Formerly Dance Aerobics. Get your groove on with hot Carib and Latin moves (think Zumba!). Classes are designed to increase in intensity over the session. Guaranteed to increase your fitness level while having fun! Purchase drop-in tickets at pool office. \$6/drop-in or \$45/10 tickets.

Thu 6:30-7:30pm Apr 6-Jun 29 Gym C \$6/drop-in Allyson

HIIT Fitness (18yrs+)

A high intensity interval training (HIIT) workout to shape your abs, legs and arms! Purchase drop-in tickets at the pool office. \$6/drop-in or \$45/10 tickets.

Tue 6:00-7:00pm Apr 4-Jun 13 Gym C \$6/drop-in Allyson

Salsa Fit (18yrs+)

Invigorating and energizing cardio combining high/low impact aerobics with a salsa flare. Great music and lots of fun. Includes a muscular strengthening component and stretching. We have 35 drop-in spots for this program. Purchase drop-in tickets at pool office. \$6/drop-in or \$45/10 tickets. No class April 8 & June 17. **Drop-in procedure:** A class sign up list will be available at the Britannia Pool at 8:30am on the day of the program. Go to the pool office and sign up for that day's program and pay the drop-in rate (or if you have a strip ticket, give it to Denise at the class). The last step is to have a ton of fun working out with us!

Sat 9:30-10:30am Apr 1-Jun 24 Gym C \$6/drop-in Denise



Martial Arts

Ki Aikido (18yrs+)

Aikido is "The Art of Peace". In Ki Aikido, we emphasize the awareness and use of Ki (mind energy, intention). We start a typical class by practicing Ki development exercises to learn coordination of mind and body for relaxed, efficient, and yet powerful movement. Then we practice Ki Aikido exercises using a controlled and choreographed attack from a partner, so we can learn to sense our partner's Ki, and redirect it. The exercises teach us how to transform potential conflict into a peaceful resolution. Suitable for adults of all ages and levels of physical ability. Beginners may try one free class anytime. The High Grade class is for 1st Kyu or more advanced students. No class April 10 & 12, and May 22 & 24.

General

Wed 7:30-9:30pm
Mat Rm
440243 Louis

Apr 5-Jun 28
\$69.30/11 sess
\$10/drop-in

High Grade

Mon 7:30-9:30pm
Mat Rm
440244 Emily

Apr 3-Jun 26
\$57.75 /11 sess
\$6/drop-in

Ki Aikido – Women, Trans and Non-Binary Intro Class (14yrs+)

This class is queer positive and open to self-identified women, trans, Two Spirit and/or gender diverse individuals. Come give the Art of Peace a try in a supportive learning environment! Looking for an embodied practice that helps you deal with the stresses of your daily life? Try Ki Aikido, a non-competitive practice that promotes positive well-being and helps develop calmness, stability and confidence. Improve your mind-body connection, stay relaxed and centered under pressure, and work with connection and energy to flow in dynamic movements with partners. Suitable for all ages and levels of physical ability. Try one free session anytime. \$8/drop-in.

Tue 6:00-7:15pm Apr 25-May 16 Mat Rm \$25.20/4 sess
440245 Emily

Axe Capoeira (16yrs+)

Students in this class must have a minimum of 6 months consistent Capoeira experience, or permission from the school. Students are expected to execute all basic movements. Classes cover all aspects of Capoeira: Martial arts, dance, music, acrobatics, culture, language. Classes focus on developing rhythm, reflexes, balance, coordination, strength, and flexibility. Uniform is required. Fees do not pro-rate; monthly rate only. Mon/Fri classes are in Cafeteria. Weds classes are in CFEC. No class April 7 & 10, and May 19 & 22.

Mon/Wed 6:15-7:30pm Fri 7:30-8:30pm CFEC/Cafeteria \$131.25/mo
440200 Apr 3-28
440199 May 1-31
440201 Jun 2-30 Marcus



Traditional Kung Fu (6yrs+)

This Northern Shaolin Style class will teach you traditional forms, weapon forms, sparring and self-defense. It will help you gain physical and mental strength, and develop self-confidence and discipline. Membership fee of \$2 per month for the Northern Shaolin Lung Chi Cheung Association is included in the fee. Students must be able to attend Monday and Friday classes regularly. Fees do not pro-rate. No class April 28, May 22 & June 9.

Beginner

Mon 4:30-5:45pm Fri 7:00-8:15pm
440261 Apr 14-Jun 30 \$207.90/20 sess

Intermediate

Mon 4:30-6:30pm Fri 7:00-9:00pm
440262 Apr 14-Jun 30 \$224.70/20 sess

Advanced

Mon 4:30-6:30pm Fri 7:00-9:00pm
440260 Apr 14-Jun 30 \$241.50/20 sess
Marquis & Louis CFEC

Leisure Access Program

The Leisure Access Program (LAP) provides low-income City of Vancouver residents with reduced cost programs and services at Britannia and Park Board facilities. LAP card holders may receive up to 50% off certain programs. To learn more and apply, visit:

vancouver.ca/parks-recreation-culture/leisure-access-card



Sports

Badminton (18yrs+)

Come play badminton with us! Singles if it's slow, otherwise doubles. Rotate after your game to get a short break, then more action! There are 30 pre-registered and drop-in spaces available. No class May 5 & 21, and June 18.

Fri 7:00-9:45pm **Apr 14-Jun 30**
Gym C **\$69.30/11 sess**
440213 Allen **\$7/drop-in**

Sun 1:30-3:30pm **Apr 16-Jun 25**
Gym D **\$52/9 sess**
440214 Erica **\$6/drop-in**

Basketball (18yrs+)

Come get your sweat on with our 5 on 5 full court basketball game. First to 15 points, then rotate. 15 players maximum. No drop-ins. No class April 9 & May 21.

Sun 2:00-4:00pm **Apr 2-Jun 25**
Gym C **\$64.05/11 sess**
440220 Simon

Sun 4:00-6:00pm **Apr 2-Jun 25**
Gym C **\$64.05/11 sess**
440221 David

Ball Hockey – Coed (18yrs+)

Fun, recreational ball hockey. No body-checking. All skill levels welcome. Protective gear recommended. Plastic sticks provided. No wooden sticks allowed. Great practice for goalies! \$6/drop-in, space permitting. Register early as this class will fill up! No class May 24.

Wed 7:45-9:15pm **Apr 5-Jun 28**
Gym D **\$69.30/12 sess**
440218 Trey

Ball Hockey – Men (40yrs+)

This is a no-contact, recreational hockey program. Rough play will not be tolerated. No league players. No drop-ins. No class June 18.

Sun 6:45-8:45pm **Apr 9-Jun 25**
Gym D **\$63.53/11 sess**
440219 Edwin

Pickleball (18yrs+)

Pickleball is a sport in which 2-4 players use solid paddles to hit a perforated polymer ball over a net. It is a combination of Ping-Pong, tennis, and badminton. This popular, easy-to-learn and exciting game will get you moving in new and interesting ways. Bring your own paddles and ball if you have them and bring all your friends! \$7/drop-in. No class April 9.

Drop-in rules: Join the drop-in list at the Pool office at the start time of the program. Registered players have 15 minutes to claim their spot, then players on the list will be allowed to join (depending on capacity). Please bring the receipt to the instructor.

Sun 6:15-9:15pm **Apr 2-Jun 25**
Gym C **\$100.80/12 sess**
440246 John

Britannia Boxing (6yrs+)

Britannia's own fun, inclusive, and informative boxing program where anyone can come and learn proper techniques, hit the bags, and workout with our coaches. New bags, gloves, portable ring, and more await you in our boxing gym! Come and visit our wonderful and experienced coaches, learn new skills, and break a sweat while working at your own pace. You can stay as long, or short, as you would like—classes are unlimited. The Boxing Room is located in Gym C. First time participants, pay \$15 drop-in. After this, participants will be expected to pay the monthly fee. Fees cannot be prorated. No class April 7 & 10, and May 22.

Mon-Fri 5:00-7:00pm **Sat 2:00-4:00pm**
Jay **Boxing Rm**
440235 Apr 1-29 **\$94.50/mo**
440234 May 1-31 **\$94.50/mo**
440236 Jun 1-30 **\$94.50/mo**



Volleyball

Drop-in Rules: Join the drop-in list at the Pool Cashier at the start time of the program. Registered players have 15 minutes to claim their spot, after which time players on the drop-in list will be allowed to purchase a spot, space permitting. If you are a drop-in, you must pay and sign in at the Pool Cashier and submit the receipt to the instructor in the gym.



Intermediate (18yrs+)

Two courts and 5-6 players per team. Skill level is intermediate, purely recreational with score keeping. Efforts towards making fair balanced teams to have fun continuous rallies rather than quick side outs. Please join if you have most of the basics. Register for this program to guarantee a spot to play every week. There is a total of 28 spots. Drop-in available, space permitting.

Tue 8:00-10:00pm **Apr 4-Jun 27**
Gym A/B **\$75.08/13 sess**
440265 Minaz **\$6/drop-in**

Thu 7:00-10:00pm **Apr 6-Jun 29**
Gym A/B **\$117/13 sess**
440264 John **\$8/drop-in**

Advanced (18yrs+)

Friday Advanced Volleyball with 5-1, 6-2 format system play is geared towards intermediate and advanced players as this program is based on a higher level of play. The instructor reserves the right to ensure a player's skill level meets the needs of the program or suggest a different program for them. Please join if you absolutely have knowledge of the system format. Efforts are made towards creating fair and balanced teams to have fun, experienced rallies rather than quick side outs. Register for this program to guarantee a spot to play every week. There are a total of 25 registered spots and 4 drop-in only spots. No class May 19.

Fri 7:00-10:00pm **Apr 14-Jun 30**
Gym A/B **\$99/11 sess**
440263 Millin **\$8/drop-in**

55+ Older Active Adults

Welcome to the 55+ Centre

Whether you want to register for an in-person or online class, drop-in for coffee, or just rest your feet awhile—we have something for you. We look forward to welcoming you to our programs or our drop-in hours. For more information, call us at 604.718.5837 or visit: britanniacentre.org/55plus

Staff

Anne Cowan anne.cowan@vancouver.ca
Kya Prince kya.prince@vancouver.ca
604.718.5837

Vietnamese Program

Luong Ho luong.ho@vancouver.ca
604.718-5818

Registration for 55+ Programs

Registration opens on Tuesday, March 7 at 7:00pm (online and in-person only), and by phone on March 8 at 9:00am.

604.718.5800 (1)

vanrec.ca

Seniors, Elders and Advocates (SEA) Committee – Hybrid

We meet to discuss what matters to seniors and older adults in our community. Inclusion, representation and participation of seniors and Elders is of the utmost importance as we discuss programs and services to offer the community that are relevant, needed and valued. New members are welcome and encouraged. Zoom link available upon request.

Wed 3:30-5:00pm
55+ Centre/Zoom

Apr 19, May 17
Jun 21

Free Community Income Tax Clinic

Need help filing your income taxes? Britannia offers a free income tax clinic for people with moderate incomes and simple tax situations. Volunteer tax preparers are trained by Canada Revenue Agency's 'Community Volunteer Income Tax Program' and will keep your information secure and confidential. To book an appointment, please call the Info Centre at 604.718.5800 ext 1. We will start booking appointments in late February. Appointments will take place in the Britannia Library.

Drop-in Hours

	Mon	Tue	Wed	Thu	Fri
9:00am					
10:00am	Drop-in 10:00am-5:00pm	Vietnamese Seniors 9:00am-2:00pm		Drop-in 10:00am-5:00pm	CHAP 9:00am-12:00pm* *Apr 21, May 19, Jun 19
11:00am			Quirk-e 11:00am-1:00pm* *Apr 5, May 3, Jun 7		
12:00pm					
1:00pm					
2:00pm		Drop-in 2:00-4:00pm	Drop-in 10:00am-5:00pm		Drop-in 10:00am-5:00pm
3:00pm					
4:00pm					
5:00pm					

Vietnamese Program / Chương Trình Cao Niên Việt Nam

This program provides settlement services, and educational and informative workshops about federal and provincial programs for Vietnamese seniors. It also raises awareness of issues impacting seniors as well as providing advocacy, information about legal issues, safety, and support resources. If you have any questions, please contact Luong Ho at 604.718.5818 or luong.ho@vancouver.ca.

Cung cấp miễn phí tất cả các dịch vụ hỗ trợ cho cao niên Việt Nam về những chương trình trợ cấp của chính phủ liên bang và tỉnh bang. Bao gồm tiền già (OAS) tiền phụ cấp (GIS), nhà cửa (BC Housing), phụ cấp tiền nhà cho cao niên (SAFER), thẻ xe bus (Bus Pass), thẻ bơi (OneCard). Chương trình cao niên Việt Nam họp mặt vào mỗi ngày thứ ba hằng tuần từ 9:00 sáng đến 3:00 giờ chiều tại Nhà Cao Niên của Trung Tâm Britannia. Chương trình tạo điều kiện cho các cao niên Việt Nam gặp gỡ chia sẻ và hỗ trợ tinh thần, tham dự những buổi nói chuyện phổ biến những thông tin mới về quyền lợi và sức khỏe dành cho cao niên; tổ chức các chương trình vui chơi, du ngoạn... Để biết thêm chi tiết, xin gọi Luong Ho 604.718.5818.

Tue 9:00am-2:00pm Ongoing 55+ Centre Free drop-in

Vietnamese Line Dancing (55yrs+)

Lớp Line Dancing được tổ chức với cơ quan REACH. Dành cho quý vị tuổi từ 55+ tham dự. Lớp hướng dẫn các điệu nhảy nhẹ nhàng và vui nhộn. Tạo điều kiện tập luyện sự thăng bằng và dẻo dai cho cơ thể. Yêu cầu ghi danh tham dự.

Fri 10:00am-12:00pm Apr 14-Jun 30 CFEC Free

Vietnamese Ballroom Dance (55yrs+)

Hướng dẫn các điệu nhảy ballroom phổ biến. Giáo viên chú trọng đến các bước nhảy cùng dáng điệu căn bản cho từng nhịp điệu. Khiêu vũ là cách giúp bạn quên đi mọi âu lo và cùng hòa mình vào từng điệu nhạc. Lớp học được tổ chức chung với cơ quan REACH. Yêu cầu ghi danh tham dự.

Fri 12:00-2:00pm Apr 14-Jun 30 CFEC Free

Special Events

Mother's Day Lunch

Celebrate the women who support us and enjoy an afternoon together at the 55+ Centre. Light lunch and entertainment.

Fri 1:00-3:00pm May 12
55+ Centre Free
456548



NAGAMO

Music Intima and Andrew Balfour (All ages)

Musica Intima will be joined by Cree composer/curator, Andrew Balfour. Compositions by Balfour himself explores universal ideas of governance, diplomacy, and culture, as well as the challenges Indigenous peoples face today.

Thu 1:30pm Mar 23
Gym C Free

Social

Monday Soup (55yrs+)

Monday lunches are back! Join us every Monday for a warm and welcoming homemade soup lunch. A place to rest your feet a while, meet a friend, and enjoy a quiet space for a quick lunch. The staff and volunteers look forward to serving you.

\$3.50/drop-in. Pay at the Pool or Info Centre and bring your receipt to the 55+ Centre. No session April 10 & May 22.

Mon 12:00-1:00pm Apr 3-Jun 26
55+ Centre \$3.50/drop-in
Volunteer

Potluck Thursdays (55yrs+)

Join us at noon on the last Thursday of each month for a potluck lunch. Bring a little something to share. A friendly happy lunch before classes (Cedar Hat Weaving, Thursday Crafts).

Thu 12:00-1:30pm Apr 27, May 25
55+ Centre Jun 29
Free

Seniors Week (June 5-11)

Seniors Week Lunch

Join us for a lunch and entertainment as we celebrate the start of Seniors Week.

Tue 1:00-3:00pm Jun 6
55+ Centre Free
456550

Britannia Art Gallery Exhibition: Celebrating Elder's Artworks – Opening Gala

Celebrating Elders and seniors, the mixed media artworks will include work from our many, diverse senior and Elder participants. The exhibition takes place from June 7-30; join us for the reception on opening night. The Britannia Art Gallery is located in the Library.

Wed 6:30-8:30pm Jun 7
Britannia Art Gallery Free



Sunday Movie Night Series (All ages*)

Everyone is welcome to attend our movie series every Sunday evening. Join us for a season of classics—classics because they are 50-90 years old and classics because they are, as the dictionary says, "judged over a period of time to be of the highest quality and outstanding of their kind." In other words, a season of great movies at Britannia! Doors at 5:45pm. No session May 21.

Sun 6:00-9:00pm Apr 16-Jun 25 55+ Centre Free*
444084 Ken *Registration required.

Date	Movie	Year	Run time
Apr 16	Duck Soup	1933	1h 10m
Apr 23	All About Eve	1950	2h 18m
Apr 30	Wild Strawberries	1957	1h 31m
May 7	Inherit the Wind	1960	2h 08m
May 14	Singin' in the Rain	1952	1h 43m
May 21	No movie (Victoria Day long weekend).		
May 28	Gaslight	1944	1h 54m
June 4	Oliver Twist	1948	1h 56m
June 11	One, Two, Three	1962	1h 50m
June 18	12 Angry Men	1957	1h 36m
June 25	Dr Strangelove	1963	1h 33m

55+ Older Active Adults

Leisure Access Program

The Leisure Access Program (LAP) provides low-income City of Vancouver residents with reduced cost programs and services at Britannia and Park Board facilities. LAP card holders may receive up to 50% off certain programs. To learn more, call at 604.718.5800 (1) or visit:

vancouver.ca/parks-recreation-culture/leisure-access-card

Music

Drum Circle (55yrs+)

Please join Elder Seislem in sharing medicine through drumming, singing and listening. Including smudging and cultural teachings. Every other Monday beginning April 3.

Mon 5:00-6:00pm Apr 3 & 17
55+ Centre May 1, 15, & 29
Free* Jun 12, 26
452247 Seislem
*Registration required.

Ukulele Beginners – Level 1 (55yrs+)

No ukulele experience needed! Ukulele provided but please register so we know how many participants will be attending. No class April 10 & May 22.

Mon 10:00-11:30am Apr 3-Jun 26
55+ Centre Free*
444087 Jane
*Registration required.

Ukulele Jam Circle (All Ages)

Calling all ukulele players to join a friendly jam session in the 55+ Centre with Jane and the 55+ ukulele players. We welcome voices to join in the community sing-a-long too.

Fri 1:30-3:00pm Apr 14, May 5
55+ Centre Jun 2
444089 Jane Free*
*Registration required.



Arts

Indigenous Crafts (55yrs+)

A social afternoon of cultural crafting. Projects are varied and beadwork is a common component. We meet every other Monday beginning April 17.

Mon 1:00-4:00pm Apr 17,
55+ Centre May 1, 15, & 29
Free* Jun 12 & 26
452244 Sabian
*Registration required.

Quirk-e (Hybrid)

Quirk-e is the Queer Imaging and Riting Collective for Elders experimenting with language, printed text, graphics, digital imagery, spoken word, and performance. We meet weekly online, with our in-person/online hybrid session on the 1st Wednesday of each month. Call 604.718.5837 for more information.

Wed 11:00am-1:00pm Ongoing
55+ Centre/Online Free

Wednesday Cedar Weaving (55yrs+)

Enjoy cultural crafting with Cedar, peer support and sharing. Learn to weave small/medium projects with Haida artist Todd "Giihlgigaa" DeVries.

Wed 1:30-4:00pm Apr 12 & 26
55+ Centre May 10 & 24
Free* Jun 7 & 28
452236 Todd
*Registration required.

Knitting Social (All ages)

All ages, from beginner to advanced, we welcome you to join others for an afternoon of knitting and sharing in the cozy 55+ Centre. Tea and coffee will be served. Please register in advance (drop-ins also welcome).

Thu 1:00-3:00pm Apr 6-Jun 29
55+ Centre Free
444236

Healing with Weaving – Cedar Hats (55yrs+)

Welcome to Cedar Hat Weaving with Haida artist Todd "Giihlgigaa" DeVries. In this course you will learn how to create a woven cedar hat using techniques handed down over thousands of years.

Though most hats will follow traditional shapes, there is room for creative interpretation with guidance from Todd and skilled volunteers. Each participant will have access to the tools and cedar warps and wefts to complete their own cedar hat. No session June 29.

Thu 1:30-4:00pm Apr 13-Jun 29
CFEC \$80/12 sess
444113 Todd



Crafting Social (55yrs+)

Whatever your craft, come gather with others to share, chat and work on projects. Coffee, tea and a warm friendly environment awaits you. Please register in advance (drop-ins also welcome). Bring your own craft projects to work on.

Thu 2:00-4:00pm Apr 6-Jun 29
55+ Centre Free
444168

Craft Collective Meetings (55yrs+)

The Craft Collective meets on the 3rd Thursday of each month. New members welcome.

Thu 2:00-4:00pm Apr 27, May 25
55+ Centre Jun 29
Free

*Registration required for most free programs.

Registration opens on Tuesday, March 7 at 7:00pm (online and in-person only), and by phone on Wednesday, March 8 at 9:00am.

Health & Fitness

Badminton (55yrs+)

Fun and easy badminton for older adults. No drop-ins. No class April 8, 10, & 29 and May 20 & 22.

Mon/Wed 11:20am-12:35pm Apr 3-Jun 28
Gym C \$14.70/22 sess
440215 Tho

Tue/Thu 11:20am-12:35pm Apr 4-Jun 29
Gym C \$14.70/24 sess
440217 Tho

Sat 2:00-4:00pm Apr 1-Jun 24
Gym A \$14.70/9 sess
440216 Wally

Boxfit for Seniors (55yrs+)

Want to learn something new and improve your physical fitness and mental alertness? This introduction to boxing class is designed specifically to enhance your strength, balance, coordination, muscular endurance and overall well-being. All fitness levels welcome and all equipment will be provided. No class April 7.

Set 1

Tue/Fri 3:30-4:30pm Apr 4-May 16
Boxing Rm \$65/12 sess
444071 Jay

Set 2

Tue/Fri 3:30-4:30pm May 19-Jun 30
Boxing Rm \$70/13 sess
444073 Jay

Yoga for Aging Well (50yrs+)

Formerly called Yoga 50+. As we move through time, we need to keep moving our bodies. Whether you're brand new to yoga or a seasoned practitioner, if you're 50 or over then this all-levels yoga class is ideal for you. Safety and a pain-free practice is a priority.

Yoga can improve your flexibility, mobility, balance, bone density, and strength. Yoga also has a calming effect on the mind and nervous system. Joan has been teaching yoga for 12yrs+, practicing yoga for 20yrs+, and moving through time for 60yrs+. \$17/drop-in.

Set 1

Mon 2:00-3:15pm Apr 17-May 15
CFEC \$73.50/5 sess
440269 Joan

Set 2

Mon 2:00-3:15pm May 29-Jun 26
CFEC \$73.50/5 sess
440268 Joan

Osteofit (55yrs+)

A gentle strength, balance and coordination program designed to improve fitness and promote healthy bones. This program focuses on improving individual functional ability and quality of life, and reducing the risk of falls and fractures. The program is taught by a trained Osteofit fitness instructor. No drop-ins. No class April 10 & May 22.

Set 1

Mon 11:00am-12:00pm Apr 17-May 15
CFEC \$50/5 sess
444074 Berdjis

Set 2

Mon 11:00am-12:00pm May 29-Jun 26
CFEC \$50/5 sess
444075 Berdjis

Strength Training for Adults 55yrs+ – Beginner

This course will show you how to use the cardio and weight equipment for a safe and effective workout. By the end of the course, you will have a written and personalized program that you will be able to continue to use on your own. Please pre-register at least a week prior to the start date so that a confidential health screening can be done. No class April 9.

Sun 9:00-10:00am Mar 26-Apr 23
Fitness Centre \$30/4 sess
450686 Jane



FitNation (55yrs+)



FitNation is an eight-week aquatic fitness program that will take place at Britannia Pool. It is a free, registered program for Elders in the community who are interested in improving their mobility, agility, balance and general fitness level. Prizes to be won! Snacks provided after class. Led by Brenlee, a BCRPA SFL and FitNation certified Leader.

No class Apr 12.

Wed 10:15-11:15am Mar 29-May 24
Britannia Pool Free*
452597 Brenlee
*Registration required

Dance

Line Dancing (55yrs+)

This class is filled with fun, light musical movements, lots of laughs and is a great way to exercise and socialize.

Tue 1:00-3:00pm Apr 4-Jun 27
CFEC \$10/13 sess
444063 Anita

Classical Chinese Dance (55yrs+)

Classical Chinese dance uses body language to express graceful movements to music. This is a great way to enjoy music, exercise and learn about Chinese culture! No class April 9 & May 21.

Sun 2:00-4:00pm Apr 2-Jun 25
CFEC \$10/11 sess
444065 Helen

Chinese Folk Dance (55yrs+)

Traditional Chinese folk dancing lessons. Everyone is welcome! Program is free but you must register. This class is taught in English and Mandarin. No drop-ins.

Thu 9:00-11:00am Apr 6-Jun 29
CFEC \$10/13 sess
444064 Volunteer

Vietnamese Ballroom Dance (55yrs+)



Hướng dẫn các điệu nhảy ballroom phổ biến. Giáo viên chú trọng đến các bước nhảy cùng dáng điệu cần bản cho từng nhịp điệu. Khiêu vũ là cách giúp bạn quên đi mọi âu lo và cùng hòa mình vào từng điệu nhạc. Lớp học được tổ chức chung với cơ quan REACH. Yêu cầu ghi danh tham dự.

Fri 12:00-2:00pm Apr 14-Jun 30
CFEC Free

Vietnamese Line Dancing (55yrs+)



Lớp Line Dancing được tổ chức với cơ quan REACH. dành cho quý vị tuổi từ 55+ tham dự. Lớp hướng dẫn các điệu nhảy nhẹ nhàng và vui nhộn. Tạo điều kiện tập luyện sự thăng bằng và dẻo dai cho cơ thể. Yêu cầu ghi danh tham dự.

Fri 10:00am-12:00pm Apr 14-Jun 30
CFEC Free

55+ Older Active Adults

Friday Wellness

Chair Yoga (55yrs+)

Chair yoga is an accessible and gentle seated practice designed to help you feel more energized and calm.

We'll explore simple and easy movements to mobilize your whole body, breath work to calm the nervous system, and other brain and mood stimulating techniques to help you feel more connected with ease.

Set 1

Fri 12:15-1:15pm **Apr 14-May 19**
55+ Centre **\$10/6 sess**
444067 Bryony

Set 2

Fri 12:15-1:15pm **May 26-Jun 30**
55+ Centre **\$10/6 sess**
444068 Bryony

Wellness Friday Café

Drop-in for a cup of tea or coffee, crafting, speakers and an afternoon social. The first session this spring is April 7.

Fri 2:00-4:00pm **Ongoing**
55+ Centre **Free**

Cardiovascular Health Awareness Program (CHAP) at Britannia / Programme de Sensibilisation à la Santé Cardiovasculaire (PSSC) à Britannia

A community health program for French-speaking aging adults (45yrs+) living in and/or around downtown Vancouver. Drop-in for a free session one Friday morning a month; participate as many times as you wish. Participants will learn about managing their blood pressure, how to reduce risk factors through healthy behaviours, and resources in the community that can support their effort. For more details, contact Eleonore Tremblay at etremblay@resosante.ca or 604.379.9296.

Un programme de santé communautaire pour les francophones âgés de 45 ans+ qui habitent dans et/ou autour du centre-ville de Vancouver. Séance de porte ouverte, gratuite, un vendredi matin par mois. Vous participez aussi souvent que vous voulez. Les participants apprendront comment gérer leur pression artérielle; réduire l'impact des facteurs de risque pour leur santé à travers les saines habitudes de vie; et se familiariseront avec des ressources dans la communauté pour les soutenir pendant leurs démarches. Contactez Eleonore Tremblay à etremblay@resosante.ca ou 604.379.9296 pour plus de détails.

Fri 9:00am-12:00pm **Apr 21, May 19, Jun 16** **55+ Centre**
Free **Eleonore**



55+ Program Calendar

Mon	Tue	Wed	Thu	Fri	Sat	Sun
Ukulele Beginners* 10:00-11:30am Osteofit* 11:00am-12:00pm Badminton* 11:20am-12:35pm Monday Soup 12:00-1:00pm Indigenous Crafts* 1:00-4:00pm Yoga For Aging Well* 2:00-3:15pm Drum Circle* 5:00-6:00pm	Vietnamese Drop-in 9:00am-2:00pm Badminton* 11:20am-12:35pm Line Dancing* 1:00-3:00pm Boxfit* 3:30-4:30pm	FitNation* 11:00am-12:00pm Quirk-e (Hybrid)* 11:00am-1:00pm Badminton* 11:20am-12:35pm Cedar Weaving* 1:30-4:00pm	Chinese Folk Dance* 9:00-11:00am Badminton* 11:20am-12:35pm Knitting Social 1:00-3:00pm Healing with Weaving - Cedar Hats* 1:30-4:00pm Craft Collective 2:00-4:00pm Apr 27, May 25, Jun 29	Vietnamese Line Dancing* 10:00am-12:00pm Vietnamese Ballroom Dance* 12:00-2:00pm FRIDAY WELLNESS CHAP 9:00am-12:00pm Chair Yoga* 12:15-1:15pm Wellness Friday Café 2:00-4:00pm Boxfit* 3:30-4:30pm	No programs on stat holidays. *Registration required. Registration opens on Tuesday, March 7 at 7:00pm (online and in-person only), and by phone on March 8 at 9:00am. Strength Training* Sun 9:00-10:00am Badminton* Sat 2:00-4:00pm Classical Chinese Dance* Sun 2:00-4:00pm Sunday Movie Night Series* 6:00-9:00pm	

Welcome to the Fitness Centre

Hours

Mon-Fri	7:00am-9:00pm
Sat (Women Only*)	8:00am-10:00am
Sat	10:00am-7:00pm
Sun (55+ Only)	8:00am-10:00am
Sun	10:00am-7:00pm

*Trans inclusive.

Hours are subject to change. For up-to-date information, visit:

britanniacentre.org/fitness_centre



Facility Orientations



Let us help you reach your fitness goals. Whether you need instruction, motivation, or support, our highly trained staff are here to help you succeed. Enlist one of our staff to get you started in the Fitness Centre with an orientation on our fitness equipment and a starter fitness program.

Please call ahead to make an appointment for a fitness orientation 604.718.5842.

Flexipass Membership

Enjoy flexible and affordable recreation with our no-contract all-access pass. Purchase a monthly Flexipass at any Park Board fitness centre and receive unlimited access to our 15 fitness centres, 9 indoor pools, 4 outdoor pools and 8 ice rinks. For more information and locations visit vancouverparks.ca.

Outside Trainers

This type of special admission is for personal trainers, occupational and recreational therapists, and physiotherapists. Outside trainers will need to be registered with either the Park Board or Britannia. Both trainer and client must pay for admission to the Fitness Centre. A training fee of \$6.99 per client also applies (fees are subject to change).

Supporting a participant? Attendants get free access

The Fitness Centre and Pool give free access to attendants required to assist persons with disabilities needing support to swim or exercise. Support is defined as assistance of a physical, psychological, emotional, intellectual, or sensory nature to ensure the patron with the disability can participate.

Strength Training for Adults 55yrs+ – Beginner

This course will show you how to use the cardio and weight equipment for a safe and effective workout. By the end of the course, you will have a written and personalized program that you will be able to continue to use on your own. Please pre-register at least a week prior to the start date so that a confidential health screening can be done. No class April 9.

Sun	9:00-10:00am	Mar 26-Apr 23	Fitness Centre	\$30/4 sess
450686	Jane			

2023 Pool and Fitness Centre Fees

	Drop-in	10 Visit Pass	1 Month Flexipass	3 Month Flexipass	12 Month Flexipass	Britannia Membership
Adult (19-54)	\$7.20	\$63.39	\$55.44	\$149.96	\$479.00	\$3.00
Youth (13-18)	\$5.04	\$44.37	\$38.31	\$104.78	\$335.30	\$1.00
Child (6-12)	\$3.60	\$31.70	\$27.72	\$74.84	\$239.50	\$1.00
Senior (65+)	\$5.04	\$44.37	\$38.31	\$104.78	\$335.30	\$1.00
Britannia-Only Senior (55+)	\$5.04	\$44.37	\$38.31	\$104.78	\$335.30	\$1.00

Please note: Prices include tax. Fees subject to change without notice.

Family Drop-in Rate = 1 to 2 adults of the same household and their children under 19yrs. Minimum \$6.34 admission.

Leisure Access Fitness Centre Admission rate is 50% off adult admission and Flexipass.

Britannia Holiday Hours

Info Centre, 55+ Centre & Teen Centre

Apr 7	Good Friday	CLOSED
Apr 10	Easter Monday	CLOSED
May 22	Victoria Day	CLOSED

Pool & Fitness Centre

Apr 7	Good Friday	1:00-5:00pm
Apr 10	Easter Monday	1:00-5:00pm
May 22	Victoria Day	1:00-5:00pm

Please note: Hours are subject to change.

Rink

Apr 7	Good Friday	6:00-12:00am
Apr 10	Easter Monday	6:00-12:00am*
May 22	Victoria Day	6:00-12:00am*

*No public programming. For our current schedule, visit: britanniacentre.org/ice_rink

Welcome to the Britannia Pool

The 25m main pool features a 1m diving board, slide and rope swing. Relax in the on-deck whirlpool, steam room, or in the saunas in the change rooms. For those with young children, we have a warm, shallow leisure pool equipped with a variety of spray features.

Hours

Mon-Fri 6:30am-9:00pm
Sat-Sun 1:30-7:00pm

Hours are subject to change.

Pool Schedule

Our current pool drop-in schedule is available at the Pool Cashier, the Info Centre and online at:

britanniacentre.org/pool

Contact

Pool Cashier 604.718.5831
Pool Programmer 604.718.5830

Admission Policy for Children

Children under 8yrs must be accompanied in the water by a responsible person who is 16yrs or older and always within arm's reach.

Parent and Tot Pool

The leisure pool is open during most public swims for families with young children five years and under. The parent and tot pool is not open to the public during lessons or lengths. Please check our website for our up-to-date schedule:

britanniacentre.org/pool

Pool and Fitness Centre Committee

Join the Pool and Fitness Centre Committee. New members are always welcome! This is an advisory committee which provides recommendations to the Britannia Board of Management in the area of Pool and Fitness Centre programming and facilities. Meetings take place on the last Tuesday every other month. For more info please call 604.718.5830.

Tue 6:00pm Mar 28, May 30

Swim Sessions

View our current pool schedule online at:

britanniacentre.org/pool

Free Family Swim

Free family-friendly swims for children and youth and their chaperones.

Fri 6:00-8:00pm **Mar 17 & 31**
Britannia Pool **Apr 14 & 28**
Free **May 12 & 26**
Jun 9 & 23

Free Youth Swim (11-18yrs)

Britannia's youth-only swim time, every other Friday. Contests, prizes, games and crazy staff! Swim lessons are available to interested youth for the first 30 minutes; work on skills or improve your swimming abilities. *No session April 7.

Fri 6:00-8:00pm **Mar 10 & 24**
Britannia Pool **Apr 21***
Free **May 5 & 19**
Jun 2, 16, & 30

FitNation (55yrs+)

FitNation is an 8 week aquatic fitness program that will take place at Brit Pool. It is a free, registered program for Elders in the community who are interested in improving their mobility, agility, balance & general fitness. Snack provided. **No class Apr 12**

Wed 10:15-11:15pm **Mar 29-May 24**
Britannia Pool **Free***
Brenlee 452597 *Registration required

Public Swim

Swim, dive, splash, have fun! All are invited to join in the activities. One lane is set aside for continuous length swimming. The leisure pool is usually open during this time for families with young children—please check our online schedule to confirm. Regular admission rates apply.

Please note: During some public swim sessions only part of the pool is available. The pool may be shared with Aquafit, lessons, school groups or swim club.

Aquafit

Drop-in water exercises to music. Work to your own ability. Classes are designed to build strength, flexibility and cardio fitness. Mild, moderate, shallow and deep water classes are offered. Led by certified instructors.

The majority of Aquafit spaces are by registration only, with some spaces held for drop-in. To avoid disappointment we encourage participants to register in advance online or by phone. Registration opens 3 days before program date at 12:00pm.

Lengths

The pool is divided into 25m lanes (slow, medium and fast). Enjoy the whirlpool, steam room or sauna as well. Anyone 16yrs+ who is capable of swimming the length of the pool is welcome. **Please Note:** Patrons under 16yrs must speak to one of the lifeguards prior to attending these sessions.

Swim Lesson Registration

Online and in-person registration for spring swim lessons and programs at all pools, for all age groups starts Tuesday March 14, 2023 at 7:00pm

If you are already participating in a class, you are encouraged to wait until you receive a report card on the last day of class to register for the next set. It's important to register in the correct level (see the table to the right for new levels). Children registered in an inappropriate level will be moved to the proper level if space is available, or refunded from the lesson. Please bring the most recent report card to the first day of lessons.

All lessons must meet minimum space requirements to run. For more information, please visit:

vancouver.ca/parks-recreation-culture/child-and-youth-swim-lessons

Swim Assessments

If you are unsure of which level to register, we offer swim assessments during our public swims. If your child is under 8yrs, we require a parent/guardian to assist in the water during the assessment.

Refunds & Cancellations

Full refunds given five or more working days prior to the start of the program. If request received within four working days of the start of the program or after the first program date (class/lesson), we refund registration fee minus the cost of one class or transfer to a future session. No refunds issued after the second date of the program. Fees for one or two-day programs are non-refundable.

Private/Semi-Private Lessons (All Ages)

One-on-one or one-on-two with a swimming instructor for a set of lessons to improve specific swimming skills. Instructors may vary from week to week.

Private: \$33.32 / Semi Private: \$11.48
(plus applicable taxes)

Birthday Parties

Book the parent and tot pool for your birthday party! Maximum of 30 people per party. Register online at vanrec.ca, in person or by phone 604.718.5831.

You may also arrange to rent a party room through the Community Centre's Facility Support Clerk at 604.718.5812 or britanniafacilitysupport@vancouver.ca.

Sun 10:00-11:00am \$75*

*Includes lifeguard fee.

Transition to Swim For Life Lessons

As of January 1, 2023 the Canadian Red Cross will no longer be providing swimming lessons as they focus all their efforts as an organization on humanitarian aid. They have endorsed the Lifesaving Society's Swim for Life program and the Vancouver Board of Parks and Recreation has implemented this program as we continue to offer swimming lessons. Please see how each level will transition to the new program below.



Switching from Red Cross Swim to Swim for Life Level Guide

Retired Preschool Program	NEW PRESCHOOL	Retired Children Program	NEW CHILDREN'S
SWIM PRESCHOOL AGES 4 MONTHS-5 YEARS	 AGES 4 MONTHS-5 YEARS	SWIM KIDS AGES 5-12 YEARS	 AGES 5-12 YEARS
Parent and Tot 1 4-12 months (Parented) Starfish	Parent & Tot 1 4-12 months Jellyfish	Swim Kids Level 1 <i>Incomplete; register into Swimmer 1</i> <i>Complete; register into Swimmer 2</i>	Swimmer 1
Parent and Tot 2 12-24 months (Parented) Duck	Parent & Tot 2 12-24 months Goldfish	Swim Kids Level 2 <i>Incomplete; register into Swimmer 2</i> <i>Complete; register into Swimmer 2</i>	Swimmer 2
Parent and Tot 3 24-36 months (Parented) Sea Turtle	Parent & Tot 3 24-36 months Seahorse	Swim Kids Level 3 <i>Incomplete; register into Swimmer 2</i> <i>Complete; register into Swimmer 3</i>	Swimmer 3
Preschool 1 3-5 years <i>Incomplete; register into Preschool 1</i>	Preschool 1 3-5 years Octopus	Swim Kids Level 4 <i>Incomplete; register into Swimmer 3</i> <i>Complete; register into Swimmer 3</i>	Swimmer 4
Sea Otter <i>Complete; register into Preschool 2</i>	Preschool 2 3-5 years Crab	Swim Kids Level 5 <i>Incomplete; register into Swimmer 3</i> <i>Complete; register into Swimmer 4</i>	Swimmer 5
Preschool 2 3-5 years <i>Incomplete; register into Preschool 2</i>	Preschool 3 3-5 years Orca	Swim Kids Level 6 <i>Incomplete; register into Swimmer 4</i> <i>Complete; register into Swimmer 5</i>	Swimmer 6
Salamander <i>Complete; register into Preschool 3</i>	Preschool 4 3-5 years Sea Lion	Swim Kids Level 7 <i>Incomplete; register into Swimmer 5</i> <i>Complete; register into Swimmer 6</i>	Swimmer 7 Rookie
Preschool 3 3-5 years <i>Incomplete; register into Preschool 3</i>	Preschool 5 3-5 years Narwhal	Swim Kids Level 8 <i>Incomplete; register into Swimmer 6</i> <i>Complete; register into Swimmer 7</i>	Swimmer 8 Ranger
Sunfish <i>Complete; register into Preschool 4</i>		Swim Kids Level 9 <i>Incomplete; register into Swimmer 7</i> <i>Complete; register into Swimmer 8</i>	Swimmer 9 Star Patrol
Preschool 4 3-5 years <i>Incomplete; register into Preschool 4</i>		Swim Kids Level 10 <i>Incomplete; register into Swimmer 8</i> <i>Complete; register into Swimmer 9</i>	
Crocodile <i>Complete; register into Preschool 5</i>			
Preschool 5 3-5 years <i>Incomplete; register into Preschool 5</i>			
Whale <i>Complete; register into Preschool 5</i>			

Ice Rink



Public Skates

To view our current public skating schedule, visit:

britanniacentre.org/ice_rink

Join the Arena Committee!

The Arena Committee meets the 1st Tue of the month at 6:30pm at the call of the chair. For more information contact the Arena Programmer, Susy Bando, at susy.bando@vancouver.ca.

Arena Programs

Adult Hockey (19yrs+)

Recreational hockey game for those 19yrs+. Full gear is required; no rental equipment is provided. Sign-up is available 3 days prior to the session date. Drop-ins are accepted only if space remains.

Wed 3:15-4:45pm Apr 5-Jun 28
Regular admission rates apply.

Adult Stick, Puck and Ring (19yrs+)

Come out during the noon hour and practice your hockey skills. Sign-up for the program is available weekly online starting at noon, 3 days before the session date. Helmets are mandatory during this session. Full hockey equipment is recommended. Sorry, no scrimmage.

Fri 12:00-1:30pm Apr 7-Jun 30 Regular admission rates apply.

Women + Gender Diverse Hockey (19yrs+)

This pick up hockey program is perfect for women and gender diverse individuals who who want to play hockey in a safe and inclusive environment. Encourage and be encouraged while continuing with your own hockey development. Full hockey equipment is mandatory. Sign-up for the program is available online starting at noon each Thursday.

Sun 4:45-6:00pm Apr 9-Jun 25 Regular admission rates apply.

Britannia Women + Gender Diverse Hockey League (19yrs+)

Britannia's popular hockey league, inclusive of all women and gender diverse individuals, will begin on May 16 with an on-ice evaluation. Games will be played from May 23-July 25. This league is perfect for novice to intermediate players who wants to play organized recreational hockey this spring. Games are non-contact, non-aggressive and fun!

Full hockey equipment is mandatory. All games are played on Tuesdays at 6:15 or 7:45pm. Players will be assessed at an on-ice evaluation session on May 16 and placed onto teams by the league coordinator. **Registration for this program begins Thursday, March 9.**

Tue 6:15-9:00pm May 9-Jul 25
449636 \$189/10 sess

Britannia Co-ed Hockey League (19yrs+)

Take hockey back to the level it is meant to be played at—friendly and fun! The Britannia Co-ed League is perfect for novice to intermediate hockey players looking to play in a non-contact, recreational hockey league in the off-season.

Full equipment is mandatory and all players must wear at least a half shield on their helmet. The league will run from May 20-Aug 12, with evaluations taking place on Sat, May 13. All players will be assessed and placed onto teams by the league coordinators. Games are played on Saturdays at 5:00, 6:30, 8:00. No games July 1. **Registration for this program begins Thursday, March 9.**

Sat 4:30-10:15pm May 13-Aug 12
449647 Players: \$210/12 sess
449649 Goalies: \$42/12 sess

2023 Rink Admission Fees

Adult (19-54yrs)	Youth (13-18yrs)	Senior (55yrs+)	Child (6-12yrs)	Family	Skate Rentals	Skate Sharpening
\$7.20/Drop-in \$63.39/10 visits	\$5.04/Drop-in \$44.37/10 visits	\$5.04/Drop-in \$44.37/10 visits	\$3.60/Drop-in \$31.70/10 visits	*at Child rate (Family minimum \$6.99)	\$3.63	\$7.47

- Prices include tax. Prices are subject to change without notice.
- Britannia Ice Rink 10 visit cards are valid at all Vancouver Park Board operated rinks.
- A 20% discount on admission is given to groups of 10 or more.
- Stick & Puck sessions are at the Adult rate.
- Flexipasses may be used for public skating, Adult Stick and Puck, Adult Hockey and Women + Gender Diverse Hockey sessions. For 2023 Flexipass rates, see page 29.
- *Family rate is 1-2 adults from the same household and their children under 19yrs, all present at time of admission. \$3.60 per person (not including taxes).
- Children under 8yrs MUST be accompanied on ice by an individual 16yrs+.
- Helmets are strongly recommended for all public sessions and are mandatory for all participants of Family Fun Hockey.
- Adult hockey programs require full equipment. Participants must sign a waiver at the beginning of each session.

Skating Lessons

Registration for **Set 1 spring** skating lessons begins on Wednesday, March 29 at 9:00am in-person and online, and at 1:00pm by phone. Registration for **Set 2 spring** skating lessons begins on May 17 at 9:00am in-person and online, and at 1:00pm by phone.

Please note: Skating lessons are very popular and fill up quickly, so register early.

For Britannia lessons:

- Skate rentals are included in the cost of lessons;
- All skating lesson participants must wear a CSA-certified hockey helmet or a snowboarding helmet. A limited number of hockey helmets are available to use free of charge.



To help you register online for the correct level, please refer to your most recent Skating Report Card and/or refer to the specific level descriptions to determine which class best matches the skater's ability. If you are unsure of the level, have an on-ice evaluation completed at any Vancouver Park Board Rink during a public skate. Students will not be transferred if they are not registered in the appropriate level; a prorated refund will be issued after the first class.

If the lessons you want to register for are full please put your name on the waitlist. We schedule additional classes whenever possible. Please register in one (1) set of lessons only.

Learn to Skate Lessons (3yrs+)

The Vancouver Park Board Learn to Skate program focuses on skill acquisition through activities and games. Our energetic instructors teach you to skate with safety in mind. All lessons are 30 minutes and are led by qualified instructors.

Set 1

Tue	6:00-8:00pm	Apr 4-May 9 \$42/6 sess
Sat	10:00am-12:15pm	Apr 8-May 20 \$49/7 sess

Set 2

Sat	9:00am-12:15pm	May 27-Jun 24 \$42/6 sess
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Preschool Levels (3-5yrs)*

Level 1: This is an entry level skating class for students 3-5 years old.

Level 2: Can stand up on ice in skates unassisted; can take 6 steps forwards and backwards.

Level 3: Can glide on two feet for ½ m. Intro to stopping, scraping and double sculling.

Level 4: Can skate forward on alternating feet, perform forward double sculling, snowplow stop, and can skate backwards across the rink.

Level 5+: Can do "V" pushes (left and right), glide on one foot for ½ meter (both feet), glide on two feet on a curve, and do a half snowplow stop.

Children/Youth/Adult Levels*

Level 1: This is an entry level skating class.

Level 2: Can get up unassisted, skate across the rink, and glide on two feet for 2m.

Level 3: Can skate forward on alternating feet, glide on one foot for 1m, forward glide on two feet on a curve, and perform a forward snowplow stop.

Level 4: Can skate forward using "V" pushes, glide on one foot for 3m, and do a half snowplow stop, forward single sculling, and backward double sculling.

Level 5: Can glide backwards on both feet for 2m, skate backward skating using "C" pushes, and can do a side and/or hockey stop, backward half snowplow, and forward circle thrust.

Level 6: Can do forward crossover, backward circle thrust, backward half snowplow, and can glide backward on two feet on a curve.

***For a full description of skate lessons see individual class descriptions online at vanrec.ca (set location to Britannia Rink).**

Power Skating Lessons (8yrs+)

Work on skating skills that will strengthen your hockey games. Improve your speed, power, technique and control with our power skating lessons offered on Sunday afternoons. Learn proper skating posture and the importance making the most out of your edges.

Set 1

Sun	3:30-4:30pm	Apr 9-May 14 \$63/6 sess
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Set 2

Sun	3:30-4:30pm	May 21-Jun 25 \$63/6 sess
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How to Register

There are 3 ways to register for Britannia skating lessons:

1. Register in-person at the Info Centre or Pool.
2. Register online at vanrec.ca.
3. Register by phone.

Registration for **Set 1 spring** skating lessons begins on Wednesday, March 29 at 9:00am in-person and online, and at 1:00pm by phone.

Registration for **Set 2 spring** skating lessons begins on Wednesday, May 17 at 9:00am in-person and online, and at 1:00pm by phone.

Please note: Skating lessons are very popular and fill-up quickly.

Partners



Grandview Woodland Food Connection

Grandview Woodland Food Connection (GWFC) is dedicated to supporting healthy food access for all. In partnership with Britannia Community Centre, the GWFC is pleased to offer a range of community food programs. If you'd like to participate in a program or get involved, email Ruth Elizabeth at gwfcnetwork@gmail.com. **See page 20 for GWFC food workshops.** For more information visit:

www.gwfoodconnection.com

Garden Enthusiasts / Garden Ambassadors

Come volunteers with us and help us care for our gardens! During these weekly garden work parties and skill sharing sessions, you will have the opportunity to gain hands on experience and learn from experienced gardeners. We'll work together to care for the gardens by planting, watering, weeding, and harvesting together (and yes, you will enjoy the harvest as well). All are welcome. Rain or shine. Please send an email to Ruth Elizabeth at gwfcnetwork@gmail.com if you are interested. No session April 9, May 21, and June 4.

Sun 10:00am-1:00pm Apr 2-Jun 18
Transformed Life Garden Victoria

Britannia Bulk Buy Food Club

Interested in fresh, healthy, and affordable food at wholesale prices? Once a month, you can purchase a \$15 box of assorted produce at Britannia Community Centre. Buying together with your neighbours can help you save over 40% on your food bill. You get 10-14 varieties of fruits and veggies plus access to supplemental donations. Email bbbfoodclub@gmail.com or call Ruth Elizabeth at 604.718.5895 for more info or to be added to the waitlist.



Canucks Family Education Centre

The Canucks Family Education Centre (CFEC) provides quality family literacy and early learning programs for children, youth and adults. All programs are free of charge and offer our Get Ready 2 Read (GR2R) Early Learning Program for the pre-school age children of participants.

Registration is required for all programs. To register contact Lina Arias at lina.cfec@gmail.com. For all other enquires please contact Jean Rasmussen, Executive Director, at 778.321.3487 or jean.cfec@gmail.com.

Britannia Partners in Education (PIE):

Britannia Secondary School, CFEC Rm 109A

English Foundations 3-5

Tue/Wed 9:30-11:45am

English Foundations 6/7 & English Composition 11

Tue/Wed 12:15-2:30pm

English for Speakers of Other Languages (ESOL)

Fri 10:00am-12:30pm

GR2R Family Resource Program

Thu 10:00am-12:00pm

EDMONDS PIE PLUS:

Edmonds Community School, Rm 115

English Foundations 1-3

Tue/Wed/Thu 12:25-2:45pm

English Foundations 4-7

Mon/Fri 12:25-2:45pm

MAYWOOD PIE PLUS 2:

English Foundations 6/7, English Composition 11/12, & English Studies 12

Tue/Wed/Thu 12:25-2:35pm
Maywood Community School, Adult Room (North Wing)



Vancouver Latin American Cultural Centre (VLACC)

Established in 2012, VLACC is a non-profit organization that celebrates cultural diversity by sharing Latin American culture with all! VLACC offers the opportunity to learn more about Latin American arts and culture, make new friends, contribute to your community, and have a wonderful time doing it! Most of their programs are in English and admission is often free. Many programs are offered at Britannia.

Activities encompass concerts, visual art, author readings and discussions, youth activities, choral singing and more. VLACC is working on establishing a physical hub for Latin American artists and audiences to celebrate the importance of the Latin American community in Canada. For more information, visit: vlacc.ca

VLACC Reading Group (16yrs+)

This reading group focuses on Latin American short stories. The stories are in English translations and the discussions are lead in English. Co-presented with the Latin American Studies department of UBC, a long-time ally, these sessions will generate community dialogues. This event is open to anyone interested in short stories written by Latin American authors. No background in Latin American literature or culture is required. Meetings take place on the 2nd Tuesday of the month. To register, please visit www.vlacc.ca.

Tue 6:00-9:00pm Apr 11, May 9
Conference Room Jun 13, Jul 11
Free VLACC

Explore Latin American Culture (6-10yrs)

NEW

Britannia is excited to introduce a Latin American inspired spring break camp, in partnership with Vancouver Latin American Cultural Centre (VLACC). Children will explore music, arts and crafts, dance, language, and food. There will be time for outdoor fun, guest artists, and making friends. Please pack a lunch, nut free snacks, and a water bottle. Dress for the weather with hat and sunscreen. All supplies included. Thank you to VLACC (vlacc.ca).

Mon-Fri 10:00am-4:00pm Mar 13-17
RAR \$160/5 sess
432449 VLACC



Eastside Family Place

Eastside Family Place is a community support and resource centre for parents/ caregivers and their young children up to age 6yrs. We offer many programs, along with support and referral services. Contact us for more details.

Annual membership fee is required. Subsidies available upon request.

Contact

1655 William St. 604.255.9841
info@eastsidefamilyplace.org
www.eastsidefamilyplace.org

Family Playtime

Adults can visit with each other while engaging with their children in a warm, educational environment. Children have opportunities to socialize and learn through playing developmentally stimulating activities. Both Indoor Playtime and Backyard Playtime are available throughout the week.

M/W/F	9:00am-12:00pm	Families
Tue/Thu	9:00am-12:00pm	Caregivers
Tue/Thu	1:00-2:30pm	Families & Caregivers

Parenting Education & Support

ESFP regularly offers a wide variety of excellent free programs, workshops, and groups, such as:

- **Nobody's Perfect** (a parenting empowerment group)
- **Circle of Security** (understand attachment needs and its relation to children's behaviour)
- **Family Rhythm, Rhyme + Movement** (early language and music program)
- **Cooking Skills**
- **Mama Ganso/Spanish Mother Goose**
- **Parents of Babies: A Weekly Baby Group**

Check our website for dates and times.

Licensed Occasional Childcare

For ages 18mos to early 6yrs. Advance booking required. Call 604.251.1018.



VANCOUVER PUBLIC LIBRARY

Britannia Branch

Hours

Mon/Thu/Fri/Sat	9:00am-6:00pm
Tue/Wed	9:00am-9:00pm
Sun	1:00-5:00pm

Contact

604.665.2222 vpl.ca

Children & Teen Programs

Babytime (0-18mo)

Tue 10:00am & 11:00am Apr 4-May 16

Family Storytime (18mo-5yrs)

Thu 10:00am & 11:00am Apr 6-May 18

Teen Advisory Group (T.A.G.)

Share ideas about library programs, services, and collections. Every other Tuesday or Thursday on Zoom. Email teens@vpl.ca to register.

Tue/Thu 4:00-5:00pm

Adult Programs

Connection to Kith and Kin Online: Indigenous Ancestry Search

For more information and to register, visit: vpl.ca/program/kith-kin

Tue 2:30-4:30pm Apr 11-May 30

One-on-One Computer Help

Register by phone (604.665.2222) or in-person.

Tue 2:00pm & 3:00pm Ongoing

ESL Conversation Practice

Register by phone (604.665.2222), in-person, or online at vpl.ca/events.

Wed 2:00-3:00pm Ongoing

To check out what else is happening at the library, visit:

vpl.ca



Community Action Program for Children

CAPC is a community-based children's program that promotes the healthy development of young children. All programs are free and for parents with children aged 0-6.

Spanish Mother Goose / Mama Ganso (0-3yrs)

Enjoy one hour of rhymes, songs, games and stories in Spanish with your child. No session May 22.

Disfrute de una hora de rimas, canciones, juegos y cuentos en Española consus pequeños.

Mon	Apr 17-Jun 12	Rink Mezz
Rita		Free*

1-2yrs 10:30-11:30am

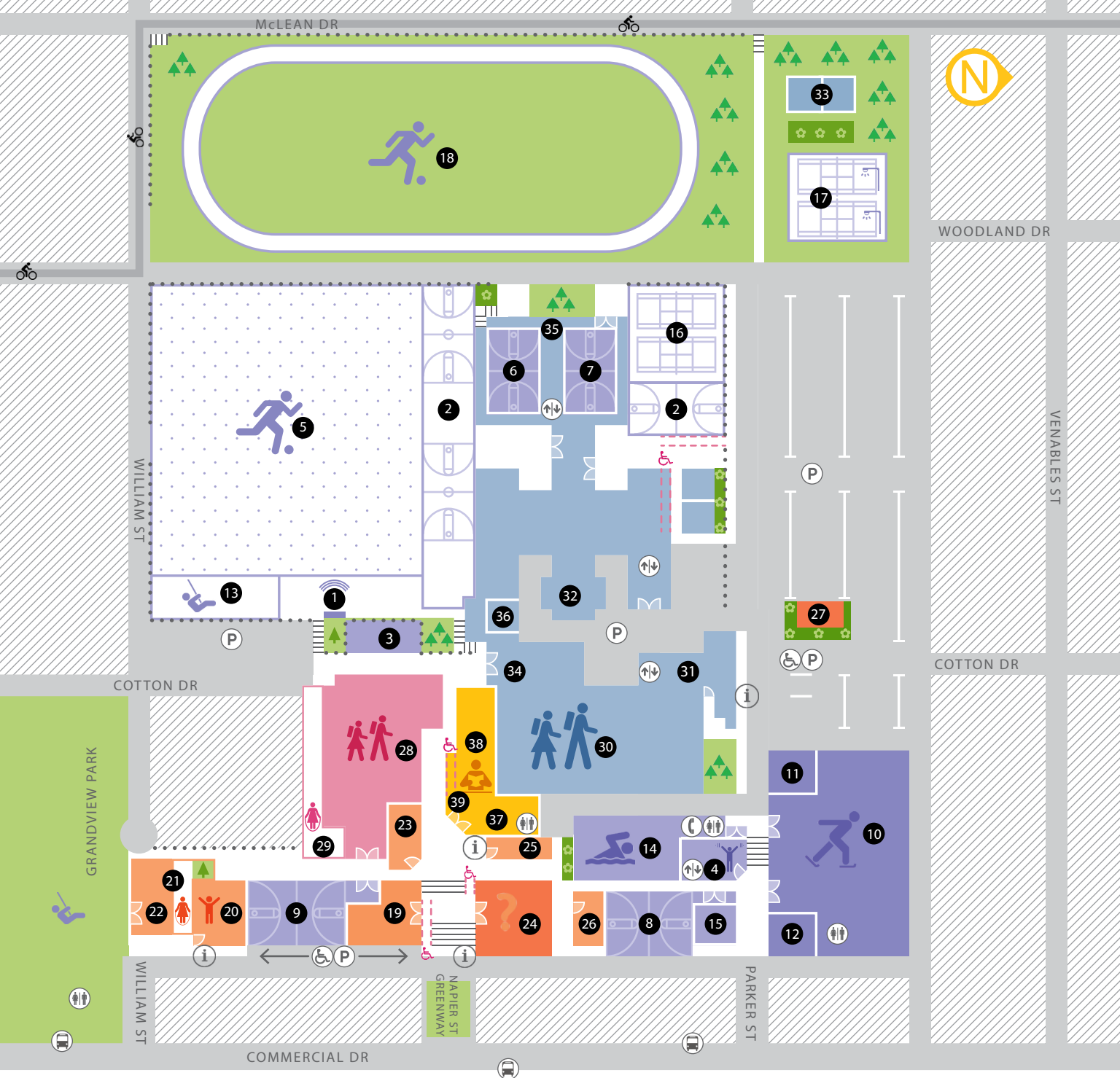
0-12mo 12:30-1:30pm

*Registration required. Call 604.215.8289.

For more information and to register, please call 604.718.5821 or 778.245.2428.

Community Education

The Britannia Community Schools Team (CST) works out of the Community Education Office at Britannia Secondary. The mandate of the CST is to provide academic, social, and emotional support as well as connections to community resources for students in the Britannia Hub of schools. This work is often done through student leadership opportunities, noon hour and after school programming. For inquiries please call 604.713.8273.



recreation

- 1 Amphitheatre
- 2 Basketball Courts
- 3 Covered Play Area
- 4 Fitness Centre
- 5 Gravel Sports Field
- 6 Gym A
- 7 Gym B
- 8 Gym C
- 9 Gym D
- 10 Ice Rink
- 11 Ice Rink Activity Room (top flr)
- 12 Ice Rink Mezzanine (top flr)
- 13 Playground
- 14 Pool
- 15 Mat Room & Boxing Gym
- 16 Tennis Courts
- 17 Britannia Courts Skate Park
- 18 Track + Sports Field

resources + services

- 19 Al Mattison 55+ Centre
- 20 Child Care Centre
- 21 Eastside Family Place (ground flr)
- 22 Canucks Family Education Centre (top flr)
- 23 Family Activity Room
- 24 Info Centre
- 25 Pre-Teen Centre
- 26 Teen Centre
- 27 ʁx"q"eləwən ct Carving Centre

elementary school

- 28 Britannia Elementary
- 29 Outdoor Play Area

secondary school

- 30 Britannia Secondary
- 31 Main Office
- 32 Auditorium
- 33 Portable
- 34 Main Entrance
- 35 Cafeteria
- 36 Canucks Family Education Centre (room 110)

library + learning

- 37 VPL Britannia Branch (main flr)
- 38 Learning Resource Centre (basement)
- 39 Art Gallery

- | | | | |
|--------------------------|---------------------|----------------------|-------------------------------|
| • • • • Fence | ① Wayfinding | ⬆ Elevator | //// Residential + Commercial |
| Streets + Vehicle Access | ♿ Wheelchair Access | ⬆ Entrance | • • • • Gravel |
| ♿ Bicycle Route | ≡ Stairs | Fields + Green Space | 🌳 School Garden |



T 604 718 5800 F 604 718 5858
1661 Napier Street Vancouver BC V5L 4X4
britanniacentre.org