



Shine: Intercultural Spring Market
March 20 | 11:00am-3:00pm | ᓂᓄᓐᓂᓐᓂᓐᓂᓐᓂᓐ
See page 8 for more information.

This online brochure copy has active links to connect you with the programs you want to register for online. Simply click on any program activity number of interest and you will be taken to the Vancouver Recreation page you need to start signing up.

Programs & Services

Spring 2022



Look for our **FREE**
“Fun for All” programs!
See inside for details.



President's Message

In 2022, Britannia is dreaming big. After over two years of weathering two pandemics (COVID-19 and the toxic drug supply), we're daring to dream of all the ways that we can connect with community members and create platforms and spaces where community members can connect with each other, heal, and celebrate resilience.

We have many wonderful things to look forward to this spring:

- We're thrilled to bring you the 1st Annual Shine: Intercultural Spring Market on March 20. From beading workshops, to creations from BIPOC artists and makers, and amazing food—we can't wait for community members to come together to share, laugh, and connect.
- The Britannia Art Gallery reopened after a closure for construction and we have a full slate of exhibitions featuring local artists planned this Spring (see page 7).
- We have three Carvers in Residence who are turning cedar logs into beautifully carved benches. The benches will be unveiled in late spring!
- Artist Ejiwa "Edge" Ebenebe is engaging with community members to design a Black Lives Matter mural at Britannia. We've had one youth visioning session so far, and we look forward to engaging more community members soon.
- Our AGM is coming up on May 25, where you can run for Britannia's Board of Management! Our board members play an important role in guiding us on a path that reflects community aspirations.

Of course, nothing involves more "dreaming big" than the Britannia Renewal. We've now entered into Phase 1 of the Renewal, which involves rezoning for building one, the new Pool and Fitness Centre. We dream of a future where our facilities can provide necessary infrastructure for promoting community resilience; where our programs can be pillars of social connection; and where we can provide low-barrier access to recreation, arts, and culture.

Most importantly, we want the future of Britannia to reflect your dreams; share your vision of the future with us at upcoming Renewal community engagement events or join a committee. See page 6 for more details.

How'aa,

Annie Danilko, Haida Nation
President, Britannia Board of Management

Britannia's Board

Britannia board meetings are held on the 2nd Wednesday of the month. For more information or if you are interested in running for our Board of Management, call Cynthia Low, Executive Director, at 604.718.5815.

President: Annie Danilko

Vice President: Pamela Dudas

Treasurer: John Flipse

Executive Members Vera Jones

Naina Varshney

Directors: Susanne Dahlin

Ariela Friedmann

Farren Gillaspie

Pat Hogan

Ingrid Kolsteren

John Morra

Craig Ollenberger

Ashki Shkur

Khai Truong

Emily Vickery

Staff Rep: Teka Everstz

Partners:

VSB Alec MacInnes

VPB Peter Odynsky

VPL Noreen Ma

Executive Director: Cynthia Low

Manager of Administrative Services:

Jeremy Shier

Manager of Child Care Services:

Jacky Hughes

Britannia Committees

For more info about Britannia committees, call the contact person listed below or visit:

britanniacentre.org/about-us/board-of-management

Board Meeting

2nd Wed/mo 6:00pm

Mar 9, Apr 13, May 11, Jun 8

Contact: Cynthia Low 604.718.5815

Anti-Racism & Anti-Oppression Committee

2nd Thu/mo 6:00pm

Mar 10, Apr 14, May 12, Jun 9

Contact: Cyn Williams 604.718.5807

Arena Committee

Call of the chair

Contact: Susy Bando 604.718.5836

Arts & Culture Committee

1st Thu/mo 7:00pm

Apr 7, May 5, Jun 2

Contact: Helen Spaxman 604.718.5825

Board Development Committee

3rd Fri/mo 6:00pm

Mar 18, Apr 15, May 20, Jun 17

Contact: Cynthia Low 604.718.5815

Child Care Committee

Call of the chair

Contact: Jacky Hughes 604.718.5816

Grandview Woodland Food Connection

1st Wed/mo 6:00pm

Apr 6, May 4, Jun 1

Contact: Ruth-Elizabeth Briggs 604.718.5895

Planning & Development Committee

3rd Tue/mo 6:30pm

Mar 15, Apr 19, May 17, Jun 21

Contact: Kiel Torres 604.718.5800 ext. 1

Pool & Fitness Committee

Last Tue/bi-monthly 6:00pm

Mar 29, May 31

Contact: Marie-Louise Beesley 604.718.5830

Seniors, Elders & Advocates (SEA) Committee

3rd Wed/mo 3:15pm

Mar 16, Apr 20, May 18, Jun 15

Contact: Anne Cowan 604.718.5837

Sports & Fitness Committee

2nd Tu/mo 6:00pm

May 10, Aug 9, Nov 8

Contact: Fraser McElroy 604.718.5824

Youth Committee

1st & 3rd Thu/mo

Contact: Tom Higashio 604.718.5826

Reconciliation in Action (RIA) Committee

Call of the chair

Contact: Cynthia Low 604.718.5815

Volunteer Committee

3rd Fri/mo 5:00pm

Mar 18, Apr 15, May 20, Jun 17

Contact: Yao Zhang 604.718.5860

FREE 'Fun For All' Recreation

Britannia operates a wide range of FREE and pay-what-you-can recreation programs.

The Britannia Board of Management is committed to ensuring that people have access to programs and that fees are not a barrier to members of the Grandview-Woodland/Strathcona Community.



Look for the "Fun for All" stamp in the Brochure to find our free and pay-what-you-can programs.

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Facility Rentals

At Britannia our mission is to foster active community building, collaboration, and grass roots education and involvement so that we can contribute to the quality of life of individuals in our catchment neighbourhoods. We recognize that our programs do not always meet all community needs—sometimes people just need space to host their own events. From space for sporting events to birthday parties, we have a great selection.

Gym/Room Rentals

For rates and availability contact the Facility Support Clerks, Paul or Wally, at 604.718.5812 or email: paul.morton@vancouver.ca (Sun-Wed) or wally.tarrant@vancouver.ca (Wed-Sat).

Pool Rentals

Contact the Pool Programmer, Marie-Louise, at 604.718.5830 or email marie.beesley@vancouver.ca.

Rink Rentals

Go to vancouver.ca/parks-recreation-culture/rink-rentals or contact the Rink Programmer, Susy, at 604.718.5836 or email susy.bando@vancouver.ca.

Facility Rental Fee Policy

We collect full rental fees at the time of booking. We cannot hold a space until payment is received in full. Once you've rented space from us a minimum of 3 times within a 6 month period and are in good standing, you can apply to become a regular user at which time rental fees can be collected on the day of your event/program. For cancellations, a full refund will be given with at least 48hrs notice. No refunds given with less than 48hrs.

For more information, visit: britanniacentre.org/facilities/rentals

Cover Photo

Photo by Lung.

Holiday Hours

Info Centre, 55+ Centre & Teen Centre

Apr 15	Good Friday	CLOSED
Apr 18	Easter Monday	CLOSED
May 23	Victoria Day	CLOSED

Pool & Fitness Centre

Apr 15	Good Friday	1:00-5:00pm
Apr 18	Easter Monday	1:00-5:00pm
May 23	Victoria Day	1:00-5:00pm

Rink

Apr 18	Easter Monday	CLOSED
May 23	Victoria Day	CLOSED

Unceded Coast Salish Territories

Britannia is located on the traditional and unceded Coast Salish territories of the xʷməθkʷəy̓əm (Musqueam), Skwxwú7mesh (Squamish) and selilwitaʔ (Tseil-Waututh) Nations, and we hold the heritage of these lands close in our everyday work.

We aim to embrace Indigenous values and practices and are committed to reflecting Indigenous protocols and beliefs in our work.

Registration Information

Registration Dates

General Programs

Registration opens Tuesday March 8, 2022 at 9:00am in-person and online, and at 1:00pm by phone. Registration for free programs opens Wednesday March 9, 2022 at 9:00am in-person and online, and at 1:00pm by phone.

Swim Lessons

Registration for swim lessons opens on Tuesday March 15, 2022 at 7:00pm.

Skating Lessons

Registration for **Set 1** spring skating lessons begins Wednesday April 6, 2022 at 9:00am in-person and online, and at 1:00pm by phone. Registration for **Set 2** lessons begins Wednesday May 18, 2022 at 9:00am in-person and online, and at 1:00pm by phone.

Summer Funseekers

Registration opens on Saturday April 9, 2022 at 9:00am in person and online, and at 10:00am by phone.

How to Register

1) Register online at britanniacentre.org

Membership fees will automatically be added to your online purchase.

2) Register in person

You can register for programs at the **Info Centre** and the **Pool Cashier**. Pay by Cheque, Visa, Mastercard, Debit or Cash. Registration closes an hour before closing at the pool and half an hour before closing at the Info Centre.

Info Centre Hours:

Mon-Fri 8:30am-7:00pm
Sat 9:00am-5:00pm
Sun 10:00am-4:00pm

Pool Cashier Hours:

Mon-Fri 6:30am-9:00pm*
Sat/Sun 8:00am-7:00pm*
*Hours are subject to change.

3) Register by phone at 604.718.5800 ext. 1

Subsidy Policy

Britannia provides assistance to those who are not able to afford the advertised cost of certain programs and activities. Please note: Maximum of two subsidies per person per season. Some programs do not qualify for subsidy. Our subsidy policy does not apply to Britannia Child Care programs or products that are resalable. **Non-residents of Vancouver are not eligible for subsidies.**

Leisure Access Program

The Leisure Access Program (LAP) provides low-income City of Vancouver residents with reduced cost programs and services at Britannia and Park Board facilities. LAP card holders may receive up to 50% off certain programs. To learn more and to apply, visit: vancouver.ca/parks-recreation-culture/leisure-access-card

Grandview-Woodland & Strathcona Subsidy

Program participants living in the Grandview Woodland and Strathcona areas who are in need of financial assistance may request a subsidy of up to 25% of course costs for certain programs by completing an application.

Refund Policy

- A full refund will be granted if requested up to 48hrs prior to the second class. No refunds after this time.
- For workshops and outings, a full refund will be granted if the refund is requested one week (seven days) prior to the start of the program. No refunds after this time.
- Britannia Society Memberships are non-refundable.
- For day camps, a \$5 administration fee will be charged for each camp a refund is requested for. Refund requests must be made one week (seven days) prior to the start of the program. No refunds after this time.

Swim/Skate Refunds

- Full refund will be granted five days or more prior to the start of the program.
- Partial refunds granted within four days of program start or before second class.
- Transfers possible prior to second class. No refunds after second class.
- Exceptions: No refunds on single session programs.

Cancellation Policy

- Courses are cancelled when too many people wait until the last minute to register. A minimum number must enrol before a class will run.
- Programs may be cancelled due to unforeseen circumstances and instructors may change during the program season.

Memberships

In order to participate in recreation programs at Britannia, you must be a member. Memberships are valid from January 1 - December 31 every year.

A membership may be obtained when you register for a program (membership fees will be automatically added to your online purchases) or any time during the year at the Pool Cashier, the Info Centre, or online at:

britanniacentre.org/about_us/membership

Membership Benefits

- Voting privileges at the society Annual General Meeting.
- You must have a current Britannia membership to register for programs.
- Eligibility to run for the Board of Management.
- Mail-outs/e-mails about Centre events.

Price

Family	\$5
Adult	\$3
Child, Youth, Senior	\$1

FREE 'Fun For All' Recreation Programs

Britannia operates a wide range of FREE and pay-what-you-can recreation programs.



Look for the "Fun for All" stamp throughout the Brochure to find our free and sliding scale programs.

Proof of Vaccination Requirements



photo ID (ex. driver's license, BC services card, passport) to confirm their identity.

According to the PHO, proof of vaccination is required for the following activities at Britannia:

- Indoor ticketed sporting events with more than 50 people
- For use of the Pool and Fitness Centre (for people 12 years or older)
- Indoor adult group and team sports for people 22 years old or older
- Indoor gatherings of people for exercise, fitness, or dance
- Indoor organized group recreational classes and activities with more than 50 people (like pottery, art and choir)
- Spectators at indoor youth sporting events
- Indoor organized events with 50 or more people
 - For example: workshops, craft markets, and community events

For the full list of indoor public settings covered by the PHO and exemptions, visit: www2.gov.bc.ca/vaccinecard.html#required

Mask Mandate

By order of the Provincial Health Officer, masks must be worn indoors by those 5 years of age and older in all public facilities when not engaged in physical activity.

Ensure that your mask fully covers your nose and mouth and fits snugly without large gaps.

Please note: Vaccine and mask requirements are subject to change. For up-to-date information, visit: britanniacentre.org

Beyond the Blue Box Recycling

Every third Saturday of the month, Britannia Centre sponsors a recycling depot where recyclers can dispose of electronics, Styrofoam, and plastic items that the City of Vancouver can't take. Proceeds go to Pacific Mobile Depots (PMD) and Britannia Centre.

Sat 9:00am-12:00pm Mar 19, Apr 16, May 21, Jun 18
Britannia Parking Lot

Plastics/Styrofoam:	\$3.75/regular garbage bag \$7.50/large garbage bag
Electronics/appliances:	Servers, laptops, wires, cables (except coaxial cables) - Free! \$3/small electronics/appliances \$6/large electronics/appliances
Bike tubes/tires:	\$1/tube, \$10/bag (36"x48")
Car seats:	\$12/you dismantle it \$20/we dismantle it
Light bulbs:	Free!

Looking for adaptive or inclusive sport and recreation?

ash
ACCESS
SPORT HUB

ASH is a chatbot that helps people of all bodies and abilities search and register for the programs that are right for them

www.viasport.ca/ash

A partnership between viaSport, the Vancouver Park Board and Canucks Autism Network, funded by the Disability Alliance BC and the Province of British Columbia

viaSPORT
BRITISH COLUMBIA



dabc
disability alliance bc

BRITISH COLUMBIA
Supported by the Province of British Columbia

Britannia Renewal

Board of Management Update on the Britannia Renewal

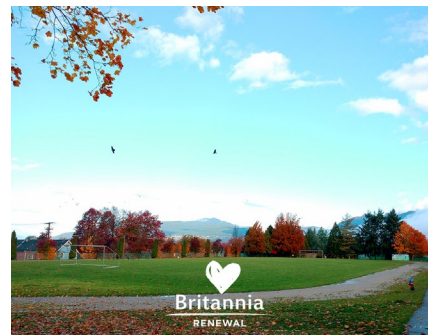
In July 2018, the Board issued a response to the Britannia Renewal Master Plan to recommend that City Council approve the Master Plan. The response involved general support to proceed with the next phase of the project, while expressing opportunities for further discussion and clarification.

After over three years of listening to our community, residents, staff and partners, we have drafted an updated Board Response to the Master Plan; this document is a record of the Board's position on the major areas of focus brought up in 2018, including:

- Project phasing
- Site organization and interconnection
- Location on the land and views
- Building height and massing
- Green spaces
- Social and Cultural non-profit Hub
- Non-market housing, and
- Operating Agreements

This update provides clarity on the perspective of the Board as it relates to the Renewal at this point in the process.

To read the full report, visit britanniarenewal.org or visit the B-Lab in the Britannia Information Centre to access a printed copy.



Site Options: Spring 2022

As of January 2022, the project is in the midst of Phase 1, which includes the rezoning of the site and the detailed design and construction of Building 1 made up of the pool, fitness centre, gyms, child care, non-market housing, offices, and programming spaces.

Perkins&Will—the architecture firm contracted by the City of Vancouver for this phase—will be presenting site options as part of the rezoning process in advance of the rezoning application in spring 2022.



Get Involved

Visit the B-Lab

Join us in the Britannia Information Centre to learn more about the Britannia Renewal. The B-Lab seeks to overcome digital barriers to participation by providing a safe, in-person space for community to engage with the Renewal. Here you can:

- Access core documents
- Hear diverse perspectives on the project
- Share thoughts, comments and feedback
- Learn more about upcoming opportunities to get involved

Mon-Fri 8:30am-7:00pm
Sat 9:00am-5:00pm
Sun 10:00am-4:00pm

Visit our website

To view Renewal updates, news, events, meeting minutes, reports, Planning and Development Committee information, and stories from our community, visit:

britanniarenewal.org

Planning and Development Committee

If you would like to help shape the future of Britannia, join our Planning and Development Committee! The Committee meets every third Tuesday of the month and is always open to new members.

Topics up for discussion generally include: planning updates, progress reports on community consultation processes, reports on meetings with our site partners, and other matters related to the Renewal process.

For meeting Zoom links, visit:

britanniarenewal.org/news-events

Tue 6:00-8:00pm
Zoom
Mar 15, Apr 19
May 17, Jun 21

Pool and Fitness Centre Committee

The pool and fitness centre are slated for phase one of the Britannia Renewal and we are actively looking for feedback from the community. Please join us at the upcoming Pool and Fitness Centre Committee meeting. Meetings take place on the last Tuesday every other month and new members are always welcome. For more information please contact Marie-Louise Beesley, the Pool Programmer, at marie.beesley@vancouver.ca or 604.718.5830.

Tue 6:00pm Mar 29



Art Gallery Exhibitions

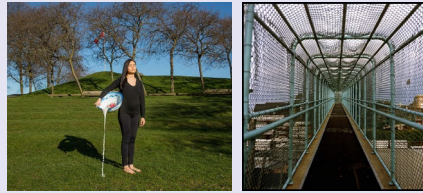
Mar 2 - April 1

Common Wealth

Photography and installation by Clare Yow.

East Van Based: our home captured

Black and white photographs by Tyler Wilson.



April 6 – 29

Lost HeArts

A collection of jewelry and paintings by Beata Kacy.

Day-Break

Upcycled and scavenged materials assemblages by Luca Jesse Apel.

Artist Talk

With Luca Jesse Apel. Available online on April 13.

Wed Apr 13



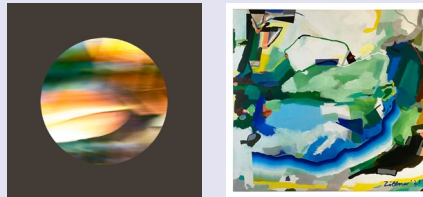
May 4 – 27

Leaves in Space

Photographs by Megs Gatus.

Waterworlds of Abstraction

Acrylic works on canvas by Ulrike Zöllner



Banner Painting Workshop – Theme: Science (12yrs+)

"It is frequently the tragedy of the great artist, as it is of the great scientist, that they frighten the ordinary person."

— Loren Eiseley

Use high quality water-based fabric paints to help create Britannia's next set of colourful banners. Banners are large and hang in pairs and will be displayed outdoors on site and in the Library. This is a great workshop for friends and family. The workshop is held in the secondary school cafeteria. Children under 12 must be accompanied by an adult. Wear old clothes, bring a lunch and a colour sketch of your idea. Banners can be purchased after exhibition for \$20/set. Artists get first chance to buy their own banners. Unclaimed banners may be available at a Britannia Plaza Market (see summer guide). All materials will be provided.

Sat/Sun 10:00am-4:00pm Apr 9-10
Cafeteria \$19.05/2 sess
374354 Helen



The Solstice/ Equinox Coffee House Series



The Britannia Coffee House Series is a favourite seasonal event celebrating the turn of each season. Each event is warm and inviting, creating an opportunity for community to gather and connect, and enjoy music and poetry by local performers. The series is as dynamic and diverse as our community itself. If you haven't checked out the Coffee House Series, you're in for a treat!

britanniacentre.org/coffeehouse

Spring Equinox Coffee House

Celebrate the triumphant return of Spring with a community event featuring local musicians and poets. This event will be as fresh as the spring air, and just as joyful. Join early or stay late for family-friendly pre- and post-show connections, all from the comfort of your home. The Vancouver Haiku Group, Kat Single-Dain's Gloria's Happy Hour, and other local musicians will herald in the new season. Visit britanniacentre.org/coffeehouse for the Zoom link. All ages.

Sun 6:45-9:00pm Mar 20
Zoom Free

Summer Solstice Coffee House

An evening of sweet summer vibes as we celebrate the turn of the season. Local musicians and poets will warm our hearts, and fill us with the spark and sparkle of summer. Join early or stay late for family-friendly pre- and post-show connections, all from the comfort of your home. All ages.

Sun 6:45-9:00pm Jun 19
Zoom Free

Coffee House Viewing Lounge



Come together to watch the Coffee House on Zoom, for a taste of in-person community connection. Must be masked and provide proof of vaccination. Note: No food or drink will be served at this event.

Spring Equinox Viewing Lounge*

Sun 6:30- 9:00pm Mar 20
390213 55+ Centre Free

Summer Solstice Viewing Lounge*

Registration begins May 24, 2022 at 9am.

Sun 6:30pm-9:00pm Jun 19
390442 55+ Centre Free

*Registration required.

Special Events

Shine: Intercultural Spring Market



The Spring Equinox is a returning of light, a shift from winter to spring. We invite you to celebrate with us and share our stories with each other through music, art, dance, food and together-ness. The market will feature the works of local artisans, delectable food, community tables, and activities—it's our time to shine again.

Featuring:

- Kat Norris (MC)
- Israel Toto Berriel (percussionist)
- Sasha (percussionist)
- Cacatúa Entertainment (storytelling, puppets and crafts)
- Carlos Reyes (mini salsa dance class)
- Yaimel López (visual artist)

... and much more!

Sun 11:00am-3:00pm Mar 20
\$xwq'eləwən ct Free

Red Dress Beading Workshop (12yrs+)



Begin to bead (or finish one started at the March 20 marketplace) a Red Dress pendant with Cherokee beader, Brenda Koch, to wear or gift for Red Dress Day on May 5th to honour Missing and Murdered Indigenous Women, Girls and Two-Spirit people.

Donations will be gifted to the Pacific Association of First Nations Women. Suggested donation of \$25. \$5 supply fee. Location: in the Britannia Plaza or 55+ Centre, weather dependent.

Sun 12:00-2:00pm Mar 27
55+ Centre/Britannia Plaza By Donation
405624 Brenda

International Yarn Bombing Day



Cherokee weaver, Brenda Koch, is embarking on the process of creating a blanket on a Salish loom made by Dennis George—and you can help! Learn about the interconnectedness of weaving methods that span different cultures and traditions. Each participating weaver will make a personal commitment to protect children, especially Indigenous children, from the trauma done to children across Turtle Island; participants are invited to “participate in the creation of this form of protection for our kids.”

Drop-in workshop will include a small take home piece and one for the tree. Stay tuned for more opportunities to participate throughout July.

Sun 12:00-4:00pm Jun 12
Napier Greenway Free

Soap Making 101 – Cold Process (16yrs+)



Learn how to make natural handcrafted soap in this beginner level class. The main focus of this class is learning the “cold process,” which will support your understanding of saponification values so that you’ll be comfortable creating your own soap recipes at home. Use your choice of colours and scents to make and take home 1lb of soap. For more info, email info@refillroad.com.

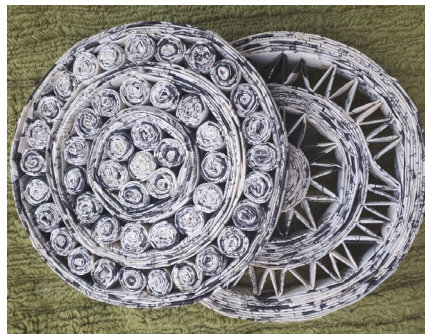
Thu 6:00-9:00pm Apr 28
Rink Mezz \$135/1 sess
393554 Sandra

Introduction to Paper Quilling (12yrs+)



If you love spirals and repurposing paper, join local artist Helen Spaxman in this pair of upcycling workshops exploring paper quilling methods you can use to create wall-worthy art with waste paper. The two projects include colourful printed paper hangings that can also be made into greeting cards, and newspaper/paperback folded spirals that can be developed into trivets or baskets. All materials will be provided.

Sat 10:00am-12:00pm May 28-Jun 4
Rm 208 \$60/2 sess
393377 Helen



Introduction to T-Shirt Yarn (15yrs+)



If you want to learn the most efficient ways of converting old t-shirts and other garments into yarn, please join us for this pair of upcycling workshops exploring cutting/tearing methods. During the second workshop we will use the yarn you have created over the week to explore easy and bulky knitting, crocheting and weaving projects. Materials are provided, but you are welcome to bring your own used garments. Please bring your rotary cutter and a matt, or fabric scissors (or very sharp scissors).

Sat 1:00-3:00pm May 28-Jun 4
Rm 208 \$60/2 sess
393378 Helen

Working With Cement – Cement Bowl (16yrs+)

Cement is both an easy and challenging medium to use to make useful homeware to beautify your home or garden. This course will teach some techniques and handy tricks to make your own cement bowl. From choosing your mold, mixing and pouring your concrete, curing and sealing, Karine Zamor (The Cement Lady) will show you a window to her passion. Each student will have a lovely bowl that they made to take home.

Thu 7:00-9:00pm May 5-12
Rink Mezz \$80/2 sess
394121 Karine

Planting for Spring Garden Workshop



Join Master Gardener, Pablo Vimos, in exploring four different methods for starting seeds indoors and find out what you can plant in the garden in April! In this hands-on workshop, we will plant potatoes in containers, leafy greens in the garden, and start some indoor veggies. The pros and cons of each seeding method will be discussed. This workshop welcomes gardeners of all experience levels and physical abilities. You'll leave with printed information and some seeds to start indoors at home. Sign up to gain hands-on experience and get ready to get dirty! Sliding scale options available.

Sat 2:00-4:00pm Apr 23
Transformed Life Garden Pablo
405427 \$5 sliding scale/1 sess
405431 \$10 sliding scale/1 sess
405432 \$15 sliding scale/1 sess

A Thriving Garden Workshop



Find out how to get your veggie garden to thrive this summer with Master Gardener, Pablo Vimos. All urban gardens rely on municipal water and with our changing climate, this resource must be conserved. Learn how to best water and maintain your garden over the summer with sustainability in mind. In this hands-on workshop, Pablo will teach us how to water, weed, harvest, and reduce pests—thriving gardens here we come! This workshop welcomes gardeners of all experience levels and physical abilities. You'll leave with printed information and some freshly harvested veggies. Gain hands-on experience and get ready to get dirty! Sliding scale options available.

Sat 2:00-4:00pm May 28
Mary Jo Garden Pablo
405455 \$5 sliding scale/1 sess
405459 \$10 sliding scale/1 sess
405461 \$15 sliding scale/1 sess



Britannia Child Care Hub

For up-to-date information on space availability, waitlists, and registration, please contact each child care centre directly.

Child Care Mission Statement

To provide a range of safe, stimulating and nurturing child care programs that respect and embrace each child and family.

About our Child Care Programs

Each one of our programs is a unique reflection of its history, the community it serves, its staff members and its families, past and present. We believe that children learn about themselves, others and the world around them through play and creative expression. This allows children to learn naturally and practice important skills in the following areas:

Social:	Communication, friendship skills, conflict resolution, sharing and cooperation.
Intellectual:	Language and self-expression, problem solving, critical thinking, kindergarten readiness.
Physical:	Large muscle and fine motor skills, safety and self-care skills (health, hygiene, large and fine motor development).
Creative:	Self expression and concept development.
Emotional:	Development of healthy self-esteem, self-confidence, self-awareness and ability to deal appropriately with emotions.

About our Staff

All of our staff are qualified as Early Childhood Educators, Special Needs Educators, Child and Youth Care Counsellors, or are Responsible Adult certified. The number of additional staff for each program is dependent upon the type of program and is always in accordance with child/staff ratios set by child care licensing regulations.

All staff, substitutes, students and volunteers are required to have a clear Criminal Record Search in accordance with child care licensing regulations.

For more information, visit: britanniacentre.org/services/licensed_childcare

Affordable Child Care Benefit

For more information about the provincial tax benefit, call 1.888.338.6622 or visit:

www2.gov.bc.ca/gov/content/family-social-supports/caring-for-young-children/child-care-funding

Toddler Program (18mo-3yrs)

Mount Pleasant Child Care has a licensed toddler program with 12 spaces for children 18mos-3yrs. Children will develop socially, physically and emotionally at their own pace in a caring and safe environment with time to explore new relationships with friends and interact with adults. Age-appropriate materials and snacks provided.

Mount Pleasant Child Care

960 East 7th Avenue

Wade Forbes

604.718.5844

For waitlist info, email:

mountpleasantchildcare@shawbiz.ca

Hours: Mon-Fri

7:30am-5:30pm

Fees:

\$1081/mo

Lunch Program:

\$70/mo



Preschool Program (3-5yrs)

Our Preschool program provides a rich and meaningful child-centered environment in which children learn and grow in all areas of development. Our program will include the exploration of *Artists Throughout History*. By using hands-on exploration of a variety of materials and techniques, we will experience styles developed by influential artists throughout history. Children practice creativity and freedom of artistic expression in a play-based learning environment as we highlight multiculturalism, diversity, arts, dance, and languages from around the world.

Britannia Preschool

1661 Napier Street

Lorraine Evans

604.718.5843

Hours:

Mornings

9:00-11:30am

Afternoons

12:30-3:00pm

Fees:

2 days/wk (Tue/Thu)

\$192

3 days/wk (Mon/Wed/Fri)

\$267

5 days/wk (Mon-Fri)

\$459

Licensed Child Care

Daycare Programs (3-5yrs)

Eaglets Daycare, Grandview Terrace and Mount Pleasant Child Care offer full day daycare programs for children 3-5yrs. The programs offer a caring, safe and nurturing environment that provides children the freedom and support to develop their full potential. We offer multicultural programs that respect a variety of traditions, lifestyles, languages and cultural heritages. In our inclusive play-based programs, staff provide activities based on children's interests and developmental needs, offering opportunities for children to explore their environment through music, movement, blocks, construction toys, cooperative games, stories and outdoor play. Through play, children are able to develop social skills and learn more about their world.

Eaglets Daycare

485 Semlin Drive
Suzy Liguori 604.718.5856
Please call for up-to-date registration and fee information.

Hours: Mon-Fri 7:30am-5:45pm

Fees: \$1046/mo
Snacks provided.

Grandview Terrace Child Care

2075 Woodland Drive
Alejandra Uribe 604.718.5846
grandviewtcc@shawbiz.ca
grandviewterracechildcare.com

Hours: Mon-Fri 7:30am-5:45pm

Fees: \$995/mo
Lunch Program: \$80/mo
Snacks provided.

Mount Pleasant Child Care

960 East 7th Avenue
Wade Forbes 604.718.5844
For waitlist info, email:
mountpleasantchildcare@shawbiz.ca

Hours: Mon-Fri 7:30am-5:30pm

Fees: \$997/mo
Lunch Program: \$70/mo
Snacks provided.

Out-of-School Care Programs (5-12yrs)

Britannia, Eagles in the Sky, and Grandview Terrace are licensed programs, which offer the opportunity to create, explore and socialize in a fun, safe and nurturing environment. Our play-based programs are designed to foster independence and confidence in a family-centred setting. We strive to provide an integrated and comprehensive continuum of services for children and families that reflect the communities we serve. All of the centres are culturally sensitive and celebrate the uniqueness of our families. Qualified educators offer a value-based program that focuses on children's interests, ages and developmental needs.

Britannia OSC

1661 Napier Street Lorraine Evans 604.718.5843

Pick up from: Britannia Elementary
Queen Victoria Annex (QV)

Sep-Jun Hours: Mon-Fri 7:30-9:00am (Brit Only)
3:00-5:45pm (Brit/QV)

Fees: Full Time \$375/mo
3 Days \$250/mo
2 Days \$220/mo

Summer Fees: Full Time \$570/mo
Part Time \$160/wk

Breakfast & pm food program provided.

Grandview Terrace OSC Program II & III

2075 Woodland Drive Alejandra Uribe 604.718.5846

Pick up from: Grandview Elementary
Queen Alexandra Elementary
Queen Victoria Annex
École Anne-Hébert

Sep-Jun Hours: Mon-Fri 7:30-9:00am*
3:00-6:00pm

*No AM care for Queen Alexandra Elementary and École Anne-Hébert.

Fees: Full Time \$425/mo
Summer Fees: Full Time \$585/mo
Part Time \$165/wk

Breakfast & pm snack provided.

Eagles In The Sky OSC

103B-1950 E. Hastings Kinga Batko 604.230.1885
Call for registration and fee info.

Pick up from: xpey Elementary, Hastings Elementary
Lord Nelson Elementary, École Anne-Hébert

Sep-Jun Hours: Mon-Fri 7:30-9:00am
3:00-5:45pm

Fees: Full Time \$465/mo

Summer Fees: Full Time \$625/mo
Part Time \$180/wk

Breakfast & pm snack provided.



Community Action Program for Children (CAPC)



CAPC is a community-based children's program that promotes the healthy development of young children.

604.718.5821 / 778.245.2428

The project offers:

- Food Security Program promoting healthy eating (a \$25 gift card and fruits and veggies hampers are provided once a month)
- Virtual parents training (First Aid, Save That Child, FoodSafe etc..)
- Virtual parents workshops (Appetite to Play series)
- Spanish Mother Goose/Mama Ganso (For more info call 604.215.8289)

Physical Activity

Axe Capoeira Beginner (3-6yrs)

All levels welcome. Classes cover all aspects of Capoeira: martial arts, dance, music, acrobatics, culture, language and more. Classes focus on developing rhythm, reflexes, balance, coordination, strength and flexibility. Classes do not pro-rate; monthly rate only. No class April 15 & May 6.

Tue/Fri	5:00-5:45pm	Cafeteria
Marcus		\$85/mo
393679	Apr 1-29	
393680	May 3-31	
393681	Jun 3-28	

Baby and Me Yoga (6-16mo)

Stretch, strengthen and find moments to involve baby with movement, massage and songs. Crawlers are welcome and older children may come watch and we can set up a reading area. Please bring a blanket for baby. Yoga mats provided. Pre-walking or 6 weeks old to 16 months. \$16/drop-in. melissarodrigues.com

Wed	10:30-11:30am	Apr 6-Jun 22
CFEC		\$180/12 sess
393688	Melissa	



Sportball Parent/Child Multisport (2-3yrs)

Multi-sport classes teach children introductory physical skills and helps them develop confidence through 8 different ball sports. Parent participation required. No class April 17 & May 22.

Sun	11:30am-12:15pm	Apr 10-Jun 26
Gym D		\$170/10 sess
393731	Sportball	

Sportball Multisport (3.5-5yrs)

Multi-sport classes teach children methods to practice and refine gross motor skills through 8 core ball sports. This program reinforces benefits of teamwork and skill development, enabling children to gain confidence and develop skills to succeed in sport and life. No class April 17 & May 22.

Sun	12:15-1:15 pm	Apr 10-Jun 26
Gym D		\$170/10 sess
393730	Sportball	



Dance

Ballet/Jazz Dance (2-6yrs)

Jump, skip and twirl! Children will learn a variety of ballet exercises as well as the basic fundamentals of jazz dance while developing their own creative expression. This is a closed class. However, in the final week of the session we invite parents to stay for a presentation. Parent participation required for 2-4yrs classes.

Sat	Apr 9-Jun 18	CFEC
Endorphin Rush Dance		\$132/11 sess
392839	9:20-10:00am	2-4yrs
392840	10:15-10:55am	2-4yrs
392841	11:10-11:50am	3-4yrs
392842	1:00-1:40pm	4-6yrs

Hip Hop/Jazz Dance (3-6yrs)

Combine the style of hip-hop with the technical skills of jazz! Learn steps, jumps, turns, stretches and fun choreography to your favourite music. Please wear comfortable stretchy clothing and non-marking shoes. No drop-ins.

Sat	Apr 9-Jun 18	CFEC
Endorphin Rush Dance		\$132/11 sess
392843	12:05-12:45pm	3-4yrs
392844	1:55-2:40pm	4-6yrs

Languages

Baby Sign Language (0-2yrs)

Babies understand and can communicate long before they are able to speak. Research shows that babies who are offered Sign Language learn more quickly and talk earlier. With songs and games, learn how to teach your baby basic American Sign Language (ASL) so they can better convey their wants and needs and relieve unnecessary frustration. The instructor will teach you the signs and songs so you can practice at home. Babies can sleep during class or you can bring toys. Please bring your own blanket or mat to sit on. No drop-ins

Wed	9:45-10:30am	May 18-Jun 15
Matt Rm		\$72/5 sess
390585	Sheri	

Art

Toddler Art (18mo-3yrs)

Art is a wonderful sensory experience in which you and your child can collaborate. Emphasis is placed on the creative process and exploration of materials. Be on time for an inspirational story. Dress for mess! No class May 23.

Mon	Apr 25-Jun 13	RAR
Helen		\$86/7 sess
390443	9:45am-10:30am	
392845	10:45am-11:30am	



Music

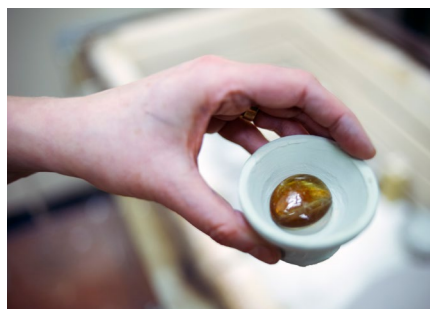
Music Together® (0-5yrs)

Learn how to share the joys of music-making and the powerful benefits of having music in your young child's life! Our 9 award-winning music collections and research-based curriculum supports parents at home and keeps the music making alive all week! Each child's natural musicality is nurtured through singing, dancing, listening and exploring musical instruments.

The whole family is welcome—parents, grandparents, caregivers—for this important family music experience. Parent participation is required. COVID-19 protocols may be such that we invite families to bring their own instruments. Siblings attend at a reduced rate and children 6mos and under attend free with a registered sibling. **\$50** Music Together licensing fee is non-refundable after the first class.

Tue	Apr 5-Jun 7	Rink Mezz
Noa		\$180/10 sess
394044	10:30-11:15am	
394046	11:30am-12:15pm	
Wed	Apr 6-Jun 8	Rink Mezz
Megan		\$180/10 sess
394041	9:30-10:15am	
394049	10:30-11:15am	
394045	11:30am-12:15pm	

Art



Clay for Children (6-12yrs)

Discover the sculptural properties of clay while learning a multitude of building methods, including pinch pot, slab, coil, and wheel. Artist quality, food safe materials included.

Thu 4:00-5:15pm Apr 21-Jun 9
Rm 208 \$126/8 sess
390378 Helen

Languages

Hola Spanish for Kids (4-9yrs)

Hola Spanish for kids is a unique opportunity to hear the Spanish Language in a joyful, safe and fun environment. Children will experience the Spanish language in a meaningful, real-life context, from a variety of sources. Supervised and instructed by highly qualified native Spanish speaking teachers.

Tue 3:30-4:30pm Apr 19-Jun 21
Rink Mezz \$120/10 sess
394605 Words in Motion

Music

Greenhorn Community Music Project (12-17yrs)

The Greenhorn Community Music Project aspires to join the creative forces of youth, professional musicians, and community members to compose, practice, and perform a variety of musical styles to orchestrate social change you can dance to! Britannia membership required (child/youth \$1). No class April 16.

Sat 11:00am-12:30pm Apr 2-May 28
Teen Centre Free
Brenda/Tim

Piano (6yrs+) & Clarinet (10yrs+)

Continue your music studies or begin an instrument and enjoy a lifetime of making music! These lessons consider student's development and goals. Conservatory exam preparation is available. Lesson costs shown below are for 30 minutes, but 45 and 60 minutes per week are available to more advanced students at the discretion of the instructor.

Private lessons are for beginner to senior levels. New students may start anytime during the season. Clarinet players, please bring an instrument and reeds. **Please contact instructor before registering for lesson times at janine.oye@gmail.com. Phone-in or in-person registration only, no online. Please call 604.718.5800 ext 1.**

Set 1

No class April 15 & 16.

Fri 6:15-9:00pm Apr 1-May 6
390435 \$120/5 sess

Sat 9:00am-4:00pm Apr 2-May 7
390433 \$120/5 sess
Janine Preteen Centre

Set 2

May 13 & 14 lessons moved to Sunday May 15.

Fri 6:15-9:00pm May 13-Jun 24*
393544 \$168/7 sess

Sat 9:00am-4:00pm May 14-Jun 25*
393543 \$168/7 sess
Janine Preteen Centre



Camps

Funseekers Daycamp (6-12yrs)

There are many activities and out-trips planned for the Funseekers program! Come learn new skills, meet new friends, or simply have FUN! Learn arts and crafts, play group games, and more. Register early to avoid disappointment. Please provide lunch, snack, and water daily. Parents are required to complete consent forms.

Funseekers Cancellation Policy: A \$5 administration fee will be charged for each camp a refund is requested for. Refund requests must be made a minimum of one week (seven days) prior to the start of the program. No refunds after this time.

Spring Break

Mon-Fri	9:00am-3:00pm	Gym D
381237	Mar 14-Mar 18	\$99/5 sess
381238	Mar 21-Mar 25	\$99/5 sess

Summer Funseekers registration opens on Saturday, April 9 at 9:00am in person and online and at 10:00am by phone.

Frozen Ballet Extravaganza (3-5yrs)

NEW

100% Frozen soundtrack music is played in this creative ballet class designed to ignite dancers' imaginations. No experience required as dancers will learn the basics of ballet and expression through movement. Children must be able to participate without parents in the room. Costumes are welcome, but not required. For more info visit kirbysnelldance.com.

Mon-Fri	Mar 14-Mar 18	RAR
Endorphin Rush Dance		\$90/5 sess
382270	9:15-10:30am	3-5yrs
382271	10:45am-12:00pm	4-6yrs

Drawing and Cartooning with Christache (7-14yrs)

NEW

A fun and foundational drawing class led by a professional illustrator. Each class will include warm ups and drawing exercises along with a daily theme to focus our learning. Themes will be cartoony and fun, including characters familiar to the students (aliens, robots, dragons, etc.).

Mon-Fri	2:00-3:30pm	Mar 14-18
RAR		\$72/5 sess
383862	Christache	

Leisure Access Program

The Leisure Access Program (LAP) provides low-income City of Vancouver residents with reduced cost programs and services at Britannia and Park Board facilities. LAP card holders may receive up to 50% off certain programs. More info:

vancouver.ca/parks-recreation-culture/leisure-access-card

Physical Activity



All Bodies Boxing – A Trans Positive Space For Kids (6-10yrs)

NEW

The Britannia Boxing Club is very excited to add River Tucker as a coach for a NEW gender diverse and trans positive program for children. This class will teach the basics of punching and the footwork of boxing—it's not only fun but fosters confidence and body awareness. Boxing is an excellent practice for coordination and overall movement literacy. Kids learn to discover their strength or regulate their strength. This is a non-contact class. Equipment is provided.

River is a competitive elite boxer who has fought in the USA and Canada for the last 10 years, bringing home medals from the Canadian National Championship twice. She has been running Queer Box Camp Vancouver for the past 11 years. River is an openly queer, gender non-conforming, butch identified boxer who is passionate about bringing the science of boxing to anyone who doesn't feel comfortable at a traditional boxing gym. Boxing room is located beside Gym C.

For more information, search Activity #: 405451 at vanrec.ca.

Britannia Boxing (6yrs+)

Britannia's own fun, inclusive, and informative boxing program where anyone can come and learn proper techniques, hit the bags, and workout with our coaches. New bags, gloves, portable ring, and more await you in our boxing gym! Come train as much as you like—classes are unlimited. The Boxing Room is located in Gym C. First time participants, pay \$15 drop-in. After this, participants will be expected to pay the \$75/month fee. Fees cannot be prorated. No class April 15 & 18, and May 23.

Mon-Fri	5:00-7:00pm	Sat	2:00-4:00pm
Jay	Boxing Rm		\$75/mo
393711	Apr 1-30		
393712	May 2-31		
393713	Jun 1-30		

Traditional Kung Fu (6yrs+)

This Northern Shaolin Style class will teach you traditional forms, weapon forms, sparring and self-defense. It will help you gain physical and mental strength, and develop self-confidence and discipline. Membership fee of \$2 per month for the Northern Shaolin Lung Chi Cheung Association is included in the fee. Students must be able to attend Monday and Friday classes regularly. Fees do not pro-rate. No class Apr 8, 15 & 18; May 23; and June 10.

Beginner

Mon/Fri	4:30-5:45pm	Apr 1-Jun 27
CFEC		\$237/21 sess
393736	Marquis & Louis	

Intermediate

Mon/Fri	4:30-6:30pm	Apr 1-Jun 27
CFEC		\$258/21 sess
393737	Marquis & Louis	

Advanced

Mon/Fri	4:30-6:30pm	Apr 1-Jun 27
CFEC		\$279/21 sess
393735	Marquis & Louis	



Micro Footie Coaching

Are you interested in coaching children and youth? Join 200 other amazing volunteer coaches to inspire the next generation of athletes. Previous coaching experience optional, training provided. The season is from April to June. Sign up at:

britanniasoccer.org/volunteer

Tennis Academy Mini (6-8yrs)

Introduction to tennis. Learn basic forehand and backhand skills and develop hand-eye coordination through a variety of fun games and activities. Bring your own racquet and runners. No class May 21.

Sat	2:00-3:30pm	Apr 23-Jun 25
Gym D		\$221/9 sess
393734	Juan Carlos	

Tennis Academy Junior (9-14yrs)

This class continues to develop tennis skills for those students who have already learned basic tennis. Students will participate in a variety of fun drills and games to enhance their skills and will be given the opportunity for game play. Bring your own racquet and runners. No class May 21.

Sat	3:30-5:00pm	Apr 23-Jun 25
Gym D		\$221/9 sess
393733	Juan Carlos	

Axe Capoeira

Students enrolled in these classes must have a minimum of 1 year consistent Capoeira experience, or permission from the school. We offer ongoing classes for children and youth. Classes cover all aspects of Capoeira: martial arts, dance, music, acrobatics, culture, language and more. Classes focus on developing rhythm, reflexes, balance, coordination, strength and flexibility. Uniform is required to join class. Fees do not pro-rate; monthly rate only. See page 11 for beginner classes. See page 23 for adult classes.

Intermediate Mini Kids (5-7yrs)

This is an intermediate program; students should have a full knowledge of basic movements and this class will focus on more advanced movements in Capoeira, which will prepare students for the youth program. No class April 15 & May 6.

Tue/Fri	6:00-6:45pm	Marcus	Cafeteria
393682	Apr 1-29	\$85/mo	
393683	May 3-31	\$85/mo	
393684	Jun 3-28	\$85/mo	

Youth (7-15yrs)

Please note: This is not an introductory class. Students are expected to execute all basic movements of Capoeira. No class April 15 & 18, May 6 & 23.

Mon/Wed	5:00-6:00pm, Fri 6:45-7:45pm	Marcus	Cafeteria
393685	Apr 1-29	\$105/mo	
393686	May 2-30	\$105/mo	
393687	Jun 1-29	\$105/mo	



2022 Micro Footie Spring League (April - June)

Welcome to Britannia World Cup Micro Footie. The mission of Micro Footie is to provide a top class community experience for players ages 4 and up (we even do a Micro Footie Women's program) using a small sided game format, where players team up as World Cup countries. Our program values development, sportsmanship, fun, creative play, player involvement, laughter, and mentorship. Make new friends and score lots of goals in these quality training sessions led by youthful staff and volunteer coaches.

We will continue Saturday game days at Vancouver's Empire Bowl and Britannia Oval with practices at our local fields. Registration includes playing soccer outside twice a week, a World Cup country kit, a team photo and a soccer ball. **For more information visit britanniasoccer.org or email britmicrofootie@gmail.com.**

Program Dates: Saturdays April 16 - June 18, 2022 (No session April 18 & May 21, 23)
Program Cost: Meet and greet/kit pick up prior to start date! April 11, 12, 13 or 14 (depending on your scheduled practice day).
 \$144/player

Registration: Registration is now open. Register today to secure your spot.

Refunds: Refunds will be issued up to Feb 15, 2022. No refunds after this date.

Please visit
britanniasoccer.org
 for updates.

Game and Practice Schedule (Schedule may be subject to change)

#	DIVISION	SAT GAME TIME	GAME LOCATION	WEEKDAY PRACTICE TIME	LOCATION
382180	Coed 4yrs	8:45-9:45am	Empire South	Mon 5:45-6:45pm	Garden Park
382181	Coed 5yrs	8:45-9:45am	Empire North	Wed 5:45-6:45pm	Garden Park
382182	Coed 5yrs	8:45-9:45am	Brit Oval	Mon 5:45-6:45pm	Robson Park
382177	Boys 6yrs	10:00-11:00am	Empire South	Mon 7:00-8:00pm	Garden Park
382189	Girls 6yrs	10:00-11:00am	Empire North	Wed 7:00-8:00pm	Garden Park
382183	Coed 6yrs	10:00-11:00am	Brit Oval	Mon 7:00-8:00pm	Robson Park
382178	Boys 7-8yrs	11:15am-12:15pm	Empire South	Mon 7:00-8:00pm	Brit Oval
382190	Girls 7-8yrs	11:15am-12:15pm	Empire North	Mon 5:45-6:45pm	Brit Oval
382184	Coed 7-8yrs	11:15am-12:15pm	Brit Oval	Wed 5:45-6:45pm	Robson Park
382179	Boys 9-10yrs	12:30-1:30pm	Empire South	Tue 5:45-6:45pm	Brit Oval
382191	Girls 9-10yrs	12:30-1:30pm	Empire North	Tue 7:00-8:00pm	Brit Oval
382185	Coed 9-10yrs	12:30-1:30pm	Brit Oval	Wed 7:00-8:00pm	Robson Park
382174	Boys 11-12yrs	1:45-2:45pm	Empire South	Wed 7:00-8:00pm	Brit Oval
382186	Girls 11-12yrs	1:45-2:45pm	Empire North	Wed 5:45-6:45pm	Brit Oval
382175	Boys 13-14yrs	1:45-3:00pm	Brit Oval	Thu 5:45-6:45pm	Brit Oval
382187	Girls 13-14yrs	1:45-3:00pm	Brit Oval	Thu 5:45-6:45pm	Brit Oval
382194	Women 18yrs+	3:15-4:30pm	Empire North	Thu 7:00-8:00pm	Brit Oval

2022 Micro Footie Sponsors





Britannia Gymnastics Club

This popular community recreation program will promote your child's self-esteem and develop strength, flexibility, agility and coordination through the fundamentals of gymnastics. Children can wear a bodysuit, or shorts and t-shirts.

Our fantastic, enthusiastic team of coaches—Aaron, Audra, Elaya, Henry, Lailah, and Sarah—are looking forward to another great gymnastics season! For more information, visit: britanniagymnastics.com

Winter 2022 Schedule

Sat	Apr 23-Jun 25*	*No class May 7 & 21.	Gym A/B
393709	Tiny Tumblers	3-4yrs	1:00-1:45pm
393705	Junior Jumpers A	4-5yrs	2:00-2:45pm
393706	Junior Jumpers B	4-5yrs	3:00-3:45pm
393702	Future Flyers A	6-9yrs	4:00-5:00pm

Sun	Apr 24-Jun 26*	*No class May 8 & 22.	Gym A/B
393700	Dynamic Duo A	18mo-3yrs	10:00-10:45am
393701	Dynamic Duo B	18mo-3yrs	11:00-11:45am
393703	Future Flyers B	6-9yrs	11:30am-12:30pm
393710	Tiny Tumblers	3-4yrs	12:00-12:45pm
393707	Komet Kids	5-6yrs	12:45-1:45pm
393699	Demo Team*	9-15yrs	2:00-3:30pm
393704	Future Flyers C	6-9yrs	2:15-3:15pm
393708	Performance Plus*	9-15yrs	3:45-5:15pm

All programs take place in Britannia Secondary School, 1001 Cotton Drive, Gym A/B.



Dynamic Duo (18mo-3yrs)

Your child will be introduced to gymnastics through tumbling, song, and games. Grow with your child through parent participation.

Tiny Tumblers (3-4yrs)

This popular community program will promote your child's self-esteem and develop strength, flexibility, agility and coordination through the fundamentals of gymnastics.

Junior Jumpers (4-5yrs)

Formerly named "Gym Kids". Develop your child's self-concept and self-esteem in a highly energetic and positive environment. Innovative coaching styles and progressive training will teach basic to advanced skills in all gymnastic events. Beginners and those who have already taken gymnastics are welcome.

Komet Kids (5-6yrs)

Formerly named "Advanced Gym Kids". Develop your child's self-concept and self-esteem in a highly energetic and positive gymnastics environment. Innovative coaching styles and progressive training will teach basic to advanced skills in all gymnastic events. Beginners and those who have already taken gymnastics are welcome.

Future Flyers (6-9yrs)

Formerly named "Performance". Gymnasts are encouraged to create routines, perform to the best of their ability and are given positive feedback on each event.

Performance Plus (9-15yrs)*

For recreational, advanced recreational and competitive athletes. Athletes will have the opportunity to participate in two gymnastics meets to showcase their personal ability (Delta and Bowen Island). They perform routines and are scored on beam, floor, vault and bars.

Demo Team (9-15yrs)*

Athletes will learn tumbling, stunting, dancing and circus arts. Previous gymnastics or dance experience required. Participation in BC Gymnaestrada event. Additional costs for gymnastics competitions and/or body suits.

*Please contact fraser.mcelroy@vancouver.ca for a skills assessment with one of our coaches for Performance Plus and Demo Team. Limited spaces available.

Social

Girls+ Club (10-13yrs)

Girls+ get together to explore your creativity, discover your talents, and share your stories with your friends and meet new friends. A self directed program with a mixture of laughter and leadership. Please pre-register.

Thu 6:15-8:00pm Apr 7-Jun 23
Preteen Centre Free
393357

Guys+ Night (10-13yrs)

Guys+ social night to hang out and meet new friends. A self directed program with a mixture of laughter and leadership. Please pre-register.

Tue 6:15-8:00pm Apr 12-Jun 14
RAR Free
393927

Preteen Dance (Grade 5-7)

DJ 2 Scoops plays the music. You and your friends will have a blast. Concession will be open for sale of glow sticks, glow necklaces, snacks and pizza. Grade 5-7 only. Parental consent form must be completed and are available 1 week before the dance. Pay \$1 at the door.

Fri 6:30-9:00pm Apr 8, Jun 10
CFEC \$1/1 sess

Free Youth Swim (11-18yrs)

For more Information, see page 17.

Jr Scientists (Grade 5-7)

Science is Everywhere! Here at Jr Scientists we will be learning the basics of physics and chemistry in a fun and exciting way! Every class students will be doing hands on experiments and tests to see how science works in their everyday world!

Tue 3:15-4:45pm Apr 5-Jun 7
LRC Free
411967 CANCAT

Active Play – Red Fox (5-12yrs)

Red Fox's flagship Active Play program gives children the chance to be healthy, have fun, and get inspired by positive youth role models from their own communities. Red Fox Youth Leaders guide children through energetic group games, circus arts, and other physical activities that cultivate self-confidence, social connections, and new skills. The program is free for participants and open to children of all ages and abilities. To accommodate more young people, participants will be scheduled to attend every other week. To register, please email info@redfoxsociety.org or call 604-343-6536. No program on Pro D days, Spring Break or stat holidays.

Fri 3:15-4:45pm Apr 1-TBD Gym D Free Red Fox

Sports & Fitness

Youth Basketball (8-13yrs)

You must register weekly in advance. Supervised preteen open gym on Fridays. Come shoot around or join in on games. Shared equipment will be disinfected after use. No food in the gym. Bring your own water bottle. No session April 15.

Fri 6:00-7:30pm Apr 1-Jun 22
Gym D Free

Basketball (8-13yrs)

Focus on the fundamentals! The primary emphasis will be age- and ability-appropriate skill development. This reflects the recommendations of the National Coaching Certification Program Long-Term Athlete Development Model. Increasing skill competency increases likelihood that children will gain the confidence to continue to play and enjoy playing basketball. Emphasis will be on individual skill development, with games and scrimmages worked in. Please bring a water bottle and towel. Avoid bringing any other personal items. No class April 16 & May 21.

Grade 4-5

Sat 11:00am-12:15pm Apr 9-Jun 11
Gym D \$32/8 sess
393358 T and Aaron

Grade 6-7

Sat 12:30-1:45pm Apr 9-Jun 11
Gym D \$32/8 sess
393359 T and Aaron

Youth Fitness (8-13yrs)

Improve running form, change of direction, and agility. In addition to drills, we'll do a variety of workouts outdoors. This program will combine a disciplined focus on fitness and improving athletic skills—like speed and change of direction—with competitive fun games, drills and relays. Coaches and participants will maintain social distancing, and promote hand washing or hand sanitization before, during and after the program. Please bring a water bottle and towel, and avoid bringing personal items.

Thu 3:15-4:45pm Apr 7-Jun 16
Gym C \$88/11 sess
393360 Game Ready

Camps

Drawing and Cartooning with Christache (7-14yrs)

A fun and foundational drawing class led by a professional illustrator. Each class will include warm ups and drawing exercises along with a daily theme to focus our learning.

Themes will be cartoony and fun, including characters familiar to the students (aliens, robots, dragons, etc.).

Mon-Fri 2:00-3:30pm Mar 14-18
RAR \$72/5 sess
383862 Christache



Basketball Camp – Preteen (9-11yrs)

Improve shooting form, ball-handling skills, defensive intensity, and court awareness in a fun-filled, fast-paced environment. Camp will include skill work, mobility training and games.

Aaron Graystone has worked with all levels of athletes from amateur to the NBA. He started his journey over 10 years ago at St. George's School for Boys working as head of player development for the basketball program, while concurrently playing in one of Vancouver's most competitive Club programs. He then worked his way to developing NBA athletes with Handlelife in Los Angeles for 3 years.

After that, Aaron took his talents to China where he became the Head of Player and Coach Development for ME Basketball Facility, China's largest private basketball training location. Now Aaron is focused on developing a foundation for a young generation of basketball players in the community that raised him. Please bring a water bottle and towel, and avoid bringing any other personal items.

Grade 4-5

Mon-Fri Gym C \$100/5 sess
382648 1:00-3:00pm Mar 14-18
382649 1:00-3:00pm Mar 21-25
T and Aaron

Grade 6-7

Mon-Fri Gym C \$100/5 sess
382651 3:15-5:15pm Mar 14-18
382652 3:15-5:15pm Mar 21-25
T and Aaron



Welcome to the Teen Centre

A place in the community dedicated to youth. All youth 13-18yrs are welcome. Pool, foosball, ping pong, video games, and a public access computer are all available for use.

Youth, volunteers and youth workers work together to plan and run programs and activities for the Teen Centre. Please pick up your copy of the monthly activities calendar. If you do not see what you are looking for then get involved and make it happen!

The Teen Centre is a place to:

- Meet people
- Get information or support
- Share your ideas and interests
- Have fun

Hours

Mon-Fri 3:00-9:00pm

Registration

Register for all Teen Centre programs at the Teen Centre. For more information, call 604.718.5828.

Please note: A signed parent consent form is required for many of our programs. If you have any questions or concerns please call us.

Staff

Youth Programmer:
Tom Higashio 604.718.5826
tom.higashio@vancouver.ca

Latin American Youth Programmer:
Stephanie Angel-Garay 604.718.5829
stephanie.angel-garay@vancouver.ca

Teen Centre Staff:
Barry, Chiho, Joel, Johnny, Kakada, Lauren,
Luke, Manuel, Mark, Stephanie, Tom

Leadership

Britannia Youth Committee

Britannia youth programs are looking for youth who want to be involved! Give back to the community, and initiate and follow through on community programs and projects. Meetings are held the first and third Thursday of the month. For more information contact Tom at 604.718.5826.

Friends First Program / Grupo de Amigos (13-18yrs)

Make new friends and learn new skills! This program provides social, recreational, and educational activities. We meet every Saturday. To register and for more details, contact Stephanie at 604.718.5829. Consent forms are required to participate in the outings. Subsidies are available for all activities.

¡Conoce a jóvenes de tu edad y aprende al mismo tiempo! Este programa brinda actividades sociales, recreativas y educativas. Nos reunimos los días sábados. Para registrarse y obtener más detalles, comuníquese con Stephanie al 604.718.5829. Se requieren formularios de consentimiento para participar en las salidas. Subsidios disponibles para todas las actividades.

Sat/Sáb 1:00-5:00pm Apr 2-Jun 18
Teen Centre Free

Cooking Programs

Feast of Flavours (13-18yrs)

This is a hands on cooking program. Learn to create healthy, cheap and easy to cook meals. Youth are involved in planning, cooking and preparing the meals.

Tue 4:00-6:30pm Apr 5-Jun 21
55+ Centre Free

Latin Cooking (13-18yrs)

Do you want to learn how to cook food from different Latin American countries? Come share your favorite dishes and learn new recipes! You will also learn how to choose foods that are more nutritious and shop on budget. **Pre-registration is required.** Space is limited. To register, please contact Stephanie at 604.718.5829 or stephanie.angelgaray@vancouver.ca.

Thu 5:00-7:00pm Apr 7-Jun 30
55+ Centre Free

Music

Greenhorn Community Music Project (12-17yrs)

The Greenhorn Community Music Project aspires to join the creative forces of youth, professional musicians, and community members to compose, practice, and perform a variety of musical styles to orchestrate social change you can dance to! Britannia membership required (child/youth \$1). No class April 16.

Sat 11:00am-12:30pm Apr 2-May 28
Teen Centre Free
Brenda/Tim

Social



Free Youth Swim (11-18yrs)

Britannia's youth-only swim time, every other Friday. Contests, prizes, games and crazy stuff! The WIBIT will be available some days. Lessons will be available to interested youth for the first 30mins; work on skills or improve your swimming abilities.

Fri 6:00-8:00pm Apr 8 & 22
Britannia Pool May 6 & 20
Free Jun 3 & 17

Leisure Access Program

The Leisure Access Program (LAP) provides low-income City of Vancouver residents with reduced cost programs and services at Britannia and Park Board facilities.

LAP card holders may receive up to 50% off certain programs. To learn more and to apply, visit:

vancouver.ca/parks-recreation-culture/leisure-access-card



Youth Week is an internationally celebrated event to promote awareness of youth, increase positive public profile of youth and build stronger connections between youth and the community.

During Youth Week, young people around the world organize and participate in events, performances, forums and community projects.

Community Small Grants

Grants are available for youth to get creative with celebrating Youth Week. Have a fun idea to celebrate Youth Week in Vancouver?

E-mail youthweek@vancouver.ca to get connected with your local Park Board Community Youth Worker, learn how to apply for a grant and bring your idea to life!



Saturday, May 7th @ Hillcrest CC

Join other youth from around the city for a fun night of basketball, skating, food and prizes!



Contact your local Park Board Community Youth Worker for more information in regards to any youth week events!

Skateboard Jam @ Downtown Skate Plaza

All skills welcome. Helmets Mandatory. Contact youthweek@vancouver.ca for a waiver form.



All activities/events may be subject to change to follow current Provincial Health Orders – please contact your local Community Youth Worker for details



Events are sponsored by the Vancouver Board of Parks and Recreation and individual Community Centre Associations

Arts

Banner Painting Workshop – Theme: Science (12yrs+)

For more information, see page 7.

Sat/Sun 10:00am-4:00pm Apr 9-10
Cafeteria \$19.05/2 sess
374354 Helen

Introduction to Paper Quilling (12yrs+)

NEW

If you love spirals and repurposing paper, join local artist Helen Spaxman in this pair of upcycling workshops exploring paper quilling methods you can use to create wall-worthy art with waste paper. The two projects include colourful printed paper hangings that can also be made into greeting cards, and newspaper/paperback folded spirals that can be developed into trivets or baskets. All materials will be provided.

Sat 10:00am-12:00pm May 28-Jun 4
Rm 208 \$60/2 sess
393377 Helen

Introduction to T-Shirt Yarn (15yrs+)

NEW

If you want to learn the most efficient ways of converting old t-shirts and other garments into yarn, please join us for this pair of upcycling workshops exploring cutting/tearing methods. During the second workshop we will use the yarn you have created over the week to explore easy and bulky knitting, crocheting and weaving projects. Materials are provided, but you are welcome to bring your own used garments. Please bring your rotary cutter and a matt, or fabric scissors (or very sharp scissors).

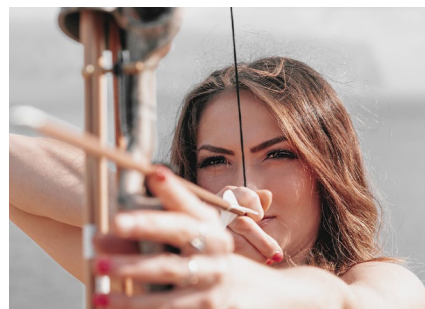
Sat 1:00-3:00pm May 28-Jun 4
Rm 208 \$60/2 sess
393378 Helen

Physical Activity

Archery – Beginner (12-18yrs)

Introduction to archery, including history and trying a variety of different bows. Emphasis will be on individual skill development. Please bring a water bottle and towel, and avoid bringing any other personal items.

Sat 2:00-3:30pm Apr 9-Jun 11
Gym C \$50/10 sess
393368 Bernice



Archery – Intermediate (12-18yrs)

Must have completed the Beginner session to register for Intermediate Archery. Instructor will provide approval to move on to intermediate. A continuation of the introduction to archery class, including history and trying a variety of different bows. Emphasis will be on individual skill development.

Please bring a water bottle and towel, and avoid bringing any other personal items.

Sat 3:45-5:00pm Apr 9-Jun 11
Gym C \$40/8 sess
393369 Bernice

Co-ed Indoor Soccer (11-18yrs)



Free drop-in soccer for youth (with high school ID). New players welcome! Come have fun and practice your soccer skills. We will be focusing on fitness, dribbling, turning, receiving, passing and fun skill challenge games.

Please bring your own water bottle. **Pre-registration is required. Space is limited.**

Tue 5:30-7:00pm Apr 5-Jun 28
Gym D Free
393356

Youth Fitness (13-18yrs)

A must for young athletes as they increase physical literacy, this program provides a progression of fitness acuity. A base level of fitness and movement is developed as the athletes learn to appreciate exercise as a lifestyle. Basic movements, balance and coordination are honed through games, relays and drills with a focus on high energy and fun.

As comfort levels increase, they will work on strength and speed while maintaining a high level of conditioning. Coaches will teach and challenge so each youth will increase confidence in their abilities. Please bring a water bottle and towel, and avoid bringing any other personal items.

Thu 5:00-6:15pm Apr 7-Jun 16
Gym C \$77/11 sess
393361 Game Ready Fitness

Britannia Boxing (6yrs+)

For more information, see page 13.

Traditional Kung Fu (6yrs+)

For more information, see page 13.

Axe Capoeira (7yrs+)

See page 13 for 7-15yrs classes. See page 23 for 16yrs+ classes.

Latin American Youth Program / Programa Juvenil Latinoamericano

The Latin American Youth Program (LAYP) offers cultural and recreational activities for Latinx youth ages 11-18yrs. These activities range from organized recreational programs to advocacy and referral services. For more information and to register, please contact Stephanie (the Latin American Youth Worker) at 604.718.5829 or stephanie.angel-garay@vancouver.ca.

El Programa de Jóvenes Latinoamericanos ofrece actividades culturales y recreativas para jóvenes de 11 a 18 años. Estas actividades incluyen programas recreativos, servicios de abogacía y referencia. Para obtener más información, comuníquese con Stephanie, la trabajadora juvenil latinoamericana, al 604.718.5829 o stephanie.angelgaray@vancouver.ca.

Grupo de Amigos / Friends First Program (13-18yrs)

¡Conoce a jóvenes de tu edad y aprende al mismo tiempo! Este programa brinda actividades sociales, recreativas y educativas. Nos reunimos cada dos sábados. Para registrarse y obtener más detalles, comuníquese con Stephanie al 604.718.5829. Se requieren formularios de consentimiento para participar en las salidas. Subsidios disponibles para todas las actividades. Los espacios son limitados, y el registro es necesario.

Make new friends and learn new skills! This program provides social, recreational, and educational activities. We meet every other Saturday. To register and for more details, contact Stephanie at 604.718.5829. Consent forms are required to participate in the outings. Subsidies are available for all activities. Spaces are limited; registration is required.

Sat/Sáb 1:00-5:00pm Apr 2 & 23
Teen Centre May 7 & 28
Free/Gratis* Jun 4 & 18

Comité de Juventud Latinoamericana / Latin American Youth Committee (13-18yrs)

¿Estás interesado en ayudar a organizar actividades y eventos para nuestra comunidad? Únete a nuestro comité de jóvenes y ayúdanos a iniciar nuevos proyectos y eventos. Para obtener más detalles, comuníquese con Stephanie al 604.718.5829. Nos reunimos el primer miércoles de cada mes de 4:00-5:00pm. El registro es necesario.

Are you interested in helping organize activities and events for our community? Join our youth committee and help us start new projects and events. For more details, please contact Stephanie at 604.718.5829. We meet on the first Wednesday of each month from 4:00-5:00pm. Registration is required.

Wed/Mié 4:00-5:00pm Apr 6, May 4
TBD Jun 1
Free/Gratis*

Club de Arte / Art Club (10-14yrs)

Ven a explorar tu creatividad, haremos diferentes proyectos de manualidades usando varias formas de arte. (¡Pintura básica, dibujo, creación de collages y más!) Todos los niveles son bienvenidos. Se proporcionarán materiales de arte. Los espacios son limitados, y el registro es necesario.

Come explore your creativity! We will be doing different crafts projects using various art forms. Basic Painting, drawing, collage making and more! All levels welcome. Art materials will be provided. Spaces are limited; registration is required.

Sat/Sáb 1:00-3:00pm Apr 9 & 30
Teen Centre May 14 & 28
Free/Gratis* Jun 11 & 25



Fútbol Sala Mixto / Co-ed Indoor Soccer (11-18yrs)

Fútbol para jóvenes (con identificación escolar). ¡Nuevos jugadores son Bienvenidos! Los espacios son limitados, y el registro es necesario.

Free drop-in soccer for youth (with high school ID). New players welcome! Spaces are limited; registration is required.

Tue/Mar 5:30-7:00pm Apr 5-Jun 28
Gym D/Gimnasio D Free/Gratis*

Cocina Latinoamericana / Latin Cooking (13-18yrs)

¿Quieres aprender a cocinar comida de diferentes países de América Latina? ¡Ven, comparte tus platos favoritos y aprende nuevas recetas! También aprenderás a elegir alimentos más nutritivos y económicos. Los espacios son limitados, y el registro es necesario.

Do you want to learn how to cook food from different Latin American countries? Come share your favorite dishes and learn new recipes! You will also learn how to choose foods that are more nutritious and shop on budget. Spaces are limited, and registration is required.

Thu/Jue 5:00-7:00pm Apr 7-Jun 30
55+ Centre Free/Gratis*

Taller de Escritura Creativa en Español /Creative Writing Workshop in Spanish (13-18yrs)

En este taller los adolescentes podrán explorar temas de su interés a través de la escritura creativa. El formato del taller será el siguiente: escritura libre acerca de algún tema (a definir en las sesiones con los participantes), discusión / práctica del contenido elegido y escritura dirigida. La facilitadora Alicia Niemann durante las sesiones les guiará y acompañará en el descubrimiento de su voz literaria. Los espacios son limitados, y el registro es necesario. No hay encuentro el 16 de abril.

In this workshop, teens will be able to explore topics of their interest through creative writing. The format of the workshop will be as follows: free writing about a topic (to be defined in the sessions with the participants), discussion / practice of the chosen content, and directed writing. During the sessions, the facilitator Alicia Niemann will guide and accompany them in the discovery of their literary voice. Spaces are limited; registration is required. In partnership with VLACC. No class April 16.

Sat/Sáb 10:30am-12:00pm Apr 2-30
LRC Free/Gratis*

***Se requiere registro previo.** Comuníquese con Stephanie al 604.718.5829 o stephanie.angelgaray@vancouver.ca para registrarse.

***Pre-registration is required.** To register, please contact Stephanie at 604.718.5829 or stephanie.angelgaray@vancouver.ca.

Music

Vancouver Latin American Cultural Centre Choir

Come sing with *Canto Vivo!*, the Vancouver Latin American Cultural Centre Choir! Our choir meets once a week to learn and practice songs that reflect the immense diversity of musical genres from all over Latin America. Songs will be sung in Spanish and Portuguese. Sergio Pires, the choral conductor, is an educator and music researcher who holds a Doctorate of Musical Arts in choral conducting from Boston University and Masters and Licentiate degrees in music from Brazilian institutions. Everybody is welcome to participate. Join this fun community activity, sing, and make friends! Register by emailing info@vlacc.ca. Please purchase a VLACC and a Britannia membership.

Wed 7:00-9:00pm **Mar 2-Jun 22**
55+ Centre **Sergio**

Carnival Band



Looking for an excuse to dust off that horn (clarinet, glockenspiel) in the back of your closet? Looking for a way to bring a little music and colour to your community? The Open Air Orchestra Society invites you to our street band workshops, led by the incomparable Ross Barrett, Tim Sars, and various guest instructors. All levels and ages welcome. Suggested donation is one hour's wage or \$5 pay-what-you-can. Britannia membership required. For more information and to book the band, email vancouvercarnivalband@gmail.com. No session Apr 18 or May 23. Meet under covered area west of Britannia Elem or in the 55+ Centre.

Sat 2:00-4:00pm **Apr 2-Jun 25**
Mon 7:30-10:00pm **Apr 4-Jun 27**
55+ Centre/Outside **By donation**
Tim/Ross

Solidarity Notes Labour Choir

Solidarity Notes Labour Choir is a group of social justice, environmental and labour activists who know that music is more than pleasurable sound; it's a powerful language to educate, connect us and remind us of our strength and history. We are a non-auditioned choir and welcome everyone. We suggest a fee of \$35/month, but if you can't afford that, pay what you can. If you can't afford anything, that's OK too. For more info please contact Carol at 604.526.4959. We generally do not meet on one Sunday of the month; check solidaritynotes.ca for our practice schedule. Britannia membership required. No session Apr 17, May 22, Jun 26.

Sun 10:30am-12:30pm **Apr 3-Jun 19**
55+ Centre **By donation**
Earle

African Drumming

Level 1 (16yrs+)

Play traditional West African rhythms on hand drums (djembés). These intro lessons are fun and concentrated. Learn foundational rhythms and playing techniques. Halfway through the course, dununs will be introduced (dununs are bass drums played with sticks). This course lays the foundation for higher-level courses. No previous experience is required. Drums are supplied in class or BYOD. No class May 1.

Sat 2:00-3:15pm **Apr 23-Jun 18**
Cafeteria **\$136/8 sess**
392835 Russell

Level 2 (16yrs+)

This course is a continuation of Level 1. Drummers will further develop and deepen their skills. New and different djembe and dunun rhythms are taught every course; therefore Level 2 can be repeated several times. Pre-req: Completion of Level 1 or permission from the instructor. He can be contacted through his website: drumming.ca. Drums are provided in class or BYOD. No class May 1.

Sat 12:00-1:15pm **Apr 23-Jun 18**
Cafeteria **\$136/8 sess**
392836 Russell

Level 3 (16yrs+)

More challenging djembé and dunun rhythms are taught in level 3. Also, the class moves at a faster pace. Participants can repeat level 3 several times as new rhythms are taught every course. Drums are provided during class times or BYOD. Pre-req: Permission from the instructor is required. He can be contacted through this website: drumming.ca. No class May 1.

Wed 6:30-8:00pm **Apr 20-Jun 8**
392837 **\$136/8 sess**

Sat 10:30-11:45am **Apr 23-Jun 18**
393589 **\$136/8 sess**
Cafeteria Russell

Arts

Soap Making 101 – Cold Process (16yrs+)



Learn how to make natural handcrafted soap in this beginner level class. The main focus of this class is learning the "cold process," which will support your understanding of saponification values so that you'll be comfortable creating your own soap recipes at home. Use your choice of colours and scents to make 1lb of soap to take home.

Thu 6:00-9:00pm **Apr 28**
Rink Mezz **\$135/1 sess**
393554 Sandra

Introduction to Paper Quilling (12yrs+)



If you love spirals and repurposing paper, join local artist Helen Spaxman in this pair of upcycling workshops exploring paper quilling methods you can use to create wall-worthy art with waste paper. The two projects include colourful printed paper hangings (that can also be made into greeting cards), and newspaper/paperback folded spirals that can be developed into trivets or baskets. Materials provided.

Sat 10:00am-12:00pm **May 28-Jun 4**
Rm 208 **\$60/2 sess**
393377 Helen

Introduction to T-Shirt Yarn (15yrs+)



Learn the most efficient ways to convert old t-shirts and other garments into yarn in this pair of upcycling workshops exploring cutting/tearing methods. During the second workshop we will use the yarn you created to explore easy bulky knitting, crocheting and weaving projects. Materials provided, but you are welcome to bring your own used garments. Please bring your rotary cutter and a matt, or fabric scissors (or very sharp scissors).

Sat 1:00-3:00pm **May 28-Jun 4**
Rm 208 **\$60/2 sess**
393378 Helen

Banner Painting Workshop – Theme: Science (12yrs+)

"It is frequently the tragedy of the great artist, as it is of the great scientist, that they frighten the ordinary person."

— Loren Eiseley

Use high quality water-based fabric paints to help create Britannia's next set of colourful banners. Banners are large and hang in pairs and will be displayed outdoors on site and in the Library. This is a great workshop for friends and family. The workshop is held in the secondary school cafeteria. Children under 12 must be accompanied by an adult. Wear old clothes, bring a lunch and a colour sketch of your idea.

Banners can be purchased after exhibition for \$20/set. Artists get first chance to buy their own banners. Unclaimed banners may be available at a Britannia Plaza Market (see summer schedule). All materials will be provided.

Sat/Sun 10:00am-4:00pm **Apr 9-10**
Cafeteria **\$19.05/2 sess**
374354

Connecting to Health – Art Therapy Group (18yrs+)

NEW

This person-centred art therapy group is designed to connect people to their creativity and inner resources and raise self-awareness. Caro Embling is a registered art therapist in BC and believes in the creative process as a way to heal, grow and connect to our inner selves and others. She strives to create a culturally safe environment for all participants. Basic materials provided but you are welcome to bring additional materials.

Set 1

Mon 6:30-9:00pm Apr 25-May 16
390225 \$115/4 sess

Set 2

Mon 6:30-9:00pm May 30-Jun 20
394033 \$115/4 sess
LRC Caro

Pottery – Introduction (16yrs+)

Experience the joy of creating your own dishes from a lump of clay! This course is a survey of the basic methods of hand-building, using the wheel, and surface decoration, and an introduction to the Britannia studio. No experience necessary! Clay and glazes are included. An additional class may be created from the waitlist.

Tue 7:00-9:00pm Apr 19-Jun 7
Rm 208 \$225/8 sess
390438 Helen

Pottery – Continuing (16yrs+)

Further develop your pottery skills in hand-building and on the wheel. Attention is given to the sculptural as well as the functional aspects of pottery. Students are self-directed with more one-on-one instruction. Pre-req: Intro to Pottery or permission of the instructor. Clay and glazes are included. Additional classes will be created from the waitlist.

Wed 6:30-9:00pm Apr 20-Jun 7
Rm 208 \$246/8 sess
390437 Helen

Working With Cement (16yrs+)

Cement is both an easy and challenging medium to use to make beautiful and useful homeware. This course will teach some techniques and handy tricks to make your own cement bowl. From choosing your mold, mixing and pouring your concrete, curing and sealing, Karine Zamor will show you a window to her passion. Each student will end up with a lovely bowl to take home.

Thu 7:00-9:00pm May 5-May 12
Rink Mezz \$80/2 sess
394121 Karine

Language

Spanish – Beginners (19yrs+)

Learn about Latin culture and its language through dynamic and interactive sessions led by highly experienced native speakers. Everyday topics will be taught.

Tue 1:00-2:00pm Apr 19-Jun 21
Rink Mezz \$116.60/10 sess
394606 Words in Motion

Spanish – Intermediate (19yrs+)

This is for students who have taken beginner Spanish and can converse in Spanish. Learn about Latin culture and its language through dynamic and interactive sessions led by highly experienced native speakers.

Tue 2:15-3:15pm Apr 19-Jun 21
Rink Mezz \$116.60/10 sess
394607 Words in Motion

Food



Grandview Woodland Food Connection (GWFC) is dedicated to supporting healthy food access for all. In partnership with Britannia Community Centre, the GWFC is pleased to offer a range of community food programs. If you'd like to get involved, email gwfcnetwork@gmail.com or visit: gwfoodconnection.com

Britannia Bulk Buy Food Club

Interested in fresh, healthy, and affordable food at wholesale prices? Once a month, you can purchase a \$14 box of assorted produce at Britannia Community Centre. Buying together with your neighbours can help you save over 40% on your food bill. You get 12-14 varieties of fruits and veggies plus access to supplemental donations. Email gwfcnetwork@gmail.com or call Ruth Elizabeth at 604.718.5895 for more info or to be added to the waitlist.

FoodFit

Still staying close to home? Join the GWFC's free and fun online FoodFit program! This 6-week program is for community members who experience barriers around healthy eating and physical activity but who are motivated to make lasting changes to their health.

The Zoom sessions combine fun, online cooking and food-based activities with easy-to-understand nutrition information, self-directed individual and group goal-setting, and reflection that will reinforce individual and group progress. FoodFit respects the limits of people's circumstances, and aims to give you simple, useful tools to navigate an increasingly complex food environment. Contact us at gwfcnetwork@gmail.com to register for an upcoming six week session.

Sat 5:00-7:00pm Apr 23-May 26
Zoom Free
Siobhan

Planting for Spring Garden Workshop



Join Master Gardener, Pablo Vimos, in exploring four different methods for starting seeds indoors and find out what you can plant in the garden in April! In this hands-on workshop, we will plant potatoes in containers, leafy greens in the garden, and start some indoor veggies. The pros and cons of each seeding method will be discussed.

This workshop welcomes gardeners of all experience levels and physical abilities. You'll leave with printed information and some seeds to start indoors at home. Sign up to gain hands-on experience and get ready to get dirty! Sliding scale options available.

Sat 2:00-4:00pm Apr 23
Transformed Life Garden Pablo
405427 \$5 sliding scale/1 sess
405431 \$10 sliding scale/1 sess
405432 \$15 sliding scale/1 sess

A Thriving Garden Workshop



Find out how to get your veggie garden to thrive this summer with Master Gardener, Pablo Vimos. All urban gardens rely on municipal water and with our changing climate, this resource must be conserved. Learn how to best water and maintain your garden over the summer with sustainability in mind. In this hands-on workshop, Pablo will teach us how to water, weed, harvest, and reduce pests—thriving gardens here we come!

This workshop welcomes gardeners of all experience levels and physical abilities. You'll leave with printed information and some freshly harvested veggies. Gain hands-on experience and get ready to get dirty! Sliding scale options available.

Sat 2:00-4:00pm May 28
Mary Jo Garden Pablo
405455 \$5 sliding scale/1 sess
405459 \$10 sliding scale/1 sess
405461 \$15 sliding scale/1 sess

Adults

Salsa Cubana & Rueda De Casino

Singles and couples welcome. The basics of Merengue, Bachata and other Latin steps are taught during warm-up.

Upon completion of each program, the instructor will assess the student's level and determine if they can move up to the next level.

Beginner (18yrs+)

No experience necessary. This will be your introduction to Cuban Salsa. We will start with the basic steps, at first in a line but soon you will be using what you have learned in the circle-formation known as a Rueda. We will quickly progress to passing followers from one leader to the next, to turns and moves such as Vacilala, Casate, Sombrero, etc.

Wed 7:30-9:00pm **Apr 27-Jun 15**
Gym C **\$160/8 sess**
393480 Karlos

Beginner/Intermediate (18yrs+)

We will continue where we left off in the Beginner class and will add more moves, such as La Ye Simple, La Ye, Sombrero Complicado, Tornillo, Pelota, Setenta, etc.

Tue 7:30-9:00pm **Apr 26-Jun 14**
Gym C **\$160/8 sess**
393479 Karlos

Intermediate (18yrs+)

We will review the moves learnt in the Beginner/Intermediate class and learn new moves such as La Ye Simple, La Ye, Sombrero Complicado, Tornillo, Pelota, Setenta, etc. No class May 23.

Mon 7:30-9:00pm **Apr 25-Jun 20**
Gym C **\$160/8 sess**
393478 Karlos

Advanced (18yrs+)

In this class, you will learn some complex variations of moves, such as Caramelo, Malanga, Camina, A lo Cubano, Setenta y Virate, Despeñala, El Salao, Bombero, etc. as well as moves involving two couples.

Pre-requisite: Previous experience, successfully completed Intermediate Salsa Cubana Rueda class, and consultation with the instructor before beginning the course.

Thu 7:30-9:00pm **Apr 28-Jun 16**
CFEC **\$160/8 sess**
393481 Karlos

Health & Fitness

Iyengar Yoga (18yrs+)

Physically energizing, deeply relaxing and emotionally uplifting, this program offers instruction in classical yoga with an emphasis on self-awareness and development of strength, stamina, flexibility, balance, body awareness, postural alignment and relaxation. It accommodates all levels of fitness and ability and is taught with clarity, creativity, attention to detail and sensitivity to individual needs, in an atmosphere of respect, compassion and humour. Safety, back and joint care will be addressed. Your own mat and equipment is optional but recommended; we have mats and equipment you can use. The instructor will email you before the class to check in. You must have Iyengar Yoga experience to do Level 2 & 3. If you are unsure please contact claudiamacyoga@gmail.com. \$21/drop-in.

Level 1 & 2

Tue Apr 12-Jun 28 **Claudia**
CFEC **\$204/12 sess**
393716 9:30-11:00am
393717 7:00-8:30pm

Level 2 & 3

Thu 5:30-7:00pm **Apr 14-Jun 30**
CFEC **\$204/12 sess**
393718 Claudia

Yogaflex (18yrs+)

Focus on core strength and how to get connected with it. The core work will be incorporated into yoga postures. The class ends with deep stretching and relaxation. You will leave feeling strong. Please bring your own mat. \$14/drop-in. No class April 17, May 8 & 22, and June 19.

Sun 10:15-11:15am **Apr 3-Jun 26**
CFEC **\$90/9 sess**
393742 Alex

Stretch Therapy (18yrs+)

Learn the contract and relax technique of PNF stretching plus other partner assisted techniques to release fascia, tight muscles and unlock your joints so you can move with ease. These techniques are so effective, only one or two classes a week are recommended. Release your hamstrings, hips, back and shoulders to improve posture, mobility and range of motion. \$30/drop-in. No class May 23.

Mon 6:45-7:55pm **Apr 25-Jun 6**
CFEC **\$150/6 sess**
393732 Rob

Baby and Me Yoga (16yrs+)

Stretch, strengthen and find moments to involve baby with movement, massage and songs. Crawlers are welcome and older children may come watch and we can set up a reading area.

Please bring a blanket for baby. Yoga mats provided. Pre-walking or 6 weeks old to 16 months. \$16/drop-in.
melissarodrigues.com


Wed 10:30-11:30am **Apr 6-Jun 22**
CFEC **\$180/12 sess**
393688 Melissa

ZUMBA® Fitness (18yrs+)

This fitness class fuses Latin rhythms with easy to follow moves to create a dynamic workout system designed for everyone at any fitness level. Zumba® is a feel happy workout that is great for anyone at any fitness level.

We use a variety of styles including Cumbia, Soca, Merengue, Salsa, Samba, Reggaeton, Flamenco. \$14/drop-in. No class April 18. zumbavancouver.ca

Set 1

Mon 6:00-7:00pm **Gym C**
393744 Apr 4 **Free Trial** 
393745 Apr 11-May 16 **\$63/5 sess**

Wed 6:00-7:00pm **Gym C**
393747 Apr 6 **Free Trial** 
393748 Apr 13-May 18 **\$75/6 sess**
Zumba Vancouver

Set 2

Mon 6:00-7:00pm **May 30-Jun 27**
Gym C **\$63/5 sess**
393743 Zumba Vancouver

Wed 6:00-7:00pm **May 25-Jun 29**
Gym C **\$75/6 sess**
393746 Zumba Vancouver

One-on-One Bicycle Lessons for All Levels (6yrs+)

NEW

Learn to ride a bike for the first time or gain more confidence riding on the road with traffic.

Whatever your skill level or age, Louise has over ten years experience teaching adults and children how to improve their cycling skills.

For more information, search Activity #: 406094 at vanrec.ca.

Leisure Access Program

The Leisure Access Program (LAP) provides low-income City of Vancouver residents with reduced cost programs and services at Britannia and Park Board facilities. LAP card holders may receive up to 50% off certain programs. To learn more and to apply, visit:

vancouver.ca/parks-recreation-culture/leisure-access-card

Drop-in Fitness

Dance Aerobics (18yrs+)

Get your groove on with Hot Carib and Latin moves (think Zumba!). Classes are designed to increase in intensity over the session. Guaranteed to increase your fitness level while having fun! Purchase drop-in tickets at pool office. \$6/drop-in or \$45/10 tickets.

Thu 6:30-7:30pm Apr 7-May 26 Gym C \$6/drop-in Allyson

HIIT Fitness (18yrs+)

A High Intensity Interval Training (HIIT) workout to shape your abs, legs and arms! Purchase drop-in tickets at the pool office. \$6/drop-in or \$45/10 tickets.

Tue 6:00-7:00pm Apr 5-May 24 Gym C \$6/drop-in Allyson

Salsa Fit (18yrs+)

Invigorating and energizing cardio combining high/low impact aerobics with a salsa flare. Great music and lots of fun. Includes a muscular strengthening component and stretching. Purchase drop-in tickets at pool office. \$6/drop-in or \$45/10 tickets. No class April 16.

Drop-in procedure: A class sign up list will be available at the Britannia Pool at 8:30am on the day of the program. Go to the pool office or call them and sign up for that day's program and pay the drop-in rate (or if you have a strip ticket, give it to Denise at the class).

Sat 9:30-10:30am Apr 9-Jun 25 Gym C \$6/drop-in Denise



Martial Arts



Ki Aikido (18yrs+)

Looking for an embodied practice that helps you deal with the stresses of daily life? Try Ki Aikido, a non-competitive practice that develops calmness, stability and confidence. Improve your mind-body connection, stay relaxed and centered under pressure, and work with energy flow in dynamic movements.

Beginners can take one free session before deciding to register. High grade classes are for 1st Kyu or more advanced students. No class April 18 & May 23.

General

Wed 7:30-9:30pm Apr 6-Jun 29
Mat Rm \$78/13 sess
393720 Wayne \$10/drop-in

High Grade

Mon 7:30-9:30pm Apr 4-Jun 27
Mat Rm \$55/11 sess
393719 Wayne \$6/drop-in

Axe Capoeira (16yrs+)

Students enrolled in this class must have a minimum of 6 months consistent Capoeira experience, or permission from the school. Students are expected to execute all basic movements of Capoeira. Classes cover all aspects of Capoeira: martial arts, dance, music, acrobatics, culture, language. Classes focus on developing rhythm, reflexes, balance, coordination, strength, flexibility. Unlimited participation in training, dance and music classes. Uniform is required to join class. Fees do not pro-rate; monthly rate only. Mon/Fri classes are in Cafeteria. Weds classes are in CFEC. No class April 15 & 18, and May 6 & 23.

Mon/Wed 6:15-7:30pm	Fri 7:30-8:30pm
CFEC/Cafeteria	Marcus
393677 Apr 1-29	\$125/mo
393678 May 2-30	\$125/mo
393676 Jun 1-29	\$125/mo

Traditional Kung Fu (6yrs+)

This Northern Shaolin Style class will teach you traditional forms, weapon forms, sparring and self-defense. It will help you gain physical and mental strength, and develop self-confidence and discipline. Membership fee of \$2 per month for the Northern Shaolin Lung Chi Cheung Association is included in the fee. Students must be able to attend Monday and Friday classes regularly. Fees cannot be prorated. No class Apr 8, 15 & 18; May 23; and June 10.

Beginner

Mon/Fri 4:30-5:45pm Apr 1-Jun 27
CFEC \$237/21 sess
393736 Marquis & Louis

Intermediate

Mon/Fri 4:30-6:30pm Apr 1-Jun 27
CFEC \$258/21 sess
393737 Marquis & Louis

Advanced

Instructor approval required.

Mon/Fri 4:30-6:30pm Apr 1-Jun 27
CFEC \$279/21 sess
393735 Marquis & Louis



Your Safety is Our Priority

- Proof of vaccination is required in B.C. to access some programs and facilities at community and recreation centres. For more information, see page 5.
- Masks must be worn by patrons 5 years of age and older in all of our facilities when not engaged in physical activity.
- Stay home if you have any symptoms of COVID-19, including: coughing, sore throat, fever, or sneezing.
- Stay home if you have been in contact with a confirmed case of COVID-19 or if you are required to self isolate on Public Health orders.
- Wash your hands, respect the personal space of other patrons and staff, and cover your cough or sneeze.

Sports

Ball Hockey – Women (18yrs+)

The focus is on fitness and fun for players of all levels. Teams divided according to skill level at beginning of game. Bring a black and a white t-shirt to split into teams. Sticks provided, or bring your own plastic, wood, or composite. Shin pads and gloves recommended. \$6/drop-in, space permitting. No class April 17 & May 22.

Sun	4:15-6:00pm	Apr 10-Jun 26
Gym D		\$55/10 sess
393696	Belinda	

Ball Hockey – Coed (18yrs+)

Fun, recreational ball hockey. No body-checking. All skill levels welcome. Protective gear recommended. Plastic sticks provided. No wooden sticks allowed. Great practice for goalies! \$6/drop-in, space permitting. Register early as this class will fill up!

Wed	7:45-9:15pm	Apr 13-Jun 29
Gym D		\$66/12 sess
393694	Trey	

Badminton (18yrs+)

Come play some badminton with us! Singles if it's slow, otherwise doubles. Rotate after your game to get a short break, then more action! There are 30 pre-registered and drop-in spaces available (space permitting). No class April 15 & 17.

Fri	7:00-9:45pm	Apr 8-Jun 24
Gym D		\$88/11 sess
393689	Allen	\$9/drop-in
Sun	1:30-3:30pm	Apr 10-Jun 26
Gym D		\$55/11 sess
393690	Erica	\$6/drop-in

Micro Footie Women's League (18yrs+)

Welcome to Britannia World Cup Micro Footie. The mission of Micro Footie is to provide a top class community experience for all players using a small sided game format, where players team up as World Cup countries. Our program values development, sportsmanship, fun, creative play, player involvement, laughter, and mentorship. Make new friends and score lots of goals in these quality training sessions. For more information visit www.britanniasoccer.org. If you have any questions, email britmicrofootie@gmail.com. No class April 16, 18 & May 23.

Registration is now open. Due to the challenging task of placing players on teams, refunds will be issued up to Feb 15, 2022. No refunds will be issued after this date.

Thu 7:00-8:00pm	Sat 3:15-4:30pm
382194	Apr 14-Jun 16
Brit Oval	\$144/19 sess

Soccer – Women's Indoor (18yrs+)

A recreational program for all types of fitness and skill levels. Expect low-key, limited body contact, clean fun play.

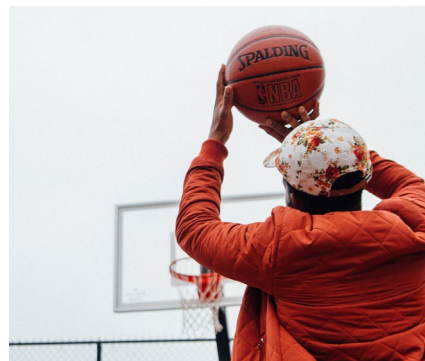
Registered players arrive by 6:15pm to hold your spot. 15 spaces are allotted per night. \$6/drop-in, space permitting.

Thu 6:00-7:30pm	Apr 7-Jun 30
Gym D	\$71.50/13 sess
393729	Tracy

Basketball (18yrs+)

Come get your sweat on with our 5 on 5 full court basketball game. First to 15 points, then rotate. 15 players maximum. No drop-ins.

Sun 2:00-4:00pm	Apr 10-Jun 26
Gym C	\$66/12 sess
393697	Simon
Sun 4:00-6:00pm	Apr 10-Jun 26*
Gym C	\$61/11 sess
393698	David
*No class April 17.	



Britannia Boxing (6yrs+)

Britannia's own fun, inclusive, and informative boxing program where anyone can come and learn proper techniques, hit the bags, and workout with our coaches. New bags, gloves, portable ring, and more await you in our boxing gym! You'll break a sweat, but can work at your own pace. Come train as much as you like—classes are unlimited. The Boxing Room is located in Gym C. First time participants, pay \$15 drop-in. After this, participants will be expected to pay the \$75/month fee. Fees cannot be prorated. No class April 15 & 18, and May 23.

Mon-Fri	5:00-7:00pm	
Sat	2:00-4:00pm	
Jay	Boxing Rm	\$75/mo
393711	Apr 1-30	
393712	May 2-31	
393713	Jun 1-30	

Volleyball

Drop-in Rules: Join the drop-in list at the Pool Office at the start time of the program. Registered players have 15 minutes to claim their spot, after which time players on the drop-in list will be allowed to purchase a spot, space permitting. If you are a drop-in, you must pay and sign in at the Pool Cashier's office and submit the receipt to the instructor in the gym.

Intermediate (18yrs+)

Two courts and 5-6 players per team. Skill level is intermediate, purely recreational with score keeping. Efforts towards making fair balanced teams to have fun continuous rallies rather than quick side outs. Please join if you have most of the basics. Register for this program to guarantee a spot to play every week. Drop-in available, space permitting.

Tue 8:00-10:00pm	Apr 5-May 31
Gym A/B	\$45/9 sess
393739	Minaz
Thu 7:00-10:00pm	Apr 7-Apr 28
Gym A/B	\$32/4 sess
393738	John
	\$7/drop-in

Advanced (18yrs+)

Friday Advanced Volleyball with 5-1, 6-2 format system play is geared towards intermediate and advanced players as this program is based on a higher level of play. Please join if you absolutely have knowledge of the system format. Efforts are made towards creating fair and balanced teams to have fun, experienced system rallies rather than quick side outs. There are a total of 25 registered spots and 4 drop-in only spots. \$7/drop-in. No class May 6 & 20.

Fri 7:00-10:00pm	Apr 8-Jun 24
Gym A/B	\$80/10 sess
401663	Millin

Welcome to the 55+ Centre

We look forward to welcoming you back! Whether you want to register for an in-person or online class, drop-in for coffee, or just rest your feet awhile—we have something for you. The Britannia 55+ Centre drop-in will, for now, be at limited capacity but there are an array of ways for you to join us: in person, online or via a "hybrid" of the two. We look forward to welcoming folks back. For more information and our virtual programs, visit britanniacentre.org or call us at 604.718.5837.

Registration for 55+ Programs

Registration for general programs starts on Tuesday, March 8 at 9:00am online and in-person only, and at 1:00pm by phone. Registration for free programs starts on Wednesday, March 9 at 9:00am online and in-person only, and at 1:00pm by phone.

604.718.5800 (1)

vanrec.ca

55+ Hours

For the 55+ Program Calendar and Drop-in Hours, please see page 29.

55+ Centre Staff

Anne Cowan anne.cowan@vancouver.ca
Kya Prince kya.prince@vancouver.ca
Daniel Cook daniel.cook@vancouver.ca
604.718.5837

Vietnamese Programmer

Luong Ho luong.ho@vancouver.ca
604.718-5818

Seniors, Elders and Advocates (SEA) Committee

We meet to discuss what matters to seniors and older adults in our community. Inclusion, representation and participation of seniors and Elders is of the utmost importance as we discuss programs and services to offer the community that are relevant, needed and valued. New members are welcome. Meetings are held online and in-person, with 10 in-person spots. Zoom link emailed upon request.

Wed 3:30-5:00pm Apr 20, May 16
55+ Centre/Zoom Jun 16

Free Tax Clinics

The Community Volunteer Income Tax Program (CVITP) is for individuals with a modest income and a simple tax situation. Volunteers can complete and file your taxes.

We are offering virtual sessions on Mon/Thu/Fri via phone. In-person sessions are offered Saturday all day. Appointments are available in March and April; please call 604.718.5800 (1) to book your appointment.

Mon/Thu/Fri/Sat Mar 3-Apr 30
55+ Centre/Virtual Free

Leisure Access Program

The Leisure Access Program (LAP) provides low-income City of Vancouver residents with reduced cost programs and services at Britannia and Park Board facilities. LAP card holders may receive up to 50% off certain programs. To learn more, give us a call at 604.718.5800 (1) or visit:

vancouver.ca/parks-recreation-culture/leisure-access-card

Vietnamese Program / Chương Trình Cao Niên Việt Nam

This program provides settlement services, and educational and informative workshops about federal and provincial programs for Vietnamese seniors. It also raises the awareness of issues impacting seniors as well as providing advocacy, information about legal issues, safety, and support resources. If you have any questions, please contact Luong Ho at 604.718.5818 or luong.ho@vancouver.ca.

Cung cấp miễn phí tất cả các dịch vụ hỗ trợ cho cao niên Việt Nam về những chương trình trợ cấp của chính phủ liên bang và tỉnh bang. Bao gồm tiền già (OAS) tiền phụ cấp (GIS), nhà cửa (BC Housing), phụ cấp tiền nhà cho cao niên (SAFER), thẻ xe bus (Bus Pass), thẻ bơi (OneCard). Chương trình cao niên Việt Nam họp mặt vào mỗi ngày thứ ba hằng tuần từ 9:00 sáng đến 3:00 giờ chiều tại Nhà Cao Niên của Trung Tâm Britannia. Chương trình tạo điều kiện cho các cao niên Việt Nam gặp gỡ chia sẻ và hỗ trợ tinh thần, tham dự những buổi nói chuyện phổ biến những thông tin mới về quyền lợi và sức khỏe dành cho cao niên; tổ chức các chương trình vui chơi, du ngoạn... Để biết thêm chi tiết, xin gọi Luong Ho 604.718.5818.

Tue 9:00am-2:00pm Jan 4-Mar 29 55+ Centre Free drop-in



Vietnamese Line Dancing (55yrs+)

Lớp Line Dancing được tổ chức với cơ quan REACH. Dành cho quý vị tuổi từ 55+ tham dự. Lớp hướng dẫn các điệu nhảy nhẹ nhàng và vui nhộn. Tạo điều kiện tập luyện sự thăng bằng và dẻo dai cho cơ thể. Yêu cầu ghi danh tham dự.

Fri 10:00-11:30am Apr 1-Jun 29 CFEC
Free* *Registration required

Vietnamese Ballroom Dance (55yrs+)

Hướng dẫn các điệu nhảy ballroom phổ biến. Giáo viên chú trọng đến các bước nhảy cùng dáng điệu căn bản cho từng nhịp điệu. Khiêu vũ là cách giúp bạn quên đi mọi âu lo và cùng hòa mình vào từng điệu nhạc. Lớp học được tổ chức chung với cơ quan REACH. Yêu cầu ghi danh tham dự.

Fri 12:30-2:00pm Apr 1-Jun 29 CFEC
Free* *Registration required

55+ Older Active Adults

Weaving Our Community Together



Indigenous Services Canada

Weaving Our Community Together (WOCT) brings Indigenous youth, elders and other community members together for mutual sharing, learning, connecting and growing. WOCT features elder and youth circles, mentorship activities, cross-cultural sharing, and outreach to promote belonging, respect, cultural pride, and intergenerational learning. For more information, visit:

britanniacentre.org/programs/55plus/program_overview



*Registration required for all WOCT programs. If you have any questions or would like to register please call 604.718.5837 or email daniel.cook@vancouver.ca and/or kya.prince@vancouver.ca.



WOCT – Virtual Cedar Weaving



Learn how to weave small/medium cedar weaving projects with Haida artist, Todd DeVries. Listen to the protocols followed when harvesting and preparing cedar. Enjoy cultural crafting, peer support and sharing with Indigenous and non-Indigenous Elders and others.

Wed	1:00-4:00pm	Ongoing
55+ Centre/Zoom		Free*
Todd		

WOCT Change of Season Summer Gathering



Seislom and the Britannia Elder's Drum Group invite you to join in ceremony as we reach the end of the spring season; you'll have the opportunity to share with others and self-reflect. We then drum and sing in the new summer season, and look forward to the new days ahead.

Mon	5:00-7:00pm	Jun 20
55+ Centre		Free*
Seislom		

WOCT – Virtual Craft Night



Come join our Virtual Craft Night, a low barrier group where crafters can share their ideas with one another. Everyone is welcome! Sessions take place every other Tuesday.

Tue	7:00-9:00pm	Ongoing	Zoom	Free*
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WOCT – Hybrid Indigenous Crafts



An Indigenous-led crafts class, open to Indigenous and non-indigenous people. The projects are varied and beadwork is a common component. Project materials can be delivered or picked up at Britannia.

Mon	1:00-4:00pm	Ongoing	55+ Centre/Zoom	Free*	Sabian
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WOCT – Hybrid Indigenous Led Drum Circle



Seislom invites you to join our Indigenous-led drum circle, open to all peoples. Share medicine through virtual and in-person drumming, singing, and listening. In-person takes place at the 55+ Centre and online participation is via Zoom.

Mon	5:00-6:00pm	Ongoing	55+ Centre/Zoom	Free*	Seislom
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55+ Older Active Adults

Health & Fitness

Badminton (55yrs+)

Fun and easy badminton for older adults. No drop-ins. No class April 18, and May 7, 21 & 23.

Mon/Wed 11:20am-12:35pm Apr 4-Jun 29
Gym C \$14/24 sess
393691 Tho

Tue/Thu 11:20am-12:35pm Apr 5-Jun 30
Gym C \$14/26 sess
393693 Tho

Sat 2:00-4:00pm Apr 9-Jun 25
Gym A \$14/10 sess
393692 Wally



Boxfit for Seniors (55yrs+)

Want to learn something new and improve your physical fitness and mental alertness? This introduction to boxing class is designed specifically to enhance your strength, balance, coordination, muscular endurance and overall well-being. All fitness levels welcome and all equipment will be provided.

Set 1

Tue/Fri 3:30-4:30pm Apr 5-May 13
Boxing Rm \$20/12 sess
394516 Jay

Set 2

Tue/Fri 3:30-4:30pm May 17-Jun 28
Boxing Rm \$20/12 sess
394518 Jay

Osteofit

A gentle strength, balance and coordination program designed to improve fitness and promote healthy bones. This program focuses on improving individual functional ability and quality of life, and reducing the risk of falls and fractures. The program is taught by a trained Osteofit fitness instructor. No drop-ins. No class April 18 & May 23.

Set 1

Mon 11:00am-12:00pm Apr 25-Jun 6
CFEC \$60/6 sess
394536 Berdjis

Set 2

Mon 11:00am-12:00pm Jun 13-Jul 18
CFEC \$60/6 sess
394543 Berdjis



Yoga 50+

As we move through time, we need to keep moving our bodies. Whether you're brand new to yoga or a seasoned practitioner, if you're 50 or over then this all-levels yoga class is ideal for you. Safety and a pain-free practice is a priority. Yoga can improve your flexibility, mobility, balance, bone density, and strength. Yoga also has a calming effect on the mind and nervous system. \$17/drop-in. No class April 18.

Set 1

Mon 2:00-3:15 pm Apr 4-May 16
CFEC \$96/6 sess
393740 Joan

Set 2

Mon 2:00-3:15pm May 30-Jun 27
CFEC \$96/5 sess
393741 Joan

Dance

Chinese Folk Dance (55yrs+)



Traditional Chinese folk dancing lessons. Everyone is welcome! Program is free but you must register. This class is taught in English and Chinese. No drop-ins.

Thu 9:30-11:30am Apr 7-Jun 30
CFEC Free*
394528 Volunteer
*Registration required

Classical Chinese Dance (55yrs+)



Classical Chinese dance uses body language to express graceful movements to music. This is a great way to enjoy music, exercise and learn about Chinese culture!

Sun 2:00-4:00pm Apr 3-Jun 26
CFEC Free*
394533 Helen
*Registration required

Line Dancing (55yrs+)

This class is filled with fun, light musical movements, lots of laughs and is a great way to exercise and socialize.

Tue 1:00-3:00pm Apr 5-Jun 28
CFEC \$20/13
394534 Anita

Vietnamese Ballroom Dance (55yrs+)



Hướng dẫn các điệu nhảy ballroom phổ biến. Giáo viên chú trọng đến các bước nhảy cùng dáng điệu căn bản cho từng nhịp điệu. Khiêu vũ là cách giúp bạn quên đi mọi âu lo và cùng hòa mình vào từng điệu nhạc. Lớp học được tổ chức chung với cơ quan REACH. Yêu cầu ghi danh tham dự.

Fri 12:30-2:00pm Apr 1-Jun 29
CFEC Free*
*Registration required

Vietnamese Line Dancing (55yrs+)



Lớp Line Dancing được tổ chức với cơ quan REACH. Dành cho quý vị tuổi từ 55+ tham dự. Lớp hướng dẫn các điệu nhảy nhẹ nhàng và vui nhộn. Tạo điều kiện tập luyện sự thăng bằng và dẻo dai cho cơ thể. Yêu cầu ghi danh tham dự.

Fri 10:00-11:30am Apr 1-Jun 29
CFEC Free*
*Registration required

55+ Older Active Adults

*Registration required for all free programs. Registration for free programs opens on Wednesday March 9, 2022 at 9:00am (online and in-person only) and at 1:00pm by phone.

Leisure Access Program

The Leisure Access Program (LAP) provides low-income City of Vancouver residents with reduced cost programs and services at Britannia and Park Board facilities.

LAP card holders may receive up to 50% off certain programs. To learn more, give us a call at 604.718.5800 (1) or visit:

vancouver.ca/parks-recreation-culture/leisure-access-card



Ukulele for Absolute Beginners (55yrs+)

No ukulele experience needed! Ukulele provided but please register so we know how many participants will be attending. A simple relaxed seniors' class with an emphasis on the basics and having fun.

Wed 1:30-3:00pm **Apr 6-Jun 29**
55+ Centre **Free***
394556 Jane

Your Safety is Our Priority

- Proof of vaccination is required in B.C. to access some programs and facilities at community and recreation centres. For more information, see page 5.
- Masks must be worn by patrons 5 years of age and older in all of our facilities when not engaged in physical activity.
- Stay home if you have any symptoms of COVID-19, including: coughing, sore throat, fever, or sneezing.
- Stay home if you have been in contact with a confirmed case of COVID-19 or if you are required to self isolate on Public Health orders.
- Wash your hands, respect the personal space of other patrons and staff, and cover your cough or sneeze.

World Elder Abuse Awareness Day (WEAAD)

Go purple! Wear purple on June 15 and join our flashmob and to show support and help spread awareness. We'll provide refreshments and swag for seniors and Elders.

Elder abuse is a global human rights issue, which affects the health of millions of older persons around the world. In March 2012, The United Nations General Assembly designated June 15 as World Elder Abuse Awareness Day. It represents a day for the world to come together and voice opposition to the abuse and suffering inflicted on some of our older generations. For more information, visit: un.org/en/observances/elder-abuse-awareness-day

Wed 3:00-4:00pm **Jun 15**
Britannia Plaza/55+ Centre **Free**

HATTA: Hat Weaving Arts & Health Project (Online)

Together with Haida artist Giihlgigaa Todd DeVries, Elders and others gather weekly in a supportive environment of community engagement and cultural learning.

We are now taking applications for winter sessions. Applications are available at the 55+ Centre, Info Centre and by emailing Kya at kya.prince@vancouver.ca.

Thu 1:30-4:00pm **Feb 17-Jun 2**
Online **Free***
Todd *Registration Required

Connection to Kith and Kin: Indigenous Ancestry Search

For more information and to register, visit: vpl.ca/program/kith-kin

Tue 2:30-4:30pm **Ongoing**
Online **Free**

Sunday Movie Night Series

Everyone is welcome to attend our movie series every Sunday evening. Please see britanniacentre.org for the schedule. Doors open at 5:45pm.

Sun 6:00-9:00pm **Apr 3-Jun 26**
55+ Centre **Free***
394551 John

Quirk-e (Online)

Quirk-e is the Queer Imaging and Riting Kollektive for Elders experimenting with language, printed text, graphics, digital imagery, spoken word, and performance. Call 604.718.5837 for an application.

Wed 11:00am-1:00pm **Apr 6-Jun 29**
55+ Centre/Online **Free***

Friday Wellness

Chair Yoga (55yrs+)

Chair yoga is an accessible gentle seated practice designed to help you feel more energized and calm. We'll explore simple and easy movements to mobilize your whole body, breath work to calm the nervous system, and other brain and mood stimulating techniques to help you feel more connected with ease. Please come in comfortable clothes, socks and shoes.

Set 1

Fri 12:15am-1:15pm **Apr 8-May 13**
55+ Centre **Free***
394525 Bryony

Set 2

Fri 12:15am-1:15pm **May 20-Jun 24**
55+ Centre **Free***
394527 Bryony
***Registration required**



Advanced Foot Care

RN Monica is moving to Lu'ma Medical Clinic. After being with Britannia for over a decade, Monica is moving on.

We wish her well as she steps away from us and moves to Lu'ma Medical. Her gentle and caring manner, magical foot care and her contagious laughter will be dearly missed by us all!

Wellness Friday Café

All of our programs follow the required COVID-19 safety procedures; your wellbeing and safety come first.

If you've been wanting to sign up for on-site programs and classes but are feeling hesitant, Wellness Friday Tea might be what you're looking for. The 55+ Centre staff have set aside some time on Friday afternoon for those who need a safe space to return to onsite programs and participate in person. Drop-in for a cup of tea or coffee.

Fri 2:00-4:00pm **Ongoing**
55+ Centre **Free**

55+ Centre Drop-in Hours

	Mon	Tue	Wed*	Thu	Fri
10:00am	Drop-in 10:00am-12:00pm				
10:30am					
11:00am					
11:30am					
12:00pm				Drop-in 10:00am-2:00pm	
12:30pm					
1:00pm					
1:30pm					
2:00pm					
2:30pm		Drop-in 2:30-4:00pm			Drop-in 2:00-4:00pm
3:00pm					
3:30pm			Drop-in* 3:30-5:00pm		
4:00pm					
4:30pm					
5:00pm					

55+ Centre Drop-in Hours are open for social connections, as well as any inquiries or support needed from 55+ Centre staff.

Please note: Proof of vaccination is required; tea and coffee are available.

*No drop-in on the 3rd Wednesday of the month, as the Seniors, Elders and Advocates (SEA) Committee meets at that time. For more info about the SEA Committee, see page 25.



55+ Program Calendar

Mon	Tue	Wed	Thu	Fri	Sat	Sun
Osteofit* 11:00am-12:00pm	Vietnamese Drop-in 9:00am-2:00pm	Quirk-e (Hybrid)* 11:00am-1:00pm	Chinese Folk Dance* 9:30-11:30am	Vietnamese Line Dancing* 10:00-11:00pm	No programs on stat holidays. *Registration required. General registration opens Tue, Mar 8 at 9:00am in-person and online, and at 1:00pm by phone. Registration for free programs opens Wed, Mar 9 at 9:00am in-person and online, and at 1:00pm by phone.	
Badminton* 11:20am-12:35pm	Badminton* 11:20am-12:35pm	Badminton* 11:20am-12:35pm	Badminton* 11:20am-12:35pm	FRIDAY WELLNESS Chair Yoga* 12:15-1:15pm		
WOCT Hybrid Indigenous Crafts* 1:00-4:00pm	Line Dancing* 1:00-3:00pm	WOCT Virtual Cedar Weaving* 1:00-4:00pm		Wellness Friday Café 2:00-4:00pm	Classical Chinese Dance* 2:00-4:00pm Saturday Badminton* 2:00-4:00pm Sunday Movie Night Series* 6:00pm-9:00pm	
Yoga 50+* 2:00-3:15pm	Boxfit* 3:30-4:30pm	Ukulele for Beginners* 1:30-3:00pm	HATTA Hat Weaving* 1:30-4:30pm	Vietnamese Ballroom Dance* 12:30-2:00pm		
WOCT Hybrid Drum Circle* 5:00-6:00pm	WOCT Virtual Craft Night* (every other Tue) 7:00-9:00pm			Boxfit* 3:30-4:30pm		

Fitness Centre

Your Safety is Our Priority

- **Masks are still welcome in all of our facilities when not engaged in physical activity. Please respect the comfort of those around you.**
- Stay home if you have any symptoms of COVID-19, including: coughing, sore throat, fever, or sneezing.
- Stay home if you have been in contact with a confirmed case of COVID-19 or if you are required to self isolate on Public Health orders.
- Wash your hands, respect the personal space of other patrons and staff, and cover your cough or sneeze.

Welcome to the Fitness Centre

Hours

For up-to-date information, including our current hours, visit:

britanniacentre.org/fitness_centre



Facility Orientations

Let us help you reach your fitness goals. Whether you need instruction, motivation, or support, our highly trained staff are here to help you succeed. Enlist one of our staff to get you started in the Fitness Centre with an orientation on our fitness equipment and a starter fitness program.

Please call ahead to make an appointment for a fitness orientation 604.718.5842.

Flexipass Membership

Enjoy flexible and affordable recreation with our no-contract all-access pass. Purchase a monthly Flexipass at any Park Board fitness centre and receive unlimited access to our 15 fitness centres, 9 indoor pools, 4 outdoor pools and 8 ice rinks. For more information and locations visit vancouverparks.ca.

Outside Trainers

This type of special admission is for personal trainers, occupational and recreational therapists, and physiotherapists. Outside trainers will need to be registered with either the Park Board or Britannia. Both trainer and client must pay for admission to the Fitness Centre. A training fee of \$6.34 per client also applies (fees are subject to change).

Supporting a participant? Attendants get free access

The Fitness Centre and Pool give free access to attendants required to assist persons with disabilities needing support to swim or exercise. Support is defined as assistance of a physical, psychological, emotional, intellectual, or sensory nature to ensure the patron with the disability can participate.

2022 Pool and Fitness Centre Fees

	Drop-in	10 Visit Pass	1 Month Flexipass	3 Month Flexipass	12 Month Flexipass	Britannia Membership
Adult (19-54)	\$6.99	\$60.14	\$53.84	\$145.38	\$465.21	\$3.00
Youth (13-18)	\$4.89	\$42.11	\$37.70	\$101.77	\$325.65	\$1.00
Child (6-12)	\$3.50	\$30.07	\$26.92	\$72.69	\$232.61	\$1.00
Senior (65+)	\$4.89	\$42.11	\$37.70	\$101.77	\$325.65	\$1.00
Britannia-Only Senior (55+)	\$4.89	\$42.11	\$37.70	\$101.77	\$325.65	\$1.00

Please note: Prices do not include tax. Fees subject to change without notice.

Family Drop-in Rate = 1 to 2 adults of the same household and their children under 19yrs. Minimum \$6.34 admission.

Leisure Access Fitness Centre Admission rate is 50% off adult admission and Flexipass.

Welcome to the Britannia Pool

The 25m main pool features a 1m diving board, slide and rope swing. Relax in the on-deck whirlpool, steam room, or in the sauna in the change room. For those with young children, we also have a warm, shallow Leisure Pool equipped with a variety of spray features.

View Our Programs Online

Our current pool drop-in schedule is available at the Pool Cashier, the Info Centre and online at: britanniacentre.org/pool

View all of our current and upcoming programs on the Vancouver Recreation website: vanrec.ca

Hours

For up-to-date information, visit:
britanniacentre.org/pool

Contact

Pool Cashier	604.718.5831
Pool Programmer	604.718.5830

Admission Policy for Children

Children under 8yrs must be accompanied in the water by a responsible person who is 16yrs or older and within arm's reach.

Enhanced Cleaning

For the safety of patrons and staff, we schedule enhanced cleaning throughout the day. Deep cleans will not affect our regularly scheduled pool programming.



Pool and Fitness Centre Committee

Join the Pool and Fitness Centre Committee. New members are always welcome! This is an advisory committee which provides recommendations to the Britannia Board of Management in the area of Pool and Fitness Centre programming and facilities. Meetings take place on the last Tuesday every other month. For more information please contact Marie-Louise Beesley, the Pool Programmer, at marie.beesley@vancouver.ca or 604.718.5830.

Tue 6:00pm Mar 29, May 31

Swim Lesson Registration

Online and in-person registration for swimming lessons and programs at all pools, for all age groups starts **Tuesday, March 15 at 7:00pm**. View all of our current and upcoming swimming lessons on the Vancouver Recreation website (set Britannia Pool as the location):

vanrec.ca

If you are already participating in a class, you are encouraged to wait until you receive a report card on the last day of class to register for the next set. It's important to register in the correct level. Those who have registered in the wrong class may be asked to withdraw from the class. Please bring the most recent report card to the first day of lessons. All lessons must meet minimum space requirements to run.

Swim Assessments

If you are unsure of which level to register, we offer swim assessments during our public swims. If your child is under 8yrs, we require a parent/guardian to assist in the water during the assessment. Children registered in an inappropriate level will be moved to the proper level if space is available, or refunded from the lesson.

Refunds & Cancellations

Full refunds given five or more working days prior to the start of the program. If request received within four working days of the start of the program or after the first program date (class/lesson), we refund registration fee minus the cost of one class or transfer to a future session. No refunds issued after the second date of the program. Fees for one or two-day programs are non-refundable.

Private/Semi-Private Lessons (All Ages)

One-on-one or one-on-two with a swimming instructor for a set of lessons to improve specific swimming skills. Instructors may vary from week to week.

Private: \$33.32 / Semi Private: \$11.48 (plus applicable taxes)

Swim Sessions

Our current pool drop-in schedule is available online at:

britanniacentre.org/pool

Aquafit

The majority of Aquafit classes will continue to be by registration only, with some spaces held for drop-in. Registrants will be required to wear a wristband. To avoid disappointment we encourage participants to register in advance.

Free Youth Swim (11-18yrs) ☀

Britannia's youth-only swim time, every other Friday. Contests, prizes, games and crazy stuff! The WIBIT will be available some days. Lessons will be available to interested youth for the first 30mins; work on skills or improve your swimming abilities.

Fri 6:00-8:00pm	Apr 8 & 22
Britannia Pool	May 6 & 20
Free	Jun 3 & 17

Free Family Swim ☀

Free family-friendly swims for children and youth and their chaperones.

Fri 6:00-8:00pm	Apr 1, 15, & 29
Britannia Pool	May 13 & 27
Free	Jun 10 & 24

Ice Rink

Public Skates

To view our current public skating schedule, visit:

www.britanniacentre.org/ice_rink

Holiday Hours

Apr 18 Easter Monday CLOSED
May 23 Victoria Day CLOSED

Join the Arena Committee!

The Arena Committee meets the 1st Tue of the month at 6:30pm at the call of the chair. For more information contact the Arena Programmer, Susy Bando, at susy.bando@vancouver.ca.

Parent & Tot Skate

Introduce your child to skating in a fun and non-intimidating environment. Some ice cleats are available for adults who are not comfortable wearing skates. Take your kids for a spin on the popular on-ice scooters. No hockey allowed during this session.

Thu 11:00-11:45am Mar 24-Jun 30 Free

Family Fun Hockey (3-12yrs with Adult/s)



This program is perfect for families who want to play casual hockey together. Whether you want to just pass around the puck or get involved in a friendly shinny, this family activity is sure to be a hit with the kids. Participants must use sticks provided by rink. Helmets are mandatory for all participants and are available free of charge at the rink.

Sun 12:15-1:30pm Apr 3-Jun 26
Regular admission rates apply.



Arena Programs

Women's Hockey Program

This pick up hockey program is perfect for women who want to play hockey in a safe and inclusive environment. Encourage and be encouraged while continuing with your own hockey development. Full hockey equipment is mandatory. Sign-up for the program is available online starting at noon each Thursday.

Sun 4:45-6:00pm Apr 3-Jun 26
\$6.99/drop-in

Britannia Women Only Hockey League

Britannia's popular Women's Hockey league will begin on April 12 with an on-ice evaluation; Players will be assessed and placed onto teams by the league coordinator. Games will be played April 19-June 21 at 6:15 or 7:45pm. This league is perfect for novice to intermediate players who want to play organized recreational hockey this spring. Games are non-contact, non-aggressive and fun! Full hockey equipment is mandatory. **Registration for this program begins March 10, 2022.**

Tue 6:15-9:00pm Apr 12-Jun 21
400378 \$150/10 sess

Adult Stick, Puck and Ring

Come out during the noon hour and practice your hockey skills on the best ice in Vancouver. Online registration opens at noon on the Tuesday before the session. Helmets are mandatory during this session, full hockey equipment is recommended and sorry, no scrimmage.

Fri 12:00-1:30pm Apr 6-Jun 22
\$6.99/drop-in

Britannia Co-ed Hockey League

Take hockey back to the level it is meant to be played at—friendly and fun! This League is perfect for novice to intermediate hockey players looking to play in a non-contact, recreational hockey league in the "off-season". Full equipment is mandatory and all players must wear at least a half shield on their helmet. Games will start on April 16, and evaluations will take place on April 9. All players will be assessed and placed onto teams by the league coordinators. Games are played on Saturdays at 5:00, 6:30, and 8:00pm.

Registration begins Mar 10, 2022.

Sat 4:30-10:15pm Apr 9-Jun 25
403729 Players: \$170/11 sess
403718 Goalies: \$40/11 sess

2022 Rink Admission Fees

Please note: Prices do not include tax. Fees are subject to change.

Adult (19-54yrs)	Youth (13-18yrs)	Senior (55yrs+)	Child (6-12yrs)	Family	Skate Rentals	Skate Sharpening
\$6.99/Drop-in \$60.14/10 visits	\$4.89/Drop-in \$42.11/10 visits	\$4.89/Drop-in \$42.11/10 visits	\$3.50/Drop-in \$30.07/10 visits	*at Child rate (Family minimum \$6.99)	\$3.53	\$7.25

- Britannia Ice Rink 10 visit cards are valid at all Vancouver Park Board operated rinks. Prices are subject to change without notice.
- A 20% discount on admission is given to groups of 10 or more.
- Stick & Puck sessions are at the Adult rate.
- Flexipasses may be used for public skating and Adult Stick and Puck sessions. For 2022 Flexipass rates, see page 30.
- *Family rate is 1-2 adults from the same household and their children under 19yrs, all present at time of admission. \$3.17 per person (not including taxes).
- Children under 8yrs MUST be accompanied on ice by an individual 16yrs+.
- Helmets are strongly recommended for all public sessions and are mandatory for all participants of Family Fun Hockey.
- Adult hockey programs require full equipment. Participants must sign a waiver at the beginning of each session.

Skating Lessons at Britannia

Registration for **Set 1 Spring** skating lessons begins on Wednesday, April 6 at 9:00am in-person and online, and at 1:00pm by phone. Registration for **Set 2 Spring** skating lessons begins on May 18 at 9:00am in-person and online, and at 1:00pm by phone. **Please note: Skating lessons are very popular and fill up quickly, so register early.**



To help you register online for the correct level, please refer to your most recent Skating Report Card and/or refer to the specific level descriptions to determine which class best matches the skater's ability. If you are unsure of the level, have an on-ice evaluation completed at any Vancouver Park Board Rink during a public skate. Students will not be transferred if they are not registered in the appropriate level; a prorated refund will be issued after the first class. If the lessons you want to register for are full please put your name on the waiting list. We schedule additional classes whenever possible. Please register in one (1) set of lessons only.

For Britannia lessons, skate rentals are included in the cost of lessons. All skating lesson participants must wear a CSA-certified hockey helmet or a snowboarding helmet. A limited number of hockey helmets are available to use free of charge.

Learn to Skate Lessons (3yrs+)

These popular lessons focus on skill acquisition through activities and games. Our energetic instructors teach you to skate with safety in mind. All lessons are 30 minutes and are led by qualified instructors.

Set 1

Sat 9:00am-12:15pm

Apr 9-May 14
\$36/6 sess

Set 2

Sat 9:00am-12:15pm

May 21-Jun 25
\$36/6 sess

Preschool Levels (3-5yrs)*

Level 1: This is an entry level skating class for students 3-5 years old.

Level 2: Can stand up on ice in skates unassisted; can take 6 steps forwards and backwards.

Level 3: Can glide on two feet for ½ m. Intro to stopping, scraping and double sculling.

Level 4: Can skate forward on alternating feet, perform forward double sculling, snowplow stop, and can skate backwards across the rink.

Level 5+: Can do "V" pushes (left and right), glide on one foot for ½ meter (both feet), glide on two feet on a curve, and do a half snowplow stop.

Children/Youth/Adult Levels*

Level 1: This is an entry level skating class.

Level 2: Can get up unassisted, skate across the rink, and glide on two feet for 2m.

Level 3: Can skate forward on alternating feet, glide on one foot for 1m, forward glide on two feet on a curve, and perform a forward snowplow stop.

Level 4: Can skate forward using "V" pushes, glide on one foot for 3m, and do a half snowplow stop, forward single sculling, and backward double sculling.

Level 5: Can glide backwards on both feet for 2m, skate backward skating using "C" pushes, and can do a side and/or hockey stop, backward half snowplow, and forward circle thrust.

Level 6: Can do forward crossover, backward circle thrust, backward half snowplow, and can glide backward on two feet on a curve.

***For a full description of skate lessons see individual class descriptions online at vanrec.ca.**

Power Skating (8yrs+)

Improve your hockey skating skills with power skating lessons from Britannia's popular instructors. Learn about proper skating posture and the importance of making the most out of your edges. Work on skating skills that will strengthen your game. Helmet, gloves and a hockey stick are mandatory although full hockey equipment is recommended.

Set 1

Sun 3:30-4:30pm

Apr 10-May 15
\$54/6 sess

Set 2

Sun 3:30-4:30pm

May 22-Jun 26
\$54/6 sess

Private Skating Lessons

Learn one-on-one with one of Britannia's skating instructors. Perfect for someone looking for a little extra attention or wanting to brush up on a single skill or two.

Private lessons are available on Saturday mornings during the Learn to Skate lesson times.



Your Safety is Our Priority

- Proof of vaccination is required in B.C. to access some programs and facilities at community and recreation centres. For more information, see page 5.
- Masks must be worn by patrons 5 years of age and older in all of our facilities when not engaged in physical activity.
- Stay home if you have any symptoms of COVID-19, including: coughing, sore throat, fever, or sneezing.
- Stay home if you have been in contact with a confirmed case of COVID-19 or if you are required to self isolate on Public Health orders.
- Wash your hands, respect the personal space of other patrons and staff, and cover your cough or sneeze.

Partners



Grandview Woodland Food Connection

Grandview Woodland Food Connection (GWFC) is dedicated to supporting healthy food access for all.

In partnership with Britannia Community Centre, the GWFC is pleased to offer a range of community food programs. For more information, email:

gwfcnetwork@gmail.com.

Britannia Bulk Buy Food Club

Interested in fresh, healthy, and affordable food at wholesale prices? Once a month, you can purchase a \$14 box of assorted produce at Britannia Community Centre.

Buying together with your neighbours can help you save over 40% on your food bill. You get 12-14 varieties of fruits and veggies plus access to supplemental donations.

Email gwfcnetwork@gmail.com or call Ruth Elizabeth at 604.718.5895 for more info or to be added to the waitlist.

FoodFit

Still staying close to home? Join our free and fun online FoodFit program! This 6-week program is for community members who experience barriers around healthy eating and physical activity but who are motivated to make lasting changes to their health. The Zoom sessions combine fun, online cooking and food-based activities with easy-to-understand nutrition information, self-directed individual and group goal-setting and reflection. FoodFit respects the limits of people's circumstances, and aims to give participants simple, useful tools to navigate an increasingly complex food environment. Contact us at gwfcnetwork@gmail.com to register for an upcoming six week session.

Sat 4:00-6:00pm Apr 16-May 21 Zoom Siobhan Free

Planting for Spring Garden Workshop

Join Master Gardener, Pablo Vimos, in exploring four different methods for starting seeds indoors and find out what you can plant in the garden in April! In this hands-on workshop, we will plant potatoes in containers, leafy greens in the garden, and start some indoor veggies. The pros and cons of each seeding method will be discussed. This workshop welcomes gardeners of all experience levels and physical abilities. You'll leave with printed information and some seeds to start indoors at home. Sliding scale.

Sat 2:00-4:00pm Apr 23 Transformed Life Garden Pablo
405427 \$5 sliding scale/1 sess 405431 \$10 sliding scale/1 sess
405432 \$15 sliding scale/1 sess

A Thriving Garden Workshop

Find out how to get your veggie garden to thrive this summer with Master Gardener, Pablo Vimos. All urban gardens rely on municipal water and with our changing climate, this resource must be conserved. Learn how to best water and maintain your garden over the summer with sustainability in mind. In this hands-on workshop, Pablo will teach us how to water, weed, harvest, and reduce pests—thriving gardens here we come! This workshop welcomes gardeners of all experience levels and physical abilities. You'll leave with printed information and some freshly harvested veggies. Sliding scale.

Sat 2:00-4:00pm May 28 Mary Jo Garden Pablo
405455 \$5 sliding scale/1 sess 405459 \$10 sliding scale/1 sess
405461 \$15 sliding scale/1 sess



Canucks Family Education Centre

All programs are free of charge and offer our Get Ready 2 Read (GR2R) Early Learning Program for the pre-school age children of participants.

Registration is required for all programs. To register contact Lina Arias at lina.cfec@gmail.com.

CFEC 2021 – 2022 Program Schedule

Britannia Partners in Education (PIE):

Britannia Secondary School, CFEC Rm 109A

English Foundations 3-5

Tue/Wed 9:30-11:45am

English Foundations 6/7 & English Composition 11

Tue/Wed 12:15-2:30pm

Math Foundations 2-7 & Pre-Calculus 11

Thu 9:30am-2:30pm

English for Speakers of Other Languages (ESOL)

Fri 10:00am-2:00pm

Maywood PIE PLUS 2:

English Foundations 5-7 & English Composition 11

Tue & Thu 9:30am-2:30pm
Maywood Community School (Adult Room)

Edmonds PIE PLUS:

Edmonds Community School, Rm 107

English Foundations 2-4

Mon/Wed/Thu 12:30-3:00pm

English Foundations 5-7

Tue/Fri 12:30-3:00pm

Additional Programs:

CFEC Get Ready 2 Read (GR2R) Family Resource Program

Wed 10:00am-12:00pm
Britannia Secondary School, CFEC Rm 110

Advanced Conversation Class

Fri 10:00am-12:00pm
Britannia Secondary School, CFEC Rm 110

CFEC/Burnaby CCE SD#41 ECE Basic Certificate Program

Mon 10:00am-2:00pm
Sep 2021-Jun 2022 Online



VANCOUVER PUBLIC LIBRARY

Britannia Branch

Hours

Mon/Thu/Fri/Sat	9:00am-6:00pm
Tue/Wed	9:00am-9:00pm
Sun	1:00-5:00pm

Contact

604.665.2222

vpl.ca



Children & Teen Programs

For the latest information on our fall programming, visit:

vpl.ca

Registration for Summer Reading Club starts in June.

Adult Programs

Connection to Kith and Kin:

Indigenous Ancestry Search

Tue Online 2:30-4:30pm

For more information and to register, visit:

vpl.ca/program/kith-kin



To check out what else is happening at the library, visit:

vpl.ca



Eastside Family Place

1655 William St. 604.255.9841
info@eastsidefamilyplace.org
www.eastsidefamilyplace.org
@familyplaceprograms
Closed Mar 14-18, Apr 15-18, & May 18.

Eastside Family Place is a community support and resource centre for parents/caregivers and their young children to age 6yrs. We offer many programs, along with support and referral services. Contact us for more details.

Annual membership fee is required. Subsidies available upon request.

Family Playtime

Adults can visit with each other while engaging with their children in a warm, educational environment. Children have opportunities to socialize and learn through playing developmentally stimulating activities. Both Indoor Playtime and Backyard Playtime are available throughout the week. Register via our website.

Parenting Education & Support

ESFP regularly offers a wide variety of excellent free programs, workshops, and groups, such as:

- **Nobody's Perfect** (a parenting empowerment group)
- **Circle of Security** (understand attachment needs and its relation to children's behaviour)
- **Family Rhythm, Rhyme + Movement** (early language and music program)
- **Cooking Skills**
- **Mama Ganso/Spanish Mother Goose**
- **Parents of Babies: A Weekly Baby Group**

Check our website for dates and times.

Licensed Occasional Childcare

For ages 18mos to early 6yrs. Advance booking required. Call 604.251.1018.



Community Action

Program for Children

The Community Action Program for Children (CAPC) is a community-based children's program that promotes the healthy development of young children.

The project offers:

- Food Security Program promoting healthy eating (\$25 gift cards and fruit and veggie hampers are provided once a month)
- Virtual parent training (First Aid, Save That Child, FoodSafe, etc.)
- Virtual parent workshops (Appetite to Play series)
- Spanish Mother Goose/Mama Ganso

All programs are free for parents with children aged 0-6. Registration is required.

CAPC

604.718.5821 / 778.245.2428

Spanish Mother Goose Program/Mama Ganso (0-2yrs)

Enjoy one hour of rhymes, songs, games and stories in Spanish with your child.

Disfrute de una hora de rimas, canciones, juegos y cuentos en Española con sus pequeños.

Mon Apr 4-Jun 6* Free

*No class April 18 and May 23.

Registration required. Call 604.215.8289.

Community Education

The Britannia Community Schools Team (CST) works out of the Community Education Office at Britannia Secondary. The mandate of the CST is to provide academic, social, and emotional support as well as connections to community resources for students in the Britannia Hub of schools.

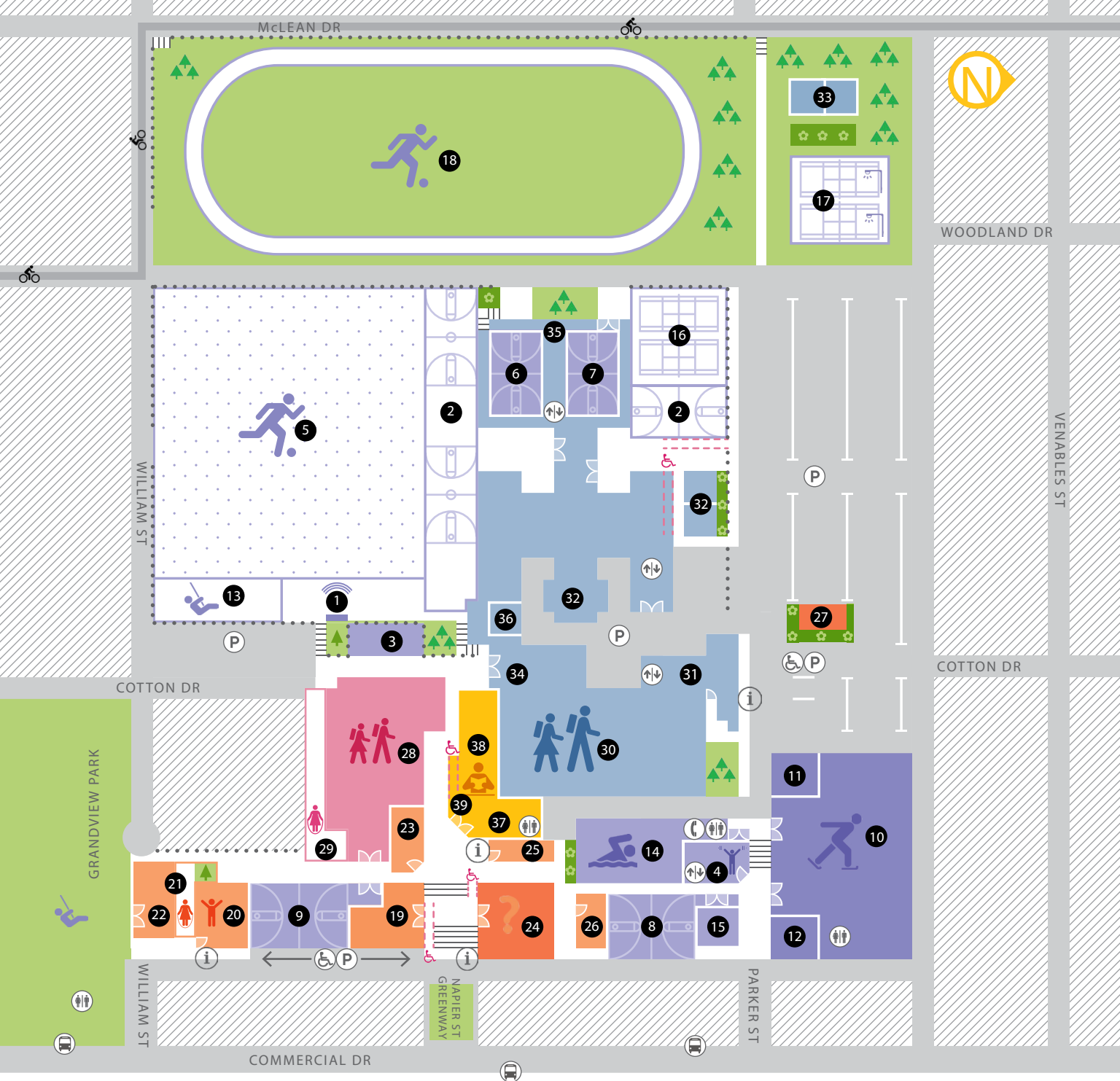
This work is often done through student leadership opportunities, noon hour and after school programming. For inquiries please call 604.713.8273.

Community Schools Coordinator

Ron Scott

Office Support

Mitra Tshan



recreation

- 1 Amphitheatre
- 2 Basketball Courts
- 3 Covered Play Area
- 4 Fitness Centre
- 5 Gravel Sports Field
- 6 Gym A
- 7 Gym B
- 8 Gym C
- 9 Gym D
- 10 Ice Rink
- 11 Ice Rink Activity Room (top flr)
- 12 Ice Rink Mezzanine (top flr)
- 13 Playground
- 14 Pool
- 15 Mat Room & Boxing Gym
- 16 Tennis Courts
- 17 Tennis Courts (lighted)
- 18 Track + Sports Field

resources + services

- 19 Al Mattison 55+ Centre
- 20 Child Care Centre
- 21 Eastside Family Place (ground flr)
- 22 Canucks Family Education Centre (top flr)
- 23 Family Activity Room
- 24 Info Centre
- 25 Pre-Teen Centre
- 26 Teen Centre
- 27 ʁwqʁeləwən ct Carving Centre

elementary school

- 28 Britannia Elementary
- 29 Outdoor Play Area

secondary school

- 30 Britannia Secondary
- 31 Main Office
- 32 Auditorium
- 33 Portable
- 34 Main Entrance
- 35 Cafeteria
- 36 Canucks Family Education Centre (room 110)

library + learning

- 37 VPL Britannia Branch (main flr)
- 38 Learning Resource Centre (basement)
- 39 Art Gallery



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1661 Napier Street Vancouver BC V5L 4X4
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|--------------------------|---------------------|------------------------|-------------------------------|
| • • • • Fence | ① Wayfinding | ⬆ Elevator | //// Residential + Commercial |
| Streets + Vehicle Access | ♿ Wheelchair Access | ⌂ Entrance | • • • • Gravel |
| 🚲 Bicycle Route | ≡ Stairs | 🌿 Fields + Green Space | 🌳 School Garden |