



Programs & Services Spring 2020



Watch for our FREE
“Fun for All” programs!
See inside for details.



President's Message

Welcome to Britannia's 2020 Spring Program Guide! The Britannia team — the board, staff and volunteers — continue to work diligently to support our residents in the Grandview Woodlands-Strathcona neighbourhood.

If Britannia can see clearly, it is because we have 2020 vision...get it? We are very close to finalizing our five year strategic plan — a plan we envision to fully implement in partnership with our partners, residents, and other non-profits as we seek to "build the village" that supports all our children, youth, families and seniors. We know healthy communities work together. We can create real results, real outcomes when we remove as many barriers as possible and ensure all our residents have equal opportunities to thrive.

We have so much work to do, and we are doing our best with where we're at; we will use our 2020-2024 Strategic Plan to measure our collective work so we can get to where we want to be in the future. 2020 is going to be year of great change, change you will have opportunities to be involved with. Britannia will invite our community to participate in our Renewal process and, of course, to roll out our Strategic Plan.

We have a full slate of programs and services for everyone and welcome all feedback if we've missed anything. In fact, what makes Britannia so inclusive is how our doors are open for all. We have over 300 volunteers who commit their expertise to making Britannia Community Centre a true "living room of our community". Our volunteers take an active role in the planning and development of our numerous programs and services. In partnership with the schools, library and our community partners — there's something for everybody.

Collectively, Britannia's board of directors represents a cross section of the folks we serve and we encourage our residents to sign up as a member, join a committee, or even create a committee.

Scott Clark
Coast Salish
President, Britannia Board of Management

How to Join a Committee

For more information about Britannia committees, call the contact person listed in the "Britannia Committees" section or visit:

britanniacentre.org/about_us/committees

Board of Management

Britannia Board meetings are held on the 2nd Wednesday of the month (no meetings July and August). For more information, or if you are interested in running for our Board of Management call Cynthia Low, Executive Director, at 604.718.5815.

PRESIDENT: Scott Clark
VICE PRESIDENT: Ingrid Kolsteren
TREASURER: John Flipse
MEMBERS AT LARGE: Freya Kristensen

Pamela Dudas
DIRECTORS: Susanne Dahlin
Farren Gillaspie
Vera Jones
John Morra
Craig Ollenberger
Andrew Phillips
Naina Varshney
Emily Vickery
Li Mei Yip

STAFF REP: Jane Stanier

AGENCY REPRESENTATIVES:
VSB Alec MacInnes
VPB Peter Odynsky
VPL Megan Langley

EXECUTIVE DIRECTOR:
Cynthia Low

MANAGER OF ADMINISTRATIVE SERVICES:
Jeremy Shier

MANAGER OF CHILD CARE SERVICES:
Jacky Hughes

Britannia Committees

BOARD OF MANAGEMENT MEETING
2nd Wed/mo 6:00pm
Mar 11, Apr 8, May 13, Jun 10
Contact: Cynthia Low 604.718.5815

ARENA COMMITTEE
1st Tue/mo 6:30pm
Mar 3, Apr 7, May 5, Jun 2
Contact: Susy Bando 604.718.5836

ARTS & CULTURE COMMITTEE
1st Thu/mo 7:00pm
Mar 5, Apr 2, May 7, Jun 4
Contact: Bea Miller 604.718.5825

CHILD CARE COMMITTEE
Call of the chair
Contact: Jacky Hughes 604.718.5816

PLANNING & DEVELOPMENT COMMITTEE
3rd Tue/mo 6:30pm
Mar 17, Apr 21, May 19, Jun 16
Contact: Cynthia Low 604.718.5815

POOL & FITNESS COMMITTEE
Last Tue/bi-monthly 6:00pm
Mar 31, May 26
Contact: Marie-Louise Beesley 604.718.5830

POWWOW COMMITTEE
Every other Wed 1:00pm
Mar 4 & 18; Apr 1, 15, & 29; May 6
Contact: Tekla Everstz 604.718.5862

SENIORS, ELDERS & ADVOCATES (SEA) COMMITTEE
3rd Wed/mo 3:30pm
Mar 18, Apr 15, May 20, Jun 17
Contact: Anne Cowan 604.718.5837

YOUTH COMMITTEE
Call of the chair
Contact: Tom Higashio 604.718.5826

RECONCILIATION IN ACTION COMMITTEE
Call of the Chair
Contact: Tekla Everstz 604.718.5862

VOLUNTEER COMMITTEE
3rd Fri/mo 5:00pm
Feb 21, Mar 20, Apr 17, May 15, Jun 19
Contact: Yao Zhang 604.718.5860

Memberships

In order to participate in recreation programs at Britannia Centre, you must be a member. A membership may be obtained when you register for a program or any time during the year at the Pool Cashier or the Info Centre. Membership fees will be automatically added to your online purchase.

Memberships are valid from January 1 - December 31 every year.

What does membership give me?

- Voting privileges at the Society Annual General Meeting.
- You must have a current Britannia membership to register for programs.
- Eligibility to run for the Board of Management.
- Mail-outs/e-mails about Centre events.
- Free access to the Fitness Centre on Tuesdays & Fridays, 10:00am-12:00pm.

Price

Family	\$5
Adult	\$3
Child, Youth, Senior	\$1

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Facility Rentals

At Britannia our mission is to foster active community building, collaboration, co-creation, and grass roots education and involvement so that we can contribute to the quality of life of individuals and our catchment neighbourhoods. We recognize that our programs do not always meet all community needs — sometimes people just need space to host their own events. From space for sporting events to birthday parties, we have a great selection.

Gym/Room Rentals

For rates and availability contact the Facility Support Clerks, Paul or Wally, at 604.718.5812 or email: paul.morton@vancouver.ca (Sun-Wed) or wally.tarrant@vancouver.ca (Wed-Sat).

Pool Rentals

Contact the Pool Programmer at 604.718.5830 or email marie.beesley@vancouver.ca.

Rink Rentals

Go to vancouver.ca/parks-recreation-culture/rink-rentals or contact the Rink Programmer, Susy, at 604.718.5836 or email susy.bando@vancouver.ca.

Facility Rental Fee Policy

We collect full rental fees at the time of booking. We cannot hold a space until payment is received in full. Once you've rented space from us a minimum of 3 times within a 6 month period and are in good standing, you can apply to become a regular user at which time rental fees can be collected on the day of your event/program. For cancellations, a full refund will be given with at least 48hrs notice. No refunds given with less than 48hrs.

For more information, visit: britanniacentre.org/facilities/rentals

Cover Photo: Britannia Volunteer Garden Work Party. See page 19 for more information.

Spring 2020 Holiday Hours

Information Centre, 55+ Centre & Teen Centre

Apr 10	Good Friday	CLOSED
Apr 13	Easter Monday	CLOSED
May 18	Victoria Day	CLOSED

Pool & Fitness Centre

Apr 10	Good Friday	1:00-5:00pm
Apr 13	Easter Monday	1:00-5:00pm
May 18	Victoria Day	1:00-5:00pm

Rink

Apr 10	Good Friday	1:45-3:30pm
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Unceded Coast Salish Territories

Britannia Community Services Centre acknowledges that we are located on the traditional and unceded Coast Salish territories of the xʷməθkʷəy̓əm (Musqueam), Skwxwú7mesh (Squamish) and selilwitaʔ / selilwitulh (Tsleil-Waututh) Nations.

Registration Information

Registration Dates

General Programs

Registration opens Tuesday March 3, 2020 at 9:00am in-person and online, and at 1:00pm by phone.

Free Programs

Registration for free programs opens Wednesday March 4, 2020 at 9:00am in-person and online, and at 1:00pm by phone.

Funseekers Summer Camp

Registration opens at 10:00am on Saturday April 18, 2020.

Swimming Lessons

Registration for swimming lessons starts at 7:00pm on Tuesday March 17, 2020.

Skating Lessons

Registration for **Set 1** spring skating lessons begins Wednesday April 1, 2020 at 9:00am in-person and online, and at 1:00pm by phone. Registration for **Set 2** lessons begins Wednesday May 20, 2020 at 9:00am in-person and online, and at 1:00pm by phone.

Vancouver Coed Hockey League

Registration opens on Wednesday May 27, 2020 at 9:00am in-person and online, and at 1:00pm by phone.

Refund Policy

- A full refund will be granted if requested up to 48hrs prior to the second class. No refunds after this time.
- For workshops and outings, a full refund will be granted if the refund is requested one week (seven days) prior to the start of the program. No refunds after this time.
- Britannia Society Memberships are non-refundable.
- For day camps, a \$5 administration fee will be charged for each camp a refund is requested for. Refund requests must be made one week (seven days) prior to the start of the program. No refunds after this time.

How to Register

1) Register online at britanniacentre.org

Membership fees will automatically be added to your online purchase.

2) Register in person

You can register for programs at the **Information Centre** and the **Pool Cashier**. Pay by Cheque, Visa, Mastercard, Debit or Cash.

3) Register by phone at 604.718.5800 ext. 1

A receipt for your program registration will be emailed to you upon request, or you can pick up a hard copy at our Info Centre at your convenience.

Pool Cashier Registration Hours

Mon-Fri	9:00am-9:00pm
Sat	9:30am-7:00pm
Sun	10:30am-7:00pm

Info Centre Registration Hours

Mon-Fri	9:00am-6:30pm
Sat	9:30am-4:30pm
Sun	10:30am-3:30pm

Swim/Skate Refunds

- Full refund will be granted five days or more prior to the start of the program.
- Partial refunds granted within four days of program start or before second class.
- Transfers possible prior to second class. No refunds after second class.
- Exceptions: No refunds on single session programs.

Cancellation Policy

- Courses are cancelled when too many people wait until the last minute to register. A minimum number must enroll before a class will run. Programs may be cancelled due to unforeseen circumstances and instructors may change during the program season.

Subsidy Policy

Britannia provides assistance to those who are not able to afford the advertised cost of certain programs and activities. Please note: Maximum of two subsidies per person per season. Some programs do not qualify for subsidy. Our subsidy policy does not apply to Britannia Child Care programs or products that are resalable. **Non-residents of Vancouver are not eligible for subsidies.**

Leisure Access Program

Residents of the City of Vancouver with a current Leisure Access Program (LAP) Card may receive up to 50% off certain programs by presenting their LAP card to a cashier at the time of registration.

Grandview-Woodland Strathcona Residents Subsidy

Program participants living in the Grandview Woodland and Strathcona areas who are in need of financial assistance may request a subsidy of up to 25% of course costs for certain programs by completing an application.

Licensed Child Care Subsidy

For more information about the provincial child care subsidy, call 1.888.338.6622 or visit: www2.gov.bc.ca/gov/content/family-social-supports/caring-for-young-children/child-care-funding

FREE Fun For All! Recreation Programs

Britannia operates a wide range of FREE and pay-what-you-can recreation programs. The Britannia Board of Management is committed to ensuring that people have access to programs and that fees are not a barrier to members of the Grandview-Woodland/Strathcona Community.



Look for the "Fun for All" stamp throughout the Brochure to find our free and pay-what-you-can programs.

Looking for adaptive or inclusive sport and recreation?



ASH is a chatbot that helps people of all bodies and abilities search and register for the programs that are right for them

www.viasport.ca/ash

A partnership between viaSport, the Vancouver Park Board and Canucks Autism Network, funded by the Disability Alliance BC and the Province of British Columbia



Beyond the Blue Box: Plastics & Electronics Recycling at Britannia

Every third Saturday of the month, Britannia Centre sponsors a recycling depot where recyclers can dispose of electronics, Styrofoam, and plastic items that the City of Vancouver can't take. Pacific Mobile Depots (PMD), based in Victoria, collects plastics and other materials, then sells them to small BC factories to repurpose. pmdrecycling.com.

For a small price you can get rid of the plastic bags in your cupboards, broken plastic toys in the basement, and a host of other items such as foil-lined materials, car seats, bike tubes, wires and cables, electronics, small appliances, and metal objects. Bring your recycling so that it can be repurposed. Proceeds go to PMD and Britannia Centre.

Sat 9:00am-12:00pm Mar 21, Apr 18, May 16, Jun 20
Britannia Parking Lot

By volume:	\$3.50/regular garbage bag \$7/large garbage bag
Electronics/appliances:	Servers, laptops, wires, cables - Free! \$2.50/small electronics/appliances \$5/large electronics/appliances
Car seats:	\$12/you dismantle it \$20/we dismantle it
Light bulbs:	Free!

Special Events



Photos by Britany Quinn Photography: 2018 Mother's Day Traditional Pow Wow

36th Annual Mother's Day Traditional Pow Wow, May 8-10 ☀️

Established in the summer of 1984, the Mother's Day Traditional Pow Wow has been a fixture in Vancouver's urban Indigenous community for 36 years. The event was initiated by the local Indigenous community and the Cedar Cottage Neighbourhood House with support from the City of Vancouver. The event grew rapidly from a small family night gathering to a three-day celebration attended by thousands from across the province and the country, and was blessed to receive many visitors who travelled internationally.

The Pow Wow theme is *Honour and Uplift Women and Life-givers in the Community*. The major focus of this event is the strengthening of advocacy and awareness surrounding Violence Against Women and Girls (VAWG) and Missing and Murdered Indigenous Women and Girls (MMIWG). Further, the Pow Wow provides a celebration space for the local community (and all in attendance) to learn, share, and experience the rich, diverse cultural teachings of Urban Indigenous peoples, while building stronger community connections.

There will be cultural exhibitions and performances throughout the weekend (special dance competitions TBA). This event is free, with donations being accepted at the door. We welcome everyone and look forward to sharing this fun, family-friendly event.

Fri-Sun May 8-10 **Trout Lake Community Centre** **Free** britanniacentre.org/community/powwow

Vendors

The Pow Wow committee will ensure that only quality authentic Indigenous crafts are sold or exhibited, including: fashion, painting and drawing, beading, dreamcatchers, jewelry, prints, carving, statuettes, and everything in between.

Exhibitors

Organizations, educational institutions, industry, public agencies and government departments are encouraged to apply. Preference is given to those who demonstrate a concerted effort to tailor materials to strengthening advocacy and awareness about VAWG and MMIWG.

Vendor & Exhibitor Registration

Registration opens Feb 10, 2020. Space is limited! For more information, or to book a table, please contact vancouverpowwow@gmail.com or 604.718.5862.

Full Weekend 3 full days, Fri-Sun, May 8-10	Pow Wow Only 2 full days, Sat-Sun, May 9-10
Artists/Vendors: \$250/1 table Indigenous/Non-profit orgs: \$600/1 table Governments/Universities: \$1500/1 table	Artists/Vendors: \$200/1 table Indigenous/Non-profit orgs: \$500/1 table Governments/Universities: \$1000/1 table
Exhibitor fees (per table) include: One 6' table with tablecloth, two chairs, a logo on the MDTP web page, inclusion in the social media campaign, the opportunity to connect with up to 5,000 attendees.	



Community Call to Action: Join the 2020 Pow Wow Committee!

We would like to extend an invitation and call our community together. We would be honored to have you join us for a 2020 Pow Wow Committee meeting. Britannia remains keen on enriching our event planning practices by consulting with our community and benefiting from the different lenses that our diverse community will bring to the discussion. Send your RSVP and any questions to vancouverpowwow@gmail.com.

Every other Wed 1:00pm
Mar 4 & 18; Apr 1, 15, & 29; May 6
 RSVP to vancouverpowwow@gmail.com

Special Events

Art Gallery Exhibitions

March 4 – 7

Second Life Leathers

Hand painted up-cycled fashion by Hollis Nelson.

Opening Reception:

Wed 6:30-8:30pm Mar 4



April 1 – May 1

Audiometry

Synesthetic paintings exploring hearing and deaf culture by Laurie Landry.

Opening Reception:

Wed 6:30-8:30pm Apr 1



May 6 – 29

Illumination

Watercolour paintings by local youth artist Khai Truong.

Woven Views

Collaged mixed media paintings by Dana Cromie.

Opening Reception:

Wed 6:30-8:30pm May 6

Artist Talks

Second Life Leathers

Wed 7:00-8:30pm Mar 11
BAG Hollis Nelson Free



Audiometry

With ASL interpretation.

Wed 7:00-8:30pm Apr 8
BAG Laurie Landry Free



Salmon Leather Bracelets

Fish skin leather making is a nearly forgotten ancient skill that was once common among ocean and freshwater communities in the Northern Hemisphere. It is a beautiful textile that can be tanned in different ways to create strong leather for clothing, pouches, wallets, footwear and art. We'll use the oil tanning method resulting in a near translucent but strong textile that will preserve the natural colour of the fish skin. You will be provided with two fish skins, one of which can be made into a simple leather bracelet by the end of the class. You will then have the knowledge to be able to make oil tanned fish leather at home. All materials provided.

Sun 10:00am-3:00pm May 24
Rink Mezz \$20/1 sess
267062 Janey



Workshops

Tiny Modern Bookbinding

Learn 3 different bookbinding techniques from three different nations in the last 75 years: Belgian, Caterpillar, and Cross Structure. This workshop offers a unique opportunity to compare and contrast techniques from multiple cultures. Hardcover and softcover options will be discussed and constructed. All tools and materials provided. No experience necessary.

Sun 12:30-4:30pm Mar 22
Rink Mezz \$20/1 sess
266528 Suzan



Cedar Bracelets

In Haida and many Northwest Coast cultures, the cedar tree is referred to as the tree of life. Many teachings come from the cedar tree. Participants in this workshop will learn traditional knowledge about the cedar, including historical and spiritual values. You will learn how to weave cedar bark into a beautiful custom sized bracelet that you can use as a gift and/or to take home with you. Bring an additional \$10 (not covered by the registration fee) for the cedar that Todd will harvest, cure and process. All other supplies included. Todd DeVries is a Haida artist who teaches cedar weaving both in person and online. He offers workshops all over Vancouver and teaches seniors at Britannia's 55+ Centre. He weaves Haida history and spirituality in with a broad range of cedar weaving techniques.

Sun 1:00-4:00pm Apr 19
Rink Mezz \$10/1 sess
268368 Todd

Introduction to Tarot Weekend



Heidi Nagtegaal is a local artist, tarot reader, and community activist with over 10yrs experience reading tarot. Learn tarot history, deck care, major and minor arcana, and some basic spreads in a safe and friendly atmosphere. Cost includes a wrap for your deck.

Sat/Sun 10:00am-2:00pm May 2-3
Rm 210 \$125/2 sess
265106 Heidi

Special Events

Free Income Tax Clinic

Britannia offers free tax clinics in March and April to help low-income individuals fill out their tax returns. By appointment only. To book an appointment, call 604.718.5800 ext. 1. No sessions Mar 14, Apr 10 & 11.

Fri	9:30am-5:30pm	Feb 28-Apr 25
Sat	9:30am-12:30pm	By appt Only
55+ Centre		

25th Annual Stone Soup Festival

This annual festival brings the community together in celebration of local food, local artists, community groups and entertainment with a focus on food justice, sustainability, and the environment. This event also includes hands-on workshops, readings by local authors, demonstrations, food vendors, free soup and more! Applications are available for food/garden vendors at the Info Centre. Local artists with work in-keeping with the theme of the festival are also invited to apply. Space is limited. Festival takes place in the Napier Greenway, Britannia Plaza and Gym D. For more information email: helen.spaxman@vancouver.ca.

If you are interested in volunteering at this fun community event, please send an email to yao.zhang@vancouver.ca.

Sat	12:00am-4:00pm	Jun 6
Britannia		Free

Banner Workshop

Theme: Water. "Water is the driving force in all nature" – Leonardo da Vinci. Use our high quality water-based fabric paints to help create a set of colourful banners. The large banners hang in pairs and will be displayed outdoors on site. This is a great workshop for friends and family. Children under 12yrs must be accompanied by an adult. Wear old clothes and bring a lunch and a colour sketch of your idea. Banners can be purchased after exhibition for \$20/set. Artists get first chance to buy their own banners.

Sat/Sun	10:00am-4:00pm	Apr 18-19
Cafeteria		\$19.05/2 sess
247677 Helen		

Easter Egg-Stravaganza

Come join us at this free community event! There will be games, crafts, and treats. We hope the agility bunnies will be available to come and perform for us. It might take a lot of carrots to get them here! Look for an updated event poster closer to the date. We hope you are as egg-cited as we are. Families with children 1-8yrs are welcome.

Sat	12:00-2:00pm	Apr 11
Gym D		Free*
*Registration required.		



The Solstice/ Equinox Coffee House Series

A hidden gem of entertainment that happens four times a year on or close to the two Equinoxes and two Solstices. If you haven't checked out the Coffee House Series at Britannia, you're in for a treat!

Spring Equinox Coffee House

Celebrate the beginning of Spring with a community event featuring local musicians, poetry, refreshments and more! Live music by Double Duet (Barb Fraser & Dennis Henderson, Doug Thordarson & Lynn Wittenberg), Salt Thief, and Elisa Thorn. Everyone welcome.

Sun	7:00-9:30pm	Mar 15
55+ Centre		Free

Summer Solstice Coffee House

Celebrate the beginning of summer with a community event featuring live music, haiku, refreshments and more! Everyone welcome.

Sun	7:00-9:30pm	Jun 21
55+ Centre		Free



International Yarn Bombing Day

2020 theme: Year of the bird pompom-tassel. Britannia Community Arts celebrates yarn appreciation. Helen and friends facilitate simple hands-on yarn crafting. Materials supplied. Yarn donations welcome.

Sun	1:00-4:00pm	Jun 7
Napier Greenway		Free

Parent-Child Relationship: A Parenting workshop

Relationships and emotions affect behaviour. Try a different approach to understanding and managing behaviour. Explore how past and present family dynamics can impact relationship patterns and learn new strategies to develop resilience in your child.

Sun	10:00am-12:00pm	Apr 19-26
Conference Rm		\$67/couple
264197 Milo Wu		\$40/person



Lesbian Lives Live

Presented by the Archives of Lesbian Oral Testimony (ALOT), this monthly oral history event promotes intergenerational conversation about lesbian and queer women's history. Free and open to all genders. ALOT is a trans-inclusive community project and space. Hosted by queer historian and ALOT Director Elise Chenier. Contact: echenier@sfu.ca.

Sun	11:00am-1:00pm	Mar 22, Apr 19
55+ Centre		May 24, Jun 14
Elise		Free

East Van Garden Tour (12yrs+)

Mark your calendars! This Father's Day visit a dozen or so delightful East Vancouver private gardens. The self-guided tour is designed to be walked. Tickets are limited and can be purchased in advance at Figaro's Garden, Britannia, or online. The tour begins at Figaro's Garden Centre (1896 Victoria Drive) where you'll pick up your map. Sponsored by Britannia Neighbours, Britannia Centre, and Figaro's. Proceeds go to support Britannia Neighbours In Action and the community volunteers who maintain the Napier Greenway. Note: Most gardens are not wheelchair or stroller-accessible. Children 12yrs+ or babies in arms. No pets. Registration opens May 1. Britannia registration ends Jun 20 at 4pm.

Sun	10:00am-4:00pm	Jun 21
Figaro's Garden		\$15/1 sess
264295 Britannia Neighbours		

Italian Day

Britannia Community Centre celebrates Italian Day on the Drive with craft making.

Sat	12:00-4:00pm	Jun 14
Napier Greenway		Free

Special Event Volunteers

We are looking for special event volunteers to assist on the event day for set-up and take-down, guest assistance, and zero waste stations. Interested? Fill out an application: britanniacentre.org/volunteer. For more info contact Yao at 604.718.5860 or yao.zhang@vancouver.ca.

Licensed Child Care



Britannia Child Care Hub

For up-to-date information on space availability, waitlists, and registration, please contact each child care centre directly.

Child Care Mission Statement

To provide a range of safe, stimulating and nurturing child care programs that respect and embrace each child and family.

About our Child Care Programs

Each one of our programs is a unique reflection of its history, the community it serves, its staff members and its families, past and present. We believe that children learn about themselves, others and the world around them through play and creative expression. This allows children to learn naturally and practice important skills in the following areas:

Social:	Communication, friendship skills, conflict resolution, sharing and co-operation.
Intellectual:	Language and self-expression, problem solving, critical thinking, kindergarten readiness skills.
Physical:	Large muscle and fine motor skills, safety and self-care skills (health, hygiene, large and fine motor development).
Creative:	Self expression and concept development.
Emotional:	Development of healthy self-esteem, self-confidence, self-awareness and ability to deal appropriately with emotions.

About our Staff

All of our staff are qualified as Early Childhood Educators, Special Needs Educators, Child and Youth Care Counsellors, or are Responsible Adult certified. The number of additional staff for each program is dependent upon the type of program and is always in accordance with child/staff ratios set by child care licensing regulations.

All staff, substitutes, students and volunteers are required to have a clear Criminal Record Search in accordance with child care licensing regulations.

For more information, visit: britanniacentre.org/services/licensed_childcare

Provincial Child Care Subsidy

For more information about the provincial child care subsidy, call 1.888.338.6622 or visit: www2.gov.bc.ca/gov/content/family-social-supports/caring-for-young-children/child-care-funding

Toddler Program (18mo-3yrs)

Mount Pleasant Child Care has a licensed toddler program with 12 spaces for children 18mos-3yrs. Children will develop socially, physically and emotionally at their own pace in a caring and safe environment with time to explore new relationships with friends and interact with adults. Age-appropriate materials provided. Snacks, hot lunch and outdoor play are part of the daily routine.

Mount Pleasant Child Care

960 East 7th Avenue
Wade Forbes 604.718.5844
For waitlist info, email:
mountpleasantchildcare@shawbiz.ca

Hours: Mon-Fri 7:30am-6:00pm

Fees: \$948/mo
Lunch & am/pm snacks provided



Preschool Program (3-5yrs)

Our Preschool program provides a rich and meaningful child-centered environment in which children learn and grow in all areas of development. Our program will include the exploration of Artists Throughout History. By using hands on exploration of a variety of materials and techniques, we will experience styles developed by influential artists throughout history. Children practice creativity and freedom of artistic expression in a play-based learning environment as we highlight multiculturalism, diversity, arts, dance, and languages from around the world.

Britannia Preschool

1661 Napier Street
Lorraine Evans 604.718.5843

Hours: Mornings 9:00-11:30am
Afternoons 12:30-3:00pm

Fees:	2 days/wk (Thu/Fri)	\$185
	3 days/wk (Mon/Tue/Wed)	\$260
	5 days/wk (Mon-Fri)	\$445

Licensed Child Care

Daycare Programs (3-5yrs)

Eaglets Daycare, Grandview Terrace and Mount Pleasant Child Care offer full day daycare programs for children 3-5yrs. The programs offer a caring, safe and nurturing environment that provides children the freedom and support to develop their full potential. We offer multicultural programs that respect a variety of traditions, lifestyles, languages and cultural heritages. In our inclusive play-based programs, staff provide activities based on children's interests and developmental needs, offering opportunities for children to explore their environment through music, movement, blocks, construction toys, cooperative games, stories and outdoor play. Through play, children are able to develop social skills and learn more about their world.

Eaglets Daycare

485 Semlin Drive
Suzy Liguori 604.718.5856
Please call for up-to-date registration and fee information.

Hours: Mon-Fri 7:30am-5:45pm

Fees: \$903/mo
Snacks provided.

Grandview Terrace Child Care

2075 Woodland Drive
Alejandra Uribe 604.718.5846
grandviewcc@shawbiz.ca

Hours: Mon-Fri 7:30am-6:00pm

Fees: \$905/mo
Lunch Program: \$70/mo
Snacks provided.

Mount Pleasant Child Care

960 East 7th Avenue
Wade Forbes 604.718.5844
For waitlist info, email:
mountpleasantchildcare@shawbiz.ca

Hours: Mon-Fri 7:30am-6:00pm

Fees: \$898/mo
Lunch & am/pm snacks provided.

Out-of-School Care Programs (5-12yrs)

Britannia, Eagles in the Sky, and Grandview Terrace are licensed programs, which offer the opportunity to create, explore and socialize in a fun, safe and nurturing environment. Our play-based programs are designed to foster independence and confidence in a family-centred setting. We strive to provide an integrated and comprehensive continuum of services for children and families that reflect the communities we serve. All of the centres are culturally sensitive and celebrate the uniqueness of our families. Qualified educators offer a value-based program that focuses on children's interests, ages and developmental needs.

Britannia OSC

1661 Napier Street Lorraine Evans 604.718.5843

Pick up from: Britannia Elementary
Queen Victoria Annex (QV)

Sep-Jun Hours: Mon-Fri 7:30-9:00am (Brit Only)
3:00-5:45pm (Brit/QV)

Fees: Full Time \$355/mo
3 Days \$230/mo
2 Days \$210/mo

Breakfast & pm snack provided.

Grandview Terrace OSC

2075 Woodland Drive Alejandra Uribe 604.718.5846

Pick up from: Grandview Elementary
Queen Alexandra Elementary
Queen Victoria Annex
Ecole Anne Hebert

Sep-Jun Hours: Mon-Fri 7:30am-9:00am*
3:00pm-6:00pm

*No AM care for Queen Alexandra Elementary and Ecole Anne Hebert.

Fees: \$385/mo
Breakfast & pm snack provided.

Eagles In The Sky OSC

103B-1950 E. Hastings

Kinga Batko 604.230.1885

Call for registration and fee info.

Pick up from: Xpey/Macdonald Elementary
Hastings Elementary
Lord Nelson Elementary
Ecole Anne Hebert

Sep-Jun Hours: Mon-Fri 7:30am-9:00am
3:00pm-5:45pm

Fees: Xpey/Macdonald Elementary \$410/mo
Hastings/Lord Nelson/Anne Hebert \$435/mo
Breakfast & pm snack provided.



Community Action Program for Children (CAPC)

CAPC is a community-based children's program that promotes the healthy development of young children (0-6 years).

Beatrice Feza 604.718.5821

Spanish Parent-Child Mother Goose/Mama Ganso (0-2yrs)

Enjoy one hour of rhymes, songs, games and stories in Spanish with your little ones. Healthy snack provided. Registration required.

Disfrute de una hora de rimas, canciones, juegos y cuentos en español con sus pequeños. Se ofrece una merienda saludable. Los grupos son en el salon 'Mezzanine' de la Pista de Hielo.

Mon Apr 20-Jun 15 10:30am Toddlers 12:00pm Infants Free
Rink Mezz To register call 604.215.8289



Preschool

Art

Toddler Art (1-3yrs)

Art is a wonderful sensory experience in which you and your child can collaborate. Emphasis is placed on the creative process and exploration of materials. Be on time for an inspirational story. Dress for mess! No class May 18.

Mon 9:45-10:30am Apr 20-Jun 8
Rink Mezz \$77/7 sess
 264333 Helen

Music

Jump into Music (6mo-5yrs)

This one-of-a-kind music and movement program engages, educates, and entertains parent and child while on a musical journey through different styles and cultures. Curriculum is designed to stimulate the whole brain and body via singing, dancing, drumming, parachuting, improvising, exploring instruments, jumping and playing. A family fun environment exploring culture and world music.

Try a free class anytime. 25% sibling discount. \$15/drop-in welcome.
jumpintomusic.ca

Wed Apr 8-Jun 10 Rink Mezz
Monica \$130/10 sess
 265508 10:00-10:50am
 265510 11:00-11:50am

Music Together (0-5yrs)

Learn how to share the joys of music-making and the powerful benefits of having music in your young child's life! Our 9 award-winning music collections and research-based curriculum supports parents at home and keeps the music making alive all week! Each child's natural musicality is nurtured through singing, dancing, listening and exploring musical instruments.

The whole family is welcome — parents, grandparents, caregivers — for this important family music experience. Parent participation is required. Siblings attend at a reduced rate and children 6mos and under attend free with a registered sibling. \$60 Music Together licensing fee is non-refundable after the first class.

Tue Apr 7-Jun 9 Rink Mezz
Megan \$170/10 sess
 265325 9:30-10:15am
 265326 10:30-11:15am

Sat Apr 4-Jun 13 Rink Mezz
Shellana \$170/10 sess
 265322 9:30-10:15am
 265323 10:30-11:15am
 265324 11:30am-12:15pm

Dance

Ballet/Jazz Dance (2-6yrs)

Jump, skip and twirl! Children will learn a variety of ballet exercises as well as the basic fundamentals of jazz dance while developing their own creative expression. This is a closed class. However, in the final week of the session we invite parents to stay for a presentation. Parent participation required for 2-4yrs classes. No class Apr 11 & May 16.

Sat Apr 4-Jun 20 CFEC
Endorphin Rush \$118/10 sess
 265733 9:30-10:10am Age 2-4yrs
 265734 10:15-10:55am Age 2-4yrs
 265735 11:00-11:40am Age 3-4yrs
 265737 12:30-1:10pm Age 4-6yrs

Hip Hop/Jazz Dance (3-6yrs)

Combine the style of hip-hop with the technical skills of jazz! Learn steps, jumps, turns, stretches and fun choreography to your favourite music. Please wear comfortable stretchy clothing and non-marking shoes. No drop-ins. No class Apr 11 & May 16.

Sat Apr 4-Jun 20 CFEC
Endorphin Rush \$118/10 sess
 265736 11:45am-12:25pm Age 3-4yrs
 265738 1:15-2:00pm Age 4-6yrs

Language

Baby Sign Language (0-2yrs)

Babies understand and can communicate long before they're able to speak. Babies who learn American Sign Language (ASL) can learn quicker and talk earlier. Using songs and games, learn how to teach your baby basic ASL so they can better convey their wants and needs and relieve unnecessary frustration. Learn the signs and songs so you can practice at home. Babies can sleep during class or you can bring toys. No drop-ins.

Tue 9:45-10:30am May 19-Jun 16
Mat Rm \$64/5 sess
 264103 Into Yoga

Hola Amigos en Familia (3-5yrs)

Hola Amigos en Familia is a unique opportunity to learn the Spanish Language in a joyful, safe and fun environment. Parents/caregivers are invited to join us in learning about Latin culture, while sharing traditions and connecting with families. Both children and adults will experience Spanish language in a meaningful real-life context, from a variety of sources. Miss Lili is a highly qualified native Spanish speaker and teacher.

Tue/Wed 11:30am-12:30pm Apr 7-Jun 17
CFEC \$264/22 sess
 265739 Words In Motion

Physical Activity

Baby and Me Yoga (6-16mo)

Stretch, strengthen and find moments to involve baby with movement, massage and songs. Crawlers are welcome and older children may come, watch and we can set up a reading area. Please bring a blanket for baby. Yoga mats provided. \$15/drop-in. No class May 18. melissarodrigues.com

Mon 12:30-1:30pm Apr 20-Jun 22
CFEC \$108/9 sess
 264157 Melissa

Kindergym (1-5yrs)

Run, jump and roll in a gym full of mats and playground equipment. Parent supervision required. Pay \$2.50/drop-in fee at pool and bring receipt to class or use strip tickets (\$20/10tx). No class May 14 & Elementary School Pro D Days.

Tue-Thu 11:00am-12:30pm Apr 14-Jun 11
Gym D Olivia \$2.50/drop-in

Sat 10:00am-12:00pm Apr 18-May 9
Gym D Belinda \$2.50/drop-in

Sportball Multisport Parent & Child (2-3yrs)

Multi-sport classes teach children introductory physical skills and helps them develop confidence through 8 different ball sports. Parent participation required. No class May 16.

Sat 11:30am-12:15pm Apr 18-Jun 20
Gym C \$135/9 sess
 264202 Sportball Vancouver

Sportball Multisport (3.5-5yrs)

Multi-sport classes teach children methods to practice and refine gross motor skills through 8 core ball sports. This program reinforces benefits of teamwork and skill development, enabling children to gain confidence and develop skills to succeed in sport and life. No class May 16.

Sat 12:15-1:15pm Apr 18-Jun 20
Gym C \$135/9 sess
 264201 Sportball Vancouver

Sportball T-Ball (2-6yrs)

Children are introduced to fundamental concepts of baseball in fun skills-focused games. With the guidance of their sportball coach, learn skills like throwing, catching, batting, running bases and fielding. Children are challenged according to their individual skill level and coaches help adults understand proven teaching techniques that can be applied outside of classes. No class May 17.

Sun May 3-Jun 21 Gym C
Sportball Vancouver \$90/7 sess
 266735 9:30-10:15am Age 2-3yrs
 266736 10:15-11:15am Age 4-6yrs

Children

Music

Greenhorn Community Music Project (12yrs+)



The Greenhorn Community Music Project aspires to join the creative forces of youth, professional musicians, and community members to compose, practice, and perform a variety of musical styles to orchestrate social change you can dance to! Participants under 12yrs must be accompanied by an adult. Britannia membership required (child/youth \$1.00). No class Apr 13 & May 18.

Mon 3:30-5:00pm	Mar 30-Jun 8
Rink Mezz	Free
Brenda/Tim	

Violin & Fiddle Private Lessons (6yrs+)

30 or 45min private violin lessons for adults and children 6yrs+. Teaching follows the Suzuki Method and covers classical and fiddle. Shannon Saunders is a Juno and West Coast Music Award winning performer, teacher and recording artist. Violin not included.

Email instructor at fiddlelessons@shaw.ca to arrange lesson time prior to registering. No class Apr 13 & May 18.

Mon 3:30-9:00pm	Apr 6-Jun 8
264331 30 min	\$192/8 sess
264332 45 min	\$288/8 sess
RAR/Preteen Centre	Shannon

Piano (6yrs+)/Clarinet (10yrs+)

Continue your music studies or begin an instrument and enjoy a lifetime of making music! These lessons consider each student's development and goals. Conservatory exam preparation is available. An on-going program from Sep-Jun, students are ensured placement for the duration of their studies. Payment is made in advance of each set. Lesson costs shown below are for 30 min classes. 45 and 60 min also available at the discretion of the instructor. Prior to registering, new students must contact the instructor for a weekly lesson time at janine.oye@gmail.com. Clarinet students must provide their own instruments. Phone-in and in-person registration only, no online.

265314 Tue	6:00-8:30pm	Mar 31-Jun 16	\$301/12 sess
265315 Fri	6:00-8:30pm	Mar 27-Jun 19	\$301/12 sess
265316 Sat	9:00am-4:30pm	Mar 28-Jun 20	\$301/12 sess
Preteen Centre	Janine		

Spring Camps

Funseekers Daycamp (6-12yrs)

There are many activities and out-trips planned for Spring Break Funseekers! Come learn new skills, meet new friends, and simply have fun! Swim, skate, learn arts and crafts, play group games, go on out-trips and more! Register early to avoid disappointment. Please provide lunch, snack, and water daily. Parents are required to complete consent forms.

Funseekers Cancellation Policy: A \$5 administration fee will be charged for each camp for which a refund is requested. Refund requests must be made a minimum of one week (seven days) prior to the start of the program. No refunds after this time.

Week 1

250821 Mon-Fri	9:00am-3:00pm
Mar 16-20	\$99/5 sess
Gym D	

Week 2

250822 Mon-Fri	9:00am-3:00pm
Mar 23-27	\$99/5 sess
Gym D	

Summer Camps

Summer Funseekers Daycamp (6-12yrs)

Registration for Summer 2020 Funseekers will begin at 10:00am on April 18, 2020 at the Info Centre. Brochures will be delivered to local schools approximately one week before registration. Join us for a summer of excitement and adventure. Our fun and enthusiastic leaders have planned an enjoyable schedule filled with out trips, games, crafts, sports, cooking, music, drama and special events. Special emphasis in our camps will be placed on the use of the Equitas program, "Play it Fair," which is designed to promote human rights, inclusion, anti-discrimination, respect for diversity, and the peaceful conflict resolution among children. The toolkit contains interactive age appropriate activities and games that reinforce the positive values and fundamental principles of human dignity and equality.

Gymnastics Summer Camp

Four weeks of Summer Camp Fun! Registration opens on Jun 2.

Mon-Fri 9:00am-3:30pm	Jul 6-31
Gym A/B	Price TBD
Gymnastics Coaches	

Language

Hola Spanish for Kids (5-9yrs)

Hola Spanish for Kids is a unique opportunity to hear the Spanish Language in a joyful, safe and fun environment. Children will experience Spanish language in a meaningful real-life context, from a variety of sources. Miss Lili is a native Spanish speaker.

Tue 3:30-4:30pm	Apr 7-Jun 16
RAR	\$132/11 sess
265745 Words in Motion	

Art

Clay for Children (6-12yrs)

Discover the sculptural properties of clay while learning a multitude of building methods, including pinch pot, slab, coil, and wheel. Artist quality, food safe materials included.

Thu 4:00-5:15pm	Apr 23-Jun 11
Rm 208	\$110/8 sess
265516 Helen	

Physical Activity

Britannia Boxing (6yrs+)

See page 23 for more information.

M/W/F 5:00-6:30pm	16yrs+ Only
T/Th 5:00-6:30pm	6-15yrs Only
Sat 2:00-4:00pm	6yrs+
Boxing Rm	Jay
264169 Apr	\$75/mo
264168 May	\$75/mo
264170 Jun	\$75/mo

Traditional Kung Fu (6yrs+)

This Northern Shaolin Style class will teach you traditional forms, weapon forms, sparring and self-defense. It will help you gain physical and mental strength, develop self-confidence and discipline. Membership fee of \$1 per month for the Northern Shaolin Lung Chi Cheung Association is included in the fee. Classes run Monday and Fridays. Fees do not pro-rate. No class Apr 10, 13, 17, May 18, & June 12.

Beginner

Mon/Fri 4:30-5:45pm	Apr 3-Jun 26
CFEC	\$206/20 sess
264212 Marquis	

Intermediate

Mon/Fri 4:30-6:15pm	Apr 3-Jun 26
CFEC	\$226/20 sess
264213 Marquis	

Advanced

Mon/Fri 4:30-6:30pm	Apr 3-Jun 26
CFEC	\$246/20 sess
264211 Marquis	

Children

Axe Capoeira

We offer ongoing classes for children and youth. Classes cover all aspects of Capoeira: martial arts, dance, music, acrobatics, culture, language and more. Classes focus on developing rhythm, reflexes, balance, coordination, strength and flexibility.

Registration includes unlimited participation in training as well as dance and music classes. \$20/drop-in (pay at the Pool Cashier at Britannia and bring the receipt to the instructor).

Preschool (3-6yrs)

Tue/Thu 6:00-6:45pm
Location TBD 2 class/wk \$160
264155 May/Jun

Youth (7-18yrs)

Tue-Thu 5:00-6:00pm
Location TBD 2 class/wk \$170
264149 May/Jun

See page 22 for adult Axe Capoeira classes.

Children Inter/Adv (5-7yrs)

Intermediate and advanced levels only. Must have experience.

Wed 6:00-6:45pm, Sat 10:00-11:00am

Location TBD 2 class/wk \$160
264151 May/Jun

Wed/Thu 6:00-6:45pm, Sat 10:00-11:00am

Sun 12:00-1:00pm 4 class/wk \$180
Location TBD 264152 May/Jun



Britannia Gymnastics Club

This popular community recreation program will promote your child's self-esteem and develop strength, flexibility, agility and coordination through the fundamentals of gymnastics. Children can wear a bodysuit, or shorts and t-shirts.

Our fantastic, enthusiastic team of coaches — Shadan, Henry, Aaron, Sherry, Alia, Lailah, Audra, Alison, and Elaya — are looking forward to another great gymnastics season!

www.britanniagymnastics.com

Sat	Apr 18-Jun 20*	*No class May 16.	Gym A/B	
264187	Tiny Tumblers	3-4yrs	1:00-1:45pm	\$81/9 sess
264180	Gym Kids A	4-5yrs	2:00-2:45pm	\$77/9 sess
264181	Gym Kids B	4-5yrs	3:00-3:45pm	\$77/9 sess
264182	Performance	6-9yrs	4:00-5:00pm	\$99/9 sess
264186	Perf Plus Extra	9-15yrs	5:00-7:00pm	\$90/9 sess

Sun	Apr 19-Jun 21*	*No class May 17.	Gym A/B	
264178	Dynamic Duo A	18mo-3yrs	10:00-10:45am	\$77/9 sess
264179	Dynamic Duo B	18mo-3yrs	11:00-11:45am	\$77/9 sess
264183	Performance A	6-9yrs	11:30-12:30pm	\$99/9 sess
264188	Tiny Tumblers	3-4yrs	12:00-12:45pm	\$81/9 sess
264176	Adv Gym Kids	5-6yrs	12:45-1:45pm	\$90/9 sess
264184	Performance B	6-9yrs	3:30-4:30pm	\$99/9 sess
264185	Performance Plus	9-15yrs	1:45-3:15pm	\$117/9 sess
264177	Demo Team	9-15yrs	3:30-5:00pm	\$117/9 sess

All programs take place in Britannia Secondary School, 1001 Cotton Drive, Gym A/B.

Spring Break Camp (6-12yrs)

Children aged 6-12yrs will be jumping for joy after five days of jam-packed gymnastics fun. Kids will learn gymnastics skills on beam, bars, floor, and vault from our fantastic and enthusiastic coaching staff. Children should bring a snack, lunch, and water. Drop your children off at Britannia Secondary School's Gym A/B (1001 Cotton Drive) at 9:30am and pick up at 3:30pm sharp. Early drop off or late pick-up option are separate registrations.

252353 Mon-Fri 9:30am-3:30pm Mar 23-27 Gym A/B \$225/5 sess

Gymnastics Camp Early Drop Off & Late Pick Up (6-12yrs)

We offer early drop-off and late pick-up options for our gymnasts. No gymnastics will be taught during this time; children will engage in light activities. Children must be enrolled in the Gymnastics Day Camp to register for the early drop-off and late pick-up options.

Early Drop Off

Mon-Fri 7:30-9:30am Mar 23-27
Gym A/B \$45/5 sess
252354 Gymnastics Coaches

Late Pick Up

Mon-Fri 3:30-5:30pm Mar 23-27
Gym A/B \$45/5 sess
252356 Gymnastics Coaches

Dynamic Duo (18mo-3yrs)

Introduction to gymnastics through running, jumping, climbing, rolling, twisting, and somersaulting! These skills help children develop strength, confidence, & coordination.

Tiny Tumblers, Gym Kids, Adv Gym Kids (3-6yrs)

Develop your child's self-concept and self-esteem in a positive environment. Enthusiastic coaches teach at the child's own pace, encouraging them to build on skills they've learned. Beginners and those who have already taken gym are welcome.

Performance (6-9yrs)

Training for beam, floor, vault and bars. Gymnasts are encouraged to develop more complex skills in relation to their current level. Beginners and those who have already take gym are welcome.

Performance Plus (9-15yrs)*

For recreational, advanced recreational and competitive athletes. Athletes may have the opportunity to participate in gymnastics meets to showcase their ability. They will perform routines and are scored on beam, floor, vault and bars.

Perf Plus Extra (9-15yrs)*

Extra practice and more time with our wonderful coaches!

Demo Team (9-15yrs)*

Athletes will learn tumbling, stunting, dancing and circus arts. Previous gymnastics or dance experience required. Participation in BC Gymnastrada event. Additional costs for gymnastics competitions and/or body suits.

*Performance Plus, Perf Plus Extra, and Demo Team are invitation-only programs. If you are interested in joining, please contact fraser.mcelroy@vancouver.ca for an assessment with one of our coaches. Limited spaces available.

Children



Program Dates:
Program Cost:
Refunds:

Britannia Micro Footie 2020

This year will be our 27th year of offering Micro Footie to the Britannia Community! Registration includes playing soccer outside twice a week, a World Cup kit, a team photo, a Micro Footie soccer ball, and other fantastic surprises. For more info visit britanniasoccer.org or email britmicrofootie@gmail.com

Saturdays April 18 - June 20, 2020 (No session May 16 & 18)
\$144/player for child/youth, \$129/player for Men/Women 18yrs+
Refunds issued up to Feb 15, 2020. No refunds after this date.

Coaching

Are you interested in coaching children and youth in the Apr - Jun season? Join 200 other amazing volunteer coaches to inspire the next generation of athletes.

Previous coaching experience optional, training provided.

Sign up today: britmicrofootie@gmail.com.

Micro Footie Saturday Game and Practice Schedule (Subject to change)

#	DIVISION	SAT GAME TIME	GAME LOCATION	WEEKDAY PRACTICE TIME	LOCATION
253821	Coed 4yrs (Garden)	8:45-9:45am	Empire South	Mon 5:45-6:45pm	Garden Park
253819	Coed 5yrs (Garden)	8:45-9:45am	Empire North	Wed 5:45-6:45pm	Garden Park
253830	Coed 5yrs (Robson)	8:45-9:45am	Brit Oval	Mon 5:45-6:45pm	Robson Park
253820	Boys 6yrs (Garden)	10:00-11:00am	Empire South	Mon 7:00-8:00pm	Garden Park
253827	Girls 6yrs (Garden)	10:00-11:00am	Empire North	Wed 7:00-8:00pm	Garden Park
253826	Coed 6yrs (Robson)	10:00-11:00am	Brit Oval	Mon 7:00-8:00pm	Robson Park
253825	Boys 7-8yrs	11:15am-12:15pm	Empire South	Mon 7:00-8:00pm	Brit Oval
253828	Girls 7-8yrs	11:15am-12:15pm	Empire North	Mon 5:45-6:45pm	Brit Oval
253831	Coed 7-8yrs (Robson)	11:15am-12:15pm	Brit Oval	Wed 5:45-6:45pm	Robson Park
253834	Boys 9-10yrs	12:30-1:30pm	Empire South	Tue 5:45-6:45pm	Brit Oval
253833	Girls 9-10yrs	12:30-1:30pm	Empire North	Tue 7:00-8:00pm	Brit Oval
253832	Coed 9-10yrs (Robson)	12:30-1:30pm	Brit Oval	Wed 7:00-8:00pm	Robson Park
253823	Boys 11-12yrs	3:15-4:15pm	Empire South	Wed 7:15-8:15pm	Brit Oval
253824	Girls 11-12yrs	3:15-4:15pm	Empire North	Wed 5:45-6:45pm	Brit Oval
253835	Boys 13-14yrs	1:45-3:00pm	Brit Oval	Thu 5:45-6:45pm	Brit Oval
253829	Girls 13-14yrs	1:45-3:00pm	Brit Oval	Thu 5:45-6:45pm	Brit Oval
259816	Boys 15-17yrs (Clinton)	3:15-4:30pm	Brit Oval	Thu 5:45-6:45pm	Clinton Park
259817	Girls 15-17yrs (Clinton)	3:15-4:30pm	Brit Oval	Thu 5:45-6:45pm	Clinton Park
259716	Men 18yrs+ (Clinton)	1:45-3:00pm	Empire South	Thu 7:00-8:00pm	Clinton Park
253822	Women 18yrs+	1:45-3:00pm	Empire North	Thu 7:00-8:00pm	Brit Oval

Thanks to our community donors for supporting Micro Footie!



Tennis Academy

Mini (6-9yrs)

Introduction to tennis. Learn basic forehand and backhand skills and develop hand-eye coordination through a variety of fun games and activities. Bring your own racquet and runners. No class May 16 & Jun 6.

Sat 2:00-3:00pm Apr 18-Jun 27
Gym D \$90/9 sess
264210 Juan Carlos

Junior (10-14yrs)

This class continues to develop tennis skills for those students who have already learned basic tennis. Students will participate in a variety of fun drills and games to enhance their skills and will be given the opportunity for game play. Bring your own racquet and runners. No class May 16 & Jun 6.

Sat 3:00-4:00pm Apr 18-Jun 27
Gym D \$90/9 sess
264209 Juan Carlos

Future Stars (8-14yrs)

Develop more advanced tennis skills through drills and rallies preparing you for significant game play. This class focuses on the fundamentals of competitive tennis. Bring your own racquet and runners. No class May 16 & Jun 6.

Sat 4:00-5:00pm Apr 18-Jun 27
Gym D \$90/9 sess
264208 Juan Carlos

Welcome to the Teen Centre



A place in the community dedicated to youth. All youth 13-18yrs are welcome. Pool, foosball, ping pong, video games, and a public access computer are all available for use. Youth, volunteers and youth workers work together to plan and run programs and activities for the Teen Centre. Please pick up your copy of the monthly activities calendar. If you do not see what you are looking for then get involved and make it happen!

The Teen Centre is a place to:

- Meet people.
- Get information or support.
- Share your ideas and interests.
- Have fun.
- Join our Youth Committee to set direction.

Hours

Mon-Thu	3:00-9:30pm
Fri	3:00-10:00pm
Sat	6:00-10:00pm

Registration

Register for all Teen Centre programs at the Teen Centre. For more information, call 604.718.5828. Please note: a signed parent consent form is required for many of our programs. If you have any questions or concerns please call us.

Staff

Youth Programmer:
Tom Higashio 604.718.5826
tom.higashio@vancouver.ca

Latin American Youth Programmer:
Stephanie Angel-Garay 604.718.5829
stephanie.angel-garay@vancouver.ca

Community Youth Worker:
Jodi Gibson 604.718.5828
jodi.gibson@vancouver.ca

Teen Centre Staff:
Ali, Alicia, Barry, Chiho, Jessie, Jodi, Kakada, Kya, Manuel, Mark, Stephanie, Tom

Preteen

Guys Night (10-13yrs)



Guys social night to hang out with your friends and meet new friends. A self directed program with a mixture of laughter and leadership. Please pre-register.

Tue	6:15-8:00pm	Apr 7-Jun 9
RAR		Free
266594	Kakada	

Girls Club (10-13yrs)



Girls get together to explore your creativity, discover your talents, and share your stories with your friends and meet new friends. A self directed program with a mixture of laughter and leadership. Please pre-register.

Thu	6:15-8:00pm	Apr 2-Jun 11
Preteen Centre		Free
266593	Alicia	



Friday Night Live (10-13yrs)



Are you climbing the walls at home? Come climb the walls with us instead! Indoor rock climbing, movies, Watermania, and many other great out trips! Cost includes transportation and admission. Meet in front of Preteen Centre. Completed consent form required.

Fri	5:30-8:30pm	Apr 24
272938	Hillcrest Pool	\$5/1 sess
Fri	5:30-9:00pm	May 22
272940	Downtown Movie	\$5/1 sess

Preteen Dance (10-13yrs)

DJ 2 Scoops plays the music. You and your friends have a blast. Concession will be open for sale of glow sticks, glow necklaces, snacks and pizza. Gr 6-7 only. Parental consent form must be completed and are available 1 week before the dance. Pay \$1 at the door.

Fri	6:30-9:00pm	Apr 17, Jun 12
CFEC		\$1/1 sess

Leadership

Britannia Youth Committee



Britannia youth programs are looking for youth who want to be involved! Give back to the community, initiate and follow through on community programs and projects. Meetings are held the first and third Fri of the month at 3:30pm. Contact Tom at 604.718.5826 for more info.

First Friends Buddy Program (11-19yrs)



Meet youth your age and learn at the same time. The Friends First Buddy program provides you with social, recreational, and educational skills. To register and for more information please contact Stephanie at 604.718.5829.

Sat	12:00-4:00pm	Apr 4-Jun 20
Teen Centre		Free

Summer Daycamp Volunteers



Britannia Funseekers Daycamp is looking for motivated youth 16yrs+ to get involved in volunteering with children 6-12yrs in a fun and supported setting. It's a great leadership opportunity and way to give back to the community. Spend the weeks swimming, doing arts and crafts, playing games, learning about children's rights, going on out trips and many other fun activities! Minimum 3 week commitment required and must complete a police record check. Reference available upon completion. Please contact Tom at 604.718.5826 if interested.

"Play it Fair" Summer Leaders Training (16yrs+)

Staff will learn the games of the toolkit, the theory behind them, and how they can be used to promote values. Feedback on Vancouver's Play it Fair toolkit indicates the activities help children to integrate the values of respect, cooperation, respect for diversity, fairness, inclusion, responsibility, and acceptance into their daily attitudes and behaviours. The activities help to reinforce children's self esteem, their leadership skills, and their capacity to solve their own conflicts. Play is used as a vehicle for dialogue.

We recommend that daycamp coordinators and leaders who are not familiar with, or want to brush up on their skills to attend this 4 hour training.

Sat	9:30am-1:30pm	Jun 13
266612	Gym D	\$30/1 sess
Tue	6:00-10:00pm	Jun 23
266613	Gym C	\$30/1 sess

Youth

Social

Lunch Hour Drop-in

Come hang out at lunch, play some video games, pool or foosball. Snacks provided.

Wed 11:30am-12:30pm Ongoing
Teen Centre Free

Feast of Flavours (13-18yrs)

This is a hands on cooking program. Learn to create healthy, cheap and easy to cook meals. Youth are involved in planning, cooking and preparing the meals.

Tue 4:00-6:30pm Apr 7-Jun 30
55+ Centre Free

Latin Cooking (11-18yrs)

Learn to cook food from various Latin countries. Participants will also learn how to make healthier food choices and to shop on a low budget.

Quieres aprender a cocinar comida de varios países Latinos. Ven y aprende como escoger productos que sean saludables y aprende a gastar menos.

Thu 4:00-7:00pm Apr 2-Jun 25
55+ Centre Free

East Van Hip Hop Drop (12-18yrs)

For the location, please go to our Facebook page: **The Hip Hop Drop - East Van**. All elements welcome: MCs, DJs, Breakers, Graff writers, etc. Come freestyle, dance, make art, or just chill out with the crew!

Wed 5:30-9:30pm Ongoing
Location TBD Free

Free Youth Swim (11-18yrs)

Climb the WIBIT! Contests, prizes, games and crazy staff! First Friday of every month. Be ready to go in the water by 8:00pm. No swimsuit required. It's not what you're thinking... swimsuits, or clean, recently washed clothing can be worn. No shoes allowed.

Fri 8:00-9:55pm Apr 3, May 1
Britannia Pool Jun 5
Free



Outdoor Programs

The Great Escape Outdoors (GEO)

We offer a variety of outdoor activities for youth 13-18yrs and suitable for almost any level of fitness. It is a great way to explore our incredible surroundings, learn new things and meet great people. Pick up a monthly calendar to get a complete listing of activities.

The Centre provides all necessary equipment, food, transportation, and guides/instructors, unless otherwise stated. Any overnight trips will have co-ed leaders and at least one trained staff in Wilderness First Aid. The cost of the outings should not prevent any youth from participating, so let staff know. If you have any questions or would like to register please call 604.718.5828.

Registration at the Teen Centre only.



Diversity Camp (13-18yrs)

In partnership with the Trout Lake and Thunderbird Community Centre youth programs, spend three days doing activities and having discussions about diversity, human and children's rights, anti-discrimination, respect, inclusion, fairness and peaceful conflict resolution. Youth must be willing to participate, discuss and share in all activities.

We will be using activities from the "Play it Fair" and "Speaking Rights" toolkit which promotes the values of children's rights, followed by a discussion of what they felt, thought and learned. Every child has the right to know their rights.

To register, please contact Tom at 604.718.5826.

Fri-Sun 9:00am-5:00pm Mar 20-22
Camp Capilano \$75/sess



Dragonboat (13-18yrs)

Britannia Teen Centre's dragon boat team is looking for committed paddlers to be part of this year's team. We will be meeting every week to talk about the upcoming year, paddling techniques, dry-land training, nutrition and twice a week on-the-water practices. The team will participate in the 2020 Concord Vancouver Dragon Boat Festival, Jun 19-21. Come join a quest for excellence. No experience necessary. For more info and to register, contact Tom at 604.718.5826. Practice dates TBD.

Blackcomb/Whistler Ski & Snowboard

Cost includes transportation, lift, rental and lesson. Youth will be required to ski/snowboard with certified Whistler Mountain Staff at all times. Bring money or lunch and dress for cold and wet weather. Consent forms will be available one month prior to the trip. Limited spots available on first come basis with consent form and fees. Must register a minimum of 2wks in advance. Registration at the Teen Centre only.

Sat/Sun 6:00am-6:00pm Mar 1, Mar 14
Apr 19
\$85 ski/snowboard rental, \$65/no rental



Youth

Sports

BC Wheelchair Basketball (16yrs+)



If interested in attending, please contact Tom at 604.718.5826. No class Jun 5.

Fri 6:45-9:00pm Apr 3-Jun 26
Gym D Free

Basketball Drop-in (16-24yrs)



Sun 12:00-1:50pm Apr 5-Jun 28
Gym C Free

Indoor Soccer (11-18yrs)



For 11-18 year old players only.

Tue 5:00-7:00pm Apr 7-Jun 30
Gym D Free

Britannia Boxing (6yrs+)

See page 23 for more information.

M/W/F	5:00-6:30pm	16yrs+ Only
T/Th	5:00-6:30pm	6-15yrs Only
Sat	2:00-4:00pm	6yrs+
Boxing Rm		Jay
264169	Apr	\$75/mo
264168	May	\$75/mo
264170	Jun	\$75/mo

Ki Aikido Women and Trans Intro Class 14yrs+

This class is queer positive and open to women, trans folks, Two Spirit and/or gender diverse individuals. Give the Art of Peace a try in a supportive learning environment! Looking for an embodied practice that helps you deal with the stresses of your daily life? Try Ki Aikido, a non-competitive practice that promotes positive well-being and helps develop calmness, stability and confidence. Improve your mind-body connection, stay relaxed and centered under pressure, and work with connection and energy to flow in dynamic movements with partners. Suitable for all levels of physical ability. Try one free session anytime.

Thu	6:15-7:30pm	Apr 16-May 21
Mat Rm		\$36/6 sess
264194	Emily	\$8 drop-in



VYW VANCOUVER YOUTH WEEK 2020



Vancouver Youth Week 2018. Photo credit: Emily Cooper

Youth Week is an internationally celebrated event to promote awareness of youth, increase positive public profile of youth and build stronger connections between youth and the community. During Youth Week, young people around the world organize and participate in events, performances, forums and community projects.



Community Small Grants are available for youth to get creative with celebrating Youth Week. Have a fun idea? Contact Tom at tom.higashio@vancouver.ca to find out how to apply for a grant and bring your idea to life!

Vancouver Youth Awards Dinner

Vancouver is recognizing outstanding youth and community centre youth groups who make a difference in communities across the city! Talk to your Youth Worker or contact youthweek@vancouver.ca to find out more.

Fri 5:30-8:30pm May 8 Killarney CC



Basketball Events at Roundhouse CC

Food, ball and prizes! To register your team for free, contact Sally at sally.chan@vancouver.ca.

Sat	May 2	Roundhouse CC
10:00am-1:00pm		JR Boys (Gr 8/9) 3 v 3
1:00-4:00pm		SR Boys (Gr 10-12) 3 v 3

Skateboard Event and Demos will be held on Saturday, May 9 from 1-4pm at the Downtown Skate Plaza. All skill levels welcome. Contact Sally at sally.chan@vancouver.ca for a waiver form before you participate. This event is a partnership with the Vancouver Skateboard Coalition.



Events are sponsored by the Vancouver Board of Parks and Recreation and individual Community Centre Associations.



Youth Latin American Youth Program (LAYP)

Programa de Jovenes Latino Americanos

The Latin American Youth Project offers a number of opportunities to Latino youth 11-18yrs and ranges from organized recreational programs to advocacy and referral services. For further information please contact Stephanie, the Latin American Youth Worker, at 604.718.5829 or stephanie.angel-garay@vancouver.ca.

El proyecto de jóvenes, Latino Americano le ofrece a la comunidad una variedad de actividades, proyectos, y eventos. Los siguientes programas son para jóvenes de 11 a 18 años y son gratuitos en su mayoría. Para más información y para registrarse llame a Stephanie al 604.718.5829 o por correo electrónico a stephanie.angel-garay@vancouver.ca.

Latin American Youth Council (13-18yrs)

Buscamos a jóvenes que estén interesados en iniciar nuevos programas y actividades para nuestra comunidad Latina. Dar reconocimiento a los asuntos Latinos, apoyar nuestra comunidad, recoger fondos, iniciar nuevos proyectos y eventos, y hacer trabajo voluntario para las horas requeridas para la graduación. Para más información llama a Stephanie al 604.718.5829. Nos reunimos el primer miércoles de cada mes de 4:00-6:30pm.

Volunteer Work/Trabajo Voluntario (13-18yrs)

Do you need volunteer hours for school? The Teen Centre and the Latin American Youth Program offers many opportunities to get involved! Phone us or drop by the Teen Centre.

Necesitas trabajo voluntario para poder graduarte? El proyecto de jóvenes ofrece muchas oportunidades en las que puedes encontrar apoyo en actividades que quieras llevar a cabo y a la vez hacer tus horas de voluntariado. Para más información llame al 604.718.5829.



Co-ed Indoor Soccer/ Futbol de Salon (11-18yrs)

Free drop-in soccer for youth (with high school ID). New players welcome. Must be 11-18yrs. Futbol de salón, solo para jóvenes de 11-18 años de edad.

Tue/Martes 5:00-7:00pm Apr 7-Jun 30
Gym D/Gimnasio D Free/Gratis



Girls Empowerment Group/ Grupo de Chicas (13-18yrs)

Come and hang out with other girls! Meet new people, chat, have snacks, take part in fitness, wellness, and interesting workshops. Bring all your friends! Some topics we will be looking at:

- Self-esteem/Respect
- Fitness
- Career Planning

Ven a participar con otras chicas de tu edad! Habrá comida, deportes & ejercicios, talleres, y charlas interesantes! Invita a todas tus amigas del colegio!

Fri twice a month/Viernes dos veces por mes 4:00-6:00pm, contact Stephanie 604.718.5829.

Vancouver Latin American Cultural Choir (18yrs+)

Come sing with Canto Vivo! Our choir meets once a week to learn and practice songs that reflect the immense diversity of musical genres from all over Latin America. Songs are in Spanish and Portuguese. Sergio Pires, the choral conductor, is an educator and music researcher who holds a Doctoral of Musical Arts degree in choral conducting and Masters and Licentiate degrees in music. Everyone is welcome. Join this fun community activity, sing, and make friends! Register by email: info@vlacc.ca. Registration fee doesn't include VLACC and Britannia memberships.

Wed 7:00-9:00pm Apr 8-Jun 24
55+ Centre \$60/12 sess
265507 Sergio

Spanish Clubs

What are Spanish Clubs? A place to meet the Latin students in your school, to have fun, learn more about Latin American culture, and know what activities and programs are going on in your community. We provide games, music, workshops, and guest speakers. If you are interested in having a Spanish Club at your school contact Stephanie at 604.718.5829 or stephanie.angel-garay@vancouver.ca.

The Latin American Youth Project offers Spanish Clubs during lunch at the following schools:

Killarney		
Wed	11:30am	Counselling Suite
Van Tech		
Thu	11:30am	Rm 224
Brit		
Fri	11:30am	Rm 314

Cocina Latina/Latin Cooking (13-18yrs)

Learn to cook food from various Latin countries! Participants will also learn how to make healthier food choices and to shop on a budget. Families with youth and children are welcome!

Quieres aprender a cocinar comida de varios países Latinos. Ven y aprende a cocinar y a la vez como escoger productos que sean saludables y económicos. Familias con jóvenes y niños son bienvenidas!

Thu/Jueves 4:00-7:00pm Apr 2-Jun 25
55+ Centre Free/Gratis

Friends First Buddy Program/Grupo de Amigos (11-18yrs)

Meet youth your age and learn at the same time. The Friends First Buddy program provides you with social, recreational, and educational skills. We meet every Saturday. To register and for more details please contact Stephanie at 604.718.5829. Completed consent forms required.

- Outings/Salidas
- Team Building Games/Juegos
- Workshops/Tallers

Ven a conocer jóvenes de tu edad y de varios países. El programa de Friends First te enseña nuevas actividades en las que puedes participar todos los sábados. Para más información por favor llame a Stephanie para registrarse al 604.718.5829. Subsidios disponibles para todas las actividades.

Sat/Sabados 1:00-5:00pm
Teen Centre Free/Gratis

Adults

Get Involved! Volunteer at Britannia

Do you know that there are over 300 active volunteers at Britannia? Many of our programs are run by volunteers or enhanced with volunteer support. Volunteers play an important role in our community. Volunteers take part in Britannia's 15 active committees—like the Planning and Development committee that is working hard to reshape the future of Britannia. You'll find our volunteers on soccer fields teaching kids about active lifestyles, in the kitchen cooking heart-warming food, in our awesome daycare, and much more!

Do you see yourself here? Complete an application and view volunteer opportunities today: britanniacentre.org/volunteer

Shoreline Cleanup at Barnet Marine Park (19+)



During World Oceans Week we invite you to participate in our Great Canadian Shoreline Cleanup at Barnet Marine Park in Burnaby. Help reduce litter along the coastline and protect our oceans! This will be an interactive, team-building event. Transportation and equipment will be provided. Bring a lunch. Please meet at the Britannia Info Centre at 9:45am. Registration required.

Sun 9:45am-1:45pm Jun 7
Info Centre Free
268090



Fun bike rides (19+)



Join other Britannia volunteers and community members for fun bike rides in and around Vancouver. We leave from Britannia and explore local favourite bike trails at a leisurely pace. Rides take place from Apr-Jun. Participants should be confident riding approx. 30km. Waivers and release forms need to be signed prior to the rides. To receive the updated list of the rides and sign up, please email: britanniavolunteer+rides@gmail.com.

Britannia Gardens Work Party & BBQ



Please join us and help keep the Britannia School Gardens thriving and looking beautiful. Meet great people, connect to nature, get some exercise, and eat great food. Enthusiastically embraced by the teachers and students, these gardens support unique outdoor learning opportunities by teaching children and youth how to grow their own food, help connect them to the land and food they eat, support healthy food choices by providing food for the school cafeteria, and foster youth leadership in the area of urban agriculture and the environment. We are looking for 15-20 volunteers. There will be a variety of easy to medium physical tasks to choose from. Work gloves will be provided. Dress to get dirty.

268095 Sun 1:00pm May 31 Britannia Garden Free

Lesbian Lives Live



NEW

Presented by the Archives of Lesbian Oral Testimony (ALOT), this monthly oral history event promotes intergenerational conversation about lesbian and queer women's history. Free and open to all genders. ALOT is a trans-inclusive community project and space.

Sun 11:00am-1:00pm Mar 22, Apr 19, May 24, Jun 14 55+ Centre Free

Earthquake Preparedness: Personal & Family



We have all witnessed the devastation caused by earthquakes. We have seen how they can impact our families, homes and businesses. Vancouver could be impacted by earthquakes, yet few of us take the time to ensure we are prepared. This introductory session covers what is required to develop your family emergency plan, how to conduct a "home hazard hunt," and what to do when an earthquake strikes.

264174 Tue 7:00-8:30pm May 5 Conference Rm Free Volunteer

Foods



Grandview Woodland Food Connection (GWFC) is dedicated to supporting healthy

food access for all. In partnership with Britannia Community Centre, the GWFC is pleased to offer a range of community food programs. For more information, see page 34. If you'd like to get involved, call Ian at 604.718.5895 or visit: www.gwfoodconnection.com

Beekeeping for Beginners: **NEW** Introduction to the Honeybee

Keeping honeybee hives can be fun, educational and filled with sweet rewards. Learn the very basics of keeping bees on your property, near your garden, or at a hive host in your area. Explore the wonder of the honeybee and how it is tied to food production, science and the environment. Winston Wong and Ninna Snider have kept over 20 hives throughout the Lower Mainland. Having completed the BeeMaster program, they continue to share their knowledge and enthusiasm by encouraging new recreational and backyard beekeepers.

Sun 3:00-5:00pm Jun 14
Rink Mezz \$30/1 sess
271742 Winston & Ninna

Fettah: A Taste of Syria

NEW

Maybe you have tried some amazing Syrian food, but haven't yet learned how to cook a traditional Syrian meal. From the oldest inhabited capital city in the world, Damascus, Fettah is inspired by and made with the simple, vegetarian, and healthy ingredients from the fertile Syrian lands. Come join Hayat and Carmen and learn more about this authentic dish which the Damascene have enjoyed eating throughout history until today.

Sun 6:00-8:00pm May 31
Preteen Centre \$30/1 sess
271462 Hayat & Carmen

Pressure Canning 101

NEW

Are you interested in learning how to can everything from soups to vegetables? In this workshop we will go over the basics of pressure canning. This food preservation technique can help you save money on food and help you prepare healthy meals in advance. Participants will go home with a jar of canned soup and all the skills to pressure can at home. Bring a small box to transport your canned goods home. Danielle Samuels learned pressure canning as a child from her grandmother and wants to share this knowledge with as many people as she can.

Sun 2:00-5:00pm Jun 7
Preteen Centre \$20/1 sess
271461 Danielle

Adults

Music

Violin & Fiddle Private Lessons (6yrs+)

See page 12 for more information.

Mon	3:30-9:00pm	Apr 6-Jun 8
264331	30 min	\$192/8 sess
264332	45 min	\$288/8 sess
RAR/Preteen Centre		Shannon

Carnival Band

Looking for a way to bring a little music and colour to your community? The Open Air Orchestra Society invites you to our street band workshops, led by the incomparable Ross Barrett, Tim Sars, and guest instructors. All levels/ages welcome. Suggested donation is one hour's wage or pay-what-you-can. Britannia membership required. No session Apr 13 & May 18. For more information email bookings@openairorchestra.com.

Mon	7:30-10:00pm	Apr 6-Jun 29
55+ Centre		Sliding scale
Tim/Ross		



Van Van Song Society

Enjoy with us songs from gospel, folk, popular, and contemporary traditions. You are also very welcome to just come listen. No experience or auditions required. No cost, no obligation, and drop-ins welcome. Come with a friend or come to make new ones. Britannia membership required.

Wed	6:00pm-7:30pm	Jan 15-Jul 29
Cafeteria		Free
265728	Vanessa	

African Drumming Level 1, 2 & 3 (16yrs+)

Play traditional West African rhythms on hand drums (djembés) and bass drums (dununs). These classes are fun and concentrated. The Level 1 course is an introduction; no previous experience is needed. Enrolling in Level 2 requires taking level one or permission from the instructor. Enrolling in Level 3 requires permission from the instructor, or having taken level 3 previously. The instructor can be contacted through his website: www.drumming.ca. Drums supplied during class at no extra charge. The instructor has 30yrs+ teaching experience.

265495	Level 1	Tue	6:30-7:50pm	Apr 21-Jun 9	\$120/8 sess
265496	Level 2	Tue	8:00-9:30pm	Apr 21-Jun 9	\$120/8 sess
265497	Level 3	Thu	6:30-8:30pm	Apr 23-Jun 11	\$150/8 sess
Cafeteria		Russell			



Vancouver Latin American Cultural Choir (18yrs+)

Come sing with Canto Vivo! Our choir meets once a week to learn and practice songs that reflect the immense diversity of musical genres from all over Latin America. Songs are in Spanish and Portuguese. Sergio Pires, the choral conductor, is an educator and music researcher who holds a Doctoral of Musical Arts degree in choral conducting from Boston University and Masters and Licentiate degrees in music from Brazilian institutions. Everyone is welcome. Join this fun community activity, sing, and make friends! Register by email: info@vlacc.ca. Registration fee doesn't include VLACC and Britannia memberships.

Wed	7:00-9:00pm	Apr 8-Jun 24
55+ Centre		\$60/12 sess
265507	Sergio	

Q Choir

The Q Choir is a non-auditioned, queer-oriented group of Vancouver singers conducted by Elyse Kantonen. The choir meets each week to sing together in an inclusive environment. We perform regularly in the Sept-June season. Choir experience is an asset, but beginners are welcome — you just need to love to sing! LGBTQAI2S+ centered but open to everyone. Britannia membership required. Please email qchoirvancouver@gmail.com for more information and to reserve your space.

Thu	7:30-9:30pm	Apr 2-Jun 25
55+ Centre		\$150/season
Elyse		

The Drive Street Band

We are a community music band who play songs ranging from Swing, Jazz, Latin, old time songs to original compositions. We welcome anyone interested in joining this band, regardless of age or musical experience. Some music reading ability is helpful (high school level sufficient). The only stipulation is that you need a good attitude and an instrument that you can take to the streets. Led by Cory Sweet and Mike Allen. \$2-5 donation. Britannia membership required. No session June 21.

Sun	3:00-5:00pm	Apr 5-Jun 28
55+ Centre		By donation
265327	Cory/Mike	



Solidarity Notes Labour Choir

Solidarity Notes Labour Choir is a group of activists who know that music is more than pleasurable sound. It's a powerful language to educate and connect us and remind us of our strength and history. Throughout history, struggles for labour and human rights have produced music that inspires and reconnects us to hope and possibility. We are a non-auditioned choir and welcome to everyone. Monthly fees are sliding scale. For more information please contact Marion at 604.685.5995. No session Mar 29, Apr 12 & May 17.

Sun	10:30am-12:30pm	Apr 5-Jun 21
LRC		Sliding scale
265305	Earl	

Language

Spanish – Beginner

Learn about Latin culture and it's language through dynamic and interactive sessions lead by Miss Lili, a highly experienced native speaker.

Tue	1:00-2:00pm	Apr 7-Jun 16
Rink Mezz		\$132/11 sess
265504	Words In Motion	

Spanish – Intermediate

This is for students who have taken Beginner Spanish before and can converse in Spanish.

Tue	2:15-3:15pm	Apr 7-Jun 16
Rink Mezz		\$132/11 sess
265505	Words In Motion	

Adults



Introduction to Tarot Weekend

NEW

Heidi Nagtegaal is a local artist, tarot reader, and community activist with over 10yrs experience reading tarot. Learn tarot history, deck care, major and minor arcana, and some basic spreads in a safe and friendly atmosphere. Cost includes a wrap for your deck.

Sat/Sun 10:00am-2:00pm May 2-3
Rm 210 \$125/2 sess
265106 Heidi

Writing

The Grind Writers Group

NEW

A friendly creative writing group that aims to inspire writers to write and keep writing. We start with a free-write, and then read work people have brought for supportive feedback. No obligation to read your work until you're ready. All ages (19+), stages, and genres. Beginners welcome. Contact Margo Lamont at grindwriters@gmail.com before you attend for the first time and for meeting dates. Saturdays twice per month.

Sat 11:00am-1:30pm TBD
55+ Centre Free

Scrabble Club

Some play for the love of the game, some play recreationally, others study and travel to tournaments. We have players willing to mentor. New players get one month of advantages. \$5/drop-in.

Thu 7:00-10:00pm Apr 2-Jun 25
FAR \$58.50/13 sess
265104 Chris

Vancouver Haiku



NEW

Meets once a month for discussion, workshops and poetry sharing (in English). Haiku is a brief poem of Japanese origin, with a number of related forms. Its appreciation can involve social, spiritual and literary dimensions, and activities such as haiku walks. vancouverhaikugroup@outlook.com

Sun 1:00-4:00pm Mar 15, Apr 26
FAR Free May 24, Jun 28

Arts

Pottery – Introduction

Experience the joy of creating your own dishes from a lump of clay! This course introduces a range of basic methods including hand-building, using the wheel, and surface decoration. No experience necessary! Clay and glazes are included.

Tue 7:00-9:00pm Apr 21-Jun 9
Rm 208 \$209/8 sess
265168 Helen

Pottery – Continuing

Further develop your pottery skills in hand-building and on the wheel. Attention is given to the sculptural as well as the functional aspects of pottery. Students are self-directed with more one-on-one instruction. Pre-reg: Intro to Pottery or permission of the instructor. Clay and glazes are included. Thu and Fri classes may become available with enrolment from a waitlist.

Wed 6:30-9:00pm Apr 22-Jun 10
Rm 208 \$230/8 sess
265179 Helen

Potter's Wheel Intensive: Teapot

NEW

Two day workshop designed for current pottery students to explore the various wheel thrown parts of teapots with the intention of building over two days and glazing it within the current season. Pre-requisite: permission from the instructor if you are not currently enrolled in a Britannia Pottery course.

Sat/Sun 10:00am-3:00pm May 2-3
Rm 208 \$155/2 sess
265099 Helen

Relief and Mono-Print Making

NEW

Explore relief lino cut and mono-printmaking with renowned local artist, Haisla Collins. In this 4 week comprehensive class students will play with inks on paper and fabric, learning how to create texture, use colour, and produce multi-layered relief print making. We welcome people of all ages, skill levels and talents.

Tue 7:00-9:00pm May 5-26
Room 210 \$100/4 sess
266506 Haisla

Banner Workshop

See page 8 for more information.

Sat/Sun 10:00am-4:00pm Apr 18-19
Cafeteria \$19.05/2 sess
247677 Helen

Salsa Cubana & Rueda De Casino

Singles and couples welcome. The basics of Merengue, Bachata and other Latin steps are taught during warm-up. Upon completion of each program, the instructor will assess the student's level and determine if they can move up.

Beginner

No experience necessary. This will be your introduction to Cuban Salsa. We will start with the basic steps, at first in a line but soon you will be using what you have learned in the circle-formation known as a Rueda. We will quickly progress to passing followers from one leader to the next, to turns and to moves such as Vacilala, Casate, Sombrero, etc.

Tue 8:00-9:30pm Apr 21-Jun 9
Gym C \$140/8 sess
264326 Karlos

Beginner/Intermediate

We will continue where we left off in the Beginner Class and will add more moves. We will review the moves learned in the Beginner class and learn new moves such as La Ye Simple, La Ye, Sombrero Complicado, Tornillo, Pelota, Setenta, etc.

Wed 7:30-9:00pm Apr 22-Jun 10
CFEC \$140/8 sess
264327 Karlos

Intermediate

We will continue where we left off in the Beginner/Intermediate Class and will add more moves. We will review the moves learned in the Beginner/Intermediate class and learn new moves such as La Ye Simple, and learn new moves such as La Ye Simple, La Ye, Sombrero Complicado, Tornillo, Pelota, Setenta, etc.

Mon 7:30-9:00pm Apr 20-Jun 15
Rink Mezz \$140/8 sess
264325 Karlos

Advanced

In this class, you will learn some complex variations of moves, such as Caramelo, Malanga, Camina, A lo Cubano, Setenta y Virate, Despeñala, El Salao, Bombero, etc., as well as moves involving 2 couples. Pre-requisite: Previous experience, successfully completed Intermediate Salsa Cubana Rueda class, and consultation with the instructor before beginning the course.

Thu 7:30-9:00pm Apr 23-Jun 11
Gym C \$140/8 sess
264328 Karlos

Adults

Health & Fitness

Iyengar Yoga

Physically energizing, deeply relaxing and emotionally uplifting, this program offers instruction in classical yoga with an emphasis on self-awareness and development of strength, stamina, flexibility, balance, body awareness, postural alignment and relaxation. It accommodates all levels of fitness and ability and is taught with clarity, creativity, attention to detail and sensitivity to individual needs, in an atmosphere of respect, compassion and humour. Safety, back and joint care will be addressed. \$19/drop-in. claudiamacyoga@gmail.com

Level 1 & 2

264189	Tue	9:30-11:00am	Apr 7-Jun 30	CFEC	\$206/13 sess
264190	Tue	7:00-8:30pm	Apr 7-Jun 23	CFEC	\$190/12 sess

Level 2 & 3

264191	Thu	5:30-7:00pm	Apr 9-Jun 25	CFEC	\$190/12 sess
Claudia					

Yogaflex

Focus on core strength and how to get connected with it. The core work will be incorporated into yoga postures. This class ends with deep stretching and relaxation. Please bring your own mats to this class. \$12/drop-in. No class Apr 12 & May 17.

247767	Sun	10:15-11:15am	Apr 5-Jun 21	CFEC	\$80/10 sess
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ZUMBA® Fitness

This fitness class fuses Latin and international rhythms with easy to follow moves to create a dynamic workout system. Zumba® is a feel happy workout that is great for anyone at any fitness level. It uses a variety of styles including Cumbia, Soca, Merengue, Salsa, Samba, Reggaeton, Flamenco. \$11/drop-in. No class May 18. zumbavancouver.ca

Set I

264223	Mon	6:00-7:15pm	Apr 6	Gym C	Free Trial Class
264224	Mon	6:00-7:15pm	Apr 20-May 25	Gym C	\$40/5 sess
264227	Wed	6:00-7:15pm	Apr 1	Gym C	Free Trial Class
264228	Wed	6:00-7:15pm	Apr 8-May 13	Gym C	\$48/6 sess

Set II

264225	Mon	6:00-7:15pm	Jun 1-29	Gym C	\$40/5 sess
264226	Wed	6:00-7:15pm	May 20	Gym C	Free Trial Class
264229	Wed	6:00-7:15pm	May 27-Jun 24	Gym C	\$40/5 sess

Drop-in Fitness

Dance Fitness

Get your groove on with Hot Carib and Latin moves (think Zumba!). Classes are designed to increase in intensity over the session. Guaranteed to increase your fitness level while having fun! Purchase drop-in tickets at pool office. \$4.75/drop-in or \$39.40/10 tickets.

Thu	6:00-7:00pm	Apr 2	Gym C	Free Trial Class	Allyson
Thu	6:00-7:00pm	Apr 9-Jun 25	Gym C	\$4.75/drop-in	Allyson

Strength & Sculpting

A High Intensity Interval Training (HIIT) workout to shape your abs, legs and arms! Purchase drop-in tickets at pool office \$4.75/drop-in or \$39.40/10 tickets. No class June 23.

Tue	6:00-7:00pm	Apr 7	Gym C	Free Trial Class	Allyson
Tue	6:00-7:00pm	Apr 14-Jun 30	Gym C	\$4.75/drop-in	Allyson

Salsa Fit

Invigorating and energizing cardio combining high/low impact aerobics with a salsa flare. Great music and lots of fun. Includes a muscular strength component and stretching. Purchase drop-in tickets at pool office. \$4.75/drop-in or \$39.40/10 tickets. No class Apr 11 & May 16.

Sat	10:00-11:00am	Apr 4-Jun 27	Gym C	4.75/drop-in	Zumba Vancouver
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Backpacking for Beginners

NEW

Love the outdoors and always wanted to try backpacking but don't know how to begin? This hands-on overview will help get you started. Learn the basics of backpacking for beginners including gear, clothing, food, hygiene, safety, nearby locations to backpack overnight, and practical tent-setup demo.

Mon	6:00-8:00pm	Apr 20
LRC		\$40/1 sess
269841	Ariela	

Stretch Therapy

Learn the contract and relax PNF stretching technique and partner assisted techniques to release fascia, tight muscles and unlock your joints. Release your hamstrings, hips, back, and shoulders to improve posture, mobility, range of motion. \$25/drop-in. No class April 13, 20 & May 18.

Set 1

Mon	7:00-8:15pm	Apr 6-May 25
CFEC		\$100/5 sess
264206	Rob	

Set 2

Mon	7:00-8:15pm	Jun 1-29
CFEC		\$100/5 sess
264207	Rob	

Gentle Movement for Chronic Pain Program

This mindfulness movement program teaches individuals the science of pain and applies that knowledge to relaxation, mindfulness, and gentle movement exercises. Learn how to use movement as a safe pain management practice. No drop-ins.

Tue	5:00-6:30pm	Apr 7-May 5
CFEC		\$50/5 sess
264175	Chelsea	

Martial Arts

Axe Capoeira (19yrs+)

Anyone can join! Classes cover all aspects of Capoeira: martial arts, dance, music, acrobatics, culture, language. Classes focus on developing rhythm, reflexes, balance, coordination, strength, flexibility. Unlimited participation in training, dance and music classes. 20\$/drop-in (purchase at Britannia Pool Cashier and bring receipt to instructor).

Tue-Thu	7:30-8:30pm	Sun 12:00-1:00pm
\$240/2 mo		Location TBD
264147	May/Jun	

Traditional Kung Fu (6yrs+)

See page 12 for more information.

Adults

Ki Aikido Women and Trans Intro Class (14yrs+)

This class is queer positive and open to women, trans folks, Two Spirit and/or gender diverse individuals. Give the Art of Peace a try in a supportive learning environment! Looking for an embodied practice that helps you deal with the stresses of your daily life? Try Ki Aikido, a non-competitive practice that promotes positive well-being and helps develop calmness, stability and confidence. Improve your mind-body connection, stay relaxed and centered under pressure, and work with connection and energy to flow in dynamic movements with partners. Suitable for all levels of physical ability. Try one free session anytime.

Thu	6:15-7:30pm	Apr 16-May 21
Mat Rm		\$36/6 sess
264194	Emily	\$8/drop-in

Ki Aikido

A positive and non-violent art, that teaches you how to transform conflict by leading Ki (energy, intention, spirit). Ki exercises, including breathing and meditation, develop awareness of Ki and mind-and-body coordination. Suitable for adults of all levels of physical ability. Beginners may try one free class anytime. High grade classes are for 1st Kyu or more advanced students. No class Apr 13 & May 18.

General

Wed	7:30-9:30pm	Apr 1-Jun 24
Mat Rm		\$78/13 sess
264192	Wayne	\$10/drop-in

High Grade

Mon	7:30-9:30pm	Apr 6-Jun 29
Mat Rm		\$55/11 sess
264193	Wayne	\$6/drop-in

Sports

BC Wheelchair Basketball (16yrs+)

If interested in attending, please contact Tom at 604.718.5826. No class Jun 5.

Fri	6:45-9:00pm	Apr 3-Jun 26
Gym D		Free

Basketball

Come get your sweat on with our 5 on 5 full court basketball. First to 15 points, then rotate. 15 players max. No drop-ins. No class Apr 12 & May 17

Sun	2:00-4:00pm	Apr 5-Jun 28
Gym C		\$60.50/11 sess
264166	Simon	

Sun	4:00-6:00pm	Apr 5-Jun 28
Gym C		\$60.50/11 sess
264167	David	

Ball Hockey – Women

The focus is on fitness and fun for players of all levels. Bring a black and a white t-shirt to split into teams. Sticks provided, or bring your own plastic, wood, composite. Shin pads and gloves recommended. \$6/drop-in. No class Apr 12 & May 17.

Sun	4:15-6:00pm	Apr 5-Jun 28
Gym D		\$60.50/11 sess
264165	Belinda	

Ball Hockey – Coed

Fun, recreational ball hockey. No body-checking. All skill levels welcome. Protective gear recommended. Plastic sticks provided. No wooden sticks allowed. Great practice for goalies! \$6/drop-in. Register early. No class May 27.

Wed	7:15-8:45pm	Apr 8-Jun 24
Gym D		\$60.50/11 sess
264163	Trey	

Pickleball

Pickleball is a combination of ping-pong, tennis, and badminton. This popular, easy-to-learn and exciting game will get you moving in new and interesting ways. This is an intermediate program, so please ensure you know the basics. Bring your own paddles and ball if you have them! \$4/drop-in. No class Apr 12 & May 17.

Sun	9:00am-12:00pm	Apr 5-May 31
Gym C		\$28/7 sess
264198	Peter	

Badminton

Total 30 spaces available (registered and drop-in). \$5/drop-in, space permitting. No class Apr 10 & 11, May 8 & 16.

Fri	7:00-9:45pm	Apr 3-Jun 26
Gym C		\$49.50/11 sess
264158	Allen	

Sat	1:30-5:00pm	Apr 4-Jun 27
Gym C		\$49.50/11 sess
264159	Timothy	

Women's Boxing

The Britannia Boxing Club is now offering a program for all women (trans and gender variant inclusive). This is a recreational boxing program only, meaning there is no sparring or athlete to athlete contact. Come and learn proper techniques, hit the bags, and workout with our coaches. We have a portable boxing ring, hand pads, multiple hanging bags, weights, skipping ropes, a mirrored wall, and enthusiastic coaches! Please note: We have a woman boxing volunteer who aims to attend every session, along with our 3 certified coaches. \$15/drop-in.

Sat	12:30-1:30pm	Boxing Rm
273265	Apr	\$40/mo
273267	May	\$40/mo
273266	Jun	\$40/mo

Britannia Boxing (6yrs+)

The new Britannia Boxing Club is ready! Britannia's own fun, inclusive, and informative boxing program where anyone can come and learn proper techniques, hit the bags, and workout with our coaches. New bags, gloves, portable ring, and more await you in our boxing gym! You'll break a sweat, but can work at your own pace. Come train as much as you like — classes are unlimited. The Boxing Room is located in Gym C. \$15/drop-in. Fees cannot be prorated.

M/W/F	5:00-6:30pm	16yrs+ Only
T/Th	5:00-6:30pm	6-15yrs Only
Sat	2:00-4:00pm	6yrs+
Boxing Rm		Jay
264169	Apr	\$75/mo
264168	May	\$75/mo
264170	Jun	\$75/mo

Volleyball

Please register for a volleyball session to guarantee a spot to play every week. Each person can purchase up to 2 drop-ins per night (no phone-ins). After 4 sessions of volleyball have passed, registration will close. After this time we will only accept drop-ins (if available). If a registered patron anticipates being late, they will need to phone in to the Pool Cashier (604.718.5831) at least 15 mins prior to the program start time to hold their spot. If they fail to do this, their registered spot will become open to drop-ins for that session. If you are a drop-in, you will be asked to pay and sign in at the Pool Cashier's office and submit the receipt to the instructor in the gym.

Beginner

Basics are emphasized. A total of 42 spaces allotted. \$6/drop-in, space permitting.

Thu	7:00-10:00pm	Apr 2-Jun 4
Gym A/B		\$55/10 sess
264215	Richard	

Intermediate

We work on specialized game play. If you have the basics please join us! A total of 30 spaces allotted. \$6/drop-in, space permitting.

Tue	8:00-10:00pm	Apr 14-Jun 9
Gym A/B		\$49.50/9 sess
264216	Richard	

Advanced

We use specialized game play and advanced systems. A total of 36 spaces allotted. \$6/drop-in, space permitting. No class Apr 10.

Fri	7:00-10:00pm	Apr 3-Jun 5
Gym A/B		\$49.50/9 sess
264214	Richard	

55+ Older Active Adults

Welcome to the 55+ Centre

Whether you want to register for a class, drop-in for lunch or just rest your feet awhile with a cup of coffee or tea, we welcome you.

Drop-in Hours

Mon 10:00am-5:00pm
Tue 9:00am-3:00pm
(Vietnamese 55+ Day)
Wed 12:00-5:00pm
Thu/Fri 10:00am-5:00pm
Sat/Sun 10:00am-3:00pm
*except during special events.

Computer Lab Hours

Drop-in to practice your skills, research and use the internet. The lab is closed for 55+ special events and stat holidays.

Wed-Fri 11:00am-4:00pm
Sat/Sun 1:30-3:00pm

Registration for 55+ Programs

Registration for programs starts on Tue, Mar 3 at 9:00am (online and in-person only) and at 1:00pm by phone.

Registration for FREE programs starts on Wed, Mar 4 at 9:00am (online and in-person only) and at 1:00pm by phone.

604.718.5800 (1) www.vancouver.ca

55+ Centre Staff

Anne Cowan	604.718.5837
Kya Prince	604.718.5837
Daniel Cook	604.718.5837
Luong Ho	604.718.5818

Seniors, Elders and Advocates (SEA) Committee



We meet on the 3rd Wednesday of every month to discuss what matters to seniors and older adults in our community. Inclusion, representation and participation of seniors and Elders is of the utmost importance as we discuss programs and services to offer the community that are relevant, needed and valued. New members are welcome and encouraged.

Wed 3:30-5:00pm	Mar 18, Apr 15
55+ Centre	May 30, Jun 17
269173	

Vietnamese Program

This program provides settlement services, and educational and informative workshops about federal and provincial programs for Vietnamese seniors. It also raises the awareness of issues impacting seniors as well as providing advocacy, information about legal, safety, and support resources available to seniors. If you have any questions, please contact Luong Ho at 604.718.5818.

Chương Trình Cao Niên Việt Nam

Cung cấp miễn phí tất cả các dịch vụ hỗ trợ cho cao niên Việt Nam về những chương trình trợ cấp của chính phủ liên bang và tỉnh bang. Bao gồm tiền già (OAS) tiền phụ cấp (GIS), nhà cửa (BC Housing), phụ cấp tiền nhà cho cao niên (SAFER), thẻ xe bus (Bus Pass), thẻ bơi (OneCard).

Chương trình cao niên Việt Nam họp mặt vào mỗi ngày thứ ba hằng tuần, từ 9:00 sáng đến 3:00 giờ chiều tại Nhà Cao Niên của Trung Tâm Britannia. Chương trình tạo điều kiện cho các cao niên Việt Nam gặp gỡ chia sẻ và hỗ trợ tinh thần, tham dự những buổi nói chuyện phổ biến những thông tin mới về quyền lợi và sức khỏe dành cho cao niên; tổ chức các chương trình vui chơi, du ngoạn... Để biết thêm chi tiết, xin gọi Luong Ho 604.718.5818.

Nhảy Nhịp Điệu/Vietnamese Line Dancing



Lớp line dancing miễn phí được tổ chức chung với cơ quan REACH. Dành cho quý vị tuổi từ 55 trở lên tham dự. Lớp hướng dẫn các điệu nhảy line dancing vui nhộn và nhẹ nhàng. Xin liên lạc Luong Ho 604.718.5818.

Free admission for active 55+ Vietnamese adults to enjoy. This is a joint program with REACH. For more information, contact Luong Ho at 604.718.5818.

269180 Fri 10:00am-12:00pm Apr 17-Jun 26 CFEC Free*

*Registration required



Computer Classes

Computer & Internet Beginners



The YMCA of Greater Vancouver is offering free 2hr workshops to help increase participants comfort levels with current technology including computers, tablets, and smart phones. Participants will learn about engaging with computers and internet, using email, web browsing, search engines, online databases, and how to access emerging technologies. The goal of this program is to increase participants digital literacy, improve their internet safety, and increase computer skills. No class May 18. Please register in advance.

Set 1

Mon 10:00am-12:00pm	Apr 20-May 25
55+ Centre	Free*
269700 Conroy	
*Registration required	

Set 2

Mon 10:00am-12:00pm	Jun 1-29
55+ Centre	Free*
269701 Conroy	
*Registration required	

55+ Older Active Adults

Weaving Our Community Together



Indigenous Services Canada



What is WOCT?

Weaving our Community Together brings Indigenous youth, elders and other community members together for mutual sharing, learning, connecting and growing.

WOCT features elder and youth circles, mentorship activities, cross-cultural sharing, and outreach to promote belonging, respect, cultural pride, and intergenerational learning.

For more information, visit:
www.britanniacentre.org/programs/55plus/program_overview

WOCT Wednesday Elders Group



Enjoy cultural crafting, peer support and sharing with Indigenous and non-Indigenous Elders and others.

269702 Wed 1:00-4:00pm Apr 15-Jun 24 (ongoing)
55+ Centre Free*

WOCT Thursday Elders Craft Collective



Following in the footsteps of traditional Grandmothers, we share traditional artistic skills and cultural knowledge with all generations. Afternoon crafts, food and sharing. Everyone welcome.

269703 Thu 1:30-4:00pm Apr 16-Jun 25 (ongoing)
55+ Centre Free*

*Registration required for all WOCT programs.

WOCT Indigenous Led Drum Circle



Drumming, singing, smudge and cultural stories.

Tue 5:00-7:30pm Apr 14-Jun 30
FAR Free*
269705

WOCT Monthly Gatherings



Drumming, singing, dinner and ceremony. Takes place on the 3rd Tue of the month.

Tue 5:00-7:00pm Mar 17, Apr 21
55+ Centre May 19, Jun 16
269704 Free*

Arts and Health Showcase



This annual exhibition and showcase features art with creative collaborations in a variety of genres including dance, writing and performance from Britannia's wonderful Quirk-e; choral music; and Indigenous cedar bark weaving from Britannia's HATTA groups.

Sat TBD Jun 6
Roundhouse CC Free*
181 Roundhouse Mews

HATTA: Hat Weaving Arts & Health Project



This program has already started and registration is complete. Together with Haida artist Giihlgigaa Todd DeVries, Elders and others gather weekly in a supportive environment of community engagement and cultural learning.

Thu 1:30-4:00pm Feb 6-May 21
CFEC Todd Free*

*Registration required



Quirk-e



Quirk-e is the Queer Imaging and Riting Kollektive for Elders experimenting with language, printed text, graphics, digital imagery, spoken word, and performance. Call 604.718.5837 for an application.

Wed 10:00am-12:00pm Ongoing
55+ Centre Free
269697

Sunday Movie Night Series



Everyone is welcome to attend our drop-in movie night. Please see britanniacentre.org for the schedule. No movie Apr 12.

Sun 6:00-9:00pm Apr 19-May 10
55+ Centre Free
269670 John

Ukulele for Beginners: Continuing



This class is a continuation of previous beginner classes. Please register in advance. No class May 18.

Mon 10:00am-12:00pm Apr 20-Jun 8
55+ Centre Free*
269696 Jane
*Registration required

55+ Older Active Adults

Social Programs

55+ Lunch Drop-in

Noon lunch drop-in on Mon and Fri. No need to register, just drop-in for some social time and a full meal.

Mon	12:00-1:00pm	Ongoing
Fri	12:00-1:00pm	Ongoing
55+ Centre		\$5/drop-in

55+ Potluck Lunch

Bring a little something to share on the last Thu of every month. Join in with the Crafting group after lunch!

Thu	12:00pm	Mar 26, Apr 30
55+ Centre		May 28, Jun 25
269716		Free

Indigenous Reads Book Club

Interested in reading Indigenous stories and authors? Join us on the 2nd Thu of the month to discuss great Indigenous literature with other like-minded readers. Pick up books at the Britannia Library.

Thu	2:00-3:30pm	Apr 9, May 14
Britannia Library		Jun 11
269718		Free*

*Registration required.

55+ Britannia Book Club

Join us for cozy afternoon discussions on the 3rd Wed of each month. Pick up your book at Britannia Library.

Wed	2:45-4:45pm	Apr 15, May 20
Britannia Library		Jun 17
269717		Free

Health & Fitness

Boxfit for Seniors 55+

This non-competitive intro class is designed to enhance your strength, balance, coordination, muscular endurance and overall well-being. All fitness levels welcome. Hand wraps and gloves provided. Wear comfortable runners. No class Apr 10.

Tue/Fri	1:00-2:00pm	Apr 3-Jun 26
Boxing Rm		Free*
269209 Chiho		

*Registration required



Yoga 50+

As we move through time, we need to keep moving our bodies. Whether you're brand new to yoga or a seasoned practitioner, if you're 50 or over then this all-levels yoga class is ideal for you. Safety and a pain-free practice is a priority. Yoga can improve your flexibility, mobility, balance, bone density, and strength. In addition to physical health benefits, yoga has a calming effect on the mind and nervous system. \$13/drop-in. No class Apr 13.

Set 1

CFEC		\$50/5 sess
Mon	2:00-3:15pm	Apr 6-May 11
264217		Joan
Wed	2:15-3:30pm	Apr 15-May 13
264219		Alexa

Set 2

CFEC		\$60/6 sess
Mon	2:00-3:15pm	May 25-Jun 29
264218		Joan
Wed	2:15-3:30pm	May 20-Jun 24
264220		Alexa

Osteofit

A gentle strength, balance and coordination program designed to improve fitness and promote healthy bones. This program focuses on improving individual functional ability and quality of life, and reducing the risk of falls and fractures.

Program is taught by trained Osteofit fitness instructor. \$10/drop-in, space permitting. No class May 18.

Set 1

Mon	11:00am-12:00pm	Apr 20-May 25
CFEC		\$50/5 sess
269667	Berjis	

Set 2

Mon	11:00am-12:00pm	Jun 1-29
CFEC		\$50/5 sess
269668	Berjis	

Badminton – Seniors 55+

A fun way to stay fit with others 55+. \$3/ drop-in, space-permitting. Please pay at the pool office and bring receipt to the instructor. No class Apr 11, 13 & May 16, 18.

Mon/Wed	11:20am-12:35pm	Apr 6-Jun 29
Gym C		\$23/23 sess
264160	Tho	
Tue/Thu	11:20am-12:35pm	Apr 7-Jun 30
Gym C		\$25/25 sess
264162	Tho	
Sat	2:00-4:00pm	Apr 4-Jun 27
Gym A		\$22/11 sess
264161	Wally	



Friday Wellness

Exercise with Friends

Senior-led video exercise with light and easy movement.

Fri	10:00-11:00am	Apr 17-Jun 26
55+ Centre		Free*
269194		*Registration required.

Blood Pressure & Sugars

RN Monica will chart pressures. Drop-in and see her to keep track of your health.

Fri	11:15am-12:00pm	Apr 17-Jun 26
55+ Centre		Free*
269195		*Registration required.



Advanced Foot Care

Available by appointment only: RN M.Rinard, 604.228.0261.

Fri	1:00-4:00pm	Ongoing
55+ Centre		Monica

55+ Older Active Adults

Dance

Chinese Folk Dance

Traditional Chinese folk dancing lessons. Everyone is welcome! Program is free but you must register. This class is taught in English and Chinese. No drop-ins.

Thu 9:00-11:00am Apr 16-Jun 25
CFEC Free*
269179 Helen
***Registration required**

Classical Chinese Dance

Classical Chinese dance uses body language to express graceful movements to music. This is a great way to enjoy music, exercise and learn Chinese culture!

Sun 2:00-4:00pm Apr 5-Jun 28
CFEC \$20/12 sess
269181 Joan

Line Dancing

This class is filled with fun, light musical movements, lots of laughs and is a great way to exercise and socialize.

Tue 1:00-3:00pm Apr 14-Jun 30
CFEC \$20/12 sess
269174 Anita



Social Ballroom Dance

Come join Social Ballroom Dance to practice your moves and have fun in the styles of Cha-Cha, Rhumba, and Waltz. There is no instructor for this session — this is an open time to practice. No class Apr 10.

Fri 2:00-4:00pm Apr 17-June 26
CFEC Free*
269175 *Registration required

Nhảy Nhịp Điệu/ Vietnamese Line Dancing

Lớp line dancing miễn phí được tổ chức chung với cơ quan REACH. Dành cho quý vị tuổi từ 55 trở lên tham dự. Lớp hướng dẫn các điệu nhảy line dancing vui nhộn và nhẹ nhàng. Xin liên lạc Luong Ho 604.718.5818.

Free admission for active 55+ Vietnamese adults to enjoy. This is a joint program with REACH. For more information, contact Luong Ho at 604.718.5818.

Fri 10:00am-12:00pm Apr 17-Jun 26
CFEC Free*
269180 *Registration required

Vancouver Morris Men's Dance

Enjoy various styles of English traditional Morris Dance and music. This program is intergenerational and runs all year round. If you are interested, drop-in to register.

Tue 7:30-9:30pm Apr 14-Jun 30
Rink Mezz Free*
***Drop-in to Register**

55+ Weekly Calendar

Mon	Tue	Wed	Thu	Fri	Sat	Sun
Computer & Internet Beginners* 10:00am-12:00pm	Vietnamese Drop-in 9:00am-3:00pm	Quirk-e 10:00-12:00am	Chinese Folk Dance 9:00-11:00am	FREE Seniors Only @ Fitness Centre 9:00-10:00am	No programs on Stat Holidays. *Registration required. General registration opens Tue, Mar 3 at 9:00am in-person and online, and at 1:00pm by phone. Registration for free programs opens Wed, Mar 4 at 9:00am in-person and online, and at 1:00pm by phone.	
Ukulele for Beginners* 10:00am-12:00pm	Badminton* 11:20am-12:35pm	Badminton* 11:20am-12:35pm	Badminton* 11:20am-12:35pm	Vietnamese Line Dance* 10:00am-12:00pm		
Osteofit* 11:00am-12:00pm	BoxFit 1:00-2:00	Computer Lab Drop-in 11:00am-4:00pm			Computer Lab Drop-in 1:30-3:00pm	
Badminton* 11:20am-12:35pm	Line Dancing* 1:00-3:00pm				Sat Badminton* 2:00-4:00pm (Gym A)	
Lunch Drop-in 12:00-1:00pm	WOCT Drum Group* 5:00-7:30pm	WOCT Elders Group* 1:00-4:00pm	WOCT Elders Craft Collective* 1:30-4:00pm	Lunch Drop-in 12:00-1:00pm	Sun Chinese Classical Dance* 2:00-4:00pm	
Yoga 50+* 2:00-3:15pm	Morris Men's Dance 7:30-9:30pm	Yoga 50+* 2:00-3:15pm	HATTA Hat Weaving* 1:30-4:00pm	Foot Care (by appointment only) 1:00-4:00pm	Sun Movie Night Series 6:00-9:00pm	
				Boxfit* 1:00-2:00pm		

Fitness Centre

Welcome to the Fitness Centre

Hours

Mon-Fri	6:30am-9:55pm
55+ ONLY Fri	9:00-10:00am
Sat	12:00-7:55pm
WOMEN ONLY Sat	9:00am-12:00pm
Sun	10:00am-7:55pm
TGD2S* Sun	8:00-10:00am
*Trans, Gender Diverse, Two Spirit	

Free for Britannia Members

Tue/Fri	10:00am-12:00pm
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Holiday Hours

Apr 10	Good Friday	1:00-5:00pm
Apr 13	Easter Monday	1:00-5:00pm
May 18	Victoria Day	1:00-5:00pm

Facility Orientations

Let us help you reach your fitness goals. Whether you need instruction, motivation, or support, our highly trained staff are here to help you succeed. Enlist one of our staff to get you started in the Fitness Centre with an orientation on our fitness equipment and a starter fitness program. Please call ahead to make an appointment for a fitness orientation 604.718.5842.

Flexipass Membership

Enjoy flexible and affordable recreation with our no-contract all-access pass. Purchase a monthly Flexipass at any Park Board fitness centre and receive unlimited access to our 15 fitness centres, 9 indoor pools, 4 outdoor pools and 8 ice rinks. For more information and locations visit vancouverparks.ca.

Outside Trainers

This type of special admission is for personal trainers, occupational and recreational therapists, and physio-therapists. Outside trainers will need to be registered with either the Park Board or Britannia. Both trainer and client must pay for admission to the Fitness Centre. A training fee of \$6.53 per client also applies.

Supporting a participant? Attendants get free access

The Fitness Centre and Pool give free access to attendants required to assist persons with disabilities needing support to swim or exercise. Support is defined as assistance of a physical, psychological, emotional, intellectual, or sensory nature to ensure the patron with the disability can participate.

Trans, Gender Diverse, Two Spirit (TGD2S) Sundays

A dedicated weekly drop-in time at Britannia's Fitness Centre for all trans, gender diverse and Two Spirit community members.

Sun	8:00-10:00am	Ongoing	Fitness Centre	Drop-in fee
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Weight Training for Women – Beginner

Learn the safe and effective components of a weight training workout and develop a fitness program suited to your personal needs and goals. Britannia membership and pre-registration required.

Sat	10:00am-12:00pm	Fitness Centre	\$40/4 sess	Valentine
273817	Apr 4-25	273819	May 30-Jun 20	



Weight Training for Women – Intermediate

For those who have taken the beginner course. We demystify the free weight area, providing alternative exercises with free weights to keep you challenged, motivated, and progressing toward your goals. Britannia membership and pre-registration required. Successful completion of the beginner class required.

Sat	10:00am-12:00pm	May 2-23
Fitness Centre		\$40/4 sess
273821	Valentine	

Strength Training for Adults 55yrs+ – Beginner

This course will show you how to use the cardio and weight equipment for a safe and effective workout. By the end of the course, you will have a written and personalized program that you will be able to continue to use on your own. Please pre-register a week prior to the start date so that a confidential health screening can be done. No class April 13.

Fri	9:00-10:00am	Apr 17-May 8
Fitness Centre		\$30/4 sess
273755	Jane	



Strength Training for Adults 55yrs+ – Intermediate

This course will build on the introductory strength course and is also appropriate for individuals who have been training for a number of years. We will explore ways to intensify your cardio training and expand on your repertoire of exercises. Please pre-register a week prior to the start date so that a confidential health screening can be done.

Fri	9:00-10:00am	May 15-Jun 5
Fitness Centre		\$30/4 sess
273793	Jane	



30 Minute HIIT

Get a high intensity interval training workout on your lunch hour with time to spare. In-person registration only, starting at noon. Drop-in only. 5 participants max.

Wed	12:15-12:45pm	Ongoing	Fitness Centre	Drop-in fee
Manolo				

Aquatics

Welcome to Britannia Pool

The 25m main pool features a 1m diving board, slide and rope swing. Relax in the on-deck whirlpool, steam room, or in the sauna in the change room. For those with young children, we also have a warm, shallow Leisure Pool equipped with a variety of spray features.

Holiday Hours

Apr 10 Good Friday 1:00-5:00pm
Apr 13 Easter Monday 1:00-5:00pm
May 18 Victoria Day 1:00-5:00pm

Please note: There will be no lessons on the above dates.

Contact

Pool Cashier Office* 604.718.5831
Pool Programmer 604.718.5830

*Pool office closes 30 minutes before the pool.

Admission Policy for Children

Children under 8yrs must be accompanied in the water by a responsible person who is 16yrs or older and within arm's reach.

Pool and Fitness Centre Committee

New members welcome! This is an advisory committee which provides recommendations to the Britannia Board of Management in the area of Pool and Fitness Centre programming and facilities. Meetings take place on the last Tuesday every other month. For more information, please contact the Pool Programmer at 604.718.5830.

Tue 6:00pm Mar 31, May 26 Conference Room

Current Pool Schedule: www.britanniacentre.org/pool

Drop-in Schedule

Our current pool schedule is available at the Pool Cashier, Info Centre and online at: www.britanniacentre.org/pool

Keep an eye out for our Spring Break Schedule (Mar 16-Mar 29). Schedules are subject to change without notice.

Lengths

The pool is divided into 25m lanes (slow, medium and fast). Enjoy the whirlpool, steam room or sauna as well. Anyone 16yrs+ who is capable of swimming the length of the pool is welcome. Note: patrons under 16yrs must speak to one of the lifeguards prior to attending these sessions.

AquaFit

Drop-in water exercises to music. Work to your own ability. Classes are designed to build strength, flexibility and cardio fitness. Mild, moderate, shallow and deep water classes are offered. Led by certified instructors.

Public Swim

Swim, dive, splash, have fun! All are invited to join in the activities. Two lanes are usually set aside for length swimmers. The leisure pool is open during this time for soon to be mothers and parents with young children. During some public swim sessions only part of the pool is available. The pool may be shared with AquaFit, lessons, school groups or swim club.

Range of Motion (ROM)

Drop-in water exercises to music. Individuals work to their own ability. This is a gentle, no impact shallow water workout to enhance joint mobility. Participants must be independent in the water to participate. Classes are led by certified instructors.

Parent and Tot

The leisure pool is open during all public swims for soon to be mothers and parents with young children five years and under. The parent and tot pool is not open to the public during lessons or lengths.

Youth Swim (11-18yrs)



The first Friday night of every month from 8:00-10:00pm is reserved for youth to swim and play with their friends. No public use of steam room or whirlpool. Free!

Fri 8:00-10:00pm Mar 6, Apr 3
Free May 1, Jun 5



Inflatable Fun

Water inflatable obstacle course. Portions of the pool are reserved.

Sat 2:00-4:55pm Mar 7, Apr 4
Drop-in fee May 2, Jun 6

Pool and Fitness Centre Fees 2020 (including GST)

Please Note: Prices are subject to change without notice.

	Drop-In	10 Visit Pass	1 Month Flexipass	3 Month Flexipass	12 Month Flexipass	Britannia Membership
Adult (19-54)	\$6.53	\$53.89	\$50.45	\$136.23	\$435.91	\$3.00
Youth (13-18)	\$4.58	\$37.72	\$35.32	\$95.36	\$304.14	\$1.00
Child (6-12)	\$3.27	\$26.94	\$25.23	\$68.11	\$217.96	\$1.00
Senior (65+)	\$4.58	\$36.46	\$35.32	\$95.36	\$305.14	\$1.00
Britannia-Only Senior (55+)	\$4.58	\$37.72	\$35.32	\$95.36	\$305.14	\$1.00

Family Drop-in Rate = 1 to 2 adults of the same household and their children under 19yrs. Minimum \$6.54 admission.

Leisure Access Fitness Centre Admission rate is 50% off adult admission and Flexipass.

Aquatics

Swimming Lesson Registration

Online and in-person registration for swimming lessons and programs at all pools, for all age groups starts **Tue, Mar 17 at 7:00pm**.

If you are already participating in a class, you are encouraged to wait until you receive a report card on the last day of class to register for the next set. It's important to register in the correct level. Those who have registered in the wrong class may be asked to withdraw from the class. Please bring the most recent report card to the first day of lessons. All lessons must meet minimum space requirements to run.

Swim Assessments

If you are unsure of which level to register, we offer FREE swim assessments during our public swims. If your child is under 8yrs, we require a parent/guardian to be in the water during the assessment.

Refunds & Cancellations

Full refunds given five or more working days prior to the start of the program. If request received within four working days of the start of the program or after the first program date (class/lesson), we refund registration fee minus the cost of one class or transfer to a future session. No refunds issued after the second date of the program. Fees for one or two-day programs are non-refundable.

Private/Semi-Private Lessons (All Ages)

One-on-one or one-on-two with a swimming instructor for a set of lessons to improve specific swimming skills. Instructors may vary from week to week.

Private \$30.50/Semi-Private \$20.50

Red Cross Lessons

Parent & Tot (4mo-3yrs)

Starfish, Duck & Sea Turtle: Introductory classes for babies/toddlers and their parent or caregiver to begin experiencing buoyancy and movement and start developing skills in swimming, gliding and floating.

Preschool (3-5yrs)

Sea Otter, Salamander, Sunfish, Crocodile, and Whale: From introductory classes focusing on confidence in the water and skills, to intermediate strokes and distances.

Swim Kids (5-12yrs)

Swim Kids 1-10: Starting at entry level working on water safety, stroke development and confidence in the water. As swimmers develop, classes are focused on challenging them and encouraging positive development.



Parent & Tot, Children's Spring 2019 Swim Lesson Sets

Mon	10:45-11:15am	Mar 30-Jun 22	11 Lessons
Mon & Wed - Set 1	3:30-7:00pm	Mar 30-Apr 29	9 Lessons
Mon & Wed - Set 2	3:30-7:00pm	May 4-May 27	7 Lessons
Mon & Wed - Set 3	3:30-7:00pm	Jun 1-Jun 24	8 Lessons
Tue	10:45-11:15am	Mar 31-Jun 23	13 Lessons
Wed - Set 1	10:45-11:15am	Apr 1-May 13	7 Lessons
Wed - Set 2	10:45-11:15am	May 20-Jun 24	6 Lessons
Thu	10:45-11:15am	Apr 2-Jun 25	13 Lessons
Fri	3:30-7:00pm	Apr 3-Jun 26	12 Lessons
Sat	9:00am-1:00pm	Apr 4-Jun 27	13 Lessons
Sun	11:00am-2:30pm	Apr 5-Jun 28	12 Lessons

Lesson Fees 2020	6 Lessons	7 Lessons	8 Lessons	9 Lessons	11 Lessons	12 Lessons	13 Lessons
Parent & Tot (30 min parented)	\$45.38	\$52.28	\$59.18	\$66.08	\$79.88	\$86.78	\$93.68
Preschool (30 min)	N/A	\$52.28	\$59.18	\$66.08	\$79.88	\$86.78	\$93.68
Swim Kids 1-4 (30 min)	N/A	\$46.89	\$53.02	\$59.15	\$71.41	\$77.54	\$83.67
Swim Kids 5-10 (40 min)	N/A	\$52.70	\$59.66	\$66.62	\$80.54	\$87.50	\$94.46
Adults (40 min)	N/A	N/A	N/A	N/A	120.58	\$131.18	\$141.78

Aquatics

Saoirse Sankey Memorial Award

For Lifeguard Training & Career Development

This award is presented to local Britannia youth to support their training and attaining certifications to become employable as lifeguards and/or swim instructors.

Saoirse Sankey (May 3, 1992 - August 31, 2012) spent much of her short life in the waters of Britannia — from blowing bubbles as a "water baby" to years of dedicated service as a swim instructor and lifeguard. This award honours Saoirse and all those who supported her on this path. Please contact the Pool Programmer at 604.718.5830 for more information or to apply.



Britannia Swim Club Programs

Britannia Swim Club (8-18yrs)

Join our non-competitive Swim Club team. We focus on stroke development, endurance and drills. We also practice dives and flip turns to encourage a full Swim Club experience. Prerequisite: Swimmers must be at Swim Kids Level 5 or higher. Stroke evaluation is available. Register for one or both days.

Tue	6:30-7:45pm	Mar 31+
Thu	6:30-7:45pm	Apr 2+

1 day/wk	\$78/season
2 days/wk	\$117/season

Please note: To register for 1 day/week only, please contact the front desk directly.

Britannia Lifeguard Club (8-15yrs)

A fun club designed for Britannia area youth who would like to improve their swimming, develop lifesaving skills and learn basic first aid. The course is designed as a starting point for youth who would like to develop their swimming abilities and learn about safety in and around the water. Please apply at the pool.

Sat	5:00-6:00pm	Apr 4-Jun 27
		\$60/season

Birthday Parties

Book the parent and tot pool for your birthday party! Maximum of 30 people per party. Register online, in person or by phone 604.718.5831.

You may also arrange to rent a party room through the Community Centre's Facility Support Clerk at 604.718.5812.

Sat	1:00-2:00pm	\$75
		(includes lifeguard fee)



Red Cross Teen & Adult Lessons

Basics 1 (13yrs+)

Learn front and back float, front and back glide with kick, front swim for 10m, shallow water entries and exits, and deep-water activities. No previous experience required.

Wed	6:30-7:10pm	Apr 1-Jun 24
273822		\$141.78/12 sess

Basics 2 (13yrs+)

Learn back swim with shoulder roll, front and back crawl (15m), sitting, kneeling, stride and front dives, treading water, and swim a minimum distance of 25m. Prerequisite: Some swimming experience and can front swim 10m comfortably.

Mon	6:15-6:55pm	Mar 30-Jun 22
273832		\$120.58/11 sess

Swim Strokes (13yrs+)

Choose the stroke(s) you wish to focus on. Participation-based program, individual goals. Prerequisite: Able to swim front and back crawl 15m continuously and comfortable swimming in deep water.

Fri	6:00-6:40pm	Apr 3-Jun 26
274099		\$131.18/12 sess

Lifesaving Programs

Canadian Swim Patrol (8-12yrs)

The Canadian Swim Patrol (Rookie, Ranger and Star) program provides training for those who are ready to learn basic lifesaving skills. Each level has three modules: Water Proficiency, First Aid, and Recognition & Rescue. Prerequisite: Ability to swim in deep water, swim 25m and tread water for 1 min.

Sun	5:00-6:00pm	Apr 5-Jun 28
274101		\$88.84/12 sess

Bronze Medallion (13yrs+)

Learn the lifesaving principles embodied in the four components of water rescue education: judgment, knowledge, skill and fitness. Learn lifesaving techniques, self-rescue, and tows and carries for rescues of increased risk involving conscious and unconscious victims in varying water depths. Develop stroke efficiency and endurance in timed swims (500m). Includes CPR-A.

Prerequisite: 13yrs+ or completed Bronze Star; ability to swim 100m in deep water and 500m in 15 mins or less. Canadian Lifesaving Manual required. Purchase at the front desk for \$36.

Sun	10:00am-2:00pm	Apr 19-May 17
274102		197.56/5 sess



Bronze Cross (15yrs+)

More advanced training, including an intro to safety supervision. Bronze Cross is a prerequisite for all advanced training programs (National Lifeguard and Instructor certifications). Develop proficiency at performing patient assessments, managing aquatic spinal injuries, and preventing loss of life while developing stroke endurance. Includes a 600m swim and CPR C.

Worth two Grade 11 credits. Prerequisite: Bronze Medallion. Ability to swim 600m in 18 mins or less. Canadian Lifesaving Manual required. Purchase at the front desk for \$36.

Sun	10:00am-2:00pm	May 24-Jun 21
274104		197.56/5 sess

Ice Rink

Public Skates

To view our current public skating schedule, visit:

www.britanniacentre.org/ice_rink

Holiday Hours

Apr 10 1:45-3:30pm **FREE Skate**



Ice Skating Birthday Parties

Have your child's birthday party during one of Britannia's public skating sessions. A 20% discount on admission is applied to parties of 10+. Adult supervision is required on and off ice at all times and children under 8yrs must be accompanied by an adult on ice. To find out more about room availability, please call the Activity Coordinator at 604.718.5812.

Join the Arena Committee!

The Arena Committee meets the 1st Tue of the month at 6:30pm in the Rink Activity Room. For more information contact the Arena Programmer, Susy Bando, at 604.718.5836.

Adult Hockey

Vancouver Adult Co-ed Hockey League (VACHL) 2020/21

The 19th season of the Vancouver Adult Co-ed Hockey League will begin in early September. Registration for the 20/21 VACHL season will begin on May 27. To find out more about VACHL and how to register, go to www.vachl.ca.

Britannia Co-ed Hockey League

Take hockey back to the level it's meant to be played at — friendly & fun! Britannia's Co-ed League is perfect for novice to intermediate hockey players looking to play in a non-contact, recreational hockey league in the off-season.

Full equipment is mandatory and all players must wear at least a half shield on their helmet. The league will run from May 9-Aug 22, with evaluations taking place on May 2. All players will be assessed and placed onto teams by the league coordinators. Games are played on Saturdays at 4:30, 6:00, 7:30 or 9:00pm. Registration for this program begins on Mar 11.

Sat 4:30-10:15pm May 2-Aug 22
268281 Players: \$225/16 sess
273552 Goalies: \$50/16 sess

Britannia Women's Hockey League

Britannia's popular Women's Hockey league will begin on Tue April 21 with an on-ice evaluation. This league is perfect for novice to intermediate players who want to play organized recreational hockey. Games are non-contact, non-aggressive and fun! Full hockey equipment is mandatory.

All games are played on Tuesdays at 6:15 or 7:45pm. Players will be assessed at the on-ice evaluation session and placed onto teams by the league coordinator. Registration for this program begins Mar 11.

Tue 6:15-9:00pm Apr 21-Jul 14
268280 \$180/12 sess

Women's Drop-in Hockey

This pick up hockey program is perfect for women who want to play hockey in a safe and inclusive environment. Encourage and be encouraged while continuing with your own hockey development. Full hockey equipment is mandatory. Drop-in participants must sign up in-person with the pool cashier starting at 4:00pm each Sunday.

Sun 4:45-6:00pm Apr 12-Jun 28
\$6.53/drop-in



Adult Stick and Puck

Come out and practice your hockey skills on the best ice in Vancouver. Please pay at the pool starting 30 mins before. Helmets are mandatory and full hockey equipment is recommended. Sorry, no scrimmage.

Wed 3:30-5:00pm Apr 1-Jun 24
Fri 12:00-1:30pm Apr 3-Jun 26
\$6.53/drop-in

Rink Admission Fees

Includes GST. Fees subject to change without notice.

Adult (19-54yrs)	Youth (13-18yrs)	Senior (55yrs+)	Child (6-12yrs)	Family	Skate Rentals	Skate Sharpening
\$6.53/Drop-in \$53.89/10 visits	\$4.58/Drop-in \$37.72/10 visits	\$4.58/Drop-in \$37.72/10 visits	\$3.27/Drop-in \$26.94/10 visits	*at Child rate (Family minimum \$6.44)	\$3.30	\$6.77

- Britannia Ice Rink 10 visit cards are valid at all Vancouver Park Board operated rinks. Prices are subject to change without notice.
- A 20% discount on admission is given to groups of 10 or more.
- Stick & Puck sessions are at the Adult rate.
- Flexipasses may be used for public skating and Adult Stick and Puck sessions. For 2020 Flexipass rates, see page 29.
- *Family rate is 1-2 adults from the same household and their children under 19yrs, all present at time of admission. \$3.27 per person (not including taxes).
- Children under 8yrs MUST be accompanied on ice by an individual 16yrs+.
- Helmets are strongly recommended for all public sessions and are mandatory for all participants of Family Fun Hockey.
- Adult hockey programs require full equipment. Participants must sign a waiver at the beginning of each session.

Ice Rink

Adult Evening Hockey (19yrs+)

Full hockey equipment is mandatory for these supervised non-contact hockey sessions. Space is limited to 26 players and 2 goalies. Up to 20 spaces available for monthly participants (see the program supervisor for more information). The remaining spots are available on a first-come, first-serve basis. Sign-up for Thursday sessions starts at 9:30pm. Limited drop-in spaces on Sundays (5-7). Please sign-in and pay the program supervisor in the rink starting at 7:45pm.

All Levels

Thu	11:00pm-12:30am	Apr 2-Jun 25
	\$10/drop-in*	\$50/mo*

Intermediate

Sun	9:45-11:15pm	Apr 5-Jun 28
	\$10/drop-in*	\$50/mo*

*Strip tickets are not valid for these sessions.

Skating Lessons at Britannia

Registration for **Set 1 Spring** skating lessons begins on Apr 1, 2020 at 9:00am in-person and online, and at 1:00pm by phone. Registration for **Set 2 Spring** skating lessons begins on May 20, 2020 at 9:00am in-person and online, and at 1:00pm by phone. **Please note: skating lessons are very popular and fill up quickly so register early.** All skating lesson participants must wear a CSA-certified hockey helmet or a snowboarding helmet. In accordance with new safety measures, cycling helmets are no longer permitted. A limited number of hockey helmets are available to use free of charge.

If you are registering in a level other than level 1, you **MUST** have accomplished all the skills for the previous level. Please bring your report card on the first day of class. If you are unsure of which level to register in, have an on-ice evaluation completed during a public skate at any Vancouver Park Board Rink. Find a full description of levels online. **Please note that students will not be transferred into another level if they are not registered in the appropriate level. A prorated refund will be issued after the first class. If the lesson you want to register in is full, please put your name on the waiting list.** Additional classes are scheduled whenever possible. Please register in one set of lessons only. Skate rental is included in cost of lessons.

Learn to Skate Lessons (3yrs+)

These popular lessons focus on skill acquisition through activities and games. Our energetic instructors teach you to skate with safety in mind. Lessons are 30mins and led by qualified instructors. Skate rental included, as well as practice time before or after lesson.

Set 1

Sat	10:00am-1:15pm	Apr 11-May 16
		\$36/6 sess

Set 2

Sat	10:00am-1:15pm	May 23-Jun 27
		\$36/6 sess

Preschool Levels (3-5yrs)

Level 1: No previous skating experience; may have trouble standing on the ice in skates.

Level 2: Can stand up on ice in skates unassisted; can walk on ice in skates.

Level 3: Can skate across the ice and glide on two feet.

Level 4: Can scull forwards and stop without assistance.

Level 5+: Can glide on one foot forwards and skate backwards.



Children/Youth/Adult Levels

Level 1: Has limited or no experience; has little confidence on the ice.

Level 2: Can skate across the width of the rink without assistance.

Level 3: Can glide on one foot, forward scull with both feet, and snow plow stop with both feet.

Level 4: Can skate backwards, scull backwards with both feet, and scull forwards with one foot.

Level 5: Can glide backwards on both feet, do a hockey stop, and forward circle thrust.

Level 6: Can do forward crossovers, backward circle thrusts, backward stops, and can use outside edges.



Power Skating (8yrs+)

Improve your strength, speed, power with Britannia's popular instructors. Learn about proper skating posture and the importance of making the most out of your edges.

Work on skating skills that will strengthen your game. Helmet, gloves and a hockey stick are mandatory although full hockey equipment is recommended.

Set 1

Sun	3:30-4:30pm	Apr 12-May 17
		\$45/6 sess

Set 2

Sun	3:30-4:30pm	May 24-Jun 28
		\$45/6 sess

Private Skating Lessons

Learn one-on-one with one of Britannia's skating instructors. Perfect for someone looking for a little extra attention or wanting to brush up on a single skill or two.

Private lessons are available on Saturday mornings and Tuesday evenings during the Learn to Skate lesson times.

Partners



Grandview Woodland Food Connection (GWFC) is dedicated to supporting healthy food access for all. In partnership with Britannia Community Centre, the GWFC is pleased to offer a range of community food programs. For more information visit www.gwfoodconnection.com. If you'd like to participate in a program or get involved, call Ian at 604.718.5895.

See page 19 for GWFC food workshops.

GWFC FoodFit Program

FoodFit is a free 13-week program for community members who experience barriers to healthy eating and physical activity but who are motivated to make lasting changes to their health.

The program combines fun, hands-on cooking sessions and food-based activities, easy-to-understand nutrition information, group exercise, shared meals, and self-directed individual and group goal-setting that reinforces individual and group progress. FoodFit respects the limits of people's circumstances, and aims to give participants simple, useful tools to navigate an increasingly complex food environment.

Britannia Bulk Buy Food Club

Interested in fresh, healthy, and affordable food at wholesale prices? Each box is \$15, which can help you save over 40% on your food bill. You get 12-14 varieties of fruits and veggies plus supplemental donations. Pick up your box at Britannia Community Centre. Call to sign up: 604.718.5895

Free Canning Jars

We have an assortment of canning jars available for free, mostly in 16oz and 32oz sizes. Contact Ian to pick up: 604.718.5895.

GWFC Volunteer Opportunities

Are you interested in community food security and food access for all? Would you like to help shape Grandview Woodland Food Connection programming? We are seeking community members interested in joining our Advisory Committee. Commitment is minimal as we meet every two months and simply seek your advice and support.

Other volunteer opportunities including cooking, school gardening, media, and communications.



All programs are free of charge and offer our Get Ready 2 Read (GR2R) Early Learning Program for the pre-school age children of participants. **Registration is required for all programs.** To register contact Lina Arias at lina.cfec@gmail.com.

Britannia Partners in Education (PIE):

Britannia Secondary School, CFEC Rm 109A

English Foundations 2-5

Tue 9:30am-2:30pm

English Foundations 5-7 & English 11

Wed 9:30am-2:30pm

Math Foundations 1-7

Thu 9:30am-2:30pm

English for Speakers of Other Languages

Fri 10:00am-2:00pm

Edmonds PIE PLUS:

Edmonds Community School, Room 107

English Foundations 1-4

Tue & Fri 12:00-3:00pm

English Foundations 5-7

Mon/Wed/Thu 12:00-3:00pm

Maywood PIE PLUS 2:

English Foundations 5-7

Tue & Thu 12:30-3:00pm
Maywood Community School (Room TBA)

Additional Programs:

Grandview Get Ready 2 Read

Wed 9:00am-12:30pm
Grandview Terrace Child Care Centre

Advanced Conversation Class

Fri 10:00am-12:00pm
Britannia Secondary School, CFEC Rm 110

Britannia ECE Program

TBD

My Tween and Me (MTM)

Tue 10:00am-12:00pm
Britannia Secondary School, CFEC Rm 110



Community Action Program for Children (CAPC)

The Community Action Program for Children (CAPC) is a community-based children's program that promotes the healthy development of young children (0-6yrs).

Beatrice Feza

604.718.5821

Spanish Parent-Child Mother Goose Program/Mama Ganso (0-2yrs)

Enjoy one hour of rhymes, songs, games and stories in Spanish with your little ones. Healthy snack provided.

Disfrute de una hora de rimas, canciones, juegos y cuentos en español con sus pequeños. Se ofrece una merienda saludable. Los grupos son en el salón 'Mezzanine' de la Pista de Hielo.

Mon

10:30am Toddlers

Rink Mezz

Registration required. Call 604.215.8289.

Apr 20-Jun 15

12:00pm Infants

Free

Community Education Office

The Britannia Community Schools Team (CST) works out of the Community Education Office at Britannia Secondary. The mandate of the CST is to provide academic, social, and emotional support as well as connections to community resources for students in the Britannia Hub of schools.

This work is often done through student leadership opportunities, noon hour and after school programming. For inquiries please call 604.713.8273.

Community Schools Coordinator

Ron Scott

Office Support

Mitra Tshan

Programmers

Raquel Quintanilla, Erin de Sousa
(Xpey, Grandview, Seymour, Strathcona & Britannia Elementary Schools; Britannia Secondary)

Youth and Family Worker

Greg Goodall

Partners



1655 William St. 604.255.9841
info@eastsidefamilyplace.org
www.eastsidefamilyplace.org or Facebook.

Eastside Family Place is a community support and resource centre for parents/ caregivers and their young children to age 6yrs. We offer many programs, support and referral services. Contact us for more information about programs and activities.

Family Drop-in

Adults can visit with each other while engaging with their children in a warm, supportive, and educational environment. Children socialize and learn through playing developmentally appropriate activities. There is outdoor playtime, healthy snacks, and circle time each morning.

M/W/F 9:00am-12:00pm
T*/T 9:00am-2:30pm (closed 12:00-1:00pm)
***Tues** 1:00-2:30pm (Baby & Me only, 0-1yrs)
Closed: Apr 10 & 13, May 18, Jul 1.
Annual membership fee of \$20.00 is required.
Fee: \$3 per visit per family. \$6 for caregivers with children from different families.

Parenting Education & Support

ESFP offers a variety of excellent free programs, workshops, and groups. Check the website for dates and times:

- Family Rhythm, Rhyme + *Movement* (early literacy and music program)
- Nobody's Perfect (parenting education and empowerment group)
- Cooking Skills for Families
- Kids in the Kitchen
- Little Sprouts (late Jun)
- Mama Ganso/Spanish Mother Goose
- Circle of Security (begins Apr 17)

10th Annual Growing & Learning Fair



Community, health, education and parenting info to connect parents to early years related resources in our community. Snacks & children's entertainment provided.
Tue 10:00-11:45am **Mar 31** **CFEC**

Licensed Occasional Childcare

For ages 18mos to early 6yrs. Sliding scale \$5-\$6.50/hr. Space is limited and must be booked in advance: 604.251.1018.
Mon-Fri 9:00-11:45am

Birthday Parties (1-6yrs)

An affordable, enjoyable and convenient way to celebrate your child's birthday.



Vancouver Public Library

Library Hours

Mon/Thu/Fri/Sat 9:00am-6:00pm
Tue & Wed 9:00am-9:00pm
Sun 1:00-5:00pm
Closed: Apr 10 & 13, May 18, Jul 1.

Children & Teen Programs

Babytime (0-18mo)

Tue 10:00am & 11:00am **Mar 31-Jun 9**

Family Storytime (18mo-5yrs)

Thu 10:00am & 11:00am **Apr 2-Jun 11**

Family Board Games

Tue/Wed 3:00-6:00pm **Mar 31-Jun 10**

Teen Advisory Group (13-18yrs)

1st Tue/mo* 3:30-4:30pm

Spring Break Programs

Mar 16-20, Mar 23-27. See branch for details.

Adult Programs

Connection to Kith and Kin:

Indigenous Ancestry Search

Wed 3:30-5:30pm
Date/time subject to change. See branch for details.

Latin American Short Stories

Reading Group

2nd Tu/mo 6:30-8:30pm

55+ Book Club

3rd Wed/mo 2:00-3:15pm

Indigenous Reads Book Club

2nd Thu/mo 2:00-3:30pm

One-to-One Computer Help

Tue (30min blocks) 2:00-4:00pm
Wed (30min blocks) 2:00-3:00pm

SFU Philosophers' Café

Last Wed/mo 7:00-8:30pm

Pandora's Collective Events

www.pandorascollective.com

Word Whips

3rd Tue/mo 6:30-8:30pm

Book Talks

4th Wed/mo 6:30-8:30pm

Poetic Pairings

Apr 28 6:30-8:30pm



Kickstand Moved!

Kickstand moved to 1187 Parker St. and is now open for regular hours for DIY Bike repair.

eastvankickstand.org
kickstandbikes@gmail.com

Hours

M/W/F 5:00-9:00pm
Sun 1:00-5:00pm

Learn how to fix your own bike with the support of shop volunteers. Shop time is \$1-\$15/hour, sliding scale. No one turned away for lack of funds. Kickstand also sells used parts and refurbished bikes.



Women, Gender Queer & Trans Night



This is a free drop-in event for anyone who identifies as WGQT to learn bike repair. Bring your own bike!

2nd & 4th Tue/mo 6:30-8:30pm

Bike Club (12-19yrs)

A free drop-in bike mechanics program for people 12-19yrs that runs every Tuesday afternoon. The program includes a workshop and hands on repair time with an experienced facilitator. For more info contact bikeclub@pedalpower.org!

Tue 3:30-6:00pm **Ongoing**

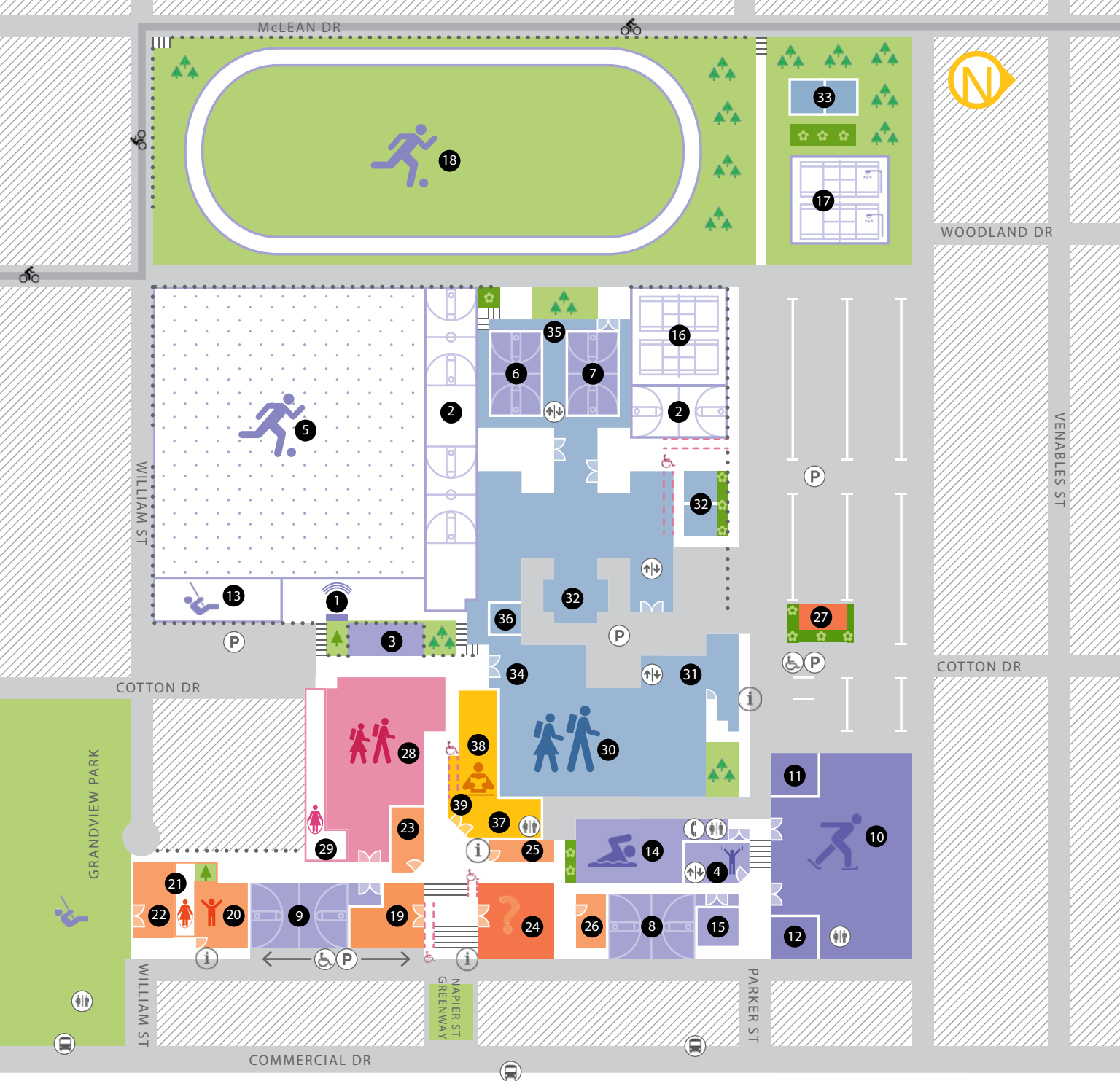
Grandview-Woodland Community Policing Centre

1977 Commercial Drive 604.717.2932
info@gwcpcc.ca

The Grandview-Woodland Community Policing Centre works with the local community, Vancouver Police Department, and other service providers to strengthen the safety and quality of life in the Grandview-Woodland neighbourhood

Hours

Mon-Thu 12:00-8:00pm
Fri-Sat 10:00am-4:00pm
Sun Closed



recreation

- 1 Amphitheatre
- 2 Basketball Courts
- 3 Covered Play Area
- 4 Fitness Centre
- 5 Gravel Sports Field
- 6 Gym A
- 7 Gym B
- 8 Gym C
- 9 Gym D
- 10 Ice Rink
- 11 Ice Rink Activity Room (top flr)
- 12 Ice Rink Mezzanine (top flr)
- 13 Playground
- 14 Pool
- 15 Mat Room & Boxing Gym
- 16 Tennis Courts
- 17 Tennis Courts (lighted)
- 18 Track + Sports Field

resources + services

- 19 Al Mattison 55+ Centre
- 20 Child Care Centre
- 21 Eastside Family Place (ground flr)
- 22 Canucks Family Education Centre (top flr)
- 23 Family Activity Room
- 24 Info Centre
- 25 Pre-Teen Centre
- 26 Teen Centre
- 27 ʁwqʁeləwən ct Carving Centre

elementary school

- 28 Britannia Elementary
- 29 Outdoor Play Area

secondary school

- 30 Britannia Secondary
- 31 Main Office
- 32 Auditorium
- 33 Portable
- 34 Main Entrance
- 35 Cafeteria
- 36 Canucks Family Education Centre (room 110)

library + learning

- 37 VPL Britannia Branch (main flr)
- 38 Learning Resource Centre (basement)
- 39 Art Gallery

• • • • Fence	Wayfinding	Elevator	Residential + Commercial
Streets + Vehicle Access	Wheelchair Access	Entrance	Gravel
Bicycle Route	Stairs	Fields + Green Space	School Garden



T 604 718 5800 F 604 718 5858
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