Overall, child health in BC is good



- 900,000 under 19
- 21% of the population
- Low infant mortality rate
- 80% graduate by age 19
- Youth suicide rates are low and dropping
- 80% of youth report a sense of belonging to their community

But Some Children Struggle...

Children in poverty

- •BC has highest rate of child poverty in Canada
- •16.4% of families lived in poverty in BC in 2008
- •Aboriginal (49%), immigrant and families with disabilities are more likely to be living in poverty.



Aboriginal Children



- Highest incidence of low birth weight and high birth weight
- 50% of aboriginal children finish high school
- More likely to report feeling unsafe at school or being picked on and bullied
- Strengths: engagement in organized activities, cultural connections, land connection

Children in Care

- 1% of children are in care in BC
- Aboriginal children/youth are 6 times more likely to be in care
- Less likely to be at their age appropriate grade
- Only 25% graduate HS
- More likely to consider and/or attempt suicide, have a teenage pregnancy, drink alcohol or use substances





Trauma, Turmoil and Tragedy:

Understanding the Needs of Children & Youth at Risk of Suicide and Self-Harm

The Representative's aggregate review which examines the life circumstances of 15 youth who died as a result of suicide and 74 youth who engaged in self-injury behaviours.

Multiples Adverse Childhood Expereinces (ACEs) in the lives of these children and youth:



- Lack of stable living arrangements most notably, children in care being subject to multiple moves (Mean =12, Range -30).
- Domestic violence a significant feature in the lives of more than half the youth.
- Mental health issues identified in nearly 70 per cent of the youth and compounded by a lack of clarity of services to address these issues.
- Substance abuse by family members as well as the youth themselves.
- Learning disabilities and lack of attachment to school.
- Significant romantic conflict in the 24-hour period leading to these incidents

Adverse Childhood Experiences Lead to Lifelong Health Consequences



Categories of the ACE

- 1. Recurrent physical abuse
- Recurrent emotional abuse
- Contact sexual abuse
- 4. An alcohol and/or drug abuser in the household
- 5. An incarcerated household member
- 6. Someone who is chronically depressed, mentally ill, institutionalized, or suicidal
- 7. Mother is treated violently
- 8. Only one or no parents
- 9. Emotional or physical neglect

ACE Score has a strong and graded relationship to health-related behaviours and outcomes during childhood and adolescence including...

- Early initiation of smoking
- Sexual activity
- Illicit drug use
- Adolescent pregnancies
- Suicide attempts
- As the number of ACE increases the number of cooccurring conditions increases

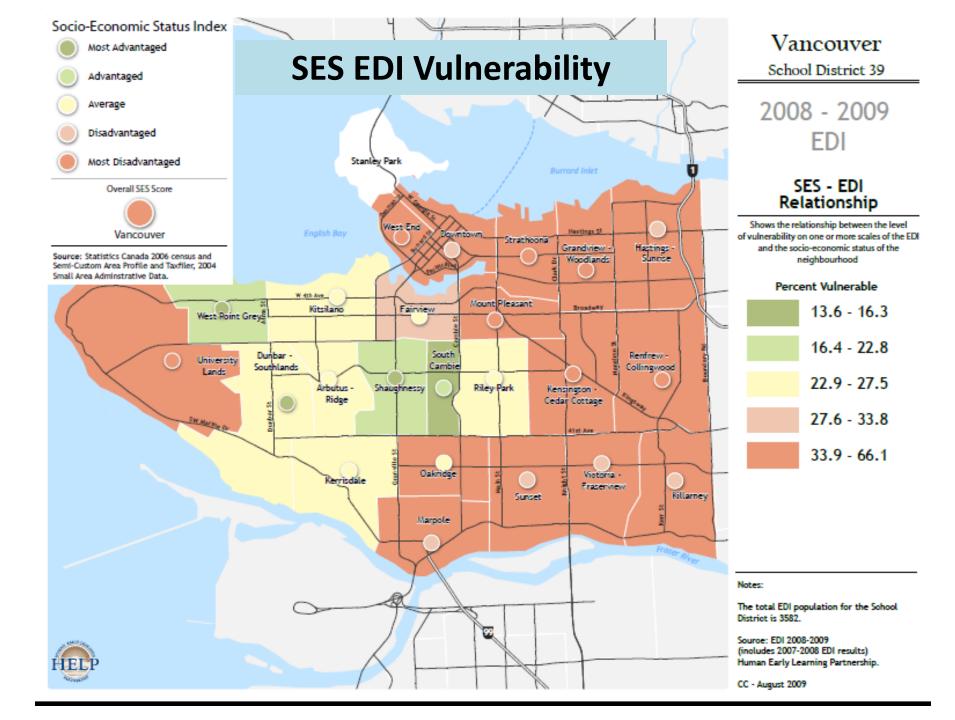
Poor People Live in Poor Communities



Poor communities have poor health due to:

- Concentrated poverty
- Social deprivation
- Limited access to care
- Resident instability
- Historical trauma

Shaw & McKay 1972; Sampson, Morenoff, Gannon-Rowley 2002; Evans-Campbell 2008



Seven Key Transitions



- Going home after birth of a child
- 2. Kindergarten Entry: transition from home/ preschool /daycare
- 3. Grade 4: transition from learning to read to reading to learn
- 4. Grade 8: Start of High School
- Transition in and out of care
- 6. Housing instability
- 7. Transition out of Pediatric care

What is RICHER?

- **R** esponsive
- Intersectoral & Interdisciplinary
- C hild & Community
- **H** ealth
- E ducation &
- R esearch



RICHER is an innovative partnership based community outreach PHC model

Research Colleagues: Dr. S. Wong, Dr. C. Loock, L. Scott, Dr. K. Khan,



Michael Smith Foundation for Health Research

Funders CIHR, CNA and MSFHR & BCMSF

Community Partners

NEVCO - NICCSS Ray Cam Child Health BC Vancouver Native Health ALIVE







UBC Academic Partners

School of Nursing Faculty of Medicine

Health Authorities

Provincial Health Services Authority

BC Children's, Sunny Hill & BC Women's
Vancouver Coastal Health Authority (VCHA)

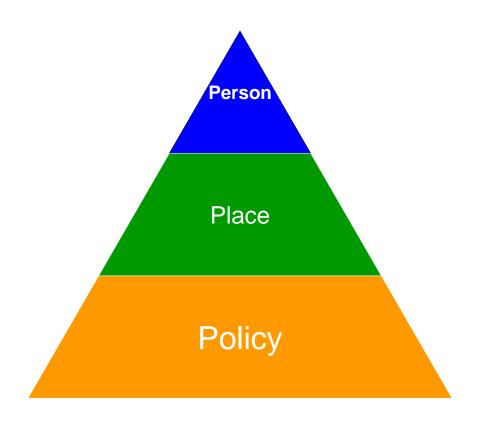








Medical Legal Community Partnership



Person, Place & Policy

IT HELPS:

Take a Social History

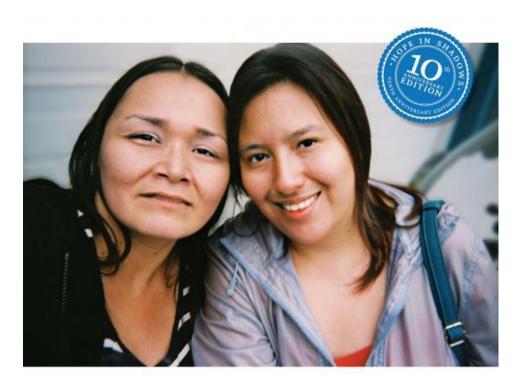
- > Income
- > Transportation
- ➤ Housing
- > Education
- Literacy
- ➤ Legal Status
- Personal Safety
- ➤ Primary Care
- > Supports



Loock et al 2012



Moving Forward



HOPEINSHADOWS

Portraits of our Community

2 O 1 3

From Hope in the Shadows http://www.hopeinshadows.com