



MINUTES

Seniors, Elders & Advocates Committee (SEA)

Wednesday August 19 2020 3:15pm Online Zoom

Present: Annie Daniko (Chair), Vera Jones, Cynthia Low, Maureen Matilpi, Sabian Rawcliffe, Susie Phil, Cylia Wong, Farren Gillaspie, Anne Cowan, Kya Prince, Daniel Cook

Opening prayer and land acknowledgement –Vera Jones and Anne Daniko

September Events;

- Once event dates are confirmed they will be immediately posted online/info will be shared
- COV Sound Walk with musician/sound enthusiast Leah Abramson August 31st
 - o Shared with 55+ Facebook groups for registration on ActiveNet
- Coffee House Sept. 21st
 - o Posted on Britannia webpages for signing up to participate
- AGM Sept. 23rd – more Info on Britannia Webpage
 - o Registration required for limited in person and online platform voting through Britannia starting Aug. 26th
 - o Free Memberships need to be updated by Sept. 9 to be valid
 - o 8 current Board Vacancies. Contact Cynthia Low to apply
- Pow Wow tentative date Sept. 26th
 - o Waiting to hear back from Pow Wow Committee
- Orange Shirt Day Sept. 30th – Phyllis Jack-Webstad @ orangeshirtday.org
 - o Truth and Reconciliation National event has been promoted on groups
 - o Felt and supplies for brooch making with story attached will be delivered or picked up for creation then sent to Britannia Elementary School opening
 - o Crafting timeline will be sent out

Updates:

- WOCT
 - o First returning Craft Collective Meeting was held w/ OSD planning and pictures of ongoing programming and members – consent mandatory for pictures and videos for advertising and display
 - o 2nd round of Cedar Weaving – Set delivery list will be confirmed with Todd
 - o Sabien's Beading Class has started with a 2 month plan – very successful turnout online
 - o Class videos will be posted on 55+ Facebook groups
 - o Display of Seniors and Elders crafting work during COVID at the Britannia Library Gallery underway with Bernadine

- Outdoor Drum Circle – Almost at capacity, registration required for in person programming. Better signage requested for onlookers and passerby's to refer to. Better sound equipment requested for online participation
- Possible rework needed for managing calendar of committee, class and group meetings
- HATTA
 - Returning to the Oct-Jun timeline while continuing classes through Zoom
 - Will post when registration and max participants details are confirmed with A+H, Britannia and Todd
 - Delivery timeline of craft supplies and hat forms through volunteers once participants are confirmed
- Quirk-e
 - Weekly meetings still ongoing virtually
 - Online Zine continuing and posted on Britannia webpage – Next one on Anti-Racism open invite on SEA committee collaboration and insights – Workshop feedback requested for possible second with SEA and other 55+ members
 - Have been creating virtual films and podcasts which will be promoted on sites
 - Successful socially distant picnics at Trout Lake to stay connected
- Brainstorm for Fall Programming
 - Feedback on current programming – onsite programs are in designated COV approved spaces, no drop in available, pre registration required, weekly health declarations, online participation promoted
 - Active Programs requested – Gentle Stretching, Low Intensity Home workouts, 55+/Chair/Laughing Yoga, Arthritis Management – Online courses or resources through YouTube or Google. Could hard copies from online mailed out?
 - Resources/Info on COVID-19 updates from medical and health care – possible workshops from FHA or VCH

Restart Updates;

- Britannia
 - Anti-Racism statement has been posted online and sent out to members. Discussion requested.
- Restart
 - Fitness centre and Pool opening feedback or suggestions can be sent to the Britannia Board – is there 55+ sessions interest – Timeslots will be booked online – digital divide will need help
 - Renewal meetings taking place

Next SEA Meeting: September 16th 2020 3:15pm through Zoom