



# ZOMBIE PREPAREDNESS PLAN



## KEEP YOUR WITS SO YOU CAN KEEP YOUR BRAINS

### YOUR ZOMBIE PLANNING GUIDE

While it can be difficult to consider the possibility of a zombie outbreak, having a clear zombie plan is the best way to prevent yourself and your loved ones from joining the undead hordes. It's never too late to begin planning. We hope you will find this guide useful in your preparations.

Please note that zombie preparedness is no laughing matter. Complete the exercises in this guide as truthfully and completely as you are able.

To get started with this guide you will need:

- Your zombie response team (we recommend a unit of at least 3)
- Pens, pencils, coloured pencils, markers, and/or crayons
- A sheet of paper for mapping (or use the template provided)

Zombie planning guide prepared by the Grandview Woodland  
Community Resilience Strategy



[www.britanniacentre.org/community/resilience](http://www.britanniacentre.org/community/resilience)



# ZOMBIE PREPAREDNESS PLAN



## STEP 1. KNOW YOUR TEAM

It's important to remember that no plan can account for every possible manifestation of living death, but when all else fails your friends, family, and neighbours are your greatest resources. Start your planning by getting to know the members of your zombie response team so you are prepared to use your skills to your greatest advantage.

### A. TEAM MEMBERS

List the name of your team members below. You may wish to create code names for tactical reasons.

### B. SPECIAL SKILLS

Does someone on your team have medical training, survival skills, or other relevant experience? Does anyone have language skills, a good knowledge of the neighbourhood, or any other knowledge that may prove useful? Record your team's zombie preparedness skills below.

### C. RESOURCES

Do your team members keep medical supplies, a well-stocked pantry, working radios, water purifiers, generators, or other survival resources? Create an inventory below.



# ZOMBIE PREPAREDNESS PLAN



## STEP 2. MAP YOUR ZOMBIE PLAN

Create your tactical map on the template provided or a spare sheet of paper. You may also wish to print out a map of your neighbourhood from google maps to get you started. For new zombie preparedness teams we suggest plotting out a 5-block radius. Begin by plotting major streets and landmarks and then fill in your map with reference to this guide.

### A. EMERGENCY MEETING POINT

Select a location to meet family, friends and neighbours in the event of a zombie outbreak, plot on the map in **red**, and label. Remember that the undead can be anywhere! It's important to stay together and select an open area for maximum safety and visibility.

Notes:

### B. SELECT YOUR BUNKER

It's important to have safe shelter during outbreak. Mark suitable bunker locations on the map in **blue** and label. Suitable bunkers could include your house, the houses of friends or neighbours, or community spaces that you would have access to in the case of an emergency. Be sure to select a few potential options in case your first choice is invaded by the undead.

Notes:

### C. ASSETS AND HAZARDS

Label tactical assets (eg. fortified buildings, major transit corridors, potential sources for supplies) and potential hazards (dead ends, dense brush, blind corners) on your map.

Notes:

### D. FOOD AND WATER

You'll need to find your own source of food and water while emergency responders are tied up beating back the zombie hordes. Plot the locations of potential food and water sources in **green** and label. Trace the route you would take from your bunker to your food and water sources in black. Choose a mode of transportation that makes sense to you-remember that traffic may be heavy but zombies have demonstrated the ability to jog.

Notes:

### E. ZOMBIE PREVENTION

**Neighbours don't let neighbours become zombies.** Think about checking in with people you know in your neighbourhood, and especially those who might be particularly vulnerable to zombie attacks (this could include seniors, people living alone, and people with disabilities). If you have specific houses, or specific blocks you are willing to check for zombies mark or shade them in **purple**.

Notes:



# ZOMBIE PREPAREDNESS PLAN



## ZOMBIE PREPAREDNESS TACTICAL MAP

**DISTRICT NAME:**

**BOUNDARIES (NORTH/SOUTH/EAST/WEST):**



## STEP 3. REGISTER YOUR ZOMBIE PREPAREDNESS DISTRICT

Consider registering your zombie preparedness district with your local community resilience coordinator so we can develop a better understanding of zombie preparedness in the broader community. Send a copy of your plan by mail, email, or drop off in person at your local community support hub.

East Van zombie response teams can submit their plans to:

Lindsay Grant

Community Resilience Strategy Project Coordinator

Britannia Community Services Centre

1661 Napier St. Vancouver BC V5L 4X4