Look for our FREE “Fun for All” programs!
See inside for details.
President’s Message

Another season has begun. As we reflect back on all the amazing programs and events that took place in the spring and summer, we can see the dedication of community members to not only survive but thrive. Britannia Community Centre was one of the partners for the Mother’s Day Traditional Powwow, the Father’s Day Powwow, a National Indigenous Peoples Day event, and events in Grandview Park such as the Children’s Concert Series. The Shine Intercultural Spring Market and Youth Skate Jam was well attended, the community gardens are going strong, and the Carving Centre has been busy with programming for all ages.

Earlier this year, the City of Vancouver and the Vancouver School Board (VSB) told the Britannia Board of Management that there is no capital funding to proceed with the renewal of our facilities. This was completely unexpected, especially considering our regular meetings with planning staff and despite multiple reports and indications of our aging facilities and increasing community needs.

There has been two decades of cooperation with our partners and hundreds of hours of work by volunteers, staff, and residents to create the Britannia Renewal Master Plan and a vision for our neighbourhood and the City. This includes a City referendum approving money for this renewal project and other projects. The Board was shocked and disappointed by the lack of support. If you attended one or all of our renewal engagement sessions, read our updates, responded to surveys, joined our committees or asked questions, we would like to thank each and every person for their time, dedication, and passion for the neighbourhood and its residents.

The Britannia Board of Management will continue to advocate for the current and future needs of the many communities in Grandview Woodland and Strathcona. We will advocate for the resources to support you and your family in being part of a healthy community that takes care of each other and the land. This fall we will be meeting with the City Manager and VSB to understand their plan for continued operation and repair of Britannia’s facilities and strategies for supporting the neighbourhood’s reconciliation, recreation, education, library, cultural, arts, and social services.

As we look to the new season and our changing situation, we will update our strategic plan to make sure we have well-functioning facilities, strong partnerships for multicultural events, relevant programming for all ages, and positive communication with our community.

How aa,

Annie Danilko, Haida Nation
President, Britannia Board of Management

Britannia’s Board

Britannia Board meetings are held on the 2nd Wednesday of the month. For more information or if you are interested in running for our Board of Management, call Cynthia Low, Executive Director, at 604.718.5815.

President Annie Danilko
Vice President Pamela Dudas
Treasurer John Flipse
Directors Susanne Dahlin, Ariela Friedmann, Farren Gillaspie, Pat Hogan, Vera Jones, Craig Ollenberger, Ashki Shkur, Nicki Simpson, Terumi Squibb, Oliver Tennant, Naina Varshney
Youth Directors Ama Birch, Sam Quastel
Staff Rep TBD
Partners VSB Rose Mackenzie
VPB Peter Odynsky
VPL Randy Gatley
Community Ed Maddie Lafleur
Executive Director Cynthia Low
Manager of Administrative Services Jeremy Shier
Manager of Child Care Services Jacky Hughes
Manager of Organizational Change Suzette Amaya

Committee Meetings

For more info about Britannia committees, call us at 604.718.5800 (1), email the contact person listed below, or visit britanniacentre.org/about-us/board-of-management

<table>
<thead>
<tr>
<th>Committee Meetings</th>
<th>Date/Time</th>
<th>Contact Person</th>
</tr>
</thead>
<tbody>
<tr>
<td>Board Meeting</td>
<td>2nd Wed/mo 6:00pm</td>
<td>Sep 13, Oct 11, Nov 8, Dec 13 Cynthia Low <a href="mailto:cynthia.low@vancouver.ca">cynthia.low@vancouver.ca</a></td>
</tr>
<tr>
<td>Anti-Racism &amp; Anti-Oppression Committee</td>
<td>2nd Thu/mo 6:00pm</td>
<td>Sep 14, Oct 12, Nov 9 Cyn Williams <a href="mailto:cyn.williams@vancouver.ca">cyn.williams@vancouver.ca</a></td>
</tr>
<tr>
<td>Arena Committee</td>
<td>1st Tue/mo 6:30pm</td>
<td>Sep 5, Nov 7 Susy Bando <a href="mailto:susy.bando@vancouver.ca">susy.bando@vancouver.ca</a></td>
</tr>
<tr>
<td>Arts &amp; Culture Committee</td>
<td>1st Thu/mo 6:00pm</td>
<td>Sep 7, Oct 5, Nov 2, Dec 7 Amanda Lye <a href="mailto:amanda.lye@vancouver.ca">amanda.lye@vancouver.ca</a></td>
</tr>
<tr>
<td>Board Development Committee</td>
<td>Call of the chair 6:00pm</td>
<td>Sep 12, Oct 10, Nov 14 Cynthia Low <a href="mailto:cynthia.low@vancouver.ca">cynthia.low@vancouver.ca</a></td>
</tr>
<tr>
<td>Child Care Committee</td>
<td>Call of the chair Jacky Hughes <a href="mailto:jacky.hughes@vancouver.ca">jacky.hughes@vancouver.ca</a></td>
<td></td>
</tr>
<tr>
<td>Grandview Woodland Food Connection</td>
<td>1st Wed/mo 6:00pm</td>
<td>Sep 6, Oct 4, Nov 1, Dec 6 Ruth-Elizabeth <a href="mailto:gwfnetwork@gmail.com">gwfnetwork@gmail.com</a></td>
</tr>
<tr>
<td>Planning &amp; Development Committee</td>
<td>3rd Tue/mo 6:30pm</td>
<td>Sep 19, Oct 17, Nov 21 Cynthia Low <a href="mailto:cynthia.low@vancouver.ca">cynthia.low@vancouver.ca</a></td>
</tr>
<tr>
<td>Pool &amp; Fitness Committee</td>
<td>Last Tue/bi-monthly 6:00pm</td>
<td>Sep 26, Nov 28 <a href="mailto:britannia.pool@vancouver.ca">britannia.pool@vancouver.ca</a></td>
</tr>
<tr>
<td>Reconciliation in Action (RIA) Committee</td>
<td>Call of the chair 6:00pm</td>
<td>Sep 11, Oct 16, Nov 20, Dec 11 Suzette Amaya <a href="mailto:suzette.amaya@vancouver.ca">suzette.amaya@vancouver.ca</a></td>
</tr>
<tr>
<td>Seniors, Elders &amp; Advocates (SEA) Committee</td>
<td>3rd Wed/mo 3:30pm</td>
<td>Sep 20, Oct 18, Nov 22 Anne Cowan <a href="mailto:anne.cowan@vancouver.ca">anne.cowan@vancouver.ca</a></td>
</tr>
<tr>
<td>Skateboard Committee</td>
<td>1st Mon/mo 6:30pm</td>
<td>Oct 2, Nov 6, Dec 4 Cynthia Low <a href="mailto:cynthia.low@vancouver.ca">cynthia.low@vancouver.ca</a> britanniaskateboardcommittee.com</td>
</tr>
<tr>
<td>Sports &amp; Fitness Committee</td>
<td>2nd Tue/mo quarterly 5:30pm</td>
<td>Nov 14 Fraser McElroy <a href="mailto:fraser.mcelroy@vancouver.ca">fraser.mcelroy@vancouver.ca</a></td>
</tr>
<tr>
<td>Youth Committee</td>
<td>3rd Thu/mo</td>
<td>Sep 21, Oct 19, Nov 16 Tom Higashio <a href="mailto:tom.higashio@vancouver.ca">tom.higashio@vancouver.ca</a></td>
</tr>
<tr>
<td>Volunteer Committee</td>
<td>3rd Fri/mo 5:00pm</td>
<td>Sep 15, Oct 20, Nov 17 Yao Zhang <a href="mailto:yao.zhang@vancouver.ca">yao.zhang@vancouver.ca</a></td>
</tr>
</tbody>
</table>

For more info about Britannia committees, call us at 604.718.5800 (1), email the contact person listed below, or visit britanniacentre.org/about-us/board-of-management
Unceded Coast Salish Territories

Britannia is located on the traditional and unceded Coast Salish territories of the x̱məθkʷəy̓əm (Musqueam), Sḵwx̱wú7mesh (Squamish) and səlilwətaɬ (Tsleil-Waututh) Nations, and we hold the heritage of these lands close in our everyday work. We aim to embrace Indigenous values and practices and are committed to reflecting Indigenous protocols and beliefs in our work.

Facility Rentals

At Britannia our mission is to foster active community building, collaboration, and grass roots education and involvement so that we can contribute to the quality of life of individuals in our catchment neighbourhoods. We recognize that our programs do not always meet all community needs—sometimes people just need space to host their own events. From space for sporting events to birthday parties, we have a great selection.

Gym/Room Rentals

For rates and availability contact the Facility Support Clerks at 604.718.5812 or britanniаfacilitiyспорt@vancouver.ca.

Pool Rentals

Contact the Pool Programmer at 604.718.5832 or britannia.pool@vancouver.ca.

Rink Rentals

Go to vancouver.ca/parks-recreation-culture/rink-rentals or contact the Rink Programmer, Susy, at 604.718.5836 or email susy.bando@vancouver.ca.

Facility Rental Fee Policy

We collect full rental fees at the time of booking. We cannot hold a space until payment is received in full. Once you’ve rented space from us a minimum of 3 times within a 6 month period and are in good standing, you can apply to become a regular user at which time rental fees can be collected on the day of your event/program. For cancellations, a full refund will be given with at least 48hrs notice. No refunds given with less than 48hrs. For more information, visit: britanniаcentre.org/facilities/rentals

Holiday Hours

Info Centre, 55+ Centre & Teen Centre

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Status</th>
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<tbody>
<tr>
<td>Sep 4</td>
<td>Labour Day</td>
<td>CLOSED</td>
</tr>
<tr>
<td>Oct 2</td>
<td>Truth &amp; Reconciliation</td>
<td>CLOSED</td>
</tr>
<tr>
<td>Oct 9</td>
<td>Thanksgiving</td>
<td>CLOSED</td>
</tr>
<tr>
<td>Nov 13</td>
<td>Remembrance Day</td>
<td>CLOSED</td>
</tr>
<tr>
<td>Dec 25</td>
<td>Christmas Day</td>
<td>CLOSED</td>
</tr>
<tr>
<td>Dec 26</td>
<td>Boxing Day</td>
<td>CLOSED</td>
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</table>

Pool & Fitness Centre

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>Sep 4</td>
<td>Labour Day</td>
<td>1:00-5:00pm</td>
</tr>
<tr>
<td>Oct 2</td>
<td>Truth &amp; Reconciliation</td>
<td>1:00-5:00pm</td>
</tr>
<tr>
<td>Oct 9</td>
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</tr>
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<td>1:00-5:00pm*</td>
</tr>
<tr>
<td>Dec 25</td>
<td>Christmas Day</td>
<td>CLOSED</td>
</tr>
<tr>
<td>Dec 26</td>
<td>Boxing Day</td>
<td>1:00-5:00pm*</td>
</tr>
</tbody>
</table>

(*Fitness Centre only. Pool closed for maintenance)

Rink

To view our current schedule, visit: britanniacentre.org/ice_rink

Cover Photo

George Cuyler, a participant in a community cedar carving workshop led by Simon Daniel James. Photo by Suzette Amaya.
Registration Dates

Registration for **general programs** opens August 22, 2023 at 7:00pm in-person and online, and at 9:00am by phone on August 23, 2023.

Registration for **swim lessons** opens August 29, 2023 at 7:00pm in-person and online, and at 9:00am by phone on August 30, 2023.

Registration for **Set 1 skating lessons** begins September 14, 2023 at 7:00pm in-person and online. Registration for **Set 2 skating lessons** begins November 9, 2023 at 7:00pm.

How to Register

1) Register online at vanrec.ca
   Set Britannia Community Centre, Pool or Rink as the location.

2) Register in person
   You can register for programs at the **Info Centre** and the **Pool Cashier**. Registration closes an hour before closing at the pool and half an hour before closing at the Info Centre.

   **Info Centre Hours:**
   Mon-Fri 8:30am-7:00pm
   Sat 9:00am-5:00pm
   Sun 10:00am-4:00pm

   **Pool Cashier Hours:**
   Mon-Fri 6:30am-9:00pm*
   Sat/Sun 8:00am-7:00pm*
   *Hours are subject to change.

3) Register by phone at 604.718.5800 ext. 1

Contact

1661 Napier Street, Vancouver BC V5L 4X4
britanniacc@vancouver.ca  britanniacentre.org

Britannia Info Centre:  Pool Reception:
604.718.5800 (1)  604.718.5831

Britannia Memberships

Britannia memberships are now free, as of August 22, 2023. Memberships are valid for 1 year. A membership can be obtained when you register for a program (your membership will be automatically added to your online purchases) or any time during the year at the Pool Cashier, the Info Centre, or online at: britanniacentre.org/memberships

Membership Benefits

- Free members access to the Fitness Centre on Wednesdays from 9:00-10:00am, and Sundays from 10:00-11:00am.
- Voting privileges at the society Annual General Meeting.
- Eligibility to run for the Board of Management.
- Mail-outs/e-mails about Centre events and programs.

Subsidy Policy

Britannia provides assistance to those who are not able to afford the advertised cost of certain programs and activities. Please note: Maximum of two subsidies per person per season. Some programs do not qualify for subsidy. Our subsidy policy does not apply to Britannia Child Care programs or products that are resalable.

Non-residents of Vancouver are not eligible for subsidies.

Leisure Access Program

The Leisure Access Program (LAP) provides low-income City of Vancouver residents with reduced cost programs and services at Britannia and Park Board facilities. LAP card holders may receive up to 50% off certain programs. To learn more and to apply, visit: vancouver.ca/leisureaccess

Grandview-Woodland & Strathcona Subsidy

Program participants living in the Grandview Woodland and Strathcona areas who are in need of financial assistance may request a subsidy of up to 25% off course costs for certain programs by completing an application.

FREE 'Fun For All' Recreation

Britannia operates a wide range of free and pay-what-you-can recreation programs. The Britannia Board of Management is committed to ensuring that people have access to programs and that fees are not a barrier to members of the Grandview Woodland and Strathcona Communities.

Look for the "Fun for All" stamp in the Brochure to find our free and pay-what-you-can programs.
Leisure Access Program

The Leisure Access Program (LAP) provides City of Vancouver residents facing financial barriers access to Park Board programs and services at its pools, rinks, participating fitness centres and community centres at a reduced cost.

Eligibility

You must be a resident of the City of Vancouver and meet one of the criteria below:

• You have a red compass card (BC bus pass) or Guaranteed Income Supplement (GIS) confirmation letter.
• You received income assistance from the Ministry of Social Development and Poverty Reduction or social service assistance from a recognized Vancouver agency or organization.
• Your family income is at or below the Low-Income Measures Threshold.
• You have a child with a disability (17 & under) and received the child disability benefit (CDB).
• You, your spouse, or dependent, age 18 and older, qualify for the Disability Tax Credit.
• You are receiving Employment Insurance benefits in 2023-2024.
• You are an asylum seeker.

Low-Income Measures Threshold For Self-Referrals

You and your family are eligible and can self-refer if your net family income is less than or equal to the following amount based on your family size:

<table>
<thead>
<tr>
<th>Family Size</th>
<th>Net Family Income</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 person</td>
<td>$36,481</td>
</tr>
<tr>
<td>2 people</td>
<td>$51,592</td>
</tr>
<tr>
<td>3 people</td>
<td>$63,198</td>
</tr>
<tr>
<td>4 people</td>
<td>$72,961</td>
</tr>
<tr>
<td>5 people</td>
<td>$81,574</td>
</tr>
<tr>
<td>6 people</td>
<td>$89,359</td>
</tr>
<tr>
<td>7 people</td>
<td>$96,518</td>
</tr>
</tbody>
</table>

For each additional person, add $7,125.

LAP Benefits

• Free public swims and public skates (and skate rentals), and 50% subsidy to group swim and skate lessons.
• 50% subsidy for fitness centre drop-in (age restrictions vary by facility).
• 50% subsidy for Flexipasses.
• 50% subsidy to community centre programs (one program per person per season at participating centres, including Britannia).
• One free visit to the Vancouver Aquarium and unlimited 50% admission discount.
• Unlimited 50% admission discount to Playland and PNE.

A complete list of subsidized recreation programs and services can be found at:

vancouver.ca/leisureaccess

Low Barrier 2STGD Referrals

The Queer Inclusion Team at the Vancouver Board of Parks and Recreation offers low barrier, 3rd party referrals for Two-Spirit, trans, or gender diverse (2STGD) Vancouver residents who face financial barriers to recreation.

E-mail 2STGD@vancouver.ca to apply.

For more information about 2STGD programs and inclusion, see page 6.

Leisure Access is not available to individuals or families with a combined:
• Interest and Investment Income (Line 12100) over $1,000.
• Net Rental Income (Line 12600) over $2,000.
• Capital Gains (Line 12700) over $2,000.

For more information about how to apply, please visit:

vancouver.ca/leisureaccess

Get involved – Volunteer!

Did you know that there are over 300 active volunteers at Britannia? Many of our programs are run by volunteers or enhanced with volunteer support. Volunteers play an important role in our community.

Volunteers are the heart of our 15 active committees (such as the Planning and Development committee that is working hard to shape the future of Britannia). You’ll also find Britannia volunteers on soccer fields teaching kids about active lifestyles, in the kitchen cooking heart-warming food, and in our awesome daycare. Volunteer power keeps Britannia going!

Do you see yourself here? You can complete an application and view volunteer opportunities on our website:

britanniacentre.org/volunteer

Tax clinic Volunteers Needed

Britannia is holding tax clinics in March and April 2024 to help low-income individuals fill out their tax returns online. Our clients include families, seniors, and new immigrants to Canada.

Volunteers will need to register with CRA’s CVTP program, complete required training, and a criminal record check. Apply before Jan 11, 2024 by submitting an application at:

britanniacentre.org/volunteer
2SLGBTQIA+ people belong in our pools, fitness centres, and community programs!

Our activities include:
Social, creative, and sport programs for 2STGD & 2SLGBTQIA+ adults and seniors. Arts & Crafts, Book Clubs, and special events for 2SLGBTQIA+ children and youth. Exclusive Swims and Fitness Classes for Two Spirit, Trans, and Gender Diverse folks.

Our Queer Inclusion staff are 2SLGBTQIA+ community members themselves, who focus on removing barriers to safe and enjoyable recreation.

Email us for program details and to subscribe to our bi-weekly newsletters.

2STGD@vancouver.ca
queerinclusion@vancouver.ca
vancouver.ca/park-board-pride
Indigenous-led Programs

No one turned away for lack of funds. Full subsidies available for Leisure Access Program participants. See page 5 for more information or contact Suzette Amaya at suzette.amaya@vancouver.ca or 604.718.5873.

West Coast Culture Night (All ages)

Gather together for West Coast Indigenous traditional dancing, bone games, singing and sharing. Bring your drums! Open sharing of West Coast Nations protocols, stories and dance. This drop-in social night will be for learning and the practice of cultural activities. Witness the practice of inherited and gifted songs, dance, and more!

Tue 7:15-9:45pm Sep 5-Dec 26
Gym D Free

Weaving Community Together (15yrs+)

Gather together for weekly Indigenous arts, Regalia making (West Coast button vests and aprons), and traditional teachings. Come on Tuesdays for various activities that change each week, including sewing, drawing (West Coast form lines), painting, weaving (Coast Salish finger wool weaving), and more! Please see our website for the weekly schedule.

Tue 6:30-9:30pm Sep 19-Dec 12
Rink Mezz $5.25/drop-in

Regalia Making – Ribbon Skirts and Shirts (15yrs+)

Learn to make traditional Indigenous ribbon skirts and ribbon shirts (bring your own button up dress Shirt to sew ribbons on). Knowledge Keeper Ruby Harry will share sewing patterns, techniques and design work for skirts and shirts. No sewing experience necessary. $5.25/drop-in.

Sun 1:00-4:00pm Oct 15-29
Rink Mezz $15.75/3 sess
466607 Ruby

Regalia Making – Appliqué (15yrs+)

Learn to make traditional Indigenous appliqué with Chantel Dustyhorn. Create appliqué designs such as flowers, horses, jingle dresses, shawls and more! Learn traditional teachings, creative ways to make Regalia, sewing, and Regalia-making hacks! $5.25/drop-in, space permitting.

Sun 1:00-4:00pm Nov 19-26
Rink Mezz $10.50/2 sess
466608 Chantel

Beaded Orange Shirt Pins (15yrs+)

Every Child Matters! Learn to bead with Chantel Dustyhorn. Show your support everyday with an Orange Shirt Day beaded lapel pin.

Sun 1:00-4:00pm Sep 24
Rink Mezz $5.25/1 sess
466629 Chantel

West Coast Indigenous Stockings (15yrs+)

Get into the Holiday spirit with Mia Hunt and learn to make a button stocking. No sewing experience necessary. Learn about West Coast Indigenous design and embellish your personal holiday stocking with buttons!

Sun 1:00-4:00pm Dec 3
Rink Mezz $5.25/1 sess
466631 Mia

Powwow Dance Class (12yrs+)

Learn the foundations of traditional powwow dance, including fancy dance and jingle dress dancing, ceremony, and culture. Each session will start with a warm-up followed by the basic steps and simple movement combinations. There will be space at the end of the class to improvise and integrate the learning experience. This workshop is open to all levels and abilities, and no previous experience is necessary. $6/drop-in.

Sun 4:15-6:15pm Sep 10-Oct 1
CFEC $25.20/4 sess
466578 Nih-Tanis Rayne

Beaded Poppy Pins (15yrs+)

Learn to bead an Indigenous beaded poppy pin in honour, respect and remembrance of all who served and continue to serve.

Sun 1:00-4:00pm Nov 5
Rink Mezz $5.25/1 sess
466630 Chantel

Round Dance Drop-in (12yrs+)

Learn how to do Indigenous Powwow Round Dance. This open social gathering is for fun, learning, and practice. Learn traditional teachings, protocols, and songs. This social is open to all levels and abilities, and no previous experience is necessary. Drum groups welcome to practice.

Sun 4:15-6:15pm Nov 5-26
CFEC Free
466579 Indigenous Knowledge Keepers

FitNation (55yrs+)

FitNation is an eight-week Indigenous aquatic fitness program that takes place at Britannia Pool. It is a free, registered program for Elders in the community who are interested in improving their mobility, agility, balance and general fitness. Snacks provided.

Tue 10:15-11:15am Sep 12-Oct 31
Britannia Pool Free*
Brenlee 472973
*Registration required
Special Events

Art Gallery Exhibitions
September 6 – 29

Faces
Graphite drawings by Carina Maffett.

In Nature
Watercolour and digital paintings by Angela Bueckert.

October 4 – 27

I’ll Be Anything You Need
Mixed media with appliqué, embroidery, acrylic and fibre reactive dyes on fabric by Kati Guerrero.

Light of my Life
Acrylic on canvas by Victoria Mitchell.

Nov 1 – 30

Community Minded
An exhibition by Frog Hollow’s “Make It” therapeutic art program.

December 2 – 29

Community Cedar Carving Project
Cedar Carvings by Kwakwaka’wakw Artist Winadzi Simon Daniel James and participants.

Britannia Plaza Market
Britannia Community Centre is hosting outdoor Plaza Markets on Wednesdays from 3-7pm alongside the Brave Child Farm Community Supported Agriculture (CSA) weekly pick up and farmer's market, featuring fresh local vegetables. The market features the work of a variety of local artists each week and sometimes live music and/or artist workshops.

Wed 3:00-7:00pm  Jun 28-Oct 4
Britannia Plaza  Free

Free Fall Tax Clinic
Need help filing your taxes? Britannia offers a free income tax clinic in the Library for people with modest incomes and simple tax situations. Volunteer tax preparers are trained by the CRA’s ‘Community Volunteer Income Tax Program’ and will keep your information secure and confidential. Beginning September 1, you can book an appointment by calling the Info Centre at 604.718.5800 ext 1.

Fri 9:30am-12:30pm  Sep 8, Oct 13
Britannia Library  Nov 10, Dec 8

Science and Makers Day
(6-15yrs)
Join this year’s STEM Jamboree! This family-friendly event aims to introduce you to a broad range of science, technology, engineering and math fun. There will be several organizations providing engaging activities aimed to inspire minds of all ages, including live shows by Science World. You can try out a microscope, watch a 3D printer in action, and even do some art with some disgusting bugs.

Sat 10:00am-3:00pm  Sep 23
Gym D  Free

Sunday Movie Night Series
(All ages)
Everyone is welcome to attend our movie series every Sunday evening. See below for the schedule. Doors open at 5:45pm. No session Sep 17, Oct 8, and Nov 12. See page 27 for the full schedule.

Sun 6:00-9:00pm  Sep 10-Dec 10
55+ Centre  Free*
470769  Ken *Registration required.

Winter Coffee House (All ages)
An evening of solstice celebration, featuring local musicians and poets who will light up the night.

Sun 6:30-9:00pm  Dec 17
55+ Centre  Free

Parade of Lost Souls – Everything! Everywhere! (All ages)
Jump on the quantum bandwagon! It may be impossible to know if there are really multiple universes, but we know for sure that the multiverse is alive and well when we look inward because anything can happen in our imaginations! Join us for this annual event as Britannia partners with the Dusty Flowerpot Cabaret to bring you this years’ event, featuring live family friendly entertainment. Join in the workshops leading up to the event (see page 22). Dress up and meet at Britannia Library on the half hour to follow the parade band, or come early and make an installation for the half hour to follow the parade band, or come early and make an installation for the half hour to follow the parade band, or come early and make an installation for the half hour to follow the parade band, or come early and make an installation for the half hour to follow the parade band, or come early and make an installation for the half hour to follow the parade band, or come early and make an installation for the half hour to follow the parade band, or come early and make an installation for the half hour to follow the parade band, or come early and make an installation for the half hour to follow the parade band, or come early and make an installation for the half hour to follow the parade band, or come early and make an installation for the half hour to follow the parade band, or come early and make an installation for the half hour to follow the parade band, or come early and make an installation for the half hour to follow the parade band, or come early and make an installation for the half hour to follow the performance and art of the Parade of Lost Souls, for... "If we are lost, then we are lost together."

6:30pm Little Souls Parade (Family Friendly)  7:30pm Parade  8:30pm Parade and Finale on Gravel Field
Sat Oct 28  Britannia

Britannia Winter Craft Market
Support local artists and makers this holiday season; from handmade soaps, to beading and baked goods—there’s something for everyone. To apply as a vendor, email artsbritannia@gmail.com or leave a voice message at 604.257.3087. The application deadline is October 3, 2023. Vendor registration takes place after the jurying/curation process is completed.

Fri 3:00-8:00pm  Dec 1
Sat-Sun 10:00am-4:00pm  Dec 2-3
Gym D  $2/1 sess
Orange Shirt Day (All ages)

In partnership with the Vancouver Aboriginal Friendship Centre Society and the Indian Residential School Survivors Society, we are gathering with Elders and their families on Orange Shirt Day, now recognized as the National Day for Truth and Reconciliation. We invite you all to join us on this important day to help raise awareness about residential schools and their lasting impact on Indigenous peoples. Every Child Matters. Wear your orange shirt in support. More details to be announced.

Sat TBD Sep 30 Grandview Park Free

Workshops

Beaded Orange Shirt Pins NEW (15yrs+)

Every Child Matters! Learn to bead with Chantel Dustyhorn. Show your support everyday with an Orange Shirt Day beaded lapel pin.

Sun 1:00-4:00pm Sep 24 Rink Mezz $5.25/1 sess 466629 Chantel

Beaded Poppy Pins NEW (15yrs+)

Learn to bead an Indigenous beaded poppy pin in honour, respect and remembrance of all who served and continue to serve.

Sun 1:00-4:00pm Nov 5 Rink Mezz $5.25/1 sess 466630 Chantel

West Coast Indigenous Stockings (15yrs+)

Get into the Holiday spirit with Mia Hunt and learn to make a button stocking. No sewing experience necessary. Learn about West Coast Indigenous design and embellish your personal holiday stocking with buttons!

Sun 1:00-4:00pm Dec 3 Rink Mezz $5.25/1 sess 466631 Mia

Family Pumpkin Carving (All ages)

Celebrate Halloween by carving a pumpkin with your family. Cost is based on a family of four and will include two pumpkins. Additional pumpkins can be purchased for $5 but must be carved at the Centre. Please register by Oct 20 so the correct number of pumpkins will be available.

Hot chocolate and carving utensils will be provided. Children under 12 must be accompanied by a parent or caregiver. Please bring a bag or box to carry them home.

Sun Oct 22 55+ Centre $10/1 sess 457960 10:30am-12:00pm 457961 12:30-2:00pm 457962 2:30-4:00pm

Banner Painting 2-day Workshop (12yrs+)

“When we work with love we renew the spirit; that renewal is an act of self-love, it nurtures our growth.”

– bell hooks

Theme: Renewal. Use high quality water-based fabric paints to help create the next set of colourful banners to hang in pairs outdoors around the site and in the Library. This is a great workshop for friends and family. Children under 12 must be accompanied by an adult. Please register each painter; caregivers can register for free (in-person or over the phone). Wear old clothes, bring a lunch and a colour sketch of your idea.

Banners can be purchased after exhibition for $20/set. Artists get first chance to buy their own banners. All materials are provided. This program is subsidized by Britannia Arts & Culture Committee. We thank you for your gift of art to the community.

Sat-Sun 10:00am-4:00pm Nov 25-26 Cafeteria $20/2 sess 469980 Helen

Gingerbread Houses (All ages)

Bring the whole family (up to 4 members) to build a graham cracker gingerbread-style house. Candies, frosting, and crackers will be provided; feel free to bring along your own decorations. Please register by Dec 8 so the correct number of kits will be available. Children under 12 must be accompanied by a parent or caregiver. Must be created on site. Bring a bag or box to carry them home!

Sun Dec 10 55+ Centre $10/1 sess 457963 10:00am-12:00pm 457964 1:00-3:00pm

Winter Decor Pop-Up (All ages)

Drop by to make some arts and crafts, sip some hot cocoa and enjoy the company of community as you create some memories to hang in a tree or gift to a special someone. Two artists will share a variety of projects. Materials will be provided or bring some of your own. All ages welcome, but children must be accompanied by an adult.

Sun 2:00-4:00pm Dec 17 55+ Centre Free

FOODSAFE Level 1 (16yrs+)

An essential course for food service professionals and front-line workers. Designed for operators and staff like cooks, servers, bussers, dishwashers, and deli workers—this program focuses on food handling, sanitation, and work safety. Learn about foodborne illness, receiving and storing food, preparing and serving food, as well as cleaning and sanitizing. Participants will receive a certificate after successful completion.

Sun 10:00am-4:00pm Board Room Denise $85/1 sess Sep 17 472628 Nov 5 472630

Community Repair Cafés

SPEC (Society Promoting Environmental Conservation) in partnership with the City of Vancouver offers free Community Repair Cafés. The more we can repair, the longer products stay in circulation. The longer products stay in circulation, the less waste we produce!

Book one free appointment time slot between 9:30am-1:30pm to receive in person repair help from our volunteer repairers:


Sat 9:30am-1:30pm Sep 9 Gym D Free

SPEC By appointment (book online)
Britannia Child Care Hub
For up-to-date information on space availability, waitlists, and registration, please contact each child care centre directly.

Child Care Mission Statement
To provide a range of safe, stimulating and nurturing child care programs that respect and embrace each child and family.

About our Child Care Programs
Each one of our programs is a unique reflection of its history, the community it serves, its staff members and its families, past and present. We believe that children learn about themselves, others and the world around them through play and creative expression. This allows children to learn naturally and practice important skills in the following areas:

Social: Communication, friendship skills, conflict resolution, sharing and cooperation.
Intellectual: Language and self-expression, problem solving, critical thinking, kindergarten readiness.
Physical: Large muscle and fine motor skills, safety and self-care skills (health, hygiene, large and fine motor development).
Creative: Self expression and concept development.
Emotional: Development of healthy self-esteem, self-confidence, self-awareness and ability to deal appropriately with emotions.

About our Staff
All of our staff are qualified as Early Childhood Educators, Special Needs Educators, Child and Youth Care Counsellors, or are Responsible Adult certified. The number of additional staff for each program is dependent upon the type of program and is always in accordance with child/staff ratios set by child care licensing regulations.

All staff, substitutes, students and volunteers are required to have a clear Criminal Record Search in accordance with child care licensing regulations. For more information, visit: Britanniacentre.org/services/licensed_childcare

Affordable Child Care Benefit & $10/day Child Care
For more information about the provincial tax benefit, the fee reduction initiative, and $10/day child care, call 1.888.338.6622 or visit: www2.gov.bc.ca/gov/content/family-social-supports/caring-for-young-children/child-care-funding

Toddler Program (18mo-3yrs)
Mount Pleasant Child Care has a licensed toddler program with 12 spaces for children 18mos-3yrs. Children will develop socially, physically and emotionally at their own pace in a caring and safe environment with time to explore new relationships with friends and interact with adults. Age-appropriate materials and snacks provided.

Mount Pleasant Child Care
960 East 7th Avenue 604.718.5844
For waitlist info, email: mountpleasantchildcare@shawbiz.ca

Hours: Mon-Fri 7:30am-5:30pm
Fees: Toddler Program $573/mo
Lunch Program: $90/mo

Preschool Program (3-5yrs)
Our Preschool program provides a rich and meaningful child-centered environment in which children learn and grow in all areas of development. Children practice creativity and freedom of artistic expression in a play-based learning environment as we highlight multiculturalism, diversity, arts and dance from around the world.

Britannia Preschool
1661 Napier Street
Lorraine Evans 604.718.5843

September 2023 – June 2024
Morning Classes
M/W/F 8:30am-11:00am $84/mo
Tue/Thu 8:30am-12:00pm $56/mo
Afternoon Classes
M/W/F 11:45am-3:15pm $84/mo
Tue/Thu 12:45pm-3:15pm $56/mo
5 days/week (am or pm) $140/mo
Licensed Child Care

Daycare Programs (3-5yrs)

Eaglets Daycare, Grandview Terrace and Mount Pleasant Child Care offer full day daycare programs for children 3-5yrs. The programs offer a caring, safe and nurturing environment that provides children the freedom and support to develop their full potential. We offer multicultural programs that respect a variety of traditions, lifestyles, languages and cultural heritages. In our inclusive play-based programs, staff provide activities based on children’s interests and developmental needs, offering opportunities for children to explore their environment through music, movement, blocks, construction toys, cooperative games, stories and outdoor play. Through play, children are able to develop social skills and learn more about their world.

Eaglets Daycare
485 Semlin Drive
Suzy Liguori 604.718.5856
We are accepting waitlist applications for 2025.
Hours: Mon-Fri 7:30am-5:45pm
Fees: $10/day $200/mo
Snacks provided.

Grandview Terrace Child Care
(2.5-5yrs)
2075 Woodland Drive
Alejandra Uribe 604.718.5846
grandviewcc@shawbiz.ca
grandviewterracechildcare.com
Hours: Mon-Fri 7:30am-5:45pm
Fees: $200/mo
Lunch Program: $90/mo
Snacks provided.

Mount Pleasant Child Care
960 East 7th Avenue
Mirae Pinpin 604.718.5844
For waitlist info, email: mountpleasantchildcare@shawbiz.ca
Hours: Mon-Fri 7:30am-5:30pm
Fees: $584/mo
Lunch Program: $90/mo
Snacks provided.

Out-of-School Care (5-12yrs)

Britannia, Eagles in the Sky, and Grandview Terrace Out-of-School Care (OSC) are licensed programs, which offer the opportunity to create, explore and socialize in a fun, safe and nurturing environment. Our play-based programs are designed to foster independence and confidence in a family-centred setting.

We strive to provide an integrated and comprehensive continuum of services for children and families that reflect the communities we serve. All of the centres are culturally sensitive and celebrate the uniqueness of our families. Qualified educators offer a value-based program that focuses on children’s interests, ages and developmental needs.

Britannia OSC
1661 Napier Street
Lorraine Evans 604.718.5843
Pick up: Britannia Elementary
Sep-Jun Hours:
Mon-Fri 7:30-9:00am
3:00-5:45pm
Pro-D Day, Spring/Summer Break Hours:
Mon-Fri 7:30am-5:45pm
Fees: Full Time $200/mo
Part Time $10/day
Fees include before and after school care.
Breakfast & pm food program provided.

Grandview Terrace OSC
Program II & III
2075 Woodland Drive
Alejandra Uribe 604.718.5846
Pick up: Grandview Elementary
Queen Alexandra Elementary
Queen Victoria Annex
École Anne-Hébert
Sep-Jun Hours:
Mon-Fri 7:30-9:00am*
3:00-6:00pm
*No AM care for Queen Alexandra Elementary and École Anne-Hébert.
Fees: OSC II $200/mo
OSC III $200/mo
Breakfast & pm snack provided.

Eagles In The Sky OSC
103B-1950 E. Hastings
Cassandra Gordon 604.348.9706
For waitlist info, email: eagles.osc@gmail.com
Pick up: χpey Elementary
Hastings Elementary
Lord Nelson Elementary,
École Anne-Hébert
Sep-Jun Hours:
Mon-Fri 7:30-9:00am
3:00-5:45pm
Pro-D Day, Spring/Summer Break Hours:
Mon-Fri 7:30am-5:45pm
Fees: $10/day $200/mo
Breakfast & pm snack provided.

Community Action Program for Children (CAPC)

CAPC is a community-based children’s program that promotes the healthy development of young children. For more information and to register, please call 604.718.5821 or 778.245.2428.
Fall programs:
• Food Security Program (fruit and veggie hampers)
• Parents Training (FoodSafe and Save that Child)
• Parents Circle Time (1st/2nd Fri/mo)
• Spanish Mother Goose/Mama Ganso (0-2yrs)

Spanish Mother Goose / Mama Ganso (0-2yrs)
Disfrute de una hora de rimas, canciones, juegos y cuentos en Español consus pequenos.
Mon Sep 18-Nov 27 Free*
1-2yrs 10:30-11:30am
0-12mo 12:30-1:30pm *Call 604.215.8289 to register.
Preschool

Toddler Art (18m-3yrs)
Art is a wonderful sensory experience through which you and your child can collaborate. Emphasis is placed on the creative process and exploration of materials. Be on time for an inspirational story. Dress for mess! No class Oct 2 & 9.

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<tr>
<th>Day</th>
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<th>Time</th>
<th>Room</th>
<th>Instructor</th>
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<tr>
<td>Mon</td>
<td>Sep 18-Nov 6</td>
<td>9:45-10:30am</td>
<td>RAR</td>
<td>Helen</td>
<td>$79/6 sess</td>
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Language

Baby Sign Language (0-2yrs)
Babies understand and can communicate long before they’re able to speak. Research shows that babies who are offered Sign Language learn more quickly and talk earlier. With songs and games, learn how to teach your baby basic American Sign Language (ASL) so they can better convey their wants and needs and relieve unnecessary frustration.

The instructor will teach you the signs and songs so you can practice at home. Babies can sleep during class or you can bring toys. Please bring your own blanket or mat to sit on. No drop-ins.

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<th>Day</th>
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<th>Time</th>
<th>Instructor</th>
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<tr>
<td>Wed</td>
<td>Sep 20-Oct 18</td>
<td>9:45-10:30am</td>
<td>Matt</td>
<td>$77/5 sess</td>
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Music

Music Together® (0-5yrs)
Learn how to share the joys of music-making and the powerful benefits of having music in your young child’s life! Our 9 award-winning music collections and research-based curriculum supports parents at home and keeps the music making alive all week. Each child’s natural musicality is nurtured through singing, dancing, listening and exploring musical instruments.

Parent participation is required. Siblings attend at a reduced rate and children 6mos and under attend free with a registered sibling. The $58 Music Together licensing fee is non-refundable after the first class. No class Oct 7 and Nov 11.

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<tr>
<td>Tue</td>
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<td>10:30-11:15am</td>
<td>Noa</td>
<td>$217.50/11 sess</td>
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<tr>
<td>Wed</td>
<td>Sep 20-Nov 29</td>
<td>10:00-10:45am</td>
<td>Karina</td>
<td>$217.50/11 sess</td>
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<tr>
<td>Sat</td>
<td>Sep 16-Dec 2</td>
<td>10:30-11:15am</td>
<td>Karina</td>
<td>$203/10 sess</td>
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Dance

Ballet/Jazz Dance (2-6yrs)
Jump, skip and twirl! Children will learn a variety of ballet exercises as well as the basic fundamentals of jazz dance while developing their own creative expression.

Parent participation required for 2-4yrs classes. 4-6yrs classes are closed; however, in the final week of the session we invite parents to stay for a presentation of what we have been learning. No class Sep 30 and Oct 7.

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<th>Time</th>
<th>Instructor</th>
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<tbody>
<tr>
<td>Sat</td>
<td>Sep 9-Dec 9</td>
<td>CFEC</td>
<td>Endorphin Rush Dance</td>
<td>$150/12 sess</td>
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<td>466483</td>
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<td>9:20-10:00am</td>
<td>2-4yrs</td>
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<td>466492</td>
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<td>10:15-10:55am</td>
<td>2-4yrs</td>
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<td></td>
<td>466499</td>
<td></td>
<td>11:10-11:50am</td>
<td>3-4yrs</td>
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<td></td>
<td>466516</td>
<td></td>
<td>1:00-1:40pm</td>
<td>4-6yrs</td>
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Hip Hop/Jazz Dance (3-6yrs)
Combine the style of hip-hop with the technical skills of jazz! Learn steps, jumps, turns, stretches and fun choreography to your favourite music. Please wear comfortable stretchy clothing and non-marking shoes. Children must be able to participate without a parent. No drop-ins. No class Sep 30 and Oct 7. For more info, visit kirbysneldance.com.

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<tr>
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<td>Sep 9-Dec 9</td>
<td>CFEC</td>
<td>Endorphin Rush Dance</td>
<td>$150/12 sess</td>
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<td>466519</td>
<td></td>
<td>12:05-12:45pm</td>
<td>3-4yrs</td>
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<td>1:00-1:40pm</td>
<td>4-6yrs</td>
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Physical Activity

Axe Capoeira Beginner

Mini Kids (3-6yrs)
All levels welcome. Classes cover all aspects of Capoeira: Martial arts, dance, music, acrobatics, culture, language and more. Classes focus on developing rhythm, reflexes, balance, coordination, strength and flexibility. Classes do not pro-rate; monthly rate only.

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<tr>
<td>Tue</td>
<td>Sep 5-29</td>
<td>5:00-5:45pm</td>
<td>Marcus</td>
<td>$85/mon</td>
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<td>Oct 6-27</td>
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<td>Nov 28-Dec 15</td>
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Kindergym (1-5yrs)
Run, jump and roll in a gym full of mats and playground equipment. Parent supervision required. Pay $3 drop-in fee at the pool and bring receipt to Stephanie or give them a pre-purchased strip ticket ($25/10tx).

Parents, please assist Stephanie at the end of the program by helping put the large equipment away. No class Sep 23 & 30, Oct 7, and Nov 11.

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<tr>
<td>Sat</td>
<td>8:45-10:15am</td>
<td>Sep 16-Nov 25</td>
<td>Gym D</td>
<td>$3/drop-in</td>
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Sportball Parent/Child Multisport (2-3yrs)
Multisport classes teach children introductory physical skills and help them develop confidence through 8 different ball sports. Parent participation required. No class Oct 1 & 8, and Nov 12.

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<th>Day</th>
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<th>Instructor</th>
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<tr>
<td>Sun</td>
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<td>Sep 17-Nov 26</td>
<td>Gym D</td>
<td>$142.80/8 sess</td>
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Sportball Multisport (3.5-5yrs)
Multisport classes teach children methods to practice and refine gross motor skills through 8 core ball sports. This program reinforces the benefits of teamwork and skill development, and enables children to gain confidence and develop social skills to succeed in sport and life. No class Oct 1 & 8, and Nov 12.

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<tr>
<td>Sun</td>
<td>12:15-1:15pm</td>
<td>Sep 17-Nov 26</td>
<td>Gym D</td>
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Baby and Me Yoga (16yrs+)
Baby and Me Yoga classes are designed with the birthing parent and new baby in mind. Connect with your young one with playful asana (exercises) as you stretch, breathe and relax your body back into shape, while your baby is stimulated physically, emotionally and socially. This class is best suited for those who have healed after delivery, and for babies who are not yet very mobile. Previous yoga experience is not necessary. Bringing a blanket for baby and your own mat is recommended. Class located in CFEC, near Grandview Park. $18/drop-in.

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<tr>
<th>Set 1</th>
<th>Date</th>
<th>Time</th>
<th>Instructor</th>
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<td>Sep 13-Oct 18</td>
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<tr>
<td>Wed</td>
<td>10:30-11:30am</td>
<td>Nov 15-Dec 13</td>
<td>CFEC</td>
<td>$81.90/5 sess</td>
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http://britanniacentre.org
Science and Makers Day (6-15yrs)
Join this year’s STEM Jamboree! This family-friendly event aims to introduce you to a broad range of science, technology, engineering and math fun. There will be several organizations providing engaging activities aimed to inspire minds of all ages, including live shows by Science World. You can try out a microscope, watch a 3D printer in action, and even do some art with some disgusting bugs.
Sat 10:00am-3:00pm Gym D Free

Art
Clay for Children (6-12yrs)
Discover the sculptural properties of clay while learning a multitude of building methods, including pinch pot, slab, coil, and wheel. Artist quality, food safe materials included. No class Oct 5.
Thu 4:00-5:15pm Sep 21-Nov 16
Rm 208 $138/8 sess
463013 Helen

Clay for Two (6-12yrs)
Discover the sculptural properties of clay while learning a multitude of building methods, including pinch pot, slab, coil, and wheel with a significant adult as a collaborator. Enrolment is for parent/caregiver and child together. For more info please contact helenspaxman@yahoo.ca. Artist quality, food safe materials included.
No class Oct 11.
Wed 4:00-5:15pm Sep 20-Nov 15
Rm 208 $264/8 sess
463014 Helen

Family Pumpkin Carving (All Ages)
Celebrate Halloween by carving a pumpkin with your family. Cost is based on a family of four and will include two pumpkins. Additional pumpkins can be purchased for $5 but must be carved at the Centre. Please register by Oct 20 so the correct number of pumpkins will be available. Hot chocolate and carving utensils will be provided. Children under 12 must be accompanied by a parent or caregiver. Please bring a bag or box to carry them home!
Sun Oct 22
Helen 457960 10:30am-12:00pm $10/1 sess
457961 12:30-2:00pm
457962 2:30-4:00pm

Gingerbread Houses (All Ages)
Build the whole family (up to 4 members) to build a graham cracker gingerbread-style house. Candies, frosting and crackers will be provided; feel free to bring along your own decorations. Please register by Dec 8 so the correct number of kits will be available. Children under 12 must be accompanied by a parent or caregiver. Must be created on site. Bring a bag or box to carry them home!
Sun Dec 10
Helen 457963 10:00am-12:00pm $10/1 sess
457964 1:00-3:00pm

Music
Piano (6yrs+) & Clarinet (10yrs+)
Continue your music studies or begin an instrument and enjoy a lifetime of making music! These lessons consider student’s development and goals. Conservatory exam preparation is available. An on-going program from September-June, students are ensured placement for the duration of their studies. Payment is made in advance of each set. Lesson costs shown below are for 30 minutes, but 45 and 60 minutes per week are available to more advanced students at the discretion of the instructor. Private lessons are for beginner to senior levels. New students may start anytime during the season. Clarinet students must provide their own instruments. Please contact instructor before registering for lesson times at janine.oye@gmail.com. Phone-in or in-person registration only, no online. Please call 604.718.5800 ext 1. No classes Oct 20 & 21, and Dec 8 & 9.
Set 1
Fri 6:15-9:00pm Sep 8-Oct 27
469925 $196/6 sess
Sat 9:00am-4:00pm Sep 9-Oct 28
469921 $196/6 sess
Janine Preteen Centre

Set 2
Dec 17 recital at Killarney Community Centre (Room 205, Dance Studio) from 6:30-8:30pm included in course fees.
Fri 6:15-9:00pm Nov 3-Dec 17
469929 $196/6 sess
Sat 9:00am-4:00pm Nov 4-Dec 17
469928 $196/6
Janine Preteen Centre

Language
Hola Spanish for Kids (4-9yrs)
Hola Spanish for kids is a unique opportunity to hear the Spanish Language in a joyful, safe and fun environment. Join us in experiencing Latin culture. Children will experience the Spanish language in a meaningful, real-life context, from a variety of sources. Supervised and instructed by highly qualified native Spanish speaking teachers.
Tue 3:30-4:30pm Sep 26-Nov 28
Rink Mezz $140/10 sess
465111 Words in Motion

Free Swim
Free family-friendly swims every Tuesday, and every other Friday.
Tue 2:00-4:00pm Ongoing
Fri 6:00-8:00pm Sep 15 & 29
Free Oct 13 & 27, Nov 10

Free Members Drop-in
Britannia members can drop-in to the Fitness Centre for free during the times listed below. For more information about Britannia’s free memberships, please see page 4. The free drop-in does not apply to those with Flexipasses only.
Wed 9:00-10:00am
Sun 10:00-11:00am
Children

Camps

Funseekers Winter Break Daycamp (6-12yrs)
There are many activities and out-trips planned for the Winter Break Funseekers program! Come learn new skills, meet new friends, or simply have fun! Learn arts and crafts, play group games, and more. Register early to avoid disappointment. Please provide lunch, snack, and water daily. Parents are required to complete consent forms.

Funseekers Cancellation Policy: A $5 administration fee will be charged for each camp a refund is requested for. Refund requests must be made a minimum of one week (seven days) prior to the start of the program. No refunds after this time.

<table>
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</thead>
<tbody>
<tr>
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<td>9:00am-3:00pm</td>
<td>Gym D</td>
<td>$84/4 sess</td>
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<tr>
<td>Dec 26-29</td>
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<tr>
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Tennis Academy Mini (6-8yrs)
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<tbody>
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<td>2:00-3:30pm</td>
<td>Gym D</td>
<td>$221/9 sess</td>
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<td>Sep 16-Nov 25</td>
<td></td>
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Tennis Academy Junior (9-14yrs)
This class continues to develop tennis skills for those students who have already learned basic tennis. Students will participate in a variety of fun drills and games to enhance their skills and will be given the opportunity for game play. Bring your own racquet and runners. No class Sep 23 and Nov 11.

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vancouver.ca/leisureaccess

Low Barrier 2STGD Referrals
The Queer Inclusion Team at the Vancouver Board of Parks and Recreation offers low barrier, 3rd party referrals for Two-Spirit, trans, or gender diverse (2STGD) Vancouver residents who face financial barriers to recreation. E-mail 2STGD@vancouver.ca to apply. For more information about 2STGD programs and inclusion, see page 6.

Sports

Britannia Boxing (6yrs+)
Britannia’s own fun, inclusive, and informative boxing program where anyone can come and learn proper techniques, hit the bags, and workout with our coaches. New bags, gloves, portable ring, and more await you in our boxing gym! Come and visit our wonderful and experienced coaches, learn new skills, and break a sweat while working at your own pace.

You can stay as long, or short, as you would like—classes are unlimited. The Boxing Room is located in Gym C.

First time participants, pay $15 drop-in. After this, participants will be expected to pay the monthly fee. Fees cannot be prorated. No class Oct 9 & Nov 13.

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<tr>
<th>Days</th>
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<th>Gym</th>
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<tbody>
<tr>
<td>Mon-Fri</td>
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<td>Sat</td>
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<td>463145</td>
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<td>463094</td>
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<tr>
<td>463095</td>
<td>Dec 1-22</td>
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Boxing for Gender Diverse, Two-Spirit and Trans Youth (12-18yrs)
Britannia is very excited to add Tsvi as a second coach. This class teaches the basics of punching and footwork of boxing, which is not only fun and fosters confidence and body awareness. Boxing is also an excellent practice for coordination and overall movement literacy. Some youth learn to discover their strength, some to regulate their strength. This is a non-contact class. Equipment is provided. River is now a professional boxer who has fought for over 10 years, bringing home medals from the Canadian National Championship twice. She has been running Queer Box Camp Vancouver since 2011. Tsvi (they/he) is a neurodivergent trans boxer at Quint Boxing as well as a writer, artist, and Jewish educator. They moved to Vancouver in 2021 and started boxing at QB in December of the same year. Boxing Room is located in Gym C.

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**Micro Footie Development**

Not to be mistaken with our highly popular Spring League, Micro Footie Development is a unique training experience for youth players on Sundays in Gym C.

Players in Micro Footie Development learn Celtic turns, combination play, taking players on one-on-one, skills, out the box activities, and movement. The Micro Footie Development sessions are specifically for players who want to raise their game.

Taught by Jason Kyle (FIFA B License, MF Founder, 2018 & 2016 BC Summer Games Coach, and Micro Footie mentor to coaches), and Micro Footie coaches Talisen and Devito. No class Oct 1 & 8, and Nov 12.

Sun  Sep 10-Dec 10  Gym C  $173.25/11 sess
Jason
463105  4-5yrs  9:00-10:00am
463106  6-7yrs  10:00-11:00am
463107  8-9yrs  11:00am-12:00pm

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**Physical Activity**

**Traditional Kung Fu (6yrs+)**

This Northern Shaolin Style class will teach you traditional forms, weapon forms, sparring and self-defense. It will help you gain physical and mental strength, and develop self-confidence and discipline. Membership fee of $2 per month for the Northern Shaolin Lung Chi Cheung Association is included in the fee. Students must be able to attend Monday and Friday classes regularly. Fees do not pro-rate. No class Oct 2, 9, & 20, Nov 13, and Dec 8.

**Beginner**

<table>
<thead>
<tr>
<th>Sun</th>
<th>Sep 11-Dec 11</th>
<th>CFEC</th>
<th>$198/22 sess</th>
</tr>
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<tbody>
<tr>
<td>463124</td>
<td>Marquis</td>
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</table>

**Intermediate**

<table>
<thead>
<tr>
<th>Sun</th>
<th>Sep 11-Dec 11</th>
<th>CFEC</th>
<th>$214/22 sess</th>
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<tbody>
<tr>
<td>463125</td>
<td>Marquis</td>
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**Advanced**

<table>
<thead>
<tr>
<th>Sun</th>
<th>Sep 11-Dec 11</th>
<th>CFEC</th>
<th>$230/22 sess</th>
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<tbody>
<tr>
<td>463123</td>
<td>Marquis</td>
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**Mindfulness & Movement for Kids (6-10yrs)**

Join the Yoga Buggy for a fun class that incorporates music, yoga poses, games, mindfulness activities, breath, storytelling, dance, and so much more! Yoga is a wonderful tool for children to learn about and manage their developing physical, social, and emotional lives. Our classes provide a safe and inclusive space where children can socialize in positive ways, learn skills for self-regulation and have a ton of fun while doing it. We take a child-centered approach to yoga and celebrate the diversity and uniqueness of all participants. Everyone is welcome. We are so excited to play yoga with you! Sign up today.

**Set 1**

<table>
<thead>
<tr>
<th>Fri</th>
<th>3:15-4:15pm</th>
<th>Sep 15-Oct 20</th>
<th>$54/6 sess</th>
</tr>
</thead>
<tbody>
<tr>
<td>463129</td>
<td>Yoga Buggy</td>
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</table>

**Set 2**

<table>
<thead>
<tr>
<th>Fri</th>
<th>3:15-4:15pm</th>
<th>Oct 27-Dec 1</th>
<th>$54/6 sess</th>
</tr>
</thead>
<tbody>
<tr>
<td>463130</td>
<td>Yoga Buggy</td>
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**Axe Capoeira**

Students enrolled in these classes must have a minimum of 1 year consistent Capoeira experience, or permission from the school. We offer ongoing classes for children and youth. Classes cover all aspects of Capoeira: Martial arts, dance, music, acrobatics, culture, language and more. Classes focus on developing rhythm, reflexes, balance, coordination, strength and flexibility. Uniform is required to join class. Fees do not pro-rate; monthly rate only. See page 12 for beginner classes. See page 23 for 16yrs+ classes.

**Intermediate Mini Kids (5-7yrs)**

This is an intermediate program; students should have a full knowledge of basic movements and this class will focus on more advanced movements in Capoeira, which will prepare students for the youth program.

<table>
<thead>
<tr>
<th>Tue/Fri</th>
<th>6:00-6:45pm</th>
<th>Cafeteria</th>
<th>$85/mo</th>
</tr>
</thead>
<tbody>
<tr>
<td>Marcus</td>
<td>463143</td>
<td>463064</td>
<td>463065</td>
</tr>
<tr>
<td>Sep 5-29</td>
<td>Oct 3-27</td>
<td>Nov 28-Dec 15</td>
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</tbody>
</table>

**Youth (7-15yrs)**

Please note: This is not an introductory class. Students are expected to execute all basic movements of Capoeira. Mon/ Fri classes in Cafeteria. Weds classes in CFEC. No class Sep 25 & Oct 9.

<table>
<thead>
<tr>
<th>Mon/Wed</th>
<th>5:00-6:00pm</th>
<th>Fri 6:45-7:30pm</th>
<th>$105/mo</th>
</tr>
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<tbody>
<tr>
<td>Marcus</td>
<td>463144</td>
<td>463067</td>
<td>463068</td>
</tr>
<tr>
<td>Sep 5-29</td>
<td>Oct 4-30</td>
<td>Nov 27-Dec 15</td>
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</table>
Children

Britannia Gymnastics Club

This popular community recreation program will help your child develop their self-esteem, strength, flexibility, agility and coordination through the fundamentals of gymnastics. Children can wear a bodysuit, or shorts and t-shirts.

Our fantastic, enthusiastic team of coaches—Henry, Lailah, Ramin, Sasha, and Vivian—are looking forward to another great gymnastics season! For more information, visit: britanniagymnastics.com

<table>
<thead>
<tr>
<th>Fall 2023 Schedule</th>
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<tbody>
<tr>
<td><strong>Sat</strong></td>
</tr>
<tr>
<td>463091 Tiny Tumblers</td>
</tr>
<tr>
<td>463087 Junior Jumpers A</td>
</tr>
<tr>
<td>463088 Junior Jumpers B</td>
</tr>
<tr>
<td>463084 Future Flyers A</td>
</tr>
<tr>
<td><strong>Sun</strong></td>
</tr>
<tr>
<td>463082 Dynamic Duo A</td>
</tr>
<tr>
<td>463083 Dynamic Duo B</td>
</tr>
<tr>
<td>463085 Future Flyers B</td>
</tr>
<tr>
<td>463092 Tiny Tumblers</td>
</tr>
<tr>
<td>463089 Komet Kids</td>
</tr>
<tr>
<td>463081 Demo Team*</td>
</tr>
<tr>
<td>463086 Future Flyers C</td>
</tr>
<tr>
<td>463090 Performance Plus*</td>
</tr>
</tbody>
</table>

All programs take place in Britannia Secondary School, 1001 Cotton Drive, Gym A/B.

Dynamic Duo (18mo-3yrs)
Your child will be introduced to gymnastics through tumbling, song, and games. Grow with your child through parent participation.

Tiny Tumblers (3-4yrs)
This popular community program will promote your child's self-esteem and develop strength, flexibility, agility and coordination through the fundamentals of gymnastics.

Junior Jumpers (4-5yrs) / Komet Kids (5-6yrs)
Develop your child's self-concept and self-esteem in a highly energetic and positive environment. Innovative coaching styles and progressive training will teach basic to advanced skills in all gymnastic events. Beginners and those who have already taken gymnastics are welcome.

Future Flyers (6-9yrs)
This program provides training in beam, floor, vault and bars. Gymnasts are encouraged to create routines, perform to the best of their ability and are given positive feedback on each event.

Performance Plus (9-15yrs)*
For recreational, advanced recreational and competitive athletes. Athletes will have the opportunity to participate in two gymnastics meets to showcase their personal ability (Delta and Bowen Island). They perform routines and are scored on beam, floor, vault and bars. Last year's athletes have priority registration.

Demo Team (9-15yrs)*
Athletes will learn tumbling, stunting, dancing and circus arts. Previous gymnastics or dance experience required. Participation in BC Gymnaestrada event. Additional costs for gymnastics competitions and/or body suits.

*These teams are currently full. Please contact fraser.mcelroy@vancouver.ca to be added to the waitlist. Please note: A skills-based assessment needs to be completed before joining this program.

Volunteer With Us
Do you have prior experience in gymnastics? The Britannia Gymnastics Club is looking for a few passionate volunteer assistant coaches. If you are interested, please send your resume to yao.zhang@vancouver.ca.
Social

Girl+ Club (10-13yrs)
Girls+ get together to explore your creativity, discover your talents, and share your stories with your friends and meet new friends. A self directed program with a mixture of laughter and leadership. Please pre-register.

Thu 7:30-8:20pm Sep 14-Dec 14
Preteen Centre
463465 Tiana

After School Programs

Hip Hop Dance (8-13yrs)
Learn this popular style of street dance evolving from hip hop culture and music. Develop individual techniques and a group routine in the fun and energetic class!

Tue 3:30-4:45pm Sep 19-Dec 5
CFEC $60/12 sess
463460 Marnie

Music Makers (8-12yrs)
Using a practical approach to learning music production, this program will be a highly effective and engaging way for beginners to learn and create their own music. Through the use of an app and using the concepts of rhythm and melody, bring your songs and ideas to life.

8-10yrs
Thu 3:30-4:45pm Sep 21-Dec 7
CFEC $48/12 sess
467850 Will

10-12yrs
Wed 3:30-4:45pm Sep 20-Dec 6
CFEC $48/12 sess
463461 Will

Red Fox Active Play (5-12yrs)
Red Fox's flagship Active Play program gives children the chance to be healthy, have fun and get inspired by positive youth role models from their own communities. Red Fox Youth Leaders guide children through energetic group games, circus arts, and other physical activities that cultivate self-confidence, social connections, and new skills. This free program is open to children of all ages and abilities. To register, please call 604.343.6536 or email info@redfoxsociety.org. No session Dec 1.

Fri 3:15-4:45pm Sep 15-Dec 15
Gym D Free* Red Fox *Registration required.

Sports

Youth Fitness (8-13yrs)
Improve running form, change of direction, and agility. In addition to drills, we’ll do a variety of workouts outdoors. This program combines a disciplined focus on fitness and improving athletic skills—like speed and change of direction—with competitive fun games, drills and relays. Please bring a water bottle and towel.

Thu 3:15-4:45pm Sep 21-Dec 14
Gym C  $104/13 sess
463449 Game Ready

Basketball – Beginner (8-12yrs)
Focus on the fundamentals! The primary emphasis will be age- and ability-appropriate skill development. This reflects the recommendations of the National Coaching Certification Program Long Term Athlete Development Model. Increasing skill competency increases likelihood that children will gain the confidence to continue to play and enjoy playing basketball. Please bring a water bottle and towel. No session Sep 23 & 30, Oct 7, and Nov 11.

Sat 11:00am-12:15pm Sep 16-Dec 16
Gym D $40/10 sess
463467 Senthieepan

Basketball – Intermediate (9-13yrs)
A step up from beginner basketball. Players must know rules of the game, have experience with game play, and have fundamental development of skills. The primary emphasis will be age- and ability-appropriate skill development.

Increasing skill competency increases likelihood that children will gain the confidence to continue to play and enjoy playing basketball. Please bring a water bottle and towel. No session Sep 23 & 30, Oct 7, and Nov 11.

Sat 12:30-1:45pm Sep 16-Dec 16
Gym D $40/10 sess
463468 Senthieepan

Youth Basketball Drop-in (8-13yrs)
Drop-in preteen youth basketball for all levels. Please note: This is a non-instructional session. Please bring your own basketball. No session Sep 29.

Fri 5:00-6:45pm Sep 8-Dec 29
Gym C Free

Special Events

Preteen Dance (10-13yrs)
DJ 2 Scoops plays the music. You and your friends will have a blast. Concession will be open for sale of glow sticks, glow necklaces, snacks and pizza. Grade 6-7 only. Parental consent form must be completed and are available 1 week before the dance. Pay $2 at the door.

Fri 6:30-9:00pm Oct 20, Dec 8
CFEC $2/1 sess

Free Youth Swim (11-18yrs)
Britannia’s youth-only swim time, every other Friday. Contests, prizes, games and fun staff! Swim lessons are available to interested youth for the first 30 minutes; work on skills or improve your swimming abilities.

Fri 6:00-8:00pm Sep 8 & 22, Oct 6 & 20, Nov 3
Britannia Pool

Science and Makers Day (6-15yrs)
Join this year's STEM Jamboree! This family-friendly event aims to introduce you to a broad range of science, technology, engineering and math fun. There will be several organizations providing engaging activities aimed to inspire minds of all ages, including live shows by Science World. You can try out a microscope, watch a 3D printer in action, and even do some art with some disgusting bugs.

Sat 10:00am-3:00pm Sep 23
Gym D Free

Camps

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Fri 6:30-9:00pm Oct 20, Dec 8
CFEC $2/1 sess

Britannia Info Centre: 604 718 5800 ext. 1
Youth

Welcome to the Teen Centre
A place in the community dedicated to youth. All youth 13-18yrs are welcome. Come play pool, foosball, ping pong, video games, or use the public access computer.

The Teen Centre is a place to:
- Meet people
- Get information or support
- Share your ideas and interests
- Have fun

Youth, volunteers and youth workers work together to plan and run programs and activities for the Teen Centre. Join our Youth Committee to set direction for programs.

Pick up your copy of our monthly activities calendar at the Teen Centre. If you do not see what you are looking for then get involved and make it happen!

Drop-in Hours
Mon-Fri: 3:00-9:00pm

Registration
Register for all Teen Centre programs at the Teen Centre. Please note: A signed parent consent form is required for many of our programs. For more information, call 604.718.5828.

Staff
Youth Programmer:
Tom Higashio 604.718.5826
tom.higashio@vancouver.ca

Latin American Youth Programmer:
TBA 604.718.5826

Teen Centre Staff:
Barry, Jadon, Joel, Manuel, Tiana, Tom

Indigenous Youth Cadets (12-15yrs)
Youth have an opportunity to develop leadership skills while learning about Indigenous culture and policing through the Metro Vancouver Transit Police Blue Eagle Community Cadets program. Led by Indigenous Liaison Officer Constable Kirk Rattray, the program gives young people the opportunity to:
- Work in a team environment
- Help their community
- Explore various career options
- Take part in a variety of activities
- Strengthen physical and mental health
- Meet strong Indigenous role models
- Increases physical fitness and confidence

For info and to register, visit: transitpolice.ca/about-us/specialty-units/community-engagement-team/blueeagle

Metro Vancouver Transit Police

Social
Friends First Program / Grupo de Amigos (13-18yrs)
Make new friends and learn new skills! This program provides social, recreational, and educational activities. We meet every Saturday. To register and for more details, contact the Latin American Worker at 604.718.5829 or 604.787.9251. Consent forms are required to participate in the outings. Subsidies are available for all activities. No session Sep 30 and Nov 11.

Sat 1:00-5:00pm Sept 16-Dec 16
Teen Centre Free*

Queer Youth Drop-in (11-16yrs)
A safe and inclusive space for 2SLGBTQIA+, questioning or unlabelled youth ages 11-16 to authentically be themselves. Together, we'll co-create a space to share our experiences, learn from each other and have fun! Drop in any time. Snacks will be provided. Khai is a queer, cisgender, 2nd-generation Vietnamese young man who works as a Program Assistant II at Britannia. He is also the Project Assistant for UBC CampOUT! Khai is passionate about creating safe, affirming spaces for queer youth. He loves watching queer media and would be happy to chat about Heartstopper any day! Email Khai at khai.truong@vancouver.ca for more info or to discuss any access needs. No session Sep 30 and Nov 11.

Sat 1:00-5:00pm Sept 9-Dec 16
Free

Young Adult Social Club (13-18yrs)
Our goal is to provide a safe, healthy, and inclusive space where young adults can ask questions; connect and share; try new things; and even explore the city's resources, local attractions, and recreational activities. Topics may include:
- Self-identity, communication and self-advocacy, and healthy relationships;
- Finding your passion, setting goals and taking action;
- Community resources (counselling, cultural, and recreational programs);
- Self-care and life skills;
- Creative arts (painting, writing, digital media);
- Employment training; and more!

Mon/Sat 5:00-8:00pm Sept 16-Dec 16
RAR Free

Free Youth Swim (11-18yrs)
Britannia's youth-only swim time, every other Friday. Contests, prizes, games and crazy staff! Swim lessons are available to interested youth for the first 30 minutes; work on skills or improve swimming abilities.

Fri 6:00-8:00pm Sept 8 & 22
Britannia Pool Oct 6 & 20
Free

Nov 3

Cooking
Latin Cooking (13-18yrs)
Do you want to learn how to cook food from different Latin American countries? Come share your favorite dishes and learn new recipes! You will also learn how to choose foods that are more nutritious and shop on budget.

Thu 5:00-8:00pm Sept 7-Dec 21
55+ Centre Free*

*Registration required.

Feast of Flavours (13-18yrs)
This is a hands on cooking program. Learn to create healthy, cheap, and easy to cook meals. Youth are involved in planning, cooking, and preparing the meals.

Tue 4:00-6:30pm Sept 12-Dec 19
55+ Centre Free

Leadership
Britannia Youth Committee
We are looking for youth who want to be involved! Give back to the community, and initiate and follow through on community programs and projects. Meetings are held on the third Thursday of the month. Contact Tom at 604.718.5826 for more info.
Night Hoops (12-15yrs)
Open to all youth, including Two-Spirit and LGBTQQIA+ ages 12-15. Night Hoops Winter League returns! Join us on Saturday nights to work on the fundamentals and play and compete with friends. We start with a warm up and group skill development, and then divide athletes into teams and play 3v3 or 5v5!
Teams are reset each week to provide opportunities to play with all Night Hoops athletes. We always end with a shooting cool down. Focus will be on beginner and developmental level players. Snacks and food provided after each session.

Junior Girls+
Sat 5:30-7:00pm Sep 16-Dec 16
Gym C
463464 Kim

Junior Boys+
Sat 7:15-8:45pm Sep 16-Dec 16
Gym C
463465 Kim

Youth Fitness (13-16yrs)
A base level of fitness and movement is developed as athletes learn to appreciate exercise as a lifestyle. Basic movements, balance and coordination are honed through games, relays and drills with a focus on high energy and fun. Coaches will teach and challenge so each youth will increase confidence in their abilities. Please bring a water bottle and towel.

Thu 5:00-6:15pm Sep 21-Dec 14
Gym C
463450 Game Ready

Archery – Beginner (12-18yrs)
Intro to archery, including history and trying a variety of different bows. Emphasis will be on individual skill development. Please bring a water bottle and towel, and avoid bringing any other personal items. No session Sep 30, Oct 7, and Nov 11.

Set 1
Sat 2:00-3:30pm Sep 9-Oct 28
Gym C
468879 Bernice

Set 2
Sat 2:00-3:30pm Nov 4-Dec 16
Gym C
468880 Bernice

Archery – Intermediate (12-18yrs)
Must have completed the Beginner session to register for Intermediate. The archery instructor will provide approval to move on to Intermediate. A continuation of the intro class, including history and trying a variety of different bows. Emphasis will be on individual skill development. Please bring a water bottle and towel. No session Sep 30, Oct 7, and Nov 11.

Set 1
Sat 3:45-5:00pm Gym C
468881 Bernice
468882 Nov 4-Dec 16

Axe Capoeira Youth (7-15yrs)
See page 15 for more information.
Mon/Wed 5:00-6:00pm Fri 6:45-7:30pm
Marcus
Caf/CFEC $105/mo
463144 Sep 6-29
463067 Oct 4-30
463068 Nov 27-Dec 15

Youth Extravaganza (13-19yrs)
Kick off the new year with a blast! DJ party, BBQ, contests, temporary tattoos, lots of games and activities, and lots of cool prizes! Look for more details at your school in September, or come by the Teen Centre for more info.

Fri 7:00-10:00pm Sep 29
Gym C $5/1 sess

Outdoor Programs
The Great Escape Outdoors – GEO (13-18yrs)
We offer a variety of outdoor activities suitable for almost any level of fitness. It is a great way to explore our incredible surroundings, learn new things, and meet lots of great people. We’ll have variety of activities. Pick up a monthly calendar to get a complete listing. We provide all necessary equipment, food, transportation, and guides/instructors, unless otherwise stated. Any overnight trip has co-ed leaders and at least one trained staff in Wilderness First Aid. The cost of the outings should not prevent any youth from participating, so let staff know. If you have any questions or would like to register please call 604.718.5828. All registration done at the Teen Centre.

Physical Activity
Youth Open Gym (13-16yrs) Sun
Gym C

Basketball Open Gym (13-16yrs)
Fri
Gym D Free

Indoor Soccer (11-18yrs)
Free drop-in soccer for youth (with high school ID). New players welcome!

Wed 7:15-9:00pm Sep 6-Dec 20
Gym C Free

Mon/Wed 5:00-7:00pm Sep 12-Dec 19
Gym D Free

Adapted Fitness Boxing (13-18yrs)
This non-contact class for neurodiverse youth will teach the basics of punching and footwork of boxing, which is not only fun but fosters confidence and body awareness. Boxing is an excellent practice for coordination and overall movement literacy. Some kids learn to discover their strength, some to regulate their strength. One-to-one support is not provided; the ratio is 1 instructor to up to 10 youth. Equipment provided. Please bring a water bottle and towel. The Boxing Room is located in the Gym C building.

Thu 7:15-8:15pm Boxig Rm
Jay 473971 Sep 21-Oct 26
473972 Nov 2-Dec 7

Boxing for Gender Diverse, Two-Spirit and Trans Youth (12-18yrs)
Britannia is very excited to add Tsvi as a second coach. This class teaches the basics of punching and footwork of boxing, which is not only fun and fosters confidence and body awareness. Boxing is also an excellent practice for coordination and overall movement literacy. Some youth learn to discover their strength, some to regulate their strength. This is a non-contact class. Equipment is provided. River is now a professional boxer who has fought for over 10 years, bringing home medals from the Canadian National Championship twice. She has been running Queer Box Camp Vancouver since 2011. Tsvi (they/he) is a neurodivergent trans boxer at Quirr! Boxing as well as a writer, artist, and Jewish educator. The Boxing Room is located in Gym C.

Wed 3:30-4:30pm Sep 20-Dec 13
Boxing Rm
463057 River

$143/14 sess
**Grupo de Amigos / Friends First Program (13-18yrs)**


Make new friends and learn new skills! This program provides social, recreational, and educational activities. We meet every Saturday. To register and for more details, call 604.718.5829. Consent forms are required to participate in the outings. Subsidies are available for all activities. Spaces are limited; registration is required. No session Sep 30 and Nov 11.

**Sat/Sáb 1:00-5:00pm**  
**Sep 16-Dec 16**  
**Teen Centre**  
Free/Gratis*  
*Registration required.

**Comité de Juventud Latinoamericana / Latin American Youth Committee (13-18yrs)**

Buscamos jóvenes que estén interesados en iniciar nuevos programas y actividades para nuestra comunidad. Si desea apoyar a nuestra comunidad, iniciar nuevos proyectos y eventos, llama al 604.718.5829. Nos reunimos el primer miércoles de cada mes de 4:00-5:00pm.

We are looking for young people who are interested in starting new programs and activities for our community. If you want to support our community, start new projects and events, please contact 604.718.5829. We meet on the first Wednesday of each month from 4:00-5:00 pm.

**Fútbol Sala Mixto / Co-ed Indoor Soccer (11-18yrs)**

Fútbol para jóvenes (con identificación escolar). ¡Nuevos jugadores son Bienvenidos!

Free drop-in soccer for youth (with high school ID). New players welcome!

**Tue/Mar 5:30-7:00pm**  
**Sep 12-Dec 19**  
**Gym D/Gim D**  
Free/Gratis*  
*Registration required.

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**Latin American Youth Program / Programa Juvenil Latinoamericano**

The Latin American Youth Program (LAYP) offers cultural and recreational activities for Latinx youth ages 13-18yrs. These activities range from organized recreational programs to advocacy and referral services. For more information and to register, please contact the Latin American Youth Worker at 604.718.5829 or 604.787.9251.


**Cocina Latinoamericana / Latin Cooking (13-18yrs)**

¿Quieres aprender a cocinar comida de diferentes países de América Latina? ¡Ven, comparte tus platos favoritos y aprende nuevas recetas! También aprenderás a elegir alimentos más nutritivos y económicos.

Do you want to learn how to cook food from different Latin American countries? Come share your favorite dishes and learn new recipes! You will also learn how to choose foods that are more nutritious and shop on budget.

**Thu/Jue 5:00-8:00pm**  
**Sep 7-Dec 21**  
**55+ Centre**  
Free/Gratis*

**Clubes de Español / Spanish Clubs**

¿Qué son los clubes de español? Un lugar para reunirte con los estudiantes latinos de tu escuela, divertirte, aprender más sobre la cultura latinoamericana y saber qué actividades y programas se llevan a cabo en tu comunidad. Brindamos juegos, música, y talleres. Si estás interesado en tener un club de español en tu escuela llama al 604.718.5829.

What are Spanish Clubs? A place to meet the Latinx students in your school, have fun, learn more about Latin American culture, and know what activities and programs are going on in your community. We provide games, music, and workshops. If you are interested in having a Spanish Club at your school contact 604.718.5829.
Music
Solidarity Notes Labour Choir (16yrs+)
Solidarity Notes Labour Choir is a group of social justice, environmental and labour activists who know that music is more than pleasurable sound; it’s a powerful language to educate, connect us and remind us of our strength and history. We are a non-auditioned choir and welcome everyone. We suggest a fee of $35/month, but if you can’t afford that, pay what you can. If you can’t afford anything, that’s ok too. For more info please contact Carol at 604.526.4959. Check solidaritynotes.ca for our practice schedule; no session Oct 8 & Nov 12. Britannia membership required.
Sun 10:30am-12:30pm Sep 10-Dec 17
55+ Centre Earle
$35/mo

African Drumming (16yrs+)
Learn how to play traditional West African rhythms on hand drums (djemébs) and base drums (dununs). These lessons are fun and concentrated. Learn foundational rhythms and playing techniques.
Level 1 lays the foundation for higher-level courses. Completion of Level 1 required to move onto Level 2, and completion of Level 2 required to move onto Level 3 (or permission from the instructor). He can be contacted through his website: drumming.ca. Levels 2 & 3 can be repeated several times as new djembe and dunun rhythms are taught every course. Drums are supplied in class or BYOD. No class Oct 28.

Level 1
Sat 2:30-3:45pm Sep 16-Nov 11
Cafeteria
466594 Russell
$147.00/8 sess

Level 2
Wed 8:00-9:15pm Sep 13-Nov 1
Cafeteria
466588 Russell
$147/8 sess

Sat 12:30-1:45pm Sep 16-Nov 11
Cafeteria
466595 Russell
$147/8 sess

Level 3
Wed 6:30-7:45pm Sep 13-Nov 1
Cafeteria
466591 Russell
$147/8 sess

Sat 11:00am-12:15pm Sep 16-Nov 11
Cafeteria
466596 Russell
$147/8 sess

VLACC Choir – Canto Vivo (7yrs+)
Canto Vivo, the Vancouver Latin American Cultural Centre Choir, creates community around a love for Latin American music. Since 2017, Canto Vivo has built a strong sense of community among the singers and with the broader Vancouver community. Its current and past members are from over 15 different countries in Latin America and beyond! Canto Vivo’s choirmaster and music director, Dr. Sérgio Pires, holds degrees in choral conducting and music education and has many years of experience developing community choirs. The choir’s repertoire includes popular and traditional songs from all over Latin America in Spanish and Portuguese, most of them arranged especially for the group by Sérgio. To inquire about participating, please email danais@vlacc.ca. Please obtain a VLACC and a Britannia membership.

Wed 7:00-9:00pm Sep 6-Dec 13
55+ Centre
Register through VLACC
Sérgio
$70/term

Carnival Band (All ages)
Looking for an excuse to dust off that horn (clarinet, glockenspiel) in the back of your closet? Looking for a way to bring a little music and colour to your community? The Open Air Orchestra Society invites you to our street band workshops, led by the incomparable Ross Barrett, Tim Sars, and various guest instructors. All levels and ages welcome. Suggested donation is one hour’s wage or $5 pay-what-you-can. Britannia membership required. For more info email vancouvercarnivalband@gmail.com. No session Oct 2 & 9, and Nov 13.

Mon 7:00-9:30pm Sep 11-Dec 18
55+ Centre
By donation
Tim/Ross

Arts
Art Therapy – Connecting to Self (18yrs+)
Art therapists, Jill Sones and Andrea Rodgers will be co-facilitating a 6-week, strength-based and person-centered art therapy group. Art therapy combines the creative arts with psychotherapy to enhance emotional, mental and physical well-being. The group is designed to connect people to their creativity and inner resources and raise self-awareness. Participants will explore different materials and themes. No previous art experience is necessary. Basic materials will be provided but you are welcome to bring additional materials. No class Oct 9.

Mon 6:30-8:00pm Sep 11-Oct 30
FAR
466875 Jill
$191.63/6 sess

Banner Painting 2-day Workshop (12yrs+)
“*When we work with love we renew the spirit; that renewal is an act of self-love, it nurtures our growth.__ bell hooks*
Theme: Renewal. Use high quality water-based fabric paints to help create the next set of colourful banners to hang in pairs outdoors around the site and in the Library. Children under 12 must be accompanied by an adult. Please register each painter; caregivers can register for free (in-person or by phone). Wear old clothes, bring a lunch and a colour sketch of your idea. Materials provided.
Sat-Sun 10:00am-4:00pm Nov 25-26
Cafeteria
469980 Helen
$202 sess

Working With Cement (16yrs+)
Cement is both an easy and challenging medium to use to make useful homemae. Learn some techniques and handy tricks to make your own cement bowl to take home. From choosing your mold, mixing and pouring your concrete, curing and sealing, Karine Zamor (the Cement Lady) will show you a window to her passion.
Sat 2:00-4:00pm Oct 14-21
Rink Mezz
471278 Karine
$84/2 sess

Pottery – Introduction (16yrs+)
Experience the joy of creating your own dishes from a lump of clay! This course is a survey of the basic methods of hand-building, using the wheel, and surface decoration, and an introduction to the Britannia studio. No experience necessary! Clay and glazes are included. *Last class for both sessions is Tuesday, November 14. No class Oct 6 & 10.

Tue 7:00-9:00pm Sep 19-Nov 14
462982
$260.82/8 sess

Fri* 7:00-9:00pm Sep 22-Nov 14
462986
$260.82/8 sess

Pottery – Continuing (16yrs+)
Further develop your pottery skills in hand-building and on the wheel. Attention is given to the sculptural as well as the functional aspects of pottery; students are self-directed with more one-on-one instruction. This is not a wheel-only program. Pre-req: Intro to Pottery or contact the instructor at 604.257.3087. Clay and glazes are included. More classes will be offered based on waitlist. *Last class is Tuesday, November 14. No class Oct 11.

Wed 6:30-9:00pm Sep 20-Nov 14
Rm 208
462987 Helen
$288.75/8 sess

*VLACC Choir ‒ Canto Vivo
**Pottery – Introduction (16yrs+)
***Pottery – Continuing (16yrs+)
****Carnival Band (All ages)
**Language**

**Baby Sign Language (0-2yrs)**
For more information, see page 9.

**VLACC Reading Group (16yrs+)**
Envisioned in the model of book clubs, this reading group focuses on Latin American short stories. The stories are English translations and the discussions are lead in English. Co-presented with the Latin American Studies department of UBC, these sessions will generate community dialogues. This event is open to anyone interested in short stories written by Latin American authors. No background in Latin American literature or culture is required. To register, please visit www.vlacc.ca.

**Spanish – Beginners (19yrs+)**
Learn about Latin culture and its language through dynamic and interactive sessions led by highly experienced native speakers. Everyday topics will be taught.

**Spanish – Intermediate (19yrs+)**
This is for students who have taken beginner Spanish and can converse in Spanish. Learn about Latin culture and its language through dynamic and interactive sessions led by highly experienced native speakers.

**Dance**

**Sabor Cubano Movement Workshop (19yrs+)**
Learn the foundations of traditional Cuban dances—Rumba, Mambo, Cha-cha-cha, and Conga—in this series of six workshops. Afro-Cuban dancer and instructor Yula Vostretsova will provide an inclusive and relaxing environment to explore movement while having fun. Each session will start with a warm-up followed by basic steps and simple movement combinations. Open to all levels of abilities; no previous experience is necessary. $15/drop-in, space permitting. No class Sep 30 and Oct 7.

**Bollywood Cardio Dance (19yrs+)**
An invigorating cardio dance class for all levels. High energy songs from Bollywood culture. Sweats, stretches and smiles guaranteed! No class Nov 11. $15/drop-in, space permitting.

**Parade of Lost Souls Dance Workshops**
By donation ($5-10 minimum suggested). Participants under 15 years of age must be accompanied by an adult.

**Salsa Cubana & Rueda De Casino**
Singles and couples welcome. The basics of Merengue, Bachata and other Latin steps are taught during warm-up. Upon completion of each program, the instructor will assess the student’s level and determine if they can move up to the next level.

**Beginner (18yrs+)**
No experience necessary. This is your introduction to Cuban Salsa! We will start with the basic steps, at first in a line but soon you will be using what you have learned in the circle-formation known as a Rueda. We will quickly progress to passing followers from one leader to the next, to turns and moves such as Villacal, Casate, Sombrero, etc.

**Beginner/Intermediate (18yrs+)**
We will continue where we left off in the Beginner class and will add more moves, such as La Ye Simple, La Ye, Sombrero Complicado, Tornillo, Pelota, Setenta, etc.

**Intermediate (18yrs+)**
We will review the moves learnt in the Beginner/Intermediate class and learn new moves such as La Ye Simple, La Ye, Sombrero Complicado, Tornillo, Pelota, Setenta, etc. No class Oct 2 & 9, and Nov 13.

**Advanced (18yrs+)**
In this class, you will learn some complex variations of moves, such as Caramelo, Malanga, Camina, A lo Cubano, Setenta y Virate, Despeinada, El Salao, Bombero, etc. as well as moves involving two couples. Pre-requisite: Previous experience, successfully completed Intermediate Salsa Cubana Rueda class, and consultation with the instructor before beginning the course.
Food

Grandview Woodland Food Connection (GWFC) is dedicated to supporting healthy food access for all. In partnership with Britannia Community Centre, the GWFC is pleased to offer a range of community food programs. If you’d like to get involved, email gwfcnetwork@gmail.com or visit: gwfoodconnection.com

Looking for Garden Enthusiasts & Ambassadors

Come volunteer with us and help us care for our gardens! During these weekly garden work parties and skill-sharing sessions, you will have the opportunity to gain hands-on experience and learn from experienced gardeners. We’ll work together to care for the gardens by planting, watering, weeding and harvesting together (and yes, you will enjoy the harvest as well). All are welcome, rain or shine. No registration needed, just drop by the garden! We will either be in the Transformed Life Garden by the Courts Skate Park or the šxʷqweləwan ct Indigenous plant garden at the Carving Pavilion in the parking lot.

10:00am-1:00pm
Victoria

GWFC Committee Meetings

The GWFC is seeking Advisory Board Members to represent the many faces of our Community! Please contact Ruth Elizabeth and join us for our monthly meetings if you’re passionate about:

- Supporting the health and well-being of local residents;
- Promoting an accessible, just and sustainable food system; and
- Building the capacity of the neighbourhood through education, information sharing, and the creation of grassroots initiatives to address food security and justice issues.

Wed 6:00-8:00pm
Zoom/Board Room
Sep 6, Oct 4
Nov 1, Dec 6

Britannia Bulk Buy Food Club

Interested in fresh, healthy, and affordable food at wholesale prices? Once a month, you can purchase a $15 box of assorted produce at Britannia Community Centre. Buying together with your neighbours can help you save up to 40% on your food bill. You get 10-14 varieties of fruits and veggies plus access to supplemental donations. Email bbbfoodclub@gmail.com or call 604.718.5895 for more info or to be added to the waitlist.

Food Safety Level 1 (16yrs+)

An essential course for food service professionals and front-line workers.

- Designed for operators and staff like cooks, servers, bussers, dishwashers, and deli workers—this program focuses on food handling, sanitation, and work safety.
- Learn about foodborne illness, receiving and storing food, preparing and serving food, as well as cleaning and sanitizing.
- Participants will receive a certificate after successful completion.

Sun 10:00am-4:00pm
Board Room
Denise
$85/1 sess
Sep 17 472628
Nov 5 472630

Martial Arts

Traditional Kung Fu (6yrs+)

This class will teach you traditional forms, weapon forms, sparring and self-defense. It will help you gain physical and mental strength, and develop self-confidence and discipline. Fees do not pro-rate. No class Oct 2, 9, & 20, Nov 13, and Dec 8.

Beginner

Mon/Fri 4:30-5:45pm
CFEC
463124
Marquis
Sess 11-Dec 11
$207.90/22 sess

Intermediate

Mon/Fri 4:30-6:30pm
CFEC
463125
Marquis
Sess 11-Dec 11
$224.70/22 sess

Advanced

Mon/Fri 4:30-6:30pm
CFEC
463123
Marquis
Sess 11-Dec 11
$241.50/22 sess

Ki Aikido (14yrs+)

In Ki Aikido, we emphasize the awareness and use of Ki (mind energy, intention). We start a typical class by practicing Ki development to learn coordination of mind and body for relaxed, efficient, and powerful movement. Then we practice Ki Aikido exercises using a controlled and choreographed attack from a partner, so we can learn to sense our partner’s Ki, and redirect it. Learn how to transform potential conflict into a peaceful resolution. Suitable for all levels of physical ability. Beginners may try one free class. The High Grade class is for 1st Kyu or more advanced students. No class Nov 6 & 13.

General

Wed 7:30-9:30pm
Mat Room
463102
Louis
Sess Oct 18-Dec 13
$56.70/9 sess
$10/drop-in

High Grade

Mon 7:30-9:30pm
Mat Room
463103
Emily
Sess Oct 16-Dec 18
$42/8 sess
$6/drop-in

Ki Aikido – Women and Trans Intro Class (14yrs+)

This class is queer positive and open to self-identified women, trans folk, Two Spirit and gender diverse individuals. Looking for an embodied practice that helps you deal with the stresses of your daily life? Come give the Art of Peace a try in a supportive learning environment! Ki Aikido is a non-competitive practice that helps develop calmness, stability and confidence. Improve your mind-body connection, stay relaxed and centered under pressure, and work with energy to flow in dynamic movements with partners. Suitable for all ages and physical abilities. Try one free session anytime. $8/drop-in. No class Sep 13.

General

Wed 5:45-7:00pm
Mat Room
463104
Emily
Sess Sep 6-Oct 18
$37.80/6 sess

Axe Capoeira (16yrs+)

Students in this class must have a minimum of 6 months consistent Capoeira experience, or permission from the school. Students are expected to execute all basic movements. Classes cover all aspects of Capoeira: Martial arts, dance, music, acrobatics, culture, language. Classes focus on developing rhythm, reflexes, balance, coordination, strength, and flexibility. Uniform is required after 1 month. Fees do not pro-rate; monthly rate only. Mon/Fri classes are in Cafeteria. Weds classes are in CFEC. No class Sep 25 & Oct 9.

Mon/Wed 6:15-7:30pm
Fri 7:30-8:30pm
463141
463058
Marquis
$131.25/mo
$131.25/mo

British Columbia 604 718 5800 ext. 1 23
Drop-in Fitness

Zumbash (18yrs+)
Formerly Dance Aerobics. Get your groove on with hot Carib and Latin moves (think Zumba!). Classes are designed to increase in intensity over the session. Guaranteed to increase your fitness level while having fun! Purchase drop-in tickets at pool office. $6/drop-in or $47.50/10 tickets.
Thu 6:15-7:15 pm Oct 12-Dec 14 Gym C $6.30/drop-in Allyson

HIIT Fitness (18yrs+)
A High Intensity Interval Training (HIIT) workout to shape your abs, legs and arms! Purchase drop-in tickets at the pool office. $6.30/drop-in or $47.50/10 tickets.
Tue 6:00-7:00pm Oct 10-Dec 12 Gym C $6.30/drop-in Allyson

Salsa Fit (18yrs+)
Invigorating and energizing cardio combining high/low impact aerobics with a salsa flare. We have 35 drop-in spots for this program. Purchase drop-in tickets at pool office. $6.30/drop-in or $47.50/10 tickets. No class Sep 30.

Drop-in procedure: A class sign up list will be available at the Britannia Pool at 8:30am on the day of the program. Go to the pool office and sign up for that day's program and pay the drop-in rate (or if you have a strip ticket, give it to Denise at the class). The last step is to have a ton of fun working out with us!
Sat 9:30-10:30am Sep 9-Dec 16 Gym C $6.30/drop-in Denise

Health & Fitness

Iyengar Yoga (18yrs+)
Physically energizing, deeply relaxing and emotionally uplifting, this program offers instruction in classical yoga with an emphasis on development of strength, stamina, flexibility, balance, body awareness, and postural alignment. The class is taught with clarity, creativity, and sensitivity to individual needs, in an atmosphere of respect, compassion and humour. Safety, back and joint care will be addressed. Your own mat and equipment is optional but recommended; we have mats and equipment you can use. The instructor will email you before the class to check in. You must have iyengar experience to do Level 2 & 3. $21/drop-in. For more info, contact claudiamacyoga@gmail.com.

Level 1 & 2
Tue Sep 12-Nov 28 CFEC $214.20/12 sess
Claudia
463099 9:30-11:00am
463100 7:00-8:30pm

Level 2 & 3
Thu 5:30-7:00pm Sep 14-Nov 30 CFEC $214.20/12 sess
Claudia
463101

Zumba® Fitness (18yrs+)
Zumba® fuses Latin rhythms with easy to follow moves to create a dynamic workout system designed for everyone at any fitness level. We use the fitness principles of interval and resistance training to maximize total body toning. We combine a variety of styles including Salsa, Cumbia, Merengue, and more giving you a feel-happy workout that is great for both the body and the mind. $14/drop-in. No class Oct 2 & 9, and Nov 13.

Set 1
Mon 6:00-7:00pm Gym C Free Trial
463135 Sep 11
463136 Sep 18-Oct 30 $66.15/5 sess
Eric

Wed 6:00-7:00pm Gym C Free Trial
463138 Sep 13
463139 Sep 20-Oct 25 $78.75/6 sess
Denise

Set 2
Mon 6:00-7:00pm Gym C $78.75/6 sess
463140 Sep 18-Oct 30
463134 Sep 25-Oct 30
Eric

Wed 6:00-7:00pm Gym C $91.88/7 sess
463137 Eric

Stretch Therapy (18yrs+)
Learn the contract and relax technique of PNF stretching plus other partner assisted techniques to release fascia, tight muscles and unlock your joints so you can move with ease. These techniques are so effective, only one or two classes a week are recommended. Release your hamstrings, hips, back and shoulders to improve posture, mobility and range of motion. $30/drop-in. No class on Oct 2 & 9, and Nov 13.

Mon 6:45-7:55pm CFEC
463119 Sep 11-Oct 30 $157.50/6 sess
463096 Oct 26-Dec 14 $131.25/5 sess
Rob

Core Connect (18yrs+)
Join Meghan Goodman for an hour of pilates and yoga inspired movements to help you connect with your core, stabilize your pelvis, and find more ease and mobility in your limbs. Drawing from training in dance, pilates and yoga, Meghan will lead you through a fun and challenging class to get you moving, breathing, and feeling good. $17/drop-in.
Thu 11:15am-12:15pm CFEC
463097 Oct 19 Free Trial
463098 Oct 26-Dec 14 $63/8 sess
Meghan

Yogaflex (18yrs+)
Focus on core strength and how to get connected with it. The core work will be incorporated into yoga postures. The class ends with deep stretching and relaxation. You will leave feeling supple and strong. Bring your own mat. $14/drop-in. No class Oct 8.
Sun 10:15-11:15am Sep 10-Oct 29 CFEC $73.50/7 sess
Alex

Baby and Me Yoga (16yrs+)
For more information, see page 12.
Sports

Badminton (18yrs+)

Come play some badminton with us! Singles if it’s slow, otherwise doubles. Rotate after your game to get a short break, then more action! There are 30 pre-registered and drop-in spaces available. **Drop-in Rules:** Join the drop-in list at the Pool Office at the start time of the program. Registered players have 15 minutes to claim their spot, after which time players on the drop-in list will be allowed to purchase a spot, space permitting. If you are a drop-in, you must pay and sign in at the Pool Cashier’s office and submit the receipt to the instructor in the gym. No class Sep 24 & 29, Oct 8 & 15, and Nov 12.

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<tr>
<th>Date</th>
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<th>Instructor</th>
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<tbody>
<tr>
<td>Fri</td>
<td>7:00-9:45pm</td>
<td>Gym C</td>
<td>Allen</td>
<td>$7/drop-in</td>
</tr>
<tr>
<td>Sun</td>
<td>1:30-3:30pm</td>
<td>Gym D</td>
<td>Erica</td>
<td>$6/drop-in</td>
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Ball Hockey – Men (40yrs+)

This is a no-contact, recreational hockey program. Rough play will not be tolerated. No league players. No drop-ins. No class Oct 1 & 8, and Nov 12.

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<th>Location</th>
<th>Instructor</th>
<th>Fee</th>
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<tbody>
<tr>
<td>Sun</td>
<td>6:4-8:45pm</td>
<td>Gym D</td>
<td>Tejinder</td>
<td>$69.30/11 sess</td>
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</table>

Ball Hockey – Coed (18yrs+)

Fun, recreational ball hockey. No body-checking. All skill levels welcome. Protective gear recommended. Plastic sticks provided. No wooden sticks allowed. Great practice for goalies! $6/drop-in, space permitting. Register early as this class will fill up!

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<th>Instructor</th>
<th>Fee</th>
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<tbody>
<tr>
<td>Wed</td>
<td>7:45-9:15pm</td>
<td>Gym D</td>
<td>Trey</td>
<td>$88.20/14 sess</td>
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</tbody>
</table>

Basketball (18yrs+)

Come get your sweat on with our 5 on 5 full court basketball game. First to 15 points, then rotate. 15 players max. No drop-ins.

**Drop-in Rules:** Join the drop-in list at the Pool Office at the start time of the program. Registered players have 15 minutes to claim their spot, after which time players on the drop-in list will be allowed to purchase a spot, space permitting. If you are a drop-in, you must pay and sign in at the Pool Cashier’s office and submit the receipt to the instructor in the gym. No class Sep 24 & 29, Oct 8 & 15, and Nov 12.

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<th>Fee</th>
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<tbody>
<tr>
<td>Sun</td>
<td>2:00-4:00pm</td>
<td>Gym C</td>
<td>Simon</td>
<td>$84/14 sess</td>
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</table>

Volleyball

An educational program in which players learn about the rules of the game and develop skills. The emphasis is on instruction and skill development. Drop-in available, space permitting.

**Intermediate (18yrs+)**

Two courts and 5-6 players per team. Skill level is intermediate, purely recreational with score keeping. Efforts towards making fair balanced teams to have fun continuous rallies rather than quick side outs. Please join if you have most of the basics. Register for this program to guarantee a spot to play every week. There is a total of 28 spots.

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<tr>
<th>Date</th>
<th>Time</th>
<th>Location</th>
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<tr>
<td>Thu</td>
<td>7:00-10:00pm</td>
<td>Gym A/B</td>
<td>Minaz</td>
<td>$81.90/13 sess</td>
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</table>

Advanced (18yrs+)

Friday Advanced Volleyball with 5-1, 6-2 format system play is geared towards intermediate and advanced players as this program is based on a higher level of play. The instructor reserves the rights to ensure a player's skill level meets the needs of the program or suggest a different program for them. Please join if you have knowledge of the system format. Efforts are made towards creating fair and balanced teams to have fun rallies rather than quick side outs. Register for this program to guarantee a spot to play every week. There are a total of 25 registered spots and 4 drop-in only spots. No class Dec 8.

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<tr>
<th>Date</th>
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<th>Instructor</th>
<th>Fee</th>
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<tbody>
<tr>
<td>Fri</td>
<td>7:00-10:00pm</td>
<td>Gym A/B</td>
<td>Millin</td>
<td>$96/12 sess</td>
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</tbody>
</table>

Adults

Leisure Access Program (LAP)

The Leisure Access Program (LAP) provides City of Vancouver residents facing financial barriers access to Park Board programs and services office at its pools, rinks, participating fitness centres and community centres (including Britannia) at a reduced cost. With the aim of reducing barriers to the LAP program, the Vancouver Board of Parks and Recreation has increased the net family income threshold amount for those who self-refer to the program. To see if you and your family are eligible and can self-refer, see page 5. For more information about how to apply, please visit: [vancouver.ca/leisureaccess](vancouver.ca/leisureaccess)

Basketball (18yrs+)

Come get your sweat on with our 5 on 5 full court basketball game. First to 15 points, then rotate. 15 players max. No drop-ins.

**Drop-in Rules:** Join the drop-in list at the Pool Office at the start time of the program. Registered players have 15 minutes to claim their spot, after which time players on the drop-in list will be allowed to purchase a spot, space permitting. If you are a drop-in, you must pay and sign in at the Pool Cashier’s office and submit the receipt to the instructor in the gym. No class Sep 24 & 29, Oct 8 & 15, and Nov 12.

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<th>Fee</th>
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<tbody>
<tr>
<td>Sun</td>
<td>4:00-6:00pm</td>
<td>Gym C</td>
<td>David</td>
<td>$88.20/14 sess</td>
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</tbody>
</table>

Soccer – Women’s Indoor (18yrs+)

A recreational program for all types of fitness and skill levels. Expect low-key, limited body contact, clean fun play. Registered players arrive by 6:15pm to hold their spot. 15 spaces are allotted per night. $6/drop-in, space permitting.

<table>
<thead>
<tr>
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<th>Location</th>
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<th>Fee</th>
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</thead>
<tbody>
<tr>
<td>Thu</td>
<td>6:00-7:30pm</td>
<td>Gym D</td>
<td>Tracy</td>
<td>$88.20/14 sess</td>
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</tbody>
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Volleyball

**Drop-in Rules:** Join the drop-in list at the Pool Cashier at the start time of the program. Registered players have 15 minutes to claim their spot, after which time players on the drop-in list will be allowed to purchase a spot, space permitting. If you are a drop-in, you must pay and sign in at the Pool Cashier and submit the receipt to the instructor.

**Intermediate (18yrs+)**

Two courts and 5-6 players per team. Skill level is intermediate, purely recreational with score keeping. Efforts towards making fair balanced teams to have fun continuous rallies rather than quick side outs. Please join if you have most of the basics. Register for this program to guarantee a spot to play every week. There is a total of 28 spots.

**Advanced (18yrs+)**

Friday Advanced Volleyball with 5-1, 6-2 format system play is geared towards intermediate and advanced players as this program is based on a higher level of play. The instructor reserves the rights to ensure a player's skill level meets the needs of the program or suggest a different program for them. Please join if you have knowledge of the system format. Efforts are made towards creating fair and balanced teams to have fun rallies rather than quick side outs. Register for this program to guarantee a spot to play every week. There are a total of 25 registered spots and 4 drop-in only spots. No class Dec 8.

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<tbody>
<tr>
<td>Fri</td>
<td>7:00-10:00pm</td>
<td>Gym A/B</td>
<td>Millin</td>
<td>$7/drop-in</td>
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</table>
Welcome to the 55+ Centre

Whether you want to learn something new, dance or swim—we welcome you to register for a class, or drop-in to the 55+ Centre for coffee, say hello, and just rest your feet awhile. We are open for drop-in, social programs and events, and classes. For more information, call us at 604.718.5837 or visit:
britanniacentre.org/55plus

Staff
Anne Cowan          anne.cowan@vancouver.ca
Kya Prince              kya.prince@vancouver.ca
604.718.5837

Vietnamese Program
Luong Ho                luong.ho@vancouver.ca
604.718.5818

Registration for 55+ Programs
Registration opens on Tuesday, August 22 at 7:00pm (online and in-person only), and by phone on August 23 at 9:00am.
604.718.5800 (1) vanrec.ca

Seniors, Elders & Advocates (SEA) Committee
We meet to discuss what matters to seniors and older adults in our community. Inclusion, representation and participation of seniors and Elders is of the utmost importance as we discuss programs and services to offer the community that are relevant, needed and valued. New members are welcome and encouraged.

Vietnamese Seniors 9:00am-2:00pm

Drop-in Hours

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<th>Mon</th>
<th>Tue</th>
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<th>Fri</th>
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<tr>
<td>9:00am</td>
<td>Vietnamese Seniors</td>
<td>9:00am</td>
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<td>Resosanté</td>
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<tr>
<td>10:00am</td>
<td>Drop-in</td>
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<td>Drop-in</td>
<td>10:00am-12:00pm*</td>
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<td>11:00am</td>
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<td>Drop-in</td>
<td>*Sep 15, Oct 20, Nov 17, Dec 15</td>
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<td>12:00pm</td>
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<td>5:00pm</td>
<td>Drop-in</td>
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Vietnamese Program / Chương Trình Cao Niên Việt Nam

This program provides settlement services, and educational and informative workshops about federal and provincial programs for Vietnamese seniors. It also raises awareness of issues impacting seniors as well as providing advocacy, information about legal issues, safety, and support resources. If you have any questions, please contact Luong Ho at 604.718.5818 or luong.ho@vancouver.ca.

Cung cấp miễn phí tất cả các dịch vụ hỗ trợ cho cao niên Việt Nam về những chương trình trợ cấp của chính phủ liên bang và tỉnh bang. Bao gồm tiền già (OAS) tiền phụ cấp (GIS), nhà cửa (BC Housing), phụ cấp tiền nhà cho cao niên (SAFER), thẻ xe bus (Bus Pass), thẻ bơi (OneCard). Chương trình cao niên Việt Nam họp mặt vào mỗi ngày thứ ba hàng tuần từ 9:00 sáng đến 3:00 giờ chiều tại Nhà Cao Niên của Trung Tâm Britannia. Chương trình tạo điều kiện cho các cao niên Việt Nam gặp gỡ chia sẻ và hỗ trợ tình thân, tham dự những buổi nói chuyện phổ biến những thông tin mới về quyền lợi và sức khỏe dành cho cao niên; tổ chức các chương trình vui chơi, du ngoạn…Để biết thêm chi tiết, xin gọi Luong Ho 604.718.5818.

Vietnamese Line Dancing (55yrs+)
Lớp Line Dancing được tổ chức với cơ quan REACH. Dành cho quí vị từ tuổi 55+ tham dự. Lớp hướng dẫn các điệu nhảy nhẹ nhàng và vui nhộn. Tạo điều kiện tập luyện sự thành thạo và đeo dai cho cơ thể. Yêu cầu ghi danh tham dự.

Vietnamese Ballroom Dance (55yrs+)
Friday Wellness

Chair Yoga (55yrs+)
Chair yoga is an accessible gentle seated practice designed to help you feel more energized and calm. We’ll explore simple and easy movements to mobilize your whole body, breath work to calm the nervous system, and other brain and mood stimulating techniques to help you feel more connected with ease. Please come in comfortable clothes, socks, and shoes.

Set 1
Fri 12:15-1:15pm Sep 8-Oct 20
55+ Centre $12/7 sess
472899 Bryony

Set 2
Fri 12:15-1:15pm Oct 27-Dec 8
55+ Centre $12/7 sess
472900 Bryony

Wellness Friday Café (55yrs+)
Drop-in for a cup of tea or coffee, crafting, speakers and an afternoon social. Watch for speakers and special afternoons as well.
Fri 2:00-4:00pm Sep 8-Dec 15
55+ Centre Free

Resosanté Social (50yrs+)
On the 3rd Friday of the month, we welcome all Francophones and Francophilies 50yrs+ to a welcoming party for the Amicale 50+ Vancouver at the 55+ Centre. This is a great opportunity for everyone to get together, meet one another, and hear about upcoming programs and activities. Drop-in, mingle, and get acquainted with other French-speaking seniors in the community.
Fri 10:00am-12:00pm Sep 15, Oct 20
55+ Centre Nov 17, Dec 15 Free

Monday Soup (55yrs+)
Monday lunches are back! Join us every Monday for a warm and welcoming homemade soup lunch. A place to rest your feet a while, meet a friend, and enjoy a quiet space for a quick lunch. The staff and volunteers look forward to serving you. $3.50/drop-in. Pay at the Pool or Info Centre and bring your receipt to the 55+ Centre. No session Sep 4, Oct 2 & 9, & Nov 13.
Mon 12:00-1:00pm Sep 11-Dec 11
55+ Centre $3.50/drop-in
444138

Monday Crafts (55yrs+)
If you’re a crafter please join us every other Monday in the 55+ Centre. Everyone is welcome. We love to share our passion for craft and look forward to sharing with others. The Craft Collective members will be inviting guest artists to join us for new projects. No session Sep 4, Oct 2 & 9, & Nov 13.
Mon 1:30-3:30pm Sep 18-Dec 11
55+ Centre Free
473169

Craft Collective (55yrs+)
This group of Elder and senior crafters raise funds to support Indigenous and other crafting programs at the 55+ Centre and the community. We welcome new members to this working committee. Meets on the 3rd Monday of each month. We hope to see you there!
Mon 3:30-4:30pm Sep 18, Oct 16
55+ Centre Nov 20

Techi Tuesdays (55yrs+)
Join us for an hour each week to brush up on simple device knowledge and improve your digital skills to navigate your phone, tablet or computer better. 55+ Centre staff are also available during this time to assist on simple device knowledge and improve your digital skills to navigate your phone, tablet or computer better. 55+ Centre staff are also available during this time to assist

Thu 1:00-2:00pm Sep 12-Dec 12
55+ Centre Free*
473820 *Registration required

Quirk-e 2SLGBTQIA+ Seniors Group
Quirk-e is the Queer Imaging and Riting Kollective for Elders experimenting with language, printed text, graphics, digital imagery, spoken word, and performance. The group meets every Wednesday online. If you’re interested in joining or for more information, please call Anne or Kya at the Britannia 55+ Centre at 604.718.5837.
Wed 11:00am-1:00pm Ongoing
55+Centre/Online Free

Thursday Lunch and Bingo (55yrs+)
Join us at noon on the last Thursday of each month for lunch and a fun game of Bingo. Everyone welcome.
Thu 12:00-3:00pm Sep 28, Oct 26
55+ Centre Nov 30
473174 Free*
*Registration required

Crafting & Knitting Social Drop-in (All ages)
All ages, from beginner to advanced, we welcome you to join others for an afternoon of knitting, crafting and sharing in the cozy 55+ Centre. Tea and coffee will be served.
Thu 1:00-3:00pm Sep 7-Dec 21
55+ Centre Free

Sunday Movie Night Series (All ages)
Everyone is welcome to attend our movie series every Sunday evening. See below for the schedule. Doors open at 5:45pm. No session Sep 17, Oct 8, and Nov 12.
Sun 6:00-9:00pm Sep 10-Dec 10
55+ Centre Free*
470769 Ken *Registration required.

Date Movie Year Run time
Sep 10 The Dark Knight 2008 2h 32m
Sep 24 Living 2022 1h 42m
Oct 1 Three Identical Strangers 2018 1h 36m
Oct 15 Belfast 2021 1hr 38m
Oct 22 The Death of Stalin 2018 1h 47m
Oct 29 Star Trek 2009 2h 06m
Nov 5 The King’s Speech 2010 1h 58m
Nov 19 Cruella 2021 2h 14m
Nov 26 The Lighthouse 2019 2h 00m
Dec 3 The Big Sick 2017 2h 00m
Dec 10 Knives Out 2019 2hr 10m
Health & Fitness

Badminton (55yrs+)

- Mon/Wed 11:20am-12:35pm Gym C 463074 Tho
- Tue/Thu 11:20am-12:35pm Gym C 463076 Tho
- Sat 3:00-5:00pm Gym A 463075 Wally

Boxfit for Seniors (55yrs+)
Want to learn something new and improve your physical fitness and mental alerntness? This introduction to boxing class is designed specifically to enhance your strength, balance, coordination, endurance and overall well-being. All fitness levels welcome. Equipment provided. No class Sep 30.

- Set 1 Tue/Fri 3:30-4:30pm Boxing Rm 472902 Jay
- Set 2 Tue/Fri 3:30-4:30pm Oct 24-Dec 15 Boxing Rm 472904 Jay

Osteofit (55yrs+)
A gentle strength, balance and coordination program designed to improve fitness and promote healthy bones. This program focuses on improving individual functional ability and quality of life, and reducing the risk of falls and fractures. The program is taught by a trained Osteofit fitness instructor. Drop-in $13.

- No class Oct 2 & 9, and Nov 13.

- Set 1 Mon 11:00am-12:00pm Sep 11-Oct 30 Gym C 470585 Berdjis $60/6 sess
- Set 2 Mon 11:00am-12:00pm Nov 6-Dec 18 Gym C 470592 Berdjis $60/6 sess

Yoga for Aging Well (50yrs+)
New start time! As we move through time, we need to keep moving our bodies. Whether you’re brand new to yoga or a seasoned practitioner, if you’re 50 or over then this all-levels yoga class is ideal for you. Safety and a pain-free practice is a priority. Yoga can improve your flexibility, mobility, balance, bone density, and strength. Yoga also has a calming effect on the mind and nervous system. Joan has been teaching yoga for 12yrs+, practicing yoga for 20yrs+, and moving through time for 60yrs+. $17/drop-in. No class Sep 2 & 9, and Nov 13.

- Set 1 Mon 2:15-3:15pm Sept 11-Oct 30 CFEC 463132 Joan $73/5 sess
- Set 2 Mon 2:15-3:15pm Oct 30-Dec 11 CFEC 463131 Joan $88/6 sess

Vietnamese Ballroom Dance (55yrs+)

- Fri 2:00-4:00pm Oct 6-Dec 22 CFEC Free* Registration required

Vietnamese Line Dancing (55yrs+)
Lớp Line Dancing được tổ chức với cơ quan REACH. Đánh cho qi vị tươi với 55+ tham dự. Lớp hướng dẫn các điệu nhảy nhẹ nhàng và vui nhộn. Tạo điều kiện tập luyện sự thăng bằng và đéo dai cho cơ thể. Yêu cầu ghi danh tham dự.

- Fri 10:00am-12:00pm Oct 6-Dec 22 CFEC Free* Registration required

Chinese Folk Dance (55yrs+)
Traditional Chinese folk dancing lessons. Everyone is welcome! Program is free but you must register. This class is taught in English and Chinese. No drop-ins.

- Thu 9:00-11:00am Sept 7-Dec 14 CFEC Free* 470573 Volunteer

Classical Chinese Dance (55yrs+)
Classical Chinese dance uses body language to express graceful movements to music. This is a great way to enjoy music, exercise, and learn about Chinese culture!

- Sun 2:00-4:00pm Sept 3-Dec 17 CFEC Free* 470572
Special Events

Free Fall Tax Clinic
Need help filing your income taxes? Britannia offers a free income tax clinic in the Library for people with modest incomes and simple tax situations. Volunteer tax preparers are trained by the CRA’s ‘Community Volunteer Income Tax Program’ and will keep your information secure and confidential. Beginning September 1, you can book an appointment by calling the Info Centre at 604.718.5800 ext 1.
Fri 9:30am-12:30pm Sep 8, Oct 13
Britannia Library Nov 10, Dec 8

Orange Shirt Pin Making Workshops (All ages)
For the past 5 years in the weeks leading up to Orange Shirt Day, Elders and the Britannia Craft Collective have been making and sharing Orange Shirt pins to raise awareness about residential schools. You’re invited to join us in the 55+ Centre, make an Orange Shirt Pin to wear in recognition of Orange Shirt Day and honour of residential school survivors, their families, and those who did not survive.
Thu 1:00-4:00pm Sep 14, 21
55+ Centre Free

Orange Shirt Day (All ages)
In partnership with the Vancouver Aboriginal Friendship Centre Society and the Indian Residential School Survivors Society, we are gathering with Elders and their families on Orange Shirt Day, now recognized as the National Day for Truth and Reconciliation.
We invite you all to join us on this important day to help raise awareness about residential schools and their lasting impact on Indigenous peoples. Every Child Matters. Wear your orange shirt in support. More details to be announced.
Sat TBD Sep 30
Grandview Park Free

Halloween Costume Party (55yrs+)
Calling all ghouls and goblins for a little fun and refreshments. We’ll have bingo and games. Bring your best scary story! Everyone welcome.
Tue 2:00-4:00pm Oct 31
55+ Centre Free

Leisure Access Program (LAP)
The Leisure Access Program (LAP) provides City of Vancouver residents facing financial barriers access to Park Board programs and services office at its pools, rinks, participating fitness centres and community centres (including Britannia) at a reduced cost.

55+ Program Calendar

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<thead>
<tr>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
<th>Sun</th>
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<tbody>
<tr>
<td><strong>Osteofit</strong></td>
<td><strong>Vietnamese Drop-in</strong></td>
<td><strong>Quirk-e (Hybrid)</strong></td>
<td><strong>Chinese Folk Dance</strong></td>
<td><strong>Vietnamese Line Dancing</strong></td>
<td><strong>Badminton</strong></td>
<td><strong>No programs on stat holidays.</strong></td>
</tr>
<tr>
<td>11:00am-12:00pm</td>
<td>9:00am-2:00pm</td>
<td>10:15-11:15am</td>
<td>9:00-11:00am</td>
<td>10:00am-12:00pm</td>
<td>12:00-2:00pm</td>
<td><em>Registration required.</em></td>
</tr>
<tr>
<td>Badminton*</td>
<td><strong>FitNation</strong></td>
<td><strong>Badminton</strong></td>
<td><strong>Badminton</strong></td>
<td><strong>Vietnamese Ballroom Dance</strong></td>
<td><strong>Thursday Lunch &amp; Bingo</strong></td>
<td>Registration opens on Tuesday, Aug 22 at 7:00pm (online and in-person only), and by phone on Aug 23 at 9:00am.</td>
</tr>
<tr>
<td>11:20am-12:35pm</td>
<td>10:15-11:15am</td>
<td>11:20am-12:35pm</td>
<td>11:20am-12:35pm</td>
<td>12:00-3:00pm</td>
<td>Sep 28, Oct 26, Nov 30</td>
<td><strong>FRIDAY WELLNESS</strong></td>
</tr>
<tr>
<td>Monday Soup</td>
<td><strong>Techi Tuesdays</strong></td>
<td><strong>Line Dancing</strong></td>
<td><strong>Crafting &amp; Knitting Social</strong></td>
<td><strong>Chair Yoga</strong></td>
<td><strong>Resosanté Social</strong></td>
<td><strong>Wellness Friday Café</strong></td>
</tr>
<tr>
<td>12:00-1:00pm</td>
<td>1:00-2:00pm</td>
<td>1:00-3:00pm</td>
<td>1:00-3:00pm</td>
<td>12:15-1:15pm</td>
<td>10:00am-12:00pm</td>
<td>2:00-4:00pm</td>
</tr>
<tr>
<td>Monday Crafts</td>
<td><strong>Boxfit</strong></td>
<td><strong>Boxfit</strong></td>
<td><strong>Boxfit</strong></td>
<td><strong>Boxfit</strong></td>
<td><strong>Badminton</strong></td>
<td><strong>Badminton</strong></td>
</tr>
<tr>
<td>1:30-3:30pm</td>
<td>3:30-4:30pm</td>
<td>3:30-4:30pm</td>
<td>3:30-4:30pm</td>
<td>3:30-4:30pm</td>
<td>11:00am-12:00pm</td>
<td>2:00-4:00pm</td>
</tr>
<tr>
<td>Yoga For Aging Well*</td>
<td><strong>Craft Colective</strong></td>
<td><strong>Classical Chinese Dance</strong></td>
<td><strong>Sunday Movie Night Series</strong></td>
<td><strong>Classical Chinese Dance</strong></td>
<td><strong>Sun 2:00-4:00pm</strong></td>
<td><strong>Sun 2:00-4:00pm</strong></td>
</tr>
<tr>
<td>2:13-3:15pm</td>
<td>3:30-4:30pm</td>
<td>11:00am-12:00pm</td>
<td>6:00-9:00pm</td>
<td>2:00-4:00pm</td>
<td>6:00-9:00pm</td>
<td>6:00-9:00pm</td>
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</tbody>
</table>

Event Details:
- Christmas Luncheon (55yrs+)
  Gather with us in the 55+ Centre to enjoy a warm turkey lunch, listen and sing with our musical guests, and welcome the season with friends new and old.
  Mon 1:00-3:00pm Dec 18
  55+ Centre $6/1 sess

- Leisure Access Program (LAP)
  The Leisure Access Program (LAP) provides City of Vancouver residents facing financial barriers access to Park Board programs and services office at its pools, rinks, participating fitness centres and community centres (including Britannia) at a reduced cost.

- With the aim of reducing barriers to the LAP program, the Vancouver Board of Parks and Recreation has increased the net family income threshold amount for those who self-refer to the program. To see if you and your family are eligible and can self-refer, see page 5. For more information about how to apply, visit: vancouver.ca/leisureaccess
Welcome to the Fitness Centre

Hours
Mon-Fri 6:30am-9:00pm
Sat/Sun 8:00am-7:00pm

Wed (Free Members) 9:00-10:00am
Sat (Women Only) 8:00-10:00am
Sun (55+ Only) 8:00-10:00am
Sun (Free Members) 10:00-11:00am

*Trans inclusive.

Free Members Drop-in 🌞 NEW
Britannia members can drop-in to the Fitness Centre for free during the times listed below. For more information about Britannia's free memberships, please see page 4. The free drop-in does not apply to those with Flexipasses only.

Wed 9:00-10:00am
Sun 10:00-11:00am

Facility Orientations
Let us help you reach your fitness goals. Whether you need instruction, motivation, or support, our highly trained staff are here to help you succeed. Enlist one of our staff to get you started in the Fitness Centre with an orientation on our fitness equipment and a starter fitness program. Please call ahead to make an appointment for a fitness orientation 604.718.5842.

Flexipass
Enjoy flexible and affordable recreation with our no-contract all-access pass. Purchase a monthly Flexipass at any Park Board fitness centre and receive unlimited access to our 15 fitness centres, 9 indoor pools, 4 outdoor pools and 8 ice rinks. For more information and locations visit vancouverparks.ca.

Outside Trainers
This type of special admission is for personal trainers, occupational and recreational therapists, and physiotherapists. Outside trainers will need to be registered with either the Park Board or Britannia. Both trainer and client must pay for admission to the Fitness Centre. A training fee of $7.34 per client also applies (fees are subject to change).

Supporting a participant?
Attendants get free access
The Fitness Centre and Pool give free access to attendants required to assist persons with disabilities needing support to swim or exercise. Support is defined as assistance of a physical, psychological, emotional, intellectual, or sensory nature to ensure the patron with the disability can participate.

Fitness Centre Closure
December 4 – 17
Our Fitness Centre will be closed for regular annual maintenance from December 4-December 17, 2023. If you have any questions or concerns, please contact the pool programmer at 604.718.5830.

2023 Pool and Fitness Centre Fees

<table>
<thead>
<tr>
<th></th>
<th>Drop-in</th>
<th>10 Visit Pass</th>
<th>1 Month Flexipass</th>
<th>3 Month Flexipass</th>
<th>12 Month Flexipass</th>
<th>Britannia Membership</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult (19-54)</td>
<td>$7.34</td>
<td>$64.59</td>
<td>$56.52</td>
<td>$152.61</td>
<td>$488.34</td>
<td>Free</td>
</tr>
<tr>
<td>Youth (13-18)</td>
<td>$5.13</td>
<td>$46.59</td>
<td>$39.56</td>
<td>$106.83</td>
<td>$341.84</td>
<td>Free</td>
</tr>
<tr>
<td>Child (6-12)</td>
<td>$3.68</td>
<td>$32.30</td>
<td>$28.27</td>
<td>$76.30</td>
<td>$244.18</td>
<td>Free</td>
</tr>
<tr>
<td>Senior (65+)</td>
<td>$5.13</td>
<td>$46.59</td>
<td>$39.56</td>
<td>$106.83</td>
<td>$341.84</td>
<td>Free</td>
</tr>
<tr>
<td>Britannia-Only Senior (55+)</td>
<td>$5.13</td>
<td>$46.59</td>
<td>$39.56</td>
<td>$106.83</td>
<td>$341.84</td>
<td>Free</td>
</tr>
</tbody>
</table>

Please note: Prices include tax. Fees subject to change without notice.

Family Drop-in Rate = 1 to 2 adults of the same household and their children under 19yrs. Minimum $7.34 admission.

Leisure Access Fitness Centre Admission rate is 50% off adult admission and Flexipass.

Britannia Holiday Hours

Info Centre, 55+ Centre & Teen Centre
Sep 4 Labour Day CLOSED
Oct 2 Truth & Reconciliation CLOSED
Oct 9 Thanksgiving CLOSED
Nov 13 Remembrance Day CLOSED
Dec 25 Christmas Day CLOSED
Dec 26 Boxing Day CLOSED

Pool & Fitness Centre
Sep 4 Labour Day 1:00-5:00pm
Oct 2 Truth & Reconciliation 1:00-5:00pm
Oct 9 Thanksgiving 1:00-5:00pm
Nov 13 Remembrance Day 1:00-5:00pm* Dec 25 Christmas Day CLOSED
Dec 26 Boxing Day 1:00-5:00pm* (*Fitness Centre only. Pool closed for maintenance)

Rink
To view our current schedule, visit: britanniacentre.org/ice_rink

See page 4 for registration information.
Welcome to the Britannia Pool

The 25m main pool features a 1m diving board, slide and rope swing. Relax in the on-deck whirlpool, steam room, or in the saunas in the change rooms. For those with young children, we have a warm, shallow leisure pool equipped with a variety of spray features.

Pool Closure
Nov 13 – Dec 17

Our pool will be closed for regular annual maintenance from November 13-December 17, 2023. If you have any questions or concerns, please contact 604.718.5830.

Hours
Mon-Fri Sat-Sun
6:30am-9:00pm 11:00am-7:00pm
Hours are subject to change.

Pool Schedule
Our current pool drop-in schedule is available at the Pool Cashier, the Info Centre and online at: britanniacentre.org/pool

Swim Sessions
View our current pool schedule online at: britanniacentre.org/pool

Free Swim
Free family-friendly swims every Tuesday, and every other Friday.
Tue 2:00-4:00pm Ongoing
Fri 6:00-8:00pm Sep 15 & 29
Free Oct 13 & 27, Nov 10

Free Youth Swim (11-18yrs)
Britannia’s youth-only swim time, every other Friday. Contests, prizes, games and crazy staff! Swim lessons are available to interested youth for the first 30 minutes; work on skills or improve your swimming abilities.
Fri 6:00-8:00pm Sep 8 & 22,
Britannia Pool Oct 6 & 20,
Free Nov 3

FitNation (55yrs+)
FitNation is an eight-week Indigenous aquatic fitness program that takes place at Britannia Pool. It is a free, registered program for Elders in the community who are interested in improving their mobility, agility, balance and general fitness. Snacks provided.
Tue 10:15-11:15am Sep 12-Oct 31
Britannia Pool Free*
472973 Brenlee
*Registration required

Public Swim
Swim, dive, splash, have fun! One lane is set aside for continuous length swimming. The leisure pool is usually open during this time for families with young children—please check our online schedule to confirm. Regular admission rates apply. Please note: During some public swim sessions, the pool may be shared with Aquafit, lessons, school groups or clubs.

Aquafit
Classes are designed to build strength, flexibility and cardio fitness. Work to your own ability. Led by certified instructors. The majority of Aquafit spaces are by registration only, with some spaces held for drop-in. Register in advance online or by phone. Registration opens 3 days before program date at 12:00pm.

Lengths
The pool is divided into 25m lanes (slow, medium and fast). Enjoy the whirlpool, steam room or sauna as well. Anyone 16yrs+ who is capable of swimming the length of the pool is welcome. Please Note: Patrons under 16yrs must speak a language other than English and must be accompanied by a responsible person who is capable of swimming the length of the pool by a responsible person who is capable of swimming the length of the pool.

Swim Lessons
Transition to Swim For Life Lessons
In 2023, the Vancouver Board of Parks and Recreation transitioned to the Lifesaving Society’s Swim for Life program. To see how the Red Cross Lessons transfer to the Swim for Life lessons, check out the transition chart on our website. Scan the QR code or visit: britanniacentre.org/pool

Registration
Online and in-person registration for fall swim lessons and programs at all pools, for all age groups starts Tuesday August 29, 2023 at 7:00pm.
If you are already participating in a class, you are encouraged to wait until you receive a report card on the last day of class to register for the next set. It’s important to register in the correct level. Children registered in an inappropriate level will be moved to the proper level if space is available, or refunded from the lesson. Please bring the most recent report card to the first day of lessons. All lessons must meet minimum space requirements to run. For more information, please visit: vancouver.ca/parks-recreation-culture/child-and-youth-swim-lessons

Swim Assessments
If you are unsure of which level to register, we offer swim assessments during our public swims. If your child is under 8yrs, we require a parent/guardian to assist in the water during the assessment.

Refunds & Cancellations
Full refunds given five or more working days prior to the start of the program. If request received within four working days of the start of the program or after the first lesson, we refund registration fee minus the cost of one class or transfer to a future session. No refunds issued after the second date of the program. Fees for one or two-day programs are non-refundable.

Private/Semi-Private Lessons
One-on-one or one-on-two with a swimming instructor for a set of lessons to improve specific swimming skills. Instructors may vary from week to week.
Private: $33.32 / Semi Private: $11.48 (plus applicable taxes)

britanniacentre.org
Public Skates
To view our current public skating schedule, visit: britanniacentre.org/ice_rink

Holiday Hours
Check out the winter holiday schedule online at britanniacentre.org in the first week of December to find out about holiday public skating sessions and events.

$99 Winter Ice Sale!
Plan a holiday party between Dec 23-Jan 5 for $99/hour plus GST. Staff charges are not included. Booking for the Winter Ice Sale starts in October. For more info on booking dates and availability, visit: vancouver.ca/parks-recreation-culture/rink-rentals

Join the Arena Committee!
The Arena Committee meets at the call of the chair on the 1st Tue of the month at 6:00pm in the Rink Mezzanine Room. For more information email britanniarink@vancouver.ca.

2023 Rink Admission Fees

<table>
<thead>
<tr>
<th>Adult (19-54yrs)</th>
<th>Youth (13-18yrs)</th>
<th>Senior (55yrs+)</th>
<th>Child (6-12yrs)</th>
<th>Family</th>
<th>Skate Rentals</th>
<th>Skate Sharpening</th>
</tr>
</thead>
<tbody>
<tr>
<td>$7.34/Drop-in</td>
<td>$5.13/Drop-in</td>
<td>$5.13/Drop-in</td>
<td>$3.68/Drop-in</td>
<td>*at Child rate (Family minimum $7.34)</td>
<td>$3.70</td>
<td>$7.14</td>
</tr>
<tr>
<td>$64.59/10 visits</td>
<td>$46.59/10 visits</td>
<td>$46.59/10 visits</td>
<td>$32.30/10 visits</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

- Prices include tax. Prices are subject to change without notice.
- Britannia Ice Rink 10 visit cards are valid at all Vancouver Park Board operated rinks.
- A 20% discount on admission is given to groups of 10 or more.
- Adult Stick & Puck sessions are at the Adult rate.
- Flexipasses may be used for public skating, Adult Stick & Puck, Adult Hockey, and Women + Gender Diverse Hockey sessions. For 2023 Flexipass rates, see page 30.
- *Family rate is 1-2 adults from the same household and their children under 19yrs, all present at time of admission. $3.68 per person (not including taxes).
- Children under 8yrs MUST be accompanied on ice by an individual 16yrs+.
- Helmets are strongly recommended for all public sessions and are mandatory for all participants of Family Fun Hockey and skating lessons.
- Adult hockey programs require full equipment. Participants must sign a waiver at the beginning of each session.

Women + Gender Diverse Hockey (19yrs+)
This pick up hockey program is perfect for women and gender diverse individuals who want to play hockey in a safe and inclusive environment. Encourage and be encouraged while continuing with your own hockey development.

Full hockey equipment is mandatory. Sign-up for the program is available weekly, 3 days before the session date starting at 9:00am.

Adult Stick, Puck and Ring (19yrs+)
Come out during the noon hour and practice your hockey skills. Sign-up for the program is available weekly, 3 days before the session date starting at 9:00am. Helmets are mandatory. Full hockey equipment is recommended. Sorry, no scrimmage.

Vancouver Adult Co-ed Hockey League (VACHL) 2023/24
VACHL is a beginner/intermediate adult recreational hockey league sponsored by the Britannia and the Vancouver Park Board. For more information visit www.vachl.ca.

Arena Programs
Family Fun Hockey
This program is perfect for families who want to play casual hockey together. Whether you want to just pass around the puck or get involved in a friendly shinny, this family activity is sure to be a hit with the kids. Plastic sticks and pucks only for this session (provided). Helmets and gloves are mandatory for all participants.

Sun 12:15-1:30pm Sep 10-Dec 31
Regular admission rates apply.

Parent & Preschooler Skate
Introduce your child to skating in a fun and non-intimidating environment. Some ice cleats are available for adults who are not comfortable wearing skates. Take your preschooler for a spin on the popular on-ice scooters. No hockey allowed during this session.

Thu 11:00-11:45pm Sep 21-Dec 21
Free

Women + Gender Diverse Hockey (18yrs+)
This instructional program is perfect for women and gender diverse hockey players looking to improve through instructional on-ice skills and drills. Each session will end with a scrimmage. Full hockey equipment is mandatory. Sign-up for the program is available weekly, 3 days before the session date starting at 9:00am.

Mon 3:15-4:45pm Oct 16-Dec 18
Regular admission rates apply.

To view our current public skating schedule, visit: britanniacentre.org/ice_rink
Skating Lessons
Registration for Set 1 fall skating lessons begins on September 14 at 7:00pm in-person and online. Registration for Set 2 fall skating lessons begins on November 9 at 7:00pm in-person and online. Phone registration opens the following day at 9:00am. Please note: Skating lessons are very popular and fill up quickly, so register early. To help you register online for the correct level, please refer to your most recent Skating Report Card and/or refer to the specific level descriptions to determine which class best matches the skater’s ability. If you are unsure of the level, have an on-ice evaluation completed at any Vancouver Park Board Rink during a public skate. Students will not be transferred if they are not registered in the appropriate level; a prorated refund will be issued after the first class. If the lessons you want to register for are full, please put your name on the waitlist. We schedule additional classes whenever possible. Please register in one set of lessons only.

For Britannia lessons, skate rentals are included in the cost of lessons. All skating lesson participants must wear a CSA-certified hockey helmet or a snowboarding helmet. A limited number of hockey helmets are available to use free of charge.

Learn to Skate Lessons (3yrs+)
These popular lessons focus on skill acquisition through activities and games. Our energetic instructors teach you to skate with safety in mind. All lessons are 30 minutes and are led by qualified instructors.

<table>
<thead>
<tr>
<th>Set 1</th>
<th>Set 2</th>
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</thead>
<tbody>
<tr>
<td>Tue 6:00-8:00pm</td>
<td>Tue 6:00-8:00pm</td>
</tr>
<tr>
<td>Sat 10:00am-1:15pm</td>
<td>Sat 10:00am-1:15pm</td>
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<tr>
<td>Sep 26-Nov 7</td>
<td>Nov 14-Dec 19</td>
</tr>
<tr>
<td>Sep 23-Nov 4</td>
<td>Nov 11-Dec 16</td>
</tr>
<tr>
<td>$50/12/7 sess</td>
<td>$42.96/6 sess</td>
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</tbody>
</table>

Preschool Levels (3-5yrs)*
Level 1: This is an entry level skating class; no previous skating experience required.
Level 2: Can stand up on ice in skates unassisted; can walk on the ice in skates.
Level 3: Can skate across the ice and glide on two feet.
Level 4: Can scull forwards and stop without assistance.
Level 5+: Can glide on one foot forwards and skate backwards.

Children/Youth/Adult Levels*
Level 1: This is an entry level skating class; no previous skating experience required.
Level 2: Can skate across the width of the rink without assistance.
Level 3: Can glide on one foot, forward scull with both feet, and snowplow stop with both feet.
Level 4: Can skate backwards, scull backwards with both feet, and scull forwards with one foot.
Level 5: Can glide backwards on both feet, do a hockey stop, and forward circle thrust.
Level 6: Can do forward crossovers, backward circle thrusts, backward stops, can use outside edges.

*For a full description of skate lessons see individual class descriptions online at vanrec.ca.

Power Skating (8yrs+)
Improve your hockey skating skills through power skating lessons offered on Sunday afternoons. Learn proper skating posture and the importance making the most out of your edges. Work on skating skills that will strengthen your game. This is a chance to improve your speed, power, technique and control. Skaters must have passed Level 5 in the Learn to Skate program or have equivalent skills.

Power Skating Child (8-12yrs)
Set 1
Sun 4:30-5:15pm  Sep 24-Nov 5  $66.50/7 sess

Set 2
Sun 4:30-5:15pm  Nov 12-Dec 17  $57/6 sess

Power Skating Youth/Adults (13yrs+)
Set 1
Sun 4:30-5:15pm  Sep 24-Nov 5  $66.50/7 sess

Set 2
Sun 5:30-6:15pm  Nov 12-Dec 17  $56/7 sess

Private Lessons
Learn one-on-one with one of Britannia’s skating instructors. Perfect for someone looking for a little extra attention or wanting to brush up on a single skill or two. Private lessons are available on Saturday mornings and Tuesday evenings during the Learn to Skate lesson times.

$99 Winter Ice Sale!
Plan a holiday party between Dec 23-Jan 5 for $99/hour plus GST. Staff charges are not included. Booking for the Winter Ice Sale starts in October. For more info visit: vancouver.ca/parks-recreation-culture/rink-rentals

Join the Arena Committee!
The Arena Committee meets at the call of the chair on the 1st Tue of the month at 6:00pm in the Rink Mezzanine Room. For more information email britanniarink@vancouver.ca.
GWFC
Grandview Woodland Food Connection (GWFC) is dedicated to supporting healthy food access for all. In partnership with Britannia Community Centre, the GWFC is pleased to offer a range of community food programs. If you’d like to get involved, email gwfcmextwork@gmail.com or visit: gwffoodconnection.com

GWFC Committee Meetings
The GWFC is seeking Advisory Board Members to represent the many faces of our Community! Please contact Ruth Elizabeth and join us for our monthly meetings if you’re passionate about:
• Supporting the health and well-being of local residents;
• Promoting an accessible, just and sustainable food system; and
• Building the capacity of the neighbourhood through education, information sharing, and the creation of grassroots initiatives to address food security and justice issues.

Looking for Garden Enthusiasts & Ambassadors
Come volunteer with us and help us care for our gardens! During these weekly garden work parties and skill-sharing sessions, you will have the opportunity to gain hands-on experience and learn from experienced gardeners. We'll work together to care for the gardens by planting, watering, weeding and harvesting together. All are welcome, rain or shine. No registration needed, just drop by the garden! We will either be in the Indigenous plant garden at the Carving Pavilion.

Britannia Bulk Buy Food Club
Interested in fresh, healthy, and affordable food at wholesale prices? Once a month, you can purchase a $15 box of assorted produce at Britannia Community Centre. Buying together with your neighbours can help you save up to 40% on your food bill. You get 10-14 varieties of fruits and veggies plus access to supplemental donations. Email bbbfoodclub@gmail.com or call 604.718.5895 for more info or to be added to the waitlist.

CFEC
The Canucks Family Education Centre (CFEC) provides quality family literacy and early learning programs for children, youth and adults. All programs are free of charge and offer our Get Ready 2 Read (GR2R) Early Learning Program for the preschool age children of participants.

Registration is required for all programs. To register contact Lina Arias at lina.cfec@gmail.com. For all other enquiries please contact Jean Rasmussen, Executive Director, at 778.321.3437 or jean.cfec@gmail.com.

Britannia Partners in Education (PIE)
Britannia Secondary School, CFEC Rm 109A

English Foundations 1-3
Tue/Wed 9:30-11:45am

English Foundations 4-6
Tue/Wed 12:15-2:30pm

English for Speakers of Other Languages (ESOL)
Fri 10:00am-12:30pm

GR2R Family Resource Program
Thu 10:00am-12:00pm

Edmonds PIE Plus

English Foundations 1-4
Mon/Wed/Fri 12:45-2:45pm
Edmonds Community School, Rm 115

Maywood PIE Plus 2
English Foundations 5-7, English Composition 11/12, & English Studies 12
Tue/Wed/Thu 12:40-2:40pm
Maywood Community School, Adult Room (North Wing)

ECEA Plus Program
Wed 10:00am-3:00pm
CFEC-ECE Sapperton Centre, Burnaby

Vancouver Latin American Cultural Centre (VLACC)
Established in 2012, VLACC is a non-profit organization that celebrates cultural diversity by sharing Latin American culture with all! VLACC offers the opportunity to learn more about Latin American arts and culture, make new friends, contribute to your community, and have a wonderful time doing it! Most of their programs are in English and admission is often free. Many programs are offered at Britannia.

Activities encompass concerts, visual art, author readings and discussions, youth activities, choral singing and more. VLACC is working on establishing a physical hub for Latin American artists and audiences to celebrate the importance of the Latin American community in Canada. For more information, visit: vlacc.ca

Latin American Reading Group (16yrs+)
Envisioned in the model of book clubs, this reading group focuses on Latin American short stories. The stories are English translations and the discussions are lead in English. Co-presented with the Latin American Studies department of UBC, these sessions will generate community dialogues. This event is open to anyone interested in short stories written by Latin American authors. No background in Latin American literature or culture is required.

To register, please visit www.vlacc.ca.

Sabor Cubano Movement Workshop (19yrs+)
Learn the foundations of traditional Cuban dances—Rumba, Mambo, Cha-cha-cha, and Conga—in this series of six workshops. Afro-Cuban dancer and instructor Yula Vostretsova will provide an inclusive and relaxing environment to explore movement while having fun. Each session will start with a warm-up followed by basic steps and simple movement combinations. Open to all levels of abilities; no previous experience is necessary. $15/ drop-in, space permitting. No class Sep 30 and Oct 7.

VLACC
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Eastside Family Place
Eastside Family Place is a community support and resource centre for parents/caregivers and their young children up to age 6yrs. We offer many programs, along with support and referral services. Contact us for more details.
Annual membership fee is required. Subsidies available upon request.

Contact
1655 William St. 604.255.9841
info@eastsidefamilyplace.org
www.eastsidefamilyplace.org

Family Playtime
Adults can visit with each other while engaging with their children in a warm, educational environment. Children have opportunities to socialize and learn through playing developmentally stimulating activities. Both Indoor Playtime and Backyard Playtime are available throughout the week. Register via our website.

M/W/F 9:00am-12:00pm Families
Tue/Thu 9:00am-12:00pm Caregivers
Tue/Thu 1:00am-2:30pm Families & Caregivers

Parenting Education & Support
ESFP regularly offers a wide variety of excellent free programs, workshops, and groups, such as:

- Nobody’s Perfect (a parenting empowerment group)
- Circle of Security (understand attachment needs and its relation to children’s behaviour)
- Family Rhythm, Rhyme + Movement (early language and music program)
- Cooking Skills
- Mama Ganso/Spanish Mother Goose
- Parents of Babies: A Weekly Baby Group

Check our website for dates and times.

Licensed Occasional Childcare
For ages 18mos to early 6yrs. Advance booking required. Call 604.251.1018.

Britannia Branch
Hours
Please refer to www.vpl.ca for branch hours.

Contact
604.665.2222 vpl.ca

Children & Teen Programs
Babymine (0-18mo)
Tue 10:00am & 11:00am Sep 12- Nov 21

Family Storytime (18mo-5yrs)
Thu 10:00am & 11:00am Sep 14-Nov 23

Teen Advisory Group (T.A.G.)
Share ideas about library programs, services, and collections. Every other Tuesday or Thursday on Zoom. Email teens@vpl.ca to register.
Tue/Thu 4:00-5:00pm

Adult Programs
Connection to Kith and Kin Online: Indigenous Ancestry Search
For more information and to register, visit: vpl.ca/program/kith-kin
Tue 2:30-4:30pm Oct 3-Nov 21

Tech Help
Fri 2:00-3:30pm Ongoing

ESL Conversation Practice
Drop-in.
Wed 3:00-4:00pm Ongoing

Mobile Device Essentials
Register by phone (604.665.2222) or in-person.
Fri 2:00-3:30pm
Sep 8 Get to Know Your iPad or iPhone
Sep 15 Get to Know Mobile Apps for iOS
Oct 6 Get to Know Your Android Tablet or Smartphone
Oct 13 Get to Know Mobile Apps for Android

To check out what else is happening at the library, visit: vpl.ca

Community Action Program for Children (CAPC)
CAPC is a community-based children’s program that promotes the healthy development of young children (0-6yrs). For more information and to register, please call 604.718.5821 or 778.245.2428.

Fall 2023 Programs
- Food Security Program (fruit and veggie hampers)
- Parents Training (FoodSafe and Save that Child)
- Parents Circle Time (1st/2nd Fri/mo)
- Spanish Mother Goose/Mama Ganso (0-2yrs)

Spanish Mother Goose / Mama Ganso (0-2yrs)

Mon Sep 18-Nov 27 Free*
1-2yrs 10:30-11:30am
0-12mo 12:30-1:30pm
*Call 604.215.8289 to register.

Community Education
The Britannia Community Schools Team (CST) works out of the Community Education Office at Britannia Secondary. The mandate of the CST is to provide academic, social, and emotional support as well as connections to community resources for students in the Britannia Hub of schools.
This work is often done through student leadership opportunities, noon hour and after school programming. For inquiries please call 604.713.8273.

Community Schools Coordinator
Maddie LaFleur

Office Support
Mitra Tshan

VANCOUVER PUBLIC LIBRARY