



You're invited to the  
Black Lives Matter Mural  
Unveiling on Sep 10.  
See page 6 for more information.

# Programs & Services

## Fall 2022



Look for our **FREE**  
"Fun for All" programs!  
See inside for details.





## President's Message

2022 has been an exciting year for public art at Britannia. One of our ongoing priorities is to support local artists and have our public spaces reflect the vibrancy and diversity of the people in our catchment neighbourhoods. Come by and check out some of the incredible new art around the site:

- We have been working with artist Ejiwa "Edge" Ebenebe to create a 450 square foot mural that celebrates historic and present markers of Black existence in Canada. Join us for the unveiling on September 10 from 1:00-3:00pm in the Rink Plaza.
- Our Carvers in Residence—Edgar Alan Rossetti, Simon Daniel James, and Randall Bear Barnetson—have completed their carved cedar log benches. We are installing the seating around the site. Keep your eyes peeled for the new benches!
- In June 2022, Heiltsuk artist KC Hall completed an installation of 20 panels on the elementary school fence that tell the legend of how the Raven saved the world. This installation was done in collaboration with the students, staff and parent volunteers of Britannia Elementary School.

Last year we held our biggest Orange Shirt Day event ever. After the recovery of so many unmarked graves across Turtle Island, thousands of community members showed up in orange to show their support for residential and day school survivors. As of June 9, 2022 over 2300 suspected unmarked graves have been detected and this number will keep on growing. Many of these graves hold children lost to Canada's Residential Schools, children who are relatives of Indigenous people alive today.

We invite you to join us again on September 30, 2022 to see beyond the numbers and come and bear witness to stories of survivors and their enduring resilience. At 9:00am we will assemble at the VAFC and then walk to Grandview Park. For seniors and those with mobility challenges, a group will be assembling at 10:00am at the 55+ Centre for a shorter walk. We encourage you to get together with neighbours to create your own mini walks through our neighbourhood to Grandview Park. If you do not live in Grandview Woodland and would like to organize your own local walk, we would love to support you. Join us on Zoom on August 11 at 6:00pm (<https://us06web.zoom.us/j/85873268068>). Every child matters.

Lastly, thank you to all our staff and volunteers who work so hard to respond to ever-changing community needs.

How'aa,

Annie Danilko, Haida Nation

President, Britannia Board of Management

## Britannia's Board

Britannia Board meetings are held on the 2<sup>nd</sup> Wednesday of the month. For more information or if you are interested in running for our Board of Management, call Cynthia Low, Executive Director, at 604.718.5815.

President: Annie Danilko

Vice President: Pamela Dudas

Treasurer: Matt Smith

Executive Members John Flipse

Vera Jones

Directors: Susanne Dahlin

Ariela Friedmann

Farren Gillaspie

Pat Hogan

Craig Ollenberger

Ashki Shkur

Oliver Tennant

Naina Varshney

Emily Vickery

Youth Directors: Stephanie Slen

Emma Xu

Staff Rep: TBD

Partners:

VSB Rose Mackenzie

VPB Peter Odynsky

VPL Randy Gatley

Community Ed Ron Scott

Executive Director: Cynthia Low

Manager of Administrative Services:

Jeremy Shier

Manager of Child Care Services:

Jacky Hughes

## Britannia Committees

For more info about Britannia committees, call us at 604.718.5800 (1), email the contact person listed below, or visit:

[britanniacentre.org/about-us/board-of-management](http://britanniacentre.org/about-us/board-of-management)

### Board Meeting

2nd Wed/mo 6:00pm

Sep 14, Oct 12, Nov 9, Dec 14

Cynthia Low [cynthia.low@vancouver.ca](mailto:cynthia.low@vancouver.ca)

### Anti-Racism & Anti-Oppression Committee

2nd Thu/mo 6:00pm

Sep 8, Oct 13, Nov 10

Cyn Williams [cyn.williams@vancouver.ca](mailto:cyn.williams@vancouver.ca)

### Arena Committee

1st Tue/mo 6:30pm

Susy Bando [susy.bando@vancouver.ca](mailto:susy.bando@vancouver.ca)

### Arts & Culture Committee

1st Thu/mo 7:00pm

Sep 1, Oct 6, Nov 3, Dec 1

Amanda Lye [amanda.lye@vancouver.ca](mailto:amanda.lye@vancouver.ca)

### Board Development Committee

3rd Fri/mo 6:00pm

Sep 16, Oct 21, Nov 18

Cynthia Low [cynthia.low@vancouver.ca](mailto:cynthia.low@vancouver.ca)

### Child Care Committee

Call of the chair

Jacky Hughes [jacky.hughes@vancouver.ca](mailto:jacky.hughes@vancouver.ca)

### Grandview Woodland Food Connection

1st Wed/mo 6:00pm

Sep 7, Oct 5, Nov 2, Nov 30

Ruth-Elizabeth [gwfcnetwork@gmail.com](mailto:gwfcnetwork@gmail.com)

### Planning & Development Committee

3rd Tue/mo 6:30pm

Sep 20, Oct 18, Nov 15

Cynthia Low [cynthia.low@vancouver.ca](mailto:cynthia.low@vancouver.ca)

### Pool & Fitness Committee

Last Tue/bi-monthly 6:00pm

Sep 27, Nov 29

Marie Beesley [marie.beesley@vancouver.ca](mailto:marie.beesley@vancouver.ca)

### Seniors, Elders & Advocates (SEA) Committee

3rd Wed/mo 3:30pm

Sep 21, Oct 19, Nov 16

Anne Cowan [anne.cowan@vancouver.ca](mailto:anne.cowan@vancouver.ca)

### Skateboard Committee

1st Mon/mo 6:30pm

Oct 3, Nov 7, Dec 5

Oliver Tennant

[hello@britanniaskateboardcommittee.com](mailto:hello@britanniaskateboardcommittee.com)

[britanniaskateboardcommittee.com](http://britanniaskateboardcommittee.com)

### Sports & Fitness Committee

2nd Tu/mo 6:00pm

Nov 8

Fraser McElroy [fraser.mcelroy@vancouver.ca](mailto:fraser.mcelroy@vancouver.ca)

### Youth Committee

3rd Thu/mo

Tom Higashio [tom.higashio@vancouver.ca](mailto:tom.higashio@vancouver.ca)

### Reconciliation in Action (RIA) Committee

Call of the chair

Cynthia Low [cynthia.low@vancouver.ca](mailto:cynthia.low@vancouver.ca)

### Volunteer Committee

3rd Fri/mo 5:00pm

Sep 16, Oct 21, Nov 18

Yao Zhang [yao.zhang@vancouver.ca](mailto:yao.zhang@vancouver.ca)

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## Unceded Coast Salish Territories

Britannia is located on the traditional and unceded Coast Salish territories of the xʷməθkʷəy̓əm (Musqueam), Skwxwú7mesh (Squamish) and səliwətał (Tsleil-Waututh) Nations, and we hold the heritage of these lands close in our everyday work. We aim to embrace Indigenous values and practices and are committed to reflecting Indigenous protocols and beliefs in our work.

## Facility Rentals

At Britannia our mission is to foster active community building, collaboration, and grass roots education and involvement so that we can contribute to the quality of life of individuals in our catchment neighbourhoods. We recognize that our programs do not always meet all community needs—sometimes people just need space to host their own events. From space for sporting events to birthday parties, we have a great selection.

### Gym/Room Rentals

For rates and availability contact the Facility Support Clerks at 604.718.5812 or [britanniafacilitysupport@vancouver.ca](mailto:britanniafacilitysupport@vancouver.ca).

### Pool Rentals

Contact the Pool Programmer, Marie-Louise, at 604.718.5830 or email [marie.beesley@vancouver.ca](mailto:marie.beesley@vancouver.ca).

### Rink Rentals

Go to [vancouver.ca/parks-recreation-culture/rink-rentals](http://vancouver.ca/parks-recreation-culture/rink-rentals) or contact the Rink Programmer, Susy, at 604.718.5836 or email [susy.bando@vancouver.ca](mailto:susy.bando@vancouver.ca).

### Facility Rental Fee Policy

We collect full rental fees at the time of booking. We cannot hold a space until payment is received in full. Once you've rented space from us a minimum of 3 times within a 6 month period and are in good standing, you can apply to become a regular user at which time rental fees can be collected on the day of your event/program. For cancellations, a full refund will be given with at least 48hrs notice. No refunds given with less than 48hrs. For more information, visit: [britanniacentre.org/facilities/rentals](http://britanniacentre.org/facilities/rentals)

## Holiday Hours

### Info Centre, 55+ Centre & Teen Centre

Sep 5	Labour Day	CLOSED
Oct 10	Thanksgiving	CLOSED
Nov 11	Remembrance Day	CLOSED
Dec 25	Christmas Day	CLOSED
Dec 26	Boxing Day	CLOSED

### Pool & Fitness Centre

Sep 5	Labour Day	1:00-5:00pm
Oct 10	Thanksgiving	1:00-5:00pm
Nov 11	Remembrance Day	1:00-5:00pm
Dec 25	Christmas Day	1:00-5:00pm
Dec 26	Boxing Day	1:00-5:00pm

### Rink

Sep 5	Labour Day	CLOSED
Dec 25	Christmas Day	CLOSED
Dec 26	Boxing Day	1:00-3:30pm

## Cover Photo

A rendering of the new Black Lives Matter mural by artist Ejiwa “Edge” Ebenebe at Britannia. Standing at approximately 450 square feet, we hope this mural will help foster a sense of belonging as community members and secondary school students will walk past and see a little piece of themselves reflected in the imagery.

# Registration & Rentals

## Registration Dates

Registration for **general programs** opens Tuesday Aug 16, 2022 at 9:00am in-person and online, and at 1:00pm by phone.

Registration for **free programs** opens Wednesday Aug 17, 2022 at 9:00am in-person and online, and at 1:00pm by phone.

Registration for **swim lessons** opens on Tuesday Aug 30, 2022 at 7:00pm.

Registration for **Set 1 skating** lessons begins on Wednesday, Aug 31 at 9:00am in-person and online, and at 1:00pm by phone.  
Registration for **Set 2 skating** lessons begins on Oct 26.

## How to Register

### 1) Register online at [vanrec.ca](http://vanrec.ca)

Set Britannia Community Centre, Pool or Rink as the location.

### 2) Register in person

You can register for programs at the **Info Centre** and the **Pool Cashier**. Registration closes an hour before closing at the pool and half an hour before closing at the Info Centre.

#### Info Centre Hours:

Mon-Fri 8:30am-7:00pm

Sat 9:00am-5:00pm

Sun 10:00am-4:00pm

#### Pool Cashier Hours:

Mon-Fri 6:30am-9:00pm\*

Sat/Sun 8:00am-7:00pm\*

\*Hours are subject to change.

### 3) Register by phone at 604.718.5800 ext. 1

## Subsidy Policy

Britannia provides assistance to those who are not able to afford the advertised cost of certain programs and activities. Please note: Maximum of two subsidies per person per season.

Some programs do not qualify for subsidy. Our subsidy policy does not apply to Britannia Child Care programs or products that are resalable.

**Non-residents of Vancouver are not eligible for subsidies.**

### Leisure Access Program

The Leisure Access Program (LAP) provides low-income City of Vancouver residents with reduced cost programs and services at Britannia and Park Board facilities. LAP card holders may receive up to 50% off certain programs. To learn more and to apply, visit:

[vancouver.ca/parks-recreation-culture/leisure-access-card](http://vancouver.ca/parks-recreation-culture/leisure-access-card)

### Grandview-Woodland & Strathcona Subsidy

Program participants living in the Grandview Woodland and Strathcona areas who are in need of financial assistance may request a subsidy of up to 25% of course costs for certain programs by completing an application.

### FREE 'Fun For All' Recreation

Britannia operates a wide range of FREE and pay-what-you-can recreation programs. The Britannia Board of Management is committed to ensuring that people have access to programs and that fees are not a barrier to members of the Grandview-Woodland and Strathcona Communities.



**Look for the "Fun for All" stamp in the Brochure to find our free and pay-what-you-can programs.**

## Refund Policy

- A full refund will be granted if requested up to 48hrs prior to the second class. No refunds after this time.
- For workshops and outings, a full refund will be granted if the refund is requested one week (seven days) prior to the start of the program. No refunds after this time.
- Britannia Society Memberships are non-refundable.
- For day camps, a \$5 administration fee will be charged for each camp a refund is requested for. Refund requests must be made one week (seven days) prior to the start of the program. No refunds after this time.

### Swim/Skate Refunds

- Full refund will be granted five days or more prior to the start of the program. Partial refunds granted within four days of program start or before second class. Exceptions: No refunds on single session programs.
- Transfers possible prior to second class. No refunds after second class.

### Cancellation Policy

- Courses are cancelled when too many people wait until the last minute to register. A minimum number must enrol before a class will run.
- Programs may be cancelled due to unforeseen circumstances and instructors may change during the program season.

## Britannia Memberships

In order to participate in recreation programs at Britannia, you must be a member. Memberships are valid from January 1 - December 31 every year.

A membership may be obtained when you register for a program (membership fees will be automatically added to your online purchases) or any time during the year at the Pool Cashier, the Info Centre, or online at:

[britanniacentre.org/about\\_us/membership](http://britanniacentre.org/about_us/membership)

### Membership Benefits

- Voting privileges at the society Annual General Meeting.
- You must have a current Britannia membership to register for programs.
- Eligibility to run for the Board of Management.
- Mail-outs/e-mails about Centre events.

### Price

Family	\$5
Adult	\$3
Child, Youth, Senior	\$1

## Contact

1661 Napier Street, Vancouver BC V5L 4X4  
[britanniacc@vancouver.ca](mailto:britanniacc@vancouver.ca) [britanniacentre.org](http://britanniacentre.org)

Britannia Info Centre:  
604.718.5800 (1)

Pool Reception:  
604.718.5831



## Volunteer with us!

Britannia Community Centre is like no other facility in the Lower Mainland. Britannia's unique integration of education, recreation, library, and social services supports and services the vibrant mix of cultures, age and income demographics in the Grandview Woodland and Strathcona communities.

This gives rise to a large variety of volunteer opportunities in cultural, educational, entertainment and sport activities at varied levels of commitment. The ultimate reward is the personal satisfaction achieved through helping to build community in your neighbourhood.

Throughout the year, the essential contributions of volunteers to the success of Britannia programs are recognized through special social events, appreciation parties, educational field trips, and training opportunities.

Interested in volunteering with us? You can complete an application and view volunteer opportunities on our website:

[britanniacentre.org/volunteer](http://britanniacentre.org/volunteer)

### Special Event Volunteers Needed

We are looking for volunteers to help us provide warm and engaging community events. Special event volunteers assist on the event day for set-up, guest assistance, greeting, overseeing the zero waste station, and event take down.

Interested? Please fill in an application at [britanniacentre.org/volunteer](http://britanniacentre.org/volunteer). If you have any questions, please call 604.718.5860 or email [yao.zhang@vancouver.ca](mailto:yao.zhang@vancouver.ca).

### Gymnastics

Do you have prior experience in gymnastics? The Britannia Gymnastics Club is looking for a few passionate volunteer assistant coaches. If you are interested, please send your resume to [yao.zhang@vancouver.ca](mailto:yao.zhang@vancouver.ca).

### Tax clinic Volunteers Needed

Britannia is holding tax clinics in March and April 2023 to help low-income individuals fill out their tax returns online. Our clients include families, seniors, and new immigrants to Canada.

Volunteers will need to register with CRA's CVITP program, complete required training, and a criminal record check. Applications will be accepted between Nov 15, 2022 and Jan 11, 2023. Complete an application form at [britanniacentre.org/volunteer](http://britanniacentre.org/volunteer).

## Britannia Renewal

### Have you noticed anything new about [britanniarenewal.org](http://britanniarenewal.org)?

Visit the freshly redesigned Britannia Renewal website!

Featuring:

- New dynamic elements;
- User-friendly ways to access project updates, news, events, meeting minutes, and reports;
- Planning & Development Committee information; and
- Stories from our community!

### Visit the B-Lab

Join us in the Britannia Info Centre to learn more about the Britannia Renewal. The B-Lab seeks to overcome digital barriers to participation by providing a safe, in-person space for community to engage with the Renewal. Here you can:

- Access core documents;
- Hear diverse perspectives on the project;
- Share thoughts, comments and feedback;
- Learn more about upcoming opportunities to get involved.



### Join the Planning & Development Committee

The Planning & Development Committee meets on the third Tuesday of each month and is always open to new members! Topics up for discussion generally include: planning updates, progress reports on community consultation processes, reports on meetings with our site partners, and other matters related to the Renewal process. For meeting Zoom links, visit:

[britanniarenewal.org/posts/meetings](http://britanniarenewal.org/posts/meetings)

Tue 6:30-8:30pm  
Zoom

Sep 20, Oct 18  
Nov 15, Dec 20



# Special Events

## Art Gallery Exhibitions September 7 – 30

**The DTES Says Hi!**  
Paintings by Charlene Heilman.

**The Little Red Riding Hijab**  
Book by Ed Walwail.



## October 5 – 28

**Resilience**  
Paintings by Ellen Bang.

**Retrospective**  
Soapstone sculpture by Gilles Hebert.



## Nov 2 – Dec 2

**Instru mental**  
Mixed media assemblage by Val and Arnt Arntzen.



## December 7 – 29

**Boulder Fantasy**  
Mixed media on paper by Nadia Baker.

**Colour and Light; a continuing exploration in watercolour**  
Watercolour and ink on paper by Sonia Mocnik.



## The Solstice/Equinox Coffee House Series (All ages)



The Britannia Coffee House Series is a favourite seasonal event celebrating the turn of each season. Each event is warm and inviting, creating an opportunity for community to gather and connect, and enjoy music and poetry by local performers. Join early or stay late for family-friendly pre- and post-show connections.

[britanniacentre.org/coffeehouse](http://britanniacentre.org/coffeehouse)

## Fall Equinox Coffee House

Celebrate the turn of the season and welcome the colourful return of autumn with an evening of music and poetry. Inspired by the seasonal harvest and kitchen parties, this Coffee House will be as cozy as a warm cup of tea after a day in the crisp autumn air. Featuring local performers and poets.

<b>Sun</b>	<b>6:45-9:00pm</b>	<b>Sep 18</b>
<b>Zoom</b>		<b>Free</b>

## Winter Solstice Coffee House

Join us as we embrace the dark and gather in the light to celebrate the Winter Solstice. A cozy evening of local music and poetry is sure to warm the heart and restore the spirit. A relaxing night during the busy holiday season, and an opportunity to connect with community from the comfort of your home.

<b>Sun</b>	<b>6:45-9:00pm</b>	<b>Dec 18</b>
<b>Zoom</b>		<b>Free</b>

## Coffee House Viewing Lounge

Come together to watch the Coffee House on Zoom, for a taste of in-person community connection. Please note: There is no live performance in the viewing lounge. Food and drink may be served. Registration required.

<b>Fall Equinox</b>		
<b>Sun</b>	<b>6:30-9:00pm</b>	<b>Sep 18</b>
<b>417459</b>	<b>55+ Centre</b>	<b>Free</b>

<b>Winter Solstice</b>		
<b>Sun</b>	<b>6:30-9:00pm</b>	<b>Dec 18</b>
<b>418520</b>	<b>55+ Centre</b>	<b>Free</b>

## Fiesta del Maiz



Britannia is excited to partner with the Canada El Salvador Action Network to bring back the Corn Festival (Fiesta del Maiz). The festival celebrates our shared love for corn, while also recognizing the profound importance of the food staple for the people's of Latin America. From music and dancing, to educational tables and incredible food (papusa's, tamales, and more!)—we can't wait to bring back this annual highlight.

<b>Sat</b>	<b>11:00am-6:00pm</b>	<b>Sep 3</b>
<b>Gym D</b>		<b>Free</b>

## Britannia Plaza Market



Markets in the main plaza on Wednesdays and Saturdays.

<b>Wed</b>	<b>3:00-7:00pm</b>	<b>Jun 22-Oct 5</b>
<b>Sat</b>	<b>12:00-4:00pm</b>	<b>Jun 25-Sep 10</b>
<b>Britannia Plaza</b>		<b>Free</b>

## Britannia Festival Markets



Check out the live music, drop-in art workshops, and a village of info tables.

<b>Sat</b>	<b>12:00-4:00pm</b>	<b>Aug 20, Sep 3</b>
<b>Napier Greenway</b>		<b>Free</b>

## Black Lives Matter Mural Unveiling



Britannia Community Centre is honoured to host the artist Ejiwa "Edge" Ebenebe as they create a mural to showcase the variety of expressions of Black lives in our Community on the wall of Gym C at Parker Street.

Join us for the unveiling of this beautiful mural and to pay our respects to the Black lives in our community, meet the artist, and have some refreshments. Thanks to the funding from the City of Vancouver Communities and Artists Shifting Culture grant and Britannia Society.

<b>Sat</b>	<b>1:00-3:00pm</b>	<b>Sep 10</b>
<b>Rink Plaza</b>		<b>Free</b>

## Science and Makers Day (5-15yrs)



Free activities for the whole family! Science World's On the Road team will present two shows during the day. Computer programming, engineering, general science and other presentations all day!

<b>Sat</b>	<b>10:00am-3:00pm</b>	<b>Sep 17</b>
<b>Gym D</b>		<b>Free</b>

## Volunteers Needed

Help us provide community events! Volunteers assist with set-up, guest services, zero waste stations, and event take down. Fill in an application at [britanniacentre.org/volunteer](http://britanniacentre.org/volunteer). If you have any questions, please call 604.718.5860 or email [yao.zhang@vancouver.ca](mailto:yao.zhang@vancouver.ca).

## Orange Shirt Day

We are gathering with Elders and their families on Orange Shirt Day. We invite you all to join us on this important day to help raise awareness about residential schools and their lasting impact on Indigenous peoples. Every Child Matters. Wear your orange shirt in support.

At 9:00am we will assemble at the Vancouver Aboriginal Friendship Centre and then walk to Grandview Park. Seniors and those with mobility challenges will assemble at 10:00am at the 55+ Centre to walk together. Activities and speakers begin at the park at 11:00am.

**Fri 11:00am-2:00pm Sep 30**  
**Grandview Park Free**

## Family Pumpkin Carving

Celebrate Halloween by carving a pumpkin with your family. Cost is based on a family of four and will include 2 pumpkins. Additional pumpkins can be purchased for \$5 but must be carved at the Centre. Please register by Oct 21 so the correct number of pumpkins will be available. Hot chocolate and carving utensils will be provided. Children under 12 must be accompanied by a parent or other caregiver. Must be created on site. Please bring a bag or box to carry them home!

**Sun 1:00-3:00pm Oct 23**  
**55+ Centre \$10/1 sess**  
**400013 Helen**

## Britannia Winter Craft Fair

We are very excited to bring back the Britannia Winter Craft Fair this November! Admission is \$2 per day and free for children 12 and under. We are reaching out to the community for vendors, artisans and performers! Thank you to the youth and staff at Britannia Secondary School for their support of this event. To apply as a vendor, email [britanniacraftfair@live.ca](mailto:britanniacraftfair@live.ca), or leave a voice message at 604.257.3087. The application deadline is September 14.

**Sat 11:00am-6:00pm Nov 19**  
**Sun 10:00am-4:00pm Nov 20**  
**Gym D \$2/1 sess**

## Gingerbread Houses

Bring the whole family (up to 4 members) to build a graham cracker gingerbread-style house. Candies and frosting and crackers will be provided; feel free to bring along your own decorations. Please register by Dec 9 so the correct number of kits will be available. Children under 12 must be accompanied by a parent or other caregiver. Must be created on site. Bring a bag or box to carry them home!

**Sun 1:00-3:00pm Dec 11**  
**55+ Centre \$10/1 sess**  
**400015 Helen**

## Banner Painting 2-day Workshop (12yrs+)

*"Injustice anywhere is a threat to justice everywhere."*

– Martin Luther King Jr.

This season's theme is justice. Use high quality water-based fabric paints to help create the next set of colourful banners to hang in pairs outdoors around the site and in the Library. This is a great workshop for friends and family. Children under 12 must be accompanied by an adult. Wear old clothes, bring a lunch and a colour sketch of your idea. Banners can be purchased after exhibition for \$20/set. Artists get first chance to buy their own banners. Unclaimed banners may be available at a Britannia Plaza Market (see summer schedule). All materials will be provided.

**Sat-Sun 10:00am-4:00pm Oct 15-16**  
**Cafeteria \$19.05/2 sess**  
**379652 Helen**

## Parade of Lost Souls: Galactic Disco (All ages)

Join us for this annual event as Britannia partners with the Dusty Flowerpot Cabaret to bring you this years Galactic Disco themed Parade of Lost Souls. Join in the workshops leading up to the event (registration separately). Live dance and family-friendly entertainment. Dress up and meet at Britannia Library on the hour 7, 8 and 9 to join in the marching band, or come early and make an installation. All are welcome to join in the performance and art of Parade of Lost Souls... for "if we are lost, then we are lost together".

**Sat 7:00-10:00pm Oct 29**  
**Britannia (Outdoors) Free**  
**Dusty Flowerpot Cabaret**

## Parade of Lost Souls Workshops

### Galactic Disco Costume Making (15yrs+)

For those interested in performing at the Parade of Lost Souls on Saturday October 29, and want to join the Galactic Disco Costume Making workshops with Kat Single-Dain. If you can stay for the Galactic Disco Dance Workshops afterwards and join in the fun. Participants under 15 years of age must be accompanied by an Adult. The Canucks Family Education Centre (CFEC) is located next to the Grandview Park Playground. By Donation (\$5-\$10 suggested).

**Sat 3:00-5:00pm Oct 8-22**  
**CFEC By donation**  
**Kat**

## Galactic Disco Dance Workshops (15yrs+)

For those interested in performing at the Parade of Lost Souls on Saturday October 29, and want to join the Galactic Disco Dance Workshops with Kat Single-Dain of Dusty Flowerpot Cabaret. The theme this year is Galactic Disco! Come to at least two of these rehearsals. Costume making beforehand 3-5pm with separate registration. Participants under 15yrs must be accompanied by an adult. All workshops located in the Canucks Family Education Centre (next to Grandview Park Playground). By Donation (\$5-\$10 suggested).

**Sat 6:00-8:00pm Oct 8-Oct 22**  
**CFEC By donation**  
**Kat**

## Thriller Dance Rehearsals (15yrs+)

For those interested in performing in the Thriller Flashmob at the Parade of Lost Souls on Saturday October 29. Learn the original choreography of Michael Jackson's record setting break out hit with Kat Single-Dain! Come to at least two of these rehearsals or all if you can. Participants under 15yrs must be accompanied by an adult. All workshops located in the Canucks Family Education Centre (next to Grandview Park Playground). By Donation (\$5-\$10 suggested). No rehearsal Oct 16.

**Sun 12:00-2:00pm Oct 2-23**  
**Cafeteria By donation**  
**Kat**

## Time Warp Dance Rehearsals (15yrs+)

For those interested in performing in Time Warp flashmob at the Parade of Lost Souls on Saturday October 29. Learn the original choreography of the Time Warp from the Rocky Horror Picture Show with Kat Single-Dain. Come to at least two of these rehearsals or all if you can. Participants under 15yrs must be accompanied by an adult. All workshops located in the Canucks Family Education Centre (next to Grandview Park Playground). By Donation (\$5-\$10 suggested). No rehearsal Oct 16.

**Sun 2:30-4:30pm Oct 2-23**  
**Cafeteria By donation/**  
**Kat**

## Sunday Movie Night Series (All ages)

See page 27 for the full schedule.

**Sun 6:00-9:00pm Sep 11-Dec 18**  
**55+ Centre Free\***  
**420406 \*Registration required.**

# Licensed Child Care



## Britannia Child Care Hub

For up-to-date information on space availability, waitlists, and registration, please contact each child care centre directly.

### Child Care Mission Statement

To provide a range of safe, stimulating and nurturing child care programs that respect and embrace each child and family.

### About our Child Care Programs

Each one of our programs is a unique reflection of its history, the community it serves, its staff members and its families, past and present. We believe that children learn about themselves, others and the world around them through play and creative expression. This allows children to learn naturally and practice important skills in the following areas:

<b>Social:</b>	Communication, friendship skills, conflict resolution, sharing and cooperation.
<b>Intellectual:</b>	Language and self-expression, problem solving, critical thinking, kindergarten readiness.
<b>Physical:</b>	Large muscle and fine motor skills, safety and self-care skills (health, hygiene, large and fine motor development).
<b>Creative:</b>	Self expression and concept development.
<b>Emotional:</b>	Development of healthy self-esteem, self-confidence, self-awareness and ability to deal appropriately with emotions.

### About our Staff

All of our staff are qualified as Early Childhood Educators, Special Needs Educators, Child and Youth Care Counsellors, or are Responsible Adult certified. The number of additional staff for each program is dependent upon the type of program and is always in accordance with child/staff ratios set by child care licensing regulations.

All staff, substitutes, students and volunteers are required to have a clear Criminal Record Search in accordance with child care licensing regulations.

For more information, visit: [britanniacentre.org/services/licensed\\_childcare](http://britanniacentre.org/services/licensed_childcare)

### Affordable Child Care Benefit & \$10/day Child Care

For more information about the provincial tax benefit, the fee reduction initiative, and \$10/day child care, call 1.888.338.6622 or visit:

[www2.gov.bc.ca/gov/content/family-social-supports/caring-for-young-children/child-care-funding](http://www2.gov.bc.ca/gov/content/family-social-supports/caring-for-young-children/child-care-funding)

## Toddler Program (18mo-3yrs)

Mount Pleasant Child Care has a licensed toddler program with 12 spaces for children 18mos-3yrs. Children will develop socially, physically and emotionally at their own pace in a caring and safe environment with time to explore new relationships with friends and interact with adults. Age-appropriate materials and snacks provided.

### Mount Pleasant Child Care

960 East 7<sup>th</sup> Avenue 604.718.5844

For waitlist info, email: [mountpleasantchildcare@shawbiz.ca](mailto:mountpleasantchildcare@shawbiz.ca)

Hours: Mon-Fri 7:30am-6:00pm

Fees: \$1081/mo

Lunch Program: \$70/mo



## Preschool Program (3-5yrs)

Our Preschool program provides a rich and meaningful child-centered environment in which children learn and grow in all areas of development. Children practice creativity and freedom of artistic expression in a play-based learning environment as we highlight multiculturalism, diversity, arts, dance, and languages from around the world.

### Britannia Preschool

1661 Napier Street  
Lorraine Evans 604.718.5843

### September 2022 – June 2023

Morning Classes		
M/W/F	8:30am-11:00am	\$84/mo
Tue/Thu	8:30am-12:00pm	\$56/mo

Afternoon Classes		
M/W/F	11:45am-3:15pm	\$84/mo
Tue/Thu	12:45pm-3:15pm	\$56/mo

5 days/week (am or pm) \$140/mo



## Daycare Programs (3-5yrs)

Eaglets Daycare, Grandview Terrace and Mount Pleasant Child Care offer full day daycare programs for children 3-5yrs. The programs offer a caring, safe and nurturing environment that provides children the freedom and support to develop their full potential. We offer multicultural programs that respect a variety of traditions, lifestyles, languages and cultural heritages. In our inclusive play-based programs, staff provide activities based on children's interests and developmental needs, offering opportunities for children to explore their environment through music, movement, blocks, construction toys, cooperative games, stories and outdoor play. Through play, children are able to develop social skills and learn more about their world.



### Eaglets Daycare (2.5-5yrs)

485 Semlin Drive  
Suzy Liguori 604.718.5856  
Please note: We are not taking waitlist applications at this time.

Hours: Mon-Fri 7:30am-5:45pm  
Fees: \$10/day \$200/mo  
Snacks provided.

### Grandview Terrace Child Care

2075 Woodland Drive  
Alejandra Uribe 604.718.5846  
grandviewcc@shawbiz.ca  
grandviewterracechildcare.com

Hours: Mon-Fri 7:30am-5:45pm  
Fees: \$885/mo  
Lunch Program: \$80/mo  
Snacks provided.

### Mount Pleasant Child Care

960 East 7th Avenue 604.718.5844  
For waitlist info, email:  
mountpleasantchildcare@shawbiz.ca

Hours: Mon-Fri 7:30am-6:00pm  
Fees: \$997/mo  
Lunch Program: \$70/mo  
Snacks provided.

## Out-of-School Care Programs (5-12yrs)

Britannia, Eagles in the Sky, and Grandview Terrace Out-of-School Care (OSC) are licensed programs, which offer the opportunity to create, explore and socialize in a fun, safe and nurturing environment. Our play-based programs are designed to foster independence and confidence in a family-centred setting.

We strive to provide an integrated and comprehensive continuum of services for children and families that reflect the communities we serve. All of the centres are culturally sensitive and celebrate the uniqueness of our families. Qualified educators offer a value-based program that focuses on children's interests, ages and developmental needs.



### Britannia OSC

1661 Napier Street  
Lorraine Evans 604.718.5843

Pick up: Britannia Elementary

Sep-Jun Hours:  
Mon-Fri 7:30-9:00am  
3:00-5:45pm

Pro-D Day, Winter/Spring Break Hours:  
Mon-Fri 7:30-5:45pm

Fees: Full Time \$200/mo  
Part Time \$10/day  
Fees include before and after school care.

Breakfast & pm food program provided.

### Grandview Terrace OSC Program II & III

2075 Woodland Drive  
Alejandra Uribe 604.718.5846

Pick up: Grandview Elementary  
Queen Alexandra Elementary  
Queen Victoria Annex  
École Anne-Hébert

Sep-Jun Hours:  
Mon-Fri 7:30-9:00am\*  
3:00-6:00pm

\*No AM care for Queen Alexandra Elementary and École Anne-Hébert.

Fees: OSC II \$200/mo  
OSC III \$425/mo

Breakfast & pm snack provided.

### Eagles In The Sky OSC

103B-1950 E. Hastings  
Kinga Batko 604.230.1885

For waitlist info, email:  
eagleschildcare@shaw.ca

Pick up: xpey Elementary  
Hastings Elementary  
Lord Nelson Elementary,  
École Anne-Hébert

Sep-Jun Hours:  
Mon-Fri 7:30-9:00am  
3:00-5:45pm

Fees: \$10/day \$200/mo

Breakfast & pm snack provided.

## Community Action Program for Children (CAPC) ☀

CAPC is a community-based children's program that promotes the healthy development of young children. All programs are free and for parents with children aged 0-6. For more information and to register, please call 604.718.5821 or 778.245.2428. Fall CAPC programs:

### Food Security Program

Appetite To Play Series  
Yoga Class for Mom & Child  
Spanish Mother Goose (1-3yrs)  
Spanish Mother Goose (0-12mo)  
Cooking with a Chef and Nutritionist  
Money Skills  
Save That Child

### Ongoing

Fri 10:00-11:00am  
Tue 10:00-11:00am  
Mon 10:30-11:30am  
Mon 12:30-1:30pm  
Wed 10:00-11:00 am  
Wed 10:00am-12:00pm  
Thu 10:00am-12:00pm

### Provides monthly \$25 gift card and fruits and veggies hampers.

Sep 9 & 16; Oct 7, 14, & 21; Nov 4 & 18; Dec 2  
Oct 4-Nov 29  
Sep 19-Nov 14\*  
Sep 19-Nov 14\*  
Oct 5-Nov 30  
Oct 13  
Oct 27

### Rink Mezz

Gym C  
Rink Mezz  
Rink Mezz  
Online  
Online  
Online

\*No class Oct 10.  
\*No class Oct 10.

# Preschool

## Physical Activity

### Axe Capoeira Beginner Mini Kids (3-6yrs)

All levels welcome. Classes cover all aspects of Capoeira: martial arts, dance, music, acrobatics, culture, language and more. Classes focus on developing rhythm, reflexes, balance, coordination, strength and flexibility. Classes do not pro-rate; monthly rate only. No class Sep 30 & Nov 11.

<b>Tue/Fri</b>	<b>5:00-5:45pm</b>	<b>Cafeteria</b>
<b>Marcus</b>		
<b>413339</b>	<b>Sep 6-30</b>	<b>\$85/mo</b>
<b>413341</b>	<b>Oct 4-28</b>	<b>\$85/mo</b>
<b>413340</b>	<b>Nov 1-29</b>	<b>\$85/mo</b>
<b>420905</b>	<b>Dec 2-16*</b>	<b>*\$65/5 sess</b>



### Sportball Outdoor Parent and Child Soccer (2-3yrs)

Get a kick out of Sportball Parent & Child Outdoor Soccer programs! Participants are introduced to fundamental concepts of soccer, including throw-ins, dribbling, trapping, passing, goalie skills and more. Children are challenged according to their individual skill level and Coaches help grown-ups understand proven teaching techniques that can be applied outside of class. Britannia Oval, South Field.

<b>Mon</b>	<b>5:00-5:45pm</b>	<b>Sep 12-Oct 3</b>
<b>Brit Oval</b>		<b>\$68/4 sess</b>
<b>419017</b>	<b>Sportball</b>	

### Sportball Outdoor Soccer (4-7yrs)

Kickstart your day! Sportball soccer programs introduce fundamental concepts of gameplay and teach the basic skills required to bend it like Beckham in a supportive, non-competitive environment. Zero in on skills like throw-ins, dribbling, trapping and passing in fun, exciting, skill-focused games. Parents are required to remain by the field for children's safety. Britannia Oval, South Field.

<b>Mon</b>	<b>Sep 12-Oct 3</b>	<b>Brit Oval</b>
<b>Sportball</b>		<b>\$68/4 sess</b>
<b>419018</b>	<b>4-6yrs</b>	<b>4:00-5:00pm</b>
<b>419019</b>	<b>5-7yrs</b>	<b>5:45-6:45pm</b>

### Sportball Parent/Child Multisport (2-3yrs)

Multi-sport classes teach children introductory physical skills and help them develop confidence through 8 different ball sports. Parent participation required. No class Oct 9 & Nov 20.

<b>Sun</b>	<b>11:30am-12:15pm</b>	<b>Gym D</b>
<b>Sportball</b>		<b>\$102/6 sess</b>
<b>413388</b>	<b>Sep 18-Oct 30</b>	
<b>419020</b>	<b>Nov 6-Dec 18</b>	

### Sportball Multisport (3.5-5yrs)

Multi-sport classes teach children methods to practice and refine gross motor skills through 8 core ball sports. This program reinforces benefits of teamwork and skill development enabling children to gain confidence and develop social skills to succeed in sport and life. No class Oct 9 & Nov 20.

<b>Sun</b>	<b>12:15-1:15pm</b>	<b>Gym D</b>
<b>Sportball</b>		<b>\$102/6 sess</b>
<b>413387</b>	<b>Sep 18-Oct 30</b>	
<b>419021</b>	<b>Nov 6-Dec 18</b>	

### Sportball Parent & Child Outdoor T-Ball (2-3yrs)

Let's Play Ball! Children are introduced to fundamental concepts of baseball and are provided the basic skills required to play with confidence in fun, exciting, skills-focused games. With the guidance and support of their Sportball Coach, children zero in on T-Ball skills like throwing, catching, batting form, running bases and fielding.

Children are challenged according to their individual skill level and Coaches help grownups understand proven teaching techniques that can be applied outside of class. No class Oct 9.

<b>Sun</b>	<b>9:30-10:15am</b>	<b>Sep 18-Oct 16</b>
<b>Brit Oval</b>		<b>\$64/4 sess</b>
<b>419016</b>	<b>Sportball</b>	

### Sportball Outdoor T-Ball (4-6yrs)

Big League Fun! Sportball Baseball or Sportball T-Ball introduces fundamental concepts of gameplay and teaches the basic skills required to play ball with confidence in a supportive, non-competitive environment.

With the guidance and support of their Sportball Coach, children zero in on skills like throwing, catching, batting form, running bases and fielding in fun, exciting, skill-focused play. No class Oct 9.

<b>Sun</b>	<b>10:15-11:15am</b>	<b>Sep 18-Oct 16</b>
<b>Brit Oval</b>		<b>\$64/4 sess</b>
<b>419015</b>	<b>Sportball</b>	



## Leisure Access Program

The Leisure Access Program (LAP) provides low-income City of Vancouver residents with reduced cost programs and services at Britannia and Park Board facilities. LAP card holders may receive up to 50% off certain programs. To learn more and to apply, visit:

[vancouver.ca/parks-recreation-culture/leisure-access-card](http://vancouver.ca/parks-recreation-culture/leisure-access-card)

### Baby and Me Yoga (16yrs+)

Baby and Me Yoga classes are designed with the birthing parent and new baby in mind. Connect with your young one with playful asana (exercises) as you stretch, breathe and relax your body back into shape, while your baby is stimulated physically, emotionally and socially.

This class is best suited for those who have healed after delivery, and for babes who are not yet very mobile. Previous yoga experience is not necessary. Bringing a blanket for baby and your own mat is recommended. For more info visit [intoyoga.ca](http://intoyoga.ca). \$18/drop-in.

#### Set 1

<b>Wed</b>	<b>10:30-11:30am</b>	<b>Sep 14-Oct 26</b>
<b>CFEC</b>		<b>\$108/7 sess</b>
<b>413348</b>	<b>Into Yoga</b>	

#### Set 2

<b>Wed</b>	<b>10:30-11:30am</b>	<b>Nov 2-Dec 14</b>
<b>CFEC</b>		<b>\$108/7 sess</b>
<b>419527</b>	<b>Into Yoga</b>	





## Art

### Toddler Art (18m-3yrs)

Art is a wonderful sensory experience through which you and your child can collaborate. Emphasis is placed on the creative process and exploration of materials. Be on time for an inspirational story. Dress for mess! No class Oct 10.

Mon 9:45-10:30am Sep 19-Nov 7 RAR \$87.50/7 sess  
420433 Helen

## Dance

### Ballet/Jazz Dance (2-6yrs)

Jump, skip and twirl! Children will learn a variety of ballet exercises as well as the basic fundamentals of jazz dance while developing their own creative expression.

**Parent participation required for 2-4yrs classes.** 4-6yrs classes are closed; however, in the final week of the session we invite parents to stay for a presentation of what we have been learning. No class on Oct 8. More info: kirbysnelldance.com.

Sat Sep 10-Dec 3 CFEC  
Endorphin Rush Dance \$144/12 sess  
417368 9:20-10:00am 2-4yrs  
417377 10:15-10:55am 2-4yrs  
417381 11:10-11:50am 3-4yrs  
417382 1:00-1:40pm 4-6yrs

### Hip Hop/Jazz Dance (3-6yrs)

Combine the style of hip-hop with the technical skills of jazz! Learn steps, jumps, turns, stretches and fun choreography to your favourite music. Please wear comfortable stretchy clothing and non-marking shoes.

Children must be able to participate without a parent. No drop-ins. No class on Oct 8. More info: kirbysnelldance.com.

Sat Sep 10-Dec 3 CFEC  
Endorphin Rush Dance \$144/12 sess  
417383 12:05-12:45pm 3-4yrs  
417384 1:55-2:40pm 4-6yrs

## Language

### Baby Sign Language (0-2yrs)

Babies understand and can communicate long before they are able to speak. Research shows that babies who are offered Sign Language learn more quickly and talk earlier. With songs and games, learn how to teach your baby basic American Sign Language (ASL) so they can better convey their wants and needs and relieve unnecessary frustration. The instructor will teach you the signs and songs so you can practice at home. Babies can sleep during class or you can bring toys. Please bring your own blanket or mat to sit on. No drop-ins.

Wed 9:45-10:30am Oct 26-Nov 23  
Mat Room \$72/5 sess  
417367 Sheri

### Spanish Mother Goose / Mama Ganso (0-3yrs)

Enjoy one hour of rhymes, songs, games and stories in Spanish with your child. No class Oct 10.

Disfrute de una hora de rimas, canciones, juegos y cuentos en Española consus pequeños.

Mon Sep 19-Nov 14 Rink Mezz  
Rita (CAPC) Free\*  
1-3yrs 10:30-11:30am  
0-12mo 12:30-1:30pm  
\*Registration required. For more information and to register, call 604.215.8289.

## Special Events

### Family Pumpkin Carving

Celebrate Halloween by carving a pumpkin with your family. Cost is based on a family of four and will include 2 pumpkins. Additional pumpkins can be purchased for \$5 (to be carved at the Centre).

Please register by Oct 21 so the correct number of pumpkins will be available. Hot chocolate and carving utensils will be provided. Children under 12 must be accompanied by a parent or other caregiver. Please bring a bag or box to carry them home!

Sun 1:00-3:00pm Oct 23  
55+ Centre \$10/1 sess  
400013 Helen

### Halloween Swim

Enjoy a family-friendly free swim with games, activities, candy, goodie bags, and a haunted house.

Sat 6:00-8:00pm Oct 29  
Britannia Pool Free

### Gingerbread Houses

Bring the whole family (up to 4 members) to build a graham cracker gingerbread-style house. Candies and frosting and crackers will be provided; feel free to bring along your own decorations.

Please register by Dec 9 so the correct number of kits will be available. Children under 12 must be accompanied by a parent or other caregiver. Bring a bag or box to carry them home!

Sun 1:00-3:00pm Dec 11  
55+ Centre \$10/1 sess  
400015 Helen

## Music

### Music Together® (0-5yrs)

Learn how to share the joys of music-making and the powerful benefits of having music in your young child's life! Our 9 award-winning music collections and research-based curriculum supports parents at home and keeps the music making alive all week. Each child's natural musicality is nurtured through singing, dancing, listening and exploring musical instruments. COVID-19 protocols may be such that we invite families to bring their own instruments. Parent participation is required. Siblings attend at a reduced rate and children 6mos and under attend free with a registered sibling. \$55 Music Together licensing fee is non-refundable after the first class. No class Oct 8.

Sat Sep 17-Dec 3 Rink Mezz  
Lissy \$198/11 sess  
420047 10:30am-11:15am  
420048 11:30am-12:15pm

Tue Sep 20-Nov 29 Rink Mezz  
Noa \$198/11 sess  
420042 10:30am-11:15am  
420043 11:30am-12:15pm



Wed Sep 21-Nov 30 Rink Mezz  
Megan \$198/11 sess  
420044 9:30am-10:15am  
420045 10:30am-11:15am  
420046 11:30am-12:15pm

## Camps

### Funseekers Winter Break Daycamp (6-12yrs)

There are many activities and out-trips planned for the Winter Break Funseekers program! Come learn new skills, meet new friends, or simply have FUN! Learn arts and crafts, play group games, and more. Register early to avoid disappointment. Please provide lunch, snack, and water daily. Parents are required to complete consent forms.

**Funseekers Cancellation Policy:** A \$5 administration fee will be charged for each camp a refund is requested for. Refund requests must be made a minimum of one week (seven days) prior to the start of the program. No refunds after this time.

<b>Mon-Fri</b>	<b>9:00am-3:00pm</b>	<b>Gym D</b>
421038	Dec 19-Dec 23	\$99/5 sess
421039	Dec 26-Dec 30	\$99/5 sess



## Art

### Clay for Children (6-12yrs)

Discover the sculptural properties of clay while learning a multitude of building methods, including pinch pot, slab, coil, and wheel. Artist quality, food safe materials included.

<b>Thu</b>	<b>4:00-5:15pm</b>	<b>Sep 22-Nov 10</b>
<b>Rm 208</b>		<b>\$130/8 sess</b>
417385	Helen	

## Languages

### Hola Spanish for Kids (4-9yrs)

Hola Spanish for kids is a unique opportunity to hear the Spanish Language in a joyful, safe and fun environment. Children will experience the Spanish language in a meaningful, real-life context, from a variety of sources. Supervised and instructed by highly qualified native Spanish speaking teachers.

<b>Tue</b>	<b>3:30-4:30pm</b>	<b>Sep 20-Dec 6</b>
<b>Rink Mezz</b>		<b>\$144/12 sess</b>
417387	Words in Motion	

## Music

### Greenhorn Community Music Project (12-17yrs)



The Greenhorn Community Music Project aspires to join the creative forces of youth, professional musicians, and community members to compose, practice, and perform a variety of musical styles to orchestrate social change you can dance to! Come parade with us! Britannia membership required (child/youth \$1).

<b>Tue</b>	<b>4:30-6:00pm</b>	<b>Sep 27-Dec 20</b>
<b>Rink Activity Room</b>		<b>Free</b>
Brenda/Tim		

### Piano (6yrs+) & Clarinet (10yrs+)

Continue your music studies or begin an instrument and enjoy a lifetime of making music! These lessons consider student's development and goals. Conservatory exam preparation is available.

An on-going program from September-June, students are ensured placement for the duration of their studies. Payment is made in advance of each set. Lesson costs shown below are for 30 minutes, but 45 and 60 minutes per week are available to more advanced students at the discretion of the instructor.

Private lessons are for beginner to senior levels. New students may start anytime during the season. Clarinet students must provide their own instruments. **Please contact instructor before registering for lesson times at janine.oye@gmail.com. Phone-in or in-person registration only, no online. Please call 604.718.5800 ext 1.**

#### Set 1

No class Sep 30 (make-up class on Sun Oct 2), Oct 7 & 8.

<b>Fri</b>	<b>6:15-9:00pm</b>	<b>Sep 9-Oct 28</b>
420430		<b>\$189/7 sess</b>

<b>Sat</b>	<b>9:00am-4:00pm</b>	<b>Sep 10-Oct 29</b>
420427		<b>\$189/7 sess</b>
Janine	Preteen Centre	

#### Set 2

No class Nov 11.

<b>Fri</b>	<b>6:15-9:00pm</b>	<b>Nov 4-Dec 16</b>
420431		<b>\$162/6 sess</b>

<b>Sat</b>	<b>9:00am-4:00pm</b>	<b>Nov 5-Dec 17</b>
420428		<b>\$189/7 sess</b>
Janine	Preteen Centre	

## Axe Capoeira

Students enrolled in these classes must have a minimum of 1 year consistent Capoeira experience, or permission from the school. We offer ongoing classes for children and youth. Classes cover all aspects of Capoeira: martial arts, dance, music, acrobatics, culture, language and more. Classes focus on developing rhythm, reflexes, balance, coordination, strength and flexibility. Uniform is required to join class. Fees do not pro-rate; monthly rate only. See page 10 for beginner classes. See page 23 for 16yrs+ classes.

### Intermediate Mini Kids (5-7yrs)

This is an intermediate program; students should have a full knowledge of basic movements and this class will focus on more advanced movements in Capoeira, which will prepare students for the youth program. No class Sep 30 & Nov 11.

<b>Tue/Fri</b>	<b>6:00-6:45pm</b>	<b>\$85/mo</b>
<b>Marcus</b>		<b>Cafeteria</b>
413342	Sep 6-23	
413343	Nov 1-29	
413344	Oct 4-28	
420906	Dec 2-16*	*\$65/5 sess

### Youth (7-15yrs)

Please note: This is not an introductory class. Students are expected to execute all basic movements of Capoeira. Mon/Fri classes in Cafeteria. Weds classes in CFEC. No class Sep 30, Oct 10, & Nov 11.

<b>Mon/Wed</b>	<b>5:00-6:00pm</b>	<b>Fri 6:45-7:45pm</b>
<b>Marcus</b>	<b>Caf/CFEC</b>	<b>\$105/mo</b>
413345	Sep 7-28	
413346	Nov 2-30	
413347	Oct 3-31	
420907	Dec 2-16*	*\$90/7 sess





## Physical Activity

### Traditional Kung Fu (6yrs+)

This Northern Shaolin Style class will teach you traditional forms, weapon forms, sparring and self-defense. It will help you gain physical and mental strength, and develop self-confidence and discipline. Membership fee of \$2 per month for the Northern Shaolin Lung Chi Cheung Association is included in the fee. Students must be able to attend Monday and Friday classes regularly. Fees do not pro-rate. No class Sep 30, Oct 10, 21, 31 & Nov 11.

#### Beginner

<b>Mon 4:30-5:45pm</b>	<b>Fri 4:30-6:30pm</b>
<b>Marquis &amp; Louis</b>	<b>CFEC</b>
<b>413393 Sep 9-Dec 5</b>	<b>\$239/21 sess</b>

#### Intermediate

<b>Mon 4:30-6:30pm</b>	<b>Fri 4:30-6:30pm</b>
<b>Marquis &amp; Louis</b>	<b>CFEC</b>
<b>413394 Sep 9-Dec 5</b>	<b>\$260/21 sess</b>

#### Advanced

<b>Mon 4:30-6:30pm</b>	<b>Fri 4:30-6:30pm</b>
<b>Marquis &amp; Louis</b>	<b>CFEC</b>
<b>413392 Sep 9-Dec 5</b>	<b>\$281/21 sess</b>

### Sportball Outdoor Soccer (4-7yrs)

Kickstart your day! Sportball soccer programs introduce fundamental concepts of gameplay and teach the basic skills required to bend it like Beckham in a supportive, non-competitive environment. Zero in on skills like throw-ins, dribbling, trapping and passing in fun, exciting, skill-focused games. Parents are required to remain by the field for children's safety. Britannia Oval, South Field.

<b>Mon Sep 12-Oct 3</b>	<b>Brit Oval</b>
<b>Sportball</b>	<b>\$68/4 sess</b>
<b>419018 4-6yrs</b>	<b>4:00-5:00pm</b>
<b>419019 5-7yrs</b>	<b>5:45-6:45pm</b>

### Yoga Buggy (5-9yrs)

**NEW**

Join the Yoga Buggy for a fun class that incorporates music, yoga poses, games, mindfulness activities, breath, storytelling, dance, and so much more! Yoga is a wonderful tool for children to learn about and manage their developing physical, social, and emotional lives.

Our classes provide a safe and inclusive space where children can socialize in positive ways, learn skills for self-regulation and have a ton of fun while doing it. We take a child-centered approach to yoga and celebrate the diversity and uniqueness of all participants. Everyone is welcome. We are so excited to play yoga with you! Sign up today.

#### Set 1 - CANCELLED

<del><b>Fri Sep 16 Oct 28</b></del>	<del><b>CFEC</b></del>
<del><b>Yoga Buggy</b></del>	<del><b>\$63/7 sess</b></del>
<del><b>426158 5-6yrs</b></del>	<del><b>3:15-4:00pm</b></del>
<del><b>426160 7-9yrs</b></del>	<del><b>4:15-5:00pm</b></del>



### Tennis Academy Mini (6-8yrs)

Introduction to tennis. Learn basic forehand and backhand skills and develop hand-eye coordination through a variety of fun games and activities. Bring your own racquet and runners. Classes on Oct 1 & 15 will be on the outdoor tennis courts, beside Britannia Secondary School (1001 Cotton Drive). No class Oct 8, Nov 12 & 19.

<b>Sat 2:00-3:30pm</b>	<b>Sep 24-Dec 17</b>
<b>Gym D/Tennis Courts</b>	<b>\$245/10 sess</b>
<b>413391 Juan Carlos</b>	

### Tennis Academy Junior (9-14yrs)

This class continues to develop tennis skills for those students who have already learned basic tennis. Students will participate in a variety of fun drills and games to enhance their skills and will be given the opportunity for game play. Bring your own racquet and runners. Classes on Oct 1 & 15 will be on the outdoor tennis courts, beside Britannia Secondary School (1001 Cotton Drive). No class Oct 8, Nov 12 & 19.

<b>Sat 3:30-5:00pm</b>	<b>Sep 24-Dec 17</b>
<b>Gym D/Tennis Courts</b>	<b>\$245/10 sess</b>
<b>413390 Juan Carlos</b>	



### All Bodies Boxing – A Trans Positive Space For Kids (6-10yrs)

Britannia is excited to welcome River Tucker as a coach for a new gender diverse and trans positive program. This class will teach the basics of punching and the footwork of boxing—it's not only fun but fosters confidence and body awareness. Boxing is an excellent practice for coordination and overall movement literacy.

This is a non-contact class. Equipment is provided. River is a competitive elite boxer who has fought for the last 10 years, bringing home medals from the Canadian National Championship twice. She has run Queer Box Camp Vancouver for the past 11 years. River is an openly queer, gender non-conforming, butch identified boxer who is passionate about bringing the science of boxing to anyone who doesn't feel comfortable at a traditional boxing gym. Boxing room is located in Gym C.

<b>Wed 3:30-4:30pm</b>	<b>Sep 14-Dec 14</b>
<b>Boxing Rm</b>	<b>\$154/14 sess</b>
<b>413335 River</b>	

### Britannia Boxing (6yrs+)

Britannia's fun, inclusive, and informative boxing program where anyone can come and learn proper techniques and hit the bags. New bags, gloves and more await you in our boxing gym! Stay as long or short as you would like—classes are unlimited. The Boxing Room is located in Gym C. First time participants, pay \$15 drop-in. After this, participants pay the \$75/month fee. Fees cannot be prorated. No class Sep 30, Oct 10, & Nov 11.

<b>Mon-Fri 5:00-7:00pm</b>	
<b>Sat 2:00-4:00pm</b>	
<b>Boxing Rm</b>	<b>Jay</b>
<b>413371 Sep 6-29</b>	<b>\$60/mo</b>
<b>413372 Oct 1-31</b>	<b>\$75/mo</b>
<b>413373 Nov 1-30</b>	<b>\$75/mo</b>
<b>413374 Dec 1-22</b>	<b>\$75/mo</b>

## Micro Footie Development

Not to be mistaken with our highly popular Spring League, Micro Footie Development is a unique training experience for youth players on Sundays in Gym C. Players in Micro Footie Development learn Celtic turns, combination play, taking players on one-on-one, skills, out the box activities, and movement. The Micro Footie Development sessions are specifically for players who want to raise their game. Taught by Jason Kyle (FIFA B License, MF Founder, 2018 & 2016 BC Summer Games Coach, and Micro Footie mentor to coaches), and Micro Footie coaches Talisen and Devito. No class Oct 9 & Nov 13.

Sun	Sep 18-Dec 4	Gym C	Jason	\$158/10 sess
418471	4-5yrs	9:00-10:00am		
418472	6-7yrs	10:00-11:00am		
418473	8-9yrs	11:00-12:00pm		



## Special Events

### Fiesta del Maiz

Britannia is excited to partner with the Canada El Salvador Action Network (CELSAN) to bring back the Corn Festival (Fiesta del Maiz). The festival celebrates our shared love for corn, while also recognizing the profound importance of the food staple for the people's of Latin America.

From music and dancing, to educational tables and incredible food (papusa's, tamales, and more!)—we can't wait to bring back this annual highlight.

Sat	11:00am-6:00pm	Sep 3
Gym D		Free



### Orange Shirt Day

We are gathering with Elders and their families on Orange Shirt Day. We invite you all to join us on this important day to help raise awareness about residential schools and their lasting impact on Indigenous peoples. Every Child Matters. Wear your orange shirt in support.

At 9:00am we will assemble at the Vancouver Aboriginal Friendship Centre and then walk to Grandview Park. Seniors and those with mobility challenges will assemble at 10:00am at the 55+ Centre to walk together. Activities and speakers begin at the park at 11:00am.

Fri	11:00am-2:00pm	Sep 30
Grandview Park		Free

### Family Pumpkin Carving

Celebrate Halloween by carving a pumpkin with your family. Cost is based on a family of four and includes 2 pumpkins. Additional pumpkins can be purchased for \$5 (to be carved at the Centre). Please register by Oct 21. Hot chocolate and carving utensils will be provided. Children under 12 must be accompanied by a caregiver. Please bring a bag or box to carry them home!

Sun	1:00-3:00pm	Oct 23
55+ Centre		\$10/1 sess
400013	Helen	

### Halloween Swim

A family-friendly free swim with activities, goodie bags, and a haunted house.

Sat	6:00-8:00pm	Oct 29
Britannia Pool		Free



### Science and Makers Day (5-15yrs)

Free activities for the whole family! Science World's On the Road team will present two shows during the day.

Computer programming, engineering, general science and other presentations all day!

Sat	10:00am-3:00pm	Sep 17
Gym D		Free



### Gingerbread Houses

Bring the family (up to 4 members) to build a graham cracker gingerbread-style house. Candies and frosting and crackers will be provided; feel free to bring along your own decorations. Must register by Dec 9. Children under 12 must be accompanied by a parent or caregiver. Please bring a bag or box to carry them home!

Sun	1:00-3:00pm	Dec 11
55+ Centre		\$10/1 sess
400015	Helen	





## Britannia Gymnastics Club

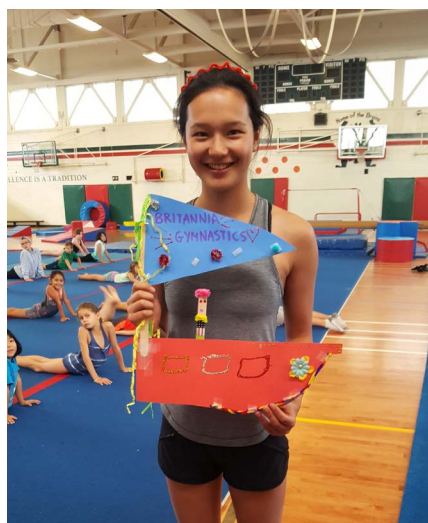
This popular community recreation program will promote your child's self-esteem and develop strength, flexibility, agility and coordination through the fundamentals of gymnastics. Children can wear a bodysuit, or shorts and t-shirts.

Our fantastic, enthusiastic team of coaches—Aaron, Audra, Elaya, Henry, Lailah, Shadan, and Sarah—are looking forward to another great gymnastics season! For more information, visit: [britanniagymnastics.com](http://britanniagymnastics.com)

### Winter 2022 Schedule

Sat	Sep 10-Dec 17*	*No class Oct 8 & Nov 12.		Gym A/B
413369	Tiny Tumblers	3-4yrs	1:00-1:45pm	\$156/13 sess
413365	Junior Jumpers A	4-5yrs	2:00-2:45pm	\$156/13 sess
413366	Junior Jumpers B	4-5yrs	3:00-3:45pm	\$156/13 sess
413362	Future Flyers A	6-9yrs	4:00-5:00pm	\$182/13 sess
Sun	Sep 11-Dec 18*	*No class Oct 9 & Nov 13.		Gym A/B
413360	Dynamic Duo A	18mo-3yrs	10:00-10:45am	\$143/13 sess
413361	Dynamic Duo B	18mo-3yrs	11:00-11:45am	\$143/13 sess
413363	Future Flyers B	6-9yrs	11:30am-12:30pm	\$182/13 sess
413370	Tiny Tumblers	3-4yrs	12:00-12:45pm	\$156/13 sess
413367	Komet Kids	5-6yrs	12:45-1:45pm	\$169/13 sess
413359	Demo Team	9-15yrs	2:00-3:30pm	\$260/13 sess
413364	Future Flyers C	6-9yrs	2:15-3:15pm	\$182/13 sess
413368	Performance Plus	9-15yrs	3:45-5:15pm	\$260/13 sess

All programs take place in Britannia Secondary School, 1001 Cotton Drive, Gym A/B.



### Dynamic Duo (18mo-3yrs)

Your child will be introduced to gymnastics through tumbling, song, and games. Grow with your child through parent participation.

### Tiny Tumblers (3-4yrs)

This popular community program will promote your child's self-esteem and develop strength, flexibility, agility and coordination through the fundamentals of gymnastics.

### Junior Jumpers (4-5yrs)

Develop your child's self-concept and self-esteem in a highly energetic and positive environment. Innovative coaching styles and progressive training will teach basic to advanced skills in all gymnastic events. Beginners and those who have already taken gymnastics are welcome.

### Komet Kids (5-6yrs)

Develop your child's self-concept and self-esteem in a highly energetic and positive gymnastics environment. Innovative coaching styles and progressive training will teach basic to advanced skills in all gymnastic events. Beginners and those who have already taken gymnastics are welcome.

### Future Flyers (6-9yrs)

This program provides training in beam, floor, vault and bars. Gymnasts are encouraged to create routines, perform to the best of their ability and are given positive feedback on each event.

### Performance Plus (9-15yrs)\*

For recreational, advanced recreational and competitive athletes. Athletes will have the opportunity to participate in two gymnastics meets to showcase their personal ability (Delta and Bowen Island). They perform routines and are scored on beam, floor, vault and bars. Last year's athletes have priority registration.

### Demo Team (9-15yrs)\*

Athletes will learn tumbling, stunting, dancing and circus arts. Previous gymnastics or dance experience required. Participation in BC Gymnaestrada event. Additional costs for gymnastics competitions and/or body suits.

\*Please contact [fraser.mcelroy@vancouver.ca](mailto:fraser.mcelroy@vancouver.ca) for a skills assessment with one of our coaches for Performance Plus and Demo Team. Limited spaces available.

### Volunteer With Us

Do you have prior experience in gymnastics? The Britannia Gymnastics Club is looking for a few passionate volunteer assistant coaches. If you are interested, please send your resume to [yao.zhang@vancouver.ca](mailto:yao.zhang@vancouver.ca).

## Social

### Girls+ Club (10-13yrs)

Girls+ get together to explore your creativity, discover your talents, and share your stories with your friends and meet new friends. A self directed program with a mixture of laughter and leadership. Please pre-register.

Thu 6:15-8:00pm Sep 15-Dec 15  
Preteen Centre Free  
420141

### Guys+ Night (10-13yrs)

Guys+ social night to hang out and meet new friends. A self directed program with a mixture of laughter and leadership. Please pre-register.

Tue 6:15-8:00pm Sep 20-Dec 13  
RAR Free  
420148

## After School Programs

### Active Play – Red Fox (5-12yrs)

Red Fox's flagship Active Play program gives children the chance to have fun and get inspired by positive youth role models from their own communities. Youth Leaders guide children through group games, circus arts, and other activities that cultivate self-confidence, social connections, and new skills. The free program is open to children of all ages and abilities. To accommodate more young people, participants are scheduled to attend every other week. To register, please call 604.343.6536 or email info@redfoxsociety.org. No program on Pro D days, Spring Break or stat holidays.

Fri 3:15-4:45pm Sep 16-Dec 16  
Gym D Free\*

Red Fox \*Registration required.

### Rhythm Jam!

Make your own music! Let out your inner drummer! Using ordinary items such as basketballs, brooms, buckets and more, we will create an entire musical and movement production in the vein of the Broadway show, "STOMP".

#### Grade 3-5

Wed 3:15-4:15pm Sep 21-Nov 16  
CFEC \$36/9 sess  
425305 Marnie

#### Grade 6-8

Tue 3:15-4:30pm Sep 20-Nov 15  
CFEC \$45/9 sess  
425306 Marnie

### Jr Scientists (9-13yrs)

Science is everywhere! Here at Jr Scientists we will be learning the basics of physics and chemistry in a fun and exciting way! Every class students will be doing hands on experiments and tests to see how science works in their everyday world!

Tue 3:15-4:45pm Sep 20-Dec 13  
LRC Free  
420149 Keith

## Sports

### Youth Fitness (8-13yrs)

Improve running form, change of direction, and agility. In addition to drills, we'll do a variety of workouts outdoors. This program combines a disciplined focus on fitness and improving athletic skills—like speed and change of direction—with competitive fun games, drills and relays. Please bring a water bottle and towel, and avoid bringing personal items.

Thu 3:15-4:45pm Sep 22-Dec 15  
Gym C \$104/13 sess  
420144 Game Ready Fitness

### Basketball – Beginner (8-12yrs)

Focus on the fundamentals! The primary emphasis will be age- and ability-appropriate skill development. This reflects the recommendations of the National Coaching Certification Program Long-Term Athlete Development Model. Increasing skill competency increases likelihood that children will gain the confidence to continue to play and enjoy playing basketball. No class Oct 1, 8, 15, & Nov 19.

Sat 11:00am-12:15pm Sep 17-Dec 10  
Gym D \$36/9 sess  
420134 T and Aaron

### Basketball – Intermediate (9-13yrs)

A step up from beginner basketball. Players must know rules of the game, have experience with game play, and have fundamental development of skills. Focus on the fundamentals! The primary emphasis will be age- and ability-appropriate skill development. This reflects the recommendations of the National Coaching Certification Program Long-Term Athlete Development Model. Increasing skill competency increases likelihood that children will gain the confidence to continue to play and enjoy playing basketball. Please bring a water bottle and towel, and avoid bringing any other personal items. No class Oct 1, 8, 15, & Nov 19.

Sat 12:30-1:45pm Sep 17-Dec 10  
Gym D \$36/9 sess  
420135 T and Aaron

### Youth Basketball Drop-in (8-13yrs)

Supervised preteen open gym, Fridays from 6:00-7:30pm. Come shoot around or join in on games. Wash your hands before and after play. No food in the gym. Bring your own water bottle.

Fri 6:00-7:30pm Sep 16-Dec 16  
Gym D Free

## Special Events

### Preteen Dance (10-13yrs)

The dances are back! DJ 2 Scoops plays the music. You and your friends will have a blast. Concession will be open for sale of glow sticks, glow necklaces, snacks and pizza. Grade 6-7 only. Parental consent form must be completed and are available 1 week before the dance. Pay \$1 at the door.

Fri 6:30-9:00pm Oct 21, Dec 9  
CFEC \$1/1 sess

### Free Youth Swim (11-18yrs)

Britannia's youth-only swim time, every other Friday. Contests, prizes, games and crazy stuff! The WIBIT will be available some days. Lessons will be available to interested youth for the first 30mins; work on skills or improve your swimming abilities.

Fri 6:00-8:00pm Sep 16, Oct 21  
Britannia Pool Nov 4, Nov 18  
Free Dec 2

## Camps

### Funseekers Daycamp (6-12yrs)

There are many activities and out-trips planned for the Winter Break Funseekers program! Come learn new skills, meet new friends, or simply have FUN! Learn arts and crafts, play group games, and more. Register early to avoid disappointment. Please provide lunch, snack, and water daily. Parents are required to complete consent forms.

**Funseekers Cancellation Policy:** A \$5 administration fee will be charged for each camp a refund is requested for. Refund requests must be made a minimum of one week (seven days) prior to the start of the program. No refunds after this time.

### Winter Break

Mon-Fri 9:00am-3:00pm Gym D  
421038 Dec 19-Dec 23 \$99/5 sess  
421039 Dec 26-Dec 30 \$99/5 sess





## Welcome to the Teen Centre

A place in the community dedicated to youth. All youth 13-18yrs are welcome. Come play pool, foosball, ping pong, video games, or use the public access computer.

Youth, volunteers and youth workers work together to plan and run programs and activities for the Teen Centre. Join our youth committee to set direction for programs.

Pick up your copy of our monthly activities calendar at the Teen Centre. If you do not see what you are looking for then get involved and make it happen!

The Teen Centre is a place to:

- Meet people
- Get information or support
- Share your ideas and interests
- Have fun

## Drop-in Hours

Mon-Thu 3:00-9:00pm  
Fri 3:00-10:00pm  
Fri 6:00-10:00pm

## Registration

Register for all Teen Centre programs at the Teen Centre. **Please note:** A signed parent consent form is required for many of our programs. For more information, call 604.718.5828.

## Staff

Youth Programmer:  
Tom Higashio 604.718.5826  
tom.higashio@vancouver.ca

Latin American Youth Programmer:  
Stephanie Angel-Garay 604.718.5829  
stephanie.angel-garay@vancouver.ca

Teen Centre Staff:  
Barry, Chiho, Joel, Johnny, Kakada, Lauren, Mark, Stephanie, Tom.

## Leadership

### Britannia Youth Committee

We are looking for youth who want to be involved! Give back to the community, and initiate and follow through on community programs and projects. Meetings are held on the third Thursday of the month. Contact Tom at 604.718.5826 for more info.

### Indigenous Youth Cadets (12-15yrs)

Youth have an opportunity to develop leadership skills while learning about Indigenous culture and policing through the Metro Vancouver Transit Police Blue Eagle Community Cadets program. Led by Indigenous Liaison Officer Constable Kirk Rattray, the program gives young people the opportunity to:

- Work in a team environment
- Help their community
- Explore various career options
- Take part in a variety of activities
- Strengthen physical and mental health
- Meet strong Indigenous role models
- Increases physical fitness and confidence

For for info and to register, visit:  
transitpolice.ca/about-us/specialty-units/  
community-engagement-team/blueeagle  
Wed 5:00-7:30pm Sep 14-Dec 14  
Gym D Free  
420138 Metro Vancouver

### Friends First Program / Grupo de Amigos (13-18yrs)

Make new friends and learn new skills! This program provides social, recreational, and educational activities. We meet every Saturday. To register and for more details, contact Stephanie at 604.718.5829. Consent forms are required to participate in the outings. Subsidies are available for all activities.

¡Conoce a jóvenes de tu edad y aprende al mismo tiempo! Este programa brinda actividades sociales, recreativas y educativas. Nos reunimos los días sábados. Para registrarse y obtener más detalles, comuníquese con Stephanie al 604.718.5829. Se requieren formularios de consentimiento para participar en las salidas. Subsidios disponibles para todas las actividades.

Sat 1:00-5:00pm Sep 17-Dec 16  
Teen Centre Free\*

\*Registration required.

## Special Events

### Youth Extravaganza (12-18yrs)

Kick off the new year with a blast! DJ party, BBQ, contests, temporary tattoos, lots of games and activities, and lots of cool prizes. Look for more details at your school in September, or come by the Teen Centre for more info.

Fri 7:00-10:00pm Oct 7  
Gym C \$5/1 sess

### Free Youth Swim (11-18yrs)

Britannia's youth-only swim time, every other Friday. Contests, prizes, games and crazy stuff! The WIBIT will be available some days. Lessons will be available to interested youth for the first 30mins; work on skills or improve your swimming abilities.

Fri 6:00-8:00pm Sep 16, Oct 21  
Britannia Pool Nov 4, Nov 18  
Free Dec 2

## Cooking

### Cocina Latinoamericana / Latin Cooking (13-18yrs)

¿Quieres aprender a cocinar comida de diferentes países de América Latina? ¡Ven, comparte tus platos favoritos y aprende nuevas recetas! También aprenderás a elegir alimentos más nutritivos y económicos. Los espacios son limitados, y el registro es necesario.

Do you want to learn how to cook food from different Latin American countries? Come share your favorite dishes and learn new recipes! You will also learn how to choose foods that are more nutritious and shop on budget.

**Pre-registration is required.** Space is limited. To register, please contact Stephanie at 604.718.5829 or stephanie.angel-garay@vancouver.ca.

Thu 5:00-7:00pm Sep 15-Dec 15  
55+ Centre Free\*

\*Registration required.

### Feast of Flavours (13-18yrs)

This is a hands on cooking program. Learn to create healthy, cheap and easy to cook meals. Youth are involved in planning, cooking and preparing the meals.

Tue 4:00-6:30pm Sep 13-Dec 20  
55+ Centre Free

## Outdoors

### Whistler/Blackcomb Ski & Snowboard

Cost includes transportation, lift, rental and lesson. Youth will be required to ski/snowboard with a certified Whistler Mountain Staff at all times. Bring money or lunch and dress for cold and wet weather. Consent forms will be available one month prior to the trip. Limited spots available and will be filled on a first come basis with consent form and fees.

Must register a minimum of 2 weeks in advance. Registration at Britannia Teen Centre only.

**Sat 6:00am-6:00pm TBD**  
**\$85 ski/snowboard rental.**  
**\$65 no rental required.**



### The Great Escape Outdoors – GEO (13-18yrs)

We offer a variety of outdoor activities for youth 13-18yrs and suitable for almost any level of fitness. Pick up a monthly calendar to get a complete listing. It is a great way to explore our incredible surroundings, learn new things, and meet lots of great people. We'll have variety of monthly winter activities, which may include indoor rock climbing, snowshoeing, and snow tubing. Pick up a monthly calendar to get a complete listing.

The Centre provides all necessary equipment, food, transportation, and guides/instructors, unless otherwise stated. Any overnight trip has co-ed leaders and at least one trained staff in Wilderness First Aid.

The cost of the outings should not prevent any youth from participating, so let staff know. If you have any questions or would like to register please call 604.718.5828. All registration done at the Teen Centre.

## Physical Activity

### Archery – Beginner (12-18yrs)

Introduction to archery, including history and trying a variety of different bows. Emphasis will be on individual skill development. Coaches and participants will maintain social distancing, and promote hand washing or hand sanitization before, during and after the program.

After the session, staff will disinfect the sporting equipment. Please bring a water bottle and towel, and avoid bringing any other personal items. No class Oct 8.

#### Set 1

**Sat 2:00-3:30pm Sep 17-Oct 29**  
**Gym C \$30/6 sess**  
**420130 Bernice**

#### Set 2

**Sat 2:00-3:30pm Nov 5-Dec 10**  
**Gym C \$30/6 sess**  
**420131 Bernice**

### Archery – Intermediate (12-18yrs) **No online registration.**

Must have completed the Beginner session to register for Intermediate Archery. Instructor will provide approval to move on to Intermediate. A continuation of the intro class, including history and trying a variety of different bows. Coaches and participants will maintain social distancing, and promote hand washing or hand sanitization before, during and after the program.

After the session, staff will disinfect the sporting equipment. Emphasis will be on individual skill development. Please bring a water bottle and towel, and avoid bringing any other personal items. No class Oct 8.

#### Set 1

**Sat 3:45-5:00pm Sep 17-Oct 29**  
**Gym C \$30/6 sess**  
**420132 Bernice**

#### Set 2

**Sat 3:45-5:00pm Nov 5-Dec 10**  
**Gym C \$30/6 sess**  
**420133 Bernice**

### Britannia Boxing (6yrs+)

For more information, see page 13.

### Traditional Kung Fu (6yrs+)

For more information, see page 13.

### Axe Capoeira (7yrs+)

See page 13 for 7-15yrs classes. See page 23 for 15yrs+ classes.

### Co-ed Indoor Soccer (11-18yrs)



Free drop-in soccer for youth (with high school ID). New players welcome!

**Pre-registration is required.** To register, please contact Stephanie at 604.718.5829 or stephanie.angel-garay@vancouver.ca.

**Tue 5:30-7:00pm Sep 13-Dec 13**  
**Gym D Free**

### Youth Fitness (13-18yrs)

A must for young athletes as they increase physical literacy, this program provides a progression of fitness acuity. A base level of fitness and movement is developed as athletes learn to appreciate exercise as a lifestyle. Basic movements, balance and coordination are honed through games, relays and drills with a focus on high energy and fun. As comfort levels increase, we'll work on strength and speed while maintaining a high level of conditioning. Coaches will teach and challenge so each youth will increase confidence in their abilities. Please bring a water bottle and towel, and avoid bringing any other personal items.

**Mon-Fri 4:00-6:00pm Sep 22-Dec 15**  
**Gym C \$91/13 sess**  
**420145 Game Ready Fitness**



## Music

### Greenhorn Community Music Project (12-17yrs)



The Greenhorn Community Music Project aspires to join the creative forces of youth, professional musicians, and community members to compose, practice, and perform a variety of musical styles to orchestrate social change you can dance to! Come parade with us! Britannia membership required (child/youth \$1).

**Tue 4:30-6:00pm Sep 27-Dec 20 Rink Activity Room Free**  
**Brenda/Tim**





## Latin American Youth Program / Programa Juvenil Latinoamericano

The Latin American Youth Program (LAYP) offers cultural and recreational activities for Latinx youth ages 13-18yrs. These activities range from organized recreational programs to advocacy and referral services. For more information and to register, please contact Stephanie (the Latin American Youth Worker) at stephanie.angel-garay@vancouver.ca or 604.718.5829.

El Programa de Jóvenes Latinoamericanos ofrece actividades culturales y recreativas para jóvenes de 13 a 18 años. Estas actividades incluyen programas recreativos, servicios de abogacía y referencia. Para obtener más información, comuníquese con Stephanie, la trabajadora juvenil latinoamericana, al stephanie.angel-garay@vancouver.ca o 604.718.5829.

### Grupo de Amigos / Friends First Program (13-18yrs) ☀️

¡Conoce a jóvenes de tu edad y aprende al mismo tiempo! Este programa brinda actividades sociales, recreativas y educativas. Nos reunimos los días sábados. Para registrarse y obtener más detalles, comuníquese con Stephanie al 604.718.5829. Se requieren formularios de consentimiento para participar en las salidas. Subsidios disponibles para todas las actividades. Los espacios son limitados, y el registro es necesario.

Make new friends and learn new skills! This program provides social, recreational, and educational activities. We meet every Saturday. To register and for more details, contact Stephanie at 604.718.5829. Consent forms are required to participate in the outings. Subsidies are available for all activities. Spaces are limited; registration is required.

**Sat/Sáb 1:00-5:00pm** **Sep 17-Dec 10** **Teen Centre**  
**Free/Gratis\*** **\*Registration required.**

### Comité de Juventud Latinoamericana / Latin American Youth Committee (13-18yrs) ☀️

¿Estás interesado en ayudar a organizar actividades y eventos para nuestra comunidad? Únete a nuestro comité de jóvenes y ayúdanos a iniciar nuevos proyectos y eventos. Para obtener más detalles, comuníquese con Stephanie al 604.718.5829.

Are you interested in helping organize activities and events for our community? Join our youth committee and help us start new projects and events. For more details, please contact Stephanie at 604.718.5829.

### Fútbol Sala Mixto / Co-ed Indoor Soccer (11-18yrs) ☀️

Fútbol para jóvenes (con identificación escolar). ¡Nuevos jugadores son Bienvenidos! Los espacios son limitados, y el registro es necesario.

Free drop-in soccer for youth (with high school ID). New players welcome! Spaces are limited; registration is required.

**Tue/Mar 5:30-7:00pm** **Sep 13-Dec 13** **Gym D/Gimnasio D**  
**Free/Gratis\*** **\*Registration required.**



### Cocina Latinoamericana / Latin Cooking (13-18yrs) ☀️

¿Quieres aprender a cocinar comida de diferentes países de América Latina? ¡Ven, comparte tus platos favoritos y aprende nuevas recetas! También aprenderás a elegir alimentos más nutritivos y económicos. Los espacios son limitados, y el registro es necesario.

Do you want to learn how to cook food from different Latin American countries? Come share your favorite dishes and learn new recipes! You will also learn how to choose foods that are more nutritious and shop on budget. Spaces are limited, and registration is required.

**Thu/Jue 5:00-7:00pm** **Sep 15-Dec 15** **55+ Centre**  
**Free/Gratis\***

### Spanish Clubs / Clubes de Español ☀️

What are Spanish Clubs? A place to meet the Latin students in your school, have fun, learn more about Latin American culture, and know what activities and programs are going on in your community. We provide games, music, and workshops. If you are interested in having a Spanish Club at your school contact Stephanie at 604.718.5829 or email stephanie.angel-garay@vancouver.ca.

**\*Se requiere registro previo.** Comuníquese con Stephanie al 604.718.5829 o stephanie.angel-garay@vancouver.ca para registrarse.

**\*Pre-registration is required.** To register, please contact Stephanie at 604.718.5829 or stephanie.angel-garay@vancouver.ca.

## African Drumming Level 1 (16yrs+)

Play traditional West African rhythms on hand drums (djembés). These intro lessons are fun and concentrated. Learn foundational rhythms and playing techniques. Halfway through the course, dununs will be introduced (dununs are bass drums played with sticks). This course lays the foundation for higher-level courses. No previous experience is required. Drums are supplied in class or BYOD. Oct 15 & 29 classes in alternate location (TBD).

**Sat 2:00-3:15pm Sep 17-Nov 5**  
**Cafeteria \$136/8 sess**  
417282 Russell

## Level 2 (16yrs+)

A continuation of Level 1, drummers will further develop and deepen their skills. New and different djembé and dunun rhythms are taught every course; therefore Level 2 can be repeated several times. Drums are provided in class or BYOD. Pre-req: Completion of Level 1 or permission from the instructor. He can be contacted through his website: drumming.ca. Oct 15 & 29 classes in alternate location (TBD).

**Sat 12:00-1:15pm Sep 17-Nov 5**  
**Cafeteria \$136/8 sess**  
417283 Russell

## Level 3 (16yrs+)

More challenging djembé and dunun rhythms are taught in Level 3, and the class moves at a faster pace. Participants can repeat Level 3 several times as new rhythms are taught every course. Drums are provided during class times or BYOD. Pre-req: Permission from the instructor is required. Contact him through this website: drumming.ca. Oct 15 & 29 classes in alternate location (TBD).

**Wed 6:30-8:00pm Sep 21-Nov 9**  
**Cafeteria \$138/8 sess**  
417284 Russell

**Sat 10:30-11:45am Sep 17-Nov 5**  
**Cafeteria \$136/8 sess**  
417287 Russell

## Arts

### Working With Cement (16yrs+)

Cement is both an easy and challenging medium to use to make beautiful and useful homeware. Learn some techniques and handy tricks to make your own lovely bowl to take home. From choosing your mold, mixing and pouring your concrete, curing and sealing, Karine Zamor will show you a window to her passion.

**Thu 7:00-9:00pm Nov 3 & 10**  
**Rink Mezz \$80/2 sess**  
394121 Karine

## Banner Painting 2-day Workshop (12yrs+)

This season's theme is justice. Use high quality water-based fabric paints to help create the next set of colourful banners to hang in pairs outdoors around the site and in the Library. This is a great workshop for friends and family. Children under 12 must be accompanied by an adult. Wear old clothes, bring lunch and a sketch of your idea. Banners can be purchased after exhibition for \$20/set. Artists get first chance to buy their banners. Materials provided.

**Sat-Sun 10:00am-4:00pm Oct 14-15**  
**Cafeteria \$19.05/2 sess**  
379652 Helen

## Connecting to Health – Art Therapy Group (18yrs+)

This person-centred art therapy group is designed to connect people to their creativity and inner resources and raise self-awareness. Caro Embling is a registered art therapist in BC and believes in the creative process as a way to heal, grow and connect to our inner selves and others. She strives to create a culturally safe environment for all participants. Basic materials are provided but you are welcome to bring additional materials if you wish. The group is facilitated by Caro Embling and Jillian Sones, a Vancouver Art Therapy Institute student.

**Mon 6:30-9:00pm LRC**  
**421368 Sep 12-Oct 3 \$115/4 sess**  
**421369 Oct 17-Nov 21 \$172.50/6 sess**

## Pottery – Introduction (16yrs+)

Experience the joy of creating your own dishes from a lump of clay! This course is a survey of the basic methods of hand-building, using the wheel, and surface decoration, and an introduction to the Britannia studio. No experience necessary! Clay and glazes are included.\*

**Tue 7:00-9:00pm Sep 20-Nov 8**  
**Rm 208 \$233/8 sess**  
418488 Helen

## Pottery – Continuing (16yrs+)

Further develop your pottery skills in hand-building and on the wheel. Attention is given to the sculptural as well as the functional aspects of pottery. Students are self-directed with more one-on-one instruction. Pre-req: Intro to Pottery or permission of the instructor at 604.257.3087. Clay and glazes are included. Last day is Tuesday Nov 8.\*

**Wed 6:30-9:00pm Sep 21-Nov 8**  
**Rm 208 \$258/8 sess**  
418492 Helen

\*Additional Pottery classes may be created from the waitlist. Please make sure your contact info is up to date.

## Music

### Vancouver Latin American Cultural Centre Choir (7yrs+)

Come sing with *Canto Vivo!*, the Vancouver Latin American Cultural Centre Choir! Our choir meets once a week to learn and practice songs that reflect the immense diversity of musical genres from all over Latin America. Songs will be sung in Spanish and Portuguese.

Sergio Pires, the choral conductor, is an educator and music researcher who holds a Doctorate of Musical Arts in choral conducting from Boston University and Masters and Licentiate degrees in music from Brazilian institutions. Everybody is welcome to participate. Join this fun community activity, sing, and make friends! Register by emailing [info@vlacc.ca](mailto:info@vlacc.ca). Please purchase a VLACC and a Britannia membership. [www.vlacc.ca](http://www.vlacc.ca)

**Wed 7:00-9:00pm Sep 7-Dec 7**  
**55+ Centre Sergio**

### Carnival Band



Looking for an excuse to dust off that horn (clarinet, glockenspiel) in the back of your closet? Looking for a way to bring a little music and colour to your community? The Open Air Orchestra Society invites you to our street band workshops, led by the incomparable Ross Barrett, Tim Sars, and various guest instructors. All levels and ages welcome.

Suggested donation is one hour's wage or \$5 pay-what-you-can. Britannia membership required. For more information and to book the band, email [vancouvercarnivalband@gmail.com](mailto:vancouvercarnivalband@gmail.com). No sessions Sep 5, Oct 10, & Dec 26.

**Mon 7:00-9:30pm Sep 12-Dec 19**  
**55+ Centre By donation**  
Tim/Ross

### Solidarity Notes Labour Choir

Solidarity Notes Labour Choir is a group of social justice, environmental and labour activists who know that music is more than pleasurable sound; it's a powerful language to educate, connect us and remind us of our strength and history.

We are a non-auditioned choir and welcome everyone. We suggest a fee of \$35/month, but if you can't afford that, pay what you can. If you can't afford anything, that's OK too. For more info please contact Carol at 604.526.4959.

We generally do not meet on one Sunday of the month; check [solidaritynotes.ca](http://solidaritynotes.ca) for our practice schedule. Britannia membership required. No session Oct 9 & Nov 13.

**Sun 10:30am-12:30pm Sep 11-Dec 18**  
**LRC/Outside \$35/mo**  
Earle



## Food



Grandview Woodland Food Connection (GWFC) is dedicated to supporting healthy food access for all. In partnership with Britannia Community Centre, the GWFC is pleased to offer a range of community food programs. If you'd like to get involved, email [gwfcnetwork@gmail.com](mailto:gwfcnetwork@gmail.com) or visit: [gwfoodconnection.com](http://gwfoodconnection.com)

## Britannia Bulk Buy Food Club

Interested in fresh, healthy, and affordable food at wholesale prices? Once a month, you can purchase a \$14 box of assorted produce at Britannia Community Centre. Buying together with your neighbours can help you save over 40% on your food bill. You get 12-14 varieties of fruits and veggies plus access to supplemental donations. Email [gwfcnetwork@gmail.com](mailto:gwfcnetwork@gmail.com) or call Ruth Elizabeth at 604.718.5895 for more info or to be added to the waitlist.

## Looking for Garden Enthusiasts / Garden Ambassadors

Come volunteer with us and help us care for our gardens! During these weekly garden work parties and skill-sharing sessions, you will have the opportunity to gain hands-on experience and learn from experienced gardeners. We'll work together to care for the gardens by planting, watering, weeding and harvesting together (and yes, you will enjoy the harvest as well). All are welcome, rain or shine. Please send an email to Ruth-Elizabeth at [gwfcnetwork@gmail.com](mailto:gwfcnetwork@gmail.com) if you are interested.

Sun 12:00-3:00pm Jul 10-Sep 25

## GWFC Committee Meetings

Help set the direction for our programs and events at our committee meetings on the 1st Wednesday of the month!

Wed 6:00pm Sep 7, Oct 5  
Nov 2 & 30\*

## Parade of Lost Souls Workshops

### Galactic Disco Costume Making (15yrs+)

For more information, see page 7.

Sat 3:00-5:00pm Oct 8-22  
CFEC By donation  
Kat

### Galactic Disco Dance Workshops (15yrs+)

For more information, see page 7.

Sat 6:00-8:00pm Oct 8-22  
CFEC By donation  
Kat

### Thriller Dance Rehearsals (15yrs+)

For more information, see page 7.

Sun 12:00-2:00pm Oct 2-23  
Cafeteria By donation  
Kat

### Time Warp Dance Rehearsals (15yrs+)

For more information, see page 7.

Sun 2:30-4:30pm Oct 2-23  
Cafeteria By donation/  
Kat

## Language

### Spanish – Beginners (19yrs+)

Learn about Latin culture and its language through dynamic and interactive sessions led by highly experienced native speakers. Everyday topics will be taught.

Tue 1:00-2:00pm Sep 20-Dec 6  
Rink Mezz \$139.92/12 sess  
421387 Words in Motion

### Spanish – Intermediate (19yrs+)

This is for students who have taken beginner Spanish and can converse in Spanish. Learn about Latin culture and its language through dynamic and interactive sessions led by highly experienced native speakers.

Tue 2:15-3:15pm Sep 20-Dec 6  
Rink Mezz \$139.92/12 sess  
421388 Words in Motion

### VLACC Latin American Short Stories Reading Group (16yrs+)

This book club focuses on Latin American short stories (translated to English). Co-presented with the Latin American Studies department of UBC, a long-time ally, these sessions will generate community dialogues. Enthusiastic UBC professors curate the selection of stories and moderate the meetings. Meetings take place on the second Tuesday of the month. To register, please visit [www.vlacc.ca](http://www.vlacc.ca).

Tue 6:00-9:00pm Sep 13, Oct 11  
Conference Room Nov 8, Dec 13  
\$135/4 sess VLACC  
417861



## Salsa Cubana & Rueda De Casino

Singles and couples welcome. The basics of Merengue, Bachata and other Latin steps are taught during warm-up. Upon completion of each program, the instructor will assess the student's level and determine if they can move up to the next level.

### Beginner (18yrs+)

No experience necessary. This will be your introduction to Cuban Salsa. We will start with the basic steps, at first in a line but soon you will be using what you have learned in the circle-formation known as a Rueda. We will quickly progress to passing followers from one leader to the next, to turns and moves such as Vacilala, Casate, Sombrero, etc.

Wed 7:30-9:00pm Sep 21-Nov 23  
Gym C \$200/10 sess  
420291 Karlos

### Beginner/Intermediate (18yrs+)

We will continue where we left off in the Beginner class and will add more moves, such as La Ye Simple, La Ye, Sombrero Complicado, Tornillo, Pelota, Setenta, etc.

Tue 7:30-9:00pm Sep 20-Nov 22  
Gym C \$200/10 sess  
420290 Karlos

### Intermediate (18yrs+)

We will review the moves learnt in the Beginner/Intermediate class and learn new moves such as La Ye Simple, La Ye, Sombrero Complicado, Tornillo, Pelota, Setenta, etc. No class Oct 10.

Mon 7:30-9:00pm Sep 19-Nov 28  
Gym C \$200/10 sess  
420289 Karlos

### Advanced (18yrs+)

In this class, you will learn some complex variations of moves, such as Caramelo, Malanga, Camina, A lo Cubano, Setenta y Virate, Despeñala, El Salao, Bombero, etc. as well as moves involving two couples.

Pre-requisite: Previous experience, successfully completed Intermediate Salsa Cubana Rueda class, and consultation with the instructor before beginning the course.

Thu 7:30-9:00pm Sep 22-Nov 24  
CFEC \$200/10 sess  
420292 Karlos



## Health & Fitness

### Iyengar Yoga (18yrs+)

Physically energizing, deeply relaxing and emotionally uplifting, this program offers instruction in classical yoga with an emphasis on self-awareness and development of strength, stamina, flexibility, balance, body awareness, postural alignment and relaxation. It accommodates all levels of fitness and ability and is taught with clarity, creativity, attention to detail and sensitivity to individual needs, in an atmosphere of respect, compassion and humour. Safety, back and joint care will be addressed. Your own mat and equipment is optional but recommended; we have mats and equipment you can use. The instructor will email you before the class to check in. You must have Iyengar Yoga experience to do Level 2 & 3. If you are unsure please contact claudiamacyoga@gmail.com. \$21/drop-in.

#### Level 1 & 2

**Tue 9:30-11:00am** **Sep 13-Nov 29**  
**CFEC** **\$204/12 sess**  
**413377 Claudia**

**Tue 7:00-8:30pm** **Sep 13-Dec 6\***  
**CFEC** **\$204/12 sess**  
**413378 \*No class Nov 29 Claudia**

#### Level 2 & 3

**Thu 5:30-7:00pm** **Sep 15-Dec 01**  
**CFEC** **\$204/12 sess**  
**413379 Claudia**

### Yogaflex (18yrs+)

Focus on core strength and how to get connected with it. The core work will be incorporated into yoga postures. The class ends with deep stretching and relaxation. You will leave feeling strong. Please bring your own mat. \$14/drop-in. No class Oct 9 & 30, Nov 13.

**Sun 10:15-11:15am** **Sep 18-Dec 11**  
**CFEC** **\$100/10 sess**  
**413400 Alex**

### Core Connect (18yrs+)

**NEW**

Join Meghan Goodman for an hour of pilates and yoga inspired movements to help you connect with your core, stabilize your pelvis, and find more ease and mobility in your limbs. Drawing from training in dance, Pilates and yoga, Meghan will lead you through a fun and challenging class to get you moving, breathing, and feeling good. \$17/drop-in. Try out this new program with a free trial class on Sep 15.

#### Set 1

**Thu 11:45am-12:45pm** **CFEC**  
**418533 Sep 15 Free Trial**  
**418318 Sep 22-Oct 27 \$90/6 sess**  
**Meghan**

#### Set 2

**Thu 11:45am-12:45pm** **Nov 10-Dec 15**  
**CFEC** **\$90/6 sess**  
**418319 Meghan**



### ZUMBA® Fitness (18yrs+)

Zumba® fuses Latin rhythms with easy to follow moves to create a dynamic workout system designed for everyone at any fitness level. We use the fitness principles of interval and resistance training to maximize total body toning. We combine a variety of styles including Salsa, Cumbia, Merengue, and more giving you a feel-happy workout that is great for both the body and the mind. \$14/drop-in. No class Oct 10. zumbavancouver.ca

#### Set 1

**Mon 6:00-7:00pm** **Gym C**  
**413402 Sep 12 Free Trial**  
**413401 Sep 19-Oct 31 \$63/6 sess**  
**Eric**

**Wed 6:00-7:00pm** **Gym C**  
**413405 Sep 7 Free Trial**  
**413404 Sep 14-Oct 26 \$75/7 sess**  
**Denise**

#### Set 2

**Mon 6:00-7:00pm** **Nov 7-Dec 12**  
**Gym C** **\$63/6 sess**  
**413403 Eric**

**Wed 6:00-7:00pm** **Nov 2-Dec 14**  
**Gym C** **\$75/7 sess**  
**413406 Denise**

### Baby and Me Yoga (16yrs+)

Baby and Me Yoga classes are designed with the birthing parent and new baby in mind. Connect with your young one with playful asana (exercises) as you stretch, breathe and relax your body back into shape, while your baby is stimulated physically, emotionally and socially.

This class is best suited for those who have healed after delivery, and for babes who are not yet very mobile. Previous yoga experience is not necessary. Bringing a blanket for baby and your own mat is recommended. For more info visit intoyoga.ca. \$18/drop-in.

#### Set 1

**Wed 10:30-11:30am** **Sep 14-Oct 26**  
**CFEC** **\$108/7 sess**  
**413348 Into Yoga**

#### Set 2

**Wed 10:30-11:30am** **Nov 2-Dec 14**  
**CFEC** **\$108/7 sess**  
**419527 Into Yoga**

### Stretch Therapy (18yrs+)

Learn the contract and relax technique of PNF stretching plus other partner assisted techniques to release fascia, tight muscles and unlock your joints so you can move with ease. These techniques are so effective, only one or two classes a week are recommended. Release your hamstrings, hips, back and shoulders to improve posture, mobility and range of motion. For more information, please visit stretchtherapyvancouver.com/community-centres. \$30/drop-in. No class Oct 10.

#### Set 1

**Mon 6:45-7:55pm** **Sep 12-Oct 24**  
**CFEC** **\$150/6 sess**  
**413389 Rob**

#### Set 2

**Mon 6:45-7:55pm** **Oct 31-Dec 5**  
**CFEC** **\$150/6 sess**  
**420251 Rob**

## Have you noticed anything new about britanniarenewal.org?

Visit the freshly redesigned Britannia Renewal website! Featuring:

- New dynamic elements;
- User-friendly ways to access project updates, news, events, meeting minutes, and reports;
- Planning & Development Committee information; and
- Stories from our community!



## Drop-in Fitness

### Dance Aerobics (18yrs+)

Get your groove on with Hot Carib and Latin moves (think Zumba!). Classes are designed to increase in intensity over the session. Guaranteed to increase your fitness level while having fun! Purchase drop-in tickets at pool office. \$6/drop-in or \$45/10 tickets.

Thu 6:30-7:30pm Oct 6-Dec 15 Gym C \$6/drop-in Allyson

### HIIT Fitness (18yrs+)

A High Intensity Interval Training (HIIT) workout to shape your abs, legs and arms! Purchase drop-in tickets at the pool office. \$6/drop-in or \$45/10 tickets.

Tue 6:00-7:00pm Oct 4-Dec 13 Gym C \$6/drop-in Allyson

### Salsa Fit (18yrs+)

Invigorating and energizing cardio combining high/low impact aerobics with a salsa flare. Great music and lots of fun. Includes a muscular strengthening component and stretching. We have 35 drop in spots for this program. Purchase drop-in tickets at pool office. \$6/drop-in or \$45/10 tickets.

**Drop-in procedure:** A class sign up list will be available at the Britannia Pool at 8:30am on the day of the program. Go to the pool office and sign up for that day's program and pay the drop-in rate (or if you have a strip ticket, give it to Denise at the class). The last step is to have a ton of fun working out with us!

Sat 9:30-10:30am Sep 10-Dec 17 Gym C \$6/drop-in Denise



## Martial Arts

### Axe Capoeira (16yrs+)

Students in this class must have a minimum of 6 months consistent Capoeira experience, or permission from the school. Students are expected to execute all basic movements. Classes cover all aspects of Capoeira: Martial arts, dance, music, acrobatics, culture, language. Classes focus on developing rhythm, reflexes, balance, coordination, strength, & flexibility. Uniform is required to join class. Fees do not pro-rate; monthly rate only. Mon/Fri classes are in Cafeteria. Weds classes are in CFEC. No class Sep 30, Oct 10 & Nov 11.

<b>Mon/Wed 6:15-7:30pm</b>	<b>Fri 7:30-8:30pm</b>
<b>Marcus</b>	<b>CFEC/Caf</b>
413336 Sep 7-28	\$125/mo
413338 Oct 3-31	\$125/mo
413337 Nov 2-30	\$125/mo
420904 Dec 2-16	\$110/7 sess



### Ki Aikido (18yrs+)

Aikido is "The Art of Peace". In Ki Aikido, we emphasize the awareness and use of Ki (mind energy, intention). We start a typical class by practicing Ki development exercises to learn coordination of mind and body for relaxed, efficient, yet powerful movement. Then we practice Ki Aikido exercises using a controlled and choreographed attack from a partner, so we can learn to sense our partner's Ki, and redirect it. The exercises teach us how to transform potential conflict into a peaceful resolution. Suitable for adults for all ages and levels of physical ability. Beginners may try one free class anytime. The High Grade class is for 1st Kyu or more advanced students. No class Oct 10.

#### General

Wed 7:30-9:30pm	Sep 14-Dec 14
Mat Room	\$84/14 sess
413380 Wayne	\$10/drop-in

#### High Grade

Mon 7:30-9:30pm	Sep 12-Dec 12
Mat Room	\$65/13 sess
413381 Wayne	\$6/drop-in

### Traditional Kung Fu (6yrs+)

This Northern Shaolin Style class will teach you traditional forms, weapon forms, sparring and self-defense. It will help you gain physical and mental strength, and develop self-confidence and discipline. Membership fee of \$2 per month for the Northern Shaolin Lung Chi Cheung Association is included in the fee. Students must be able to attend Monday and Friday classes regularly. Fees do not pro-rate. No class Sep 30, Oct 10, 21, 31 & Nov 11.

#### Beginner

Mon 4:30-5:45pm	Fri 4:30-6:30pm
Marquis & Louis	CFEC
413393 Sep 9-Dec 5	\$239/21 sess

#### Intermediate

Mon 4:30-6:30pm	Fri 4:30-6:30pm
Marquis & Louis	CFEC
413394 Sep 9-Dec 5	\$260/21 sess

#### Advanced

Mon 4:30-6:30pm	Fri 4:30-6:30pm
Marquis & Louis	CFEC
413392 Sep 9-Dec 5	\$281/21 sess

### Leisure Access Program

The Leisure Access Program (LAP) provides low-income City of Vancouver residents with reduced cost programs and services at Britannia and Park Board facilities. LAP card holders may receive up to 50% off certain programs. To learn more and to apply, visit:

[vancouver.ca/parks-recreation-culture/leisure-access-card](http://vancouver.ca/parks-recreation-culture/leisure-access-card)



## Sports

### Badminton (18yrs+)

Come play some badminton with us! Singles if it's slow, otherwise doubles. Rotate after your game to get a short break, then more action! There are 30 pre-registered and drop-in spaces available. No class Sep 30; Oct 7 & 9; and Nov 11, 13 & 20.

**Fri 7:00-9:45pm** **Sep 16-Dec 16**  
**Gym C** **\$66/11 sess**  
**413349 Allen** **\$7/drop-in**

**Sun 1:30-3:30pm** **Sep 11-Dec 11**  
**Gym D** **\$61/11 sess**  
**413350 Erica** **\$6/drop-in**

### Basketball (18yrs+)

Come get your sweat on with our 5 on 5 full court basketball game. First to 15 points, then rotate. 15 players maximum. No drop-ins. No class Oct 9 & Nov 13.

**Sun 2:00-4:00pm** **Sep 11-Dec 11**  
**Gym C** **\$66/12 sess**  
**413357 Simon**

**Sun 4:00-6:00pm** **Sep 11-Dec 11**  
**Gym C** **\$66/12 sess**  
**413358 David**

### Ball Hockey – Women (18yrs+)

The focus is on fitness and fun for players of all levels. Teams divided according to skill level at beginning of game. Bring a black and a white t-shirt to split into teams. Sticks provided, or bring your own plastic, wood, or composite. Shin pads and gloves recommended. \$6/drop-in, space permitting. No class Oct 9, Nov 13 & 20.

**Sun 4:15-6:00pm** **Sep 11-Dec 18**  
**Gym D** **\$66/12 sess**  
**413356 Belinda**

### Ball Hockey – Men (40yrs+)

This is a no-contact, recreational hockey program. Rough play will not be tolerated. No league players. No drop-ins. No class Nov 20.

**Sun 6:45-8:45pm** **Sep 11-Dec 11**  
**Gym D** **\$72/13 sess**  
**413355 Edwin**

### Ball Hockey – Coed (18yrs+)

Fun, recreational ball hockey. No body-checking. All skill levels welcome. Protective gear recommended.

Plastic sticks provided. No wooden sticks allowed. Great practice for goalies! \$6/drop-in, space permitting. Register early as this class will fill up! No class Oct 5.

**Wed 7:45-9:15pm** **Sep 14-Dec 14**  
**Gym D** **\$72/13 sess**  
**413354 Trey**

### Britannia Boxing (6yrs+)

Britannia's own fun, inclusive, and informative boxing program where anyone can come and learn proper techniques, hit the bags, and workout with our coaches. New bags, gloves, portable ring, and more await you in our boxing gym! Come and visit our wonderful and experienced coaches, learn new skills, and break a sweat while working at your own pace.

You can stay as long, or short, as you would like—classes are unlimited. The Boxing Room is located in Gym C.

First time participants, pay \$15 drop-in. After this, participants will be expected to pay the \$75/month fee. Fees cannot be prorated. No class Sep 30, Oct 10, & Nov 11.

**Mon-Fri 5:00-7:00pm**  
**Sat 2:00-4:00pm**  
**Boxing Rm** **Jay**  
**413371 Sep 6-29** **\$60/mo**  
**413372 Oct 1-31** **\$75/mo**  
**413373 Nov 1-30** **\$75/mo**  
**413374 Dec 1-22** **\$75/mo**

### Pickleball (18yrs+)

Pickleball is a sport in which two to four players use solid paddles to hit a perforated polymer ball over a net. It is a combination of Ping-Pong, tennis, and badminton. This popular, easy-to-learn and exciting game will get you moving in new and interesting ways. Bring your own paddles and ball if you have them and bring all your friends! Drop in \$6.

**Sun 6:15-8:45pm** **Sep 11-Dec 11**  
**Gym C** **\$70/14 sess**  
**413384 John**

### Soccer – Women's Indoor (18yrs+)

A recreational program for all types of fitness and skill levels. Expect low-key, limited body contact, clean fun play.

Registered players arrive by 6:15pm to hold your spot. 15 spaces are allotted per night. \$6/drop-in, space permitting. No class Oct 13.

**Thu 6:00-7:30pm** **Sep 15-Dec 15**  
**Gym D** **\$72/13 sess**  
**413386 Tracy**

## Volleyball

**Drop-in Rules:** Join the drop-in list at the Pool Office at the start time of the program. Registered players have 15 minutes to claim their spot, after which time players on the drop-in list will be allowed to purchase a spot, space permitting. If you are a drop-in, you must pay and sign in at the Pool Cashier's office and submit the receipt to the instructor in the gym.

### Intermediate (18yrs+)

Two courts and 5-6 players per team. Skill level is intermediate, purely recreational with score keeping. Efforts towards making fair balanced teams to have fun continuous rallies rather than quick side outs. Please join if you have most of the basics. Register for this program to guarantee a spot to play every week. Drop-in available, space permitting.

**Tue 8:00-10:00pm** **Sep 20-Dec 13**  
**Gym A/B** **\$71.50/13 sess**  
**413397 Minaz** **\$6/drop-in**

**Thu 7:00-10:00pm** **Sep 15-Dec 15**  
**Gym A/B** **\$112/14 sess**  
**413396 John** **\$7/drop-in**

### Advanced (18yrs+)

Friday Advanced Volleyball with 5-1, 6-2 format system play is geared towards intermediate and advanced players as this program is based on a higher level of play. The instructor reserves the right to ensure a player's skill level meets the needs of the program or suggest a different program for them. Please join if you absolutely have knowledge of the system format. Efforts are made towards creating fair and balanced teams to have fun, experienced rallies rather than quick side outs. There are a total of 25 registered spots and 4 drop-in only spots. \$7/drop-in. No class Sep 30 & Nov 11.

**Fri 8:00-10:00pm** **Sep 16-Dec 16**  
**Gym A/B** **\$66/12 sess**  
**413395 Millin** **\$6/drop-in**





# 55+ Older Active Adults

## Welcome to the 55+ Centre

Whether you want to register for an in-person or online class, drop-in for coffee, or just rest your feet awhile—we have something for you. We look forward to welcoming you to our programs or our drop-in hours. For more information, call us at 604.718.5837 or visit:

[britanniacentre.org/55plus](http://britanniacentre.org/55plus)

### Drop-in Hours



Mon/Thu/Fri 10:00am-5:00pm  
Tue (Vietnamese Seniors) 9:00am-2:00pm  
2:30pm-5:00pm  
Wed 1:30pm-5:00pm

### Staff

Anne Cowan [anne.cowan@vancouver.ca](mailto:anne.cowan@vancouver.ca)  
Kya Prince [kya.prince@vancouver.ca](mailto:kya.prince@vancouver.ca)  
Daniel Cook [daniel.cook@vancouver.ca](mailto:daniel.cook@vancouver.ca)  
604.718.5837



### Vietnamese Program

Luong Ho [luong.ho@vancouver.ca](mailto:luong.ho@vancouver.ca)  
604.718-5818

### Registration for 55+ Programs

Registration for **programs with fees** starts on Tuesday, Aug 16 at 9:00am online and in-person only, and at 1:00pm by phone.

Registration for **free programs** starts on Wednesday, Aug 17 at 9:00am online and in-person only, and at 1:00pm by phone.

604.718.5800 (1)

[vanrec.ca](http://vanrec.ca)

### Seniors, Elders and Advocates (SEA) Committee – Hybrid

We meet to discuss what matters to seniors and older adults in our community. Inclusion, representation and participation of seniors and Elders is of the utmost importance as we discuss programs and services to offer the community that are relevant, needed and valued. New members are welcome. Zoom link available upon request.

Wed 3:30-5:00pm  
55+ Centre/Zoom

Sep 21, Oct 19  
Nov 16

## Vietnamese Program / Chương Trình Cao Niên Việt Nam

This program provides settlement services, and educational and informative workshops about federal and provincial programs for Vietnamese seniors. It also raises the awareness of issues impacting seniors as well as providing advocacy, information about legal issues, safety, and support resources. If you have any questions, please contact Luong Ho at 604.718.5818 or [luong.ho@vancouver.ca](mailto:luong.ho@vancouver.ca).

Cung cấp miễn phí tất cả các dịch vụ hỗ trợ cho cao niên Việt Nam về những chương trình trợ cấp của chính phủ liên bang và tỉnh bang. Bao gồm tiền già (OAS) tiền phụ cấp (GIS), nhà cửa (BC Housing), phụ cấp tiền nhà cho cao niên (SAFER), thẻ xe bus (Bus Pass), thẻ bơi (OneCard). Chương trình cao niên Việt Nam họp mặt vào mỗi ngày thứ ba hằng tuần từ 9:00 sáng đến 3:00 giờ chiều tại Nhà Cao Niên của Trung Tâm Britannia. Chương trình tạo điều kiện cho các cao niên Việt Nam gặp gỡ chia sẻ và hỗ trợ tinh thần, tham dự những buổi nói chuyện phổ biến những thông tin mới về quyền lợi và sức khỏe dành cho cao niên; tổ chức các chương trình vui chơi, du ngoạn... Để biết thêm chi tiết, xin gọi Luong Ho 604.718.5818.

Tue 9:00am-2:00pm Ongoing 55+ Centre Free drop-in

### Vietnamese Line Dancing (55yrs+)



Lớp Line Dancing được tổ chức với cơ quan REACH. Dành cho quý vị tuổi từ 55+ tham dự. Lớp hướng dẫn các điệu nhảy nhẹ nhàng và vui nhộn.

Tạo điều kiện tập luyện sự thăng bằng và dẻo dai cho cơ thể. Yêu cầu ghi danh tham dự.

Fri 10:00am-12:00pm Sep 2-Dec 2 CFEC Free\* \*Registration required



### Vietnamese Ballroom Dance (55yrs+)



Hướng dẫn các điệu nhảy ballroom phổ biến. Giáo viên chú trọng đến các bước nhảy cùng dáng điệu căn bản cho từng nhịp điệu. Khiêu vũ là cách giúp bạn quên đi mọi âu lo và cùng hòa mình vào từng điệu nhạc. Lớp học được tổ chức chung với cơ quan REACH. Yêu cầu ghi danh tham dự.

Fri 2:00-4:00pm  
CFEC  
\*Registration required

Sep 2-Dec 2  
Free\*

# 55+ Older Active Adults

## Weaving Our Community Together



Indigenous Services Canada

Weaving Our Community Together (WOCT) brings Indigenous youth, Elders and other community members together for mutual sharing, learning, connecting and growing. WOCT features Elder and youth circles, mentorship activities, cross-cultural sharing, and outreach to promote belonging, respect, cultural pride, and intergenerational learning. For more information, visit:

[britanniacentre.org/55plus](http://britanniacentre.org/55plus)



### WOCT – Indigenous Crafts



An Indigenous-led crafts class, open to Indigenous and non-Indigenous people. The projects are varied and beadwork is a common component.

Mon 1:00-4:00pm  
55+ Centre  
Sabian

Ongoing  
Free\*

### WOCT Indigenous Led Drum Circle



Seislom invites you to join our Indigenous-led drum circle, open to all peoples. Share medicine through virtual and in-person drumming, singing, and listening. In-person takes place at the 55+ Centre and online participation is via Zoom.

Mon 5:00-6:00pm  
55+ Centre  
Seislom

Ongoing  
Free\*

### WOCT – Cedar Weaving



Learn how to weave small/medium cedar weaving projects with Haida artist, Todd DeVries. Listen to the protocols followed when harvesting and preparing cedar. Enjoy cultural crafting, peer support and sharing with Indigenous and non-Indigenous Elders and others.

Wed 1:30-4:00pm

Ongoing

55+ Centre

Free\*

Todd

\*If you have any questions about programs or participation, please call 604.718.5837 or email [daniel.cook@vancouver.ca](mailto:daniel.cook@vancouver.ca) and/or [kya.prince@vancouver.ca](mailto:kya.prince@vancouver.ca).

## Have you noticed anything new about [britanniarenewal.org](http://britanniarenewal.org)?

Visit the freshly redesigned Britannia Renewal website! Featuring:

- New dynamic elements;
- User-friendly ways to access project updates, news, events, meeting minutes, and reports;
- Planning & Development Committee information; and
- Stories from our community!

### WOCT Change of Season Autumn Gathering



Seislom and the Britannia Elder's Drum Group invite you to join us as we celebrate another season passed, and look forward to the new days ahead.

We will have food, ceremony, a talking circle, and drumming and singing.

Mon 5:00-6:00pm  
55+ Centre  
Seislom

TBD  
Free\*





# 55+ Older Active Adults

## \*Registration required for free programs.

Registration for free programs opens on **Wednesday Aug 17, 2022 at 9:00am** (online and in-person only) and at 1:00pm by phone.

## Cedar Hat Weaving

Welcome to Cedar Hat Weaving with Haida artist Todd "Giihlgigaa" DeVries. In this course you will learn how to create a woven cedar hat using techniques handed down over thousands of years. Though most hats will follow traditional shapes, there is room for creative interpretation with guidance from Todd and skilled volunteers.

Each participant will have access to the tools and cedar warps and wefts to complete their own Cedar Hat.

**Thu 1:30-3:30pm Sep 8-Oct 27**  
**CFEC \$40/8 sess**  
**420396 Todd**

## Set 2

**Thu 1:30-3:30pm Nov 3-Dec 22**  
**CFEC \$40/8 sess**  
**420397 Todd**

## Ukulele Seasonal Chorus (55yrs+)

Play an array of seasonal Christmas tunes. Basic ukulele chord understanding and some experience needed. Beginner lessons will be offered again next season.

**Tue 2:00-3:30pm Nov 15-Dec 20**  
**55+ Centre Free\***  
**420400 Jane**

## Ukulele Sing-Along (All ages)

A gathering of senior and Elder ukulele players for a monthly sing-along in the beautiful ʔxʷqʷeləwən ct Carving Centre. We welcome folks of all ages, including those who simply want to sing.

**Wed 1:30-3:00pm Sep 28**  
**ʔxʷqʷeləwən ct Carving Centre Free\***  
**421579 Jane**

## Quirk-e – Online

Quirk-e is the Queer Imaging and Riting Kollektive for Elders experimenting with language, printed text, graphics, digital imagery, spoken word, and performance.

Call 604.718.5837 for more information and an application. Hybrid in-person and online sessions take place on the 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of the month.

**Wed 11:00am-1:00pm Ongoing**  
**55+Centre/Online Free\***



## Social

### Knitting Social (All ages)



An afternoon drop-in at Britannia. All ages, from beginner to advanced, we welcome you to join others for an afternoon of knitting and sharing in the cozy 55+ Centre. Tea and coffee will be served.

**Thu 1:00-3:00pm Sep 15-Dec 15**  
**55+ Centre Free\***  
**420955 \*Registration required.**

### Monday Soup (55yrs+)



Monday lunches are back! Join us every Monday for a warm and welcoming homemade soup lunch. A place to rest your feet a while, meet a friend, and enjoy a quiet space for a quick lunch. The staff and volunteers look forward to serving you. No session Oct 10. \$3.50/drop-in. Pay at the Pool or Info Centre and bring your receipt to the 55+ Centre. **No session Sep 19.**

**Mon 12:00-1:00pm Sep 19-Dec 12**  
**55+ Centre \$3.50/drop-in**  
**Volunteer**

### Sunday Movie Night Series (All ages)



Everyone is welcome to attend our movie series every Sunday evening. See below for the schedule. Doors open at 5:45pm. No session Oct 9 & Nov 13.

**Sun 6:00-9:00pm Sep 11-Dec 11 55+ Centre Free\***  
**420406 \*Registration required.**

Date	Movie	Year	Run time
Sep 11	The Importance of Being Earnest	2002	1h 37m
<b>Sep 17- Sat</b>	In the Heat of the Night	1967	1h 50m
Sep 25	Scott Pilgrim vs. the World	2010	1h 52m
Oct 2	Cherry Blossoms	2008	2h 07m
Oct 16	Serenity	2005	1h 59m
Oct 23	Chimes at Midnight	1965	1h 55m
Oct 30	In Good Company	2004	1h 49m
Nov 6	Spring, Summer, Fall, Winter... and Spring	2003	1h 43m
Nov 20	(500) Days of Summer	2009	1h 35m
Nov 27	Searching for Sugar Man	2012	1h 26m
Dec 4	Kiss Kiss Bang Bang	2005	1h 43m
Dec 11	Shakespeare In Love	1998	2h 03m

## Friday Wellness

### Chair Yoga (55yrs+)



Chair yoga is an accessible and gentle seated practice designed to help you feel more energized and calm. We'll explore simple and easy movements to mobilize your whole body, breath work to calm the nervous system, and other brain and mood stimulating techniques to help you feel more connected with ease.

Please come in comfortable clothes, socks and shoes. No class Sep 30.

### Set 1

**Fri 12:15-1:15pm Sep 9-Oct 21**  
**55+ Centre Free\***  
**420393 Bryony**  
**\*Registration required**

### Set 2

**Fri 12:15-1:15pm Oct 28-Dec 9**  
**55+ Centre Free\***  
**420394 Bryony**  
**\*Registration required**

### Wellness Friday Café



The 55+ Centre staff welcome you to our Friday afternoon social, a friendly drop-in for a cup of tea or coffee. It's a great chance to meet others, socialize and hear the latest going on at the 55+ Centre and Britannia. We hope to see you there—new folks are always welcome.

**Fri 2:00-4:00pm Ongoing**  
**55+ Centre Free**



# 55+ Older Active Adults

## Dance

### Line Dancing (55yrs+)

This class is filled with fun, light musical movements, lots of laughs and is a great way to exercise and socialize.

**Tue 1:00-3:00pm Sep 6-Dec 13**  
CFEC \$20/15 sess  
420399 Anita

### Classical Chinese Dance (55yrs+)

Classical Chinese dance uses body language to express graceful movements to music. This is a great way to enjoy music, exercise and learn about Chinese culture!

**Sun 2:00-4:00pm Sep 4-Dec 18**  
CFEC Free\*  
420398 Helen  
\*Registration required

### Chinese Folk Dance (55yrs+)

Traditional Chinese folk dancing lessons. Everyone is welcome! Program is free but you must register. This class is taught in English and Chinese. No drop-ins.

**Thu 9:30-11:30am Sep 8-Dec 15**  
CFEC Free\*  
420395 Volunteer  
\*Registration required

### Vietnamese Ballroom Dance (55yrs+)

Hướng dẫn các điệu nhảy ballroom phổ biến. Giáo viên chú trọng đến các bước nhảy cùng dáng điệu căn bản cho từng nhịp điệu. Khiêu vũ là cách giúp bạn quên đi mọi âu lo và cùng hòa mình vào từng điệu nhạc. Lớp học được tổ chức chung với cơ quan REACH. Yêu cầu ghi danh tham dự.

**Fri 2:00-4:00pm Sep 2-Dec 2**  
CFEC Free\*  
\*Registration required

### Vietnamese Line Dancing (55yrs+)

Lớp Line Dancing được tổ chức với cơ quan REACH. Dành cho quý vị tuổi từ 55+ tham dự. Lớp hướng dẫn các điệu nhảy nhẹ nhàng và vui nhộn. Tạo điều kiện tập luyện sự thăng bằng và dẻo dai cho cơ thể. Yêu cầu ghi danh tham dự.

**Fri 10:00am-12:00pm Sep 2-Dec 2**  
CFEC Free\*  
\*Registration required

## Health & Fitness

### Badminton (55yrs+)

Fun and easy badminton for older adults. No drop-ins. No class Oct 10.

**Mon/Wed 11:20am-12:35pm Sep 12-Dec 12**  
Gym C \$14/26 sess  
413351 Tho

**Tue/Thu 11:20am-12:35pm Sep 13-Dec 15**  
Gym C \$14/28 sess  
413353 Tho

**Sat 2:00-4:00pm Sep 10-Dec 17**  
Gym A \$14/15 sess  
413352 Wally



### Boxfit for Seniors (55yrs+)

Want to learn something new and improve your physical fitness and mental alertness? This introduction to boxing class is designed specifically to enhance your strength, balance, coordination, muscular endurance and overall well-being. All fitness levels welcome and all equipment will be provided. No class Sep 30.

**Tue/Fri 3:30-4:30pm Sep 6-Dec 16**  
Boxing Rm \$65/15 sess  
420392 Jay

## Leisure Access Program

The Leisure Access Program (LAP) provides low-income City of Vancouver residents with reduced cost programs and services at Britannia and Park Board facilities. LAP card holders may receive up to 50% off certain programs. To learn more, give us a call at 604.718.5800 (1) or visit: [vancouver.ca/parks-recreation-culture/leisure-access-card](http://vancouver.ca/parks-recreation-culture/leisure-access-card)



### Yoga 50+

As we move through time, we need to keep moving our bodies. Whether you're brand new to yoga or a seasoned practitioner, if you're 50 or over then this all-levels yoga class is ideal for you. Safety and a pain-free practice is a priority. Yoga can improve your flexibility, mobility, balance, bone density, and strength. Yoga also has a calming effect on the mind and nervous system. Joan has been teaching yoga for 12yrs+, practicing yoga for 20yrs+, and moving through time for 50yrs+. \$17/drop-in. No class Oct 3, 10.

#### Set 1

**Mon 2:00-3:15pm Sep 12-Oct 31**  
CFEC \$84/6 sess  
413398 Joan

#### Set 2

**Mon 2:00-3:15pm Nov 7-Dec 12**  
CFEC \$84/6 sess  
413399 Joan

### Osteofit (55yrs+)

A gentle strength, balance and coordination program designed to improve fitness and promote healthy bones. This program focuses on improving individual functional ability and quality of life, and reducing the risk of falls and fractures.

The program is taught by a trained Osteofit fitness instructor. No drop-ins. No class Oct 3, 10.

#### Set 1

**Mon 11:00am-12:00pm Sep 12-Oct 24**  
CFEC \$50/5 sess  
420401 Berdjis

#### Set 2

**Mon 11:00am-12:00pm Oct 31-Dec 5**  
CFEC \$60/6 sess  
420402 Berdjis

## 55+ Program Calendar

Mon	Tue	Wed	Thu	Fri	Sat	Sun
<b>Osteofit*</b> 11:00am-12:00pm  <b>Badminton</b> 11:20am-12:35pm  <b>Monday Soup</b> 12:00-1:00pm  <b>WOCT Indigenous Crafts*</b> 1:00-4:00pm  <b>Yoga 50+*</b> 2:00-3:15pm  <b>WOCT Drum Circle*</b> 5:00-6:00pm	<b>Vietnamese Drop-in</b> 9:00am-2:00pm  <b>Badminton</b> 11:20am-12:35pm  <b>Line Dancing*</b> 1:00-3:00pm  <b>Ukulele Seasonal Chorus*</b> 2:00-3:30pm  <b>Boxfit*</b> 3:30-4:30pm	<b>Quirk-e (Hybrid)*</b> 11:00am-1:00pm  <b>Badminton</b> 11:20am-12:35pm  <b>WOCT Cedar Weaving*</b> 1:00-4:00pm	<b>Chinese Folk Dance*</b> 9:30-11:30am  <b>Badminton</b> 11:20am-12:35pm  <b>Knitting Social*</b> 1:00-3:00pm  <b>Cedar Hat Weaving*</b> 1:30-3:30pm	<b>Vietnamese Line Dancing*</b> 10:00-12:00pm  <b>FRIDAY WELLNESS</b>  <b>Chair Yoga*</b> 12:15-1:15pm  <b>Wellness Friday Café</b> 2:00-4:00pm  <b>Vietnamese Ballroom Dance*</b> 2:00-4:00pm  <b>Boxfit*</b> 3:30-4:30pm	<b>No programs on stat holidays.</b> <b>*Registration required.</b> General registration opens Tue, Aug 16 at 9:00am in-person and online, and at 1:00pm by phone. Registration for free programs opens Wed, Aug 17 at 9:00am in-person and online, and at 1:00pm by phone.  <b>Badminton*</b> Sat 2:00-4:00pm  <b>Classical Chinese Dance*</b> Sun 2:00-4:00pm  <b>Sunday Movie Night Series*</b> 7:00pm-9:30pm	



### Cross Cultures Health and Wellness Fair

REACH Community Health Centre, Britannia along with other community partners are meeting and gathering together to promote health and wellness for Elders, Seniors and all individuals and families in our community. Please join us as we share health resources and food in a welcoming atmosphere that reflects and celebrates the cultural diversity of our community.

Fri 11:00am-3:00pm Oct 21 Gym D Free\*  
422344 \*Registration required.

### Christmas Luncheon (55yrs+)

Gather with us in the 55+ Centre to enjoy a warm turkey lunch, listen and sing with our musical guests, and welcome the season with friends—new and old.

Mon 1:00-3:00pm Dec 19 Gym D \$6/1 sess  
424550



## Special Events

### Orange Shirt Day (All ages)

We are gathering with Elders and their families on Orange Shirt Day. We invite you all to join us on this important day to help raise awareness about residential schools and their lasting impact on Indigenous peoples. Every Child Matters. Wear your orange shirt in support. At 9:00am we will assemble at the Vancouver Aboriginal Friendship Centre and then walk to Grandview Park. Seniors and those with mobility challenges will assemble at 10:00am at the 55+ Centre to walk together. Activities and speakers begin at the park at 11:00am.

If you are interested in volunteering at this or other community events, please email [yao.zhang@vancouver.ca](mailto:yao.zhang@vancouver.ca).

Fri 11:00am-2:00pm Sep 30 Grandview Park Free

# Fitness Centre

## Welcome to the Fitness Centre

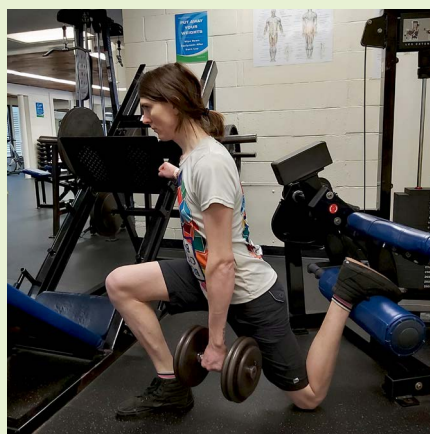
### Hours

Mon-Fri	7:00am-9:00pm
Sat (Women Only*)	8:00am-10:00am
Sat	10:00am-7:00pm
Sun (55+ Only)	8:00am-10:00am
Sun	10:00am-7:00pm

\*Trans inclusive.

Hours are subject to change. For up-to-date information, visit:

[britanniacentre.org/fitness\\_centre](http://britanniacentre.org/fitness_centre)



### Facility Orientations

Let us help you reach your fitness goals. Whether you need instruction, motivation, or support, our highly trained staff are here to help you succeed. Enlist one of our staff to get you started in the Fitness Centre with an orientation on our fitness equipment and a starter fitness program.

Please call ahead to make an appointment for a fitness orientation 604.718.5842.

### Flexipass Membership

Enjoy flexible and affordable recreation with our no-contract all-access pass. Purchase a monthly Flexipass at any Park Board fitness centre and receive unlimited access to our 15 fitness centres, 9 indoor pools, 4 outdoor pools and 8 ice rinks. For more information and locations visit [vancouverparks.ca](http://vancouverparks.ca).

### Outside Trainers

This type of special admission is for personal trainers, occupational and recreational therapists, and physiotherapists. Outside trainers will need to be registered with either the Park Board or Britannia. Both trainer and client must pay for admission to the Fitness Centre. A training fee of \$6.99 per client also applies (fees are subject to change).

### Supporting a participant? Attendants get free access

The Fitness Centre and Pool give free access to attendants required to assist persons with disabilities needing support to swim or exercise. Support is defined as assistance of a physical, psychological, emotional, intellectual, or sensory nature to ensure the patron with the disability can participate.



## 2022 Pool and Fitness Centre Fees

	Drop-in	10 Visit Pass	1 Month Flexipass	3 Month Flexipass	12 Month Flexipass	Britannia Membership
Adult (19-54)	\$6.99	\$60.14	\$53.84	\$145.38	\$465.21	\$3.00
Youth (13-18)	\$4.89	\$42.11	\$37.70	\$101.77	\$325.65	\$1.00
Child (6-12)	\$3.50	\$30.07	\$26.92	\$72.69	\$232.61	\$1.00
Senior (65+)	\$4.89	\$42.11	\$37.70	\$101.77	\$325.65	\$1.00
Britannia-Only Senior (55+)	\$4.89	\$42.11	\$37.70	\$101.77	\$325.65	\$1.00

Please note: Prices do not include tax. Fees subject to change without notice.

Family Drop-in Rate = 1 to 2 adults of the same household and their children under 19yrs. Minimum \$6.34 admission.

Leisure Access Fitness Centre Admission rate is 50% off adult admission and Flexipass.

## Britannia Holiday Hours

### Info Centre, 55+ Centre & Teen Centre

Sep 5	Labour Day	CLOSED
Oct 10	Thanksgiving	CLOSED
Nov 11	Remembrance Day	CLOSED
Dec 25	Christmas Day	CLOSED
Dec 26	Boxing Day	CLOSED

### Pool & Fitness Centre

Sep 5	Labour Day	1:00-5:00pm
Oct 10	Thanksgiving	1:00-5:00pm
Nov 11	Remembrance Day	1:00-5:00pm
Dec 25	Christmas Day	1:00-5:00pm
Dec 26	Boxing Day	1:00-5:00pm

### Rink

Sep 5	Labour Day	CLOSED
Dec 25	Christmas Day	CLOSED
Dec 26	Boxing Day	1:00-3:30pm



## Pool Closure Sep 19 – Oct 17

Our pool will be closed for regular annual maintenance from September 19 - October 17, 2022. If you have any questions or concerns, please contact Victor or Marie at 604.718.5830.

## Welcome to the Britannia Pool

The 25m main pool features a 1m diving board, slide and rope swing. Relax in the on-deck whirlpool, steam room, or in the sauna in the change room. For those with young children, we also have a warm, shallow Leisure Pool equipped with a variety of spray features.

### View Our Programs Online

Our current pool drop-in schedule is available at the Pool Cashier, the Info Centre and online at:

[britanniacentre.org/pool](http://britanniacentre.org/pool)

View all of our current and upcoming lessons on the Vancouver Recreation website: [vanrec.ca](http://vanrec.ca)

### Hours

For up-to-date information, visit:

[britanniacentre.org/pool](http://britanniacentre.org/pool)

### Contact

**Pool Cashier** 604.718.5831

**Pool Programmer** 604.718.5830

### Admission Policy for Children

Children under 8yrs must be accompanied in the water by a responsible person who is 16yrs or older and within arm's reach.

### Pool and Fitness Centre Committee

Join the Pool and Fitness Centre Committee. New members are always welcome! This is an advisory committee which provides recommendations to the Britannia Board of Management in the area of Pool and Fitness Centre programming and facilities.

Meetings take place on the last Tuesday every other month. For more info please contact Marie-Louise Beesley at [marie.beesley@vancouver.ca](mailto:beesley@vancouver.ca) or 604.718.5830.

**Tue 6:00pm**

**Sep 27, Nov 29**

## Halloween Swim

Enjoy a family-friendly free swim with games, activities, candy, goodie bags, and a haunted house.

**Sat 6:00-8:00pm**  
**Britannia Pool**

**Oct 29**  
**Free**



## Birthday Parties

Book the parent and tot pool for your birthday party! Maximum of 30 people per party. Register online at [vanrec.ca](http://vanrec.ca), in person or by phone 604.718.5831. You may also arrange to rent a party room through the Community Centre's Facility Support Clerk at 604.718.5812 or [britanniafacilitiesupport@vancouver.ca](mailto:britanniafacilitiesupport@vancouver.ca).

**Sun 10:00-11:00am \$75\***

\*Includes lifeguard fee.

## Swim Lesson Registration

Online and in-person registration for swimming lessons and programs at all pools, for all age groups starts **Tuesday, August 30 at 7:00pm**. View all of our current and upcoming swimming lessons on the Vancouver Recreation website (set Britannia Pool as the location): [vanrec.ca](http://vanrec.ca)

If you are already participating in a class, you are encouraged to wait until you receive a report card on the last day of class to register for the next set. It's important to register in the correct level. Those who have registered in the wrong class may be asked to withdraw from the class. Please bring the most recent report card to the first day of lessons. All lessons must meet minimum space requirements to run.

### Swim Assessments

If you are unsure of which level to register, we offer swim assessments during our public swims. If your child is under 8yrs, we require a parent/guardian to assist in the water during the assessment. Children registered in an inappropriate level will be moved to the proper level if space is available, or refunded from the lesson.

### Refunds & Cancellations

Full refunds given five or more working days prior to the start of the program. If request received within four working days of the start of the program or after the first program date (class/lesson), we refund registration fee minus the cost of one class or transfer to a future session. No refunds issued after the second date of the program. Fees for one or two-day programs are non-refundable.

### Private/Semi-Private Lessons (All Ages)

One-on-one or one-on-two with a swimming instructor for a set of lessons to improve specific swimming skills. Instructors may vary from week to week.

**Private: \$33.32 / Semi Private: \$11.48 (plus applicable taxes)**

## Swim Sessions

Our current pool drop-in schedule is available online at:

[britanniacentre.org/pool](http://britanniacentre.org/pool)

### Aquafit

The majority of Aquafit classes will continue to be by registration only, with some spaces held for drop-in. Registrants will be required to wear a wristband. To avoid disappointment we encourage participants to register in advance.

### Free Youth Swim (11-18yrs)

Britannia's youth-only swim time, every other Friday. Contests, prizes, games and crazy stuff! The WIBIT will be available some days. Lessons will be available to interested youth for the first 30mins; work on skills or improve your swimming abilities.

**Fri 6:00-8:00pm**  
**Britannia Pool**  
**Free**

**Sep 16, Oct 21**  
**Nov 4, Nov 18**  
**Dec 2**

### Free Family Swim

Free family-friendly swims for children and youth and their chaperones.

**Fri 6:00-8:00pm**  
**Britannia Pool**  
**Free**

**Sep 9, Oct 28**  
**Nov 25, Dec 9**

# Ice Rink

## Public Skates

To view our current public skating schedule, visit:

[britanniacentre.org/ice\\_rink](http://britanniacentre.org/ice_rink)

## Holiday Hours

Check out the schedule online at [britanniacentre.org](http://britanniacentre.org) in the first week of December to find out about holiday public skating sessions and events.

**Dec 24** Rink closes at 5:00pm

**Dec 25** Closed

**Dec 26** 1:00-3:30pm **FREE Skate** ☀️

## \$99 Winter Ice Sale!

Plan a holiday party between Dec 19 2022–Jan 2, 2023 for \$99/hour plus GST. Staff charges are not included. Booking for the Winter Ice sale starts in October. To book your event, contact Susy Bando at [susy.bando@vancouver.ca](mailto:susy.bando@vancouver.ca) or 604.7185836.

## Special Events

### Brit Chill Holiday Skate

Kick off the holiday season with a festive free session. There will be crafts, treats and a visit from Santa Claus, Frosty and Rudolf.

**Sun** 1:45-3:15pm **Dec 18**  
**Free** ☀️

### Boxing Day Skate

Come by the Rink, lace up your skates and burn off some turkey dinner calories.

**Mon** 1:00-3:30pm **Dec 26**  
**Free** ☀️

## Arena Programs



### Family Fun Hockey (3-12yrs with Adult/s)

This program is perfect for families who want to play casual hockey together. Whether you want to just pass around the puck or get involved in a friendly shinny, this family activity is sure to be a hit with the kids. Participants must use sticks provided by rink. Helmets are mandatory for all participants and are available free of charge at the rink.

**Sun** 12:15-1:30pm **Sep 18-Dec 18**  
**Regular admission rates apply.**

### Parent & Tot Skate

Introduce your child to skating in a fun and non-intimidating environment. Some ice cleats are available for adults who are not comfortable wearing skates. Take your kids for a spin on the popular on-ice scooters. No hockey allowed during this session.

**Thu** 11:00-11:45pm **Sep 15-Dec 15**  
**Free** ☀️

## Vancouver Adult Co-ed Hockey League (VACHL) 2022/23

VACHL is an adult recreational hockey league sponsored by the Britannia and the Vancouver Park Board. For more information go to [www.vachl.ca](http://www.vachl.ca).

### Women's Learn to Play Hockey (18yrs+)

This instructional program is perfect for women hockey players looking to improve through on-ice skills and drills. Each session will end with a scrimmage. Full hockey equipment is mandatory. Pay at the pool starting at 2:30pm.

**Mon** 3:15-4:45pm **Oct 17-Dec 12**  
**\$6.66/drop-in**

### Adult Stick, Puck and Ring (18yrs+)

Come out during the noon hour and practice your hockey skills on the best ice in Vancouver. Online registration opens at noon on the Tuesday before the session. Helmets are mandatory during this session. Full hockey equipment is recommended. Sorry, no scrimmage.

**Wed** 3:15-4:45pm **Sep 14-Dec 28**  
**Fri** 12:00-1:30pm **Sep 16-Dec 30**  
**\$6.66/drop-in**



## 2022 Rink Admission Fees

*Please note: Prices do not include tax. Fees are subject to change.*

Adult (19-54yrs)	Youth (13-18yrs)	Senior (55yrs+)	Child (6-12yrs)	Family	Skate Rentals	Skate Sharpening
\$6.99/Drop-in \$60.14/10 visits	\$4.89/Drop-in \$42.11/10 visits	\$4.89/Drop-in \$42.11/10 visits	\$3.50/Drop-in \$30.07/10 visits	*at Child rate (Family minimum \$6.99)	\$3.53	\$7.25

- Britannia Ice Rink 10 visit cards are valid at all Vancouver Park Board operated rinks. Prices are subject to change without notice.
- A 20% discount on admission is given to groups of 10 or more.
- Stick & Puck sessions are at the Adult rate.
- Flexipasses may be used for public skating and Adult Stick and Puck sessions. For 2022 Flexipass rates, see page 30.
- \*Family rate is 1-2 adults from the same household and their children under 19yrs, all present at time of admission. \$3.50 per person (not including taxes).
- Children under 8yrs MUST be accompanied on ice by an individual 16yrs+.
- Helmets are strongly recommended for all public sessions and are mandatory for all participants of Family Fun Hockey.
- Adult hockey programs require full equipment. Participants must sign a waiver at the beginning of each session.

## Skating Lessons

Registration for **Set 1 fall** skating lessons begins on Wednesday, Aug 31 at 9:00am in-person and online, and at 1:00pm by phone. Registration for **Set 2 fall** skating lessons begins on Oct 26 at 9:00am in-person and online, and at 1:00pm by phone. **Please note: Skating lessons are very popular and fill up quickly, so register early.**



To help you register online for the correct level, please refer to your most recent Skating Report Card and/or refer to the specific level descriptions to determine which class best matches the skater's ability. If you are unsure of the level, have an on-ice evaluation completed at any Vancouver Park Board Rink during a public skate. Students will not be transferred if they are not registered in the appropriate level; a prorated refund will be issued after the first class. If the lessons you want to register for are full please put your name on the waiting list. We schedule additional classes whenever possible. Please register in one (1) set of lessons only.

**For Britannia lessons, skate rentals are included in the cost of lessons. All skating lesson participants must wear a CSA-certified hockey helmet or a snowboarding helmet. A limited number of hockey helmets are available to use free of charge.**

## Learn to Skate Lessons (3yrs+)

These popular lessons focus on skill acquisition through activities and games. Our energetic instructors teach you to skate with safety in mind. All lessons are 30 minutes and are led by qualified instructors.

### Set 1

Tue 6:00-8:00pm  
Sat 10:00am-1:15pm

Sep 20-Oct 25  
Sep 17-Oct 22  
\$39/6 sess

### Set 2

Tue 6:00-8:00pm  
Sat 10:00am-1:15pm  
\$45.50/7 sess or \$52/8 sess

Nov 1-Dec 13  
Oct 29-Dec 17

## Preschool Levels (3-5yrs)\*

**Level 1:** This is an entry level skating class for students 3-5 years old.

**Level 2:** Can stand up on ice in skates unassisted; can take 6 steps forwards and backwards.

**Level 3:** Can glide on two feet for ½ m. Intro to stopping, scraping and double sculling.

**Level 4:** Can skate forward on alternating feet, perform forward double sculling, snowplow stop, and can skate backwards across the rink.

**Level 5+:** Can do "V" pushes (left and right), glide on one foot for ½ meter (both feet), glide on two feet on a curve, and do a half snowplow stop.

## Children/Youth/Adult Levels\*

**Level 1:** This is an entry level skating class.

**Level 2:** Can get up unassisted, skate across the rink, and glide on two feet for 2m.

**Level 3:** Can skate forward on alternating feet, glide on one foot for 1m, forward glide on two feet on a curve, and perform a forward snowplow stop.

**Level 4:** Can skate forward using "V" pushes, glide on one foot for 3m, and do a half snowplow stop, forward single sculling, and backward double sculling.

**Level 5:** Can glide backwards on both feet for 2m, skate backward skating using "C" pushes, and can do a side and/or hockey stop, backward half snowplow, and forward circle thrust.

**Level 6:** Can do forward crossover, backward circle thrust, backward half snowplow, and can glide backward on two feet on a curve.

**\*For a full description of skate lessons see individual class descriptions online at [vanrec.ca](http://vanrec.ca).**

## Power Skating (8yrs+)

Work on skating skills that will strengthen your hockey games. Improve your speed, power, technique and control with our power skating lessons offered Sunday afternoons. Learn proper skating posture and the importance making the most out of your edges.

The intermediate class is for skaters who have taken power skating lessons before and want to improve on the skills they already have. Skaters must have passed Level 5 in the Learn to Skate program or have equivalent skills.

### Beginner

Sun	4:30-5:15pm	
Set 1	Sep 18-Oct 23	\$48/6 sess
Set 2	Oct 30-Dec 11	\$56/7 sess

### Intermediate

Sun	5:30-6:15pm	
Set 1	Sep 18-Oct 23	\$48/6 sess
Set 2	Oct 20-Dec 11	\$56/7 sess

## Private Lessons

Learn one-on-one with one of Britannia's skating instructors. Perfect for someone looking for a little extra attention or wanting to brush up on a single skill or two. Private lessons are available on Saturday mornings and Tuesday evenings during the Learn to Skate lesson times.



## \$99 Winter Ice Sale!

Plan a holiday party between Dec 19 2022-Jan 2, 2023 for \$99/hour plus GST. Staff charges are not included. Booking for the Winter Ice sale starts in October.

## Join the Arena Committee!

The Arena Committee meets the 1st Tue of the month at 6:30pm at the call of the chair. For more information contact the Arena Programmer, Susy Bando, at [susy.bando@vancouver.ca](mailto:susy.bando@vancouver.ca).



# Partners



## Grandview Woodland Food Connection

Grandview Woodland Food Connection (GWFC) is dedicated to supporting healthy food access for all. In partnership with Britannia Community Centre, the GWFC is pleased to offer a range of community food programs. If you'd like to get involved, email [gwfcnetwork@gmail.com](mailto:gwfcnetwork@gmail.com) or visit:

[gwfoodconnection.com](http://gwfoodconnection.com)

## Britannia Bulk Buy Food Club



Interested in fresh, healthy, and affordable food at wholesale prices? Once a month, you can purchase a \$14 box of assorted produce at Britannia Community Centre.

Buying together with your neighbours can help you save over 40% on your food bill. You get 12-14 varieties of fruits and veggies plus access to supplemental donations.

Email [gwfcnetwork@gmail.com](mailto:gwfcnetwork@gmail.com) or call Ruth Elizabeth at 604.718.5895 for more info or to be added to the waitlist.

## Looking for Garden Enthusiasts / Garden Ambassadors



Come volunteer with us and help us care for our gardens! During these weekly garden work parties and skill-sharing sessions, you will have the opportunity to gain hands-on experience and learn from experienced gardeners.

We'll work together to care for the gardens by planting, watering, weeding and harvesting together (and yes, you will enjoy the harvest as well). All are welcome, rain or shine.

Please send an email to Ruth-Elizabeth at [gwfcnetwork@gmail.com](mailto:gwfcnetwork@gmail.com) if you are interested.

Sun 12:00-3:00pm Jul 10-Sep 25

## GWFC Committee Meetings

Help set the direction for our programs and events at our committee meetings on the 1st Wednesday of the month! For more information email Ruth-Elizabeth at [gwfcnetwork@gmail.com](mailto:gwfcnetwork@gmail.com).

Wed 6:00pm Sep 7, Oct 5  
Nov 2 & 30\*



## Canucks Family Education Centre

The Canucks Family Education Centre (CFEC) provides quality family literacy and early learning programs for children, youth and adults. All programs are free of charge and offer our Get Ready 2 Read (GR2R) Early Learning Program for the pre-school age children of participants.

**Registration is required for all programs.** To register contact Lina Arias at [lina.cfec@gmail.com](mailto:lina.cfec@gmail.com). For all other enquires please contact Jean Rasmussen, Executive Director, at 778.321.3487 or [jean.cfec@gmail.com](mailto:jean.cfec@gmail.com).

## 2022 – 2023 Programs

### Britannia Partners in Education (PIE):

Britannia Secondary School, CFEC Rm 109A

#### English Foundations 3-5

Tue/Wed 9:30-11:45am

#### English Foundations 6/7 & English Composition 11

Tue/Wed 12:15-2:30pm

#### Math Foundations 2-7 & Pre-Calculus 11, Apprenticeship & Workplace

Math 11, and Accounting 11  
Thu 9:30am-2:30pm

#### English for Speakers of Other Languages (ESOL)

Fri 10:00am-2:00pm

## Additional Programs:

### CFEC Get Ready 2 Read (GR2R)

#### Family Resource Program

Wed 10:00am-12:00pm  
Britannia Secondary School, CFEC Rm 110 and online

#### Advanced Conversation Class

Fri 10:00am-12:00pm  
Britannia Secondary School, CFEC Rm 110

#### CFEC/Burnaby CCE SD#41 ECE

#### Basic Certificate Program

Mon 10:00am-2:00pm  
Britannia Secondary School, CFEC Rm 110



## Canada El Salvador Action Network

The Canada El Salvador Action Network (CELSAN) was founded in Vancouver in 2017 and promotes Salvadorean culture, gastronomy, and history. CELSAN's biggest event is the Vancouver Corn Festival-Festival del Maiz, as well as participation in the Folk Festival and cultural and food selling events.

## Contact

[celsan.es@gmail.com](mailto:celsan.es@gmail.com)

## Fiesta del Maiz



Britannia is excited to partner with the Canada El Salvador Action Network (CELSAN) to bring back the Corn Festival (Fiesta del Maiz). The festival celebrates our shared love for corn, while also recognizing the profound importance of the food staple for the people's of Latin America.

From music and dancing, to educational tables and incredible food (papusa's, tamales, and more!)—we can't wait to bring back this annual highlight.

Sat 11:00am-6:00pm Sep 3  
Gym D Free



## Community Education

The Britannia Community Schools Team (CST) works out of the Community Education Office at Britannia Secondary. The mandate of the CST is to provide academic, social, and emotional support as well as connections to community resources for students in the Britannia Hub of schools. This work is often done through student leadership opportunities, noon hour and after school programming. For inquiries please call 604.713.8273.

### Community Schools Coordinator

Ron Scott & Maddie LaFleur

### Office Support

Mitra Tshan



## Eastside Family Place

Eastside Family Place is a community support and resource centre for parents/ caregivers and their young children up to age 6yrs. We offer many programs, along with support and referral services. Contact us for more details.

**Annual membership fee is required. Subsidies available upon request.**

### Contact

1655 William St. 604.255.9841  
[info@eastsidefamilyplace.org](mailto:info@eastsidefamilyplace.org)  
[www.eastsidefamilyplace.org](http://www.eastsidefamilyplace.org)

### Family Playtime

Adults can visit with each other while engaging with their children in a warm, educational environment. Children have opportunities to socialize and learn through playing developmentally stimulating activities. Both Indoor Playtime and Backyard Playtime are available throughout the week. Register via our website.

M/W/F	9:00am-12:00pm	Families
Tue/Thu	9:00am-12:00pm	Caregivers
Tue/Thu	1:00am-2:30pm	Families & Caregivers

### Parenting Education & Support

ESFP regularly offers a wide variety of excellent free programs, workshops, and groups, such as:

- **Nobody's Perfect** (a parenting empowerment group)
- **Circle of Security** (understand attachment needs and its relation to children's behaviour)
- **Family Rhythm, Rhyme + Movement** (early language and music program)
- **Cooking Skills**
- **Mama Ganso/Spanish Mother Goose**
- **Parents of Babies: A Weekly Baby Group**

Check our website for dates and times.

### Licensed Occasional Childcare

For ages 18mos to early 6yrs. Advance booking required. Call 604.251.1018.



## Community Action Program for Children

CAPC is a community-based children's program that promotes the healthy development of young children. All programs are free and for parents with children aged 0-6.

### Fall 2022 Programs

#### Food Security Program

Promoting healthy eating. \$25 gift cards and fruit and veggie hampers are provided once a month

#### Appetite To Play Series

Fri 10:00-11:00am Rink Mezz  
 Sep 9 & 16; Oct 7, 14, & 21; Nov 4 & 18; Dec 2

#### Yoga Class for Mom & Child

Tue 10:00-11:00am Oct 4-Nov 29  
 Gym C

#### Spanish Mother Goose/Mama Ganso

See below for more details.

#### Cooking with a Chef and Nutritionist

Wed 10:00-11:00 am Oct 5-Nov 30  
 Online

#### Money Skills

Wed 10:00am-12:00pm Oct 13  
 Online

#### Save That Child

Thu 10:00am-12:00pm Oct 27  
 Online

For more information and to register, please call 604.718.5821 or 778.245.2428.

### Spanish Mother Goose / Mama Ganso (0-3yrs)

Enjoy one hour of rhymes, songs, games and stories in Spanish with your your child. No class Oct 10.

Disfrute de una hora de rimas, canciones, juegos y cuentos en Española consus pequeños.

Mon	Sep 19-Nov 14	Rink Mezz
Rita		Free*
1-3yrs	10:30-11:30am	
0-12mo	12:30-1:30pm	

\*Registration required. Call 604.215.8289.



VANCOUVER PUBLIC LIBRARY

## Britannia Branch

### Hours

Mon/Thu/Fri/Sat	9:00am-6:00pm
Tue/Wed	9:00am-9:00pm
Sun	1:00-5:00pm

### Contact

604.665.2222 [vpl.ca](http://vpl.ca)

### Children & Teen Programs

#### Babytime (0-18mo)

Tue 10:00am & 11:00am Sep 13-Nov 29

#### Family Storytime (18mo-5yrs)

Thu 10:00am & 11:00am Sep 15-Dec 1

For the latest information on our fall programming, visit: [vpl.ca](http://vpl.ca)

### Adult Programs

#### Connection to Kith and Kin Online: Indigenous Ancestry Search

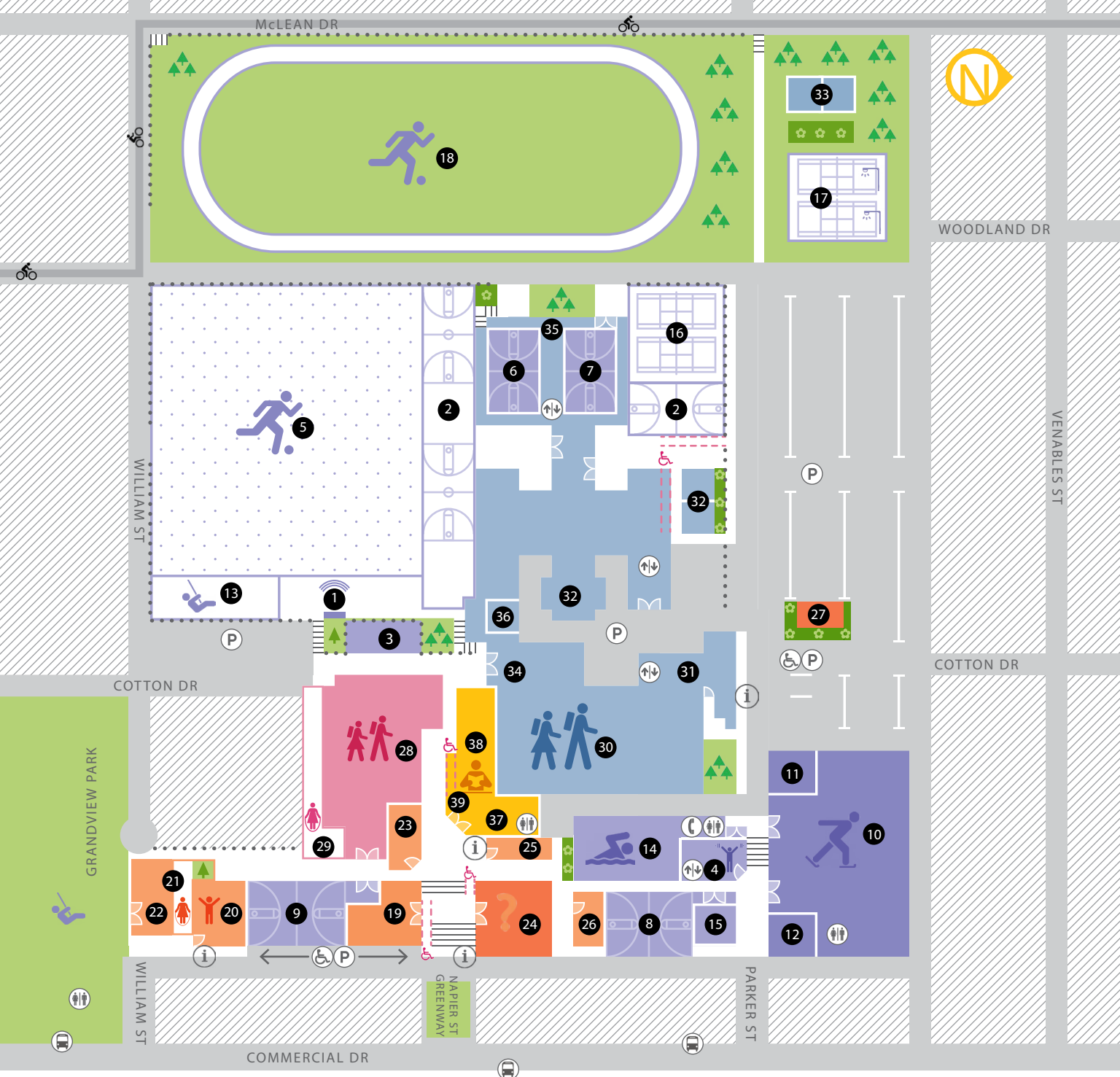
For more information and to register, visit: [vpl.ca/program/kith-kin](http://vpl.ca/program/kith-kin)

Tue 2:30-4:30pm Sep 27-Nov 15



To check out what else is happening at the library, visit:

[vpl.ca](http://vpl.ca)



## recreation

- 1 Amphitheatre
- 2 Basketball Courts
- 3 Covered Play Area
- 4 Fitness Centre
- 5 Gravel Sports Field
- 6 Gym A
- 7 Gym B
- 8 Gym C
- 9 Gym D
- 10 Ice Rink
- 11 Ice Rink Activity Room (top flr)
- 12 Ice Rink Mezzanine (top flr)
- 13 Playground
- 14 Pool
- 15 Mat Room & Boxing Gym
- 16 Tennis Courts
- 17 Tennis Courts (lighted)
- 18 Track + Sports Field

## resources + services

- 19 Al Mattison 55+ Centre
- 20 Child Care Centre
- 21 Eastside Family Place (ground flr)
- 22 Canucks Family Education Centre (top flr)
- 23 Family Activity Room
- 24 Info Centre
- 25 Pre-Teen Centre
- 26 Teen Centre
- 27 ʁxʷqʷeləwən ct Carving Centre

## elementary school

- 28 Britannia Elementary
- 29 Outdoor Play Area

## secondary school

- 30 Britannia Secondary
- 31 Main Office
- 32 Auditorium
- 33 Portable
- 34 Main Entrance
- 35 Cafeteria
- 36 Canucks Family Education Centre (room 110)

## library + learning

- 37 VPL Britannia Branch (main flr)
- 38 Learning Resource Centre (basement)
- 39 Art Gallery



T 604 718 5800 F 604 718 5858  
1661 Napier Street Vancouver BC V5L 4X4  
[britanniacentre.org](http://britanniacentre.org)

.... Fence

Streets + Vehicle Access

Bicycle Route

Wayfinding

Wheelchair Access

Stairs

Elevator

Entrance

Fields + Green Space

Residential + Commercial

Gravel

School Garden