

BRITANNIA CHILDCARE HUB

FREE PARENT EDUCATION NIGHT

Two workshops * Two dates

KIDS & SCREEN TIME

Tuesday April 24, 2018

6:30-8:30PM

Tired of battles for more screen time?

Want to remotely turn off you kids device?

Curious about texts your kids receive?

Parents will learn how easy it is to manage their kids online world, and teach important tech savvy skills at the same time. Parents will develop strategies to track their kids online behaviors, youtube searches, and gaming trends.

Parenting is easier with strategies to stay connected as your child spends more time with peers communicating online. Knowing our kids have skills to avoid unsafe situations, inappropriate content, and have fun online makes parenting easier. Learn what apps can make your life easier, so you can relax more and worry less.

ASKABLE ADULT

KIDS, BODY SCIENCE & SEXUAL HEALTH EDUCATION

Tuesday May 1, 2018

6:30-8:30PM

What will our kids learn about body science at school?

What are the best puberty books and websites?

How do we keep our kids safe from sexual abuse?

When do I talk to my kids about puberty, crushes, and sex?

This "Askable Adult" workshop revolves around what sexuality means, why sexuality education is important, what children need to know, what some sexual development attitudes/values are, and how to respond to children's questions.

The "Askable Adult" workshop aims at supporting parents as their child's primary sexuality educator (whether they intend to be or not).



WORKSHOP PRESENTED BY: Jessica Wollen, CEO of Shift Education,

Jessica is a certified teacher and sexual health educator. She has worked with children and youth since 1995 and has experience teaching both typical and diverse learners. She has become known for her sense of humour and ability to stimulate much-needed conversation surrounding body science, sexual health, and healthy relationships. Jessica's education, personal experience as a parent, and professional experience as a teacher, has contributed to a well-rounded approach to teaching sexual health and education.

Jessica Wollen BA, BEd, Certified Teacher and Sexual Health Educator
Owner of Shift Education Inc.

For more information on Jessica Wollen, please visit <http://shift-education.com/>



FREE CHILD-MINDING, DINNER & PRIZES

Workshop location:

Britannia Community Centre
Learning Resource Room (below library)

**TO REGISTER - FILL IN THE ATTACHED FORM, SUBMIT TO STAFF
AT YOUR CHILDCARE CENTRE BY APRIL 6, 2018**