

Pool Schedule

Holiday hours: May 22 - Public Swim 1:00-5:00pm

Mon	Tue	Wed	Thu	Fri	Sat	Sun
Lengths* 6:30-9:00am	Lengths* 6:30-9:00am	Lengths* 6:30-9:00am	Lengths* 6:30-9:00am	Lengths* 6:30-9:00am	<div style="border: 2px solid orange; padding: 5px;"> + Main pool & tot pool are CLOSED to the public during lessons. </div>	
Public Swim 9:00-11:30am ~ Tot Pool Open 10:00-11:30am	Public Swim 9:00-11:30am ~ Tot Pool Open 10:30-11:30am	Aquafit 9:00-10:00am Tot Pool & Deep End Only 10:00-11:30am	Public Swim 9:00-11:30am ~ Tot Pool Open 10:30-11:30am	Aquafit 9:00-10:00am Public Swim 10:00-11:30am		
Lengths* 11:30am-1:00pm	~ Lengths* 11:30am-1:00pm	~ Lengths* 11:30am-1:00pm	~ Lengths* 11:30am-1:00pm	~ Lengths* 11:30am-1:00pm	Lessons & Lengths (1 lane for Lengths) 11:00am-1:30pm	Lessons & Lengths (1 lane for Lengths) 10:00-1:30pm
~ Public Swim 1:00-4:00pm	~ Public Swim 1:00-2:30pm ~ FREE Swim 2:30-4:00pm	~ Public Swim 1:00-4:00pm	~ Public Swim 1:00-4:00pm	~ Public Swim 1:00-4:00pm	~ Public Swim 1:30-6:00pm	~ Public Swim 1:30-6:00pm
Lessons + - 4:00-6:30pm				Lessons + 4:00-6:00pm		
~ Public Swim 6:30-7:30pm	Public Swim 6:00-8:00pm	Public Swim 6:30-8:00pm	~ Public Swim 6:30-8:00pm	FREE Family/ Youth Swim** 6:00-8:00pm	Lengths* 6:00-7:00pm	Lengths* 6:00-7:00pm
Aquafit 7:30-8:30pm						
Lengths* 8:30-9:00pm	Lengths* 8:00-9:00pm	Lengths* 8:00-9:00pm	Lengths* 8:00-9:00pm	Lengths* 8:00-9:00pm	*At least two lanes will be available during Lengths sessions.	

**Alternating FREE Family & Youth Swims - Fridays 6:00-8:00pm - No public access to pool, hot tub, steam room at this time.

Family Swim Dates: May 12, 26, Jun 9, 23 Youth Swim Dates: May 19, Jun 2, 16, 30

Fitness Centre Schedule

Mon-Fri	Sat	Sun
7:00am-9:00pm	Women's Only 8:00-10:00am	55+ Only 8:00-10:00am
Holiday Hours: May 22 1:00-5:00pm	10:00am-7:00pm	10:00am-7:00pm
Wristbands must be worn while working out in the Fitness Centre. Thank you for your cooperation.		

Please note: Fee increase as of March 1, 2023.

FEES Mar 1 2023	Single Admission	10 Visits	1 month Flexipass	3 months Flexipass	12 months Flexipass
	Adult	\$7.34	\$64.59	\$56.52	\$152.61
Youth (13-18 yrs)	\$5.13	\$45.21	\$39.56	\$106.83	\$341.84
Child (6-12 yrs)	\$3.68	\$32.30	\$28.27	\$76.30	\$244.18
Senior (55+ yrs)	\$5.13	\$45.21	\$39.56	\$106.83	\$341.84

Tax Included.
Family: 2 adults of the same household and their children under 19 years of age. Minimum \$7.36.
Leisure Access Cards: Fitness Centre Admission Rate is 50% off Adult drop-in and Flexipasses

Ice Rink Schedule

Mon	Tue	Wed	Thu	Fri	Sat	Sun
Women's Learn to Play 3:15-4:45pm	Adult Stick, Puck & Ring* 3:00-4:30pm	Adult Figure Skating* 12:15-1:45pm Adult Drop-in Hockey* 3:15-4:45pm Adult Skate 8:30-10:00pm	Parent & Tot FREE Skate 11:00-11:45am Youth FREE Skate 3:15-4:30pm	Adult Stick, Puck & Ring* 12:00-1:30pm Adult & Senior FREE Skate 1:45-3:00pm Children FREE Skate 3:15-4:30pm	Skate Lessons 9:00am-12:15pm Public Skate 12:30-2:00pm	Family Fun Hockey 12:15-1:30pm Public Skate 1:45-3:15pm Power Skating 3:30-4:30pm Women's Hockey* 4:45-6:00pm
Skate Rentals \$3.71	Skate Sharpening \$7.62	Helmets are strongly recommended for all public sessions. Helmets are mandatory for all participants of Family Fun Hockey. *Adult Skate and Hockey Programs pre-registration for sessions opens at noon, 3 days prior to each session. Visit vanrec.ca to register online, or by phone at 604-718-5800 (1) or 604-718-5831.				