

Aquatic Schedule – as of Oct 12 (Pool Schedule is subject to change.)

Mon	Tue	Wed	Thu	Fri	Sat	Sun
Lengths 6:30-9:00am	Lengths 6:30-9:00am	Lengths 6:30-9:00am	Lengths 6:30-9:00am	Lengths 6:30-9:00am		
55+ Swim 9:00-11:00am	55+ Swim 9:00-11:00am	55+ Swim 9:00-11:00am	55+ Swim 9:00-11:00am	55+ Swim 9:00-11:00am		
		55+ Aquafit 9:00-10:00am				
Deep Clean - 11:00-11:30am No public access to facility at this time.					Lessons 11:00am-1:00pm	Lessons 10:00am-1:00pm
Lengths 11:30am-1:00pm	Lengths 11:30am-1:00pm	Lengths 11:30am-1:00pm	Lengths 11:30am-1:00pm	Lengths 11:30am-1:00pm	Deep Clean - 1:00-1:30pm No public access to facility.	
Public Swim 1:00-3:30pm	Public Swim 1:00-2:30pm	Public Swim 1:00-3:30pm	Public Swim 1:00-3:30pm	Public Swim 1:00-3:30pm	Public Swim 1:30-7:00pm	Public Swim 1:30-7:00pm
	FREE Swim 2:30-3:30pm					
Deep Clean - 3:30-4:00pm No public access to facility at this time.						
Lessons 4:00-6:30pm	Lessons 4:00-6:30pm	Lessons 4:00-6:30pm	Lessons 4:00-6:30pm	Public Swim 4:00-6:00pm	**Alternating FREE Family & Youth Swims Family Swim Dates: Oct 22, Nov 5, 19, Dec 3, 17 Youth Swim Dates: Oct 15, 29, Nov 12, 26, Dec 10	
Aquafit 6:30-7:30pm	Public Swim 6:30-8:00pm	Public Swim 6:30-8:00pm	Public Swim 6:30-8:00pm	FREE Family/ Youth Swim** 6:00-8:00pm		
Public Swim 7:30-9:00pm	Lengths 8:00-9:00pm	Lengths 8:00-9:00pm	Lengths 8:00-9:00pm	Lengths 8:00-9:00pm		

The parent and tot pool is open only during the Public Swims.

Please note: The whirlpool is now open during all sessions.

Our saunas and steam room remain closed at this time.

Holiday Hours

Nov 11 Remembrance Day

Fitness Centre

1:00-5:00pm

Pool

Public Swim
1:00-5:00pm

Fitness Centre Schedule

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
7:00am – 9:00pm	7:00am – 9:00pm	7:00am – 9:00pm	7:00am – 9:00pm	7:00am – 9:00pm	Women’s Only 8:00-10:00am 10:00am – 7:00pm	Seniors Only 8:00-10:00am 10:00am - 7:00pm
Wristbands must be worn while working out in the Fitness Centre. Thank you for your cooperation.						

Rink Schedule – Sept 25-Dec 19

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Skate Rentals \$3.36 Skate Sharpening \$6.91	 Learn to Skate Lessons 6:00-8:00pm Adult Skate 8:15-9:30pm	 Adult Open Dance* 12:15-1:45pm Adult Hockey* 3:15-4:45pm	 Parent & Tot FREE Skate 11:00-11:45am Youth FREE Skate 3:15-4:30pm	 Adult Stick & Puck* 12:00pm – 1:30pm Adult & Senior FREE Skate 1:45-3:00pm Children FREE Skate 3:15-4:30pm Public Skate 7:45-9:15pm	 Learn to Skate Lessons 10:00am- 1:15pm Public Skate 1:30-3:00pm	 Women’s Hockey* 10:30-11:45am Family Fun Hockey 12:00-1:30pm Public Skate 1:45-3:15pm Power Skating Lessons 3:30-5:15pm
<p>Helmets are strongly recommended for all public sessions. Helmets are mandatory for all participants of Family Fun Hockey.</p> <p>*Adult Dance and Hockey Programs must pre-register online for sessions. Registration opens at noon, 3 days prior to each session. Visit vanrec.ca to register online, or by phone at 604-718-5800 (1) or 604-718-5831.</p>						

Pool, Rink & Fitness Centre Rates (Including GST)

	Single Admission	10 Visits	1 Month Flexipass	3 Months Flexipass	12 Months Flexipass
Adult	\$6.66	\$55.92	\$51.46	\$138.95	\$444.62
Youth (13-18 yrs.)	\$4.66	\$39.14	\$36.03	\$97.26	\$311.24
Child (6-12yrs.)	\$3.33	\$27.96	\$25.74	\$69.48	\$222.32
Senior (55+ yrs.)	\$4.66	\$39.14	\$36.03	\$97.26	\$311.24
<p>Family: 2 adults of the same household and their children under 19 years of age. Minimum of \$6.66</p> <p>Leisure Access Cards: Fitness Centre Admission Rate is 50% off adult admission and Flexipass (monthly passes).</p>					