

## Aquatic Schedule – Fall 2019

Mon	Tue	Wed	Thu	Fri	Sat	Sun
Lengths Swim 6:30-8:55am					<b>Lessons &amp; Lengths</b> (1 lane only) 9:00am-12:55pm	<b>Lengths</b> 10:00-10:55am  <b>Parent &amp; Tot Swim</b> 10:00-10:55am
<b>Public Swim (TOT POOL OPEN)</b> 9:00-11:25am *School lessons 9:00-10:00am (as scheduled)						
<b>Range of Motion (ROM)</b> 10:00-10:45am	<b>Aquafit</b> 10:00-10:45am	<b>Range of Motion (ROM)</b> 10:00-10:45am	<b>Aquafit</b> 10:00-10:45am	<b>Range of Motion (ROM)</b> 10:00-10:45am		
Lengths 11:30am-12:55pm					<b>Special Olympics</b> 1:00-1:55pm (main pool closed)	<b>Lessons &amp; Lengths</b> (1 lane only) 11:00am-2:25pm
<b>Public Swim (TOT POOL OPEN)</b> 1:00-2:55am *School lessons 1:00-3:00pm (as scheduled)						
<b>Lessons &amp; Lengths</b> (1 lane only) 3:00-5:25pm	<b>Free Public Swim (TOT POOL OPEN)</b> 3:00-4:55pm	<b>Lessons &amp; Lengths</b> (1 lane only) 3:00-5:25pm	<b>Free Public Swim (TOT POOL OPEN)</b> 3:00-4:55pm	<b>Lessons &amp; Lengths</b> (1 lane only) 3:00-5:25pm	<b>Public Swim (TOT POOL OPEN)</b> 2:00-4:55pm	<b>Public Swim (TOT POOL OPEN)</b> 2:30-4:55pm
Lengths 5:00-6:25pm					Lengths 5:00-6:25pm	
<b>Public Swim (TOT POOL OPEN)</b> 6:30-7:55pm					<b>Public Swim (TOT POOL OPEN)</b> 6:30-7:55pm	
<b>Lengths</b> (1 lane) 8:00-9:00pm  <b>Adult Lessons</b> 8:00-8:40pm  <b>Aquafit</b> 8:00-9:00pm  <b>Lengths</b> (2 lanes) 9:00-9:55pm	<b>Lengths</b> (1 lane) 8:00-9:00pm  <b>Adult Lessons</b> 8:00-8:40pm  <b>No Aquafit</b> <i>Tuesday Evenings</i>  <b>Lengths</b> (2 lanes) 9:00-9:55pm	<b>Lengths</b> (1 lane) 8:00-9:00pm  <b>Adult Lessons</b> 8:00-8:40pm  <b>Aquafit</b> 8:00-9:00pm  <b>Lengths</b> (2 lanes) 9:00-9:55pm	<b>Lengths</b> (1 lane) 8:00-9:00pm  <b>Adult Lessons</b> 8:00-8:40pm  <b>Aquafit</b> 8:00-9:00pm  <b>Lengths</b> (2 lanes) 9:00-9:55pm	<b>Public Swim (TOT POOL OPEN)</b> 8:00-9:55pm  <b>Youth Only Free Swim</b> (11-18yrs) 8:00-9:55pm  First Friday of each month (no lanes, whirlpool or steam room available)	<b>Pool Schedule is subject to change.</b>  Aquafit classes are subject instructor availability  <b>Select Saturdays 2-4:55pm Inflatable fun:</b> <b>Sept 7, Oct 5, Nov 2, Dec 7</b> (water inflatable obstacle course)  Holiday Hours: Open 1-5pm Lengths & Public Swim  Youth swim dates: Sept 6, Oct 4, Nov 1, Dec 6	

\*\*\*\*\* The parent and tot pool is open only during public Swim. \*\*\*\*\*

## Fitness Centre Schedule – Fall 2019

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
6:30am – 9:55pm	6:30am – 9:55pm	6:30am – 9:55pm	6:30am – 9:55pm	Seniors Only 9:00-10:00am  6:30am – 9:55pm	Women’s Only 9:00-12:00pm  12:00pm – 7:55pm	TGD2S Only 8:00-10:00am  10:00am - 7:55pm
<b>Free Sessions with Britannia Membership – Tuesday &amp; Friday 10:00am - 12:00pm</b>						

## Arena Schedule Oct 18- Dec 31, 2019

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
<b>Skate Rentals</b> \$3.17  <b>Skate Sharpening</b> \$6.51	<b>Learn to Skate Lessons</b> 6:00-8:00pm  <b>Adult Skate</b> 8:15-9:30pm <i>No session Dec 24, 31</i>	<b>Adult Stick &amp; Puck</b> 3:15-4:45pm <i>No session Dec 25</i>	<b>Parent &amp; Tot FREE Skate</b> 11:00-11:45am <i>No session Dec 26</i>  <b>Youth FREE Skate</b> 3:15-4:30pm <i>No session Dec 26</i>  <b>*Adult Co-ed Hockey</b> 11:15pm-12:45am	<b>Adult Stick &amp; Puck</b> 12:00pm – 1:30pm  <b>Adult &amp; Senior FREE Skate</b> 1:45-3:00pm  <b>Children FREE Skate</b> 3:15-4:30pm  <b>Public Skate</b> 7:45 – 9:15pm	<b>Learn to Skate Lessons</b> 10:00am-1:15pm  <b>Public Skate</b> 1:30 – 3:00pm	<b>Women’s Hockey</b> 10:30-11:45am  <b>*Family Fun Hockey</b> 12:00-1:30pm  <b>Public Skate</b> 1:45-3:15pm  <b>Power Skating Lessons</b> 3:30—5:15pm  <b>*Adult Co-ed Hockey</b> 9:30-11:00pm

\* Helmets are strongly recommended for all public sessions. Helmets are mandatory for all participants of Family Fun Hockey. Adult Hockey Programs require full equipment. Participants must sign waiver at the beginning of each session.

\*\* Thursday evening hockey is \$10/session and Sunday evening hockey is \$15/session. There are no drop-in goalie spaces available. Goalies must contact the program supervisors. Sign-up occurs at the rink 1 ½ hours before the start of the session. Strip tickets are not valid during these sessions.

## Pool, Rink & Fitness Centre Rates (Including GST)

	Single Admission	10 Visits	1 Month Flexipass	3 Months Flexipass	12 Months Flexipass	Britannia Membership
Adult	\$6.41	\$52.08	\$49.47	\$133.35	\$427.33	\$3.00
Youth (13-18 yrs.)	\$4.58	\$36.46	\$34.63	\$93.35	\$299.13	\$1.00
Child (6-12yrs.)	\$3.20	\$26.04	\$24.74	\$66.68	\$213.66	\$1.00
Senior (55+ yrs.)	\$4.58	\$36.46	\$34.63	\$93.35	\$299.13	\$1.00

**Family:** 2 adults of the same household and their children under 19 years of age. Minimum of \$6.44

**Leisure Access Cards:** Fitness Centre Admission Rate is 50% off adult admission and Flexipass (monthly passes).