MON

Playground Activities Woodland Park 12:30-6:00pm

> **Drive Street Band** (all ages) AML 3:00-5:00pm By donation

Carnival Band (all ages) AML 7:30-10:00pm \$5 or Pay-What-You-Can

Playground Activities

Grandview Park

12:00-5:00pm

12:00-5:00pm **Woodland Park** 12:30-6:00pm Victoria Park 10:00am-12:00pm

Feast of Flavours (13-18 yrs)

4:00-6:00pm

Playground Activities

Grandview Park

Playground Activities Garden Park 10:30am-2:30pm **Grandview Park** 12:00-5:00pm **Woodland Park** 12:30-6:00pm Victoria Park 10:00am-12:00pm

Playground Activities Grandview Park 12:00-5:00pm **Woodland Park** 12:30-6:00pm Victoria Park 10:00am-12:00pm

Playground Activities Garden Park 10:30am-2:30pm Woodland Park 12:30-6:00pm Victoria Park 10:00am-12:00pm

Playground Activities run

Playground Activities

Woodland Park

12:30-6:00pm

through Jul 6- Aug 23

Basketball (11-19yrs) Free[†]

Gym C 12:00-1:55pm

Free[†] Indoor Soccer (11-18 yrs) Gym D 5:30-8:00pm Free[†]

Open Gym (11-19 yrs) Gym D 5:30-7:00pm Free[†]

Big Screen Movie Night (13-19 yrs) TC 7:00-9:00pm Free[†]

Teen Centre BBQ's TC 6:30-8:30pm Free[†]

Dance Aerobics

Basketball (11-19yrs) Gym C 5:30-6:50pm Free[†]

Youth Only Swim (11-18yrs) Jul 7 & Aug 4 Pool 8:00-10:00pm **FREE**

Yoga Flex CFEC 10:15-11:15am \$12*

Gym C 6:00-7:15pm \$11 Ki Aikido - High Grade Mat Room 7:30-9:30pm

Zumba

\$6*

\$5

Total Body Conditioning Cancelled until further notice due to injury.

Volleyball - Inter/Adv Gym A/B 7:15-9:45pm \$6*

Ki Aikido – General Mat Room 7:30-9:30pm \$8*

Zumba Gym C 6:00-7:15pm \$11

Ki Aikido - General Mat Room 7:30-9:30pm \$10*

11:15am-12:30pm

Cancelled until further notice due to injury. **Pow Wow Dance**

Workout CFEC 5:30-7:00pm Free[†]

Volleyball - Beginner Gym A/B 7:15-9:45pm \$6*

Badminton Gym C 7:00-9:45pm

Gym C 10:00-11:00am \$4.75 (\$39.40/10 tix)

Salsa Fit

Badminton Gym C 1:30-5:00pm \$5*

The Great Sunday **Movie Night** Returns in September!

Free[†]

Osteofit CFEC 11:00am-

12:00pm \$10*

Luncheon AML 12:00-1:00

Gentle Yoga CFEC 2:00-3:00pm \$12 *

Vietnamese Drop-in AML 9:00am-3:00pm

Carpet Bowling 1739 Venables 10:00am-12:15pm Free[†]

Free[†]

Adaptive Yoga CFEC 12:45-1:45pm

Ballroom Fit

CFEC

\$12*

\$12*

Knitting Social AML 1:00-3:00pm Free[†]

Gentle Yoga CFEC 2:00-3:15pm \$12*

Book Club AML 2:45-4:45pm Free[†]

Chinese Folk Dance CFEC 10:00am-12:00pm Free[†]

So You Want to Dance AML 10:30am-12:00pm Free[†]

Healthy Choices 1:00-3:00pm AML Free[†]

Luncheon AML 12:00-1:00pm

\$5

\$5

Free¹

Social Ballroom Dance CFEC 2:00-4:00pm

+ Free with Britannia

membership.

* For paid programs,

drop-in space may be

limited by registered

participants.