

Drop-In Programs at Britannia—Fall 2017

For full program information, including specific dates, please see the Summer Program Brochure.

	SUN	MON	TUE	WED	THU	FRI	SAT
Children	Drive Street Band (all ages) 55+C 3:00-5:00pm By donation	Carnival Band (all ages) 55+C 7:30-10:00pm \$5 or Pay-What-You-Can	Kindergym (1-5yrs) Gym D 11:00am-12:30pm \$2.50 drop-in, \$20/ 10 tix	Kindergym (1-5yrs) Gym D 11:00am-12:30pm \$2.50 drop-in, \$20/ 10 tix	Kindergym (1-5yrs) Gym D 11:00am-12:30pm \$2.50 drop-in, \$20/ 10 tix		Kindergym (1-5yrs) Gym D 10:00am-12:00pm \$2.50 drop-in, \$20/ 10 tix
	Basketball (11-19yrs) Gym C 12:00-1:50pm Free ⁺		Feast of Flavours (13-18 yrs) 55+C 4:00-6:00pm Free ⁺	Open Gym (11-19 yrs) Gym D 5:30-7:00pm Free ⁺	Latin Cooking 55+C 4:30-6:30pm Free ⁺		Youth Only Swim (11-18yrs) Oct 6, Nov 3, Dec 1 Pool 8:00-10:00pm FREE
Youth			Indoor Soccer (11-18 yrs) Gym D 5:30-8:00pm Free ⁺	Big Screen Movie Night (13-19 yrs) TC 7:00-9:00pm Free ⁺			
	Pickleball Gym C 9am-12pm \$4	Zumba Gym C 6:00-7:15pm \$11	Total Body Conditioning <i>Cancelled until further notice due to injury.</i>	Stretch & Roll CFEC 10-11am \$12	Dance Aerobics <i>Cancelled until further notice due to injury.</i>	Badminton Gym C 7:00-9:45pm \$5	Salsa Fit Gym C 10:00-11:00am \$4.75 (\$39.40/10 tix)
Adult	Yoga Flex CFEC 10:15-11:15am \$12*	Ki Aikido – High Grade Mat Room 7:30-9:30pm \$6*	Volleyball – Intermediate Gym A/B 8:00-10:00pm \$6*	Zumba Gym C 6:00-7:15pm \$11	Soccer—Women Gym D 6-7:30pm \$5*	Volleyball – Advanced Gym A/B 7:00-10:00pm \$6*	Badminton Gym C 1:30-5:00pm \$5*
	Ball Hockey—Women Gym D 4:15-6:00pm \$6*			Ball Hockey—Co-ed Gym D 7:15-8:45pm \$6*	Volleyball – Beginner Gym A/B 7:15-9:45pm \$6*		
	Stretch Therapy CFEC 7:00-8:15pm \$25			Ki Aikido – General Mat Room 7:30-9:30pm \$10*			
55+	Sunday Night Movie Series 55+C 6-9pm FREE	Osteofit CFEC 11:00am-12:00pm \$13*	Vietnamese Drop-in 55+C 9:00am-3:00pm Free ⁺	Elders Craft Circle 55+C 12:15-3:45pm Free	Grandparent Coffee Break 55+C 9:00-11:00am Free	Luncheon 55+C 12:00-1:00pm \$5	* For paid programs, drop-in space may be limited by registered participants. + Free with Britannia membership.
		Luncheon 55+C 12:00-1:00 \$5	Carpet Bowling 1739 Venables 10:00am-12:15pm Free ⁺	Adaptive Yoga CFEC 12:45-1:45pm \$12*	Chinese Folk Dance CFEC 10:00am-12:00pm Free ⁺	Social Ballroom Dance CFEC 2:00-4:00pm Free ⁺	
		Gentle Yoga CFEC 2:00-3:00pm \$13*		Knitting Social 55+C 1:00-3:00pm Free ⁺	So You Want to Dance 55+C 10:30am-12:00pm Free ⁺		
			Gentle Yoga CFEC 2:00-3:15pm \$12*				

