

## Aquatic Schedule – Apr 1 – Jun 30, 2017

Mon	Tue	Wed	Thu	Fri	Sat	Sun
Lengths Swim 6:30 – 8:55am					Public Swim 9:00am – 11:55am	Lengths 10:00 – 10:55am
Public Swim 9:00 – 11:25am <b>(TOT POOL OPEN)</b>						
Range of Motion (ROM) 10:00 – 10:45 am	Aquafit 10:00 – 10:45 am	Range of Motion (ROM) 10:00 – 10:45 am	Aquafit 10:00 – 10:45 am	Range of Motion (ROM) 10:00 – 10:45 am	Lengths 12:00pm-12:55pm	Parent & Tot Swim 10:00 – 10:55am
Lengths 11:30am – 12:55pm					Special Olympics 1:00 – 1:55 pm (main pool closed)	Public Swim 11:00am-1:00pm
Public Swim 1:00 – 2:55pm <b>(TOT POOL OPEN)</b>					Public Swim <b>(TOT POOL OPEN)</b> 2:00 -4:55pm	Lengths 1:00pm– 2:25pm
Lessons & Lengths (one lane only) 3:00-5:25pm	Free Public Swim 3:00 – 4:55pm <b>(TOT POOL OPEN)</b>	Lessons & Lengths (one lane only) 3:00-5:25pm	Free Public Swim 3:00 – 4:55pm <b>(TOT POOL OPEN)</b>	Lessons & Lengths (one lane only) 3:00-5:25pm		Public Swim 2:30 -4:55pm <b>(TOT POOL OPEN)</b>
Lengths 5:00 – 6:25pm					Lengths 5:00 – 6:25pm	
Public Swim 6:30 – 7:55pm <b>(TOT POOL OPEN)</b>					Public Swim 6:30-7:55pm <b>(TOT POOL OPEN)</b>	
Lengths (1 Lane) 8:00 – 9:00pm	Lengths (1 Lane) 8:00 – 9:00pm	Lengths (1) 8:00 – 9:00pm	Lengths (1) 8:00 – 9:00pm	Public Swim 8:00 – 9:55pm <b>(TOT POOL OPEN)</b>	<b>Apr 14 Good Friday</b> <b>Apr 17 Easter Monday</b> <b>May 22 Victoria Day</b>  <b>Open 1-5pm</b>  <b>Lengths &amp; Public swim</b>	
Adult Lessons 8:00-8:40pm	Adult Lessons 8:00-8:40pm	Adult Lessons 8:00-8:40pm	Adult Lessons 8:00-8:40pm	Youth Only <b>FREE SWIM</b> <b>11-18yrs</b>		
Aquafit 8:00 – 9:00pm	Aquafit – Deep Water 8:00 – 9:00pm	Aquafit 8:00 – 9:00pm	Aqua Zumba 8:00 – 9:00pm	First Friday of Month: 8:00-9:55pm (no lanes, whirlpool or steam room available)		
Lengths (2 lanes) 9:00 – 9:55pm	Lengths (2 lanes) 9:00 – 9:55pm	Lengths (2 lanes) 9:00 – 9:55pm	Lengths (2 lanes) 9:00 – 9:55pm			

\*\*\*\*\* **The parent and tot pool is open only during the public Swim.** \*\*\*\*\*

## Fitness Centre Schedule - Spring 2017

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
6:30am – 9:55pm	6:30am – 9:55pm	6:30am – 9:55pm	6:30am – 9:55pm	6:30am – 9:55pm  Seniors Only 9:00-10:00am	Women’s Only 9:00-12:00pm  12:00pm – 7:55pm	10:00am - 7:55pm
<b>Free Sessions with Britannia Membership – Tuesday &amp; Friday 10:00am - 12:00pm</b>						

## Arena Schedule April 1 – June 30, 2017

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
<b>Adult Stick &amp; Puck</b> 11:15am-12:30pm  No sess Apr 17, May 22	          <b>Adult Skate</b> 8:15-9:30pm Last sess Apr 11	<b>Adult Open Dance</b> 12:15-1:45pm Last sess May 31     <b>Adult Skate</b> 8:15-9:30pm May 3-Jun 28	<b>Parent &amp; Tot FREE Skate</b> 11:00-11:45am     <b>Youth FREE Skate</b> 3:15-4:30pm   <b>*Adult Co-ed Hockey</b> 11:15pm-12:45am	<b>Adult Stick &amp; Puck</b> 12:00pm – 1:30pm No sess Apr 14     <b>Adult &amp; Senior FREE Skate</b> 1:45-3:00pm No sess Apr 14   <b>Children FREE Skate</b> 3:15-4:30pm No sess Apr 14	<b>Learn to Skate Lessons</b> 10:00am-1:15pm          <b>Public Skate</b> 1:30 – 3:00pm No sess Apr 1, 22, 29	<b>*Family Fun Hockey</b> 12:00-1:30pm No sess Apr 2, 23, 30       <b>Public Skate</b> 1:45-3:15pm No sess Apr 2, 23, 30   <b>Women’s Hockey</b> 4:45-6pm May 7-Jun 25  <b>*Adult Co-ed Hockey</b> 9:30-11:00pm

\* Helmets are strongly recommended for all public sessions. Helmets are mandatory for all participants of Family Fun Hockey. Adult Hockey Programs require full equipment. Participants must sign waiver at the beginning of each session.

\*\* Thursday evening hockey is \$10/session and Sunday evening hockey is \$15/session. There are no drop-in goalie spaces available. Goalies must contact the program supervisors. Sign-up occurs at the rink 1 ½ hours before the start of the session. Strip tickets are not valid during these sessions.

## Pool, Rink & Fitness Centre Rates (Including GST)

	Single Admission	10 Visits	1 Month Flexipass	3 Months Flexipass	12 Months Flexipass	Britannia Membership
Adult	\$6.30	\$50.18	\$48.49	\$128.57	\$409.84	\$3.00
Youth (13-18 yrs.)	\$4.45	\$35.90	\$33.95	\$90.02	\$286.87	\$1.00
Child (6-12yrs.)	\$3.15	\$25.29	\$24.24	\$64.31	\$204.92	\$1.00
Senior (55+ yrs.)	\$4.45	\$35.90	\$33.95	\$90.02	\$286.87	\$1.00

**Family:** 2 adults of the same household and their children under 19 years of age. Minimum of \$6.30  
**Leisure Access Cards:** Fitness Centre Admission Rate is 50% off adult admission and flexipass (monthly passes).