# **BRITANNIA OUT OF SCHOOL CARE ORCA** OUTDOOR RECREATIONAL & CREATIVE ARTS 2019



#### Dear Families,

Welcome to our **ORCA** "**Outdoor Recreational and Creative Art**" summer program. Our mission is to provide a range of safe, stimulating, and nurturing environment. Our vision is to provide excellent child care that respects and nurtures the whole child, supports the needs of families, and builds a culture of kindness, respect, integrity, and inclusiveness within our community.

Each week, children will experience exciting and enriching activities at parks, outdoor trails, beaches, pools, and other city attractions. Children will be hiking, biking, running, jumping, dancing, and playing while also creating fun art projects, doing fascinating science projects, exploring world culinary arts, and performing theatre arts. Special guests will visit and show us inspiring ideas and activities.

Whatever we do, children will have fun playing and learning together while building meaningful relationships with their peers. Children will be divided into two separate groups for age appropriate activities. ORCA-Older Kids (grades 3-7) and ORCA-Younger Kids (grades K-2).

### SUMMER HOURS/LOCATION

**Drop off and Pick up will be in the Child Care Centre room** (located by Grandview Park) **Hours:** 7:30 am –<u>5:45 pm</u>).

#### ARRIVAL



All children must be dropped off no later than **10:30 am**, unless otherwise stated on the calendar. Child care may not be provided after 10:30 am. Call first to ensure your child's group has not left for the day. Phone us at **604.718.5822** if your child/ren will not be attending.

### PICK-UP

**Pick up by 5:45 pm**. Late charges will apply. Please call if you are going to be late. Late pick-up procedure will be followed. All fieldtrips will be back at the centre by 3:30 pm.

#### HOME DAY



MOST Mondays are home days and are the best days to plan early pick-ups and special appointments. We are not always able to accommodate a request for early pick-up prior to 3:30 pm or late drop-off.

#### SUMMER CLOSURES

Canada Day (in lieu) Monday – July 1, 2019 BC Day Monday – August 5, 2019 Program closed – Friday August 30, 2019 Labour Day Monday – September 2, 2019



# LUNCHES



Pack a NUT FREE LUNCH every day. Your child will often be on field trips, therefore a portable lunch (one that does not require heating up, a can opener or refrigeration) is highly recommended. *Please refrain from packing pop and candy in lunches. We will always encourage children to eat the healthy items in their lunch prior to eating cookies/bars etc.* 

#### SNACKS

Two snacks will be provided: Breakfast in the morning (which ends at 9:30 am) and a snack in the afternoon at 3:30 pm.

Send your child with a lunch each day & a labelled water bottle.

#### WHAT TO BRING EACH DAY



**Backpack** with lunch, hat, swimsuit, towel, sunscreen, an extra change of clothes and a <u>water bottle</u> (label items with your child's name). Please ensure you apply sunscreen to your child prior to coming to the centre.

#### **TOYS FROM HOME**

All toys from home must be kept at home. We have a huge selection of toys and games. OSC is not responsible for lost/broken toys from home.

# **RESOURCES USED TO ENHANCE OUR PROGRAM**

### **RANDOM ACTS OF KINDNESS**

RAK's Kindness program is firmly grounded in social and emotional learning (SEL). According to the Collaborative for Academic, Social and Emotional Learning (CASEL), "SEL involves the processes through which children and adults acquire and effectively apply the knowledge, attitudes and skills necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make.

© The Random Acts of Kindness Foundation, 2015 | Educator Guide

### **PLAY IT FAIR!**

Play It Fair! is an easy to use educational Toolkit developed by Equitas to promote human rights, non-discrimination and peaceful conflict resolution within non-formal education programs for children, such as summer camps or after school activities.



# BRITANNIA OUT OF SCHOOL CARE ORCA **OUTDOOR RECREATIONAL & CREATIVE ARTS 2019** SUMMER SPECIAL GUEST HIGHLIGHTS

To enhance our summer planning and bring a stronger creative arts component, we have invited several experts to run workshops/activities to our program.

# OUTDOOR ADVENTURE WITH BARRY SKILLIN

Barry came to Britannia from Ontario with a BAA in Photography and a diploma in Outdoor Recreation Technician - where he has incorporated his education and passion for the outdoors into his work. He has lead community members of all ages on day and multi-day trips throughout south-western BC hiking, biking, camping, snowshoeing, skiing, backpacking and canoeing. His goal is to promote safe, enjoyable outdoor recreational pursuits that develop an appreciation for our natural environment, as well as developing skills and passions that may turn outdoor activities into a life-long desire. He holds certifications in Backcountry Wilderness First Aid and is a Lakewater Instructor in canoeing.

## **TINY TOWN WHERE BIG IDEAS BEGIN!**

We convert our entire centre into a tiny town - Children create a town with their own unique currency. The children may choose to create a post office, bakery, bank, car wash, school, hospital, the list goes on and on to what can be created and acted out. There is no limit to the imagination. Tiny Town is dramatic play on full blast action packed, high rolling drama. There is something for everyone to do, adults too!!

# **COOKING & BAKING WITH OUR LITTLE MASTER CHEFS**

Every Monday our little Master Chefs will create delicious creations to enjoy, from jam making, corn dog, sweet potato doughnuts and spanakopita to name a few. Bon Appetit!

### **CREE NATION ELDER KOOKUM RITA**

This summer we have invited Elder Rita from the Cree Nation of Saskatchewan. Rita has been a part of the Grandview/Woodland's community for many years where she has raised six children. Of her many gifts she will be sharing with us storytelling, smudging, easy leather works and beading. We look forward to her visits.

#### **MUSIC WITH ROSS CURRAN**

Ross is a professional musician who brings over thirty years of music education and experience. He is a multi-instrumentalist and he has spent several summers doing shows at libraries in the lower mainland. He will draw on this material and bring his flute, clarinet, saxophone and small wind instruments. He will introduce us to sound production,

which will include participation activities such as a directed listening music story, music to dance to, words to chant to and some small percussion instruments to join in with.

#### **BREAK DANCING WITH RUPERT COMMON**

Rupert Common is a singer-songwriter, poet and dancer based out of East Vancouver. He teaches recreational Hip-hop and break-dance to people of all ages, facilitates community events and leads arts-based workshops in freestyle poetry. He has toured B.C with various professional groups. He is co-MC of the Vancouver Street-dance Festival and co-host of The Stew Jams - a multi-element Hip-hop night based on grass roots movement and improvisation He loves to share dance with others because of its positive impact on his life.

### PUPPET MAKING WITH DIANA JEFFRIES

Diana trained as a puppeteer at the London School of Puppetry and was an apprentice with the famous Bread and Puppet Theatre Company in Vermont. Diana established Flexible Theatre where she focused on street performance, procession puppets, and children's theatre. Her work has been shown at Granville Island's Circle Craft Gallery, along with exhibitions in the UK and Northern Italy. She is currently the Education and Training Manager at Pacific Immigrant Resources Society working with immigrant and refugee women and children.

# TAP DANCING – VANCOUVER TAP DANCING SOCIETY:



### **DRUMMING WITH RED FOX**

Red Fox Healthy Living Society is excited to share part of the pow wow culture with you! The pow wow culture centres itself around a 'big drum,' and hails from the Plains Indigenous people of Eastern Canada

and Southern United States. Without the drum, there is no pow wow. The drum beat is known as the drum beat of mother earth. The pow wow practice activities bring First Nations children a taste of their ancestry and culture, building friendship and togetherness through teachings. This interactive Drumming Circle workshop offers an opportunity for children to learn about pow wow culture and try pow wow dancing and drumming.













