Britannia Out of School Care ORCA



Outdoor Recreational & Creative Arts 2017

Dear Families,

Welcome to the ORCA "Outdoor Recreational and Creative Art" summer program. We look forward to providing a safe, comfortable and nurturing environment for your children. Each week children will have the ORCA experience at neighbourhood parks, local outdoor trails, beaches, pools, museums, and other fun-filled city venues. Children will hike, bike, run, jump and play. We will also create art projects, participate in culinary, science and drama activities, make music and dance together. Special guests will visit us each week providing cool activities and creative inspiration. Whatever we do, children will have fun playing and learning together while building meaningful relationship with their peers. Children will be divided into two separate groups for age appropriate activities. ORCA (grades 3-7, Older kids) and Mini ORCA (grades K-2, Younger Kids).

ARRIVAL

All children must be dropped off no later than **10:30 am**. Child care may not be provided after 10:30 am. Please call first to ensure your child's group has not left for the day. Phone us at **604.718.5822** if your child/ren will not be attending.

SUMMER HOURS/LOCATION

Pick up and drop off will be in the Child Care Centre room (located by Grandview Park) Hours: 7:30 am -5:45 pm).

PICK-UP

Pick up by 5:45 pm. Late charges will apply. Please call if you are going to be late. Late pick-up procedure will be followed. All fieldtrips will be back at the centre between 3:30 to 4:00 pm everyday.

HOME DAY

Mondays are home days and are the best days to plan early pick-ups and special appointments. We are not always able to accommodate a request for early pick-up prior to 3:30 pm or late drop-off.

SUMMER CLOSURES

Canada Day (in lieu) Monday — July 3, 2017 BC Day Monday — August 7, 2017 Program closed — Friday September 1, 2017 Labour Day Monday — September 4, 2017

LUNCHES

Pack a NUT FREE LUNCH every day. Your child will often be on field trips, therefore a portable lunch (one that does not require heating up, a can opener or refrigeration) is highly recommended. Please refrain from packing pop and candies in lunches. We will always encourage children to eat the healthy items in their lunch prior to eating cookies/bars etc.

SNACKS

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Two snacks will be provided: breakfast in the morning (which ends at 9:30 am) and a snack in the afternoon at 3:30 pm. **Send your child with a lunch each day & a labelled water bottle.**

WHAT TO BRING EACH DAY

Backpack with lunch, hat, swimsuit, towel, sunscreen, extra change of clothes and a <u>water bottle</u> (label items with your child's name). Please ensure you apply sunscreen to your child prior to coming to the centre.

TOYS FROM HOME

All toys from home must be kept at home. We have a huge selection of toys and games. OSC is not responsible for lost/broken toys from home.

SUMMER SPECIAL GUEST HIGHLIGHTS

To enhance our program planning and bring a stronger creative arts component we have invited several experts to run workshops/activities with our program.

OUTDOOR ADVENTURE WITH BARRY SKILLIN

Barry Skillin has been a Youth Worker at Britannia Community Centre since 1992. Barry came to Britannia from Ontario with a BAA in Photography and a diploma in Outdoor Recreation Technician - where he has incorporated his education and passion for the outdoors into his work. He has lead community members of all ages on day and multiday trips throughout south-western BC hiking, biking, camping, snowshoeing, skiing,



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backpacking and canoeing. His goal is to promote safe, enjoyable outdoor recreational pursuits that develops an appreciation for our natural environment, as well as developing skills and passions that may turn outdoor activities into a life-long desire. He holds certifications in Backcountry Wilderness First Aid and is a Lakewater Instructor in canoeina.

IMPROVISATION WITH MATT CHENOWETH

Matt Chenoweth (VSB Teacher at Britannia Secondary School) will be leading children and teaching them to explore their inner actor. 2016 sessions will be an exciting year of drama games and mini performances. Team challenges and storytelling will be a part of the workshop. This program will take place over a few weeks in July. Actors ready...

CREE NATION ELDER KOOKUM RITA

This summer we have invited Elder Rita from the Cree Nation of Saskatchewan. Rita has been a part of the Grandview/Woodland's community for many years where she has raised six children. Of her many gifts she will be sharing with us storytelling, smudging, easy leather works and beading. We look forward to her visits.

DARREN SHANE

Darren has been an International Fitness Professional and Exercise Equipment Entrepreneur for 15 years and is a Lululemon Ambassador. Improving the Health and Wellness of others around the world is Darren's driving force and passion behind his life and commitment to yoga and fitness. (www.darrenshane.com)

METRO VANCOUVER: EXPLORING OUR LOCAL ECO SYSTEM

ORCA will participate in Metro Vancouver fun filled education. "Metro Vancouver offers a wide range of programs to promote understanding and awareness about our region and Metro Vancouver services." Each session will have "experiential learning and inspire sustainable awareness and actions for region." а

TAP DANCING - VANCOUVER TAP DANCING SOCIETY:

The Vancouver Tap Dance Society is committed to spearheading projects to promote tap dance to the public, including bringing international shows to the Vancouver stage. We deliver comprehensive training opportunities from novice to professional dancers and provide the infrastructure needed to share the art of tap dance with the community.

TINY TOWN WHERE BIG IDEAS BEGIN!

We turn our centre into a tiny town - literary, where children create a town with their own unique currency. The children may choose to create a post office, bakery, bank, car wash, school, hospital, the list goes on and on what can be created and acted out. There is no limit to the imagination. Tiny Town is dramatic play on the full blast action pack, high rolling drama. There is something for everyone to do, adults too!!

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COOKING & BAKING WITH OUR LITTLE MASTER CHEFS

Every Monday our little master chefs will create delicious creations from different parts of the world to enjoy, from making maple Canadian tarts, empanadas to Vietnamese salad rolls to Tartlettes Aux Framboises. Bon Appétit!

RANDOM ACTS OF KINDNESS

OSC is adapting the Random Acts of Kindness (RAK) programming. Throughout the summer we will be promoting and practicing kindness in our program. RAK's Kindness in the Classroom program is firmly grounded in social and emotional learning (SEL). According to the Collaborative for Academic, Social and Emotional Learning (CASEL), "SEL involves the processes through which children and adults acquire and effectively apply the knowledge, attitudes and skills necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make. © The Random Acts of Kindness Foundation, 2015 | Educator Guide





