

Aquatic Schedule October 10 – December 18, 2016

Mon	Tue	Wed	Thu	Fri	Sat	Sun
Lengths Swim 6:30 – 8:55 am					Lessons & Lengths (1 lane) 9:00am – 12:55am	Lengths 10:00 – 10:55am (main pool) Parent & Tot Swim 10:00 – 10:55am (small pool)
Public Swim 9:00 – 11:25 am School lessons 9:00 - 10:00 am (as scheduled)						
Range of Motion (ROM) 10:00 – 10:45 am	Mild/Moderate Aquafit 10:00 – 10:45 am	Range of Motion (ROM) 10:00 – 10:45 am	Mild/Moderate Aquafit 10:00 – 10:45 am	Range of Motion (ROM) 10:00 – 10:45 am	Special Olympics 1:00 – 1:55 pm (main pool closed)	Lessons & Lengths (1 lane) 11:00am – 2:25pm
Lengths 11:30am – 12:55pm					Tot pool reserved for birthday parties	
Public Swim 1:00 – 2:55pm School lessons 1:00 – 3:00 (as scheduled)					Public Swim 2:00 -4:55pm	Public Swim 2:30 -4:55pm
Lessons & Lengths (1 lane) 3:00 – 5:25pm	Free Public Swim 3:00 – 4:55pm	Lessons & Lengths (1 lane) 3:00 – 5:25pm	Free Public Swim 3:00 – 4:55pm	Lessons & Lengths (1 lane) 3:00 – 5:25pm		
Lengths 5:30 – 6:25pm	Lengths 5:00 – 6:25pm	Lengths 5:30 – 6:25pm	Lengths 5:00 – 6:25pm	Lengths 5:30 – 6:25pm	Lengths 5:00 – 6:25pm	
Public Swim 6:30 – 7:55pm					Public Swim 6:30-7:55pm	
Adult Lessons 8:00-8:40pm	Adult Lessons 8:00-8:40pm	Adult Lessons 8:00-8:40pm	Adult Lessons 8:00-8:40pm	Public Swim 8:00 – 9:55pm	HOLIDAY HOURS: Fitness Centre & Pool OPEN 1:00pm – 5:00pm <i>Public Swim / Lengths all day no aquafit.</i> Schedule is subject to change without notice	
Aquafit 8:00 – 9:00pm	Aquafit – Deep Water 8:00 – 9:00pm	Aquafit 8:00 – 9:00pm	New: Aqua Zumba (not included in admission) 8:00 – 9:00pm	FREE Youth Only 11-18yrs First Friday of Month: 8:00-9:55pm (no lanes, whirlpool or steam room available) Nov 4, Dec 2		
Lengths 8:00 – 9:55 pm	Lengths 8:00 – 9:55 pm	Lengths 8:00 – 9:55 pm	Lengths 8:00 – 9:55 pm			

***** The parent and tot pool is open only during regular Public Swim times. *****

Fitness Centre Schedule October 10 – December 18, 2016

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
6:30am – 9:55pm	6:30am – 9:55pm	6:30am – 9:55pm	6:30am – 9:55pm	6:30am – 9:55pm Seniors Only 9:00-10:00am	Women's Only 9:00-12:00pm 12:00pm – 7:55pm	10:00am - 7:55pm
Free Sessions with Britannia Membership – Tuesday & Friday 10:00am - 12:00pm						
Holiday Hours: OPEN 1:00 – 5:00pm						

Arena Schedule October 1 – December 18, 2016

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Women's LTP Hockey 3:15 – 4:45 pm	Learn to Skate Lessons 6:00 – 8:00 pm Adult Skate 8:15 – 9:30 pm	Adult Open Dance 12:15 – 1:45 pm Adult Co-ed Drop-In Hockey 3:15 - 4:45 pm	Parent & Tot FREE Skate 11:00 – 11:45am Youth FREE Skate 3:15 – 4:30 pm *Adult Co-ed Hockey 11:15pm-12:45am	Adult Stick & Puck 12:00pm – 1:30pm Adult FREE Skate 1:45 – 3:00pm Child FREE Skate 3:15 – 4:30 pm Public Skate 7:45 – 9:15 pm No skate sessions November 11	Learn to Skate Lessons 10:00 am – 1:15 pm Public Skate 1:30 – 3:00pm	Women's Hockey 10:30–11:45 am Family Fun Hockey * 12:15-1:30pm Public Skate 1:45-3:15pm Adult Co-ed Hockey * 9:30-11:00pm
<p>* Helmets are strongly recommended for all public sessions. Helmets are mandatory for all participants of Family Fun Hockey. Adult Hockey Programs require full equipment. Participants must sign waiver at the beginning of each session. * Skate Rentals are \$3.00 , Skate Sharpening is \$6.10 (admission and rentals are paid at the pool cashier)</p>						
<p>** Thursday evening hockey is \$10/session and Sunday evening hockey is \$15/session. There are no drop-in goalie spaces available. Goalies must contact the program supervisors. Sign-up occurs at the rink 1 ½ hours before the start of the session. Strip tickets are not valid during these sessions.</p>						

Pool, Rink & Fitness Centre Rates (Including GST)

	Single Admission	10 Visits	1 Month Flexipass	3 Months Flexipass	12 Months Flexipass	Britannia Membership
Adult	\$6.15	\$49.20	\$47.54	\$126.05	\$401.80	\$3.00
Youth (13-18 yrs.)	\$4.40	\$35.20	\$33.29	\$88.25	\$281.25	\$1.00
Child (6-12yrs.)	\$2.95	\$24.80	\$23.77	\$63.05	\$200.90	\$1.00
Senior (55+ yrs.)	\$4.40	\$35.20	\$33.29	\$88.25	\$281.25	\$1.00

Family rate = 1 to 2 adults of the same household and their children under 19 years of age.

Available for drop in only, \$3.05 per person. Minimum charge of \$6.20

Leisure Access Cards – Fitness Centre Admission Rate is 50% off adult admission and flexipass