



NEW! This brochure now has active links to connect you with the programs you want to register for online. Simply click on any program activity number of interest and you will be taken to the ActiveNet page you need to start signing up!

Programs & Services Summer 2017



Watch for our "Fun for All"
FREE programs!
See inside for details



Information

THREE Ways to Register for Programs

1) Register Online at recreation.vancouver.ca

2) Register In Person

A) Britannia Info Centre at 1661 Napier Street

B) Pool Cashier Office

Registration starts at 9:00am on Tuesday, June 6, 2017

Pay using Cheque, Visa, Mastercard, Debit Card or Cash.

Information Centre Hours for Program Registration:

Monday to Thursday 9:00am to 8:00pm

Friday 9:00am to 6:00pm

Saturday 9:30am to 4:00pm

Sunday 10:30am to 3:00pm

Swimming Pool Cashier

Swimming pool cashier hours now start at 6:30am. Registration starts at 9:00am.

3) Register by Phone at 604.718.5800 ext. 1

Phone registration starts at 1:00pm on Tuesday, June 6, 2017

You must have a current Britannia membership card and a valid Visa or Mastercard. Please have your credit card handy when phoning. A copy of your registration, a cash register receipt and membership card will be sent to you in the mail.

Britannia

RENEWAL

BRITANNIA COMMUNITY SERVICES CENTRE
PLANNING & DEVELOPMENT COMMITTEE

The Britannia Planning & Development Committee continues to work closely with the Britannia Centre partners to envision a new and exciting Britannia, and we'd like to hear from you! The Planning & Development Committee is entirely composed of volunteers from the community and our meetings are always open to the public.

Most recently, we've been exploring ideas for the Britannia rink, seniors' spaces, and MakerLabs with input from the community, as well as developing our own guiding principles for land use on the Britannia site. We encourage you to get involved with the work of the Planning & Development Committee.

- Drop in to our meetings- every third Tuesday of the month from 7-9pm in the Britannia Info Centre (upcoming meetings on June 20th, July 18th, August 15th)
- Find us at upcoming community events, including Britannia Canada Day, Italian Days, Car Free Day, and Britannia Reconciliation in Action
- Visit our website (www.britanniarenewal.org) to check out our resource library, find information on upcoming meetings and events, and sign up for our e-newsletter
- Get in touch! Email info@britanniarenewal.org or call Lindsay Grant 604.718.5807 for more information about the renewal, upcoming consultation events, or to find out how you can get involved

Membership Information

To participate in recreation programs you must be a member of Britannia Centre.

Membership is valid from

September, 2016 to August 31, 2017

Family	\$5
Adult	\$3
Child, Youth, Senior	\$1

Membership may be obtained when you register for a program or any time during the year at the pool cashier's office or the information centre.

What does membership give me?

- Voting privileges at the Annual General Meeting of the Society
- Eligibility to run for the Board of Management
- Mail outs/e-mails about Centre events
- You must have a current Britannia membership to register for programs

Refund Policy

- A full refund will be granted if requested up to 48 hours prior to the second class. No refunds after this time.
- For workshops and outings a full refund will be granted if the refund is requested one week (seven days) prior to the start of the program. No refunds after this time.
- For day camps, a \$5 administration fee will be charged for each camp a refund is requested for. Refund requests must be made one week (seven days) prior to the start of the program. No refunds after this time.

Swim / Skate Refunds

- Full refund five days or more prior to the start of the program
- Partial refund within four days of program start or before second class
- No refund after second class
- Exceptions: No refund on single session programs, Transfers possible prior to second class

Cancellation Policy

- Courses are cancelled when too many people wait until the last minute to register. We need a minimum number enrolled before a class will run.
- Programs may be cancelled during the session due to unforeseen circumstances and instructors may change during the program session.

Britannia

RENEWAL

The City of Vancouver and Partners – Vancouver School Board, Vancouver Public Library, Vancouver Park Board, Britannia Community Services Centre – are working together on a project to renew and revitalize Britannia Community Services Centre and the larger Britannia site. This community-guided project will result in a plan for the evolution of the site and its facilities for the next 30 years. When completed in March 2018, the Britannia Renewal will include a community vision guiding Britannia Renewal, facilities requirements identifying the types, sizes and relationships of recreational and community spaces required to meet

future needs at Britannia, and a master plan with phasing, outlining which components and features will be developed where and when over the Renewal Plan's 30- year planning horizon.

There are many ways to provide input into the Britannia Renewal project. Drop by the BLAB! - our community living room in the Britannia Info Centre- to learn more about the project, provide your input and ideas, and sign-up for upcoming focus groups and workshops. Find us online at vancouver.ca/britannia-renewal.

Upcoming Events:

Spaces & Places Workshop: Public Realm

Saturday May 27, 12-3pm, Britannia Gym D

Community workshop to focus on public spaces, green spaces, gathering spaces and more

Britannia Spaces & Places Workshop: Lifelong Learning

Thursday June 8, 6-9pm, Britannia Library

Community workshop to discuss library, sharing, learning and caring spaces

Speaker Series: Physical Wellbeing + Community Wellbeing

Sunday June 14, 12-2pm, Britannia Gym D

How can the Britannia Renewal project incorporate leading edge thinking about active living and physical literacy in using sports to develop healthy communities? How does food fit in supporting resilient, inclusive communities and active living?

Speaker Series: Building Community

Thursday, June 15, 6:30-8:30pm, Britannia Gym D

Come learn about examples of successful multi-use community facilities from across Canada and beyond. Discuss how the Britannia Renewal project can learn from leading edge, dynamic and integrated community facilities



B-Lab Launch March 2017



Vancouver Public Library

Special Events

Fun For All!

Britannia operates a wide range of FREE recreation programs. The Board of Management is committed to ensure that people have access to programs and that fee structure is not a barrier to members of the Grandview-Woodland Strathcona Community.

Britannia's 'Fun for All' programs are intended to be barrier free and inclusive. Many are free or run on a pay what you can basis.



'Fun for All' Stamp

Please look for the 'Fun for All' stamp throughout the Brochure and ask at our front desk about our other Subsidies.

Summer 2017 Holiday Hours

Information Centre

Jul 1	Canada Day	CLOSED
Jul 3	Stat Holiday	CLOSED
Aug 7	BC Day	CLOSED

55+ Centre

Jul 1	Canada Day	CLOSED
Jul 3	Stat Holiday	CLOSED
Aug 7	BC Day	CLOSED

Pool & Fitness Centre

Jul 1	Canada Day	1:00-5:00pm
Jul 3	Stat Holiday	1:00-5:00pm
Aug 7	BC Day	1:00-5:00pm

Rink

Jul 1	Canada Day	CLOSED
Jul 3	Stat Holiday	CLOSED
Aug 7	BC Day	CLOSED

Teen Centre

Jul 1	Canada Day	CLOSED
Jul 3	Stat Holiday	CLOSED
Aug 7	BC Day	CLOSED

Italian Day 2017

Britannia Community Centre celebrates Italian Day with this year's theme Amore! Project and more information TBA

Sun	12:00-3:00pm	Jun 11
Napier Greenway		Free



The Britannia Artist Grant Program 2017

To assist community artists in any aspect of their artistic goals. Applicants must live/work in the Grandview-Woodland or Strathcona neighbourhoods. The boundaries are Broadway to Burrard Inlet and Main St to Nanaimo St. For more information you can pick up an Information Sheet at the Info Centre/check out [www.britanniacentre.org Services/ Arts & Culture/Special Events & Projects](http://www.britanniacentre.org/Services/Arts%20and%20Culture/Special%20Events%20and%20Projects) or email Coordinator Katherine Polgrain: courage62@shaw.ca

International Yarn Bombing Day: Year Of The Tassel

Come celebrate this international event with local artist Helen Spaxman. This year's project will involve participants making yarn tassels to hang in the cherry tree at the entrance to Napier Greenway. All materials supplied. Yarn donations welcome.

Sat 12:00-4:00pm
Napier Greenway



Jun 10
Free Workshop

The Solstice/Equinox Coffee House Series: 2nd Annual Summer Solstice Coffee House

Celebrate the beginning of summer with a community event featuring local live music, poetry, the arts, refreshments and more!

Sun 7:00-9:30pm
55+ Centre

Jun 25
Free



CANADA 150

Britannia's Canada Day 150+ Celebration

Don't miss out on this fantastic event in your neighbourhood!

On Stage Entertainment:
Indigenous Dancers & Drumming
The Evaporators
Owl Empire
150+ Guitars
Children's Area
Teen Centre Concession
Community Booths
Cake Cutting Ceremony
Bushucker and more!

Sat 12:00-3:00pm
Grandview Park



Jul 1
Free

The 2017 East Vancouver Garden Tour

Sunday, June 18th, Father's Day, is your opportunity to visit a dozen or so delightful East Vancouver private gardens. The 2017 self-guided tour will be in an area that's relatively near to Figaro's Garden Centre (1896 Victoria Drive at 3rd Avenue). Once you are at a starting place, you will likely be able to walk the entire route.

Tickets are \$15 per person-not just the best, but the most affordable garden tour in town!

We recommend that you register early, as the tour is very popular and tickets are limited. Starting in May, you can purchase tickets in advance at Figaro's Garden or through Britannia Centre. You can also get your tickets online through EventBrite. Please visit our Garden Tour website at eastsidegardentour.blogspot.ca/ for more info.

On the day of the tour, you go to Figaro's Garden Centre any time after 10:00 a.m. to pick up your map showing the locations and descriptions of the gardens on the tour.

The tour is jointly sponsored by Britannia Neighbours, Britannia Centre, and Figaro's.

Note that most gardens are not wheelchair- or stroller-accessible, children must be 12 years or older or babes in arms, and pets are not allowed. Registration opens May 1 115014

17th Annual Artful Sundays

Britannia Community Centre will host an outdoor, visual arts market in Napier Greenway (Napier St @ Commercial Dr) for 4 Sundays this summer. The market features the work of local artists, live music, artist workshops and demonstrations and more! Artist applications are in the Britannia Information Centre or email Coordinator Katherine Polgrain for more information. Email: courage62@shaw.ca

Sun 12:00-5:00pm
Napier Greenway
Aug 13, 20, 27 & Sept 3.
Free



Artist: Jennifer Conway Raven's Rest Studio

Special Events

The Solstice/Equinox Coffee House Series: 2nd Annual Fall Equinox Coffee House

Come celebrate the beginning of the Fall season with a community event featuring local live music, poetry, the arts, refreshments and more!



Sun 7:00-9:30pm
55+ Centre

Sep 24
Free



14th Annual Corn Festival



Enjoy a taste of Latin America in East Van. Join the Latin American community's annual corn harvest fiesta. Celebrate the importance of corn to the peoples of Latin America and their efforts to protect the biodiversity of traditional corns. Try delicious Latin American food, enjoy music and dancing. All free family fun. Presented by the Canada El Salvador Action Network.

Sun 12:00-5:00pm Sep 3
Britannia Community Centre
Info: 604.718.5895



SAVE THE DATE!

34th Annual Britannia Christmas Craft Fair
Britannia Community Centre Gym D
1661 Napier Street

3 DAYS!

Fri 3:00-8:00pm Nov 17
Sat 10:00am-5:00pm Nov 18
(Santa photo session by donation)
Sun 10:00am-5:00pm Nov 19
\$2 entrance/free 12 and under. All proceeds go to inner city children's programs.

Vendors; deadline for submissions Oct 1
Applications: britanniacraftfair@live.ca or britanniacentre.org

Art Gallery

July 5-28 Exhibition by Brigitte Potter-Mael and Laura Koop

The intention of this exhibition is to allow for a dialogue between two art-practitioners who, through their activities, show a great interest and affinity with specific areas of our natural world. Both artists explore mediums that follow traditions of long-standing crafts, while also working within a contemporary context, in which the "nature discourse" informs their choice of subject matter. Potter-Mael is a 2D artists. Koop works in metal sculpture

Opening Reception: Wed Jul 5, 6:30-8:30pm



Artist Talk

Heed the Voices of Grassy Lands, Brigitte Potter-Mael

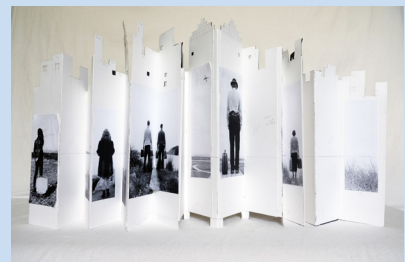
From a conventional Western perspective the untamed uncultivated and unruly herbaceous plant world is easy to classify as a malaise, an Unkraut spreading itself not only across meadows and forests but also into cultivated gardens, lawns, boulevards, rooftops, cracks in stones and walls, tree-trunks, and even into well-guarded flower pots. Dandelions and buttercups are famous for being such invaders. I love them for their blatancy! With their bright buttery color to attract pollinators, they enrich the seemingly subdued palette of grassy plant diversity.

Wed Jul 19 7:00pm

August 2 – September 1 exhibition by Penny Eisenberg and Jo Ann Kronquist

Eisenberg is a senior artist working primarily in painting. Kronquist is best known for her black and white photography that is often presented in small installations.

Opening Reception Wed Aug 2, 6:30-8:30 pm



Licensed Child Care Centres

Child Care Mission Statement

To provide a range of safe, stimulating and nurturing Child Care programs that respect and embrace each child and family.



Toddler Daycare, Preschool Programs

Britannia Preschool (3-5yrs)

1661 Napier St
Lorraine Evans 604.718.5843
Spaces Available in the PM class for Sept 2017

Hours: Afternoons 12:30-3:00pm
Fees: 2dys/wk (Th, Fr) \$180.00
3dys/wk (Mo/Wed/Fr) \$255.00
5dys/wk (Mo-Fr) \$435.00

Eagles In The Sky Child Care

485 Semlin Drive
Suzy Liguori 604.718.5856

Daycare ages 3-5yrs

Hours: Mon-Fri 7:30am-5:45pm
Fee: \$935 per month
snacks provided

Grandview Terrace Child Care

2075 Woodland Drive
Alejandra Uribe 604.718.5846

Daycare ages 3-5yrs

Hours: Mon-Fri 7:30am-6:00pm
Fee: \$905 per month, snacks provided
Lunch: \$60 per month
Yoga: \$5

Mount Pleasant Child Care

960 East 7th Avenue
Wade Forbes 604.718.5844

Toddler Program 18mo-3yrs

Hours: Monday to Friday 7:30am-6:00pm
Fee: \$1,232 per month, snacks provided,
includes lunch

Daycare ages 3-5yrs

Hours: 7:30am-6:00pm
Fee: \$932 per month, snacks provided,
includes lunch

Licensed Child Care Summer Programs

These camps are for children 5-12yrs

Britannia Child Care: Summer Fun Program

O.R.C.A (Outdoor Recreation and Creative Arts)

1661 Napier Street Lorraine Evans: 604.718.5843

Fee: \$150/wk; \$550/mth Mon-Fri 7:30am-5:45pm

Each week children will experience O.R.C.A at parks, outdoor trails, beaches, pools, and other fun-filled city venues. Children will hike, bike, run, jump, dance and play while also creating art projects, culinary activities, science projects and doing drama activities. Special guests will visit us each week providing cool activities and creative inspiration. Morning and Afternoon snacks are provided.

Eagles in the Sky Summer Program

Jul 4-7	Variety Week	#103B-1950 E Hastings St
Jul 10-14	Touch of the Sillies	Kinga Batko: 604.230.1885
Jul 17-21	Cartoons	Fees: \$56/dy
Jul 24-28	Space	\$155/wk
Jul 31-Aug 4	Grate Outdoors	\$570/mth
Aug 8-11	Water Fun	Mon-Fri: 7:30am-5:45pm
Aug 14-18	Game Show Week	
Aug 21-25	Keepin' Cool	
Aug 28-31	Face It	

Grandview Terrace Summer Program

Let the fun begin on this action packed summer adventure. We look forward to many exciting outings; exploring the sights and scenery our great city has to offer. From paddle boating at Burnaby Lake to hiking at Rocky Point. A new adventure will be sure to please all the children. Long walks in Queen Elizabeth park along with animal exploration at the petting zoo. Relaxing picnics at the beach or the many water parks throughout the Lower Mainland. Come out and explore the community parks and activities that surround us. Join us as we make new friends and explore our community.

Jul 4-7	Mad Science Camp	2075 Woodland
Jul 10-14	Summer Splash Fun	Alejandra Uribe: 604.718.5846
Jul 17-21	Beach Discover	Fees: \$150/wk
Jul 24-28	Nature Adventure	\$120/4day wk
Jul 31-Aug 4	Talent & Theatre Camp	\$555/mth
Aug 8-11	Waterworks and Exploration	Mon-Fri: 7:30am-6:00pm
Aug 14-18	Sports Challenge	
Aug 21-25	Community Adventure	
Aug 28-Sep 1	Safari Adventure	

Lord Nelson Summer Program

*Jul 4-7	Welcome to Summer	2235 Kitchener Street
Jul 10-14	Galaxy Far Away	Latisha Buksh: 604.713.5863
Jul 17-21	Lego Week	Fees: \$150/5 day wk
Jul 24-28	H2O Week	*\$120/4 day wk
Jul 31-Aug 4	Space is the Place	Mon-Fri: 7:30am-5:45pm
*Aug 8-11	Around the World in 4 Days	
Aug 14-18	Willy Wonka Week	
Aug 21-25	Moutain Mavericks	
Aug 28-31	Water Hullabaloo	*4 day wk available only on Stat holiday weeks.

Preschool and Children

Music Together® (0-5yrs)

Summer music fun with your family! Come dance and sing and play bells of all sorts, triangles, shakers, rhythm sticks, and instruments galore! All this with a developmentally appropriate, research based curriculum taught by a registered Music Together® teacher. 45 minutes of PURE FUN with your child every week! Summer make-up classes available. MT Fee is non-refundable after the 1st class. Registration closes after the first class.

Thu		Jun 29-Aug 3
114959	9:30-10:15am	
114960	10:30-11:15am	
114961	11:30am-12:15pm	
Rink Mezz	Patrice	\$123/6 sess



Children's Music Piano(6+yrs) & Clarinet(10+yrs)

Get ahead and continue your music studies this summer or begin an instrument and enjoy a lifetime of making music! These lessons consider student's development and goals. Conservatory exam preparation is available. Lesson costs shown below are for 30 minutes, but 45 and 60 minutes per week are available to more advanced students at the discretion of the instructor. Private lessons are for beginner to senior levels.

New students must contact instructor before registering for lesson times, etc., at janine.oye@gmail.com. Clarinet players, please bring an instrument and reeds. Phone in or in person registration only, no online. Please call 604.718.5800 ext 1.

Fri	3:30-8:00pm	Jul 7-Aug 4
Music Rm		\$120/5 sess
114962		
Sat	9:00am-4:30pm	Jul 8-Aug 5
Music Rm		\$120/5 sess
114963		J. Oye

Children's Dance

Children's Ballet /Jazz Dance, with Endorphin Rush Dance (2-6 years)

Sat (4 Sessions) \$45.00 Jul 8-Jul 29 CFEC

Ballet /Jazz:

Jump, skip and twirl! In this class children will learn a variety of ballet exercises as well as the basic fundamentals of jazz dance while developing their own creative expression. This is a closed class, however, in the final week of the session we invite parents to stay for a presentation of what we have been learning. Parent participation required for 2-4 year old classes. www.kirbysneldance.com.

114954	9:30-10:10am	Ballet/Jazz (Age 2-4)
114951	10:15-10:55am	Ballet/Jazz (Age 2-4)
114956	11:00-11:40am	Ballet/Jazz (Age 3-4)
114955	11:45am-12:25pm	Ballet/Jazz (Age 3-4)
114953	12:30-1:10pm	Ballet/Jazz (Age 4-6)
114952	1:15-2:00pm	Ballet/Jazz (Age 4-6)



Traditional Kung Fu 6 yrs +

This Northern Shaolin Style class will teach you traditional forms, weapon forms, sparring and self-defense. It will help you gain physical and mental strength, develop self-confidence and discipline. Membership fee of \$1 per month for the Northern Shaolin Lung Chi Cheung Association is included in the fee. No class Aug 7.

Beginner

Mon, Fri	4:30-5:45pm	Jul 10-Aug 11	CFEC	\$78.50/9 sess
115183	M.Lung/ V.Ma			

Intermediate

Mon, Fri	4:30-6:15pm	Jul 10-Aug 11	CFEC	\$87.50/9 sess
115186	M.Lung/ V.Ma			

Advanced

Mon, Fri	4:30-6:30pm	Jul 10-Aug 11	CFEC	\$92/9 sess
115192	M.Lung/ V.Ma			



Daycamps

Britannia Gymnastics Summer Camp 2017

Children aged 6-12 will be jumping for joy after a week of jammed packed gymnastics fun. Our exciting camps will keep your children busy and active while introducing them to all four Olympic events. Gymnastics camp will be instructed by our fantastic coaching staff. Children should bring a snack, lunch, water, sunscreen, and a hat. Drop your children off at Gym B at 9:30am and pick up at 3:30pm sharp. Parents and caregivers are invited to join us every Friday at 3:00 for "Camp fire" where each group of gymnasts will display all of the amazing skills they have learned during the week. We look forward to seeing your little gymnast this summer. Program will take place in Britannia's Gym B (High School Gym). Registration began Tue May 9 and is ongoing until the camps fill. Check www.britanniagymnastics.com for updates.

115172	Week #1	Aug 8 - 11	9:30-3:30pm	\$180
115176	Week #2	Aug 14-18	9:30-3:30pm	\$225
115177	Week #3	Aug 21-25	9:30-3:30pm	\$225



Summer Daycamp Volunteers

Britannia Funseekers are looking for motivated youth 16+ yrs to get involved in volunteering with children 6-12 yrs of age in a fun and supported setting. It's a great leadership opportunity, and way to give back to the community.

Spend the weeks swimming, doing arts and crafts, playing games, learning about Children's Rights, going on out trips and many other FUN activities!

Minimum 3 week commitment required and must complete a police record check. Reference available upon completion. Please contact Yao at 604.718.5860 or email yao.zhang@vancouver.ca

Celtic FC Summer Soccer Academy 2017

Want to play football, learn new tricks, have a great time and enjoy a high quality soccer camp experience? Celtic Football Club is delighted to be working in partnership with Micro Footie to provide the opportunity for boys and girls of all abilities to attend our Talent ID coaching Camp in Vancouver with our academy coaches who will be flying in from Glasgow specifically for the Micro Footie camp. Each day will follow specific soccer related themes designed by our very own Celtic Soccer Academy Coaches which will allow each player to develop their technique through individual and group practices. Player levels/ages will be grouped on day 1 of camp.

Celtic FC Summer Soccer Camp (6-12yrs)

111554 Tue-Sat 9:00-12:00pm Jul 11-15 Empire Field \$189

Celtic FC Soccer Camp for High Potential Players and Teams (8yrs+) Invitation only

Registration is by invitation only. If you have a player or team that is interested contact Jason Kyle, microfootie@gmail.com for details.

In 2016 as part of the Celtic elite player program held at the prestigious IMG academy, Micro Footie player Rupert Postma was selected by Celtic for an all expense paid trip to Scotland and train/play with the U13 team and (even go to school @ the prestigious St.Ninians program). Celtic FC and Micro Footie continue to select players for development.

111564 Tue-Sat 1:00-4:00pm Jul 11-15 Empire Field \$189

Thank You 2017 Micro Footie Sponsor Donors



Daycamps

Funseekers Daycamp (6-12yrs)

There are many activities and out-trips planned for the Spring Break Funseekers program! Come on to learn new skills, meet new friends, or simply to have FUN! Swim, skate, learn arts and crafts, play group games, go on out-trips and more! Special emphasis will be placed on the introduction of the Equitas program, "Play it Fair" which is designed to promote human rights, inclusion, anti-discrimination, respect for diversity, and the peaceful conflict resolution among children. Register early to avoid disappointment.

Please provide lunch, snack, and water daily. Parents are required to complete consent forms.

Funseekers Cancellation Policy: A \$5 administration fee will be charged for each camp a refund is requested for. Refund requests must be made a minimum of one week (seven days) prior to the start of the program. No refunds after this time.

Mon-Fri 9:00am-3:00pm \$95/5 sess
*Tues-Fri 9:00am-3:00pm \$76/4 sess
Gym D

109451 Jul 3-Jul 7 Playland
109452 Jul 10-Jul 14 Watermania
109453 Jul 17-Jul 21 Buntzen Lake
109454 Jul 24-Jul 28 Fort Langley
109455 Jul 31 -Aug 4 Newton Wave Pool

109456 Aug 8-Aug 11* Playland
109457 Aug 14-Aug 18 Buntzen Lake
109458 Aug 21-Aug 25 Coquitlam Pool
109459 Aug 28-Sep 1 Watermania

Summer 2017 Funseekers Daycamp registration is currently ongoing. To register, please contact Britannia at 604.718.5800, visit us online at britannia-centre.org, or come in person to Britannia Information Centre.

Summer at the HUB - Tech n' Rec Focus Camps

For more information, please call 604.713.8273. Each camp has 3 or 4 hours of instruction in the chosen area. The other periods are reserved for quality recreational periods where students can enjoy minor games in the gym, arts and crafts and theatre sports. A short half hour lunch is scheduled. Bring a Bag Lunch and Water Bottle. For detailed blurbs on each Tech n' Rec focus camp, please pick up registration form at Britannia Info Centre.

Drop-off and pick-up in Gym A/B. ALL programs are 9:00am-3:30pm. Register online, in-person or phone 604.718.5800.

Ages 7-9yrs on July 1st

Mon-Fri	9:00am-3:30pm	\$75	
*Tue-Fri	9:00am-3:30pm	\$60	
116892	*Jul 4-7		Claystation
116894	Jul 10-14		Fibre Arts
116893	Jul 17-21		Dance Fusion
116890	Jul 24-28		Big Painting
116900	Jul 31-Aug 4		Science & Nature
116896	*Aug 8-11		Robotics

Ages 10-13yrs on July 1st

Mon-Fri	9:00am-3:30pm	\$75	
*Tue-Fri	9:00am-3:30pm	\$60	
116897	*Jul 4-7		Robotics ATR
116891	Jul 10-14		Clay Critters
116903	Jul 17-21		Mini Chefs
116898	Jul 24-28		Robotics Solar
116889	Jul 31-Aug 4		Big Painting
116895	*Aug 8-11		Nature Explorer

Preteen Adventures Daycamp (10-14yrs)

Spend the week out and about, discovering what Vancouver and the surrounding area has to offer. Be prepared for an action packed week of out trips, activities, and FUN. Lunch and snack must be brought daily.

Please provide lunch, snack, and water daily. A hat and sunscreen are recommended for each day. Parents are required to complete weekly consent forms every Monday.

Adventure Camp Cancellation Policy: Min 1 week notice required to for a refund. A \$5 admin fee will be charged per class.

M/T/Th/F 11:00am-5:00pm
Wed 9:00am-3:00pm
Teen Centre \$125/5 sess

109461 Jul 3-Jul 7
Playland, Bowling, Second Beach Pool, Deer Lake paddling

109462 Jul 10-Jul 14
Watermania, Kits Beach, Indoor Rock Climbing

109463 Jul 17-Jul 21
Castle Fun Park, Bouldering, Buntzen Lake

109464 Jul 24-Jul 28
Skimboarding, Hillcrest Pool, Camp Capilano Overnight (Wed-Thu)

109465 Jul 31-Aug 4
Newton Wave Pool, Aquarium, Indoor Rock Climbing

109466 Aug 14-Aug 18
Buntzen Lake, Playland, Bowling

109467 Aug 21-Aug 25
Coquitlam Wave pool, PNE (admission only), Skimboarding

Summer Unlimited (13-19yrs)

Summer Unlimited is a unique program which offers recreational opportunities to youth 13-19 years with developmental delays. Participants take part in a wide range of activities in and around the city, meeting new friends and acquiring new skills. Knowledgeable staff, in-program transportation and one to one volunteers are provided to maximize the youth's participation and enjoyment of the program.

Different activities take place daily to enhance age appropriate activities. Call 604-718-5873 for more info. Registration and intake must all be approved by Saturday unlimited staff.



Mon-Fri	10:00am-4:00pm	LRC	\$125/5 sess	* \$100/4 sess
112721	Jul 4-Jul 7*	112725	Jul 31-Aug 4	
112722	Jul 10-Jul 14	112726	Aug 8-Aug 11*	
112723	Jul 17-Jul 21	112727	Aug 14-Aug 18	
112724	Jul 24-Jul 28	112728	Aug 21-Aug 25	

Youth

Teen Centre Summer Drop-In Hours

Wed	5:30-9:30pm
Thu	5:30-9:30pm
Fri	6:00-10:00pm
Sat	6:00-10:00pm

A place in the community dedicated to youth. All youth from 13-18 years old are welcome. Youth, volunteers and staff work together to plan the activities and Programs in and around the Teen Centre. Join in our youth committee to set direction for our youth programs.

Feel free to pick up your copy of our summer activities calendar at the Teen Centre. If you do not see something you are interested in doing in our brochure don't hesitate to get involved- join in and make it happen! *Please note: a signed parent consent form is required for many of our programs. If you have any questions or concerns please call us at 604.718.5828. Pick up a calendar of activities at the Teen Centre. Find us on Facebook @ Britannia Teen Centre

The Teen Centre is a place to:

Meet people Get information or support Share your ideas Have fun Experience new things.

Big Screen Movie Night (13-19yrs)



Nothing on TV? Head over to the Teen Centre and watch movies with your friends while having some snacks. FREE!

Thu 7:00-9:00pm Jul 6-Aug 31

Off the Grill (11-18yrs)



The cornerstone of this program is the preparation of healthy meals with support from youth and the serving of these meals to both youth and community members in the Britannia Plaza. Community meals thus become an avenue of social connection among youth, the broader community, and youth service providers. Meal may be cancelled due to inclement weather. Meals by donation. We are looking for youth to volunteer for the program. Contact Mark at 604.718.5828.

Wed/Fri 6:00-8:00pm May 17-Sep 29

Beach BBQ's



Join us this summer for our Beach BBQ Days. We will be hitting up the local beaches to play some sports, have a BBQ, and just hang out. Spanish Banks, Jericho, and English Bay are some of the places we will go. Completed consent form required. Check out our summer calendar for specific days

Mon	12:00-5:00pm	Jul 10
Fri	12:00-5:00pm	Jul 28
Thu	12:00-5:00pm	Aug 17
Mon	12:00-5:00pm	Aug 28
		Free!

Summer Daycamp Volunteers

Britannia Funseekers are looking for motivated youth 16+yrs to get involved in volunteering with children 6-12yrs of age in a fun and supported setting. Please see page 9 for details and contact Yao at 604.718.5860 or email yao.zhang@vancouver.ca

Latin Cooking (11-18yrs)



Learn to cook food from various Latin countries. Quieres aprender a cocinar comida de varios países Latinos. Participants will also learn how to make healthier food choices and to shop on a low budget. Ven y aprende como escoger productos que sean saludables y aprende a gastar menos.

Thu 4:30-6:30pm Jul 06-Aug 31
55+ Centre Free

Youth BBQ's



Every Thursday in the summer, the Teen Centre will host a free BBQ, 6:30pm-8:30pm. Hot dogs, chips, juice, snacks. Stop by, grab some food and play some pool, foosball and video games

First Friends



For youth new to Canada and youth that are interested in helping others settle into Vancouver. The program will provide social and recreational opportunities as well as deal with current issues, provide job skill training, and certifications. There may be some minor fees for out trips and special workshops. Please contact Stephanie at 604.718.5829 for more info.

Sat 1:30-5:30pm Free

Britannia Youth Committee



We are looking for youth who want to be involved! Give back to the community, initiate and follow through on community programs and projects. Contact Tom at 604.718.5826 for more info.

Summer Out Trips

The Britannia Youth Program will be running a series of out trips in Jul and Aug. We have way too many activities to put them all in here! Some activities include Playland, canoeing, picnics at the beach, swimming, movies and much more. Don't miss out on these great activities. Pick up our more detailed summer pamphlet at the Teen Centre now. Pre-registration for these trips is necessary and parents must sign consent forms. Space is limited and youth will be accepted on a first come first ser basis.

Participants are encouraged to plan ahead and bring any things that they think they might need for the trip they're going on. Some examples would be: a hat, sunscreen, water, food or money for food, etc.

All registration handled at the Teen Centre. The cost of the outings should not prevent any youth from participating, so let staff know.

Major Day Trips at a Glance:

Playland	11:00am-5:00pm	Jul 5	\$10
Archery Tag	11:00am-5:00pm	Jul 7	\$10
Biking the Seawall	11:00am-5:00pm	Jul 15	\$10
Downtown Movies	5:30-9:30pm	Jul 26	\$2
Go Karting	11:00am-5:00pm	Jul 31	\$10
Playland	12:00am-5:00pm	Aug 3	\$10
Cultus Lake	9:00am-5:00pm	Aug 11	\$10
Pedal Boating	11:00am-5:00pm	Aug 26	\$10
Downtown Movies	5:30-9:30pm	Aug 30	\$2
Castle Fun Park	10:00am-5:00pm	Sep 1	\$10*bus

Free Youth Swim (11-18yrs)

Contests, prizes, games and crazy staff!! Britannia youth only swim time. First Friday of every month. Be ready to go in the water by 8pm. No swimsuit required... it's not what you're thinking, swimsuits, or clean, recently washed clothing can be worn. No shoes allowed.

Fri 8:00-10:00pm Jul 7, Aug 4
Britannia Pool Free

The Great Escape Outdoors (GEO)

We offer a variety of outdoor activities for youth 13-18 years of age and suitable for almost any level of fitness. It is a great way to explore our incredible surroundings, learn new things and meet lots of great people.

The Centre provides all necessary equipment, food, transportation, and guides/instructor, unless otherwise stated. Any overnight trip has co-ed leaders and at least one trained staff in Wilderness First Aid. The cost of the outings should not prevent any youth from participating, so let staff know. If you have any questions or would like to register please call 604.718.5828.

A variety of monthly activities which may include; indoor rock climbing, snowshoeing, and snow tubing. Pick up a monthly calendar to get a complete listing. All registration done at the Teen Centre.

Camp Sasamat (13-18yrs)

Partnering with a group of other City of Vancouver youth programs, spend two nights and three three days participating in workshops and activities, including high ropes course challenge, kayaking or canoeing and rock climbing. We will be staying in cabins at Camp Sasamat, on the waterfront in Port Moody Youth will be challenged to participate, discuss and share in all activities. We will be using activities from the "Play it Fair" and "Speaking Rights" toolkit which promotes the values of children's rights, followed by a discussion of what they felt, thought and learned. Every child has the right to know their rights. To register, please contact the Britannia Teen Centre at 604.718.5828

Tue-Thu 9:00am-5:00pm Aug 29-31
Camp Sasamat \$175.00/trip

Introduction to Skimboarding

This is an introduction to the sport of skimboarding. Our instructors will teach you the proper technique of "Throwing" the board and skimming across the sand, and can even be introduced to basic manoeuvres such as "180's" and "Shuvit". The possibilities are endless and are only limited to a rider's imagination and creativity. Cost includes transportation, and a 2 hour lesson and rental. Additional time after will be spent hanging out at Jericho Beach. Bring a lunch, snack, water, sunscreen, and swim clothes. Completed waiver forms required.

Tue 11:00am-5:00pm Jul 25
114848 \$40/sess
Tue 11:00am-5:00pm Aug 22
114849 \$40/sess

Canoeing Day Trips

Weather appropriate clothing and footwear required. Bring a lunch, water, snack, sunscreen, towel and change of clothes as you will get wet. Do not bring any valuables. Completed waiver forms required. Register at the Teen Centre.

Buntzen Lake Canoe Day Trip

Join us for a fantastic paddle trip as we explore the beautiful wilderness areas along Buntzen Lake in Belcarra. The park features beautiful mountain views, beaches and clear water.

Mon 10:00am-5:00pm Jul 17
\$5

Indian Arm Canoe Day Trip

We'll paddle up the Indian Arm fjord, exploring coastal areas and islands along the way. We'll stop to eat lunch at Jugg Island Beach.

Mon 10:00am-5:00pm Aug 14
\$5

Hiking Day Trips

Weather appropriate footwear and clothing, lunch, snacks, water, and sun screen required for each trip. Completed consent forms required. Register for the following at the Britannia Teen Centre, 604.718.5828.

Killarney Lake (Bowen Island)

This outing to Killarney Lake begins with a relaxing, short ferry ride to Bowen Island. Once there we will walk some road but mainly pleasant forest trails and the board walk around Killarney Lake. Ice cream may be the reward for a day of exploring once we get back to the village!

Thu 10:00am-6:00pm Jul 20
\$5

Seymour Mountain Day Hike

One of the local Vancouver ski hills in the winter, the summer hike wanders up the mountain, passing over a couple of peaks before reaching a panoramic view of the city and the Coastal Mountain Range.

Wed 10:00am-5:00pm Aug 9
\$5

Sports

Indoor Soccer (11-18yrs)

For 11-18 year old players only
Tues 5:30-8:00pm Jul 4-Aug 29
Gym D Free

Basketball Drop-in (11-18yrs)

Fri 5:30-6:50pm Jul 7-Sep 1
Gym C Free
Sun 12:00-1:55pm Jul 2-Aug 27
Gym C Free

Drop-in Open Gym (11-18yrs)

Wed 5:30-7:00pm Jul 5-Aug 30
Gym D Free



equitas

Play it
Fair!

Youth

Latin American Youth Program

Programa de Jóvenes Latino Americano

The Latin American Youth Project offers a number of opportunities to Latino youth 11 to 18 years of age and ranges from organized recreational programs to advocacy and referral services. For further information please contact Stephanie, the Latin American Youth Worker at 604.718.5829.

El proyecto de jóvenes, Latino Americano le ofrece a la comunidad una variedad de actividades, proyectos, y eventos. Los siguientes programas son para jóvenes latinos de 11 a 18 años y son gratuitos en su mayoría. Para más información y para registrarse llame a Stephanie al 604.718.5829 o por correo electrónico a stephanie.angel-garay@vancouver.ca.



Girls Empowerment Group/ Grupo de Chicas (13-18yrs)



Come and hang out with other girls your age! Meet new people, chat, have snacks, take part in fitness, wellness, an interesting workshops. Bring all your friends! Some topics we will be looking at:

- Self-esteem/respect
- Weight training
- Career Planning

Ven a participar con otras chicas de tu edad! Habrá comida, deportes & ejercicios, talleres, y charlas interesantes! Invita a todas tus amigas del colegio!

Martes/Tue 6:00-8:00pm CFEC Free/Gratis



Evento gratis de Nadar/ Free Youth swim



Fri 8:00-10:00pm Jul 7, Aug 4
Gratis/Free

Friends First Buddy Program/Grupo de Amigos (11-18 yrs)



Meet youth your age and learn at the same time. The Friends First Buddy program provides you with social, recreational, and educational skills. We meet every Saturday and we participate in various activities from 12:00-5:30pm. To register and for more information, please contact Stephanie at 604.718.5829.

- Outings/Salidas
- Team Building Games/Juegos
- Arts and Crafts/Arte y artesanía

Ven a conocer jóvenes de tu edad y de varios países. El programa de Friends First te enseña nuevas habilidades en que puedes participar todos los. Por Favor llame a Stephanie para registrarse al 604.718.5829. Subsidios disponibles.

Sat/Sabados 12:00-5:30pm

Aqui se Habla Espanol



Taller de idiomas y cultura dedicado a niños menores de 11 años. Por favor registrarse enviando un correo a espanol.vcsbc@gmail.com

Spanish language culture workshops for children under 11 years of age. Please email espanol.vcsbc@gmail.com to register.

TC 10:00am-12:00pm gratis/free

Volunteer Work/ Trabajo Voluntario (13-18yrs)



Do you need volunteer hours for school? The Teen Centre and the Latin American Youth Projects offers many opportunities where you can get involved!

Necesitas trabajo voluntario par poder graduarte? El proyecto de jóvenes ofrece muchas oportunidades en las que puedes practicar las cosas que a ti te gustan y a la vez hacer tus horas de voluntariado. Par mas información llame al 604.718.5829.

Cocina Latina/ Cooking Program



Learn to cook food from various Latin countries. Quieres aprender a cocinar comida de varios países Latinos. Participants will also learn how to make healthier food choices and to shop on a low budget. Ven y aprende como escoger productos que sean saludables y aprende a gastar menos.

Thu/Jueves 4:30-6:30pm
55+ Centre Free/Gratis

Co-ed Indoor Soccer/ Futbol de Salon (13-18yrs)



Free drop-in soccer for youth with Go Card! New players welcome, must be under 18yrs. Futbol de salón gratis con el carnet de la escuela-Go Card, participantes de 18 años y menor solamente.

Tue/Martes 5:00-8:00pm
Gym D/Gimnasio D Free/Gratis



Beach Soccer Team (U16)

For all you soccer lovers! If you are under 16yrs and would like to play for our male beach soccer team please contact 604.718.5829. The tournament takes place at Spanish Banks beach the weekend of August 12th and 13th and cost is \$15 per player. Practice days are still to be announced but will be held at the Locarno beach.

Buscamos nuevos jugadores para nuestro equipo de fútbol para el torneo de la playa. El torneo de playa se llevara a cabo los días 12 y 13 de Agosto en la playa de Spanish Banks la inscripción por cada jugador es de \$15. Los días de entreno se les comunicara mas adelante pero serán en la playa de Lacarno. Para mas información llame al 604.718.5829.

Arts

Carnival Band

Looking for an excuse to dust off that horn (accordion, glockenspiel...) in the back of your closet, dress up and play in the street? Looking for a way to bring a little music and colour to your community? The Open Air Orchestra Society invites you to our street band workshops, led by the incomparable Ross Barrett, Tim Sars, and various guest instructors. All levels/ages welcome; stop by just to listen and dance if you like! Suggested donation is one hour's wage per month or \$5/pay-what-you-can drop-in. Britannia Membership required.

Mon 7:30-10:00pm Jul 10-Aug 28
55+ Centre 8 sess
114958 T.Sars

The Drive Street Band

We are a community music band who play songs ranging from Swing, Jazz, Latin, Old time songs to original compositions. We welcome anyone interested in joining this band, regardless of age or musical experience. Some music reading ability is helpful, (high school level is sufficient). The only stipulations are that you need a good attitude and an instrument that you can take out to the streets. Led by Cory Sweet and Trevor Whitridge. \$2-5 donation at rehearsals. Britannia membership required.

Sun 3:00-5:00pm Jul 2-30
55+ Centre 8 sess
114968 T.Whitridge



Grandview Garden Club



Garden Club meets at 7:00pm each second Thursday of the month in the LRC. Knowledgeable speakers tackle subjects such as pruning, vegetable growing, attracting bees and butterflies, and garden design. Novice gardeners and experienced green thumbs welcome. Annual membership \$20/ Drop-in \$4.

Thu 7:00-9:00pm Jul 13-Aug10
LRC 2 sess

Salsa Cubana & Rueda De Casino Beg

No experience necessary. Singles and couples welcome. This will be your introduction to Cuban Salsa. We will start with the basic steps, at first in a line but soon you will be using what you have learned in the circle-formation known as a Rueda. We will quickly progress to passing followers from one leader to the next, to turns and to moves such as Vacilala, Casate, Sombrero, etc. The basics of Merengue, Bachata and other Latin steps are taught during warm-up. Upon completion of the program, the instructor will assess the student's level and determine if s/he can move up to the next level.

Mon 7:30-9:00pm Jul 10-Aug 28
CFEC \$130/7 sess
114965 K.Reyes

Salsa Cubana & Rueda De Casino Beg/Intermediate

This unique fun dance is growing quickly in popularity in Vancouver. It is done as a group with followers being passed in a circle in time with salsa music. The rueda moves can also be danced with a partner. Singles and partners welcome!

Tue 7:30-9:00pm Jul 11-Aug 29
Gym C \$140/8 sess
114964 K.Reyes

Salsa Cubana & Rueda De Casino - Intermediate 1

Singles and couples welcome. We will continue where we left it in the Beginner Class and will add more moves. We will review the moves learnt in the Beginner class and learn new moves such as La Ye Simple, La Ye, Sombrero Complicado, Tornillo, Pelota, Setenta, etc. The basics of Merengue, Bachata and other Latin steps are taught during warm-up. Upon completion of the program, the instructor will assess the student's level and determine if s/he can move up to the next level.

Wed 7:30-9:00pm Jul 12-Aug 30
CFEC \$140/8 sess
114966 K.Reyes

Salsa Cubana & Rueda De Casino - Advanced

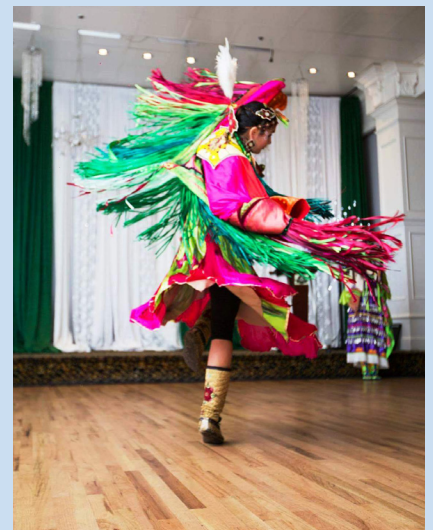
Advanced Salsa Cubana & Rueda De Casino Singles and couples welcome. In this class, you will learn some complex variations of moves, such as Caramelo, Malanga, Camina, A lo Cubano, Setenta y Virate, Despeinala, El Salao, Bombero, etc. as well as moves involving 2 couples. Pre-requisite: Previous experience, successfully completed Intermediate Salsa Cubana Rueda class, and consultation with the instructor before beginning the course.

Thu 7:30-9:00pm Jul 13-Aug 31
Gym C \$140/8 sess
114967 K.Reyes

NEW Pow Wow Dance Workout

In this dance series you will build your flexibility, stamina and endurance by blending pow wow steps with additional workouts. The first few classes are about learning the basics of pow wow. Starting with a warm up of yoga and then moving into an intertribal step. We will explore the ladies and men's traditional styles. From stationary, to straight, to crow hop, to sneak ups. Next we will move into the jingle dance's intricate foot work and transition into the grass dance's smooth slow motion moves. After we will pump up the energy with the energetic fancy dance! This dance series is moderate to high intensity.

Thu 5:30pm-7:00pm Jul 6-Aug 24
CFEC Free/8 sess
116818 Shyama-Priya
Please register



Adults

Physical Activity

Basketball

Adult recreational basketball program.

No drop-ins, no class Aug 6.

Sun	2:00-4:00pm	Jul 9-Aug 20
Gym C	S.Yan	\$30/6 sess
115141		

Badminton

Total of 30 spaces (registered & drop-ins)
\$5.00 drop-ins if space permits.

No class Aug 4, 5

Fri	7:00-9:45pm	Jul 7-Aug 25
Gym C	A.Leung	\$35/7 sess
115144		
Sat	1:30-5:00pm	Jul 8-Aug 26
Gym C	J.Leung	\$35/7 sess
115147		

Trojan Horse Amateur Boxing (10yrs-adult)

Learn classic boxing techniques from Head Coach Bill Kennedy. Full size ring, punch/speed bags, circuit training, mitts and gloves. Great way to improve your fitness. During the group sessions, your training will be personalized to your specific skill and ability. Recreational athletes will be required to fill out Park Board Waiver forms prior to participating. Competitive athletes must fill out a Combsport waiver forms and pay a \$75 annual insurance fee (cheque payable to Combsport will be collected by the Bill prior to starting). Classes unlimited – come train as many times as you like! Boxing room is located beside Gym C. No class Jul 3, Aug 7.

NOTE – First time participants, pay \$20 drop in. After this, participants will be expected to pay the \$75/month fee.

Mon-Fri	4:00-7:00pm	
Sat	2:00-4:00pm	
115157	Jul	\$75/month
115161	Aug	\$75/month

Intro to Fencing - Adult

Learn the art of swordplay for sport, fitness, or pleasure. We will cover the techniques and tactics of foil fencing in a fun and safe environment. All equipment is provided. Court running shoes and track pants recommended. Classes will be held at the LaSalle Studio: 2155 Commercial Drive.

Tue	7:30-9:00pm	Jul 4-Aug 22
LaSalle	M. Burke	\$64/8 sess
115148		

Ki Aikido

This non-competitive and positive defensive practice develops calmness, stability and confidence to reduce the stresses of daily life. Beginners can take one free class before deciding to register. www.canadiankifederation.org

General Class

All levels, including Beginners.

Wed	7:30-9:30pm	Jul 5-Aug 16
Mat Rm	W.Nagata	\$42/7 sess
115149		\$10/drop-in

High Grade Class and Practice

1st Kyu or more advanced students.

No class Aug 7		
Mon	7:30-9:30pm	Jul 10-Aug 14
Mat Rm	W.Nagata	\$25/5 sess
115152		\$6/drop-in

Axe Capoeira (3yrs-Adult)

We offer ongoing classes for children, youth and adults. Classes cover all aspects of Capoeira: martial arts, dance, music acrobatics, culture, language. Registration includes unlimited participation in training as well as dance and music classes. Youth can attend adult classes as well. Drop-in \$20. Classes are located at 1739 Venables. For further information and schedule check out www.avevancoover.com.

Children 3-6yrs

Wed	6:00-6:45pm	Jul/Aug
117876		\$120

Children/Youth

Mon-Thu	5:00-6:00	Jul/Aug
117877		\$150

Introductory 13yrs+

Mon/Thu	6:00-7:00pm	Jul
117878		\$60
Mon/Thu	6:00-7:00pm	Aug
117879		\$60

Adult (19+)

117881	Jul/aug	\$230
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Axe Self Defence Course

Course will explore different martial arts: judo, bjj, boxing, wrestling, kickboxing -will teach takedowns, escapes, throws, strikes, grappling, submission. Classes take place at 1739 Venables.

Tue	6:00-7:15pm	\$60/month
117889	Jul	
117892	Aug	

Volleyball - Beg

Beginners - Basics are emphasized. Register for this program to guarantee a spot to play every week. A total of 18 spaces allotted. Each person can purchase up to 2 drop-ins per night (no phone-ins please). \$6/drop-in, space permitting.

Thu	7:15-9:45pm	Jul 6-Aug 3
Gym A/B	R.LeBlanc	\$25/5 sess
115136		\$6/drop-in

Volleyball – Inter/Advanced

We work on specialized game play. If you have the basics please join us. Register for this program to guarantee a spot to play every week. A total of 18 spaces allotted. Each person can purchase up to 2 drop-ins per night (no phone-ins please). \$6/drop-in, space permitting.

Tue	7:15-9:45pm	Jul 4-Aug 1
Gym A/B	R.LeBlanc	\$25/5 sess
115133		\$6/drop-in

Salsa Fit

An invigorating and energizing cardio combining High/Low impact aerobics with a salsa flare - great music, lots of fun. Includes a muscular strength component and stretching. Please purchase drop-in tickets at pool office 39.40/10 tickets

Sat	10:00-11:00am	Jul 8-Aug 26
Gym C	D.Galay	\$4.75 /sess
115112		

ZUMBA® Fitness

This fitness class fuses Latin and International rhythms with easy to follow moves to create a dynamic workout system that will blow you away. Zumba® is a 'feel happy' workout that is great for both the body and the mind. Drop-ins welcome space permitting \$11. www.zumbavancouver.ca.

Mon	6:00-7:15pm	Jul 10-Aug 31
Gym C	Kathy Ann	\$32/4 sess
115113		
Wed	6:00-7:15pm	Jul 5-Aug 2
Gym C	D. Galay	\$40/5 sess
115120		

Yogaflex

This flowing yogaflex class will focus on core strength and how to get connected with it. The core work will be incorporated into yoga postures. Please visit www.clstevensfitness.com for more information. Please bring your own mats to this class. \$12/drop-in. No class July 2, Aug 6.

Sun	10:15-11:15am	Jun 18-Aug 20
CFEC	CLS Fitness	\$64/8 sess
115121		

Foods



Grandview Woodland Food Connection (GWFC) is dedicated to supporting a healthy food access

for all. In partnership with Britannia Community Centre, the GWFC is pleased to offer a range of community food programs. For more information visit www.gwfoodconnection.wordpress.com or call 604.718.5895

Kombucha 101: Fermenting Tasty Teas

Join Jennifer Lee in a hands-on workshop where you will learn to make Kombucha! (fizzy fermented black, green or olong tea). Our workshop will show you how to make the drink and the opportunity to taste Kombucha including guava, grape or lemon flavored. Bring a jar to take home your own piece of SCOBY! and start making your own Kombucha at home. Jennifer has been brewing Kombucha in her kitchen for the past year. She makes her own Ginger Beer, Water Kefir and sourdough!

Wed 6:00-8:00pm Aug 30
Pre-teen Centre \$15
116622

Sauerkraut Fermentation

Learn how to make great tasting sauerkraut. This easy to learn method is important in providing good health. Raw sauerkraut is packed with B vitamins, more nutrients and probiotics that are required for good digestion and a strong immune system. Come learn how to make this easy and affordable health food using resources you have around the house. Participants will bring their own cabbage and take away a bucket of kraut.

Wed 6:00-8:00pm Jul 19
Pre-teen Centre \$12
116618

Homemade Yogurt and Kefi Making

Yogurt and kefir are fermented dairy products packed with probiotics, beneficial bacteria required by our bodies for good digestion, a strong immune system, and all around great health. Scientific studies have found many health benefits associated with the regular consumption of these traditional foods. Come learn some of the health benefits of these foods, and how to make live and active culture yogurt and kefir at home with no special equipment. Bring two small jars to take away some starter culture.

Wed 6:00-8:00 Sep 6
Pre-teen Centre \$15
116626

GWFC Advisory Members and Volunteers Wanted

Are you interested in community food security and food access for all? Would you like to help shape Grandview Woodland Food Connection programming? We are seeking community members interested in joining our Advisory Committee. Commitment is minimal as we meet every two months and simply seek your advice and support. Other volunteer opportunities including cooking, school gardening, media, and communications. Call Ian if interested @ 604.718.5895

GWFC Bulk Buy Food Club

Interested in fresh, healthy, and affordable food at wholesale prices? You can save over 40% on your food bill. \$14 gets you 10-12 varieties of fruits and veggies. Pick up your box at Britannia Community Centre. Call to sign up: 604.718.5895

Canning Kits to Lend

The Grandview Woodland Food Connection has available canning kits available to lend to community members wanting to can at home. Kits include 21 quart canner, canning rack, jar lifter, funnel and lid lifter. Contact for info: 604.718.5895



GWFC Community Kitchen

Community kitchen participants come together every few weeks to cook and eat nutritious meals together. They provide a fun and supportive environment to meet new people and try new foods, while also saving money on groceries. Our kitchens are diabetic friendly. Child-minding provided. Free and designed for households who are struggling financially. Info: 604.718.5895

Nutrition Counseling Service

Nutrition counseling services by a certified holistic nutritionist will be available for under-served residents and open to all community members on a sliding scale basis. This service is aimed at helping you navigate the food choices available in our area and choose the foods that are best suited for your health, taking into consideration any health issues or goals you may have. Bonnie Chung is a registered holistic nutritionist with many years of experience working in the natural foods industry. Contact Bonnie Chung at 778.995.7299 or gorealnutrition@gmail.com to book an appointment. More info: <http://www.gorealnutrition.com/>

Appointments at Britannia Community Centre

Wild Salmon Caravan

Are you interested in helping to protect wild salmon? The Grandview Woodland Food Connection is a co-partner in the planning of the Wild Salmon Caravan. We are looking for interested artists and other community members interested in creating interactive performance, props, costumes, banners, etc. for this year's 3rd Annual Wild Salmon Caravan Oct 7-14. If interested, please call Ian at 604.718.5895.

Volunteer Program



Fun bike rides (19+)

NEW

Join other Britannia volunteers and community members for a fun bike ride in and around Vancouver. We will leave from Britannia and explore local favourite bike trails at a leisurely pace. Participants should be confident riding approximately 30 kilometers. Waivers and release forms need to be signed prior to the rides. We are also looking for volunteer ride leaders to assist and facilitate the event, if interested, please email: yao.zhang@vancouver.ca.

Sat 10am	Jul 8
Burnaby Lake	Free
115561	
Sat 10am	Aug 19
Lost Lagoon	Free
116601	

Why volunteer with us?

Britannia is like NO other community centre in the Lower Mainland – a unique integration of education, recreation, library and social services for the Grandview-Woodland and Strathcona Community.

For more information, please contact Yao at 604.718.5860 or by email at yao.zhang@vancouver.ca. Visit our website www.britanniacentre.org and download a copy of our Volunteer Application Form to get started.

55 + Older Active Adults

Free Intro Classes

Wed Jul 5, Registration required!

Ballroom Fit

Wed 11:15am-12:15pm Jul 5
CFEC Free
113819 G.Quon

Adaptive Yoga

FREE Introduction to Adaptive Yoga
Wed 12:45-1:45pm Jul 5
113818 Gary Quon

Gentle Yoga 55+

Wed 2:00-3:00pm Jul 5
CFEC Free
113820 G.Quon

Badminton - 55+

Badminton 55+ Mon/Wed fun easy play for seniors

Mo/We 11:20am-12:35pm Jul 5-Aug 30

GymC \$16/16 sess
113805

Tu/Th 11:20am-12:35pm Jul 4-Aug 31

Gym C \$16/16 sess
113806

Sat 2:00-4:00pm Jul 8-Aug 26

Gym A \$13/9 sess
113807

Ballroom Fit

Fun Fitness while learning the Cha-Cha, Rumba, East Coast Swing and the Hustle. Fun and easy. Drop in \$12

Wed 11:15am-12:30pm Jul 12-Aug 16

CFEC \$60/6 sess
113859 G.Quon

Carpet Bowling

Easy going, fun and social. Free Drop-In with Registration.

Tue 10:00am-12:15pm Jul 4-Aug 29

1739 Venables Free
113810

Computer and Internet Beginners

A quick and easy way to get comfortable on the computer. Small classes and friendly instruction makes this a must do. Walk through the steps needed to learn basic skills, important foundations and some simple tools to make your internet experience easy and fun! Due to high demand, participants may register for no more than two sessions per two seasons.

Mon 1:00-3:00pm Jul 10-Aug 21

55+Centre Free
113813 M.Ziebart

Chinese Folk Dance

Traditional Chinese Folk Dancing Lessons. Everyone Welcome Free with Registration.

Fri 10:00am-12:00pm Jul 7-Aug 25

CFEC Free
113811

Elders Drop-In. Ceremony, Wellness and Cultural sharing.

Tue 6:45-8:45pm Jun 13, 27,

Jul 11, 25
Free

55+ Centre
113816

Elders Healing Circle

Weekly Circle for Residential School survivors and other Elders. Enjoy Peer-Support, Sharing, Outings, Ceremonies, Skill-building and youth mentorship. (Journey Around the Circle Society and Britannia CSC)

Wed 12:15-3:45pm Jul 5-Aug 30

55+ Centre Free
113817

Gathering and Craft Drop-in

Summer Arts Program - Drop-in Crafts and Gathering. Collective Weaving Project - Blankets for homeless, Beading, Weaving, a quiet time to share and be together. Aboriginal Elders Mentorship

Thu 1:00-4:00pm Jul 6-Aug 31

CFEC Free
113815

Healthy Choices for Seniors

Weekly healthy living workshops in partnership with Evergreen. Join us for gardening and cooking workshops. Free with registration

Thu 1:00-3:00pm Jul 6-Aug 31

55+ Centre Free
113826



Knitting Social

Knitting and Crochet social for all ages. Free Drop-in with Registration.

Wed 1:00-3:30pm Jul 5-Aug 30

55+ Centre Free
113828

Line Dancing

Easy way to exercise. No experience needed just a willingness to relax and have fun.

Tue 1:00-3:00pm Jul 4-Aug 29

CFEC \$20/9 sess
113829

Vancouver Morris Men Dance

Enjoy various styles of English traditional "Morris Dance" and music. Intergenerational, all year round. If you have an interest, drop-in to register.

Tue 7:30-9:30pm Jul 4-Aug 29

Rink Mezz Free



55+ Book Club

Cozy afternoon discussion on 3rd Wednesday of each month. Pick up your book at Britannia Library Please Register 604.718.5800

Wed 2:45-4:45pm Jul 19-Aug 16

*New location:
Britannia Library
113802 VPL Librarian

Weaving Workshops

Seniors and Youth come together in the Britannia Carving Pavilion for cultural learning with weaving

Tue 1:00-4:00pm Jul 11, 18

Carving Pavilion Free
113809

Lunches

Lunch Drop-In

Noon Lunch drop-in Mondays and Fridays. No need to register ahead, friendly easy going social. Drop in for some social time and a full meal.

Mon Fri 12:00-2:00pm Jul 7- Aug 28

55+ Centre \$5/32 sess
113830 L.Astle

Pot Luck Lunch

End of summer social...bring a little something to share and we'll bring the entertainment. Please register

Thu 12:00-2:00pm Aug 31

55+ Centre Free
113833

55 + Older Active Adults

Fun Bike Ride - Burnaby Lake



Join other Britannia volunteers and community members for a fun bike ride in and around Vancouver.

Sat 10:00am-2:00pm Jul 8
115561 Team Joy - Free

Introduction to Fitness



Join us for a fitness program for ultra beginners. This program will provide an entry-level fitness opportunity for seniors who are unfit, with health issues, and are not ready to participate in existing fitness programs. This program will allow participants to transition into existing programs. If you have been shy about joining the gym or fitness classes, this is the program for you! We meet with our registered nurse after each class for a weekly health check-in. Due to high demand, we may limit the number of times participants can register for this program. Must complete medical screening prior to start of program. No class on Aug 11

Fri 10:00-11:30am Jul 7-Aug 25
Rink Mezz Free
113827 M.Ziebart

Osteofi

A gentle strength, balance and coordination program designed to improve fitness and promote healthy bones. This program focuses on improving individual functional ability and quality of life, and reducing the risk of falls and fractures. It is taught by specially trained Osteofit fitness instructor. Drop-in \$12 space permitting.

Mon 11:00am-12:00pm Jul 10-Aug 21
CFEC
113831 B Bahrami \$60/6 sess



So You Want To Dance

So You Want To Dance



Have you always wanted to be a dancer whether Ballet, Jazz, or maybe it was those "Radio City Rockets" you loved here's your opportunity to fulfill that dream. Join us on Thursdays, no experience needed maybe even preferred. Fun and Easy, social as well.

Thu 10:30am-12:20pm Jul 6-Aug 31
Mat Rm Free
113834 Hillary

Social Ballroom Dance



Social Ballroom Dance for 55+. Free with Registration.

Fri 2:00-4:00pm Jul 07-Aug 25
CFEC Free
113835

Spanish Classes Resume in the Fall



Latin American Men's Group

Latin American Men's Social sponsored by REACH Family Place

Sat 10:00am-1:00pm Jul 8-Aug 26
55+ Centre Free
113875

Latin American Womens Group (Mujeres en Accion)



(Mujeres en Accion): Opportunity to network with other women in a friendly, informal setting; discussion of integration and health issues in Spanish, emphasis on self care and stress reduction. Contact and registration: Stella Castillo c/o pdabiri@reachcentre.bc.ca sponsored by REACH Family Place

Wed 4:00-6:00pm Jul 5-Aug 30
55+ Centre Free
113876 Stella

Tertulias - Latin Men's Group



Opportunity for Latin American professional/technical men to meet and work together to eliminate barriers to their successful adaptation to Canadian society

Fri 5:00-8:00pm Jul 7-Aug 25
55+ Centre Free
113874

Sunday Night Movie Series



The Britannia Great Movies Series happens Sunday Evening 6:00-9:00pm in the 55+ Centre and welcomes all ages. Check our line-up at britanniacentre.org
RETURNING IN THE FALL

Seniors Week



June 2-June 15

Arts and Health Exhibition

May 29-June 3, 2017
Exhibition Hall, Roundhouse Community Centre, 181 Roundhouse Mews (at the corner of Pacific and Davie).
Gala Showcase & Lunch:
Sat 10:00am-3:00pm Jun 3
Free admission!
*Additional \$12 lunch tickets are available by calling the Roundhouse: 604.713.1800 (Lunch 12-1pm)

Seniors and Youth Gathering

Tue 4:00-7:00pm Jun 6
55+ Centre

Seniors Lunch and Social

"Healing places Healing Circles Elders and Seniors action in Reconciliation. Cedar Weaving, Drum Making, Regalia, Beading
Britannia Art Gallery Jun 7-29

Showcase Reception with opening welcome and introduction

This collaborative, inclusive work happens at the Britannia 55+ Centre and is open to many through the Elders Arts and Health Project- VPB (Teacher and Lead Artist - Todd Devries), Journeys around the Circle - Circles of Wellbeing-REACH (Facilitator - John Sakamoto-Kramer), Power of Women (DTES) (Linda Sorge, Grandma Harris)

Wed 6:30-8:30pm Jun 7
Britannia Library

World Elder Abuse Awareness Day

Thu Jun 15

Things to watch for...

Aboriginal Day: Wed Jun 21
55+ Centre and Trout Lake

Canada 150+: Sat Jul 1
Grandview Park

Musquem Tour: Thu Jul 13
Stanley Park Nature Immersion & Cultural History

Summer Tours

*Bus Tour Participant Pick-up outside the Pool

Salt Spring Island's Best

Sightsee and taste the best Salt Spring has to offer. A mix of nature, creativity and fresh food. We hand picked 3 of the best Sacred Mountain Lavender, Salt Spring Island Cheese Co and the Salt Spring Island Bread Co.. A guided tour of Salt Spring Island Cheese Company including a generous tasting room for local chevre and olive samples. Browse the funky shops in Fulford Village where lunch is available for purchase at Salt Spring Island Mercantile, Morningside Bakery or Rock Salt Cafe. Please Note: Additional \$20 ferry fee applies to those under the age of 65 and to non BC residents.

Thu 7:30am-6:45pm Jul 20
 Enjoy Tour And Travel
 113812 \$129
 Activity Level; Easy

Hell's Gate + Bridal Falls + Othello Tunnels

The Fraser Canyon is filled with natural scenic beauty highlighted by Hell's Gate scenic Tram Ride and suspension bridge. Continue on a 25 minute walk at Bridal Veil Falls that cascades down the rocks create a "veil like" effect and Finish at Coquihalla Canyon Provincial Park for a leisurely escorted walk through Othello Tunnels displaying great history, scenery and offering some of British Columbia's most beautiful landscapes. This tour includes bottled water, lunch Hell's Gate and afternoon snacks at Othello Tunnels.

Thu 7:15am-7:45pm Aug 24
 Enjoy Tour and Travel
 116406 \$119
 Activity Level: Moderate



Vietnamese Programs



The program provides settlement services, educational and informative workshops about federal and provincial programs for Vietnamese seniors. It also raises the awareness of issues impacting seniors as well as providing advocacy, information about legal, safety, and support resources available to seniors.

Chương Trình Cao Niên Việt Nam

Cung cấp miễn phí tất cả các dịch vụ hỗ trợ cho cao niên Việt Nam về những chương trình trợ cấp của chính phủ liên bang và tỉnh bang. Bao gồm tiền giả (OAS) tiền phụ cấp (GIS), nhà cửa (BC Housing), phụ cấp tiền nhà cho cao niên (SAFER), thẻ xe bus (Bus Pass), thẻ bơi (OneCard).

Chương trình cao niên Việt Nam họp mặt vào mỗi ngày thứ ba hằng tuần từ 9:00 sáng đến 3:00 giờ chiều tại Nhà Cao Niên của Trung Tâm Britannia. Chương trình tạo điều kiện cho các cao niên Việt Nam gặp gỡ chia sẻ và hỗ trợ tinh thần, tham dự những buổi nói chuyện phổ biến những thông tin mới về quyền lợi và sức khỏe dành cho cao niên; tổ chức các chương trình vui chơi, du ngoạn...

Để biết thêm chi tiết, xin gọi Luong Ho 604.718.5818.

Facility Rentals

At Britannia our mission is to foster active community building, collaboration, co-creation, grass roots education and involvement to contribute to quality of life for individuals and neighbourhoods. We recognize that programs do not always meet communities needs and sometimes people just need space to host their own event. From space for sporting events to birthday parties we have a great selection.

Pool Rentals

Contact Mawi at 604.718.5830 or email mawi.bagon@vancouver.ca

Rink Rentals

Go to vancouver.ca/parks-recreation-culture/rink-rentals or contact Susy at 604.718.5836 or email susy.bando@vancouver.ca

Gym/Room Rentals

Contact the Facility Support Clerks for rates and availability. Contact Paul or Wally at 604.718.5812 or email paul.morton@vancouver.ca or wally.tarrant@vancouver.ca



1739 Venables – The Hall

We have been hosting programs in the space and renting the space out for community groups for four years. Our mission is to foster active community building, collaboration, co-creation, grass roots education and involvement to contribute to quality of life for individuals and the neighbourhood. We are confident that there will be great opportunities for our community over the next few years. Contact Helen at 604.257.3087 or email helen.spaxman@vancouver.ca

Fitness Centre



Facility Orientations

Let us help you reach your fitness goals. Whether you need instruction, motivation, or support; our highly trained staff are here to help you succeed. Enlist one of our staff to get you started in the Fitness Centre with an orientation to our fitness equipment and a starter fitness program. Please call ahead to make an appointment for a fitness orientation. 604.718.5842.

30 Minute HIIT

Get a high intensity interval training workout on your lunch hour, with time to spare. In-person registration only, at noon. 5 participants max.

Wed 12:15-12:45pm Jul 5-Aug 30
FC B. Wong Drop in fee

Hours of Operation

Monday to Friday	6:30am-9:55pm
Adults 55+ ONLY Friday	9:00-10:00am
Saturday	12:00-7:55pm
WOMEN ONLY Saturday	9:00am-12:00pm
Sunday	10:00am-7:55pm

Free with Britannia Membership

Tuesdays & Fridays 10:00am-12:00pm

Statutory Holiday Hours

Jul 1	Canada Day	1:00-5:00pm
Aug 7	BC Day	1:00-5:00pm
Sep 4	Labour Day	1:00-5:00pm

Flexipass Membership

Enjoy flexible and a fordable recreation with the PB no-contract all-access pass. Purchase a monthly Flexipass at any Park Board fitness centre and receive unlimited access to 15 fitness centres, 9 indoor pools, 4 outdoor pools and 8 ice rinks. For more information and locations visit vancouverparks.ca.

Outside Trainers

This type of special admission is for personal trainers, occupational recreational therapists, physiotherapists. Both trainer and & client must pay for admission to the Fitness Centre. A training fee of \$6.30 per client also applies.

Supporting a participant? Attendants get free access.

The Fitness Centre and Pool give free access to attendants required to assist persons with disabilities needing support to swim or exercise in the fitness centre. Support is defined as assistance of a physical, psychological, emotional, intellectual, or sensory nature to ensure that the patron with the disability is able to participate.

Weight Training for Women - Beginner

Learn the safe and effective components of a weight training workout and develop a fitness program suited to your personal needs and goals. Britannia membership and pre-registration required.

Sat 10:00-11:30am Jul 8-Jul 29
FC V.Henderson \$35/4 sessions
115270

Weight Training for Women - Intermediate

For those who would like to build on skills learned in the introductory course or build on their current training program. Our instructor will guide you through alternative workout techniques to ensure continued progress toward your goals. New and more challenging exercises will make the most of your workout time and keep you motivated. Britannia membership and pre-registration required.

Sat 10:00-11:30am Aug 5-Aug 26
FC V.Henderson \$35/4 sessions
115272

Pool and Fitness Centre Fees 2017

	Drop-In	10 Visit Pass	1 Month Flexipass	3 Month Flexipass	12 Month Flexipass	Britannia Membership
Adult (19-54)	\$5.98	\$47.79	\$46.18	\$122.45	\$390.32	\$3.00
Youth (13-18)	\$4.27	\$34.19	\$32.33	\$85.73	\$273.21	\$1.00
Child (6-12)	\$3.01	\$24.09	\$23.09	\$61.65	\$195.16	\$1.00
Senior (65+)	\$4.27	\$34.19	\$32.33	\$85.73	\$273.21	\$1.00
Britannia-Only Senior (55+)	\$4.27	\$34.19	\$32.33	\$85.73	\$273.21	\$1.00

Family Drop-in Rate = 1 to 2 adults of the same household and their children under 19 years of age. Minimum \$6.20 admission.

Leisure Access Fitness Centre Admission Rate is 50% off adult admission and flexipass

Aquatics

General Information

The 25 metre main pool features a one metre diving board, slide and rope swing. Relax in the on-deck whirlpool, steam room, or in the sauna in the change room. For those with young children, we also have a warm, shallow Leisure Pool which is equipped with a variety of spray pool features.

Pool Cashier Office 604.718.5831
 Recreation Programmer 604.718.5830
 *Pool office closes 30 minutes before the pool.

Statutory Holiday Hours

July 1 Canada Day 1:00-5:00pm
 Jul 3 Stat Day 1:00-5:00pm
 Aug 7 BC Day 1:00-5:00pm

Admission Policy for Children

Children under eight years of age, and/or four feet in height, must be accompanied in the water by a responsible person who is 16 years or older and be within arm's reach.

Birthday Parties

Book the parent and tot pool for your birthday party! Maximum of 30 people per party. Register online, in person or by phone 604.718.5831. You may also arrange to rent a party room through the Community Centre's Facility Support Clerk at 604.718.5812.

Sat 1:00-2:00pm \$66.75
 (includes lifeguard fee)


Britannia Masters Swim Club

A competitive swimming-style workout for lap swimmers, triathletes, masters and open water swimmers, who want to take their swimming to the next level. Your coach knows a lot about swimming! Susie grew up as an age group swimmer, was a nationally ranked senior, swam at the varsity level and competed at Canadian Nationals, CIAU Nationals and Canadian Olympic Trials. Registration is required as the program is limited to 15 swimmers max.

Fri 6:30-7:30am Jul 7-Aug 25
 115646 \$55/season

Aqua Zumba

For those looking to make a splash by adding a low-impact, high-energy aquatic exercise to their fitness routine, join the pool party on Thursday nights! Free trial session Jul 6. \$10 drop-in.

Thu 8:00-9:00pm Jul 6 
 115632 Free
 Thu 8:00-9:00pm Jul 13-Aug 31
 115631 \$56/8 sess



July 2-August 31, 2017 - During some public swim sessions only part of the pool is available. The pool may be shared with aquafit lessons, day camps or swim club. Schedule is subject to change without notice. The parent and tot pool is not open to the public during lessons

Mon	Tue	Wed	Thu	Fri	Sat	Sun
Lengths Swim 6:30-8:55am					Lessons & Lengths (1 lane only) 9:00am-12:55pm	Lengths 10:00-10:55am
Public Swim 9:00-11:25am						Parent & Tot 10:00-10:55am
Range of Motion (ROM) 10:00-10:45am	Aquafi 10:00-10:45am	Range of Motion (ROM) 10:00-10:45am	Aquafi 10:00-10:45am	Range of Motion (ROM) 10:00-10:45am	Special Olympics 1:00-1:55pm (main pool closed)	Lessons & Lengths (1 lane only) 11:00am-2:25pm
Lengths Swim 11:30am-12:55pm					Public Swim 2:00-4:55pm	Public Swim 2:30-4:55pm
Public Swim 1:00pm-2:55pm						
Lessons & Lengths (1 lane only) 3:00-5:25pm	FREE Public Swim 3:00-4:55pm	Lessons & Lengths (1 lane only) 3:00-5:25pm	FREE Public Swim 3:00-4:55pm	Lessons & Lengths (1 lane only) 3:00-5:25pm		
Lengths 5:30-6:25pm	Lengths 5:00-6:25pm	Lengths 5:30-6:25pm	Lengths 5:00-6:25pm	Lengths 5:30-6:25pm	Lengths 5:00-6:25pm	
Public Swim 6:30-7:55pm					Public Swim 6:30-7:55pm	
Lengths (1 lane only) 8:00-9:00pm	Lengths (1 lane only) 8:00-9:00pm	Lengths (1 lane only) 8:00-9:00pm	Lengths (1 lane only) 8:00-9:00pm	Public Swim 8:00-9:55pm	Schedule is subject to change without notice. *The parent & tot pool is not open to the public during lengths or lessons.	
Aquafi 8:00-9:00pm	Aquafi – Dee Water 8:00-9:00pm	Aquafi 8:00-9:00pm	Aqua Zumba 8:00-9:00pm	YOUTH ONLY 11-18yrs FREE Swim 1 st Friday of month 8:00-9:55pm		
Adult Lessons 8:00-8:40pm	Adult Lessons 8:00-8:40pm	Adult Lessons 8:00-8:40pm	Adult Lessons 8:00-8:40pm	Jul 7, Aug 4 (no lanes, whirlpool, or steam room available)		
Lengths (2 lanes) 9:00-9:55pm	Lengths (2lanes) 9:00-9:55pm	Lengths (2 lanes) 9:00-9:55pm	Lengths (2 lanes) 9:00-9:55pm			

Britannia Swim Club (8-18yrs)

Join our non-competitive swim club team. We focus on stroke development, endurance and drills. We also practice dives and flip turns to encourage a full swim club experience. Prerequisite: Swimmers must be at Swim Kids Level 5 or higher. Stroke evaluation is available. Register for one or both days.

Tue	6:30-7:45pm	Jul 4-Aug 29
115650		
Thu	6:30-7:45pm	Jul 6-Aug 31
115649		
One day/week		\$55/season
Two days/week		\$85/season

Britannia Lifeguard Club (8-12yrs)

A fun club designed for Britannia area youth who would like to improve their swimming, develop lifesaving skills and learn basic first aid. The course is designed as a starting point for youth who would like to develop their swimming abilities and learn about safety in and around the water. Please apply at the pool.

Sat	5:00-6:00pm	Jul 8-Aug 26
115647		\$50/season

Britannia Rec Stars (13-18yrs)

This program is intended to help Britannia area youth who are interested in swimming to further their skills and abilities through advanced swimming and advanced lifesaving courses. Please apply at the pool.

Fri	Adv swimming	3:30-4:15pm
		Jul 7-Aug 25
Fri	Adv lifesaving	4:15-5:00pm
		Jul 7-Aug 25
115648		\$60/season

Bronze Medallion (13+yrs)

Teaches an understanding of the lifesaving principles embodied in the four components of water rescue education: judgment, knowledge, skill and fitness. Candidates develop stroke efficiency and endurance in timed swims (500 metres). Includes CPR-A. Prerequisite: 13 years of age and up or have completed Bronze Star; ability to swim 100 metres in deep water and ability to swim 500m in 15 minutes or less. The Canadian Lifesaving Manual is required. It can be purchased at the front desk for \$36.

Sun	10:00am-2:00pm	Jul 9-Aug 6
115651		\$171/5 sess

Canadian Swim Patrol (8-12yrs)

Provides training for those who are ready to go beyond learn-to-swim and want to learn basic lifesaving skills. Each level of the Canadian Swim Patrol program has three modules: Water proficiency, First Aid, and Recognition & Rescue. Prerequisite: Ability to swim in deep water, swim 25 metres and tread water for 1 minute.

Sun	2:30-3:30pm	Jul 9-Aug 27
115652		\$66/11 sess

Teen or Adult Basics 1 (13+yrs)

Learn front and back float, front and back glide with kick, front swim for 10 metres, shallow water entries and exits, and deep-water activities (assisted). No previous swimming experience required. No class Aug 7.

Mon	6:30-7:10pm	Jul 10-Aug 28
115759		\$73.50/7 sess
Mon	8:00-8:40pm	Jul 10-Aug 28
115758		\$73.50/7 sess

Teen or Adult Basics 2 (13+yrs)

Learn back swim with shoulder roll, front and back crawl (15m), sitting dive, kneeling dive, stride dive and front dive, treading water, and swim a minimum distance of 25 metres. Prerequisite: Some swimming experience and can perform front swim 10 metres comfortably.

Wed	6:30-7:10pm	Jul 5-Aug 30
115761		\$93.46/9 sess
Wed	8:00-8:40pm	Jul 5-Aug 30
115760		\$93.46/9 sess

Teen or Adult Strokes 3 (13+yrs)

Swimmers choose the stroke(s) they wish to focus on. This is a participation-based program with individual goals. Prerequisite: Able to swim front crawl at least 15 metres continuously, back crawl 15 metres and is comfortable swimming in deep water.

Tue	8:00-8:40pm	Jul 4-Aug 29
115763		\$93.46/9 sess

Teen or Adult Fitness (13+yrs)

Improve conditioning and training, using adaptable swim workouts to train participants. Participants must be comfortable swimming 50 metres continuously.

Thu	8:00-8:40pm	Jul 6-Aug 31
115762		\$93.46/9 sess

Swim Lesson Fees 2017	7 lessons	8 lessons	9 lessons
Parent & Tot (30 min. parented)	\$49.14	\$55.64	\$62.14
Preschool (30 minutes)	\$49.14	\$55.64	\$62.14
Swim Kids 1-4 (30 minutes)	\$43.68	\$49.40	\$55.12
Swim Kids 5-10 (40 minutes)	\$49.14	\$55.64	\$62.14

Parent & Tot and Children's Summer Swim Lesson Sets			
Mon – Starfish/Duc	9:00-9:30am	Jul 10-Aug 28	7 lessons
Tue – Sea Otter	9:00-9:30am	Jul 4-Aug 29	9 lessons
Wed – Starfish/Duc	9:00-9:30am	Jul 5-Aug 30	9 lessons
Thu – Salamander	9:00-9:30am	Jul 6-Aug 31	9 lessons
Fri – Sea Otter	9:00-9:30am	Jul 7-Aug 25	8 lessons
Mon & Wed – Set 1	3:45-7:00pm	Jul 5-31	8 lessons
Mon & Wed – Set 2	3:45-7:00pm	Aug 2-30	8 lessons
Fri	3:45-7:00pm	Jul 7-Aug 25	8 lessons
Sat	9:00am-1:00pm	Jul 8-Aug 26	8 lessons
Sun	11:00am-2:30pm	Jul 9-Aug 27	8 lessons

Swim Assessments

If you are unsure of which level to register in, we offer FREE swim assessments during our public swims. If your child is under eight years of age, we require a parent/guardian to be in the water during the assessment.

Ice Rink

Rink Rentals

You can rent Britannia ice rink for your team, group, or school. View Britannia ice availability and request an ice booking online at <http://vancouver.ca/parks-recreation-culture/rink-rentals.aspx>



Birthday Parties

There are two options for having your skating party at Britannia this summer. If you are interested in renting the ice for a children's birthday party, the cost is \$158.19/hr, (plus staff costs if you require skate rentals). A party room is included when you rent the ice rink. OR: If you are interested in arranging your birthday party at the rink during a public skating session, the Rink Activity room is available to rent for \$18/hr. For more information, or to book an ice time, view the rink rental page at <http://vancouver.ca/parks-recreation-culture/rink-rentals.aspx> To book the Rink Activity Room, please call 604.718.5812.

Get involved and join a Committee!



The Arena Committee meets the 1st Tuesday of every month at 6:00pm in the Rink Activity room. There are no meetings in July and August.

Summer Learn to Skate Lessons

Registration for summer skating lessons will begin online, phone-in and in-person at the Information Centre on Wednesday June 28th at 9:00am. If you are unsure of which level to register in, have an on-ice evaluation completed during any Vancouver public skating session. If the lesson you want to register in is full, please put your name on the waiting list. Additional classes are scheduled whenever possible. Please note that skate lessons fill up quickl , so register early.

- If you are registering in a level other than Level 1, you MUST have accomplished all the skills for the previous level. Please bring your report card on the first day of class.
- For a free assessment, attend a public skating session and ask a skate patroller for an on-ice evaluation.
- For Britannia Learn to Skate lessons, skate rentals are included in the cost of lessons.
- All skating lesson participants must wear a CSA-certified hockey helmet or a snowboarding helmet. In accordance with new safety measures, cycling helmets are no longer permitted. A limited number of hockey helmets are available to use free of charge for lesson registrants.

Learn to Skate Lessons

These popular lessons focus on skating skill acquisition through activities and games. Our energetic instructors will teach you to skate with safety in mind. We have classes for preschoolers, children, youth and adults. All lessons are 30 minutes and are led by qualified instructors. Skate rental is included in your lesson fee as well as practice time before or after the lesson. This program fills up fast, so register early to ensure a spot

Sat 10:00am-12:30pm Jul 8- Aug 26 \$48/ 8 sess

Preschool Program Levels (3-5yrs)

Level 1 - no previous skating experience; may have trouble standing on the ice in skates

Level 2 - can stand up on ice in skates unassisted; can walk on the ice in skates

Level 3 - can skate across the ice and glide on two feet

Level 4 - can scull forwards and stop without assistance

Level 5+ - can glide on one foot forwards and skate backwards

Children, Youth and Adult Program Levels

Level 1 - has limited or no experience; has little confidenc on the ice

Level 2 - can skate across the width of the rink without assistance

Level 3 - can glide on one foot, forward scull with both feet & snow plow stop with both feet

Level 4 - can skate backwards, scull backwards with both feet & scull forwards with one foot

Level 5 - can glide backwards on both feet, do a hockey stop, and forward circle thrust

Level 6 - can do forward crossovers, backward circle thrusts, backward stops, can use outside edges

Private Skate Lessons

Learn one on one with one of Britannia's skating instructors. Perfect for someone looking for a little extra attention or if you just want to brush up on a single skill or two. Private lessons are available on Saturday mornings and Tuesday evenings during the Learn to Skate lesson times.

Upcoming Fall Programs

VACHL

The 15th season of VACHL has come to an end and we would like to thank the players who continue to support the league and the staff who are dedicated to making this one of the most popular programs in the City. We welcome your feedback and any comments can be sent to vachl@vancouver.ca. Vancouver Adult Co-ed Hockey League will begin in early-September. Registration has begun for the 17-18 VACHL season. To find out more about VACHL and how to register, go to www.vachl.ca

2017 Fall Learn to Skate Lessons

Fall skating lessons will begin on Sep 16. Fall registration for Learn to Skate starts online and in-person on Wed Aug 23.

Hockey Programs

Adult Off-season C&D

Off-season Conditioning and Development will get you ready to start your hockey season off with extra jump in your step. These sessions are designed to increase your endurance to maximize your intensity in every shift you play. Improved skating technique will make you a better player. Each session will focus on power skating using drills with and without the puck.

Sun 4:45-5:45pm Jul 9-Aug 27
117294 \$120/8 sess

Adult Evening Hockey

Full gear is mandatory for this supervised non-contact hockey for adults 19 years and older. Space is limited to 26 players and 2 goalies. Up to 20 spaces are available for registered monthly participants; the remaining spots are available on a first come, first-served basis. Sign-up for the Thursday session starts at 9:30pm at the rink. On Sundays, there are limited drop-in spaces (5-7). Please register and pay the program supervisor in the rink starting at 7:45 pm.

Thu 11:15pm-12:45am Jul 6-Aug 31
All Levels \$10.00/drop-in*
Sun 9:30-11:00pm Jul 2-Aug 27
Intermediate players
\$15.00/drop-in or \$50/month*

*Strip tickets are not valid during these sessions.

Women's Hockey

This pick up hockey program is perfect for women who want to improve their hockey skills in a safe and inclusive environment. Encourage and be encouraged while continuing with your own hockey development. Full hockey equipment is mandatory. Program participants must sign in each week with the pool cashier. Limited drop-in spaces may be available at \$5.86/drop-in. Drop-in participants must pay at the pool cashier starting at 5:00pm on the day of the session. All participants must sign a waiver each week at the pool before going on to the ice.

Sun 6:00-7:15pm Jul 2-Jul 23
112952 \$19.05/ 4 sess
Sun 6:00-7:15pm Jul 30-Aug 20
117296 \$19.05/ 4 sess

Adult Stick and Puck

Come out during the noon hour and practice your hockey skills on the best ice in Vancouver. Sorry no scrimmage during this program. Helmets are mandatory during this session, full hockey gear is recommended. Pay at the pool cashier starting 30 minutes prior to the session.

Wed 3:30-5:00pm Jul 5-Aug 30
\$5.98/drop-in
Fri 12:00-1:30pm Jul 7-Aug 25
\$5.98/drop-in

Family Cosom Hockey

(3-12yrs with Adult/s)

This program is perfect for families who want to play casual hockey together. Whether you want to just pass around the puck or get involved in a friendly shinny, this family activity is sure to be a hit with the kids. Helmets are mandatory for all participants and available free of charge at the rink.

Sun 12:15-1:30pm Jul 2-Sept 3
Regular public admission rates apply



Power Skating for Children & Youth

Improve your overall hockey game by focussing on specific skating skills. This program is designed to give skaters a good skating foundation and work towards developing hockey skating skills. Participants for power skating must be able to perform forward crossovers, backward circle thrusts, backward stops, can use outside edges to enroll. Skate rentals are included in the cost of lessons. Registration begins Jun 28 at 9:00am

Sun 3:30-4:30pm Jul 9-Aug 27
\$80/8 sess

Ice Rink Skating Schedule

July 1- August 31, 2017

Schedule subject to change without notice.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				Adult Stick & Puck 12:00-1:30pm	Public Skate 12:45-2:15pm (no sess Jul 1)	Family Fun Hockey 12:15-1:30pm
		Adult Stick & Puck 3:30-5:00pm				Public Skate 1:45-3:15pm Women's Drop-In Hockey 6:00-7:30pm
		Adult Skate 8:45-10:15pm	*Adult Co-ed Hockey 11:00pm- 12:30am			*Adult Co-ed Hockey 9:30-11:00pm

- Helmets are strongly recommended for all public sessions. Helmets are mandatory for all participants of Family Fun Hockey.
- Adult Hockey programs require full equipment. Participants must sign a waiver at the beginning of each session.
- * Sign up for these sessions occurs at the ice rink 1.5 hours before the start of the session. Passes are not valid during these times. There are no goalie drop-in spaces available. Limited drop-in spots are available.



1655 William St,
604.255.9841
Email: info@
eastsidefamilyplace.org
www.eastsidefamilyplace.org or Facebook



Vancouver Public Library



Kickstand is a volunteer-run community bike shop that strives to make cycling more accessible by providing a do-it-yourself workshop space.

- Fix your bike with the support of our mechanics, regardless of your skill level
- Use our tools
- Buy a refurbished bike
- Buy new and used parts
- Donate your old bike or parts
- Support the community by volunteering

Family Drop-In Hours:

M/W/F 9:00-12:00pm
T/T 9:00-2:30pm (closed 12-1:00)
Fee: \$3 per visit per family.
Closed: May 22, Jul 1, Aug 7

Licensed Occasional Childcare (M-F 9:00-11:45am)

Spaces are limited & must be booked in advance: 604.251.1018.

Members please join us at our AGM featuring family entertainment and pizza on Monday Jun 19, 12:00-1:00 p.m.

Little Sprouts

Parents/caregivers and their preschool-aged children will dig in at our garden plot at Britannia, planting, growing, harvesting. \$3/sess. Includes outings e.g. bee keeping, & backyard chickens.
Tue 10:00-11:30am (summer mths)

Kids in the Kitchen,

Preschoolers (3-5) join us in the kitchen to make a yummy snack together. \$3/sess
Tue 1:00-2:15pm (summer mths)

Garden Party Fundraiser!

Thu Jul 6. Join us with our partners, Grandview-Woodland Food Connection and Britannia Secondary, for our annual school garden fundraiser. This year's will be in the evening at Britannia oval. Featuring a delicious dinner, entertainment and children's activities. This is an important fundraiser supporting our gardening programs, and we hope you and your children will attend. Tickets will be available through Britannia Community Centre.

Join or support our Team @ Scotiabank Charity Challenge Fundraiser. Sunday, June 25th in Stanley Park. Ask us for more details on how you can help.

Summer Students Enhancement Program

Two university students lead a variety of fun and educational activities for families in July and August, including local outings, field trips, and lots of outdoor play.

Birthday Parties

Details: info@eastsidefamilyplace.org

Library Hours (except holidays)

Canada Day - Jul 1
B.C. Day - Aug 7
Labour Day - Sep 4

Mon 9:00am-6:00pm
Tue/Wed 9:00am-9:00pm
Thu/Fri 9:00am-6:00pm
Sat 9:00am-6:00pm
Sun 1:00-5:00pm

Babytime (0-18mo)

Tue 11-11:30am Jul 4-Aug 22

Family Storytime (18mo-5yrs)

Wed 11-11:30am Jul 5-Aug 23

Summer Reading Club: Walk on the Wild Side

(for elementary school aged children)

Please contact the library for program descriptions

Wed 1-2pm Jul 5-Aug 23

55 and Up Book Club

Wed 2:45-4:00pm 3rd Wed/mo (55+ centre)

1-To-1 Computer Training

Tue/Wed 2:00-3:00pm or 3:00-4:00pm

Pandora's Collective

Book Talks

booktalks@pandoracollective.com.

Wed 6:30-8:30pm 4th Wed/mo

SFU Writer's Studio

Consultations

1st Tue/mo(not in August)
Register for 4:00, 5:00 or 6:00pm,
Call Central

Word Whips Writing Series

www.pandorascollective.com
Tue 6:30-8:30 pm 3rd Tue/mo

Shop Rates & Hours

Sliding scale from \$5-\$15
Mon/Wed/Fri 5-9pm, Sun 1-5pm

Women, Gender Queer & Trans Night:

2nd & 4th Tue/month
6:30-8:30pm



Eastvankickstand.org
1739 Venables. Basement entrance on Commercial Drive.

How to Buy a Bicycle on Craigslist



This course is designed to introduce the participants on how best to purchase a bicycle from Craigslist or Kijiji. We will help you determine what type of bicycle is best suited for your own personal needs. We will also discuss subjects such as bike usability and safety. The sessions will take place at Kickstand.

Sun 116602	12:00pm D.Bartlet	Jul 2	Free	
Sun 116603	12:00pm D.Bartlett	Jul 23	Free	
Sun 116604	12:00pm D.Bartlett	Aug 13	Free	