

Aquatic Schedule: January 2-March 17, 2019

| Mon | Tue | Wed | Thu | Fri | Sat | Sun |
|---|--|---|--|--|---|--|
| Lengths Swim 6:30-8:55am | | | | | Lessons & Lengths (1 lane only) 9:00am-12:55pm | Lengths 10:00-10:55am Parent & Tot Swim 10:00-10:55am |
| Public Swim (TOT POOL OPEN) 9:00-11:25am *School lessons 9:00-10:00am (as scheduled) | | | | | | |
| Range of Motion (ROM) 10:00-10:45am | Aquafit 10:00-10:45am | Range of Motion (ROM) 10:00-10:45am | Aquafit 10:00-10:45am | Range of Motion (ROM) 10:00-10:45am | | |
| Lengths 11:30am-12:55pm | | | | | Special Olympics 1:00-1:55pm (main pool closed) | Lessons & Lengths (1 lane only) 11:00am-2:25pm |
| Public Swim (TOT POOL OPEN) 1:00-2:55am *School lessons 1:00-3:00pm (as scheduled) | | | | | | |
| Lessons & Lengths (1 lane only) 3:00-5:25pm | *FREE* Public Swim (TOT POOL OPEN) 3:00-4:55pm | Lessons & Lengths (1 lane only) 3:00-5:25pm | *Free* Public Swim (TOT POOL OPEN) 3:00-4:55pm | Lessons & Lengths (1 lane only) 3:00-5:25pm | Public Swim (TOT POOL OPEN) 2:00-4:55pm Inflatable Fun Jan 5, Feb 2 Mar 2 | Public Swim (TOT POOL OPEN) 2:30-4:55pm |
| Lengths 5:00-6:25pm | | | | | Lengths 5:00-6:25pm | |
| Public Swim (TOT POOL OPEN) 6:30-7:55pm | | | | | Public Swim (TOT POOL OPEN) 6:30-7:55pm | |
| Lengths (1 lane) 8:00-9:00pm Adult Lessons 8:00-8:40pm Aquafit 8:00-9:00pm Lengths (2 lanes) 9:00-9:55pm | Lengths (1 lane) 8:00-9:00pm Adult Lessons 8:00-8:40pm Aquafit – Deep Water 8:00-9:00pm Lengths (2 lanes) 9:00-9:55pm | Lengths (1 lane) 8:00-9:00pm Adult Lessons 8:00-8:40pm Aquafit 8:00-9:00pm Lengths (2 lanes) 9:00-9:55pm | Lengths (1 lane) 8:00-9:00pm Adult Lessons 8:00-8:40pm Aquafit – Deep Water 8:00-9:00pm Lengths (2 lanes) 9:00-9:55pm | Public Swim (TOT POOL OPEN) 8:00-9:55pm Youth Only Free Swim (11-18yrs) 8:00-9:55pm First Friday of each month: Jan 4 / Feb 1 / Mar 1 (no lanes, whirlpool or steam room available) | Schedule is subject to change without notice. *The parent & tot pool is not open to the public during lengths or lessons. Inflatable Fun Water inflatable obstacle course, portions of the pool are reserved Jan 5, Feb 2, Mar 2 | |

***** The parent and tot pool is open only during the public Swim. *****

Fitness Centre Schedule: January 2-March 31, 2019

For Holiday Hours, see Pool Schedule

| Mon | Tues | Wed | Thurs | Fri | Sat | Sun |
|---|-----------------|-----------------|-----------------|---|--|--|
| 6:30am – 9:55pm | 6:30am – 9:55pm | 6:30am – 9:55pm | 6:30am – 9:55pm | 6:30am – 9:55pm Seniors Only 9:00-10:00am | Women's Only 9:00-12:00pm 12:00pm – 7:55pm | TGD2S Only 8:00-10:00am 10:00am - 7:55pm |
| Free Sessions with Britannia Membership – Tuesday & Friday 10:00am - 12:00pm | | | | | | |

Arena Schedule: January 8-April 1, 2019

| Mon | Tues | Wed | Thurs | Fri | Sat | Sun |
|--|--|--|---|---|--|--|
| Women's Learn to Play Hockey 3:15-4:45pm | Learn to Skate Lessons 6:00-8:00pm | Adult Stick & Puck 3:15-4:45pm | Parent & Tot FREE Skate 11:00-11:45am | Adult Stick & Puck 12:00pm – 1:30pm | Learn to Skate Lessons 10:00am-1:15pm <i>No sess Mar 16</i> | Women's Hockey 10:45-12:00am |
| | | | Youth FREE Skate 3:15-4:30pm | Adult & Senior FREE Skate 1:45-3:00pm | | *Family Fun Hockey 12:00-1:30pm <i>No sess Mar 17</i> |
| Skate Rentals \$3.23 | Adult Skate 8:15-9:30pm | | | Children FREE Skate 3:15-4:30pm | Public Skate 1:30 – 3:00pm <i>No sess Mar 16</i> | Power Skating Lessons 3:30-4:30pm <i>No sess Mar 17</i> |
| Skate Sharpening \$6.64 | | | *Adult Co-ed Hockey 11:15pm-12:45am | Public Skate 7:45 – 9:15pm <i>No sess Jan 11</i> | | Public Skate 1:45-3:15pm <i>No sess Mar 17</i> |

* Helmets are strongly recommended for all public sessions. Helmets are mandatory for all participants of Family Fun Hockey. Adult Hockey Programs require full equipment. Participants must sign waiver at the beginning of each session.

** Thursday evening hockey is \$10/session and Sunday evening hockey is \$15/session. There are no drop-in goalie spaces available. Goalies must contact the program supervisors. Sign-up occurs at the rink 1 ½ hours before the start of the session. Strip tickets are not valid during these sessions.

2019 Pool, Rink & Fitness Centre Rates (Including GST)

| | Single Admission | 10 Visits | 1 Month Flexipass | 3 Months Flexipass | 12 Months Flexipass | Britannia Membership |
|--------------------|------------------|-----------|-------------------|--------------------|---------------------|----------------------|
| Adult | \$6.51 | \$52.08 | \$49.47 | \$133.35 | \$427.33 | \$3.00 |
| Youth (13-18 yrs.) | \$4.56 | \$36.46 | \$34.63 | \$93.35 | \$299.13 | \$1.00 |
| Child (6-12yrs.) | \$3.26 | \$26.04 | \$24.74 | \$66.68 | \$213.66 | \$1.00 |
| Senior (55+ yrs.) | \$4.56 | \$36.46 | \$34.63 | \$93.35 | \$299.13 | \$1.00 |

Family: 2 adults of the same household and their children under 19 years of age. Minimum of \$6.52

Leisure Access Cards: Fitness Centre Admission Rate is 50% off adult admission and Flexipass (monthly passes).