

Aquatic Schedule – Winter 2018

	9						
Mon	Tue	Wed	Thu	Fri	Sat	Sun	
Lengths Swim 6:30-8:55am Public Swim (TOT POOL OPEN) 9:00-11:25am *School lessons 9:00-10:00am (as scheduled)						Lengths 10:00-10:55am	
Range of Motion	LED	Range of Motion		Range of Motion	Lengths (1 lane only) 9:00am- 12:55pm Parent & Tot Swim		
(ROM) 10:00-10:45am	Aggant 10:00-10:45am	(ROM) 10:00-10:45am	Aquafit 10:00-10:45am	(ROM) 10:00-10:45am	·	10:00-10:55am	
	Special Olympics	Lessons & Lengths					
		n <u>(TOT POOL OPEN)</u> 1 sons 1:00-3:00pm (as			1:00-1:55pm (main pool closed)	(1 lane only) 11:00am- 2:25pm	
Lessons & Lengths (1 lane only) 3:00-5:25pm	Free Public Swim (TOT POOL OPEN) 3:00-4:55pm	Lessons & Lengths (1 lane only) 3:00-5:25pm	Free Public Swim (TOT POOL OPEN) 3:00-4:55pm	Lessons & Lengths (1 lane only) 3:00-5:25pm	Public Swim (TOT POOL OPEN) 2:00-4:55pm	Public Swim (TOT POOL OPEN) 2:30-4:55pm	
	Lengths 5:00-6:25pm					Lengths 5:00-6:25pm	
Public Swim (TOT POOL OPEN) 6:30-7:55pm					Public Swim (TOT POOL OPEN) 6:30-7:55pm		
Lengths (1 lane) 8:00-9:00pm Adult Lessons	Lengths (1 lane) 8:00-9:00pm Adult Lessons	Lengths (1 lane) 8:00-9:00pm Adult Lessons	Lengths (1 lane) 8:00-9:00pm Adult Lessons	Public Swim (TOT POOL OPEN) 8:00-9:55pm	Sep 4 Labour Day Oct 9 Thanksgiving Nov 11 Remembrance Day Dec 26 Boxing Day		
8:00-8:40pm	8:00-8:40pm	8:00-8:40pm	8:00-8:40pm	Youth Only Free Swim		1-5pm	
Aquafit 8:00-9:00pm	Aquafit - Deep Water 8:00-9:00pm	Aquafit 8:00-9:00pm	Aqua Zumba 8:00-9:00pm	(11-18yrs) 8:00-9:55pm	Lengths & Public Swim		
Lengths (2 lanes) 9:00-9:55pm	Lengths (2 lanes) 9:00-9:55pm	Lengths (2 lanes) 9:00-9:55pm	Lengths (2 lanes) 9:00-9:55pm	First Friday of each month (no lanes, whirlpool or steam room available)	Dec 25 Christmas Day CLOSED		

******* The parent and tot pool is open only during the public Swim. ******

Fitness Centre Schedule - Winter 2018

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
6:30am – 9:55pm	6:30am – 9:55pm	6:30am – 9:55pm	6:30am – 9:55pm	6:30am – 9:55pm Seniors Only 9:00-10:00am	Women's Only 9:00-12:00pm 12:00pm – 7:55pm	10:00am - 7:55pm

Free Sessions with Britannia Membership – Tuesday & Friday 10:00am - 12:00pm

Arena Schedule Jan 5-Mar 31, 2018

Learn to Skate Lessons Adult Stick & Puck 6:00-8:00pm					•		
\$3.17 Skate Sharpening \$6.51 Learn to Skate Learn to Skate Learn to Skate Learn to Skate 11:00-11:45am Youth FREE Skate 11:00-11:45am Adult & Senior FREE Skate 12:00pm - 1:30pm 10:00am-1:15pm *Family Fun Hocke 12:00-1:30pm *Family Fun Hocke 12:00-1:30pm Public Skate 12:00-1:30pm *Family Fun Hocke 12:00-1:30pm	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Skate Sharpening \$6.51	Skate Rentals			_			
Skate Adult Open Dance FREE Skate 12:00pm - 1:30pm Learn to Skate 10:30-11:45am \$6.51 Adult Open Dance 12:15-1:45pm Youth Adult & Senior *Family Fun Hocke FREE Skate FREE Skate 12:00-1:30pm 12:00-1:30pm Learn to Skate Lessons Adult Stick & Puck 3:15-4:30pm 1:45-3:00pm 6:00-8:00pm 3:15-4:45pm *Adult Co-ed FREE Skate 1:30 - 3:00pm 1:45-3:15pm *Adult Skate Hockey 3:15-4:30pm *Adult Co-ed Hockey 3:15-4:30pm *Adult Co-ed Hockey 8:15-9:30pm 11:15pm-12:45am Public Skate 9:30-11:00pm	\$3.17			Parent & Tot	Adult Stick & Puck		Women's Hockey
Adult Open Dance 12:15-1:45pm	Ψ0.1.			FREE Skate	12:00pm - 1:30pm	Learn to Skate	10:30-11:45am
Sharpening \$6.51 Adult Open Dance 12:15-1:45pm Youth FREE Skate 3:15-4:30pm Adult & Senior FREE Skate 3:15-4:30pm *Family Fun Hocke 12:00-1:30pm Learn to Skate Lessons 6:00-8:00pm Adult Stick & Puck 3:15-4:45pm T:45-3:00pm Public Skate 1:30 - 3:00pm Public Skate 1:30 - 3:00pm Adult Skate 8:15-9:30pm Adult Skate 8:15-9:30pm Public Skate *Adult Co-ed Hockey 11:15pm-12:45am Public Skate *Adult Co-ed Hocke 9:30-11:00pm	Skate			11:00-11:45am		Lessons	
\$\frac{12:15-1:45pm}{Learn to Skate} \begin{array}{c ccccccccccccccccccccccccccccccccccc			Adult Open Dance			10:00am-1:15pm	
Learn to Skate Lessons Adult Stick & Puck 6:00-8:00pm Adult Skate 3:15-4:45pm			12:15-1:45pm	Youth	Adult & Senior		*Family Fun Hockey
Lessons Adult Stick & Puck Children Public Skate Public Skate 6:00-8:00pm *Adult Co-ed FREE Skate 1:30 – 3:00pm 1:45-3:15pm *Adult Skate Hockey 3:15-4:30pm *Adult Co-ed Hocke 8:15-9:30pm Public Skate 9:30-11:00pm	Ψ 0.02			FREE Skate	FREE Skate		12:00-1:30pm
6:00-8:00pm 3:15-4:45pm *Adult Co-ed		Learn to Skate		3:15-4:30pm	1:45-3:00pm		
*Adult Co-ed Hockey 3:15-4:30pm Adult Skate 8:15-9:30pm *Adult Co-ed Hocke 9:30-11:00pm		Lessons	Adult Stick & Puck			Public Skate	Public Skate
Hockey 3:15-4:30pm *Adult Co-ed Hockey 8:15-9:30pm		6:00-8:00pm	3:15-4:45pm		Children	1:30 - 3:00pm	1:45-3:15pm
Adult Skate 8:15-9:30pm 11:15pm-12:45am Public Skate *Adult Co-ed Hocke 9:30-11:00pm				*Adult Co-ed	FREE Skate		
8:15-9:30pm Public Skate 9:30-11:00pm				Hockey	3:15-4:30pm		
		Adult Skate		11:15pm-12:45am			*Adult Co-ed Hockey
7:45 – 9:15pm		8:15-9:30pm			Public Skate		9:30-11:00pm
					7:45 - 9:15pm		

^{*} Helmets are strongly recommended for all public sessions. Helmets are mandatory for all participants of Family Fun Hockey. Adult Hockey Programs require full equipment. Participants must sign waiver at the beginning of each session.

Pool, Rink & Fitness Centre Rates (Including GST)

	Single Admission	10 Visits	1 Month Flexipass	3 Months Flexipass	12 Months Flexipass	Britannia Membership
Adult	\$6.41	\$51.25	\$48.49	\$131.25	\$418.95	\$3.00
Youth (13-18 yrs.)	\$4.58	\$36.62	\$33.95	\$91.81	\$292.61	\$1.00
Child (6-12yrs.)	\$3.22	\$25.80	\$24.24	\$65.63	\$209.48	\$1.00
Senior (55+ yrs.)	\$4.58	\$36.62	\$33.95	\$91.81	\$292.61	\$1.00

Family: 2 adults of the same household and their children under 19 years of age. Minimum of \$6.44 **Leisure Access Cards**: Fitness Centre Admission Rate is 50% off adult admission and Flexipass (monthly passes).

^{**} Thursday evening hockey is \$10/session and Sunday evening hockey is \$15/session. There are no drop-in goalie spaces available. Goalies must contact the program supervisors. Sign-up occurs at the rink 1 ½ hours before the start of the session. Strip tickets are not valid during these sessions.