









BRITANNIA OSC – JANUARY 2015

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
We sometimes divide the group into Younger or Older groups for specific activities: (Y)= Younger: grades K -2 (O) = Older: grades 3-7					
PLEASE ARRIVE BY 5:45 PM FOR PICK-UP. Call us at 604-718-5822 if you will be late, late pick-up procedure will be followed. Some fieldtrips may not be included on this calendar and events/activities may change without notice. PLEASE BRING A TOWEL AND BATHING SUIT EVERY THURSDAY.					
Week 2	5 Art: Snowflakes Active: Gym – Knuckle Ball 5 O'clock: Board Games 	6 Art: Fridge Magnets Active: Gym – Capture the Flag 5 O'clock: Beading	7 Art: Paper Boats Active: Gym: Ropes and Climber Cooking: Crepes 5 O'clock: Bingo	8 Art: Hot Beads Active: Swimming 5 O'clock: Colouring/Cards 	9 Art: Hot Beads Baking: Cinnamon Buns 5 O'clock: Hot Beads
<p>we are excited to offer a special program starting January 14 – Feb 18, 2015 we welcome Grupo Axé Capoeira to run 6 sessions of Capoeira. Grupo Axé Capoeira began in Recife in 1982. Axé Capoeira has been working with children in Vancouver since 1990. Capoeira helps develop balance, motor coordination, speed, and strength. Capoeira encourages discipline, helps to teach and instill the values of loyalty, responsibility and self-confidence.</p> <p>What is Capoeira? Capoeira is an Afro-Brazilian martial art developed in the 1500s by African and Indigenous slaves in Brazil. It is marked by its agile and tricky movements that may be executed anywhere from an upside-down position, to a gravity defying kick. It has a strong acrobatic component in some styles and is always played with music.</p> <p style="text-align: center;"><i>(All text taken from http://axeancouver.com website).</i></p>					
Week 3	12 Art: Pop Cans Monster Active: Ropes/Mats 5 O'clock: Musical chairs	13 Art: Pop Cans Monster Active: Hockey Baking: Sesame twists 5 O'clock: Rainbow Looms	14 Art: Milk Jug masks Active: Capoeira 5 O'clock: Jeopardy 	15 Art: Milk Jug masks Active: Swimming 5 O'clock: Colouring 	16 Art: Milk Jug masks Baking: Chocolate Slice Cake 5 O'clock: Bingo
Week 4	District PD Day: Brit/QV 19 Art: Sewing Mini Stuffies Active: Gym – Sports 5 O'clock: Bingo	20 Art: Sewing Mini Stuffies Active: Gym – Sports Baking: Lemon Squares 5 O'clock: Musical bumps	21 Art: Sewing con Active: Capoeira 5 O'clock: Super 	22 Art: Free art Active: Swimming 5 O'clock: Journal 	23 Art: Sewing continued Cooking: Veggies & dips 5 O'clock: Hot Beads
Week 5	26 Art: Reclaimed sweater Fashions Active: Gym - Hockey 5 O'clock: Origami	27 Art: Reclaimed Sweater Fashions Active: Gym – Ropes/Mats 5 O'clock: Board games	28 Art: Reclaimed Sweater Fashions Active: Capoeira Cooking: Sushi 5 O'clock: Origami 	29 Art: Friendship bracelets/pins Active: Swimming 5 O'clock: Beading 	30 Art: Friendship bracelets/pins Cooking: Bannock 5 O'clock: Musical chairs